

MOTHER! LOOK AT CHILD'S TONGUE

If cross, feverish, constipated, give "California Syrup of Figs"

A laxative today saves a sick child tomorrow. Children simply will not take the time from play to empty their bowels, which become clogged up with waste, liver gets sluggish; stomach sour. Look at the tongue, mother! If coated, or your child is listless, cross, feverish, breath bad, restless, doesn't eat heartily, full of cold or has sore throat or any other children's ailment, give a teaspoonful of "California Syrup of Figs," then don't worry, because it is perfectly harmless, and in a few hours all this constipation poison, sour bile and fermenting waste will gently move out of the bowels, and you have a well, playful child again. A thorough "inside cleansing" is oftentimes all that is necessary. It should be the first treatment given in any sickness. Beware of counterfeit fig syrups. Ask at the store for a 50-cent bottle of "California Syrup of Figs," which has full directions for babies, children of all ages and for grown-ups plainly printed on the bottle. Adv.

One of Marshall Wilder's Stories. When I was in Japan and China I went through the prisons and the courts. Funny about the Chinese. Every ten miles you strike a new dialect. When they arrest a Chinaman it takes three or four interpreters to find out what his offense is. I saw one fellow dragged in by the queue. The judge asked what the charge was. The first interpreter told the second, the second told the third, the third told the fourth, and the fourth told the judge that the fellow had stolen a yellow dog. "Well," said the judge, "I am glad it was not a black-and-tan."

Ups and Downs. This life is composed of ups and downs; I might give myself as an example. Of course, I prefer to win, but if not I won't be dissatisfied. I have had my share of successes and reverses; successes I have endeavored to meet without elation, reverses without depression, and whenever I have fallen it has been my motto, and I think it has been a good one, to try again the following day.—Sir Wilfrid Laurier.

The Fishing Banks. Newfoundland would be nothing without the great submarine plateau known as the "banafs," on which all the fishing is done. At a small station within the edges of the great bank that the cod loves so well the sea is quite smooth. It is usual for vessels fishing on the banks to inquire from those that have arrived from the open sea as to what sort of weather it is.—Exchange.

The Accident. Patience—I see the municipal authorities of Berlin have forbidden men to smoke while driving automobiles, ruling that many accidents have been due to the practice. Patrice—Well, surely, I should think a man would know enough to take the cigarette out of his mouth when kissing a girl in an automobile.

Like the Implication. Some men like to be considered tightwads because of the implication that they have money when they haven't.—Houston Post.

Sisterly Love. He—Maud must be a sensitive girl. She changes color so often. She—That's because she finds it so hard to match her natural complexion. War and Etiquette. Many a little convention has had its death knell sounded on the battlefield, and after every great war new customs are born. D'Israeli relates an instance of this in a more confined field in Italy. "Such was the party hatred of the Guelphs and Ghibellines, the two great Italian factions, that they carried their rancor even into their domestic habits. At table the Guelphs placed their knives and spoons longwise; the Ghibellines across; the one cut his bread across, the other longwise. Even in cutting an orange they could not agree, for the Guelph cut his orange horizontally and the Ghibelline downward."

A GRATEFUL ACKNOWLEDGMENT. Mr. F. C. Case of Welcome Lake, Pa., writes: "I suffered with Backache and Kidney Trouble. My head ached, my sleep was broken and unrefreshing. I felt heavy and sleepy after meals, was always nervous and tired, had a bitter taste in my mouth, was dizzy, had floating specks before my eyes, was always thirsty, had a dragging sensation across my loins, difficulty in collecting my thoughts and was troubled with shortness of breath. Dodds Kidney Pills have cured me of these complaints. Dodds Kidney Pills have done their work and done it well. You are at liberty to publish this letter for the benefit of any sufferer who doubts the merit of Dodds Kidney Pills."



Mr. F. C. Case. Dodds Kidney Pills, 50c. per box at your dealer or Dodds Medicine Co., Buffalo, N. Y. Write for Household Hints, Dainty Recipes; also music of National Anthem. All 3 sent free. Adv.

Franz Josef Land. By annexing Franz Josef Land, Russia increases the number, rather than the extent, of her possessions. The archipelago consists of about sixty islands, almost all of the group being covered with snow-clad glaciers. The Austrian pioneers believed they had discovered continuous land, but their successors, the F. at. of whom was Benjamin Leigh Smith, found that the acquisition was broken up into islands. Both Nansen and the duke of the Abruzzi have explored the group. Now that Austria's arctic territory has been captured, we may hear of the hoisting of the British flag in Kaiser Wilhelm II Land and Luitpold Land, which areas in the Antarctic are German possessions. Wilhelm II Land was discovered by the Gauss expedition, and Luitpold Land, in the Weddell sea, by Lieutenant Filchner.

Pleasant Relief. "Don't you love to wander out in the country where the little lambskins play?" "And the graphophones don't. You bet."

This One. "Germany seems to have a mania for embroiling the other nations." "Yes; this time it is Rumania."

Any artist can make his model stand around, unless he happens to be married to her.

Ever notice that the people who are willing to share their dollar with you never have a dollar?

SAGE TEA AND SULPHUR DARKENS YOUR GRAY HAIR

Look Years Younger! Try Grandma's Recipe of Sage and Sulphur and Nobody Will Know. Almost everyone knows that Sage Tea and Sulphur properly compounded, brings back the natural color and lustre to the hair when faded, streaked or gray; also ends dandruff, itching scalp and stops falling hair. Years ago the only way to get this mixture was to make it at home, which is messy and troublesome.

Nowadays we simply ask at any drug store for "Wyntha's Sage and Sulphur Hair Remedy." You will get a large bottle for about 50 cents. Everybody uses this old, famous recipe, because no one can possibly tell that you darkened your hair, as it does it so naturally and evenly. You dampen a sponge or soft brush with it and draw this through your hair, taking one small strand at a time; by morning the gray hair disappears, and after another application or two, your hair becomes beautifully dark, thick and glossy and you look years younger. Adv.

Roumania. Roumania is one of the richest of the countries of the Balkan region, and although it has an area of only a little more than 50,000 square miles it has a population of nearly seven million, the most compact in racial association of all that vast region of central Europe extending from the sea of the North to those of the South. More than 92 per cent are Roumanians. There are Jews, 4.3 per cent, and the remainder are sprinkling of Germans, Bulgarians and Hungarians, with no fewer than two hundred thousand gypsies. Roumanians are practically of the Greek Orthodox religion.

Slavery Originated in the East. Absolute slavery seems to have appeared in the eastern colonies somewhat earlier than in the southern, for slavery existed in New York in 1628, in New Jersey in 1628, in Massachusetts in 1630, in Connecticut in 1631 and in Delaware in 1636. There was a statutory recognition of slavery in Massachusetts in 1641, which was considerably ahead of such recognition of slavery in Virginia or Maryland.

Relic From Ireland. The Tara brooch belongs to the tenth century period of art. It is one of the finest pieces of early Irish work known, and is composed of white bronze, a mixture of copper and tin. Oh it is 76 different designs of tracery. It is a wonderful relic of the middle ages, illustrating the traditions of the early Irish church. It is now in the possession of the Dublin museum.

Danger in Waiting. Just because an Oregon scientist declares that old men do the best work is no reason, of course, why young fellows should put off contemplated achievements until the arrival of declining years. It may be that the man who accomplishes little in his early maturity will make up for the lack when he starts down the western slope of life. It doesn't sound reasonable, however.

Busy Days. "What are you doing?" "Nothing." "Come to lunch." "All right. Wait five minutes and I'll be through."

When a woman is able to make some other woman jealous she realizes that she had not lived in vain.

WINTER SPORTS NORTH AND SOUTH



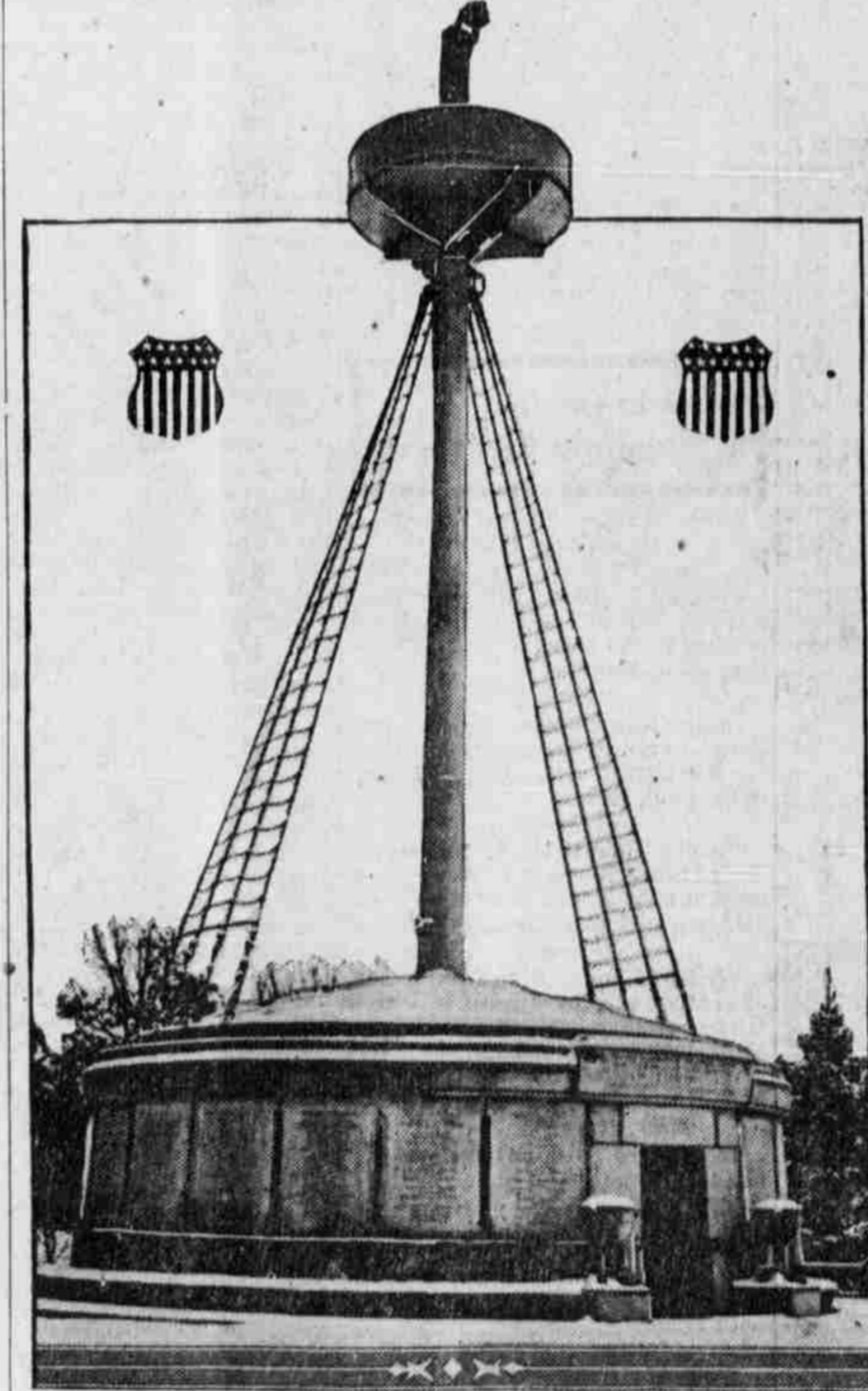
These contrasted photographs show, above, one of the crews in the annual bobsled race that attracts Long Island society folk to Huntington each February, and, below, four happy bathers at Palm Beach, Fla., on one of the floating mattresses that the folk there are using in the surf.

FAMOUS OLD CASTLE RUINED BY EARTHQUAKE



All that was left of the famous Torlonia castle at Avezzano after its massive walls had been shaken down by the recent earthquake in Italy. It was built in 1490.

MAINE MEMORIAL AT ARLINGTON



Memorial to the officers and men who were lost with the battleship Maine in Havana harbor, erected in the National cemetery at Arlington and dedicated on February 15. It is in the form of a fighting mast and turret, and on the panels of the latter are engraved the names of the victims.

GEN. SIR HENRY RUNDLE



Gen. Sir Henry Macleod Rundle, who is in command of Great Britain's Fifth army corps, was born in 1865, and in his 20 years of military service has distinguished himself in many campaigns. After his name he may write K. C. B., G. C. V. C., K. C. M. G., C. M. G., and D. S. O. Scotch Humor. An old Scotch woman who had made a great deal of money by selling whisky was visited when on her death bed by her minister. "And so, Molly," said the minister, "you tell me that you have all this money." "Indeed, minister, I have," replied Molly. "And you tell me, too," continued the minister, "that you made all this money by filling the noggin?" "Na, na, minister," said the dying woman. "I dinna tell ye that. I made the maist of it by not filling the noggin."

SEES A NAPOLEONIC RUSSIA

With Possession of Constantinople, Writer Says, Bear Will Be Supreme on Continent.

When Great Britain the other day annexed Egypt it gave Russia something more than a moral claim upon Constantinople. In fortifying its own position, in securing its own road to the East, it removed the chief obstacle, from its point of view, to Russian possession of the straits. Its necessity

to possess Suez is not greater than that of Russia to hold the Stamboul gate to its own coasts.

If England and its allies emerge victorious from the great war, they will have to face a Russia supreme on the continent, more powerful on land than any nation since the France of Napoleon, its hands strengthened by the prostration of its neighbors, who were its natural rivals. Anatolia with its Turkish rulers will be indefensible against Russia. English military resources will not be ad-

equated to hold Russia back along the new frontier from the Euphrates to the Himalayas; to oppose Russia on the Bosphorus is to envisage fighting it ultimately in India, in Egypt, in the Valley of the Euphrates—Frank H. Simonds in the New Republic.

Many Sources of Paper Supply. News print paper has been made by the forest service laboratory from 24 different woods, and a number compare favorably with standard spruce pulp paper.

IS EPILEPSY CONQUERED?

New Jersey Physician Said to Have Many Cures to His Credit.

Red Bank, N. J. (Special).—Advice from every direction fully confirm previous reports that the remarkable treatment for epilepsy being administered by the consulting physician of the Kline Laboratories, of this city, is achieving wonderful results. Old and stubborn cases have been greatly benefited and many patients claim to have been entirely cured. Persons suffering from epilepsy should write at once to Kline Laboratories, Branch 48, Red Bank, N. J., for a supply of the remedy, which is being distributed gratuitously.—Adv.

Dangerous Doctrine. The well-meaning woman who was visiting the school addressed the pupils after the dismissal hour on the subject of "The Doctrine of Juvenile Chastisement in the American Home." When she finished she noticed that one little boy was crying. "What's the matter, little boy?" she asked. "Please, ma'am," said the little boy, "my dad will pound me all up for being kept after school."—Cleveland Plain Dealer.

Real Economist. Most men are not blessed with such a treasure of a wife as is Langley to a friend one night with profound pride. "Why, do you know, she's even found a use for the smell of my motor car." "Great heavens! Do you mean it?" exclaimed his friend. "Surest thing you know, she hangs cheesecloth over the gasoline exhaust and packs away her furs in it to keep the moths out during the summer."—Harper's Magazine.

New Zealand is trying to obtain South American market for apples.

How hard it is to forget that which shouldn't be told.

Nothing thickens the plot like gossip.—Deseret News.

WOMAN WOULD NOT GIVE UP

Though Sick and Suffering; At Last Found Help in Lydia E. Pinkham's Vegetable Compound.

Richmond, Pa.—"When I started taking Lydia E. Pinkham's Vegetable Compound I was in a dreadfully run-down state of health, had internal troubles, and was so extremely nervous and prostrated that if I had given in to my feelings I would have been in bed. As it was I had hardly strength at times to be on my feet and what I did do was by a great effort. I could not sleep at night and of course felt very bad in the morning, and had a steady headache. "After taking the second bottle I noticed that the headache was not so bad, I rested better, and my nerves were stronger. I continued its use until it made a new woman of me, and now I can hardly realize that I am able to do so much as I do. Whenever I know any woman in need of a good medicine I highly praise Lydia E. Pinkham's Vegetable Compound."—Mrs. FRANK CLARK, 3146 N. Tullip St., Richmond, Pa.

Women Have Been Telling Women for forty years how Lydia E. Pinkham's Vegetable Compound has restored their health when suffering with female ills. This accounts for the enormous demand for it from coast to coast. If you are troubled with any ailment peculiar to women why don't you try Lydia E. Pinkham's Vegetable Compound? It will pay you to do so. Lydia E. Pinkham Medicine Co., Lynn, Mass.

Your Liver Is Clogged Up That's Why You're Tired—Out of Sorts—Have No Appetite. CARTER'S LITTLE LIVER PILLS will put you right in a few days. They do their duty. Cure Constipation, Biliousness, Indigestion and Sick Headache. SMALL PILL, SMALL DOSE, SMALL PRICE. Genuine must bear Signature.



BLACK LUSSES SURELY PREVENTED by Carter's Blanking Pills. Levelling, from, ridges, ridges, ridges, by Western stockmen, because they grade, where other sections fail. Write for booklet and testimonials. 16-dose pkg., Blanking Pills 1.50 50-dose pkg., Blanking Pills 4.50 Use as directed, and Carter's best. The superiority of Carter's products is due to over 12 years of specializing in various and severe only. Insist on Carter. If unsatisfactory, order direct. The Cutter Laboratory, Berkeley, Cal., or Chicago, Ill.

CORN-OATS-RYE Wisconsin wheat on one-bushel's specialties helped do it. BIG SIBER CATALOG FREE. John A. Salzer Seed Co., Box 76, La Crosse, Wis.

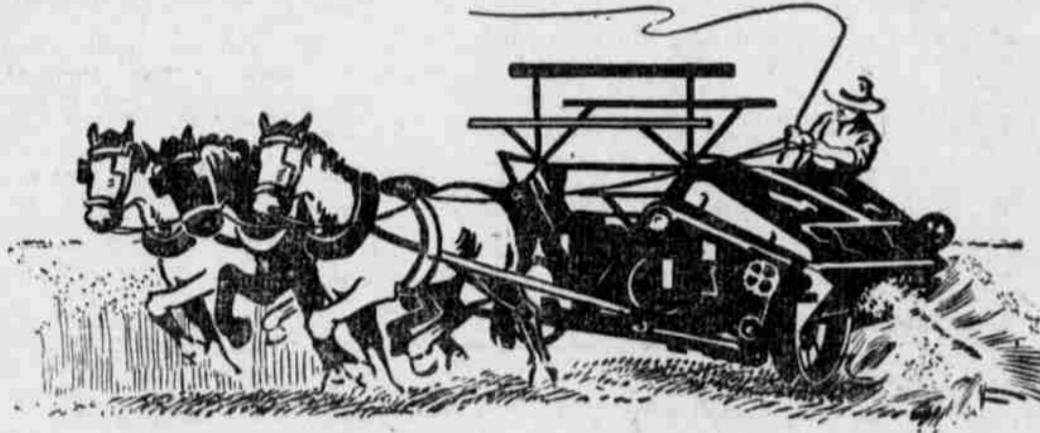
BEST MARKET for POULTRY—VEAL—CREAM HIDE—EGGS—BEANS. Write us for Price List and Tags. THE R. E. COBB CO., 14 E. 3rd Street, St. Paul, Minn.

Hog and Dairy Ranch Station on place. Partly developed, spring water, near Ames, Spirit Lake, Iowa.

Sioux City Directory "Hub of the Northwest."

FOR BEST SERVICE SHIP RICE BROTHERS Live Stock Commission Merchants at SIOUX CITY, Chicago or Kansas City

SHIP YOUR LIVE STOCK TO Sioux City Live Stock Commission Company Capital \$50,000.00 1000 Pine Street, Sioux City, Ia. Stock taken if you are not satisfied. We will mail you Live Stock Record free of charge.



What Becomes of the Wheat?

The wheat yield of the United States for 1914 reached the enormous figure of nearly 900,000,000 bushels.

Yet in spite of the wonderful nutritive value of this grain, much of its value will be lost as human food. Why?

Because many wheat products (white bread and many so called breakfast foods) lack the nourishing mineral qualities of the grain found directly under the bran-coat. These vital elements are thrown out with the bran-coat to make the flour white.

More and more, thinking people are waking up to this fact, and are now obtaining all the grain nourishment by eating

Grape-Nuts

FOOD

This famous wheat and malted barley food, retains all the nutriment of the grain, including the rich mineral values so necessary in building brain, nerve and muscle.

Grape-Nuts is all food—no waste! It is easily digested, and with cream or milk affords complete nourishment, at less cost than any other food.

This, together with its delicious flavour—fresh-sealed, has made Grape-Nuts a household word the world over.

"There's a Reason" for Grape-Nuts

No rise in price—sold by Grocers everywhere.