

A PACKAGE MAILED FREE ON REQUEST OF

arising from a disor-dered stomach or sluggish liver. They contain in concentrated

form all the virtues and values of Munyon's Paw-Paw Tonic and are made from the juice of the Paw-Paw fruit. I unhesitatingly recommend these pills as being the best laxative and cathartic ever compounded. Send us a postal or letter requesting a free, package of Munyon's Celebrated Paw-Paw Lazative Pills, and we will mail same free charge. MUNYON'S HOMOEO-PATHIC HOME REMEDY CO., 53d and Jefferson Sts., Philadelphia, Pa.



Libby's Evaporated Milk

Contains double the nutriment and none of the impurities so often found in so-called fresh or raw milk.

The use of Libby's insures pure, rich, wholesome, healthful milk that is superior in flavor and economical in cost.

Libby's Evaporated Milk is the purest, freshest high grade milk, obtained from selected, carefully fed cows. It is pasteurized and then evaporated (the water taken out), filled into bright, new ting, sterilized and sealed air tight until you need it.

Use Libby's and tell your friends how good it is.

THE QUICKENING BY FRANCIS LYNDE Copyright, 1906, by Francis Lynde In the woods the next time. Come on-

CHAPTER VI. One purple and russet afternoon, we're most there, now,' when all the silent forest world was But Ardea's troubles were not yet at steeped in the deep peace of carly au- an end. She stopped crying and got tumn. Thomas Jefferson was fishing up to follow him blindly over more luxuriously in the most distant of the hills and through other brier tangles apper pools. There were three fat and when they finally emerged in the perch gill-strung on a forked withe un- cleared lands, they were still on the

der the overhanging bank, and a fourth wrong side of the creek. "It's only about up to your chin; was rising to the balt, yhen the peaceful stillness was rudely rent by a reckon you can wade it?" asked Thomcrashing in the undergrowth, and a as Jefferson, in a sudden access of rreat dog, of a breed hitherto unknown heart-hardening. But it softened him Paradise, bounded into the little a little to see her gather her torn frock lade to stand glaring at the fisherman, and stumble down to the water's edge is teeth bared and his black hairs without a word, and he added: "Hold on; maybe we can find a log, somepristling.

"Oh, please! Don't hart my dog!" where," said a rather weak little voice out of There was a foot log just around the next bend above, as he very well knew. the rearward vold.

"You come round here and call him and thither he led the way. The dog made the crossing first, and stood was "He is not wishing to hurt you, or ging his tall encouragingly on the bank

anybody," said the voice. "Down, Hec- of safety. Then Thomas Jefferson passed his trembling victim out on the The Great Dane passed from suslog. bicious rigidity and threatening lip "You go first," he directed; "so twitchings to mighty and frivolous can catch you if you slip."

gambolings, and Thomas Jefferson got "Oh, you please go first, so I won' up to give him room. A girl was tryhave to look down at the water!" ng to make the dog behave. So he "No; I'm coming behind-then I can had a chance to look her over before catch you if you get dizzy and go to the battle for sovereignty should befall," he said, stubbornly,

"Will you walk right up close, so There was a little shock of disdalaan know you are there?" ful surprise to go with the first glance. Thomas Jefferson's smile was cruelly Somehow he had been expecting someaisleading, as were his words. "All thing very different; something on the ou'll have to do will be to reach your order of the Queen of Sheba-done hand back and grab me," he assured small, of course-as that personage her; and thereupon she began in inch was pictured in the family Bible-a her way out over the swirling pool.

girl, proud and scoraful, and possibly When he saw that she could by no wearing a silk dress and satin shoes. possibility turn to look back, Thomas Instead, she was only a pale, tired Jefferson deliberately sat down on the bank to watch her. There had never baby in a brier-torn frock; a girl een anything in his life so tigerishly whose bones showed brazenly at every angle, and whose only claim to a secdelightful as this game of playing on the feelings and fears of the girl whose ond glance lay in her thick mop of reddish-brown hair and in a pair of oming had spoiled the solitudes.

great, slate-blue eyes two sizes too For the first few feet Ardea went large for the thin face. A double constendily forward, keeping her eyes fixed clusion came and sat in Thomas Jefon the Great Dane sitting motionless ferson's mind: she was rather to be at the farther end of the bridge of peril. contemptuously pitied than feared: Then, suddenly the dog grew impatient and as for looks-well, she was not to and began to leap and bark like a foolbe thought of in this same day with ish puppy. It was too much for Ardea black-eyed Nan Bryerson. When the dog was reduced to quietude, the small one repaid Thomas Jefferson's stare gray monsters. She reached backward with a level gaze out of the over-sized for the reassuring hand; it was not there, and the next instant the hungry

'Was it that you were afraid of pool rose up to engulf her. Hector " she asked. In all his years Thomas Jefferson

"Huh!" said Thomas Jefferson, and had never had such a stab as that the soorn was partly for her queer way which an instantly awakened conof speaking and partly for the foolishscience gave him when she slipped and of speaking and party in Huh! I reckon ness of the question. "Huh! I reckon you don't know who I am. I'd have yong any hope of future mercies. For killed your dog if he'd jumped on me, a moment the horror of it held him vise-like. Then the sight of the great maybe.

"You are Thomas Gordon. Your Dane plunging to the reacue freed him. mother took care of me and prayed "Good dog!" he screamed, diving for me when I was sick. Hector is a headlong from his own side of the -an extremely good dog. He would pool; and between them Ardea was proper part, for the proprietor comes not jump at you."

ermediary between cause and effects he cause being the capital of confiding nvestors in the North, and the effect he dissipation of the same in variou and sundry development schemes in he new iron field.

To Paradise, in the course of his gongs to and fro, came this purger of other men's purses, and he saw the fortuitous grouping of the possibilities it a glance; abundant iron of good juality; an accessible vein of coal, second only to Pocahontas for coking; land cheap, water free, and a persuadable subject in straightforward, simle-hearted Caleb Gordon.

Farley had no capital, but he had hat which counts far more in the pronoter's field; namely, the ability to reap where others had sown. His plan, outlined to Caleb in a sweeping cavalry-dash of enthusiasm, was simplicity itself. Caleb should contribute the raw material-land, water and the ore quarry-and it should also be his part

o secure a lease of the coal land from Major Dabney. In the meantime he, Farley, would undertake to float the enterprise in the North, forming a With so many burdens to shoulder in

company and selling stock to provide life the development capital,

A company was formed, the charton wife? was obtained, and the golden stream s there a call for those frequent tasks began to flow into the treasury; into Which Christian duty of each one

it and out again in the raceway chanasks--Teach a class that's left in the lurch, nels of development. Thomas Jefferson stood aghast when an army of Respect a dull sermon (nor doze in workmen swept down on Paradise and

church), Sew for the heathen, visit the sick, began to change the very face of na-But that was only the begin-Bring peace twist two whose tempera

were quiek We say, while we dodge and even pooh-For a time Chiawassee Coal and Iron gared buoyantly in the market quo-

pooh it. well, the minister's wife should ons, and delegations of stockhold-Oh, do it!"

rs, both present and prospective, were personally conducted to the scene of activities by enthusiastic Vice-Presitent Farley. But when these had served their purpose a thing happened. One fine morning it was whispered on Change that Chiawassee iron would not Bessemer, and that Chiawassee coke had been rejected by the Southern Association of Iron Smelters.

Following a crash which was never very clearly understood by the simple-

hearted soldier iron-master, though it men that the speed of a vessel is afwas merely a repetition of a lesson well conned by the earlier investors in feeted by the depth of the water, not Southern coal and iron fields. Caleb's merely in shoal places, but even in craft was the making of iron; not the inancing of top-heavy corporations. So, when he was told that the company had failed, and that he and Farley had cen appointed receivers, he took it as financial matter, of course, somewhat beyond his ken, and went about ing is the method employed. his daily task of supervision with a mind as undisturbed as it would have been distraught had be known some thing of the subterranean mechanism by which the failure and the receivership had been brought to pass. (To be continued.)

Small Trader Whose Rusiness One

Has Not Been Absorbed. One small business that has not yet been swallowed up by the blg ones is that of the smail tailor who makes dom. But he believes that there will clothes for men and women and cleans, be no lack of food on that account repairs and presses. because the application of scientific

There are hundreds of such tailors methods appears to be capable of in scattered in residence districts all creasing the productiveness of the over the city employing one, two or three hands, the New York Sun says, almost unlimited extent. He thinks and there are plenty of such shops the successful substitution of any man that yield their proprietors a good liv- afactured product for vegetable food is ing profit and maybe something more. extremely improbable, because plant



The minister's wife can look ahead To winning a crown and wings when dead;

While we, admitting her chance of re-Who envies the white-faced minister's ward. Manage to make her way to it hard

by far.

know It:

do it?"

tire?

The more that she does of our duty for 119 And plods through life without any

fuss. But when the heavens in judgments burst, And God calls the meek to rise up

The minister's wife has many demands

Make fancy lace objects for the baznar,

Wear lace on herself that is plainer

You've guessed the reply-perhaps you

"Oh, well, the minister's wife should

Awaiting her busy but tired hands.

Never by gossipers be beguiled,

Who must rear up the perfect child,

first Long habit will make us answer to it;

"Oh. well, the minister's wife should do It!" -Cincinnati Post.

crease the happiness of the songster, provided the hints are heeded: Place the cage so that no draft of air can strike the bird. Give nothing to healthy birds but rape and canary seed, water, cuttlefish bone and gravel paper or sand on the floor of the age; no hempseed; a bath three times

a week. The room should not be over-It is well understood among naval heated-never above 70 degrees. When moulting (shedding feathers) keep warm, avoid all drafts of air. Give plenty of German rape seed. A little hard boiled egg mixed with crackers grated fine is excellent. Feed regularly at a certain hour in

> the morning. By observing these sim ple rules birds may be kept in fine ondition for years. For birds that are sick or have lost

their song procure bird tonic at a bird store. Very many keep birds who mean to give their pet all things to make them bright and happy and at

Frof. A. Woeikof, after an examithe same time are guilty of great crunation of the geographical and ecoelty in regard to perches. The perches TAILOR IN ONE NEIGHBORHOOD. nomic conditions of the problem, an in a cage should be each one of a difnounces his conclusion that in the ferent size and the smallest as large future meat will become too expensive

as a pipestem. If perches are of the right sort no for ordinary food, and that man must sventually derive practically all his rouble is ever had about the bird'a sustenance from the vegetable king be nails growing too long, and, of all things, keep the perches clean .- Exchange.

"In the Hands of His Friends." A correspondent who has observed lany instances of the good under agricultural lands of the globe to an standing which prevails between the egroes and their white neighbors in the southern states tells the story of a colored man who left his South Caro-Here is a business in which polite life is capable of utilizing solar energy line home to become a barber in an ness and a desire to please play their much more economically than any ma- flonois city. Not long afterward a

How to Save Money. Every man who is obliged to work for his living should make a point to lay up a little money for a "rainy

day.' Accumulated money is always ready to use when needed. Scrape together five dolairs, deposit it in a savings bank, and then resolve to deposit a given sum, small though it be, once a month, or once a week, according to circumstances. With such an account a man feels a desire to enlarge his desposit. It gives him lessons in frugality and economy, weans him from habits of extravagance, and is the very best guard in the world against intem-

Fill in at the organ, help out the choir, perance, dissipation and vice. Work for the church when all others



A Night Thought.

Of John Sloan, the brilliant etcher, a story was told the other night at the Franklin Inn in Philadelphia.

"I used to take long walks with Sloan," said an essayist, "when he lived here. He has an original and interesting mind.

"'Nature is often beautiful,' he said one evening, as we walked in the park. 'But to-night how hideous she is.'

"Here Sloan shuddered. "'But, my dear Sloan,' I objected, look at the stars. Surely they're very fine to-night."

"Sloan looked up, then frowned and hok his head.

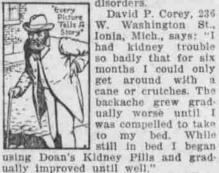
" 'Oh, yes,' he said, 'not bad, not bad; but there's far too many of them.''

Water thrown on the ice of the Arctic regions will crack it, just as boiling water will crack a piece of glass. This is because the ice is so much colder than water.

IT WEARS YOU OUT.

Kidney Troubles Lower the Vitality of the Whole Body.

Don't wait for serious illness; begin using Doan's Kidney Pills when you first feel backache or notice urinary disorders.



the deeper waterways. Seattle is reducing its steep hills. When the work planned is completed 34,000,000 cubic yards of material will have been removed. Hydraulic sluic-

Science

Invention

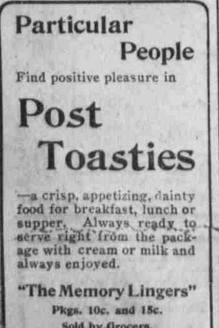
It is said that Prof. Karl Harries of the University of Kiel has produced a synthetic rubber. Attempts such as this have been made time and again, but with no commercial success.



do?" Her Wardrobe in a Mail Bag. Uncle Sam has found nothing is sacred to a woman where the care of her personal belongings is concerned. A woman who recently arrived in New Orleans from Guatemala carried a large part of her wardrobe in a regulation mail bag that originally belonged to the United States govarnment. She was detained by the customs house officials, but succeeded in satisfying them that she had bought the bag in Guatemala, where it was placed on sale in the ordinary way, I ain't aimin' to go till I'm good and and did not know she was committing any wrong in making personal use of The fact is that the material of ft. which the United States mail bags are made possess remarkable qualities of durability, combined with fineness of texture, and every year, especially in South American countries, where goods of the same quality seldom are seen, American mail bags disappear mysteriously. Usually the women of the place transform them into petticoats or skirts, while they are prized by the men as saddle cloths or packs for mules.

Religion of Presidents.

The Episcopalian presidents were Washington, Madison, Monroe, Harri son, Tyler, Taylor, Pierce and Arthur. Nan Bryerson. The Congregationalists were both John Adams and John Quincy Adams, Jefferson and Johnson did not belong to any church. The Preabyterians were Jackson, Polk, Buchanan, Lincoln, Cleveland and Benjamin Harrison. The Reformed Dutch were Roose I'vo walked and walked!" welt and Van Buren. Fillmore and Taft were Unitarians and Garfield belonged to the Disciples. The Methodists were Grant, Hayes and McKinley.



to must walt on his motions.

Sold by Grocers.

Postum Cercal Co., Ltd. Battle Creek, Mich.

"It's mighty lucky for him he didn't," teeth chattering and great, dark cirbragged Thomas Jefferson, with a very cles around the big blue eyes. creditable imitation of his father's "I'm awfully sorry!" he stammered. grim frown. Then he sat down on the "If you can't make out to forgive me, bank of the stream and busied himself I'm going to have a miser'ble time of it with his fishing-tackle as if he considafter I get home." ered the incident closed.

cou're afeard to?"

ready.

ho-ome!

"I don't know what you mean."

me, but-but I can't find the way."

he could muster into the query.

"It will serve you quite right. Now "What is it that you are trying to you'd better get me home as quick as asked Ardea, when the silence ever you can. I expect I'll be sick had extended to the third worm imagain, after this."

paled on the hook and promptly ab He held his peace and walked her as stracted therefrom by a wily sucker fast as he could across the fields and lying at the bottom of the pool. out on the pike. But at the Dabney "I was fishin' some before you and gates he paused. It was not in human your dog came along and scared all courage to face the Major under existthe perch away," he said, sourly. Then, turning suddenly on her: "Why don't

ing conditions. "I reckon you'll go and tell your you go ahead and say it? Is it 'cause gran'paw on me," he said, hopelessly. "Why should I not tell him? And I "I know what you're going to say; again, you cruel, hateful boy!"

you are going to tell me this is your Thomas Jefferson hung about the grandfather's land and run me off. But gate while she went stumbling up the driveway, leaving heavily on the great log. When she had safely reached the "You are such a funny boy," she re-

ouse he went slowly homeward, wadmarked, and there was something in ing in trouble even as he waded in the her way of saying it that made Thomwhite dust of the pike. For when one as Jefferson feel little and infantile drinks too deeply of the cup of tyran and inferior, though he was sure there ny the lees are apt to be like the little must be an immense age difference n book the Revelator ate-sweet as honey his favor. "I think you are mean, in the mouth and bitter in the belly. mean!" she sobbed, with an angry stamp of her foot. "I-I want to go That evening at the supper-table he

"Well, I reckon there ain't anybody reply to a question put by his father. If you live in a tenement house you holdin' you," said Thomas Jefferson, "Yes; the Major sent for me again brutally. He was intent on fixing the this afternoon. That child is back in sixth worm on the hook in such fashbed again with a high fever. It seems on as permanently to discourage the she was out playing with that great bait thief, and was coming to his own dog of hers and fell into the creek. in the matter of self-possession with wanted to tell the Major he is just grateful facility. It was going to be tempting Providence, the way he makes otably easy to bully her-another over her and indulges her, but I didn't point of difference between her and dare to.

And Thomas Jefferson knew that he "I know there isn't anybody holding was the one who had tempted Providence.

'You want me to show you?" he asked, putting all the ungraciousness CHAPTER VII. From the grave and thoughtful van-"You might tell me, I should think! tage-ground of 13, Thomas Jefferson could look back on the second illness of "I reckon I'd better take you; you Ardea Dabney as the closing incident might get lost again," he said, with of his childhood. The industrial

loomy sarcasm. Then he consumed changes which were then beginning. If the time he could for the methodinot only for the city beyond the mounal disposal of his fishing-tackle. It tain, but for all the region round about, ould be good for her to learn that had rushed swiftly on Paradise; and the old listless tife of the unhasting She walted patiently, sitting on the period soon recaded quickly into a far-

round with one arm around the neck away past, rememberable only when of the Great Dane; and when Thomas one made an effort to recall it. Jefferson stole a glance at her to see First had come the completion of the how she was taking it, she looked so Great Southwestern. Diverted by the tired and thin and weebegone that he untiring opposition of Major Dabney imost let the better part of him get from its chosen path through the valthe upper hand. That made him sur- ley, it skirted the westward hills, passlier than ever when he finally recov-

ing within a few hundred yards of the ered his string of fish from the stream Gordon furnace. Since business knows and said: "Well, come on, if you're no animosities, the part which Caleb Gordon and his gun crew had played

He told himself, hypocritically, that in the right-of-way conflict was igwas only to show her what hard- nored. The way-station at the creek ships she would have to face if she crossing was named Gordonia, and it should try to tag him, that he dragged was the rallway traffic manager himher such a weary round over the hills self who suggested to the iron-master the taking of a partner with capital, and through the worst brier patches and across and across the creek, doub- the opening of the vein of coking coal ling and circling until the easy mile on Mount Lebanon, the installation of was spun out into three uncommonly coking-ovens, and the modernizing and collarging of the furnace and foundry coking-ovens, and the modernizing and tive was purely wicked. In all the plant-hints all pointing to increased range of sentient creatures there is traffic for the road. none so innately and barbarously cruel

With the coming of Mr. Duxbury as the human boy-child; and this was Farley to Paradise, Thomas Jefferson the first time Thomas Jefferson had lost, not only the simple life, but the ever had a helplessly pliable subject. desire to live it. This Mr. Farley, ever had a helplessly pliable subject. The better she kept up, the more de- whom we have seen and heard, motermined he became to break her mentarily, on the station platform in down: but at th very last, when she South Tredegar, the expanded, hailed stumbled and fell in an old leaf bed from Cleveland, Ohlo; was, as he was and cried for sheer weariness, he re-iented enough to say: "I reckon you'll no mean city. His business in the reknow better than to go projectin' round awakening South was that of an in-

chine. dragged ashore, a limp little heap of in personal contact with the customer,

saturation, conscious, but with her and if to politeness the shop adds good work and businesslike promptness in completing jobs at the time specified it may in almost any neighborhood build up a substantial trade with regular customers and with a steadily increasing clientele.

Many such shops call for clothes and which thus exchanged their chronommake deliveries; few keep a boy, for ster times. One was found a few sec there might not be constant employment for him, and in these small shops everybody keeps constantly at work; they have to do that to work out a their experiments with wireless time profit. The boss himself on occasions will carry things home, and do it willingly and cheerfully. Still for the of furnishing comparisons within a most part customers requireing cleanlimit of error of less than one oneing, repairing and pressing done take hundredth of a second. The experinever want to see you or hear of you their own things to the shop and take them away when done, and in this Paris and Brest, by means of the great carrying to and fro the customers show installation of the Eiffel Tower. various peculiarities or they may be governed more or less by where they live

ery has become so accelerated that its If a man lives in a tenement house announcements make people catch he may throw his clothes over his arm their breath. But Prof. T. E. Thorpe and walk with them so to the tailor; reminds us that seldom in the history if he lives in an apartment house with of science has any discovery, so moan elevator and that sort of thing he mentous in its results, been perfected would be more likely to do them up in and announced so quickly as Sir Humhad one nerve-racking fear dispelled a bundle. And when you get these phry Davy's discovery of the metals and another confirmed by his mother's clothes at night on your way home, potassium and sodium by the action of electricity upon solutions of potash take them back on your arm; the and soda. On October 19, 1807, he got tatior will lay the trimly pressed his first results; on November 19th he clothes over your arm smoothly; or if astonished the Royal Society with a you live in an apartment you have masterly account of their completion. them done up, because you want them When he saw the new metals appear so or because you know that other in shining globules, and then take fire, people in the house wouldn't fancy see he danced about the floor in ecstasy. ing a tenant walking through the hall But recovering his self-command. to the elevator carrying a lot of old within one month he had obtained

> ther you want them done up or not, day about the physics and chemistry and if you do he will do them up of the alkaline metals. What a pleas- ably appear whenever the death of a gladly and not consider you proud or ure for Davy, and what an advantage snippy for wanting them so. The for science, if he could be alive now! neighborhood tailor knows about

CANARY BIRDS.

their way to the tailor over the arm The Care That Should Be Bestowed Upon Those Songsters. Those who are charmed by the sing-

ing of the canary will find in the following directions much that will in- er be miserably rich than happily poor

negro was lynched in this town, and fears of a "race riot" were entertained. The possibility of employing signals A customer entering the shop found ent by wireless telegraphy to correct

the barber packing up his tools, and the time of chronometers and clocks learned that he proposed to return to has long presented itself to many South Carolina. ransatlantic steamships in mid-ocean.

"There is too much lynchin' goin' minds, and not long ago a practical on in these parts," declared he test was made between two great Tain't safe round hyar.' fransatlantic steamships in mid-ocean. "Well," replied the customer, "don' ou know there are just as many

lynchings down South as there are onds in error. Messrs. Claude and here?" Frere have just reported to the Paris "Yes, sir, I 'spects dat's true," was Academy of Sciences the results of the reply, "but if I's lynched hyar I dunno who's gwine do it, but if 1' signals between Paris and Montsouris lynched down dar, I knows I's gwine showing that the method is capable e lynched by my friends."

A Hard Lot.

Nicaragua has been distinguished ments are to be continued between even among Central American republics by the number of its revolutions. Discovered by Columbus, it takes its We are apt to think that it is only name from the chief who ruled it at in recent years that scientific discovhe time of its exploration by Doirla. in 1522. Of its earliest rulers it has been said that "the first had been a murderer, the second a murderer and rebel, the third murdered the second, the fourth was a forger and the fifth a murderer and rebel." Nicaragua

abounds in prehistoric remains, and in some parts, it is said, the inhabitants still supply themselves with pottery from the vast quantities preserved below the surface.

Killed by Fear.

Frederick I. of Prusia was killed by ear. His wife was insane, and one day she escaped from her keeper and, dabbling her clothes with blood, rushed upon her husband while he was dozing in his chair. King Frederick im clothes. The tailor will ask you whe most of the leading facts known to- agined her to be the "white lady whose ghost was believed to invarimember of the royal family was to occur, and he was thrown into a fever and died in six weeks.

Your working hours have been refuced to eight. Then for heaven's

sake, work eight hours! Most people imagine they would rath-

Remember the name-Doan's. For sale by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y. The Australian Stock Whip,

The stock whip in the skillful hands of the Australian is not only an article of the greatest utility, but also a formidable weapon. Owing to its great length the lash varies from twelve to thirty feet-and the shortness of the butt, which measures only eighteen inches, it is an extremely difficult and awkward thing to wield, and the beginner is apt to hurt himself if he does not exercise care when practicing. A well trained stockman, however, can hit a cent every time at ten paces distance and with the dreaded lash in his hand, cracking like pistol shots, can keep a mob of wild animals in check. If used with full force it will cut through skin and flesh like a knife, says the Wide World Magazine, but unless a beast shows distinct vice the stockman uses it more for the purpose of instilling fear than of causing pain. It can also be used as a bolas, a Patagonian form of lasso, and an adept can catch and hold a beast by causing the lash to curl around its legs.

Lesson from the Past.

"Socrates," asked Plato, "to spring an old one on you, how do you recon cile the doctrine of foreordination with the doctrine that man is a free moral agent?"

"We needn't bother our heads about that," answered Socrates. "One of these days some 7-year-old prodigy will come along and tell us all about it."

For even the old Greek philosopher had a premonition that we were going to have some fearfully smart boys in America in the twentleth century.

HARD ON CHILDREN

When Teacher Has Coffee Habit. "Best is best, and best will ever live." When a person feels this way about Postum they are glad to give testimony for the benefit of others.

A school teacher down in Miss. says: "I had been a coffee drinker since my childhood, and the last few years it had injured me scriously.

"One cup of coffee taken at breakfast would cause me to become so neryous that I could scarcely go through with the day's duties, and this nervousness was often accompanied by deep depression of spirits and heart palpitation.

"I am a teacher by profession, and when under the influence of coffee had to struggle against crossness when in the school room.

"When talking this over with my physician, he suggested that I try Postum, so I purchased a package and made it carefully according to firections; found it excellent of flavs; and nourishi

"In a short time I noticed very gratifying effects. My nervousness disappeared, I was not irritated by my pupils, life seemed full of sunshine, and my heart troubled me no longer.

"I attribute my change in health and spirits to Postum alone.' Read the little book, "The Read to

Wellville," in pkgs. "There's a Reason.

Ever read the above letter? A new one appears from time to time. They are genuine, true, and full of human interest.



-Minnenpolis Journal hind them."-Birmingham Age-Herald

YESTERDAYS.

then when he comes home at night he stops at the tailor's on the way to find his things all ready. The tailor lays them neatly in the suitcase again and so the young man carries them A Discouraging Theory. "Why do those critics say such disagreeable things?" asked the unhappy "You mustn't blame them," an-

swered the manager. "Probably they

want to avoid being overlooked in the struggle for attention." "But can't they attract attention by saying pleasant things?"

"Not so much. When I was rough ing it I learned that the man who pulls a gun on you is remembered

things and he is a man of business.

So as to most of the things that find

or in a bundle, but the modern young

is not without its merits and advan-

tages. He puts his clothes to be re-

paired n a suitcase and when he goes

down town in the morning he just

home

actress.

man has discovered another way which

twice as long as the one who offers you a cigar."-Washington Star. Housekeeper's Reason.

"The dust that has accumulated be

moving pictures?"