It's torture to work with a lame, aching back. Get rid of it. Attack the cause. Probably it's weak kidneys. Heavy or confining work is hard on the kidneys, anyway, and once the kidneys become inflamed and congested.

the trouble keeps getting worse. The danger of running into gravel, dropsy or Bright's disease is serious. Use Doan's Kidney Pills, a fine remedy



SPECIAL TO WOMEN Do you realize the fact that thousands



as a remedy for mucous membrane affections, such as sore throat, nasal or pelvic catarrh, inflammation or ulcera-tion, caused by female ills? Women who have been cured say "it is worth its weight in gold." Dissolve in water and apply locally. For ten years the Lydia E. Pinkham Medicine Co. has recommended Paxtine in their private correspondence with women.

For all hygienic and toilet uses it has no equal. Only 50c a large box at Druggists or sent postpaid on receipt of price. The Paxton Tollet Co., Boston, Mass.

USE ALLEN'S FOOT-EASE,

The antiseptic powder to be shaken into the shoes. If you want rest and comfort for tired, aching, swellen, aveating feet, use Allen's Foot-Base. It relieves corns and bunions of all pain and prevents blisters, sore and callous spots. Just the thing for Dancing Parties, Patent Leather Shoes, and for Breaking in New Shoes. It is the greatest comfort discovery of the age. Try it today. Sold everywhere, 5 cts. Don't accept any substitute. For FREE trial package, address Allen S. Climsted, Le Roy, N. Y.

THOMPSON'S Quickly relieved to the test of the test of

W. N. U., SIOUX CITY, NO. 20-1913.

NOT YET A HOUSEHOLD WORD

Rising Young Journalist Found There Were Places Where His Fame Had Not Been Heralded.

Louis Brownlow was born in what may be described as the backwoods down south. In the course of time he straightened his plumage, flapped his wings, and sailed out into the cold and dreary world to collect for himfinance and fame. He landed on a newspaper in a southern city, and made so good on his job that his articles were plastered under his signature across the front page of his journal every day. After several months he went back home. So far as he was able to determine he was a sunburst on the horizon of journalism, and fame had hung about his form all the lights and illuminations possible. "Louis," asked one of the old men at the grocery store, speaking with a pronounced drawl and caressing his long, thin whiskers, "what be your line of endeavor?" "The newspaper business," replied Brownlaw, distinctly proud. "Well, Louis," pursued the patriarch, "be you a-sellin' of the papers or a-settin' of the

His Pertinent Question. The gentle little mother was putting the four-year-old to bed. In the hush of "Our Father" and "Now I lay me,"

type?"

body, as was his evening wont. "Mamma," asked the innocent little

Physically Impossible

starved-looking working horse," "Why is it?"

that a working horse always has a bit in his mouth." HIs Guess.

"Because one can see at first glance

Bacon-Which is the proper way to

spoon? Egbert-With a pitchfork, I guess

CLEARED AWAY Proper Food Put the Troubles Away.

Our own troubles always seem more breakfast, for years, without severe distress, he has trouble enough.

"I am glad of the opportunity to never told her he was an escaped pristell of the good Grape-Nuts has done oner. for me," writes a N. H. man. "For many years I was unable to eat even a light breakfast without great suffer-

After eating I would suddenly be seized with an attack of colic and vomiting. This would be followed by headache and misery that would sometimes last a week or more, leaving me returned from the oyster beds there

so weak I could hardly sit up or walk "Since I began to eat Grape-Nuts I have been free from the old troubles. I usually eat Grape-Nuts one or more times a day, taking it at the beginning of the meal. Now I can eat almost

anything I want without trouble. into "as," et cetera. It seems to me the publishers had no control over "When I began to use Grape-Nuts I they make more mistakes with my that matter. Here let me add that was way under my usual weight, now I weigh 30 pounds more than I ever weighed in my life, and I am glad to speak of the food that has worked the change." Name given by Postum Co., Battle Creek, Mich. Read the little booklet, "The Road to Wellville," in

"There's a Reason." Ever read the above letter? A one appears from time to time. They are genuine, true, and full of human

LAW'S DEMAND MADE NAUGHT NEW LIFE

How the "Shadow" Caught Up With "Piney" Whaley.

UNEXPIATED CRIME FOUND HIM

Now Leaves Happy Home for Five Years' Term in Prison.

WIFE WILL AWAIT HIS RELEASE

Had Never Known He Was a Fugitive From the Law, but the Discovery Has Not Swerved the Woman to Whom He Chiefly Owes His Redemption-Seemingly Harsh That the Law Should Turn Apparently Good Citizen Into Convict.

N THE gray woof of Charles Whaley's existence Love spun a single radiant thread. The fact is futile now, for Charles Whaley, after two years of stolen happiness, is serving the first days of a five-year sentence in Sing Sing.

The burglary for which he is atoning was committed three years ago. Whaley, though arrested at the time, escaped, and in a new world, under a new name, tried to live down his past, He failed. Just as he was beginning to take hope the unexpiated crime found him.

He has a wife and two children. It was their love which held him while he hid from justice; it is their love he leaves behind. When he emerges from prison it will be waiting, for the discovery that her husband is an escaped criminal has not swerved the woman to whom he owes redemption.

Everyone knows the story of Jean Valjean, the fugitive-philanthropist of Victor Hugo's most famous novel. Charles Whaley is a Jean Valjean of common life. For the time being he has failed, but when release from prison gives him new opportunities to prove his reformation, there will be plenty of well-wishers to give him help.

It was in 1910 that Charles Whaley ran afoul of the law. With an accomplice named Richard Fitzsimmons he robbed a dry-goods store at Port Washington, L. I. Fitzsimmons was sentenced to one year in the county penitentiary; Whaley escaped while awaiting trial.

He was twenty-five years old at the time. The most of his life had been spent on Long Island and the waters about New York. He had been in trouble a good deal of the time, but he had never got into anything approach ing he was going after a drink of waing in gravity his situation when he found himself an escaped prisoner with the possibility of recapture and a heavy penitentiary sentence. For a time he worked as fireman on a harbor boat. During much of it he meditated. His chief conclusion was that his whole life had been a big mistake, and that if he ever intended to repair it the moment had come to begin. Just a year after his escape he started on the job.

he cannot put them all right in a some stolen overcoats. Surely the you hear thunder?" minute. In Greenport, L. I., there was great state of New York would not a girl who, two years before, had come | concern itself for long about such an the trascible father of the family could into Whaley's life for a brief period, insignificant occurrence. One man be heard downstairs, scolding every- It had not meant much to Whaley, but chap, raising his blue eyes after the to Greenport and marrying her. She turned over a new leaf, he was trying "Amen," "why do we have to have knew his real name, but in considera- to do the right thing. There would be it was considered advisable for him to settle there under a new one-Frank "It is all nonsense to talk about a Lawrence. He got a job on one of the everyday work and tried to forget the

It was not so difficult. He had escaped imprisonment for a year; perhaps he could do it indefinitely. He decided that the district attorney's office was satisfied with one victim; eat spaghetti-with a knife or a that it was willing, so far as he was

concerned, to let bygones be bygones. His work on the oyster boat paid him \$30 a month. Out of this he supported himself, his wife and a child. He had always been an unwise drinker; with the advent of new aspirations he gave this up. The love he had once severe than any others. But when a treated lightly came to be the most man is unable to eat even a light important thing in this new, strange, exalting career. He found his wife believed in him; that she watched his It is small wonder he likes to tell of every step toward regeneration with food which cleared away the troubles. the faith of an unfathomable love. He

> U NDER these influences the old ington; in fact, Whaley had once Poultry association recently held a threatened to lick him. Russell saw conference in Johannesburg and deprominent, and Frank Lawrence, the Whaley on the street. Whaley did not cided to prosecute inquiries into the new man, continued to grow. He had see him. That night the district at- working of the egg circles of Australia only one spectre-the gloomy knowl- torney's office in Mineola received a and the co-operative systems of Denedge of his ever-present danger. It telephone call. It was Russell. He was enough. Each time his schooner delivered the news. was mingled with his joy of home- Greenport. His schooner had put out adapted to South African requirecoming the fear that one of the wait- ten days before. It so happened, how- ments.

Perplexities of Japanese.

writing than that of English writers even my lady collaborator often gets



His wife believed in him. He never told her he was an escaped convict.

ing figures on the wharf might be that | ever, that there was another babycease to be Frank Lawrence, honest stayed. man, and again become "Piney" Whaley, the dishonored fugitive. There were times when it did not trouble him at all, but there were also times when it chilled him from head to foot. old fear had vanished altogether. The These occasions came usually when door opened. A man stepped in. It he was happiest, when, for the time was Ike Smith. being, the memory of his danger had been almost obliterated.

He would be seated in the front New York World. room of his home-a three-room cottage-which he had rented shortly after his marriage. Dinner would be over. His wife-the woman whose unwavering devotion had helped him most in his long struggle-would be sitting beside him. Over in one corner, Helen Marie, his daughter, would be arguing with an imaginary audience some highly portentous problem of babyhood. Everything would be a part of the new life, the happy and untroubled existence of Frank Lawrence. There would be a knock at the the same. He had been found. In a moment the door would open. A man would step in-probably Ike Smith, the constable from Port Washington.

He knew Ike. "Well, Piney," Ike would say, "I guess you'd better come along with me." Then—but Whaley never got me." Then—but Whaley never got naturally occurs in the commercial past that point. The door would open, revealing-no one except a neighbor. Whaley would wipe the sweat off his face, give a harsh, unnatural laugh, and excuse himself for a moment, sayter. When he found himself alone, he would fall into the nearest chair, shaking from head to foot.

The months passed, some swiftly, some with an awful deliberation, but all full of a peace and happiness such as Charles Whaley had never known before. The hope, long growing, that justice was no longer concerned with his existence became a conviction. There was no question about it. Charles Whaley was dead; Frank Lawrence could go unhindered on his T WAS a big one. When a man way to redemption. After all, it had A has spent nine years in piling up not been such a very important affair, varied and sundry misdemeanors only a matter of a broken pane and had served a year in jail; he himself it had meant a good deal to the girl. had spent two months there while Whaley started his new life by going awaiting trial. And, above all, he had tion of be remainder of the village, no object in sending him to the penitentiary. He was safe.

Lawrence. He got a job on one of the Sound oyster boats; turned into steady.

I N his reasoning there was one thing Whaley forgot: He had escaped. If he had never been caught in the first place all his conclusions might have been justified. The authorities do not search overlong for petty offenders. But Charles Whaley had escaped. The law had held him in its hands, and he had slipped away. During all his fancied security the search had been going on, quietly, systematically, relentlessly. The Nassau county authorities had traced him through a dozen steps of his regeneration; then they had lost the scent. It had remained hidden for a year and a half. A rumor had come that he was working as an oysterman. The authorities had again taken up the trail. They had inquired in every town along the coast. They had not found him, but they were wide awake. They were still search-

One day there came through Greenport a peddler named William Russell. He had known Whaley in Port Wash-

Whaley had no business being in

come next. Therefore, even when | much." I said "Amen!" in my des-

of an officer of the law. On shipboard Lillian Frances, this time-a baby just he was safe, but from the moment he two weeks old and exceedingly in need landed until his departure there was of attention. It was one of those octhe haunting possibility that his crime casions on which a husband is really would find him out, that he would needed in his home. Whaley had He was sitting in the front room

There was a knock at the door. 'Come in," said Whaley, cheerily, for, under the spell of recent events the

"Well, Piney," he said, "I guess you'd better come along with me."

Great Value of Aluminum.

The conductivity of aluminum is about 60 per cent. of that of annealed copper. Accordingly, an aluminum conductor must be considerably larger in cross sectional area than a copper conductor if the two are to carry the same amount of current. Aluminum wire is always coated with a thin oxide which serves as an insulator. This insulation is enough, according to some European manufacturers, to permit of using bare aluminum wire in door. It might be a neighbor, it the coils of magnets. As the oxide might be the wind, it might be any- film is of inappreciable thickness, a thing, but, to the man, it was always coil of the wire thus constructed would be no bulkier, if as bulky, as a coll wound with insulated copper wire. H. F. Stratton, writing on this subject in the Electrical World states that he has been unable to secure sufproduct. In order to increase this oxide, some European manufacturers wet the coil and then heat it.

Not a Thunder Expert.

The masterful manner in which some-people evade an issue was mentioned at a recent dinner when this one was recalled by Rear Admiral Philip Andrews:

"In New Orleans one night." the Admiral said, "there was a man on the stage who offered to answer by mental arithmetic any question that might be asked by the audience.

"Just so long as the questioner remained in the expected channel the sailing was easy, but finally one man got beyond the bearings

"If you please, sir," said the man, rising from his seat, "how far off can "I can't tell you, sir," was the prompt response of the wonder on

the stage. "You can't tell me?" responded the man. "Why I thought-" "Not about thunder," replied the

stage party, doing a quick piece of dodging. "You see, I am a lightning calculator."-Washington Post.

Save Steps and Strength. There is great and continued waste of human energy through the making of false and unnecessary motions. The founder of a household experiment station has a favorite Illustration of the average woman's waste of steps in the making of a cup of tea. He observed one cook, in a large kitchen, first cross the room to a distant pantry to get her tea caddy, then go to the shelf over the stove to get her teapot, cross the room again to get a strainer from the table drawer. The spoon for measuring she sought in a dresser which was located in another corner, and the cup which gauged the quantity of water was carried from the dining-room china closet.

This seems an extreme example, but at is repeated in greater or less degree in every home every day.

Want More Eggs Produced. The production of eggs is attracting considerable attention among farmers of South Africa. The South African mark and Russia, and thereafter to formulate a scheme embodying the best features of each organization

I have a handicap with the printers. they made a mistake themselves, they peration. Yoshio Markino, in the At-They make my "to" into "so" and "is" | might think it was my mistake, and lantic. His Downfall From Quadruplets.

When Samuel Rawlings, a baker, for-One of the staff of my publishers told into the same "muddle" with the print- ty-one years old, was sentenced to six me that it could not be helped. Be- ers when she corrects the proofs of months' hard labor as an incorrigible cause when the English writers write my manuscripts, and once I touched rogue, it was stated that his downbooks, the printers know they should the proofs myself after she passed ward career seemed to have begun be correct English, therefore the print- them. My publishers were furious, a few years ago when his wife gave ers arrange the "types" with their and said to me, "Whatever for have birth to four children. He had since sense. But when they print my writ- you made such a mess of the proofs? been prosecuted repeatedly for illing they don't know what words will The printers were grumbling very treating her.-London Mail

Be Clothed in Flowing Garments



C HICAGO.—The enthusiasm of a few score husbands for the pro-Future association exploded with a gram. loud bang the other day, when the husbands discovered what a "fete champetre" was. As a result, the big event, scheduled for June 20 in the First Regiment armory, has been called off.

Mrs. Fred L. Rossbach, founder and president of the association, which aims to aid women released from the house of correction, and the other directors spent weeks on arrangements and found their husbands eager in their promises of assistance. But at the directors' meeting at the Hotel La Salle one of the women rose and told a sad story.

It appears that her husband, who is not built along the lines of a gazelle, thought finally to ask what was going on. He was told the peculiar feature of the fete would be the costumes. All men and women were to wear the flowing draperies of the ancient Greeks

band. "Me impersonate Apollo? No. ally.

you don't, woman. I don't mind the new future, but I'm dinged if I'll dress like a shepherd in a Greek pasture. Not-on-your-life. I'm still strong for your cause, but I don't like that effect. I'll give thousands for the new future, but not one cent for any such insult to my unfortunate physique as that."

And then it developed that there were other fat husbands and several thin ones who had also asserted the independence of their sex and refused posed "fete champetre" of the New to have anything to do with the pro-

In spite of the extensive arrangements already made there was nothing for the women to do except to drop the plan.

"We were anxious enough to appear in costume," said Mrs. Rossbach regretfully after the meeting, "but the husbands just wouldn't do it. They said in no uncertain tone they would rather pay any amount into our treasury than appear in flowing robes. We'll give them a chance."

There were other objections, among them that two professionals the association had engaged to conduct the affair were to receive part of the profits. This is contrary to the rules regarding support by the Association of Commerce.

And so there will be no "fete champetre." A meek substitute is being arranged, in the form of a card party, to which the balky husbands will "Me!" shouted the startled hus probably be made to contribute liber

Humans Are Made Crabs by Side-Seated Cars

CLEVELAND, O. - Thin, anaemic men who are unable to do a day's work, and frail little women attain a record for muscular exertion which could not be surpassed by the strongest athlete every time that they ride in a side-seated street car, according to computations made by Councilman E. M. Bieder. They are compelled to push against a force of probably half a ton every time they make a trip upon one of these cars, he declares.

Councilman Bleder has been making an investigation of the subject, with a view to legislating out of exwise. He doubts, though, that the extreme. council has the authority to pass the legislation, and he may take the mat- miles an hour is brought to a stop ter up with the board of health as a the checked velocity is equal to a health regulation.

move sidewise with any degree of when a car traveling at an ordinary ease," said Mr. Bieder the other day. rate of speed comes to a stop it is "His muscles are not formed for that equal to every passenger being pushed mode of advance. Let aryone who is from his balance by a ten-pound in doubt on this subject try to ran weight. sideways for a hundred yards at a fair rate of speed.

forward as the car is checked. To ing."



sway the body backward or forward from the hips entails practically no fatigue, for almost every movement of the body is accompanied by this, istence cars with seats running length- but to sway sideways is tiring in the

"When a street car traveling ten pressure of ten pounds upon the area "Man is not a crab and cannot of the surface of every passenger, or

"If every passenger of a side-seated car counts the number of times the "The forward movement of a street | car stops before he reaches home, and car, with its sudden stoppage and multiplies it by ten he will discover jerks, is a constant strain, and mus- that he has pushed against the force cles which are not adapted to it are of probably half a ton, and if he compelled to take up the burden of makes the trip twice a day he will fiolding the body more or less rigid have a record for muscular exertion against the force which sways one which will enable him to realize why rearward as the car advances and his trip home at night is so fatigu-

Conductor Finds \$5,000; Gets 50 Cents Reward



B ALTIMORE, Md.—Fifty cents was the reward given to a conductor of the local street railway company for the recovery of a package containing \$550 in cash and \$4,000 in certifled checks.

When Andrew Anderson, a conductor on the Ellicott City line, found a and found that it contained just what carefully wrapped package lying on the stranger had stated. The man one of the seats of his car when nearing the barn he had no idea that in the parcel there was so much money and negotiable checks.

"Here's a package I found on the nison, he tossed the dispatcher 56 car," he shouted, as he tossed the cents, and said: "Give that to the package to the dispatcher. "Someone probably will claim it." Someone did claim it. Just thirty

minutes later a man rushed into the his car to the barn. The dispatcher car barn and excitedly asked if a summoned him and told him what the package had been found on one of the package had contained, and that it

"What sort of a package? De reward. scribe it," said the dispatcher. "Well, it was wrapped in paper and | "Thank you for the reward."

about this long," said the much-perturbed inquirer, as he used his hands to describe the size and width of the

"Is this the package," asked the dispatcher, as he displayed the one that Anderson had found. "Yes-that's it. I'm so glad it was

found," replied the visitor as he reached for it. "Well, you will have to tell me

what it contains in order that I can be certain that it belongs to you, replied the dispatcher.

"It had \$5,000 in it-I mean \$550 in cash and the balance in checks," said the visitor.

The dispatcher opened the package then said that he was W. B. Denison and that he lived in West Lafayette avenue.

conductor for his honesty." Dennison then left. An hour later Anderson returned on

As the package was handed to Den-

had been claimed, and gave him the "By Jove," shouted the conductor.

Turns in Fire Alarm and Races Cop on Wheel

DETROIT, MICH.—Francis Sheahan, four-year-old son of Col. P. J. Sheahan, attorney, merely wanted to see the engines dash up the street when he turned in a false alarm the other afternoon from Second avenue and High street.

Pedaling up the street on his velocipede, Francis came to a halt in front of a red-painted post surmounted by a small box of the same bright hue. The box presented possibilities to his young mind and he set about devising ways and means for calling the fire department to the acene. He could not reach the glass. Obtaining a small stick, he smote the pane and shattered it.

This done, he mounted to the saddle | ings. of his velocipede and hooked his forefinger in the iron ring. The rest happened automatically. The wheels of the velocipede started in motion and Francis' whole weight was thrown on the chain attached to the alarm

Frightened at what he had done, Francis again mounted his trusty iron pened before the interview concluded. steed and started to run for it, go but it is said the family slipper was ing down the street as fast as his used in the traditional manner.



little legs could work the pedals. He had not gone half a block, however. before the fire engines, a motorcycle patrolman and the motor car patrol rushed into the street with a roar. and he was pointed out as the culprit by a crowd of boys which had collected and witnessed the proceed-

Francis' puny efforts to put a distance between himself and the scene of his little escapade were as naught compared to the power of gasoline in a motorcycle. He was quickly captured and taken home to his father.

History does not relate what hap-

KANSAS WOMAN WHO SUFFERED

From Headache, Backache, Dizziness and Nervousness, Restored to Health by Lydia E. Pinkham's Vegetable Compound.

Lawrence, Kans.—"A year ago I was suffering from a number of allments. I always had pain and



was irregular. Dur-ing the delay I suf-fered a great deal with headache, backache, dizziness, feverish spells, nervousness and bloating. I had been married nearly three years. I took Lydia E. Pinkham's Vegetable Compound and now

I feel better than I have for years. I recommend Lydia E. Pinkham's Vegetable Compound to all who suffer as I did."—Mrs. M. ZEUNER, 1045 New Jersey Street, Lawrence, Kansas,

Montana Woman's Case. Burns, Mont. - "Lydia E. Pinkham"s Vegetable Compound cured me of awful backache which I had suffered with for months. I was so weak I could hardly do my work and my head and eyes ached all the time. Your Compound helped me in many ways and is a great strengthener. I always recommend it to my friends and tell them what a grand medicine it is for women. You may use my

JOHN FRANCIS, Burns, Montana. The makers of Lydia E. Pinkham's Vegetable Compound have thousands of such letters as those above—they tell the truth, else they could not have been obtained for love or money. This medicine is no stranger — it has stood the test for years.

name for the good of others."-Mrs.



Abner's Preparation.

Abner, who worked for the summer residents, told Mr. Burns one morning that he was soon to be married. "Well, really, Abner," said Mr. Burns, "I'm glad to hear it! I suppose you've made all the preparations and got your wedding finery ready?"

Abner did not balk at the question, but he grinned sheepishly. "Yep," he replied, "maw, she bound my Sunday coat and put a new collar on't, and I've had my shoes tapped."-Judge.

At the Army Maneuvers. Medical Officer-What did you do

first of all? Ambulance Man-Gave im some brandy, sir. Medical Officer-Quite right: but

what would you have done if you hadn't any brand? Ambulance Man (promptly) -- Promsed 'im some .- Punch.

Mrs. Winslow's Soothing Syrup for Children teething, softens the gums, reduces inflamms tion, allays pain, cures wind colle,25c a bottle.

Love at first sight is apt to fade on its initial trip to the wash.

The less a man knows of women's ways the more serene is his mind.

What Ails You?

An invitation is extended by Doctor Pierce to every sick and alling man or woman to consult the Faculty of the invalids' Hotel at Buffalo, N. X. by Jetter. Write your symptoms fully and frankly, and every latter will be carefully considered, fully Dr. Pierce's Golden Medical Discovery makes for rich, puse blood and thus in vigorates the system. For a torpid live

Don't Persecute



SMALL PILL, SMALL DOSE, SMALL PRICE. Genuine must bear Signature

RICE BROTHERS

SIOUX GITY, Ohioago or Kan

PATENTS Ington, D.C. Rooky Lyes, High