

GOOD TIMES IN CANADA

BUSINESS PROSPERING, TRADE INCREASING AND FINANCES IN GOOD SHAPE.

The present tightening up of money must not be looked upon as being in any sense brought about by financial stringency. It is really more a period of stock-taking resorted to by the banks to ascertain the true condition of the finances and trade of the country. Legitimate business enterprises are not affected. Throughout the States there are those who if allowed to continue borrowing, would inevitably be a means towards precipitating something a good deal worse than they feel now. In Canada, the conditions are excellent, and it is safe to say business was never better. The pulse of trade is carefully watched by the Finance Department of the Dominion government, and it is illuminative to read portions of the address of Hon. W. T. White, the Finance Minister, delivered a few days ago before the House of Commons. Mr. White's remarks are in part as follows:

"It falls agreeably to my lot to extend my most hearty congratulations to the House and the country upon the prosperous conditions which it continues to be our good fortune to enjoy. I am happy to announce that the outcome of the last fiscal year, which ended on March 31, will prove even more satisfactory as reflecting by far the highest pitch to which our national prosperity has yet attained. I have every expectation that when the books are closed, it will be found that the total revenue will have reached the splendid total of \$168,250,000, or an increase over the year 1911-12 of over \$32,000,000. Some indication of the magnificent growth of the Dominion may be gleaned from the fact that this increase in revenue during the period of one year almost equals the entire revenue of the country seventy years ago."

"The augmentation of revenue to which I have referred has not been irregular, spasmodic or intermittent in its nature, but has steadily characterized each month of the entire fiscal year. It was of course mainly derived from Customs receipts, but the other sources of revenue—excise, post office and railways—also gave us very substantial increases."

"That in a period of great financial stringency not only have we not been obliged to resort to the congested markets of the world, but have been able to reduce so substantially (\$23,000,000) the debt of the Dominion, must be a matter of gratification, both to the House and to the people of Canada."

"I believe that during this period of exceptional money stringency the credit of the Dominion as reflected in the quotations of its securities has maintained itself among the highest in the world."

Owing to the favorable state of its finances Canada was in a position to pay off a heavy loan in cash without recourse to the issue of bills or securities.—Advertisement.

Let us leave the world wiser and better than we found it, and we shall leave it happier.—Shuttleworth.

Mrs. Whitson's Soothing Syrup for Croup, Coughs, Whooping Cough, Sore Throat, Hoarseness, Influenza, Bronchitis, Asthma, Hay Fever, Eczema, Itch, Scald, Burn, Sunburn, and all other skin eruptions.

Many a married man has made his wife happy by leaving home.

EXPERIENCE OF MOTHERHOOD

Advice to Expectant Mothers

The experience of Motherhood is a trying one to most women and marks distinctly an epoch in their lives. Not one woman in a hundred is prepared or understands how to properly care for herself. Of course nearly every woman nowadays has medical treatment at such times, but many approach the experience with an organism unfitted for the trial of strength, and when it is over her system has received a shock from which it is hard to recover. Following right upon this comes the nervous strain of caring for the child, and a distinct change in the mother results.

There is nothing more charming than a happy and healthy mother of children, and indeed child-birth under the right conditions need be no hazard to health or beauty. The unexplainable thing is that, with all the evidence of shattered nerves and broken health resulting from an unprepared condition, and with ample time in which to prepare, women will persist in going blindly to the trial.

Every woman at this time should rely upon Lydia E. Pinkham's Vegetable Compound, a most valuable tonic and invigorator of the female organism.

In many homes once childless there are now children because of the fact that Lydia E. Pinkham's Vegetable Compound makes women normal, healthy and strong.

If you want special advice write to Lydia E. Pinkham Medicine Co. (confidential) Lynn, Mass. Your letter will be opened, read and answered by a woman and held in strict confidence.

The Army of Constipation
Is Growing Smaller Every Day.
CARTER'S LITTLE LIVER PILLS are responsible—they not only give relief—they permanently cure Constipation. Millions use them for Biliousness, Indigestion, Sick Headache, Sallow Skin, SMALL PILL, SMALL DOSE, SMALL PRICE. Genuine must bear Signature.

Southwood
W. N. U., SIOUX CITY, NO. 24-1913

How To BECOME AN IDEAL WIFE

Who is the Ideal Wife and where does she dwell?
She's that "Not Impossible She" long sought in song and story, of course—and she dwells safe in the heart of her husband.

No other niche in life fits or could comfortably hold such a rare avian as the Ideal Wife.
Since her price is above rubies, one naturally does not expect to find her enshrined in any temple made with hands. True, she may dwell in a palace, but her real home is in the heart created for her to fill—that of the man whose ideal is realized in the qualities that go to make her what she is.

What, says one, is an ideal wife? How would a man know if he came across that extraordinary creature? And the question opens up avenues for a hundred definitions of ideal wife.
For as there are many men of many minds, so there are quite as many men with quite as many hearts. And quite as varied ideas of what ideal qualities will be met and wooed in the creature who shall mean all perfection to them.

Must Have Many Qualities.
The ideal wife is not a type; she is an individual. One woman may embody all the qualities of an ideal wife to one man, and be quite as much of a mismatch to another. It depends altogether on such a number of things—sympathy with a man's ideals, of his motives, appreciation of his big and good points and an infinite charity for those in which he falls—and all these go to make up that perfect understanding in which two souls are held as one.

A man needs a wife who can work with him and who can play with him. Who can point him to the "dream," even in the business of everyday living; who can hold his faith up to the high ideal of the best and the truest and put her shoulder gallantly to the wheel and help him get to it.

An ideal wife should be more than a purehead to a man's house, though she is forearmed, and ready to meet whatever comes to the house.

The ideal wife doesn't boast that she is all things to all men, but she must be just this much of a composite creature to her husband.

She is the home woman to him and the enchantress; the business woman and the holiday maker; she is the confidante and the chum and all these things besides being the wife of his bosom, and incidentally very much of a mother in her maternal feeling toward him.

Pretty? Some one asks, for the papers give pages on how to keep a husband's love, and it is all based on a physical attraction of good looks.

Certainly she must be good to look at, but she is not to cultivate her outer woman to the neglect of the inner one. Beauty has its secret spring in happiness, you know. All the bold creams and lotions, bleaches and face paints in the world fall to compare with the magic glow that happiness can paint into a woman's cheek, or with which it may illumine her eye.

Inspires Her Husband.
She is more than a "showgirl," and she is wise when she refuses to let her husband's interest and his pride in her rest on a basis as material as this one. She is his mental stimulus, his inspiration and his always sympathetic listener. If he fails, there's one person whose understanding he is sure of, and that is his wife's. If he succeeds her applause sounds sweetest in his ears.

Whatever comes, she is ready to share it with him. For she is the ideal woman and the ideal wife whose price is above rubies to her husband, because she is worth infinitely more to him from a spiritual standpoint than all the piteous blood rubies in the world pawned would bring.

Trouble Brings Opportunity.
The ideal wife's great opportunity comes when a man's lips are "pressed to the wormwood cup"—whatever it is. This comes to most men soon or late, and the wife is the only one

who can help him to put it aside—to see the final good for which he is working in the midst of all the torment pressing upon him.

Darby and Joan growing old together are considered by some to be the ideal couple. Maybe. History is full of women who have won their immortality by their faithfulness to the marriage vows. But it seems to me that we have a case nearer home that is too beautiful to omit.

There is the Strauses who went down to death together. It is a story so often told that it does not need repetition here. But the wife who quietly stayed by her husband's side, because she felt that with him was to be preferred to life without him, must have realized all that husband that any ideal wife can hope to be.

Such a one takes the fortunes of her husband whatever they be. The proposed campaign by Street Cleaning Commissioner Edwards and Health Commissioner Lederle to clean out the rubbish from the tenements here, has attracted attention to the methods of cleaning house adopted by the important cities of Europe.

In no European town, perhaps, are the methods more interesting than in the thriving German city of Hamburg, where carefully trained children help to keep the city beautiful. Writing from that place, United States Consul Robert P. Skinner says that the mayor of one of the large cities of Ohio who visited Hamburg was much impressed with the children in keeping the city clean. He departed from the city, Mr. Skinner says, convinced that the cleaning of streets and sidewalks in Germany was a much lighter task than in cities of the same size in the United States, because of the orderly habits of the people themselves.

"Suction street sweeping devices," continues Mr. Skinner, "are practically unknown in Germany. Hamburg itself owns horse-drawn sweepers only, although for about nine months two electric-motor sweepers have been in use. These, however, do not yet belong to the city, and are being employed experimentally. They have not given satisfaction and have been under repair more than three months. These motor-driven sweepers fall to work well in this city, because the pavements, as a rule, are not very smooth, and the mechanism of the sweepers is deranged by the shaking it receives. Recently the front wheels of these sweepers have been provided with rubber tires, and they have worked more satisfactorily."—Boston Globe.

GOOD ROADS MOST IMPORTANT
Must Be Carefully Built and Kept in Repair—Auto the Most Destructive Agent.

It may seem unusual for public officials to be called upon to mend old roads or streets within a few weeks after being finished, yet such cases are by no means uncommon. Nor does this wear necessarily indicate poor construction. The demands of traffic, generally, will explain sufficiently the need for such repairs. As a road destroyer nothing else invented by man can equal the automobile, and where such traffic is heaviest roadways need continuous, almost daily inspection and repair. Too many of our public officials seem to feel that their care and responsibility are well-nigh ended with road-making. Yet road-keeping is the more important, for without care the best may become much worse than any original soil road ever was known to be. Both city streets and county roads, locally, need repairs.

Encourage School Gardens.
Prizes for the best school gardens and for the best school children gardening will be given this year, as last year, except there will be more prizes and a different arrangement of awards.

Three silver cups have been offered for the best school garden. The Atheneum, the City club and the Star have offered them. The City club cup will be in addition to the cup the club offered last year, which was won by the Lykins school. The Lykins school probably will be allowed to keep that trophy as a permanent prize, as it was the first of the school garden trophies.

ery and vanity sitting gracefully upon them. The other qualities for the time were quiescent. As ideal wives they played many roles and did each part equally well.

is this not, then, the most dominant quality in the ideal wife—her adaptability? An actress' skill is in adjusting her make-up to every role she plays and in keeping the performance up to a high pitch of interest and always carrying the hearts of those in the house with her.

When her husband is a clerk with a small salary she is the one who accepts Harlem with the spirit of the little queen who played at housekeeping up on the heights and makes of it quite as good a game as the people down town were doing.

She is the same woman who, when the lean days are passed, is prepared to move with her husband, no matter how much finer and fairer his friends have grown. For she has moved with him. They are still keeping step, fine comrades and ideal mates.

Ready for Anything.
If great good fortune places them high in political position she is ready to assume her share of the new prosperity and to carry it off with grace and distinction. Just as if the reverse had come and they had lost all, she'd be ready to pin on her hat and swing out independent of him to make a living for them both, maybe, until he should get back on his feet.

Whatever comes, she is ready for it, for hers is the "anticipatory glance" that sees the shadow that betokens the coming of events before any one else does. And, being fore-

warned, she is forearmed, and ready to meet whatever comes to the house.

The ideal wife doesn't boast that she is all things to all men, but she must be just this much of a composite creature to her husband.

She is the home woman to him and the enchantress; the business woman and the holiday maker; she is the confidante and the chum and all these things besides being the wife of his bosom, and incidentally very much of a mother in her maternal feeling toward him.

Pretty? Some one asks, for the papers give pages on how to keep a husband's love, and it is all based on a physical attraction of good looks.

Certainly she must be good to look at, but she is not to cultivate her outer woman to the neglect of the inner one. Beauty has its secret spring in happiness, you know. All the bold creams and lotions, bleaches and face paints in the world fall to compare with the magic glow that happiness can paint into a woman's cheek, or with which it may illumine her eye.

Inspires Her Husband.
She is more than a "showgirl," and she is wise when she refuses to let her husband's interest and his pride in her rest on a basis as material as this one. She is his mental stimulus, his inspiration and his always sympathetic listener. If he fails, there's one person whose understanding he is sure of, and that is his wife's. If he succeeds her applause sounds sweetest in his ears.

Whatever comes, she is ready to share it with him. For she is the ideal woman and the ideal wife whose price is above rubies to her husband, because she is worth infinitely more to him from a spiritual standpoint than all the piteous blood rubies in the world pawned would bring.

Trouble Brings Opportunity.
The ideal wife's great opportunity comes when a man's lips are "pressed to the wormwood cup"—whatever it is. This comes to most men soon or late, and the wife is the only one

who can help him to put it aside—to see the final good for which he is working in the midst of all the torment pressing upon him.

Darby and Joan growing old together are considered by some to be the ideal couple. Maybe. History is full of women who have won their immortality by their faithfulness to the marriage vows. But it seems to me that we have a case nearer home that is too beautiful to omit.

There is the Strauses who went down to death together. It is a story so often told that it does not need repetition here. But the wife who quietly stayed by her husband's side, because she felt that with him was to be preferred to life without him, must have realized all that husband that any ideal wife can hope to be.

Such a one takes the fortunes of her husband whatever they be. The proposed campaign by Street Cleaning Commissioner Edwards and Health Commissioner Lederle to clean out the rubbish from the tenements here, has attracted attention to the methods of cleaning house adopted by the important cities of Europe.

In no European town, perhaps, are the methods more interesting than in the thriving German city of Hamburg, where carefully trained children help to keep the city beautiful. Writing from that place, United States Consul Robert P. Skinner says that the mayor of one of the large cities of Ohio who visited Hamburg was much impressed with the children in keeping the city clean. He departed from the city, Mr. Skinner says, convinced that the cleaning of streets and sidewalks in Germany was a much lighter task than in cities of the same size in the United States, because of the orderly habits of the people themselves.

"Suction street sweeping devices," continues Mr. Skinner, "are practically unknown in Germany. Hamburg itself owns horse-drawn sweepers only, although for about nine months two electric-motor sweepers have been in use. These, however, do not yet belong to the city, and are being employed experimentally. They have not given satisfaction and have been under repair more than three months. These motor-driven sweepers fall to work well in this city, because the pavements, as a rule, are not very smooth, and the mechanism of the sweepers is deranged by the shaking it receives. Recently the front wheels of these sweepers have been provided with rubber tires, and they have worked more satisfactorily."—Boston Globe.

GOOD ROADS MOST IMPORTANT
Must Be Carefully Built and Kept in Repair—Auto the Most Destructive Agent.

It may seem unusual for public officials to be called upon to mend old roads or streets within a few weeks after being finished, yet such cases are by no means uncommon. Nor does this wear necessarily indicate poor construction. The demands of traffic, generally, will explain sufficiently the need for such repairs. As a road destroyer nothing else invented by man can equal the automobile, and where such traffic is heaviest roadways need continuous, almost daily inspection and repair. Too many of our public officials seem to feel that their care and responsibility are well-nigh ended with road-making. Yet road-keeping is the more important, for without care the best may become much worse than any original soil road ever was known to be. Both city streets and county roads, locally, need repairs.

Encourage School Gardens.
Prizes for the best school gardens and for the best school children gardening will be given this year, as last year, except there will be more prizes and a different arrangement of awards.

Three silver cups have been offered for the best school garden. The Atheneum, the City club and the Star have offered them. The City club cup will be in addition to the cup the club offered last year, which was won by the Lykins school. The Lykins school probably will be allowed to keep that trophy as a permanent prize, as it was the first of the school garden trophies.

The cup offered by the Star must be won three times in succession to become the permanent property of a school. The school that wins it at the end of the present season will retain ownership until some other school wins it in competition.

The Atheneum cup competition plan hasn't been decided on. The prizes will be awarded next September or October. The best gardeners of all the schools will be awarded a silver medal. The best gardeners of each school will be awarded, first prize, a bronze medal; second honor, a cash prize.—Kansas City Star.

Advanced English Idea.
In England the great town planning bill introduced in parliament by John Burns gives a town the right to force owners of property inside or adjacent to its limits to follow the ideas of the municipal authorities in developing their land. It also takes another great and unusual step in advance. Just as the private land owner is now allowed to bring suit against the city if he feels that the value of his property is damaged by a public improvement, the city is given authority to bring suit against the owner of private property to recover the amount by which its value has been increased by a public improvement.

Movement Worth Following.
Los Angeles has mapped out certain sections of the city available for factories and decreed their banishment from residential sections.

Harsh.
"Do you know," began Van Dudley, "I just had an idea." "Well," replied his companion, "accidents will happen."

First Christened Emerald Isle.
Ireland was first referred to as the Emerald Isle in a poem written in the year 1820 by Dr. Drinnen.

Some Men.
Some men never do anything crooked until they find themselves in straightened circumstances.—Judge.

HOME TOWN HELPS

EUROPEAN TOWNS ARE CLEAN

First Thought of the Authorities—City of Hamburg, Germany, an Excellent Object Lesson.



two are one, and death shall not divide them. Of course, she is old-fashioned, but is not the very term "ideal wife" old-fashioned? It belongs to another generation. Another time when other ideals swayed the marriage game.

Love the Chief Factor.
But the times may have changed without changing a great part of a man. And however advanced a man may be in other matters, every man cherishes a dream that one of these days he is going to meet the ideal woman and marry her. He knows what she will be like, and though he may look with a certain large-minded indulgence on her new-fashioned foibles, he'll seek deeper for the foundation of her real character and to learn what her real feelings about love is.

There never was an ideal wife who didn't have very real and deep feeling on this point. She may be frivolous to the limit on the subject of clothes; she may adore fashion and be as light-hearted and irresponsible as a kitten, and still have some very rare and fine feelings about the biggest and most important issue of all—love; and, having this, the man may find her, and most often does, the ideal wife.

For the vanity and the foolishness pass away, they were but parts of her joyous youth, leaving the best part of what it was to grow bigger and better and to make a corner stone of the home of which she will be the guiding spirit.—Rita Reese, in the New York Press.

SOUGHT TO ROB PRINCESS
Desperado's Bold Attempt Frustrated By Courage and Presence of Mind of Woman.

An ex-sergeant of cavalry, named Calleran, posing as a police officer, went to the palace of Princess Hercolani at Bologna, and, having obtained an interview, presented her with a written demand for \$500, purporting to be signed by a black hand society.

The man demanded that she should also hand over her valuable jewelry. As the princess absolutely refused to accede to the request, Calleran fired at her twice with a revolver. Luckily the aim was bad and the princess escaped injury.

The princess struck him a powerful blow on the chest, and managed to ring an electric bell for help. Finding that the game was up, the man rushed into an adjoining room, but this afforded him no means of escape, and the princess kept him at bay until the arrival of the police.

Calleran expended all his spare cartridges in a fruitless attempt to smash the lock of the door, which offered a means of escape.

When arrested Calleran said that he was out of work and starving.

After-Dinner Oratory.
After-dinner oratory, which a head waiter has been criticizing, is generally supposed to be at its best in the United States. Undoubtedly the Americans are able to stand more of it than we can, for the speeches following their banquets are commonly prolonged until long past midnight. Their toast lists, too, are different from ours.

"The Press—right or wrong; when right to be kept right; when wrong to be set right." or "Truth and trade; those whom God hath joined together let no man put asunder." James Russell Lowell, one of the most successful of its exponents, once enumerated what he called "the ingredients of after-dinner oratory." "They are," he said, "the joke, the quotation and the platitude; and the successful platitude, in my judgment, requires a very high order of genius."—London Chronicle.

Paragon of Parrots.
Customer—But is he a good bird? I mean, I hope he doesn't use dreadful language.

Dealer—Es a saint, lady; sings ymms beautiful. I ah some parrots wot used to swear something awful, but if you'll believe me, lady, this ere bird converted the lot.—London Hystander.

Sad Sight.
"Old Mr. Jones is going down hill fast."

"You don't say so. What's the matter with him?"

"I think when I saw him taking a down grade just now in his auto that he was mixed up about the brake."

Discovery Valuable to Science.
A German chemist recently discovered that the extract of the skin of red radishes in alcohol is more sensitive to acids and alkalis than Himsu, tumeric, or any of the chemicals usually used to detect their presence.

Wonderful Peroration.
A lawyer, more fluent in his speech than cast in his metaphor, was once guilty of the following peroration: "Gentlemen, it will be for you

HOME TOWN HELPS

EUROPEAN TOWNS ARE CLEAN

First Thought of the Authorities—City of Hamburg, Germany, an Excellent Object Lesson.

The proposed campaign by Street Cleaning Commissioner Edwards and Health Commissioner Lederle to clean out the rubbish from the tenements here, has attracted attention to the methods of cleaning house adopted by the important cities of Europe.

In no European town, perhaps, are the methods more interesting than in the thriving German city of Hamburg, where carefully trained children help to keep the city beautiful. Writing from that place, United States Consul Robert P. Skinner says that the mayor of one of the large cities of Ohio who visited Hamburg was much impressed with the children in keeping the city clean. He departed from the city, Mr. Skinner says, convinced that the cleaning of streets and sidewalks in Germany was a much lighter task than in cities of the same size in the United States, because of the orderly habits of the people themselves.

"Suction street sweeping devices," continues Mr. Skinner, "are practically unknown in Germany. Hamburg itself owns horse-drawn sweepers only, although for about nine months two electric-motor sweepers have been in use. These, however, do not yet belong to the city, and are being employed experimentally. They have not given satisfaction and have been under repair more than three months. These motor-driven sweepers fall to work well in this city, because the pavements, as a rule, are not very smooth, and the mechanism of the sweepers is deranged by the shaking it receives. Recently the front wheels of these sweepers have been provided with rubber tires, and they have worked more satisfactorily."—Boston Globe.

GOOD ROADS MOST IMPORTANT
Must Be Carefully Built and Kept in Repair—Auto the Most Destructive Agent.

It may seem unusual for public officials to be called upon to mend old roads or streets within a few weeks after being finished, yet such cases are by no means uncommon. Nor does this wear necessarily indicate poor construction. The demands of traffic, generally, will explain sufficiently the need for such repairs. As a road destroyer nothing else invented by man can equal the automobile, and where such traffic is heaviest roadways need continuous, almost daily inspection and repair. Too many of our public officials seem to feel that their care and responsibility are well-nigh ended with road-making. Yet road-keeping is the more important, for without care the best may become much worse than any original soil road ever was known to be. Both city streets and county roads, locally, need repairs.

Encourage School Gardens.
Prizes for the best school gardens and for the best school children gardening will be given this year, as last year, except there will be more prizes and a different arrangement of awards.

Three silver cups have been offered for the best school garden. The Atheneum, the City club and the Star have offered them. The City club cup will be in addition to the cup the club offered last year, which was won by the Lykins school. The Lykins school probably will be allowed to keep that trophy as a permanent prize, as it was the first of the school garden trophies.

The cup offered by the Star must be won three times in succession to become the permanent property of a school. The school that wins it at the end of the present season will retain ownership until some other school wins it in competition.

The Atheneum cup competition plan hasn't been decided on. The prizes will be awarded next September or October. The best gardeners of all the schools will be awarded a silver medal. The best gardeners of each school will be awarded, first prize, a bronze medal; second honor, a cash prize.—Kansas City Star.

Advanced English Idea.
In England the great town planning bill introduced in parliament by John Burns gives a town the right to force owners of property inside or adjacent to its limits to follow the ideas of the municipal authorities in developing their land. It also takes another great and unusual step in advance. Just as the private land owner is now allowed to bring suit against the city if he feels that the value of his property is damaged by a public improvement, the city is given authority to bring suit against the owner of private property to recover the amount by which its value has been increased by a public improvement.

Movement Worth Following.
Los Angeles has mapped out certain sections of the city available for factories and decreed their banishment from residential sections.

Harsh.
"Do you know," began Van Dudley, "I just had an idea." "Well," replied his companion, "accidents will happen."

First Christened Emerald Isle.
Ireland was first referred to as the Emerald Isle in a poem written in the year 1820 by Dr. Drinnen.

Some Men.
Some men never do anything crooked until they find themselves in straightened circumstances.—Judge.

For That Picnic

—to ensure complete success take along a case of

Coca-Cola

The satisfying beverage—in field or forest; at home or in town. As pure and wholesome as it is temptingly good.

Delicious—Refreshing Thirst-Quenching

Send for Free Booklet.

THE COCA-COLA COMPANY, Atlanta, Ga.

Important to Mothers
Examine carefully every bottle of CASTORIA, a safe and sure remedy for infants and children, and see that it bears the Signature of **Dr. J. C. Watson** in Use For Over 30 Years.

Children Cry for Fletcher's Castoria

Not Losing So Many.
Bacon: "I see the population of your town is increasing."

Egbert: "Yes. They abolished railroad crossings about a year ago."

RASH ON FACE FOR 2 YEARS
Stout Falls, S. D.—"My trouble of skin disease started merely as a rash on my face and neck, but it grew and kept getting worse until large scabs would form, feater and break. This was just on the one side of my face, but it soon scattered to the other side. I suffered a great deal, especially at night, on account of its itching and burning. I would scratch it and of course that irritated it very much. This rash was on my face for about two years, sometimes breaking out lots worse and forming larger sores. It kept me from sleeping day or night for a couple of months. My face looked disgraceful and I was almost ashamed to be seen by my friends."

"A friend asked me to try Cuticura Soap and Cuticura Ointment. I would bathe my face with hot water and a lot of Cuticura Soap, then I would put on the Cuticura Ointment. In less than two days the itching, soreness and inflammation had almost entirely disappeared, and in four weeks' time you could not see any of the rash. Now my face is without a spot of any kind. I also use them for my scalp and hair. They cured me completely." (Signed) Miss Pansy Hutchins, Feb. 6, 1912.

Cuticura Soap and Ointment sold throughout the world. Sample of each free, with 32-p. Skin Book. Address post-card "Cuticura, Dept. L, Boston." Adv.

Barren Sell.
Aprons of the ravages that time has made in the faces and forms of the veterans of the Civil war, Walter S. Morton, president general of the Union society, said at a dinner in New York:

"A veteran, talking to his grandson, a little lad of eight or nine years, remarked:

"Nearly a generation and a half ago my head was grazed by a bullet at the battle of Chickamauga."

"The little boy looked at the old man's head thoughtfully and said: "There isn't much grazing there now, is there, sir?"

Rational Love.
"The rational rather than the romantic view of marriage is the one most in favor with the young people of the twentieth century," said Dr. H. Lucas Wentworth, the well known eugenics expert, in an address in Cleveland.

"The rational view will make for happier marriages. And this rational view is beautifully illustrated in two questions—a little dialogue—running thus:

"Will you always love me?"

"Will you always be lovable?"

Jealous.
Jack—Your friend Alice has the prettiest teeth I ever saw in a woman's mouth.

Ethel—Yes, the dentist guaranteed that there should not be a finer set in town.

In Summer—

When the body needs but little food, that little should be appetizing and nourishing.

Then about the best and most convenient thing one can have handy is a package of

Post Toasties

This food is fully cooked—crisp, delicious and ready to serve direct from the package.

Post Toasties with fresh strawberries and cream are hard to beat.

"The Memory Lingers"

Sold by Grocers.

Postum Cereal Company, Limited, Battle Creek, Mich., U. S. A.

THOSE RHEUMATIC TWINGES