that people die too young. Human idea from? S. J. Adair Fitz Gerald, life should be prolonged, and it can be writing in T. P.'s Weekly, offers an by higher education on matters of hygiene. The average expectation of life in the United States is only about 44 years. It should be much higher, and probably will be hereafter, for people are learning more and moreconcerning the prevention of disease. As a matter of fact, the most valuable study in our schools is hygiene, says Yggdrasil's branches bear gifts for men to take." the Boston Globe. If the young folks are taught the value of food and moderate exercise they will grow up strong and possess a knowledge of how to take care of their bodies. There is too much ignorance among young and old concerning the proper care of the health. How few there are who know even how to eat; that is, to consume only those things which will create a sufficient supply of vitality with which to ward off disease. The sooner more attention is paid in all our institutions of learning to hygione and kindred topics the better if will be for the students. None but the strong and healthy can enjoy life or engage successfully in its battles.

ing our own opinions is past. Today, if we possess any view at all, it is not usual to express them. This is a polite, a non-controversial age, one in which one fears to confess to strong feelings. To hold one's own opinion is to risk being called opinionated, and the world of today would avoid that at all costs, says the London Mirror. Our conversation has degenerated into a state of non-committal phraseology, and a superficial amiability is the right note to strike. Amiable we must be, the world demands it; argument is the worst of form. There was a time when two subjects only-politics and religionwere held taboo; today all subjects that may lead to dissension are to be avoided.

In 1908 Great Britain imported 348 American automobiles. See how the figures have expanded: 1909, 427; 1910, 11.101; 1911, 3,734. In the first six months of the present year the number of American automobiles purchased in Great Britain was 3,327. The total value of these machines was \$481,000 in 1908 and \$2,961,000 in 1911. The machines shipped to Great Britain from this country in the first half of the current year were worth \$2,792,-000. It is evident that American manufacturers can make serviceable automobiles, and make them cheaply.

Beyond reasonable duration, applause is an uncivilized nuisance. Public meetings are making it wear that character, says the Brooklyn Eagle: Manufactured applause is becoming s contest of "stunts." "Stunts" such as have been resorted to are simply barbarous. Public opinion should stop them and candidates should resent them. They made no votes. They are a hindrance to good manners and an offense to good taste.

Every automobile of Servia and Bulgaria was appropriated by the goverament at the outbreak of the war. Talk about the deprivations of the battlefield! They're not in it with the deprivations of the home!

A California man has just been given a judgment of \$100,000 against a man who alienated the affections of his wife. Now it only remains for him to collect the judgment and marry

A Nebraska judge had an operation performed to save him from blood poisoning, due to the fact that a rat nibbled his ear while he slept. The sleepiness of the judiciary has been a standing joke for years, but this establishes a record.

A Chicago woman who is suing for divorce alleges that for four years she shaved her husband and cut his hair. It would seem as if he would be the one to want a divorce.

ORIGINas Ger CHRISTIMAS TREE



Christmas tree? Whence does it come? It is a curious fact that most of the old chroniclers have thrown a veil of mystery around the Christmas tree and make no attempt to explain its origin. It has been stated that the tree came to us

from Egypt. they used a slip of the palm tree with twelve shoots on it at certain winter festivities. The tree symbolized the year with its twelve months.

Consequently, any one who is equal to the effort may believe that sents that twelve-shooted slip of Christmas tree back to Germany only, where they had Christmas trees long before they were ever heard of in this country or England or France.

The Christmas tree was not inmany until after the marriage of Queen Victoria to her German consort, Prince Albert. But where did Dr. Wiley is right in his contention | the Germans get the Christmas tree explanation of this by saying that far away back in the ages you find Teutons believing in a mystic ash tree, Yggdrasil, which, with its roots and branches, united the world of the living and the world of the dead. "At the foot of Yggdrasil sit the three Norns, who determine the destinies of men, and

Is that our Christmas tree? Anyhow, the idea that Prince Albert introduced it into Great Britain is very prevalent. One of the prettiest and most eagerly looked for events of the Chriscmastide-that of the setting up of the Christman tree-is associated with the late Empress Frederick of Germany. Queen Victoria, after the birth of the princess royal, had Christmas celebrated at Windsor in 1840, and "on that occasion Prince Albert introduced the pretty German custom of decorating a Christmas tree. Since that period it has become a welcome custom for both rich and poor, and affords a graceful means of distributing little presents. It was probably first imported into Germany with the conquering legions of Drusus, and is alluded to by Virgii in the "Georgies."

It will be seen by this that the generally accepted notion is that Prince Albert was responsible for the British adoption of the pleasing tree and all that it means, symbolical and practical, to the youngsters. But on the threshold of this acceptation we are met with this statement from the "Greville Memoirs," under date Dec. 27, 1829, when Queen Victoria was yet but ten years old. "On Christmas day the Princess Lieven got up a little fete, such as is customary

all over Germany. Three trees in great pots were put on a long table covered with linen; each tree was illuminated with three circular tiers of colored wax candles -blue, green, red and white. Before each was displayed a quantity of toys, gloves, handkerchiefs. workboxes. books and various articles, presents made to the owner of the tree." This princess was a Russian, and in her later days lived mostly in

Paris. Then again Prof. Ditchfield, in his "Old English Customs," says that the Christmas tree was first imported into England by some German merchants who lived at Manchester in the first years of the nineteenth

In 1900 a writer on folklore said: "Although we are accustomed to consider Germany the home of the Christmas tree, it has not been general there for more than a couple of centuries Old people are still living whose parents never saw one in Germany. The decoration of houses with olive leaves and green branches, as in England at Christmas, is a far more ancient custom. and can be noticed in Botticelli's picture of "The Adoration of the Shepherds," in the National Gallery in London. It is, as Fritz Ortwein observes, a distinct remnant of an ancient heathen custom. as at the turn of the year during the twelve days of the Jul festival in honor of Woden, greenery could be fetched by all from the woods without punishment, and every hall was decorated with green leaves and branches,

Again, in ole works on English customs we find many references to the decorating of the interior of the dwellings, as well as the plous adornment of the churches with greenery, and the introduction of a fir tree as symbolical of the palm. It, the halls of the barons and the squires and in the gigantic kitchens of the farmers a fly tree ever held prominent place. but whether ordinarily decorated or not is not specifically seconded. Here we are in doubt In all probability the remaining fruits of the orchards of the year were hung upon the branches as a propitiation to the gods of the

fruits of the earth to insure good harvests. Going abroad we get fuller knowledge of these things. The custom of carrying away branches and trees from the woods at Christmas time in various parts of Austria becarae so extensive on account of the superstitions of the peasantry that at Salaburg, in 1755, and at Nuremberg, in 1768, severy by-laws were issued against persons purioining from the forests. In some regions of Hungary a solemn procession with a decorated tree takes place through each village before the shepheld play begins. "It is adorned with ribbons and fruit, and is emprosed to symbolize the tree of knowledge. Although most of the



Christian customs adhered to by the Austrian-German peasant can be traced back to heathenish Germanen rites, some dispute the use of a tree at the Jul festivities; nevertheless, it is certain that in Sweden needle pines and firs were set up at this time before the houses." Teutzel Saxony, an antiquarian authority on these subjects, says: "The ancient heathen sat before their houses between two crossed pine trees and ate and drank at the turn of the year for nine-

The Christmas tree was introduced into Austria some eighty years ago by a Duchess of Wurtemberg and spread throughout Germany. About 1840 it is supposed to have taken fresh root in England, and became highly popular. Both Thackeray and Dickens seized held of the idea of happiness begot of Christmas gathorings and the Christmas tree, and Charles Dickens in 1850 used "The Christmas Tree" as a title for one of his annual stories.

Although Christmas was not celebrated in the first centuries of the Christian era, there are indications in the records of early Roman history of the setting up of a decorated tree at Christmas time and the presentation of gifts of fruit and toys. The Romans are supposed to have taken the idea from the early Egyptians.

Centuries old, the customs of Christmas observance have taken myriad forms in the various countries of the world. In many cases they perpetuate some ancient custom which long antedates the advent of Christianity. Such are the customs which have grown up around the mistletoe, worshiped by the ancient Druids of Britain as a sacred and magical plant. An old English writer, speaking of the Druids' celebration of the winter solstice, our Christmas, says:

"This was the most respectable festival of our Druids, called Yuletide; when the mistletoe, which they called all-heal, was carried in their hands and laid on their altars as an emblem of the salutiferous advent of Messiah. This mistletoe they cut off the trees with their upright hatchets of brass, called celts, put upon ends of their staffs, which they carried in their hands. Innumerable are these instruments found all over the British isles. The custom is still preserved, and lately at York on the eve of Christmas day they carry mistletoe to the high altar of the cathedral, and proclaim a public and universal liberty, pardon and freedom to all sorts of inferior and even wicked people, at the gates of the city, towards their four quarters of heaven."

The lore of the strange plant is prominently in evidence in the Voluspa and other Scandinavian Sagas. It was with a mistletoe branch-or an arrow prepared therefrom-that the blind and heavy-headed delty Hoder almer his deadly blow at Balder, the god of light or benevolent principle of northern mythology. The inspiration of the use of the mistletoe was, of course, due

to the opposing principle -of darkness or evil. The plant which furnished the deadly dart grew on the slope of Asgods or menamong pot-

gard, and was the sole agent known to sonous plants -which had

not given definite promise to Freya to prove harmless if used against the person of her son Balder. Thus Scandinavian mythical lore ac counts for the death of the latter. And accordingly, a traditional idea of the poisonous properties of the mistletoe is found to persist in remote regions of the north and west of Europe, even to the present day. In Great Britain (in the Forest of Dean) it has been used down to recent date as a popular remedy in the treatment of cardiac troubles. Like the strophanthus of African arrow poison fame, it proved a reliable

substitute for digitalis. Kissing under the mistletoe is all that now re-



mains of a once horrible Druid rite. The ceremonies which the mistletoe figured in among the ancient Druids always accorded it a place of honor. The myths that clung around it in their wondering, puzzling minds were many more than the few that have come to us in these later years. But, old as they are, those hoary, heathen mythe lack the true flavor of antiquity when it comes to measuring traditions by the centuries. Oh, we do not by any means owe

our mistletoe to the Druids. We can go back so much further for the first adventures of the mistletoe that the Druids become merely modern innovators. It was one of the noblest of the trees in Paradise, the lordly tree of good and evil; and on its twig hung the apple which Mother Eve plucked with such disastrous consequences. Alas for Mother Eve and Father Adam! And alas for us, their punished heirs-at-law divine! But alas, too, for the wicked, handsome, tempting tree of knowledge which put humanity in such graceless plight! Upon its lofty crown, its massive trunk, its delicious fruit, descended the universal curse. It shriveled away from the horrifled earth; it dwinwas cast out into the bitter cold; existing by the bounty of vulgar neighbors. Only in the pearly the most trivial of berries, did it preserve some semblance of its once radiant splendor.

And it has preserved some of its pristine virtues, too, in traditional Christian lore, as if it were still hedged about with a vestige of the glory that arrayed it in Paradise.

Time was, and time is now, when epilepsy is one of the scourges of mankind; only now we look for its cure, as we look for its cause, in quite natural means and conditions. The notion that some poor devil with the falling sickness has been cursed from on high is held scarcely compatible, in popular science, with the principles of eternal justice or with cold observation of cause and effect.

But in times that were, in Wales, when an epileptic developed the symptoms characteristic of the disorder, it was commonly believed that he was being scourged with the "rod of Christ," and that was the name by which the disease went, although it had another designation as well-St. Valentine's sickness. The cure for it was believed to lie in the Rod of Jesse. The use of the mistletoe as the Rod of Jesse in epilepsy was general and, if faith can work wonders, perhaps the miracle of cure did sometimes attend

Perhaps it didn't, if hard-headed science choose to take a shy at that gracious addition to the list of miracle-working agents. But whether it did or didn't the mistletoe's rare birth and

fruition still carry with them the tenderest of Christian faiths, as they carry, too, the story of humanity's most farreaching disaster. It is one of the Christmas greens which has the warrant of religious associations dating back to the very beginnings of man's creation, even as it is accorded the sublime honor of typifying the ancestral origins of the Redeemer of Man himself.

But what about the mistle-

Hm! To tell the truth, if we want to be cousistently Christian in our Christmas greens and the purposes to which they should be put, there isn't anything about it, at least of any records which such careful investigators as Alfred E. P. Raymond Dowling have dug up while studying the general subject. None will deny that the most consistent Christians have taken to the mistletoe kiss with abundant enthusiasm and a faith in its excellent results that has never been surpassed. But that doesn't make the mistletoe kiss any more Christian than it ever was.

Isn't the excellent story of fooliah Mother Eve and the original mistletoe apple enough for any reasonable Christmas decorator who wants to justify its employment? And if it isn't, haven't we the legend of the Rod of Jesse to make it distinctly one of the Christmas greens? As for the kisses that are supposed to go with it-well,

if you insist on knowing about them, you'll simply have to take the consequences, same as Eve did when she insisted on tasting of

that confounded tree-of knowledge. The mistletce kiss seems not to be Chris tian at all-Druidical, probably, and therefore heathenish, and therefore very, very wrong. So, all young men who encounter it, artfully suspended where a pair of ripe, red lips must pass, do you piously refrain or, more piously, tear down the hoary old temptation and flee the accursed roof, as if it were the house of Arria Marcella and you were not Gautier's young Frenchman. And you, maidens, give

leave to no pagan rites; remember the fate of your poor Grandmother Eve and beware lest the fruit of the mistletoe, accursed tree of knowledge, prove now more bitter in the mouth than it did in Eden. But if you have ivy, wreathe it generously, for

the French know it as the herb of St. John, the disciple whom the Savior loved, the emblem of pure friendship, the vine that heeds not decay and death of its beloved, but clings ever more closely as the fall impends and bears up its falling ally against all adversity. Learned students of these legends have surmised, too, that it may be the herb of St. John the Baptist, who is usual ly pictured as the boy in his camel's-hair coat, gazing at his cousin, the infant Jesus.



to spoil it.

ent Dowager Queen Margherita was at her, too overcome to speak. Aft- their harms.-Shakespeare.

The winning grace and youthful dig- ; the lovely young bride of the crown nity with which children often fulfill prince, a little anecdote of her retheir part on occasions of civic, state | ception in one of the hill towns was or royal pageantry is one of the most | current alike in society and in the charming features of such occasions. press. The little boy who was to pre-Sometimes, indeed, the little folk do sent the usual bouquet was the son not behave exactly as they are ex- of a distinguished literary man, and pected to do; but they are as likely he had been taught a pretty poem to improve on the original program as of a few lines, in graceful praise of the princess. But when the moment In Italy in the days when the pres- came to recite, he stood mutely gazing loss, but cheerily seek how to redress

er a moment, in order to relieve the situation, the princess smiled, and held out her hand for the flowers. The then, to the delight of the assembly, explained, confidentially, as he gave

the flowers to her. "There were verses, but you are so beautiful I can't remember them." Youth's Companion.

Wise men ne'er sit and wall their

Lucky.

"Thousands of years ago men shaw ed themselves with sharks' teeth or little fellow held back for a moment, with pieces of flint," said the young man who had been reading the "Notes of Science."

"How lucky," replied the fair maid-

"Lucky? Why so?" "I mean how lucky it is they have got to making razors in Germany. Otherwise the poor men would still have to shave with sharks' teeth and pieces of flint, wouldn't they?"



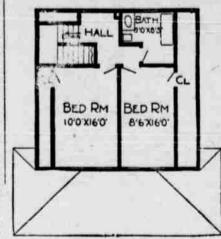
Mr. William A. Radford will answer questions and give advice FREE OF COST on all subjects pertaining to the subject of building, for the readers of this paper. On account of his wide experience as Editor, Author and Manufacturer, he is, without doubt, the highest authority on all these subjects. Address all inquiries to William A. Radford, No. 178 West Jackson boulevard, Chicago, Ill., and only enclose two-cent stamp for reply.

There is no question about it that the best investment the average man can make is to buy a home of his own. "Put your rent money into a home of your own" has been good advice which the real estate men have been giving for years. It has been maintained that this is the simplest and easiest method of making a real saving, and it does seem that for the man who is paying out \$25, \$30, or \$35 ev ery month for rent no saving could be more easily accomplished.

Resident property is considered such good security that it is very seldom that any difficulty is encountered in arranging for the financial end of a home building proposition. In almost every locality, especially in the suburbs adjacent to our large cities. there are real estate operators who will build exactly as the home buyer desires, according to his plans. Possession of the property is secured by dled to the meanest smallness; it a comparatively small amount down and a monthly payment thereafter no it became a parasite and beggar, larger than would be paid out as rent for the same house.

The only difference between renttranslucence of its shrunken fruit, ing and buying, according to this story and a half cottage, which ought dle of old rent receipts to show for gether. Although small and simple in

of saving money through home building, for, at the end of twenty or twenty-five years, a really fine property has been acquired. Each one of the series of homes has been adequate to the needs of the family at that time



Second Floor Plan.

and all the way through no extra saying was needed in addition to the ordinary monthly rent.

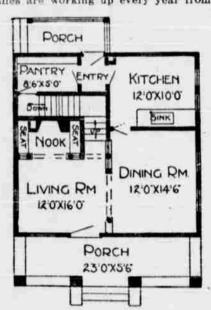
The design shown herewith is very suitable for the house to begin a series of home building, such as has been mentioned. This is a five-room plan, is that after seven or eight to appeal to any two young people years the man has in one case a bun- just starting out in life's highway to-



his money and in the other case a | design it has that cozy, home-like all deed to the property.

the natural advance in its value will counter-balance its depreciation.

By means of this method of home buying an astonishing number of fam-



the renting to the home owning class. methods, starting in with a small, in- possible. The cost of this building. expensive cottage, and as the needs not including the heating plant nor

First Floor Plan.

which is most desirable. It is plenty If the building is properly located in large enough for two people, with a guest

A house of this kind always commands a ready sale and never stands vacant if offered for rent. Even where there are a number of large houses ilies are working up every year from standing vacant it is very seldom that a desirable five or six-room house can he found.

This house is twenty-five feet six inches wide by twenty-six feet. It is covered on the outside with narrow siding put on over tar building paper and seven-eighths inch rough sheating. The interior is finished in birch down stairs and yellow pine upstairs. The living and dining room floors are best quality red oak, maple flooring being used for the kitchen, pantry, back entry and bath room. For the remainder of the second floor yellow pine

flooring is used. For a house of this size a surprising amount of room is secured downstairs by the arrangement of living room and dining room opening together with a columned archway. The fireplace nook is a cozy feature that will be appreciated in a house of this kind. There should be a cemented basement, or cellar, under the entire house, and a warm air heating plant is to be recommended. A square, compact house of this kind is very easily heated by means of a warm air great many have purchased two furnace which should be placed as three different homes by these near the center of the basement as of the family grew larger have sold lighting, is estimated at \$1,700.

DOESN'T KNOW HER WEALTH

Mrs. Hetty Green Would Have to "Take Stock" to Determine Her Millions.

"How much are you worth now?" Mrs. Hetty Green was asked on her birthday.

"I haven't the least idea." She said it very frankly. She left little doubt as to the truth of her statement. "Can it be \$10,000,000, \$27,000,000 or

\$190,000,000?" "I am an old Quaker, and when say I don't know what I am worth I ! mean that. You see, if I sell a piece of property in Chicago for \$300,000 I keep the money on deposit in the banks there. If I sell bonds in St. Louis for \$500,000 I keep the money with the bankers there. In that way the banks help me to dispose of what

I don't want." "Is there no way in which you can arrive at an approximate value of our wealth?"

"Yes; I could take stock of what I have.

"Will you do that, or do you intend doing so?"

"I had not intended doing so, but if ou want me to, I will." Mrs. Green's old straw hat, covered . ith black silk lace, which she has worn many years, tottered back and forth on her head as she called for her son. When Colonel Green arrived she said: "Eddie, this gentleman wants to know how much I am worth. I guess we better take stock." "Eddie" whispered with his "mom," and then Mrs. Green said: "We will take stock of everything we own on January 1... Not until then will we know just what we possess."

Bridge and Dables. "Women must give up either bridge or babies; the two are incompatible." declares John Drew, who is in Pitts-

burg this week. "A woman cannot devote herself to bridge playing and at the same time perform her-well, her maternal duties," says Drew. "Bridge certainly is a cause of race saicide. And it has become so serious that it can't he ignored any longer. In England the bridge craze has become so violent, they tell me, it is actually hurting the business of the theaters. There are many people who would rather play bridge than eat.

"So it takes no great stretch of the magination to think of women preferring bridge to babies. For you yow bables take time and attention and a woman cannot devote her time to bridge playing and still perform her raternal duties."-John Drew in New Yerk Sun.

Victor Hugo a Suffragist.

"And woman, what will you do with

*Leave her where she is-the servant of man."

"Yes, one one condition." "What?"

'That man shall be the servant of veman. "Can you think of it? Man a serv-

ant? Never! Man is master. I admft only one royalty-that of the fireside. Man in his house is king." "Yes, on one condition." "What?"

"That woman shall be queen there." "That is to say, you wish for man

and woman-"Equality."-From "The Ninety-

Three," by Victor Hugo.