

Better Health

A Pleasing Sense of Health and Strength Renewed and of Ease and Comfort

follows the use of Syrup of Figs and Elixir of Senna, as it acts gently on the kidneys, liver and bowels, cleansing the system effectually, when constipated, or bilious, and dispels colds and headaches.

To get its beneficial effects, always buy the genuine, manufactured by the California Fig Syrup Co.

N. E. Mississippi, \$30 an acre buys 2000 acres good hill land. Ten egg-ments. Fine stock or fruit lands. The Chase, Moscow, Tenn.

WESTERN CANADA

Senator Dolliver, of Iowa, says: "The stream of emigrants from the United States to Canada will continue."

Senator Dolliver recently paid a visit to Western Canada, and says: "There is a land hunger in the heart of the American people, and the excellent administration of law and order, and the fine climate, and the abundance of resources, are all coming to you in the West."

For particulars as to location, low rates, and other descriptive literature, write to Dept. of Immigration, Ottawa, Canada, or to the following Canadian Govt. Agents: E. J. Holmes, 215 Jackson St., St. Paul, Minn.; and W. McLaughlin, Box 116, Waterloo, South Dakota. (Use address nearest you.)

Please say where you saw this advertisement.

OPPORTUNITIES

Louisiana Plantations \$15 to \$25 acre. Hardwood timber land. \$30.00 to \$14 acre. E. J. Hamby & Son, Lake Providence, La.

Wagon E. Coleman, Washington, D. C. Best results. See references. Best results.

PATENTS

Are Effected with THOMPSON'S EYE WATER

See eyes, use THOMPSON'S EYE WATER

THE FIRST CLOCKS.

One at Padua That Was a Wonder of Mechanism.

It was, we are told, in 1309 that the first clock known to the world was placed in the tower of San Eustargio, in Milan.

The greatest astonishment and admiration were manifested by crowds who flocked to see the timepiece. In 1344 a clock was installed in the palace of the nobles at Padua. This was a wonder of mechanism indeed, for besides indicating the hours it showed the course of the sun, the revolutions of the planets the various phases of the moon, the months and the fetes of the year.

The period of the evolution from the clock to the watch was seventy-one years—not so very long, all things considered—and the record of the first watch is 1350. A half century later an alarm clock made its appearance. This, we are told, was looked upon by the people of that age as "an instrument prodigious."

The fortunate possessor of this clock was Andrea Alciato, a councillor of Milan. The clockmaker has placed on record that this clock sounded a bell at a stated hour, and at the same time a little wax candle was lighted automatically. How this was done we are not told, but it must not be overlooked that until about seventy years ago we had no means of obtaining a light other than the tinder box, so that the Milanese must have been centuries ahead of us in this respect.

Not much progress was made with the watch until 1740, when the second hand was added.—London Globe.

CONSPICUOUS.

The minister had preached to the graduating class of a girls' college. The girls of the class were on the platform all round the pulpit and all dressed in white.

"I felt," confessed the preacher to his wife when he got home, "like a crow on a snowdrift."—Pittsburg Press.

Yet He Meant Well.

Just as the Jackson Park train was leaving the 5th street elevated station, a man who had got off there hurried along the platform and spoke to a passenger sitting by an open window in the smoking car.

"Quick," he said, "please hand me that package. I left it on the seat when I got out just now."

"Sure," said the passenger, picking up the bundle and tossing it out of the window.

"Thanks!" "Here! What are you doing that for?" demanded the wrathful, red-faced man sitting next to him.

"Why, he—"

"You double-dyed idiot, that package belonged to me! It was \$15 worth of lace and ribbons I was taking home to my wife!"

Over the scene that followed let us draw a veil.—Chicago Tribune.

Not Loud but Deep.

Village Constable (to villager, who has been knocked down by passing motor cyclist)—"You didn't see the number, but could you swear to the man?"

Villager—"I did; but I don't think 'e 'ard me."—Punch.

Some Sweet Day

You may be served with

Post Toasties

and Cream.

Then you will know what a dainty, tempting food you have been missing.

Every serving wins a friend—

Popular pkg. 10c. Family Size 15c. Sold by Grocers.

"The Memory Lingers"

Postum Cereal Co., Ltd., Battle Creek, Mich.

CONVERSATION BY YARDSTICK.

Exactitude May Take All the Savour Out of It.

"O my prophetic soul," Marlan exclaimed, "here comes Miss Alma Briggs!"

"Who is Miss Alma Briggs?" Beatrice asked. "I'm going to stay a month, Marlan. Don't you think we can sustain Miss Alma even if it is our first day together in seven years?"

"Don't ask who she is," Marlan retorted. "It isn't wise to get one started. She is a very excellent and useful woman, my dear, but she can kill a pleasant conversation sooner than anybody I ever saw. She kills it with her yardstick. She is a Poisoner of Fancy, a Sworn Foe to Jest, a Hereditary Enemy to Sportive Ease, she—Oh, you just wait!"

"But surely you needn't fear rivalry, although she does talk by the yard," Beatrice protested, wickedly.

"I fear your base insinuations, Miss Blanchard," her cousin retorted. "I merely point out your error. I said yardstick, not yard, but she can kill a pleasant conversation sooner than anybody I ever saw. She kills it with her yardstick. She is a Poisoner of Fancy, a Sworn Foe to Jest, a Hereditary Enemy to Sportive Ease, she—Oh, you just wait!"

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How to Cook Potatoes.

Most people know potatoes as boiled, baked and warmed over. Plain boiled and mashed for variants on the first, creamed and fried on the last, and nothing you can do to a baked potato, if properly baked, can improve it.

Baked potatoes are more easily digested than if cooked in any other way, but to be at their best should be subjected to a heat sufficient to crisp the skins without burning them. A potato baked in a slow oven is not equal to one from a good hot one.

Baked potatoes are the proper thing to serve with cold meats. Select smooth, medium sized potatoes, and time the baking so they will be just done, not over-baked and soggy, when the meal is served. A baked potato should be eaten at the psychological moment.

Boiled potatoes should be cooked slowly in a covered kettle. Most cooks advise putting them into boiling salted water. Harper's cook book, compiled by some of the most famous domestic experts in the country, advises putting them into sufficient cold water to cover them and adding more as necessary. When done, pour off the water and let them stand, partly covered, till dried off, shaking the kettle occasionally. To let them stand in the water after they are done is to spoil them. If dinner is delayed, fold a clean towel and lay over the potatoes instead of the lid; this will keep them hot and in good condition for some time.

Women Wear Nightcaps.

Hush-h! It is quite possible you know it already, but it is a secret, just the same, and it never would do to have it talked about; but the fact is that all we girls are going back to the fashion of our grandmothers and—yes, wearing nightcaps. But the nightcap of to-day is a very different affair from those that were worn fifty or sixty years ago. Those were frankly ugly, usually made of some coarse and heavy material, which covered the head completely, extending over the ears and under the chin. They were worn for warmth, for there was no steam heat at that date, and bedrooms often were chilly. The nightcaps of to-day are beautiful affairs of laces and silks and all kinds of dainty weaves, the New York Press says, and, though the man who buys one might be inclined to doubt it, they have the reason of their existence in the motive of strict economy. With the elaborate styles of coiffure that now are in fashion women find they can fritter away a most unwelcome proportion of their pin money on their hair-dressers, and they have taken to nightcaps so that after their hair has been fixed up for a dinner or theater party in the evening they can save it from being mussed up at night and preserve the effect of a single visit to the hairdresser for at least two or three days.

Practical Joker.

Practical joking, "the meanest form of wit," is common in Hungary. Formerly the pranks used to be coarse, if not dangerous, but that is changing now. The only saving grace of the Magyar practical jokes, says W. B. F. Bovill in "Hungary and the Hungarians," is that they are not perpetrated in a spirit of bitterness.

One of the most famous jesters of the old school was Jozsa Gyuri. Exiled in one of the most inaccessible parts of the great plain, he lived and died "a prodigal and a buffoon."

A story is told of Jozsa going to spend a night with a Count Keglevich. Wishing to be impressive, he journeyed thither in a beautiful new coach, of which he was very proud. On being shown over the grounds by the count, his attention was directed to a remarkably fine hay-rick. Hay was then standing at a good price. After supper Jozsa drew together some friends, and the rick was soon nothing but a heap of ashes.

The next morning, when Jozsa wanted to continue his journey, his wonderful carriage was not to be seen anywhere.

"Why, my friend," said the count, "you yourself burnt it last night. This fact is, my coach-house wants repairing, and as the evening threatened to be wet, we put your carriage under the rick to keep it dry."

Best Eggs for Hatching.

The eggs to be placed in an incubator should be from well-matured 1-year-old pullets or 2-year-old hens. The pullets or hens should be yarded off, fifteen hens to each rooster. This method costs a little more than the old custom of letting hens and roosters all run together, but it insures fertile eggs. Give the hens plenty of charcoal, fresh water, grit, clean quarters, alfalfa or other greens, and you will have a flock that will please you and everyone else. But feed oyster shells sparingly to breeding hens, as the egg shells will be so thick that the chicks can't break through. Eggs should not be over seven days old for hatching for best results. The brooder should be warm to receive the chicks.—Rural World.

Cow's Mother Love.

A news item from Princeton, Ind., says: A cow's melancholy over the loss of her calf led to a strange incident at the home of Joseph Brown, near Mount Carmel, Ill.

"Brown owned a cow with a spotted calf which was peculiarly marked that a few days ago, when it was killed for veal, the skin was made into a rug. The mother cow was downcast and belched continually. This afternoon Mrs. Brown went into her front parlor and there on the floor lay the cow, placidly licking the callskin rug. It is supposed the cow approached the house and by chance saw the callskin through the window, then quietly pushed the doors open and walked in. One barred door had been forced open by the cow's horns."

Prepared Poultry Feed.

The prepared brands of "chick feed" are excellent for furnishing a variety of seeds and cracked grains, and at \$2.50 to \$3 per hundred pounds this feed is as cheap as anything that can be used with the same satisfactory re-

Happy AND Garden

Fortunes of War.

"But, Senator," asked the reporter, "who is to pay the cost of placing the country on a complete war footing and keeping it there?"

"My dear boy," said Senator Lottmun, "it's a tossup between our posterity and the posterity of some European or Asiatic power, and really doesn't interest us. Try one of these imported perfectors."

Juvenile Ignorance.

Tommy—Paw, how much are you worth?

Mr. Tucker—About \$4,000, my son.

Why?

Tommy (after a few moments of deep thought)—Paw, how much does the assessor fine you for having all that?

SCREAMED WITH PAIN.

A Terrible Tale of Kidney Suffering.

Charles Easter, East Locust St., Watska, Ill., says: "I suffered such severe pain in my back that I actually screamed and for six months was unable to sit in a chair. I lost 40 pounds and was so lame I could not wash my face. The kidney secretions were of a white color and often suppressed. A fter doctoring and using different remedies, I began with Doan's Kidney Pills. I gained gradually and was soon cured. The cure is permanent, and I can now do my usual work."

Remember the name—Doan's. For sale by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.

Everyday Philosophy.

What though your schemes have all gone wrong—

Go for Fortune is naught but a flirt; Go trading along with a cheerful song And a smile that conceals the hurt.

Deafness Cannot be Cured

by local applications, as they cannot reach the diseased portion of the ear. There is only one way to cure deafness, and that is by constitutional remedies. Deafness is caused by inflammation of the mucous lining of the Eustachian Tube. When this tube is inflamed you have a rumbling sound or imperfect hearing, and when it is entirely closed, deafness is the result, and unless the inflammation can be taken out of the tube, hearing will never be restored; hearing, which is destroyed forever; since cases of ten are caused by Catarrh, which is nothing but an inflamed condition of the mucous surfaces.

We will give One Hundred Dollars for any case of Deafness (caused by Catarrh) that cannot be cured by Hall's Catarrh Cure. Send for circulars free.

J. C. HENNING, M.D., Toledo, O.

Sold by Druggists, 75c.

Take Hall's Family Pills for constipation.

Children Who Are Sickly.

Mothers should never be without a box of Mother Gray's Sweet Powders for Children. They break up colds in 24 hours, cure Feverishness, Constipation, Headache, Teething Disorders and Stomach Troubles. Over 10,000 testimonials. At all Druggists, 25c. Ask for Mother Gray's Sweet Powders. Address, Allen S. Olmsted, Le Roy, N. Y.

Only an Imitator.

"Like your great prototype, now abroad, I suppose you lead the strenuous life."

"Lead it? No, I merely follow it."

Mrs. Winslow's Soothing Syrup for children teething, softens the gums, reduces inflammation, allays pain, cures wind colic. 25c a bottle.

It's up to a man to be on his guard when a woman begins to lower her voice. She is preparing to ask a favor.

Remedies are Needed

Were we perfect, which we are not, medicines would not often be needed. But since our systems have become weakened, impaired and broken down through indigestion, which have gone on from the early ages, through countless generations, remedies are needed to aid Nature in correcting our inherited and otherwise acquired weaknesses. To reach the seat of stomach weakness and consequent digestive troubles, there is nothing so good as Dr. Pierce's Golden Medical Discovery, a glyceric compound, extracted from native medicinal roots—sold for over forty years with great satisfaction to all users. For Weak Stomach, Biliousness, Liver Complaint, Pain in the Stomach after eating, Heartburn, Bad Breath, Belching of food, Chronic Diarrhea and other Intestinal Derangements, the "Discovery" is a time-proven and most efficient remedy.

The genuine has on its outside wrapper the Signature

You can't afford to accept a secret nostrum as a substitute for this non-alcoholic, medicine of known composition, not even though the urgent dealer may thereby make a little bigger profit.

Dr. Pierce's Pleasant Pellets regulate and invigorate stomach, liver and bowels. Sugar-coated, tiny granules, easy to take as candy.

A Storekeeper Says:

"A lady came into my store lately and said: 'I have been using a New Perfection Oil Cook-Stove all winter in my apartment. I want one now for my summer home. I think these oil stoves are wonderful. If only women knew what a comfort they are, they would all have one. I spoke about my stove to a lot of my friends, and they were astonished. They thought that there was a smell and smoke from an oil stove, and that it heated a room just like any other stove. I told them of my experience, and one after another they got one, and now, not one of them would give hers up for five times its cost.'"

The lady who said this had bought an oil stove as all right for quickly heating milk for a baby, or boiling a kettle of water, or to make coffee quickly in the morning, but she never dreamed of using it for difficult or heavy cooking. Now—she knows.

Do you really appreciate what a New Perfection Oil Cook-Stove means to you? No amount of praise is too much to say for the dinner table so tired out that you can't eat. Just light a Perfection Stove and immediately the heat from an intense blue flame shoots up to the bottom of pot, kettle or oven. But the room isn't heated. There is no smoke, no smell, no outside heat, no drudgery in the kitchen where one of these stoves is used.

New Perfection

WICK BLUE FLAME

Oil Cook-stove

It has a Cabinet Top with a shelf for keeping plates and food hot. The nickel finish, with the bright blue of the chimneys, makes the stove ornamental and attractive. Made with 1, 2 and 3 burners; the 3 and 5-burner stoves can be had with or without Cabinet.

Every dealer everywhere; if not at yours, write for Descriptive Circular to the nearest agency of the

Standard Oil Company

(Incorporated)

ANOTHER WOMAN CURED

By Lydia E. Pinkham's Vegetable Compound

Black Duck, Minn.—"About a year ago I wrote you that I was sick and could not do any of my housework. My sickness was called Retroflexion. When I would sit down I felt as if I could not get up. I took Lydia E. Pinkham's Vegetable Compound and did just as you told me and now I am perfectly cured, and have a big baby boy."

Mrs. ANNA ANDERSON, Box 19, Black Duck, Minn.

Consider This Advice.

No woman should submit to a surgical operation, which may mean death, until she has given Lydia E. Pinkham's Vegetable Compound, made exclusively from roots and herbs, a fair trial.

This famous medicine for women has for thirty years proved to be the most valuable tonic and invigorator of the female organism. Women residing in almost every city and town in the United States bear willing testimony to the wonderful virtue of Lydia E. Pinkham's Vegetable Compound. It cures female ills, and creates radiant, buoyant female health. If you are ill, for your own sake as well as those you love, give it a trial.

Mrs. Pinkham, at Lynn, Mass., invites all sick women to write her for advice. Her advice is free, and always helpful.

W. L. DOUGLAS SHOES

\$5, \$4, \$3.50, \$3, \$2.50 & \$2

THE STANDARD FOR 30 YEARS

Millions of men wear W. L. Douglas shoes because they are the best value for the money. Made upon honor, by the most skilled workmen in all the latest fashions.

W. L. Douglas \$3.00 and \$4.00 shoes. Custom Bank Book costing \$6.00 to \$8.00. Boys' Shoes, \$2.50 & \$3.00.

W. L. Douglas guarantees the value by placing his name and price on the bottom. Make No Substitutes. For Color and Full particulars for W. L. Douglas shoes, write to your town or write for Mail Order Catalogue, enclosing low order by mail. Shoes ordered direct from factory delivered free. W. L. Douglas, Brockton, Mass.

LADEES. Can make \$2.00 to \$3.00 a day selling Borden's Pocket Moistener for all guinea, surplus, and other goods. Write today. Joliet Office Supply Co., Joliet, Ill.

The Natural Laxative

acts on the bowels just as some foods act. Casarets thus aid the bowels just as Nature would. Harsh cathartics act like pepper in the nostrils. Soon the bowels grow so calloused that one must multiply the dose.

Vest-pocket box, 10 cents—at drug-stores. Each tablet of the genuine is marked C C C.

S. C. N. U. - No. 21 - 1910.

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