

One of the most essential items in

the care of a patient is proper prep-

aration and care of the bed. One of

is her ability in this line, and yet how

comfort?

over it.

Seekers Walted for the Virgin Bay Boat That Had Gone Over a Dam.

Recently, through the kindness of Dudley Jones, of Little Rock, Arkansas, a surviving argonaut, I was able to give his vivid description of the short-cut road which Commodore Vanderbiit build in Nicaragua for the transportation of the early California old seekers across that country, and of the conditions of travel on that 13-mile stretch of country lying between Virgin Bay, on Lake Nicaragua, and the port of San Juan del Sur, on the Pacific Ocean.

That road to Eldorado Mr. Jones became intimately acquainted with when, in company with 75 homeward bound gold seekers, he tramped it from San Juan del Sur to Virgin Bay, because he and his companions had of the deck overhead. sailed from San Francisco, not on a Vanderbilt steamer, but on a tramp sailing vessel, and, hence, they had no saw the missing lake steamer lying. claim on the Vanderbilt company.

"As we came in sight of the lake," not at the wharf above the dam. where she usually ended her journey. said Mr. Jones, "we saw the Vanderbut at the wharf that Vanderbilt had bilt lake steamer, which we had built below the dam, and from which boped to catch, out in the lake-just starting, with its decks black with people, on the trip across the lake and down the first half of the San Juan river to Castillo, where it connected with the light-draught river boats that plied between Castillo and the seaport of Greytown, where Vanderbilt's Atlantic steamers touched. We were left at Virgin Bay, which consisted of three or four bamboo buts and the Vanderbilt 'company bouse,' so-called. That was a large warehouse made by setting poles in the ground, with other poles for rafters, and over and around these poles blue muslin cloth was stretched. It was a cheap thing, but it answered the purpose of a dry place for travelers to spread their blankets when they were forced to stop in Virgin Bay overnight. Black native dirt made the floor, and the spreading of

one's blanket upon it constituted sovereignty, and was so recognized. "Having secured lodging in the 'company house,' we started out to N. Y. find something to eat, and shortly made the discovery that Virgin Bay was almost deserted by natives, and bereft of food, except when the Vanderbilt lake boats touched there. which was twice a month. There was

furnish us 75 'tramps' with a square

How Seventy-Five "Tramp" Gold us, in such skiffs as we could find, started up the lake foraging. The best we could do was to collect a bananas-the staples of the country. "For four days we fasted and

scant supply of beans, plantains and ing for the dam were drowned, the belts weighing them down. prayed for the return of the lake boat; the trip to Castillo and return could easily be made in 24 hours, and

not even the Vanderbilt agent could imagine what was detaining the steamer. On the fourth day the agent secured a schooner from some old don up the lake, and just as the sun went down the last of us crawled into its Greytown. He hailed our captain, hold, and with a good breeze we went racing down the lake. The boat was about 50 feet long and 8 or 9 feet passed on. wide-just wide enough for us to back

against the sides and for our feet to touch on the gunwale. The stone ballast was under the board seats on which we sat, and a person six feet high could not sit straight on account "We made a good night's run to Castillo, and to our surprise next day

much of them in early childhood."

point he carried his passengers to Greytown in the small river boats. The deacon's wife wanted to jot The passengers the lake steamer had down the text, and, leaning over to her scapegrace nephew, she whisbrought down were also at the lower wharf-that is, most of them were. pered: "Have you a card about you?" "You can't play in chapel," was his The others-I never knew how many -had been drowned three or four solemn, reproving answer. And the good woman was so flus-

# **GOVERNOR AND ASPIRING CLERK**

Young Man the Chance to Obtain an Education as a

Physician. In his second term as governor of

of the industry and the honorable ambition of a young man whose home was in a village not far from Elmira,

"The boy is very anxious to become a doctor," Governor Hill was told. "He is studious, but he makes a bare living as a clerk in a little drug store. He is almost in despair because he does not enough food in the whole place to not see how he will be able to save money enough to prepare for and pay meal. The next day, finding that his expenses at a medical school."

board while she was doing so were landed safely at the lower wharf. But many of those who jumped overboard in panic while the steamer was headgold dust strapped around them in "At Castillo we 75 'tramps' became

'regulars,' securing passage in the Vanderbilt river boats as far as Grey town. On our way down the river we and for economy. . Unless the patient met none other than the redoubtable Commodore Vanderbilt himself on the new lake boat he had towed from New York, as we learned when we reached talking for a few minutes about the the corners. The upper sheet and condition of the river, etc., and then "That was the first and only time

ever saw Commodore Vanderblit," continued Mr. Jones, "and it has often seemed strange to me that I should have met both Commodore Vanderbilt and Commodore Aspinwall, who established the Panama route for gold seek ers, but once, and that once in their own spheres of action thousands of miles from where I had heard so

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No Place for Such Things.

## securely tucked in at the sides. days before when, as the steamer was about to make fast to her wharf, a tered that she forgot all about the The changing of the linen should be strong current seized her and carried text.

How David Bennett Hill Gave Earnest plied. "He is, as you say, industrious, his habits are always good, and if he has an ambition to become a doctor. the way shall be found by which he will be able to take the necessary course at some medical school. I will

see what can be dont." Soon after this Governor Hill was visiting Elmira, and, as though casually, visited the drug store. He greeted the young clerk very cordially. He asked him how he was getting along,

and whether it was his purpose simply to become a druggist. "Oh, no, Governor Hill, I don't want to be a druggist. I am clerking in this

drug store simply to earn my living. I am trying to save money." "That is a very good habit to get. Are you saving for any special pur-

boy I made up my mind that I would

the nurse. She then tucks the folded sheets close up to him, smoothing the clean sheet carefully. She then turns the patient over onto his other side. the first requirements of a good nurse In so doing he passes the folded sheets, so that they are now at his peldom do we find anyone except a back and he is lying on the clean trained nurse who understands the sheet. The solled sheet can now be

matter so essential to the patient's removed and the other half of the clean one smoothed out and the sides First, the mattress must be protectand ends tucked in. The upper sheet ed, both for the sake of cleanliness and blanket are then replaced as before. In changing the upper sheet has involuntary urinations or bowel the clean one is spread over the top movements, a soft pad will be suf- of the bed and held in place while the ficient. Over this the lower sheet soiled sheet and other clothing are reshould be drawn smoothly and pinned moved. In this way we avoid expoto the under side of the mattress at sing and chilling the patient.

When the patient cannot be turned blanket come next. These should be on his side the sheet must be changed well tucked in at the foot of the bed, from top to bottom. The soiled sheet but not so tightly as to be uncombeing loosened at the top and pushed fortable for the patient. The upper well down under the pillow, the clean edge of the blanket must be protected sheet is then started at the top and by turning the end of the sheet back pushed down under the pillow also. In changing the sheet in this manner When the patient is very ill, or if two persons are required, one standthe nature of the illness is such that" ing at each side of the bed and workthe lower sheet becomes soiled, a ing the sheets down slowly and caredraw sheet should be used. After the | fully.

lower sheet has been fastened in In making a bed care must be taken place, a sheet of rubber cloth, about that a seam of the sheet does not a yard square, is placed across the come under the patient's back. Sevmiddle of the bed, allowing the upper eral times a day the under sheet must edge to meet the pillow. This is be smoothed free from wrinkles. All pinned in place by one safety pin at bed linen should be thoroughly each corner. Over this is placed a warmed and aired before commencing sheet that has been folded crosswise. the making of the bed, and everything The hems should come at the bottom should be placed in a convenient so as not to form a ridge under the place so there will be no delay during patient's back. The sheet should be the process.

In cases of fractured limbs one nerson must gently lift the injured limb managed with as little fatigue and dis- while another changes the sheet uncomfort to the patient as possible. der it. In these cases a wide board This can be done easily by one per-(table leaf or ironing board) should son, unless the patient is very ill or be placed across the bed under the helpless. Only the upper sheet or mattress to prevent it from sagging. blanket is left over the patient; the Water beds and air beds are used lower sheet is then loosened at top, in cases of prolonged illness to prebottom and sides; one side is then vent bed-sores. The old-fashioned feather bed has

folded along its entire length, lengthwise as flatly as possible close up to no place in a sick room. Where one the patient. The fresh sheet should is in use the nurse must use a great then be folded lengthwise, alternately deal of ingenuity to be able to dis backward and forward, for half its pense with it, for in this age anyone width, and placed on the side of the who uses a feather bed is liable to bed from which the soiled one has be very "set" in her ways. been removed. The nurse then goes | (Copyright, 1910, by W. G. Chapman.)



May Be Set for Any Hour Desired-How Connected.

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bour.

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Electrical Time Signal.

to J. I. Johnston of Graham, Mo., says

Scientific American. The signal-

ing apparatus consists of a signal bell

rial, while the other is connected to

a segment in the aforesaid disk. The

disk is mounted on the cannon of the

workers and patrons is therefore brought to the attention of employers An alarm signaling device, which and architects with the construction may be applied to a clock already in of every new building. The system use or be built into a clock as origwhich stands in highest favor just inally constructed, forms the subject now is the "concealed light" method, matter of a patent recently granted because it saves both light and eyes. It does away with all direct rays and

makes a giare impossible. With the source of light hidden much less power is needed to light a given cubic space. This is fairly familiar, but in this

portance of preserving the eyes of

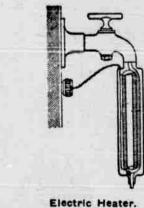
connection certain English reports have brought out a few figures with regard to concealed lighting which are new. For instance, the concealed lighting system of the British museum, which has been found most satisfactory for all purposes, is really only seven one-thousandths as intense as daylight. The light in the woolsack in the house of lords is only six onethousandths as intense and that of the clerk's desk in the house of commons one twelve-thousandth as intense. This is certainly a cheap enough system, and what is more, remarkable universal testimony goes to show that it is pre-eminently satisfactory.

The difference between the old glaring method of lighting and the new concealed lighting may be seen in the lobby of the Auditorium hotel in Chicago by any one who was familiar with the place before the new lights were installed.

and battery circuit, one terminal of ELECTRIC HEATER ON FAUCET which is connected to a brush bearing against a disk of insulated mate-

Water is Warmed While Paseing Through Brass Tube Wound With Fine Nickel-Steel Wire.

hour hand and connected therewith A French instantaneous water heatis a small dial on the face of the er for direct attachment to the faucet clock. To set the alarm for any deis shown in this drawing. It consists sired hour the dial is turned so that of a brass tube containing a coiled the brush will come in contact with glass tube wound with fine nickelthe metal segment when the hour steel wire, says Popular Mechanics. hand of the clock reaches the desired The water is heated while passing



sonval, a quarter of a century agoand with this he showed heating and through this tube, which projects cooking action confined entirely to through the lower end of the protectthe narrow path of the current. With ing brass tube. Connection with the the two poles placed on opposite sides | electric current is by means of a flexi-

FIND CURE BY ELECTRICITY Diseased Tissue, Like Cancer, Can Be Destroyed Without Loss of Blood -Other Results. New possibilities in medicine have been discovered by Dr. Franz Nagelschmidt in the healing effects of electric currents. In a demonstration before the London Royal Society of Medicine, he used an alternating current of as much as two and one-half amperes at 800 volts-instead of the very small current of 100,000 volts tried by D'Ar-

New York, David Bennett Hill learned

nothing was being brought in, some of | "I know the boy," Governor Hill re-

DOBO ?! "Yes, governor, I am very anxious NOT OLD ENOUGH FOR HONOR to be a doctor. When I was a little

How Nehemlah D. Sperry Mlased Being Governor of Connecticut Because He Was About Six Months Too Young.

Nehemiah Day Sperry, the father of the house of representatives that recently held its final session, is in his 84th year. For fifty-seven years he has been active in the politics of his native state of Connecticut. In 1853, when he was 26 years old, he became a member of New Haven's common council, and the greater part of the time since then he has held office, either elective or appointive. Made posmaster of New Haven by Lincoln in 1861, he filled that post for over twenty-eight years, and he has been in coaxed and waited, and at last they congress since 1894. He retired on became quiet enough for me to explain March 4, having refused to stand for 'I cannot accept because I could no re-election on account of his advanced be governor even were I elected.' I aged, though he is in perfect health said. "The constitution of our state and is characterized by the mental says that a man must be 30 years of vigor that was his when he went on age to qualify for governor. I shall Ericsson's bond and thus assured the not be 30 years of age until next sumbuilding of the "little cheese box on a mer and the governor is sworn in in raft" that revolutionized naval war May. Therefore, you will see that if fare. you nominated and elected me I could

Fifty-four years ago when Mr. Spernot serve. But if you are willing to ry had served a year as secretary of take my suggestion. I will advise that state of Connecticut, his party-at you renominate Governor William T. that time the Know Nothings-met to | Minor.' nominate a candidate for governor. "I was pretty active in politics," said Mr. planation made, they had to take se-Sperry, "and I had a good many rious heed of it. But they were still friends in the organization. I also had keen to have me on the ticket, and so, a good many friends among the Demoafter they had renominated Judge crats. It has always been my idea that a politician should make friends again as their candidate for secretary among his political opponents; I have of state. And Judge Minor and I were young drug clerk whom Governor Hill always found it a good policy. And noting that I had a large personal following among the opposition, my own held an elective office. party friends began urging the party to nominate me as governor, using the argument that I could poll a large vote among the Democrats.

"So well did these friends talk that that office?" before the convention had been (Copyright, 1910, by E. J. Edwards, All (Copyright, 1910, by E. J. Edwards, All Rights Beserved.) called to order I discovered that the

Never Despair.

once said to this woodsawer. 'What

"Well,' said the doctor, 'suppose

you don't grease your saw for a month

Contemptuous Condescension.

plainly dressed woman with her arms full of bundles.

"Why, I suppose so, madam," replied the floorwalker in that soothing tone

ated little woman whose means limit-

ed her to the cheaper grades of ev-erything, "I didn't know but what

"Well," said the indignant, humili-

one uses toward mild lunatics.

"Do you suppose there are any peer-

is your business, my man?'

'I'm a woodsawyer, sir.'

know.

At a St. Patrick's Day dinner in Bos-

be a doctor. Since I have been in this drug store I have mastered prescripdelegates were bound to nominate me tions, and I have learned the various for governor. I went around among them and told them they must do no qualities of drugs. That would be of such thing, but they paid no attention great service to me if I were to be a to me. Indeed, when the convention doctor."

met the delegates seemed unwilling to Gov. Hill meditated a moment and wait for the regular order, so 'sot' then turned to the clerk. "How would were they in their desire to name N. D. you like to come to Albany and live in Sperry for governor.

my house?" he asked. "You know, I "Well, at last I went out upon the live in the executive mansion. There platform, and for a time could not is a very good medical school at Almake myself heard. When I had se bany. If you lived at my house it cured quist I said to them: 'You must would cost you nothing. You would be considered a member of my executive not nominate me for governor.' But they would give no heed to me. Then family. We would see about preparing you for and securing you an enagain I said to them: 'You must not nominate me for governor; for I cantrance to the medical school. How not accept. And if you will be quiet does that plan strike you?" long enough I will tell you why.' I

"Why, governor, I never could forget such kindgess," cried the youth. "When can you come?" asked Hill.

"Whenever you say," was the in tant answer.

So it happened that this young drug clerk was installed inconspicuously among those who, as clerks, were in the employment of the governor at the executive mansion. Eventually, he passed through the medical school and took his degree. On the day after the graduation, the governor asked him: "What are you going to do now ?" "Oh, I'm going to begin practice."

"I don't advise that," said Hill. "You go to Bellevue Hospital, in New York. I will see to it that you gain entrance there. Devote at least two years to hospital practice. Then you will be

Minor for governor, they chose me fully equipped to practice." That advice was followed, and the re-elected, and from then on until i bad thus helped afterwards began went to congress in 1894 I never again practice, in his professional work justifying all of his benefactor's expecta-"I wonder," added Mr. Sperry re- tion and interest.

flectively, "how many other men have His name? Well, it may be that, missed being governor by being six when the executors of Senator Hill's months or so too young to qualify for estate make public their probate work



**Two Good Suggestions** 

Useful Coat .- For cravenette, serge | foot laid over the upper part in a or covert coating, this is a most prac- wrapped seam; buttons in a closely tical pattern. The panel back, also set row trim each side of upper front. The right front of the smart little fronts, are laid over sides in wrapped seams, stitched about a third of an jacket buttons quite over to the left with closely set buttons; the holes be-The lining, which is of shot silk, ex- ing continued to edge of right side and buttons on the left.

Stitched tweed hat of the same col-The deep turn-over collar and cuff or as the coat, trimmed with a wing, are of white cloth

Hat of stretched black satin trimmed Materials required for coat: 5 with oxidized galloon and gray ostrich yards 48 inches wide, 41/2 yards slik feathers.

Materials required: 7 yards 4 Serge Costume .- Very dark navy inches wide, 4 yards skirt lining, 41/2 serge is used here; the skirt has a yards silk for lining jacket, ½ yard wide front and a deep added piece at white cloth, about 7 dozen buttons.

tration reveals one means in the ven-tilating fan operated by an electric ure is a velvet bolero suit trimmed motor secured to the wall. The de-

with plaited lace. Revers that end in a cape effect at the back are used on little dresses.

## To Whiten Piano Keys.

Piano keys that have become yellow with age may be whitened by touching good lightly with a clean rag dipped in javelle water and wiping off with clear The long, seamless shoulder remains water afterward.

Lift the key to be cleaned above Chemisettes are now of colored chifthe others with a finger and hold it firmly. Secondly, use only the very The lace trimmed hat brim is effecsmallest amount of javelle water, because if you let any of either liquid tive indeed, especially with a plumed

drop on to the wood it will cause the Scotch plaid is having a decided wood to swell. The process is, however, safe if vogue for both children's and women's woman will be careful.

ceived messages that were exchanged If one key is cleaned at a time and the directions given are followed success will come.

The Right Spirit.

While I gaze out on the forest and hills and the beautiful sunlight, I want God's love to shine into my heart, as the sun shines upon the earth .- Ten-

of a piece of liver, the current coagulated the portion corresponding to the

diameter of the electrodes, all except Speed of Electric Trolley. that in the direct course traversed be-In 1902, in a German government ing unaffected. In a solution of white test, an electric trolley car made an of egg in a glass, though, the harden- average speed of 128 miles an hour, ing could be watched, and with a curwhile the fastest record speed of a rent of 0.5 amperes it was seen to steam locomotive is 120 miles in an commence midway toward them. The hour. A carrier pigeon, in a hundredpractical value of this action is ex- mile flight in 1900, flew at the rate of pected to be great. Diseased tissue- 8516 miles an hour, which has been like cancer-can be destroyed without nearly equaled by the fastest motorloss of blood, localized pains can be cycle-841/2 miles.

relieved promptly by moderate heating, and many other results can be schieved, including that of strengthen-Experiments with the Edison stor ng and accelerating the heart's acage battery car have been made by don. the Erie railroad between West

### Orange and the junction of the Green-USE MOTOR FOR VENTILATING wood Lake branch at Forest Hill. It is planned to use these cars in regu-

Pans Especially Adapted for Theater and Large Restaurants-Speed Is Easily Regulated.

Ventilation Easily Controlled.

Electricity. The accompanying illus

that during the periods when many people are to be cared for the fan may

be run at full speed, while during the

lax or closed hours the system may be

run at slow speed or shut down en-

tirely by the simple adjustment of a

Record Long-Distance Wireless.

First Fire Alarm.

an., April 29, 1852, in Boston

lever or the throwing of a switch.

When one is seated in a cool, com-Money Moved by Electricity. fortable theater waiting for the cur-An electric vehicle, the only one of tain to go up, it is quite easy to give its kind in the world, is used to transno thought as to how this condition port on an average of \$7,000,000 daily of the air is attained, says Popular

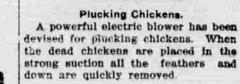
from the bureau of engraving and printing to the treasury department at Washington.

Storage Battery Car.

lar service between these points, and

from Forest Hill the passengers will

be carried by the regular trains.





Electric locomotives probably will be used for towing ships through the Panama canal.

To take up the strain more evenly a Swedish inventor has produced electric cables with hempen cores.

vice takes up and forces out the foul A windmill-operated electric generair. This method of forced ventilation ator produces current for electrically can be and is used also in both large lighting a church near Bilston, Engand small restaurants. One of the land. features of the illustration is the fact

A novel electrical advertising clock operates a phonograph to call the attention of passersby to adv ments which it displays.

The falls of the River Jordan below the Lake of Galilee are to be harnessed to supply electricity to the larger towns of Palestine.

A New York department store is installing a wireless outfit so that pas-A record for long-distance wireless sengers on incoming liners may do telegraph communication was recenttheir shopping by wireless. ly reported by the Marconi company

To handle the telephone business in A new station which is being erected the five largest office buildings in at Bueros Ayres, Argentina, has re-New York city no less than 2.360 miles of wire are required. Of these between Glace Bay, Nova Scotia, and the Hudson Terminal building-or Cliffden, and Ireland. The distance buildings, since it is a twin edificebetween these two stations and that take 750 miles. at Buenos Ayres is about 5,600 miles.

A new electric lamp for automobile headlights is mounted on a bracket to be attached to an oil or gas burn-The first alarm of fire by an electric er in such a way that it may be foldtelegraph system was given at \$:30 p. ed to one side and the burner used if desired.

#### ton Senator Lodge once said: "Low as was Ireland's estate then, there was How Two Famous Lawyers, Bullivan no cause for despair. No estate is and Armstrong, Handled Perever so low but that it might be lower. jured Witnesses. Like the wood-sawyer's case, you rat. Two famous cross-examiners at the 'You need exercise, violent exercis, that's what you need,' a doctor

"Of course, once I had got my ex-

Irish bar, says Francis L. Wellman in "The Art of Cross-Examination," were Sorgeant Sullivan, afterward master of the relis in Ireland, and their methods. "Sullivan," he says, "approached the ring."

witness quite in a friendly way, seemed to be an impartial inquirer seeking information, looked surprised at what the witness said, appeared

even grateful for the additional light thrown on the case.

"'Ah, indeed! Well, as you have little stick or thin knife blade, suffisaid so much, perhaps you can help cient soft white lead, such as used in us a little further. Well, really, my house painting, to edge of broken lord, this is a very ingenious man." parts and band with strip of thin cloth "So playing the witness with cau-tion and skill, drawing him steelthily bands in a few days and you will often they were all over here working in on, keeping him completely in the dark find article in as solid condition as beabout the real point of attack, the 'lit- fore breaking.

WAYS OF CROSS-EXAMINERS

tle sergeant' waited until the man was in the meshes and then flew at him and shook him as a terrier would a French knots are fashionable. Beaded effects continue in

"The 'big sergeant' (Armstrong) had more humor and more power, but less dexterity and resource. His great weapon was ridicule. He laughed at the witness and made everybody else Sergeant Armstrong. Barry O'Brien laugh. The witness got confused and in his "Lafe of Lord Russell" describes lost his temper, and then Armstrong pounded him like a champion in the

To Repair Glass. dresses. One of the neatest and most successful ways to repair broken giasa-

Special attention is given this season to parasol handles shown in handware or china is simply apply, with a some woods. Small white satin beads are much used on the frock of black chiffon or

marquisette. Organdies are daluty and inexpensive and make delightful frocks for summer wear. A quaint style suited to the slim fig- nessee Housewife.



inch from the edge.

is in the best style.

for lining.

style.

hat.

in excellent vogue.

fon, made perfectly plain.

tends only to the hips.