

# COLDS BREED CATARRH

Her Terrible Experience Shows How Peruna Should Be in Every Home to Prevent Colds.

Mrs. C. S. Sagers, 1311 Woodland Ave., Kansas City, Mo., writes:

"I feel it a duty to you and to others that may be afflicted like myself, to speak of Peruna."

"My trouble first came in the spring of 1904, and I was suffering in my head and neck, and I had a very bad cold."

"Nothing ever relieved me like Peruna. It keeps me from taking cold."

"With the exception of some deafness I am feeling perfectly cured. I am forty-six years old."

"I feel that words are inadequate to express my praise for Peruna."

Catarrh in Bad Form.

Mrs. Jennie Darling, R. F. D. 1, Smyrna, Mo., writes: "I was unable to do my work for four years, as I had catarrh in a bad form."

"I suffered incessantly, and got so weak and so confined to my bed."

"Peruna came to my relief and by faithfully using it, I am able to do my work. Peruna is the best medicine that I ever took."

A Terrified Hero.

"Did you ever have a narrow escape in the surf last summer?"

"Yes, I recalled the life-saver. 'One lady whom I rescued was so grateful that she nearly married me.'"

DR. MARTEL'S FEMALE PILLS.

Seventeen Years the Standard.

Prescribed and recommended for Women's Afflictions. A scientifically prepared remedy, of proven worth. The result from their use is quick and permanent. For sale at all Drug Stores.

Too Free.

Smyrna—What caused the Allcoice Life Insurance company to fail?

Ashley—it was altogether too free in accepting risks. I don't believe it would have even refused to insure the life of a turkey the day before Thanksgiving.

With a Sour Laugh.

A Chicago editor has brought from London an amusing story about Humphrey Ward.

"Humphrey Ward," he said, was in his bachelor days, a really well-known artist.

"I met Humphrey Ward at a dinner in Soho, and he said to me, with a sour laugh:

"When a girl wants to retire from the world and be lost in oblivion, she has to enter a nunnery. But a man, to achieve the same end, need only marry a famous woman."

Mental Influence.

"How far is it to Gloomville?" we ask of the native who is leaning over the gate.

"Ten miles straight ahead," he answers.

"But we met a man a little way back and he said it was only two miles."

"Short, fat man, drivin' a flea-bitten sorrel boss?"

"That's the man."

"Did you meet or pass him?"

"We passed him."

"Thought so. He's drivin' a balker I traded him, an' he didn't want his boss to know how much furdur it had to go."

STOPPED SHORT

Taking Tonics, and Built Up on Right Food.

The mistake is frequently made of trying to build up a worn-out nervous system on so-called tonics—drugs.

New material from which to rebuild wasted nerve cells is what should be supplied, and this can be obtained only from proper food.

"Two years ago I found myself on the verge of a complete nervous collapse, due to overwork and study, and to illness in the family," writes a Wisconsin young mother.

"My friends became alarmed because I grew pale and thin and could not sleep nights. I took various tonics prescribed by physicians, but their effects wore off shortly after I stopped taking them. My food did not seem to nourish me and I gained no flesh nor blood."

"Reading of Grape-Nuts, I determined to stop the tonics and see what a change of diet would do. I ate Grape-Nuts four times a day, with cream and drank milk also, went to bed early after eating a dish of Grape-Nuts."

"In about two weeks I was sleeping soundly. In a short time gained 20 pounds in weight and felt like a different woman. My little daughter whom I was obliged to keep out of school last spring on account of chronic catarrh has changed from a thin, pale, nervous child to a rosy, healthy girl and has gone back to school this fall."

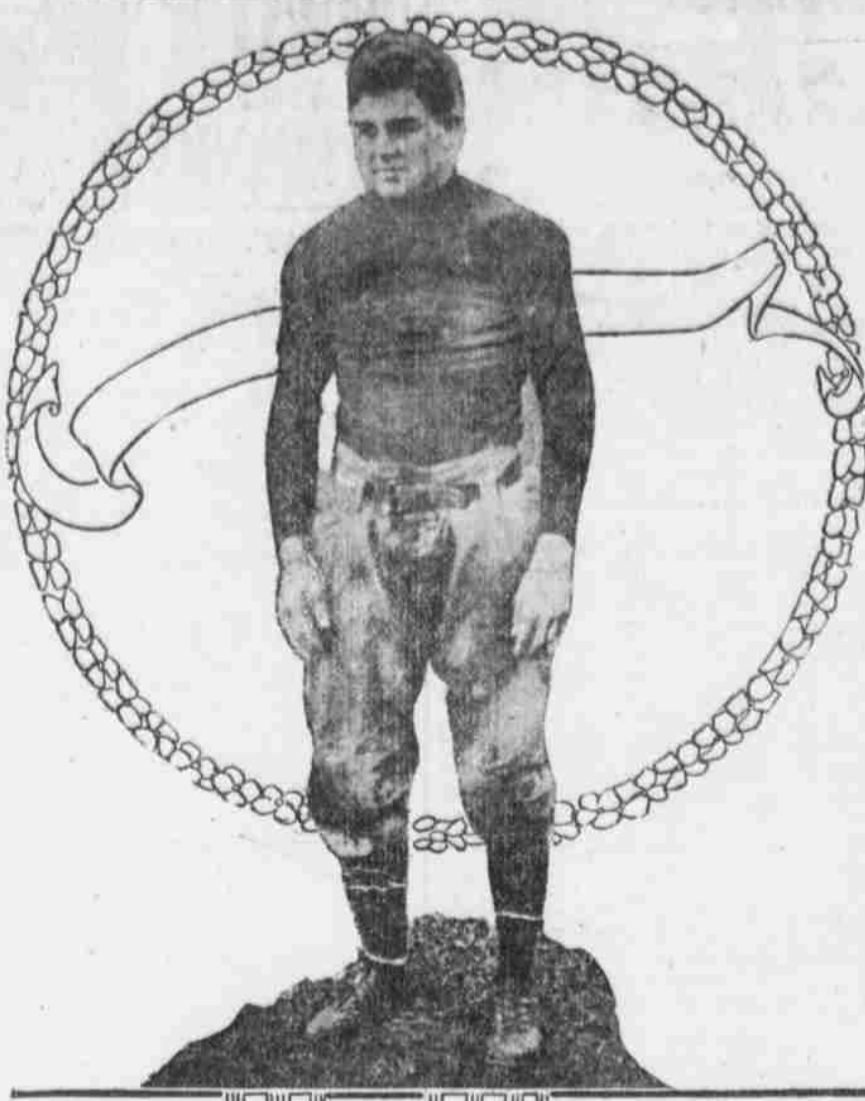
"Grape-Nuts and fresh air were the only agents used to accomplish the happy results."

Read "The Road to Wellville," in Pops.

"There's a Reason."

Ever read the above letter? A new one appears from time to time. They are genuine, true, and full of human interest.

# CRACK ILLINOIS FOOTBALL PLAYER



Merriman of Illinois.

Although the new football rules have placed a premium on team play and are far from making the sport a one man's game, they have succeeded in bringing out one player on each team whose work must be of a high-class to insure success. Quarter-back or field general, call him by either name, must be of higher class than ever before and gridiron games of the future will be more a battle of wits between the men occupying the directing positions on the opposing elevens than ever before. This must not be taken to imply that the game is one for the individual star. The coaches are insisting more strenuously than ever upon team work, and although the work of the men is individualized the work of the eleven individuals must be fused into a perfect unit to insure success.

A study of the teams which have met with success in the west this season shows that each has a star in what is known as the quarter-back position, although in some of these teams the man has little in common with the quarter-back of past years. Minnesota has John McGovern, a good field general. Illinois, conqueror of Chicago, has two brilliant men alternating at the place, Otto Selzer and John Merriman. Michigan's inability to roll up good-sized scores in the early games is directly traceable to the experiment Yost has made in his generals.

At Minnesota McGovern is playing less as the old-style quarter-back than any field general in the west. The direct pass from the snapper-back to the backs is more used by Minnesota than by any other team, and McGovern is relieved from the greater part of the mechanical duties of snapping the ball. He does not get into every play as quarter-backs were coached to do in former years, but keeps clear of the ruck and watches the effect of his attacks. In this way he is able to discover the weakness and strength of the opposing eleven early in the game and so direct his later attacks more intelligently.

Taking a glance at the weaker teams in the west, it will be found that Chicago, Northwestern, Purdue and Iowa all lack a good field general.

With a narrow view of the field general of the old days is unquestionable, but that there is some cause for the criticism is evident. With five yards to gain in three downs or ten yards to gain in the same number of plays, much depended upon the push and pull of the interference. With the pushing and pulling eliminated, the quarter-back must direct his plays so that they will gain ground through their unexpectedness, and in picking suitable formations lies the greatest opportunity for a demonstration of the qualities of a director of the play.

Not only must the quarter-back this year know every formation in the repertoire of the team and the proper way of working it, but he must know the strength and weaknesses of every player both on his own and the opposing eleven. It would appear simple for the quarter-back to learn the strong points of his own teammates, but it is far from easy. His knowledge of his own men must be perfect and must take in every little point, even those which seemingly are unimportant. The knowledge of the opposition, however, need only be superficial, and therefore is much easier to gain.

TO PLAY TENNIS IN EUROPE

Miss May Sutton and Miss Hazel Hotchkiss Will Contest in Covered Court Tournaments.

It was news in tennis circles in New York the other day that Miss May Sutton and Miss Hazel Hotchkiss are

planning a trip to Europe this winter for the purpose of playing in some of the big tournaments on covered courts on the continent and in England. Miss Hotchkiss is the present American champion at women's singles. She has never been abroad, though more than once it has been reported that she intended to try for the women's singles at Wimbledon.

Miss Sutton is ex-American and English champion and is remarkable as the only American to score at Wimbledon. When she played in England a few years ago she created a great sensation and showed that she was in a class by herself.

If the two California girls make the journey some excellent play is promised as England now boasts of an exceptionally fine player in Mrs. Lambert Chambers. This season she went through without a single defeat.

Boxing in Female Seminaries.

Boxing is now made a part of hazing in female seminaries. Our women will soon be athletic enough to stand up in street cars without complaining.—Buffalo Express.

Football Like Horse Racing.

Referees under the new rules are making football a bit too much like these horse races where you have to call the starters back eleven or eight times.—Cleveland Leader.

Miss May Sutton, Captain of Williams College Eleven, Suffers Serious Injury in Game.

It is announced that Jesse Peterson of Lockport, N. Y., captain of the Williams football team, is out of football forever as a result of injuries received during a game with New York university.

Peterson had one of the small bones in his right ankle broken within the first two minutes play, but pluckily continued until the end of the third period. Examination then showed that the injury was a serious one. The attending surgeons declare that the strain of a half-hour's hard play upon the injured bone did so much damage that he will be lame for life.

Death of Stanley Ketchel Causes Many Middle Weights to Get Busy.—Pappe is Favorite.

The death of Stanley Ketchel, the pugilist, at Springfield, Mo., has precipitated the middle weight championship situation into more or less of a muddle. Four claimants to the title stand out prominently and of these three have faced the former champion in the ring, while the fourth would have had the opportunity before long had not Ketchel's life been ended. This last is Eddie McGooty of Oakbrook, Wis. The others are former champion Billy Parke of Kewanee, Ill., now in Australia; Frank Klaus of Pittsburg and Hugo Kelly of Chicago.

Parke can claim distinction by the fact that he was one of the very few who ever beat Ketchel. Parke knocked him out in the twelfth round of a bout at Los Angeles two years ago. This is the one decisive beating the past champion suffered in his career.

# KICKED INTO BASEBALL GAME

Harry Lord, Crack Third Baseman of Chicago Americans, Took to Playing Naturally.

By HARRY LORD.

I was kicked into professional baseball. When I was a boy I played the game, but never with any thought of desire to gain a livelihood. I had ambitions in other directions. I played at high schools, but never gave the game much serious thought until I went to Bates college. There I began to study the game, and also football, playing on both the varsity teams. I played the games because I liked them, and the further I advanced in baseball the more of the possibilities in the line of making plays I saw. The game interested me beyond the mere physical enjoyment. There was a lot of pride to be taken in accomplishing a play by outthinking or outwitting the opponents. I began to study to see how the major league players did things, and compared their ways of making plays with the ways we had at college. Still I hadn't any idea of entering the game professionally until near the end of my college career. I was young, and the necessity of making a living salary was forced upon me. I began to circle around to see what my chances were in realizing upon my experience and education derived from a college course. The prospect was not a promising one. I had a hard fight with myself, but finally decided to abandon my career temporarily at least. I joined the Worcester club under Jesse Burkett. One needs a good drill master in starting in baseball, and Burkett, no matter what else people may think of him, is a good teacher. He is a natural instructor of men, and has the power to illustrate his lessons. I learned the finer points of the trade there, then went to Boston.

While going into baseball almost accidentally I have found it a clean and honorable profession and one like that to develop a man and make him not only fight for his own rights but to respect the rights of others. The only objection I can see to the profession for a man is the traveling. One becomes too much of a wanderer and misses home life.

No boy should try to start in baseball with the idea that it is "fun," for

there is much hard work and a great deal of pain and hardship connected with it. It is wearing on the body and on the mind, and the strain of a hard season wears quickly upon even the strongest. Besides, there is less of a place for the "joy man" in baseball than in any profession. They do not belong and they cannot stand the strain long.

ASKS FOR NEW GOLF "SPOTS"

Follower of Game Wants Far West to Have Occasional National Tourney—In East Too Often.

Pacific coast and middle-western golfers are agitating strongly the holding of the national amateur championship in other sections of the country than in the east, as they have been for so long. They declare the holding of the tournament in New York or New Jersey or in the New England states has practically prohibited far-western golfers from getting any chance to compete. It is advocated that in four years of tournaments two of them should be held in the middle west alternated with one of the Atlantic and one of the Pacific coast. This, they believe, will make it possible for golfers from all over the country to compete in the tournament. There is a general feeling of dissatisfaction in the west with the conduct of all forms of athletics and this has at length spread to golf.

The effect of this is seen in all sports. In track athletics the east conceded the national championships to New Orleans this year and the event is sure to go next season either to Chicago or San Francisco. In other sports the viewpoint has changed.

Franklin B. Morse, in the Golfers' Magazine, advocates the need of more representative tourneys. His opinion coincides with that of other western players, and experts in this division of the country think he has some grounds for complaint.

MANY AFTER THE TITLE NOW

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# WOULD BE OF MORE VALUE

Father O'Leary's Facetious Rejoinder to John Philpot Curran an Example of Real Wit.

One day the famous John Philpot Curran, who was also very partial to the said corned mutton, did me the honor to meet him. To enjoy the society of such men was an intellectual treat. They were great friends and seemed to have a mutual respect for each other's talent, and as it may easily be imagined, O'Leary versus Curran was no bad match.

One day after dinner Curran said to him: "Reverend father, I wish you were St. Peter."

"And why, counselor, would you wish that I were St. Peter?" asked O'Leary.

"Because, reverend father, in that case," said Curran, "you would have the keys to heaven, and you could let me in."

"By my honor and conscience, counselor," replied the divine, "it would be better for you that I had the keys of the other place, then I could let you out."

Curran enjoyed the joke, which he admitted had a good deal of justice in it.—From Kelly's Reminiscences.

AN INTOLERABLE ITCHING

"Just about two years ago, some form of humor appeared on my scalp. The beginning was a slight itching but it grew steadily worse until, when I combed my hair, the scalp became raw and the ends of the comb-teeth would wet with blood. Most of the time there was an intolerable itching, in a painful, burning way, very much as a bad, raw burn, if deep, will itch and smart when first beginning to heal. Combing my hair was positive torture. My hair was long and tangled terribly because of the blood and scabs. This continued growing worse and over half my hair fell out. I was in despair, really afraid of becoming totally bald.

"Sometimes the pain was so great that, when partially awake, I would scratch the worst places so that my finger-tips would be bloody. I could not sleep well and, after being asleep a short time, that awful stinging pain—would commence and then I would wake up early with the torture. A neighbor said it must be salt rheum. Having used Cuticura Soap merely as a toilet soap before, I now decided to order a set of the Cuticura Remedies—Cuticura Soap, Ointment and Pills. I used them according to directions for perhaps six weeks, then left off, as the disease seemed to be eradicated, but toward spring, eighteen months ago, there was a slight return of the scalp humor. I commenced the Cuticura treatment at once, so had very little trouble. On my scalp I used about one half a cake of Cuticura Soap and half a box of Cuticura Pills and the last time three bottles—neither an expensive or tedious treatment. Since then I have had no scalp trouble of any kind. Standing up, with my hair unbound, it comes to my knees and had it not been for Cuticura I should doubtless be wholly bald.

"This is a voluntary, unsolicited testimonial and I take pleasure in writing it, hoping my experience may help someone else. Miss Lillian Brown, R. F. D. 1, Liberty, Mo., Oct. 23, 1909."

An Effort to Oblige.

"Mr. Lobrov does his best to be agreeable," said the sympathetic young woman. "It's too bad that he has so little tact."

"I understand that Miss Goddard refuses to speak to him. He sent her a box of candy and she fed it all to her pet terrier. So he tried to be still more kind and thoughtful and sent her a box of dog biscuits!"

ED GEERS, "The grand old man," he is called for he is so honest handling horses in races. He says: "I have used SPOHN'S DISTERPER CURE for 12 years, always with best success. It is the only remedy I know to cure all forms of distemper and prevent horses in same state from having the disease. It is a bargain not to be overlooked. Special at \$13.50. Send for our free Horse Catalog." STURGES BROS., 611 Pearl Street, Sioux City, Iowa.

The Preface of Trade.

"I had a curious experience yesterday," said Farmer Corntassel.

"What was it?"

"A stranger came along and told me a funny story and didn't try to sell me anything."

Important to Mothers

Examine carefully every bottle of CASTORIA, a safe and sure remedy for infants and children, and see that it bears the

Signature of J. C. Ayer & Co.

In Use For Over 30 Years.

The Kind You Have Always Bought.

All men are equal before the law, but some are more than equal to the task of getting around it.

WE SELL GUNS AND TRAPS CHEAP

Buy Guns and Traps for \$1.00. N. W. Hilds & Fur Co., Minneapolis, Minn.

Women have been known to shake hands for the purpose of trying to shake secrets out of each other.

Mrs. Wintown's Soothing Syrup.

For children teething, softens the gums, reduces inflammation, allays pain, and restores to quietude the afflicted little child.

The worst deadbeat is he who refuses to pay a debt of gratitude.

WOMAN'S ILLS

Many women suffer needlessly from girlhood to womanhood and from motherhood to old age—with backache, dizziness or headache. She becomes broken-down, sleepless, nervous, irritable and feels tired from morning to night. When pains and aches rack the womanly system at frequent intervals, ask your neighbor about

Dr. Pierce's Favorite Prescription

This Prescription has, for over 30 years, been curing delicate, weak, pain-wracked women, by the hundreds of thousands and this too in the privacy of their homes without their having to submit to indelicate questionings and offensive repugnant examinations.

Sick women are invited to consult in confidence by letter free. Address World's Dispensary Medical Ass'n, R. V. Pierce, M. D., Buffalo, N. Y.

Dr. Pierce's GREAT FAMILY DOCTOR BOOK, The People's Common Sense Medical Adviser, newly revised up-to-date edition—1000 pages, answers in Plain English hosts of delicate questions which every woman, single or married, ought to know about. Sent free to any address on receipt of 31 one-cent stamps to cover cost of wrapping and mailing only, in French cloth binding.

## CALUMET BAKING POWDER

The wonder of baking powders—Calumet. Wonderful in its raising powers—its uniformity, its never failing results, its purity.

Wonderful in its economy. It costs less than the high-price trust brands, but it is worth as much. It costs a trifle more than the cheap and big can kinds—it is worth more. But proves its real economy in the baking. Use CALUMET—the Modern Baking Powder. At all Grocers.

Received Highest Award World's Pure Food Exposition

# You Can Work Near a Window

In winter when you have a Perfection Oil Heater. It is a portable radiator which can be moved to any part of a room, or to any room in a house. When you have a



Absolutely smokeless and odorless.

you do not have to work close to the stove, which is usually far from the window. You can work where you wish, and be warm. You can work on dull winter days in the full light near the window, without being chilled to the bone.

The Perfection Oil Heater quickly gives heat, and with one filling of the font burns steadily for nine hours, without smoke or smell. As indicator always shows the amount of oil in the font. The filter-cap, put in like a cork in a bottle, is attached by a chain. This heater has a cool handle and a damper top.

The Perfection Oil Heater has an automatic-locking flame spreader, which prevents the wick from being turned high enough to smoke, and is easy to remove and drop back, so the wick can be quickly cleaned. The burner body or gallery cannot become wedged and can be unscrewed in an instant for reworking. The Perfection Oil Heater is finished in Japan or nickel, is strong, durable, well-made, built for service, and yet light and ornamental.

Dealers Everywhere. If not at yours, write for descriptive circular to the nearest agency of the

Standard Oil Company (Incorporated)

# W. L. DOUGLAS

'3 '3.50 & '4 SHOES FOR MEN BOYS' SHOES, \$2.00, \$2.50 & \$3.00. BEST IN THE WORLD.

W. L. Douglas \$2.00, \$2.50 and \$4.00 shoes are positively the best made and most popular shoes for the price in America, and are the most economical shoes for you to buy.

Do you realize that my shoes have been the standard for over 30 years, that I make and sell more \$2.00, \$2.50 and \$4.00 shoes than any other manufacturer in the U. S., and that DOLLY LARK FUR DOG LAR, I GUARANTEE MY SHOES, to hold their shape, look and fit better, and wear longer than any other \$2.00, \$2.50 or \$4.00 shoes you can buy? Quality counts. It has made my shoes THE LEADER OF THE WORLD.

You will be pleased when you buy my shoes because of the fit and appearance, and when it comes time for you to purchase another pair, you will be more than pleased because the last ones were so good, and gave you so much comfort.

CAUTION! Name and price stamped on the bottom. For the best prices, write for the last order catalog.

W. L. DOUGLAS, 145 Broadway Street, Brockton, Mass.

Standard Oil Company (Incorporated)

# EUREKA HARNESS OIL

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Sold by Dealers Everywhere FOR SALE BY STANDARD OIL COMPANY (Incorporated)



No. 94 Single Buggy Harness with Double Neck and Hip Strap

Nic. L. R. or Brass Trimmed. This is a bargain not to be overlooked. Special at \$13.50. Send for our free Horse Catalog.

STURGES BROS., 611 Pearl Street, Sioux City, Iowa

Will Keep Your Harness soft as a glove tough as a wire black as a coal

# Household Lubricant

THE ALL-AROUND OIL IN THE HANDY, EVER-READY TIN OILER

is specially selected for any need in the home. Saves tools from rusting. Can not break. Does not gum or become rancid.

Dealers Everywhere MANUFACTURED BY Standard Oil Company (Incorporated) STANDARD OIL COMPANY (Incorporated)



ROOSEVELT'S "AFRICAN GAME TRAILS"

An ideal Christmas gift, it is a complete guide to the habits and habits of the big game animals of Africa. It is a book that every sportsman should own. It is a book that every sportsman should read. It is a book that every sportsman should give.

Send for the book today. Price 25 cents. Write for the book to the nearest sporting goods store, or to the publisher, J. P. Allen & Co., 100 N. 5th St., Chicago, Ill.

OLD SORES CURED

All kinds of old sores cured by the application of a surgical operation which is guaranteed to last a lifetime. No other method has been so successful. Write for the book to the publisher, J. P. Allen & Co., 100 N. 5th St., Chicago, Ill.

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