

In Winter Pe-ru-na CATARRH TONIC For COUGHS & COLDS M. E. Samuel McKinley, 1215 Grand Ave., Kansas City, Mo., writes: "I can honestly say that I owe my life to Peruna. Traveling from town to town, and having to go into all kinds of badly heated buildings, plying my trade as auctioneer, it is only natural that I had colds frequently. Last December I contracted a severe cold which, through neglect on my part, settled on my chest. I heard of Peruna. It cured me, so I cannot praise it too highly. Those who prefer tablets to liquid medicines can now procure Peruna in tablet form."

The Wretchedness of Constipation Can quickly be overcome by CARTER'S LITTLE LIVER PILLS. Purely vegetable—act surely and gently on the liver. Cure Biliouness, Head-ache, Dizziness, and Indigestion. They do their duty. SMALL PILL, SMALL DOSE, SMALL PRICE. Genuine must bear Signature

UNCLE DAVE'S BELATED LUCK Twenty Years of Unprofitable Time Was What Worried the Old Gentleman.

Charley Sessions, secretary of state, says that while he was taking his summer vacation in Minnesota a couple of years ago he met a character at the little village up in the woods, known as "Uncle Dave," says the Topeka (Kansas) Capital. The old man's only occupation was carrying the sack of mail over from the depot to the postoffice once a day. It was all he could do to subsist and it was a mighty lean subsistence at that. Last year, when Secretary Sessions went back again on his vacation he did not see "Uncle Dave" and asked where he was. He was informed that "Uncle Dave" had gone to Minneapolis to have a blowout. Charley was surprised that "Uncle Dave" had been able to gather enough money to go to Minneapolis. "Uncle Dave" had had a streak of luck," said his informant. "He went over here to a neighboring town and fell through a hole in the sidewalk. He sued the town and they compromised by agreeing to pay 'Uncle Dave' a pension of \$75 a month. Some days after that Charley met 'Uncle Dave,' who told him all about his good fortune. 'Yes, sir,' said 'Uncle Dave,' 'I am in big luck, but think what a time I might have had if I had found that hole 20 years ago.'

Located Him. One evening, when a water inspector was going his round, he stopped at one of the mains in a busy street to turn off the water owing to some repairs. He had just put the handle on the tap and begun turning when a hand was placed on his shoulder by a tipsy gentleman, who said, in a drunken tone: "So I have found you at last, have I? It's you that's turning the street round, is it?"

Melting Aluminum. While charcoal should be invariably used in melting brass and bronze, states the Brass World, it is not only useless in melting aluminum, but dangerous. Aluminum is so light that the charcoal is apt to become intermingled with it, and the castings made from it will have small specks and pieces in them.

Sources of Activity. "How active that old millionaire is!" "Yes; got his agility from side-stepping autos and dodging his taxes."

The one sure thing that comes to him who waits is old age.

Appetite Finds Ready Satisfaction In a bowl of Post Toasties and Cream. Thin, crisp bits of Indian Corn—cooked and toasted so that they have a delicious flavour—Wholesome Nourishing Easy to Serve—sold by Grocers everywhere.

WHAT EUGENISTS OF THE WORLD ARE ENDEAVORING TO ACCOMPLISH

Some Insist the Race Is Deteriorating Says Herbert Carey—Rush to the Large Cities and the Complexity of Modern Life Given as Among the Causes—Many Depressing Facts Are Revealed.

New York.—To the lay mind scientific eugenics seems to be founded upon the blackest pessimism, says Herbert Carey. Perhaps scientists see more clearly than the rest of us—though they do not all see alike, or get the same conclusions from the same facts. Some of them are sure we are going to the apex very fast. Death and degeneration and insanity and gibbering idiocy seems to be the only possible end for the human race, they think—unless something is done at once to check our sliding tendencies. Perhaps the most disheartening revelation is that we are no stronger or more capable mentally or vigorously morally than our forefathers were in the days when they dressed in pigment—a pen and ink sketch.

"We speak with pride of the advance of human civilization," says Doctor Metcalf, "and that blinds us to the fact that since the dawn of history there has been no clearly recognizable evolution of mankind. We reach larger results in the problems of life than did our progenitors 5,000 years ago, because we build upon the experience of the generations between."

Other scientists swell this dependent chorus. Prof. Ray Lankester sounded the keynote in 1892, when he wrote that "compared with the forefathers of our civilization, the ancient Greeks, we do not appear to have improved so far as our bodily structure is concerned, and assuredly not so far as some of our mental capacities are concerned."

Dr. J. H. Kellogg declares that "the human race is dying." Rev. Newell Dwight Hillis is quoted as declaring that "within 400 years we shall all be insane." The superintendent of the asylum at Austin, Tex., in an official report published some years ago, held that "the insane in this state may soon outnumber the sane." He jocularly added that in that event the insane might turn themselves out of the asylums and put the sane in.

H. H. Laughlin of the Cold Spring Harbor eugenics record office learns from the thirteenth census that there



Rev. Newell Dwight Hillis.

are 914.7 inmates of institutions of various sorts to the 100,000 of population in this country—or almost one per cent. He has recently declared that ten per cent. of us are so far "autistic" as to be unfit for parentage. E. E. Rittenhouse, president of the recently formed Life Extension institute, of which former President Taft is an active member, in a recent paper said that 75 per cent. of the 20,000,000 school children in the United States are more or less defective. Dr. V. V. Vaughan of Ann Arbor—who specifically declares he is not an alarmist—says "the American people are threatened with a spread of mental and moral degeneracy through the multiplication of the unfit."

Dr. Gertrude Hall says that "only one-half of the dependent children we have examined and tested in New York state are up to normal standard." Cancer is killing 75,000 annually in the United States and 200,000 die from tuberculosis, not to speak of the other chronic diseases, some of which, on the authority of statisticians, have doubled their mortality rate in thirty years.

Reports show that in certain parts of England, Scotland and Ireland the physical condition of the inhabitants has degenerated. On the moral side we are getting no better fast—and we're a little worse here than our neighbors. Rittenhouse, who is an authority, says that 9,000 murders are committed in the United States annually and an average of 118 murderers are executed. We have the appalling homicide record of over 100 per million of population, against seven in Canada, nine in Great Britain and 15 in Italy. The birth rate is declining and the span of life shortening. About 15,000 men and women commit suicide in this country each year. Kellogg says that the daily "average dose of poison—alcohol, nicotine, caffeine and opium—is 368 grains." Our eyes and ears and teeth are going back on us. Over 13 per cent. of the rapidly increasing number of insane are parotic, because

CHAINED FATHER FOR SAFETY

St. Louis Butcher, Whose Parent Was Insane, Not Arrested by the Police.

St. Louis.—The statement given out that Morris Glazer, who runs a butcher shop here, had been arrested after the police found his father, Max Glazer, chained to the floor of a room in the rear of the butcher shop, proves an investigation to have been untrue. Morris Glazer convinced the police

of syphilis, "the ulcer which is eating into modern civilization." The whole racial situation, as viewed by the scientists, recalls one of Booker Washington's stories. He met an old colored woman one day.

"Where you goin', Aunt Calline?" he asked.

"Lawd bless you, Misteh Washington," said Aunt Caroline. "Ise done been whors I's gwine."

Conceding that the scientific eugenists have established their contention—that the human race is rapidly de-



WILLIAM H. TAFT

generating as well as dying—what are the conditions that produced this result?

In some measure they are purely physical, according to the students of the eugenic problem who met at the national conference at Battle Creek. In the last 50 years there has been an appalling shift in the center of gravity, due to the world's progress in mechanics. Frederick L. Hoffman estimates that in the last decade the city population has increased 35 per cent., while the rural population has increased but one per cent.

"Cities," he said, "boast of their growth in population, when they should be weeping." Hence "factory degeneration" as reported from densely populated milling sections of the south. In a senate document printed at the request of Senator Townsend, the statement it made that "in Manchester and other English manufacturing districts the police force is largely recruited from the country districts, because the home grown men are not large enough."

In 15 years the British Association for the Advancement of Science found the average height of men had decreased one inch. The same authority found the well to do Briton on an average of 3 1/2 inches taller than an employe in the mills, and that at the age of twelve the height of their respective sons differed by five inches. In 55 years the height required for admission to the British army was lowered from 5 feet 6 inches to 5 feet, and still the proportion of rejections for this cause remained the same.

Similar testimony as to race deterioration comes from Scotland, Ireland, Germany and France. Dr. Alexander Graham Bell points out that asylum treatment and the very natural inter-

"SIAMESE TWINS" BORN IN FRANCE



These babies, born in Champagne, France, not long ago, are attracting the attention of surgeons all over the world, for they were born with a connecting band of flesh just above the navel. Professor Le Fillatre, dean of the French Academy of Medicine, has promised to perform personally an operation to separate the babes, and feels certain they will then become normal children.

that he was acting for what he conceived his father's welfare in fastening him with a chain, as the father gave evidences of insanity and had made threats against members of the family. A policeman, who took the father to the city hospital, reported that the son had been arrested, but later it developed that when the circumstances had been explained to the police officials in charge of the station to which the patrolman reported, the official decided there was no ground for arrest. The son said he had not

intended to be cruel, but thought it necessary to restrain his father.

Reports that the father had had neither food nor water for three days were not substantiated.

Girl Kills "Maash" With Hatpin.

Milwaukee, Jan. 25.—Daniel Sweeney of Cleveland, O., tried to "maash" Miss Catherine Hermes on New Year's eve. The girl jabbed him three times with a hatpin. The hatpin broke in his back. Sweeney died two weeks later from blood poison.

PUTS BABY TO BED ON SNOW

Somnambulist Father Takes Good Care of the Child, but Mother Gets a Scare.

Bangor, Me.—Mrs. Edward Parady of the French settlement near Stillwater went to church the other evening, leaving the infant in its crib, with the father sitting by the fire close by. As she drove up the lane leading to the house on her return she fancied that he heard a faint moan. Entering the house she found the cradle empty and the father was asleep in his chair.

"Where is baby, Ed?" she asked. Parady started up in surprise, saying, "Why, baby's in her crib, of course."

In a flash Mrs. Parady thought of the moan that she had heard at the foot of the lane, and out into the night she ran. Near an old pump, almost buried in the deep, soft snow, was the baby. One hand and one cheek had become chilled, but the infant was well and cheerful.

Then Parady thought of the only explanation that has yet been offered. "I worked hard that day," said he, "and was very sleepy. I remember of thinking of going to bed and of taking baby with me. I am a sleep-walker and I guess I must have fallen asleep and then got up and carried baby out into the snow instead of to bed. The snow looked white and soft, like a bed. I guess that must have been the way out of it."

Is Bar to Secret Marriages.

Los Angeles, Cal.—Secret marriages cannot be kept secret if the bride wishes to vote in California. Deputy County Clerk McAleer handed down a ruling which declared that women must state under oath whether they are married or single.

Death News Tangled.

Union Hill, N. J.—Simultaneous troubles on their phones, each trying to get the other, delayed only a few minutes news of the simultaneous deaths of Archibald Boyle, forty, here and Arthur Boyle, his nephew, in New York.

PROCURES SHIRT FROM TREE

Native of New Granada Has Little Trouble Securing Garment Suitable for His Needs.

It is comforting at least to know that the ad "Song of the Shirt" does not apply to all parts of the world. In the forests of Oronoko, situated on the slope of New Granada, nature has provided what serves as a ready-made shirt for the natives. It is obtained from the marina tree, a species of tropical palm, which has a thin, fibrous red bark. When a native wants a shirt he simply cuts a piece of one of these trees about 18 inches in diameter and takes off the bark, managing so as not to cut it in any way, and thus obtains a hollow cylinder of flexible bark, somewhat resembling a rough sack without any bottom. He then makes a small slit in each side for his arms to go through and puts it on. It is only during the rainy season, however, that natives conform to the requirements of civilization sufficiently to wear garments of any description.

Public Opinion.

Public opinion is what we think other people are thinking; or it is what we think other people think we think. When we think we are thinking like other people, then we think they are thinking as we think. That is what we think is public opinion. When we meet someone who does not think as we think, then we think that is not public opinion. When we meet, or hear of, a number who do not think as we think, then we think that what they are thinking is something contrary to what public opinion ought to be, and, indeed, will be, as soon as they all begin to think as we think they ought to think.

Titled Bounders.

Eva Tangany was congratulated upon her recent marriage. "It's a love match, too," said Miss Tangany. "It's not the sort of match that our young heiresses make with titled bounders." "The average titled bounder, if he told the truth, would, when he proposed to a young heiress, make a speech like this: 'Miss Goldie—Lotta—I love you for your pelf alone.'

Some people who patronize the opera but on a lot of style and very little else.

Most anything is doubtful that poses as a sure thing.

You'll wake up with a good taste in your mouth if you chew this after every meal. The refreshing digestion aiding mint leaf juice does it. BUY IT BY THE BOX at most dealers for 85 cents. Each box contains twenty 5 cent packages. Chew it after every meal. It stays fresh until used.

Little Paradise Set in the Sea.

The island of Trinidad is 55 miles long and 40 miles wide, and has an area of approximately 1,300 square miles. A chain of mountains extends throughout its length, the highest of which is about 3,000 feet above the sea level. The population of the island is estimated at 340,000.

A Particular Item.

"I always speak my mind." "And do you likewise always mind your speech?"

Their Dull Lives.

"Rich women have no real joys." "No; the stores never have a clearance sale of diamond necklaces."

Banking on the unexpected is almost as fatal as betting on a sure thing.

Futnam Fadeless Dyes are the easiest to use.

Few things come to those who wait for others to do it for them.

35 BUSHEL PER ACRE was the yield of WHEAT on many farms in Western Canada in 1913, some yields being reported as high as 60 bushels per acre. Ask for descriptive literature and reduced railway rates. Apply to Superintendent of Immigration, Ottawa, Canada, or J. B. Buchanan, Room 578, Victoria, B. C. or A. MERRITT, 211 Adams St., St. Paul, Minn. Canadian Government Agent

Easy Solution.

Mrs. Nouveau-Marie—What's the trouble now, Mary? Mary—Sure, an' there's thrubble enough, mum. Here we do be with company for lay, an' nary a bit of bread in the house. Mrs. Nouveau-Marie—Oh, well, never mind. Make some toast.—Puck

Getting Scared.

"I lost my head completely yesterday." "This will have some effect on the ivory industry."

Typewriters

Slightly used and rebuilt typewriters at low prices. Best on approved list. \$125 with a deposit; call or write for stock list. R. F. Sherman Company, 611 Locust Street, Des Moines, Iowa.

FARMERS Wear Overland Aluminum Shoes.

Keep feet warm and dry, no more blisters. Write for special prices. Overland Shoe Co., Boston, Wis.

EYE ACHES

Pettis Eye Salve

FARMS For Rent or Sale—Write over.

W. N. U., SIOUX CITY, NO. 7-1914.

Sioux City Directory

"Hub of the Northwest"

Alfalfa Seed \$6

J. Malin, Sioux City, Ia.

FOR BEST SERVICE SHIP RICE BROTHERS

Live Stock Commission Merchants at SIOUX CITY, Chicago or Kansas City

THE MARTIN HOTEL

ABSOLUTELY FIREPROOF. 250 ROOMS, RATES \$1.00 AND UP.

FRANK E. SCOTT COMMISSION CO.

Live Stock Commission and Buyer. Room 225 Exchange Bldg. Stock Yards. Sioux City, Ia.

SHIP YOUR LIVE STOCK TO

Sioux City Live Stock Commission Company. Capital \$50,000.00. SIOUX CITY, IA.

SWANSON & GILMORE

Live Stock Commission Merchants. SIOUX CITY, IOWA and CHICAGO, ILLINOIS. Our motto: "A greeting business built on reputation."

ANTI BOG CHOLERA SERUM

upon immediate notice. Guaranteed pure local manufacture. SIOUX CITY SERUM COMPANY. STOCK YARDS SIOUX CITY, IA.

JEFFREY FOUR

\$1650 COMPLETE. RANDEL DISTRIBUTING CO. 512-14 Douglas St. Sioux City, Ia.