

# Doctors Said Health Gone

Suffered with Throat Trouble

Mr. E. W. D. Barnes, ex-Sheriff of Warren County, Tennessee, in a letter from McMinnville, Tennessee, writes: "I had throat trouble and had three doctors treating me. All failed to do me any good, and pronounced my health gone. I concluded to try Peruna, and after using four bottles can say I was entirely cured."



Mr. E. W. D. Barnes.

Mr. Gustav Himmelsreich, Hochheim, Texas, writes: "For a number of years I suffered whenever I took cold, with severe attacks of asthma, which usually yielded to the common home remedies."

"Last year, however, I suffered for eight months without interruption so that I could not do any work at all. The various medicines that were prescribed brought me no relief."

"After taking six bottles of Peruna, two of Lactalia and two of Manilla, I am free of my trouble so that I can do all my farm work again. I can heartily recommend this medicine to any one who suffers with this annoying complaint and believe that they will obtain good results."

One might fight a lie and still not follow the truth.

Take Garfield Tea to arouse a sluggish liver—all druggists sell it.

Cheap Form of Fuel.

A Welsh rabbit may be cooked on an electrical chafing dish at an expense of 1/2 cents per current.

Not the One.

"One of them actor fellows wants a doctor quick."

"There isn't a doctor handy, but tell him he might call the grocer—he cures 'hams.'"

No Purchase Recorded.

There was a dealer who tried to sell a horse to the late Senator Daniel of Virginia. He exhibited the merits of the horse, and said, "This horse is a reproduction of the horse that General Washington rode at the battle of Trenton. It has the pedigree that will show he descended from that horse and looks like him in every particular."

"Yes, so much so," said Senator Daniel, "that I am inclined to believe it is the same horse."

Queen Mary's Trousseau.

Queen Mary is following the example set by her mother, the duchess of Teck, who at the time of her daughter's wedding with the present king declared that for the trousseau "not a yard of cambric or linen, of flannel or tweed, of lace or ribbon, should be bought outside the kingdom," and who kept to her word. Queen Mary is having her coronation robes and gowns for court functions as well as the opening of parliament gown made by a British firm or all British material. She has ordered eight dresses of scarlet, and work on them has commenced.—London correspondent New York Sun.

## COMING EVENT



He—Do you think your father would offer me personal violence if I were to ask him for you?  
She—I think he will if you don't pretty soon!

## Women Appreciate

Step-savers and Time-savers.

# Post Toasties

FOOD

is fully cooked, ready to serve direct from the package with cream or milk, and is a deliciously good part of any meal.

A trial package usually establishes it as a favorite breakfast cereal.

"The Memory Lingers"

POSTUM CEREAL CO., Ltd., Battle Creek, Mich.

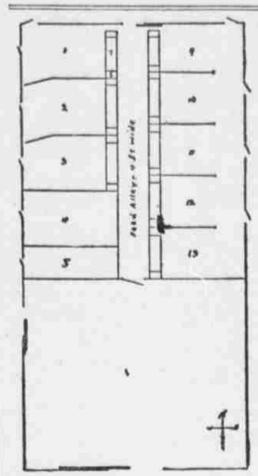
# DAIRY



## PRACTICAL BARN FOR COWS

One With Sheep Fold for Breeding Ewes Found Very Comfortable and Convenient.

I herewith present the plans of my cow barn, with sheep fold for breeding ewes, both of which I have found very comfortable and convenient. For all practical purposes I would ask for nothing better. The dimension of building is 28 by 52 feet with room above for 20 tons of hay and a wool room where I can store away 500 fleeces, writes Edwin E. Sedwick in the Farmers' Review. The corner posts are 12 inches at butt, 8 to 10 at top and 16 feet high. They are white oak and were obtained from my own timber. Such poles could not be bought for less than \$1 each. All the woodwork, except shingles and siding, were obtained from the farm timber lot and are mostly oak, elm, and bass wood. The logs were cut and hauled



Plan of Cow Barn.  
1, 2, 3—Box stalls, 7x12 feet.  
4—Ewe room, 7x12.  
5—Sheep fold for breeding ewes, 20x28, with wool room above.  
6—Mangers.  
7—Feed boxes.  
8, 9, 10, 11, 12, 13—Stalls, 6x12.

and sawed in widths and thickness to suit different parts. For girders I used oak and elm, 2 by 6, also same for sleepers for upper and lower floors. The girders are four feet apart and floor joists two feet, which makes a firm and substantial floor. We cut logs six feet long and sawed planks two inches thick for stall floors with a two-inch drop floor back of cows lengthwise of the barn. This makes it a very easy matter to clean out stable. We bed only the high six-foot floor and the cow lies on this, all droppings going to the lower floor behind. We used 2 by 4s for rafters, placing them two feet apart and used one-half pitch for roof. The sheathing was picked up about the place, old boards being worked in and used to good advantage; 4 by 14 feet long were used for bearing under rafters. These were set at an angle, thus making more hay room. All braces are made from 2 by 4s and 2 by 6s, odds and ends being used to advantage. The feed alley is floored with inch boards running lengthwise, as is also the loft above and floor to wool room. The front of manger next to alley is made of elm boards one inch thick, while the part next to cows is made from short pieces set up and down the manger, being two feet two inches high. The feed boxes are very solid, all being made of two-inch elm and are tight enough to hold fine corn and feed. The outside doors are all double, one above the other, so the upper may be left open to admit air and sun and still keep the animals in, even if loose in a stall.

Small windows are on each side to let in light with larger windows in sheep fold and hay loft. The three box stalls are made so they may be closed with a door, as shown in the cut. These may be used for cows at calving time and when used for two cows in milking these doors are hooked back to partition. This, we have found, a very convenient arrangement. There is a door in loft floor to throw down hay, also a small door to pitch hay or straw from a wagon into the mow, with a large door in the end to admit fork and carrier. We have a good modern hay fork and track in this barn.

**Success in Dairying.**  
It matters not how well our dairy cattle are fed or how intelligently they are fed, if the environment does not correspond our efforts are in vain. Cows should have clean, warm stables and should occupy them at all times when the weather is unfavorable outside. They should have good pastures, plenty of pure water and shade. With good cattle and proper surroundings we have a reasonable assurance of success.

**The First Milk.**  
The milk first drawn from the udder contains but little fat. It is principally water, but it is full of bacteria. It is a good plan to discard it. When you discard the foremilk, never throw it on the floor. Have a receptacle for it, and remove from the stable.

**Spray Cow's Tail.**  
An eastern dairyman has the tail of each of his cows sprayed with an atomizer containing filtered water before milking time. With this method there is no likelihood of dust being switched into the milk pails.

## SHORTHORN IS GOOD MILKER

Properly Fed, as They Are in England, They Will Retain Strong Place Among Dairy Cows.

(By R. G. WEATHERSTONE.)  
While the Shorthorn is generally regarded as a prime beef breed, there are among the best milkers of this country many strains of well bred Shorthorns. In New England there are one or two herds tracing back to Arabella and the Constance and Waterloo families.

Many herds of Shorthorn can be found whose cows produce from 40 to 50 pounds of milk per day. These cattle are smooth, well fleshed, and fatten off into prime beef.

The admirers of Shorthorns claim that they can be so bred and fed that



The Milking Shorthorn.

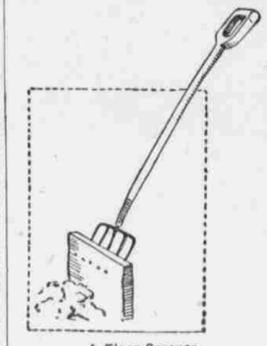
they will produce good beef animal and at the same time make good dairy cows. Or, they can be bred and fed for the dairy to the opposite extreme and make good beef as well.

Of course such breeding will, in time, ruin the constitution of the stock, and destroy their qualities both for the beef and the dairy. The tendency of the Shorthorn to fatten too easily is one of the objections to this breed; but properly fed, as they are in England, they still retain a strong place in the dairy.

## HANDY BARN FLOOR SCRAPER

Implement Can Easily Be Made Out of Hardwood Board Cut Desired Length, With Handle.

The accompanying illustration shows a very handy floor scraper which can easily be made by taking a hardwood board the desired length and boring holes in it at the proper spacing to fit the tines of an old fork, writes Monroe Conklin, Jr., in the Farm and Home. The board is then driven on the tines, which are broken off at the face of the board. The holes should be a very little smaller in diameter than the tines in order that the board will bind when driven on them. They should also be bored at a



A Floor Scraper.

convenient angle in order that the scraper may be in a position to scrape the litter ahead of it instead of slipping over it.

**Price of Grade Cows.**  
A few weeks ago a grade Holstein cow was bought by a dealer on the Pittsburg market for \$110 and sold at another the same day. Last week advance sold at \$100. Both cows had a calf alongside—one of them a bright red-and-white calf.

# DAIRY NOTES

Study rations for each cow. Milk comes by invitation, not force. The dairy cow is what man makes her.

Winter dairying pays the largest profit. Feed all the corn fodder that the cows will clean up.

In the care of a cow the greatest expense is in the feed bill. Silage and alfalfa hay will make a balanced ration and cheap.

Fewer cows are injured not by high feeding than by unbalanced feeding. A clean cow and a clean stable go with clean milk, good butter and clean cash.

The man who falls in love with cattle will soon find that they pay him a profit. Good grain rations this winter and spring mean more grass next year and year after.

Ensilage fed to milk cows is one of the most economical feeds that can be adopted. If a cow stands in the stallion a large part of the day do not forget to curry her.

A large farm is all right, but it needs a smart farmer with plenty of capital to make it pay. Don't get so proud of that one extra good cow that you forget to weed out the extra poor ones in the herd.

If your cows lie on a cement floor without a board covering or deep bedding look out for udder trouble. Poultry raising can be conveniently and profitably combined with dairying, fruit growing or gardening.

As soon as a milk bottle is empty rinse it in lukewarm water until it appears clean, then set it bottom up to drain. Do not send the dog out in the corn field after the cows, because he is usually too ambitious, and makes the cows hurry too much.

# The American Home

WILLIAM A. RADFORD Editor

Mr. William A. Radford will answer questions and give advice FREE OF COST on all subjects pertaining to the subject of building for the readers of this paper. On account of his wide experience as Editor, Author and Manufacturer, he is, without doubt, the highest authority on all these subjects. Address all inquiries to William A. Radford, No. 204 Fifth Ave., Chicago, Ill., and only enclose two-cent stamp for reply.

The most noticeable thing in architecture and building at the present time is the popular interest seen on all sides in regard to the planning and designing of houses, especially those in suburban and country neighborhoods. The American "Home" has always been more than a tradition, and this home we always think of as being located in the country or in the outskirts of the old home village. At the present time we are just in the midst of a revival of domestic architecture, especially in regard to suburban building. The dwelling house that is at once comely and convenient seems likely to become the typical house of rural America, and even in the towns the heaven has begun to work.

It is apt to be in the country rather than the town that this wistful type of domestic architecture flourishes. The town house is apt to be cramped by the narrowness of its site, by the limitations of its outlook, by the building line and by the character of the neighboring houses. It may in itself be an excellent piece of work, but the surroundings are not favorable to it. In the country, conditions favor the architect, not by making his task an easy one, but by investing it with interest. On a narrow rectangular plot, wedged in between existing houses and gardens on three sides and a roadway on the fourth, an architect may indeed exhibit skill in minimizing the inherent defect of the site, but it is not surprising that he should feel little enthusiasm for such a task. As a matter of fact, he is seldom called upon to undertake it; still the owners and builders commonly consider that there is little call for the special skill of the architect in dealing with these commonplace city conditions.

In the country, on the other hand, the problems of building even small

dence at its best. It is broad, comfortable and inviting in appearance outwardly, and the interior arrangement is just what we would expect from the hospitable exterior. From the broad porch, extending clear across the front of the house, one enters a large central reception hall. The entire space to the left is given over to a living room, 13 by 23 feet in size, with an open fireplace and built-in book shelves at the far end. The homelike comfort and cheer of a room of this kind, with the entire family drawn about a crackling fire on the hearth of a winter's night, cannot be overestimated.

Opening to the right from the cen-



houses, are so varied, so complex and so interesting that architectural skill is essential if the buildings are to be anything like a success. To put up houses in a beautiful country district from plans prepared by an architect who has not made a special study of the planning and design of medium sized country houses would be something approaching a social crime. The awakened and increasing good sense of the building public should not allow this to occur.

The designing of a suitable home residence for a rural location is always an interesting problem, since each site presents difficulties and advantages of its own. The design of a house should be governed by the nature of its site, whether on a hilltop, on a hillside, on the open table-land, or in a valley; by the views of the surrounding country it is thought to obtain from the principal rooms, by the desire to obtain the maximum

trial hall is the dining room. Wide casual openings connect both living room and dining room with the central hall, giving an effect of spaciousness unusual in a house of this size. The kitchen is well placed for convenient housekeeping. On the second floor four good sized bedrooms are provided, besides a bathroom and linen room and an abundance of clothes closets.

This is a gambrel roof house, slightly colonial in design. It presents a dignified and attractive appearance, and at the same time is economical to build. The estimated cost of this house is \$3,500.

**Slow Growth of Red Oak.**  
Growing red oak for timber and lumber is to be a new fad in Oregon. On my farm near Turner, in Marion county, is a red oak tree grown from an acorn planted in April, 1870, more than 40 years ago. The acorn grew in Iowa.

The tree is about 18 inches in diameter two feet above the ground and the foresters will have to hustle their new red oak trees faster than I have been able to do if they get much lumber in a growth of 25 years on the lands burned over by the recent forest fires.—Correspondent Portland Oregonian.

**Children to Cheer the Ill.**  
Under the auspices of Miss Theora Carter, president of the Society of Good Cheer, a juvenile organization has been formed at Brooklyn, N. Y., to carry on a unique philanthropic work. The children have perfected an organization known as the "Little Cheerful" chorus.

The object of the chorus is to teach the children first-class music, and when they are competent they will sing at hospitals and elsewhere for the benefit of the convalescents. The chorus is to consist of children between the ages of ten and fifteen and the number will be limited to 100.

**Crime on Her Own Head.**  
Maud—Heard about poor Mrs. Green? She's been arrested for trying to smuggle a lot of lace ashore inside her big hat.

Tom—Why pity her? Didn't she bring it all on herself?

**An Innovation.**  
"Startling departure in musical comedy."  
"How so?"  
"The principal male character is pictured as being very much in love with his wife."

# BLOOD HUMORS

It is important that you should now rid your blood of those impure, poisonous, effete matters that have accumulated in it during the winter.

The secret of the unequalled and really wonderful success of Hood's Sarsaparilla

as a remedy for Blood Humors is the fact that it combines, not simply sarsaparilla, but the utmost remedial values of more than twenty ingredients—Roots, Barks and Herbs—known to have extraordinary efficacy in purifying the blood and building up the whole system.

There is no real substitute for Hood's Sarsaparilla, no "just as good" medicine. Get Hood's today, in liquid form or tablets called Sarsatabs.

**FOR PINK EYE**

Cures the skin and acts as a preventive for others. Liquid given on the tongue. Safe for brood mares and all others. Best kidney remedy 50 cents and \$1.00 a bottle; \$5.00 and \$10.00 the dozen. Sold by all druggists and horse goods houses, or sent express paid, by the manufacturer.

SPOHN MEDICAL CO., Chemists, GOSHEN, INDIANA.

**NOT ACCORDING TO PROGRAM**  
Practical Joker Meant to Astonish His Wife, and Doubtless He Did.

When the first shipment of frozen eggs arrived from Australia their extreme hardness astonished the brokers.

One man, calling at a broker's office, was amazed to see him taking aim at the wall with an egg.

"What the dickens are you at?" he said.

But the broker let drive, the only result being a slight dent in the wall.

The thing being explained, the man took a couple of the eggs, put them in his pocket, and left to startle his wife. Arriving home, he waited till the family was assembled for dinner, and then banged an egg at the new dodo.

But the smile quickly faded from his face. The egg had thawed.—London Tit-Bits.

Mrs. Winslow's Soothing Syrup for Children teething, softens the gums, reduces inflammation, allays pain, cures wind colic, 5c a bottle.

Preaching produces so little practice because people look on it as a performance.

Your working power depends upon your health! Garfield Tea corrects disorders of liver, kidneys, stomach and bowels.

**Keeping Oil Fire From Spreading.**  
Milk will quench a fire caused by an exploding lamp, water only spreading the oil.

Tightness across the chest means a cold on the lungs. That's the danger signal. Cure that cold with Hamlin's Wizard Oil before it runs into Consumption or Pneumonia.

**Commercial Anxiety.**  
"A clockmaker must be the most uneasy of manufacturers."  
"Why so?"  
"Because there is always the prospect of a strike in his works."

**Literary Atmosphere.**  
"Mark Twain was not a widely read man. How do you suppose he ever managed to turn out so much good stuff?"  
"I don't know, unless it was because he smoked so much."

**The Test of Intellect.**  
"I wonder why Mrs. Flimflam regards her husband as stupid. He has been very successful in business."  
"Perhaps," replied Mr. Meepton, "he's like so many of the rest of us who can't possibly learn to keep the score of a bridge game."

**Simple, Rather.**  
He—You are the only woman I ever loved.  
She—Do you expect me to believe that?  
He—I do. I swear it is true.  
She—Then I believe you. Any man who would expect a woman to believe that cannot have been much in the company of women.

**England's Oldest School.**  
A controversy has arisen in England as to which school has the right to claim greatest age. There are two schools which were founded in the early part of the seventh century—the King's school, Rochester, and the King's school, Canterbury. Justice, on his appointment to the see of Rochester in 604, made provision for a school in connection with the cathedral. Augustine established the Canterbury school about the same time. St. Peter's at York dates back to the eleventh century.

# RHEUMATISM

Munyon's Rheumatism Remedy relieves pain in the legs, arms, back, stiff of the joints, etc. It contains no mercury, opium, cocaine or drugs toadden the pain. It neutralizes the acid and drives out all rheumatic poisons from the system. Write Prof. Munyon, 63d and Jefferson Sts., Philadelphia, Pa., for medical advice, absolutely free.

**RUPTURE CURED** in a few days without pain or a surgical operation. No pay until cured. Send for literature. DR. WILLY & MATHIEU, 62 Farmers Loan & Trust Bldg., Sioux City, Iowa.

**DEFIANCE Gold Water Starch** makes laundry work a pleasure. 16 oz. pkg. 50c.

W. N. U., SIOUX CITY, NO. 8-1911.

# Stomach Blood and Liver Troubles

Much sickness starts with weak stomach, and consequent poor, impoverished blood. Nervous and pale-people lack good, rich, red blood. Their stomachs need invigorating for, after all, a man can be no stronger than his stomach. A remedy that makes the stomach strong and the liver active, makes rich red blood and overcomes and drives out disease-producing bacteria and cures a whole multitude of diseases.

**Get rid of your Stomach Weakness and Liver Laziness by taking a course of Dr. Pierce's Golden Medical Discovery—the great Stomach Restorative, Liver Invigorator and Blood Cleanser.**

You can't afford to accept any medicine of unknown composition as a substitute for "Golden Medical Discovery," which is a medicine of known composition, having a complete list of ingredients in plain English on its bottle-wrapper, same being attested as correct under oath.

Dr. Pierce's Pleasant Pellets regulate and invigorate Stomach, Liver and Bowels.

# W. L. DOUGLAS

ESTAB. 1878. \$2.50 \$3.00 \$3.50 & \$4.00 SHOES FOR MEN. BEWARE OF SUBSTITUTES.

REFUSE all substitutes claimed to be "just as good," the true value of which are unknown. You are entitled to the best. Insist upon having the genuine W. L. Douglas shoes with his name and price on the bottom.

W. L. Douglas shoes cost more to make than ordinary shoes, because higher grade leathers are used and selected with greater care; every detail in the making is watched over by the most skilled organization of expert shoemakers in this country. These are the reasons why W. L. Douglas shoes are guaranteed to hold their shape, look and fit better and wear longer than any other shoes you can buy.

If your dealer cannot supply you, with the genuine W. L. Douglas shoes, write for full order blank, which will direct you to the factory. W. L. Douglas, 145 Spark St., Brockton, Mass. U.S.A. 08304

