

**BILIOUS, HEADACHY,  
SICK "CASCARETS"**

Gently cleanse your liver and sluggish bowels while you sleep.

Get a 10-cent box. Sick headache, biliousness, dizziness, coated tongue, foul taste and foul breath—always trace them to torpid liver; delayed, fermenting food in the bowels or sour, gassy stomach. Poisonous matter clogged in the intestines, instead of being cast out of the system is re-absorbed into the blood. When this poison reaches the delicate brain tissue it causes congestion and that dull, throbbing, sickening headache.

Cascarets immediately cleanse the stomach, remove the sour, undigested food and foul gases, take the excess bile from the liver and carry out all the constipated waste matter and poisons in the bowels.

A Cascaret to-night will surely straighten you out by morning. They work while you sleep—a 10-cent box from your drugist means your head clear, stomach sweet and your liver and bowels regular for months. Adv.

The man who borrows trouble is always anxious to pay you back in your own coin.

**MEAT CLOGS KIDNEYS  
THEN YOUR BACK HURTS**

Take a Glass of Salts to Flush Kidneys if Bladder Bothers You—Drink Lots of Water.

No man or woman who eats meat regularly can make a mistake by flushing the kidneys occasionally, says a well-known authority. Meat forms uric acid which excites the kidneys, they become overworked from the strain, get sluggish and fail to filter the waste and poisons from the blood, then we get sick. Nearly all rheumatism, headaches, liver trouble, nervousness, dizziness, sleeplessness and urinary disorders come from sluggish kidneys.

"The moment you feel a dull ache in the kidneys or your back hurts or if the urine is cloudy, offensive, full of sediment, irregular of passage or attended by a sensation of scalding, stop eating meat and get about four ounces of Jad Salts from any pharmacy; take a tablespoonful in a glass of water before breakfast and in a few days your kidneys will act fine. This famous salt is made from the acid of grapes and lemon juice, combined with lithia, and has been used for generations to flush and stimulate the kidneys, also to neutralize the acids in urine so it no longer causes irritation, thus ending bladder weaknesses."

Jad Salts is inexpensive and cannot injure; makes a delightful effervescent lithia-water drink which everyone should take now and then to keep the kidneys clear and active and the blood pure, thereby avoiding serious kidney complications.—Adv.

The world's greatest mischief is illustrated by the big opinions of a small man.

**Alfalfa PUREST ON EARTH**

More than 30 years ago Salzer's Catalog boomed Alfalfa, years before other seedmen thought of its value. Today Salzer's Alfalfa strains include Grimm, Montana Livestock, Agr. College Improved, Salzer's Dakota Registered No. 39—all hardy as oak.

For 10c in Postage We gladly mail our Catalog and sample package of Ten Famous Farm Seeds, including Speltz, "The Miracle Wonder," Regenerated, White Bonanza Oats, "The Prize Winner," Billion Dollar Grass; Teosinte, the Silo Filler, Alfalfa, etc., etc.

Or Send 12c And we will mail you our big Catalog and six generous packages of Early Cabbage, Carrot, Cucumbers, Lettuce, Radish, Cumin—furnishing lots and lots of juicy delicious Vegetables during the early Spring and Summer.

Or send to John A. Salzer Seed Co., Box 705, La Crosse, Wis., twenty cents and receive both above catalogs and their big catalog.

According to statistics, there are more men with blockheads than wooden legs.

**SELF SHAMPOOING**

With Cuticura Soap is Most Comforting and Beneficial. Trial Free.

Especially if preceded by touches of Cuticura Ointment to spots of dandruff and itching on the scalp skin. These supercreamy emollients meet every skin want as well as every toilet and nursery want in caring for the skin, scalp, hair and hands.

Sample each free by mail with Book. Address postcard, Cuticura, Dept. XY, Boston. Sold everywhere.—Adv.

Many a marble heart does business beneath a sealskin jacket.

**Important to Mothers**

Examine carefully every bottle of CASTORIA, a safe and sure remedy for infants and children, and see that it bears the Signature of **Dr. J. C. Parke** In Use For Over 30 Years. Children Cry for Fletcher's Castoria.

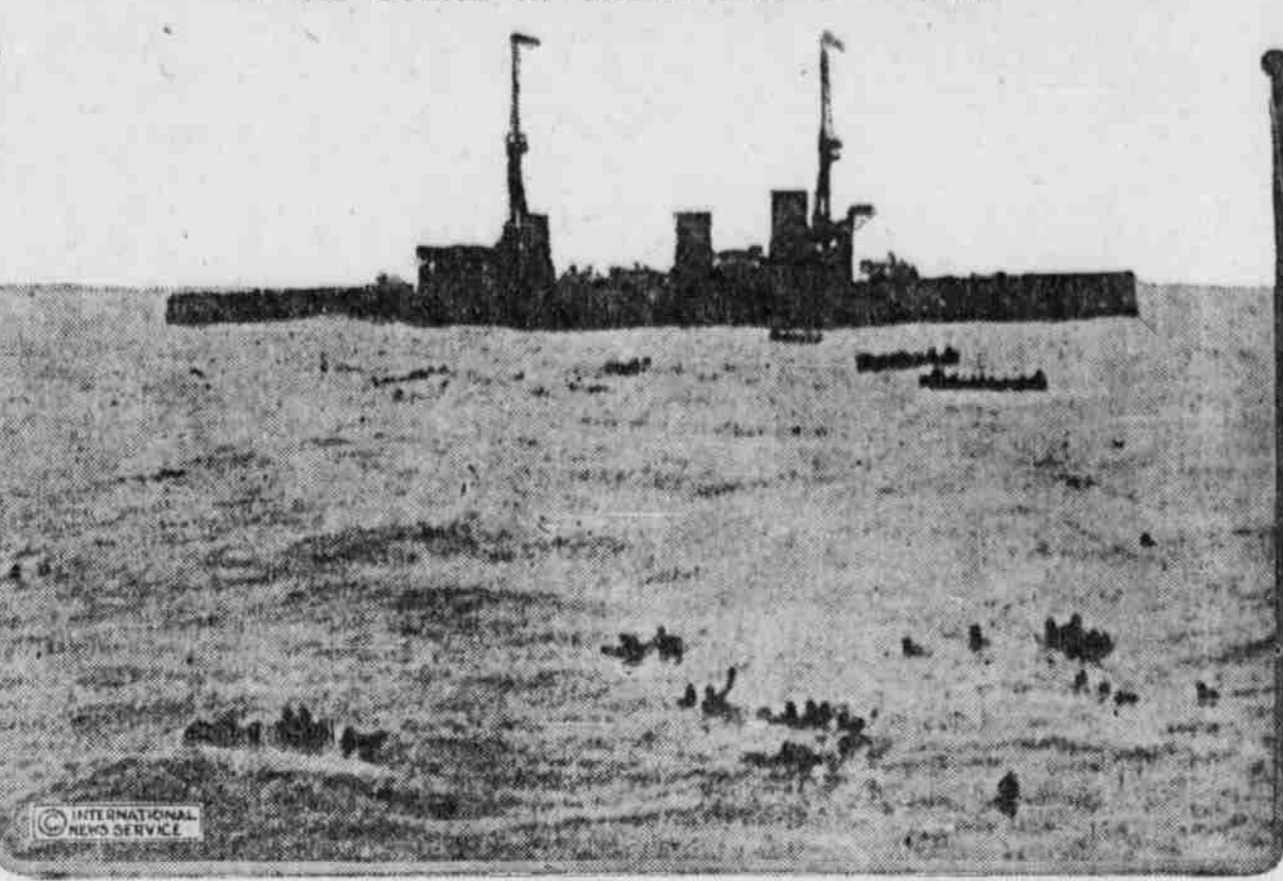
When is a balloon like good bread? When it rises.

**When Your Eyes Need Care**

Use Murine Eye Medicine. No Smarting—Pain-Free—Acts Quickly. Try it for Red, Watery, sore eyes and irritated eyelids. Murine is compounded by our Oculists—not a "Patent Medicine"—but used in successful "Physiological" practice for many years. Sold everywhere at the Public and sold by—cuticura at 15c per bottle. Murine Eye Medicine is Scientifically Prepared and Guaranteed. Write for Book of the Eye Murine Eye Remedy Company, Chicago. Adv.

Even tombstones speak well of a man when he is down.

**FINAL SCENE IN GREAT NAVAL BATTLE**



This remarkable photograph, taken from the crow's nest of the British warship Invincible, shows the final scene in the battle between the English and German fleets off the Falkland Islands. In the foreground are the survivors of the German flagship, and boats from a British dreadnaught are seen starting out to pick them up.

**CHARITY IS REPAYED**

Meal for Beggar Wins Two Sisters \$25,000 Bequests.

Ill Wanderer From Bohemia Rewards Benefactresses in Chicago—Promise to Remember Them in Will Was Lauged At.

Chicago.—Four years ago a young man, ill and hungry, applied at the rear door of a house in South Marshfield avenue for food. The maid called her mistress and the latter went to the door.

"Come in," she said. "You are cold. Warm yourself at the fire." The young man was touched by the woman's kindness and nearly broke into tears.

"You are a Jew, are you not?" said the woman. "Don't be afraid to talk. You are under the roof of a Jewish family."

The young man recovered himself. He told a story of coming to America from Prague, Bohemia, and of finding himself homeless and penniless. He was too proud to let his people know his condition.

An hour before he appeared at the house in Marshfield avenue he was discharged from the county hospital. He had fallen in the street from epilepsy, and the hospital kept him three days.

The woman, greatly moved by his story, gave him a warm meal and let him sleep that night in the basement. An old suit of clothes belonging to her husband was given him and he was sent to a boarding house by his benefactress and her sister.

His health became so bad that it was found necessary to deport him. He returned to Bohemia in September, 1911.

The woman who was kind to the Jewish boy received word from a firm of lawyers that by his death she was left \$25,000. The same amount was bequeathed her sister.

Mrs. Jennie Wolf of 891 South Marshfield avenue is one of the beneficiaries of the will. Her sister, Miss Bessie Gordon of 2059 Jackson boulevard, is the other.

They were notified by L. O. Thieme & Co., Rector building, who were

commissioned by a Prague attorney to find the two women.

Mrs. Wolf is the widow of Harris Wolf, a wholesale dealer in notions.

William Popper was the name of the young man who knocked at the kitchen door of the Wolf residence. He was the son of a Prague art dealer, and had run away from home.

"He used to often tell us that when he died he would remember us in his will," said Mrs. Wolf. "We would laugh."

Every man to get office Kansas Town to Hold Election in Which All Males Will Land Something.

Kansas City, Mo.—The glory of Nickletown, Kan., is now like the glory that was Rome's—gone. Time was when Nickletown aspired to be the county seat of Woodson county and to be rated among the flourishing county towns of Kansas. But those aspirations, along with nearly all of Nickletown's population have departed.

Nickletown, however, refuses to relinquish its identity as a real town. It is going to hold a town election next spring and select regular officers.

There is one cheerful feature in it for the male residents of Nickletown—all of them will get offices.

There are now only four families left in the town. T. Q. Allen, Frank Willis, George Cowles and Oscar Mulsow are the men now remaining. Cowles is at present police judge. He says that office suits him and he wants to keep it. The other three have agreed to let him have his little whim gratified. So the trio all plan to run for mayor and the two losers will constitute the town council.

It's up to the women to cast the deciding vote for themselves. It is considered likely that the man who treats his wife best in the time between now and election will stand the rosiest chance of getting to sign "Mayor" after his name.

**TOBACCO IN DEMAND**

Cigars and Cigarettes Highly Prized at the Front.

German Soldier Exchanges 50 Cigarettes for Whole Steer—Throw Dice to Decide Puffs of Cigar for Each Soldier.

Berlin.—Cigars and cigarettes are the most highly valued articles at the front. In an interesting letter, just received here, a German soldier tells of a trade where he exchanged 50 cigarettes for a whole steer.

"Most of our boys at the front are inveterate smokers. They know the value of a good weed. Sometimes a good smoke will make you forget that your stomach is empty."

"For the last two days I have been subsisting on bread and cigars. Our field butcher—the goulash gun, as we call it—cannot come up to the battle line, and so we must live on what we carry in our knapsacks. A heavy black cigar will tide you over for a day when there is nothing else to chew."

"A few days ago we were all longing for some fresh meat. There was none for miles around. Suddenly a Bavarian detachment came along, with a whole drove of cattle. First they refused to let us have any, but after some bargaining they traded a fat steer for 50 cigarettes."

"Every soldier in our army is supplied with two cigars every day at present. Besides almost everybody receives tobacco from home. But some of the cigars we receive are terrible. They were so bad we could not smoke them. So we threw them over to the French, who eagerly gathered them in. They were so delighted that they gave us some cognac in exchange. This was before they commenced to smoke the cigars. After they had lighted them they got highly indignant and commenced to fire at us like mad."

"There were days when we had nothing to smoke but dried tea leaves and straw. Then again we have tobacco, but nothing to light our pipes with. We are not permitted to have fire in the trenches, for the smoke would draw the enemy's fire. Matches are very scarce and our electric flashlights give light, but no fire. So one of my comrades has overcome this difficulty by using a strong magnifying glass which he found in the pocket of a French officer killed in battle. This works all right when the sun is shining."

"At times cigars were so scarce we had to throw dice in order to decide to how many puffs each one of us was entitled. It was unfortunate enough to get only three puffs."

**INITIATION FEE IS ONE HOG**

Knights of Pythias Lodge Now Has New Member and Fine Porker.

Albany, Ore.—A pig was the unique initiation fee which Walter Miller, Jr., paid to join the Knights of Pythias lodge, No. 80, as the result of an offer and an acceptance in a joking spirit, the lodge now has a good hog which is worth more than the customary initiation fee.

Miller had expressed a desire to join the lodge and was signing an application for membership when he asked the amount of the initiation fee.

"I've got a lot of good hogs and will trade you one of them for my initiation fee," he remarked jokingly, and members of the lodge promptly accepted the offer. He volunteered later to keep the hog and feed it free of charge until the lodge desired to sell it, and this he is doing.

**SOLDIERS SEND MONEY HOME**

Amounts Handled by the German Postal Authorities Are Very Large.

Berlin.—The soldiers in the field are sending home all the money they can spare, and the amounts handled by the postal authorities are in the aggregate very large. According to a statement of the postmaster of Dresden, one single division of the Saxon reserve sent home during one month 200,000 postal orders amounting to 800,000 marks (\$200,000). The same authority computes the amount paid out on such orders during that month by the various offices within its district at 2,500,000 marks, which, at the same rate for the whole empire, would give a sum approximately 100,000,000 marks.

Wholesale Ventilation. A few days ago I was in a downtown building in which one of the largest corporations in the country has its offices. The hall on that floor was crowded with men and girls, chiefly the latter, without their hats and outside wraps. "What is going on?" I asked the elevator man. "A fire or a strike?" "Neither," he replied. "The company turns all its employees out of the offices for five minutes each hour of the day and opens all the windows to ventilate the rooms."—Boston Record.

Grab All Stray Cats. Constantinople.—All stray cats in Lebanon and Damascus have been commandeered by the Turks to protect army stores from rats.

**THE EMBARGO ON WHEAT**

The United States Wheat Production Admits of 100 Million Bushels for Export.

The talk in the press some little time back of placing an embargo on wheat, brought forcibly to the minds of the people of the United States a condition that may at some time in the near future face them. 100 million bushels of an export of wheat means a splendid revenue to the country as well as to the farmer, and if this would be assured for export, there would be reason for considerable congratulation.

But last year's magnificent and abundant crop, which was estimated at 891 million bushels, cannot be expected every year. With a home consumption of 775 million bushels, and a production in many years of little more than this, the fact is apparent that at an early date the United States will have to import wheat. It will be then that the people of the United States will be looking to other markets for a supply. And it is then that the value of Western Canada lands will be viewed with considerable favor.

The great area of wheat lands in Canada will then be called upon to provide the greatest portion of the old world's supply, and also, in the opinion of the writer, that of the United States as well. At present there are only about 12 million acres of these lands producing wheat. There are five times that many acres that can be brought under successful cultivation.

Apert altogether from the value of these lands as wheat producers there is an increased value to them from the fact that the soil is especially adapted to the growing of many other kinds of grain as well as all manner of cultivated grasses, while the native grasses are a wonderful asset in themselves. The climate is especially favorable to the raising of live stock, such as horses, cattle, sheep and hogs. All these bring into the limelight the adaptability of the soil, the climate and all other necessary conditions, to the carrying on of dairy farming, in a most profitable way.

There is no question that high prices for all that the farmer can grow or raise will continue for some years, and this is the great opportunity to take advantage of what Western Canada offers. Lands may be had as a free grant. These are mostly located some little distance from rail-ways at the present time, but sooner or later will be well served by rail-ways that are projected into these districts. Land may also be secured by purchase at reasonable price, and on easy terms from holders of same. In many cases farms partly improved may be rented. A Winnipeg paper said recently: "Canada wants American immigrants. They make good Canadian citizens." And then speaking of the erroneous impression that has gained some publicity in a portion of the United States press, says: "It cannot be too forcibly impressed upon the American mind that in coming to Canada they place themselves under the freest democracy the world knows. No citizen of this country, whether native or naturalized, can be compelled to military service. The only compulsion in the compilation of conscience and patriotic duty. That is the motive that has prompted thousands of Canadians to offer their lives. They are fighting as free men."—Advertisement.

Co-operative societies in Bradford, England, have between 40,000 and 50,000 members.

They stop the tickle. Dean's Mentholated Cough Drops stop coughs quickly. A pleasant remedy—5c at all good Druggists.

A born shopper is a woman who can make the rounds of the bargain counters without spending a cent.

Probably nothing makes a woman so angry as to ask a man for his candid opinion of her—and get it.

Don't be in a hurry to accept a bald head as an official badge of wisdom.

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**Beauty Is Only Skin Deep**

It is vitally necessary therefore, that you take good care of your skin.

**ZONA POMADE**

If used regularly will beautify and preserve your complexion and help you retain the bloom of early youth for many years. Try it for 30 days. If not more than satisfied you get your money back. 50c at druggists or mailed direct.

Zona Company, Wichita, Kan.

**Winter Chills Bring Kidney Ills**



A spell of cold, damp weather is always followed by a fine crop of kidney troubles and backache. Colds and chills damage the kidneys. Other troubles common to winter weather are just as bad. Grip, tonsillitis, quinsy, pneumonia or any other infectious disease hurts the kidneys by overloading the blood with poisons. The kidneys get worn, weak and inflamed trying to work it off.

It isn't hard to strengthen weak kidneys though, if you act quickly. At the first sign of backache, dizzy spells, headaches, loss of weight, nervousness, depression and painful irregular kidney action, start using Doan's Kidney Pills. Rest the kidneys by simple eating, avoidance of overwork and sleep, and getting more rest and sleep. A milk diet is fine.

This sensible treatment should bring quick benefit and prevent serious kidney diseases like dropsy, gravel and Bright's disease.

Clip this advertisement and mail it to the address below for a free trial of Doan's Kidney Pills, the best rec-

ommended kidney remedy in the world. You'll decide it worth a trial, when you read this enthusiastic testimony.

**Cold Caused It  
Kidneys Weakened With Retarding Pain and Misery**

Alonso Adams, Council Bluffs, Iowa, says: "Some years ago I suffered from a horrible cold which settled in my kidneys, causing lum- bago. No one who has not had this trouble can know how painful it is. Sharp, shooting pains darted through my kidneys and left me almost helpless. After such an attack, I could neither sleep nor straighten. Nights, I wasn't able to rest well and mornings I was tired and exhausted. My kidneys acted irregularly all the time. The kidney secretions contained sediment and were painful in passage. In getting up from a chair, I generally had to grasp something for support. I doctored and used different remedies, also put plaster on my back, but with no good results. At last I got so bad that I couldn't attend to my work. I finally heard of Doan's Kidney Pills and commenced using them. It wasn't long before my back began to get better and the other ailments left me. Doan's Kidney Pills gave me a cure and I have had no trouble for some time."

**DOAN'S KIDNEY PILLS**  
"When Your Back Is Lame—Remember the Name"  
Sold by all Dealers. Price 50 cents. Foster-McMillan Co., Buffalo, N.Y., Proprietors.

**Hard to Land.**

An English correspondent said in Washington "I once tried to interview Lord Kitchener, the English war minister. I tackled him after dinner in a hotel lounge as he sipped his coffee and puffed on a huge cigar. He stared at me when I proffered my request, then he blew a cloud of smoke and said: "I never gave an interview in my life, and I never intend to."

"That seemed decisive enough. I felt myself getting red, and I stammered, as I prepared to go: "Well, then, Lord Kitchener, will you at least give me your autograph? It would be worth having."

"He blew another cloud of smoke. Then he answered: "You'd better go off and make your own autograph worth having."

**Chocolate in Fashion.**

Matinee girls make and break fashions in confectionery, and just now there is a deadly set toward chocolates of all kinds. Time was when the chocolate cream was every girl's ideal of luscious delight. Then came days when bonbons ruled and when the clever girl behind the candy counter slipped only a small proportion of chocolates into a box of assorted sweets. But chocolate has come to its own again. Perhaps this is why Georgie Cohen introduced a touching scene in his play, "Hello, Broadway."

You see, the girl he is in love with makes an awful discovery. And oh, how she raves when the secret comes out! She finally throws Georgie over- board because he confesses he's a chocolate fiend. "Oh, double O!" she again raves. "Ain't it awful, and to think I always thought he was a perfect gentleman."

**GRANDMA USED SAGE TEA TO DARKEN HER GRAY HAIR**

She Made Up a Mixture of Sage Tea and Sulphur to Bring Back Color, Gloss, Thickness.

Almost everyone knows that Sage Tea and Sulphur, properly compounded, brings back the natural color and lustre to the hair when faded, streaked or gray; also ends dandruff, itching scalp and stops falling hair. Years ago the only way to get this mixture was to make it at home, which is messy and troublesome. Nowadays, by asking at any store for "Wyeth's Sage and Sulphur Hair Remedy," you will get a large bottle of the famous old recipe for about 50 cents.

Don't stay gray! Try it! No one can possibly tell that you darkened your hair, as it does it so naturally and evenly. You dampen a sponge or soft brush with it and draw this through your hair, taking one small strand at a time, by morning the gray hair disappears, and after another application or two, your hair becomes beautifully dark, thick and glossy.—Adv.

More Meat Next Season. Authorization has been secured from the secretary of agriculture to graze on the national forests of California for the season of 1915, 212,280 cattle and horses, 505,750 sheep and goats, and 7,950 swine. Compared with the grazing season of 1914, these numbers constitute a considerable net increase. During the year approximately 835,000 acres in the national forest permit were eliminated from the forests.

Quite Happy. "Did the play have a happy ending?" "Comparatively so. All money was refunded after the second act."—Fun.

Somebody that knows nothing about it says that the happiest day in a married man's life is the day before the wedding.

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**FOR REAL SERVICE "ALL-WAYS" ALWAYS:**  
Consign your CATTLE, HOGS, and SHEEP, to

**WAGNER, GARRISON & ABBOTT**  
Live Stock Commission Merchants, Sioux City, Iowa  
Market Information cheerfully furnished upon application.

**The Wretchedness of Constipation**

Can quickly be overcome by CARTER'S LITTLE LIVER PILLS.

Purely vegetable—act surely and gently on the liver. Cure Biliousness, Head-ache, Dizziness, and Indigestion. They do their duty. SMALL PILL, SMALL DOSE, SMALL PRICE.

Genuine must bear Signature *W. D. Wood*

Pat's Investment. Pat bought a pig in the fall, paying \$7.50 for it; during the winter he bought \$10.50 worth of feed for it, and in the spring sold the pig for \$17.50. A neighbor asked him how much he got for it, and when Pat told him, he said: "Well, you didn't make much on it, did you?"

"No," said Pat, "but you see I had the use of the pig all winter."—Everybody's Magazine.

Quite So. "Now they are advertising dread-nought gray. They ought not to drag the various colors into this imbroglio." "What do you mean?"

"Gray has always been considered a neutral tint."—Kansas City Journal.

Most people are too polite to speak the truth on all occasions.

**A real guarantee on roofing!**

A useless risk is to buy roofing not guaranteed by a responsible concern. When you buy our roofing you get the written guarantee of the world's largest manufacturers of roofing and building papers.

**Buy materials that last Certain-teed**

**Roofing**

Our leading product—is guaranteed 5 years for 1-ply, 10 years for 2-ply and 15 years for 3-ply. We also make lower priced roofing, slate surface shingles, building papers, wall boards, out-door paints, plastic cement, etc.

Ask your dealer for products made by us. They are reasonable in price and we stand behind them.

**General Roofing Manufacturing Co.**

World's largest manufacturer of Roofing Chicago, Boston, Philadelphia, St. Louis, New York City, San Francisco, Seattle, London, Hamburg, Sydney

**PIGS, PEGANS POLTRY**

DEFIANCE STARCH is constantly growing in favor because it Does Not Stick to the Iron and it will not injure the finest fabric. For laundry purposes it has no equal. 16 oz. package 10c. It's more starch for same money. DEFIANCE STARCH CO., Omaha, Nebraska

**POTATO LOW PRICES**

Selzer's Potatoes helped get Wisconsin out of the low yield in 1914. We can do same for Iowa. BIG SURE CANYON PRIZE. John A. Selzer Seed Co., Box 705, La Crosse, Wis.

**BEST MARKET FOR POTTERY, PEARL SHELL, EGG-SHELL, HIDE, EGGS—BEANS**

Write us for Price List and Terms. W. N. U. COB CO., 14 E. 3rd Street, St. Paul, Minn.

**Sioux City Directory**

"Hub of the Northwest." FOR BEST SERVICE SHIP RICE BROTHERS Live Stock Commission Merchants at SIOUX CITY, Chicago or Kansas City SHIP YOUR LIVE STOCK to Sioux City Live Stock Commission Company Capital \$50,000.00

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