A Last Embrace.

As a well known New Yorker stepped from a Michigan Central train in Chicago, a handsome young lady skipped up to him, threw her arms rapturously about his neck, and kissed him many times, saying, "Oh, papa. I'm so glad you've come!" The old gentleman threw both arms around her and held her firmly to his breast. Soon she looked up into his face, and horror stood in her eye. "Oh, my, you're not my papa!" she said, trying to free herself from his embrace. "Yes, I am," insisted the old gentleman, holding her tightly; "you are my long-lost daughter, and I'm going to keep you right in my arms until I get a policeman." When the officer came and found the old gentleman's diamond pin in the girl's hand, he said. "That's a new trick here." "Is it?" was the remark. "Well, it's several weeks old in New York!"

High Finance.

"I have a bookkeeper in my office who is evidently destined to be one of our future captains of finance, all right," a broker remarked the other day. "He is a good clerk, but of late he has been late several times, and I had to call him down.

"'You have been late three times already this week,' I said. 'What is the trouble—oversleeping yourself?'

"'No, sir and I am very sorry,' he answered. 'I will try not to let it happen again. It has been due to the fact that I have been walking to the office instead of riding.'

"'Think the exercise does you good?' I asked him.

"'No, sir; rather a matter of economy,' he explained. 'Even small sums count to me, you see, and I have already saved enough to have my shoes resoled.'"—Harper's Weekly.

WORTH MOUNTAINS OF GOLD

During Change of Life, says Mrs. Chas. Barclay

Graniteville, Vt. — "I was passing through the Change of Life and suffered from nervousness and other annoying symptoms, and I can truly say that Lydia E. Pinkham's Vegetable Compound has proved worth mountains of gold to me, as it restored my health and strength. I never forget to tell my friends what Lydia E. Pinkham's Vegetable Compound has done for me during this trying period. Complete restoration to health means so much to me that for the sake of other suffering women I am willing to make my trouble public so you may publish this letter."—MRS. CHAS. BARCLAY, R.F.D., Graniteville, Vt.

No other medicine for woman's ills has received such wide-spread and unqualified endorsement. No other medicine we know of has such a record of cures of female ills as has Lydia E. Pinkham's Vegetable Compound.

For more than 30 years it has been curing female complaints such as inflammation, ulceration, local weaknesses, fibroid tumors, irregularities, periodic pains, backache, indigestion and nervous prostration, and it is unequalled for carrying women safely through the period of change of life. It costs but little to try Lydia E. Pinkham's Vegetable Compound, and, as Mrs. Barclay says, it is "worth mountains of gold" to suffering women.

WESTERN CANADA THE PENNANT WINNER

FARMS WESTERN CANADA FREE

"The Last Best West."

The Government of Canada now gives to every Actual Settler **160 acres of wheat-growing land free** and an additional 160 acres at $3.00 an acre.

The 300,000 contented American Settlers making their homes in **Western Canada** is the best evidence of the superiority of that country. They are becoming rich, growing from 25 to 50 bushels wheat to the acre; 60 to 110 bushels oats and 45 to 60 bushels barley, besides having splendid herds of cattle raised on the prairie grass. Dairying is an important industry.

The crop of 1908 still keeps Western Canada in the lead. The world will soon look to it as its food-producer.

"The thing which most impressed us was the magnitude of the country that is available for agricultural purposes."—National Editorial Correspondence, 1908.

Low Railway Rates, good schools and churches, markets convenient, Prices the Highest, climate perfect.

Lands are for sale by Railway and Land Companies. Descriptive pamphlets and maps sent free. For Railway Rates and other information apply to W. D. Scott, Superintendent of Immigration, Ottawa, Canada, or F. T. Holmes, 315 Jackson St., St. Paul, Minn. and J. M. MacLachlan, Box 110 Watertown, So. Dakota Authorized Government Agents.

Please say where you saw this advertisement.

This Trade-mark Eliminates All Uncertainty in the purchase of paint materials. It is an absolute guarantee of purity and quality. For your own protection, see that it is on the side of every keg of white lead you buy.

NATIONAL LEAD COMPANY
1902 Trinity Building, New York

Work While You Sleep

Millions of people have CASCARETS do Health work for them. If you have never tried this *great* health maker—Get a 10c box—and you will never use any other *bowel* medicine. 618

CASCARETS 10c a box for a week's treatment, all druggists. Biggest seller in the world. Million boxes a month.

S. C. N. U. - - No. 15—1909.

WOMEN'S INTERESTS

To Cure Insomnia.

When you sleep, in which direction do you lay your head?

It makes much difference. Even in sleeping there is much science.

Sleeplessness or insomnia may be greatly relieved if not actually cured by having the body lie in the natural relation of its own magnetism and the earth magnetism.

The human body is a great living magnet, almost as delicately poised as a magnetic needle in the compass box. When the compass needle is placed in an east and west direction at once the needle begins to try to get in a north and south line with its length. This is because the magnetic waves in passing from the north pole of the world to the south pole sweep the magnetic needle into the line of least resistance, lengthwise, so the magnetic forces of the needle and the earth may be in harmony.

If you are sleepless, or rest poorly, look after the arrangement of your bed. Turn its head to the north. Get your body in line with the magnetic polar earth waves and have no magnetic counteraction in your nervous make-up by the earth currents running across your magnetic organism. The proof of a medicine is its results.

Try this north and south body line-up and note results that will make you marvel if you are nervous and sleepless.

Hot and Cold Baths.

Cold and hot water face baths combined are much more effective than either one alone for it takes the hot bath to cleanse the skin and the cold one to invigorate and stimulate it. The English are devoted to the cold water bath for the whole body as well as the face, and the English men as well as the women are famous for the beauty of their complexion. The cold bath makes the skin look clean, but it does not cleanse it. The face should be washed in hot or at least warm water and should be rinsed in water of the same temperature. This should always be followed by dashing cold water on the face, neck and throat until the skin tingles and glows. The only time when the face should not be rinsed in cold water is after the evening bath, when the pores must be left open to drink in the skin food that has been applied. The shock of the cold water draws the blood to the surface and makes the skin firm, smooth, and healthy looking. The glow that this treatment brings to the cheeks is nature's rouge and surpasses by far any prepared rouge that one could buy.

Blue Velvet Gown.

Smooth blue chiffon velvet is the material employed in a magnificient afternoon gown. The cut shows the clever draping on right side, just above knee, and the yoke and stock of white Irish crochet lace are outlined with shaped collar, elaborately braided in self-tone soutache. Pointed straps on shoulders and across front are black satin. The sleeves are made attractive with buttonholed scallops and small velvet-covered buttons.

Cleaning Windows.

Chamois skin is excellent for use in cleaning windows. Hot water would spoil it. Wash the windows with the wet chamois skin. Rinse the skin and squeeze it as dry as you can. Now wipe the windows again with the damp skin and leave what moisture remains on the windows to evaporate. If the windows are washed every week the work will be lessened, for it only will be necessary to wipe the windows once with the dampened skin. The skin must be kept perfectly clean or the windows will be streaked. To clean the skin after using it, lay flat on a table or sink and rub with plenty of soap and cold water.

Good Headache Cure.

One of the very best remedies for a sick or nervous headache was suggested recently by a Finnish servant girl. She took raw potatoes without either washing or paring and cut them into thick slices. These were laid close together on the forehead and temples and kept in place by covering with a large handkerchief folded cornerwise and tied in the back.

In a short time the pain disappeared. As the pieces of potato get hot replace with cold fresh ones. They give all the coolness of ice without the incidental dampness, and there is not the burning sensation ice often causes. The potato is distinctly soothing.

Natty Mushroom Hats.

A Woman Editor.

Mrs. Catherine B. Bell, editor of the Cannon, of Cannon City, Colo., besides attending to her household and editorial duties, finds time to serve as probation officer in her home county, to do the work of the president of the board of county visitors, to act as special agent to the county commissioners in cases of destitution, and to be the humane officer and secretary of the local humane society.

She is a widow and the mother of three children, whom she supports and cares for as well as though she did nothing but keep house. She is a New Yorker by birth and has lived in Colorado less than eight years.

Lace and Silk Mull.

At the places where Irish lace is sold there comes a tiny scalloped edge, and this can be used with good result on a small bit of inexpensive silk mull. The two combined make a dainty and costly looking jabot for a turnover collar at a small price. The silk mul is plain or dotted, and sells for about 25 cents a yard. If this is made into six fine plaits, about four inches long, with a tab and a buttonhole at top, then edged with the Irish scallop, it can be worn with one's smartest blouses or sent as a gift to a critical friend.

Real Attractiveness.

A magnetic personality is often more powerful than ability, and is often, very often, placed in the balance against it. It is therefore advisable to exert oneself to the utmost to cultivate that wonderful charm to the highest degree, and she who has it not is not so much to be pitied as blamed, for it is, more or less, within the reach of all.

To Wash White Cashmere.

First of all, remove hooks and eyes and any colored trimming. Then shave up about four ounces of curd soap, put it in a small saucepan, cover with water and allow it to melt over a gentle heat. When quite dissolved take out a cupful, beat remainder up to a lather in a gallon of hot water. When the heat has gone off immerse the cashmere, squeeze it in and out, and knead it a little. On no account must soap be rubbed on the material. When all the dirt has been removed squeeze as much of the water out as you can without wringing, and place the article in a bath of tepid water, to which the cupful of dissolved soap and a little blue have been added. Squeeze as much of the water out again as you can and hang up to dry in the open air. When nearly dry pass through the mangle and press on the wrong side with a hot iron.

PRETTY FASHIONS FOR THE MATRON WHO DOES HER OWN HOUSEWORK.

Fads and Fancies in Dress

There is a fad for soft suede leather neckties.

There is a hint of revolt against the empire style.

Almost every gown has a different shoulder scarf.

The shawls of sixty years ago are again in good style.

For evening there is a revival of the canary-colored scarf.

Satin of the palest pink is the new color for evening wear.

Cotton velvets are much used for tailor-made suits just now.

Belts will match the skirts instead of the waists this season.

The parasol handle of the long directoire fashion is considered smart.

All over braided and embroidered coats are seen with perfectly plain skirts.

Roses, in velvet or chiffon or tissue, are figuring largely in the new hat decoration.

The familiar white yoke has given place to the colored one of transparent material.

Black tunics, heavy with embroidery, are sometimes worn over gowns of white satin.

For daytime costumes there is a tendency toward the more unusual shades of fawn in place of the time-honored tan.

Tulle and linen jabots are as popular as ever in Paris. They range from the simplest possible plaited frill to the most complicated double lace affairs.

There is a new skirt made upon directoire lines which is partially divided, but which is so carefully hung that when walking the division is not evident.

HEALTH & BEAUTY

It is far more important to brush the teeth before going to bed than it is on rising.

When a cut will not heal saturate a piece of absorbent cotton with coal oil and bind on.

Dyspeptics should eat breakfast bacon often. It is said by some to be almost a cure for dyspepsia.

An excellent application for excessively chapped lips is a drain each of tincture of benzoin and glycerine. This may be put on constantly through the day and at night.

White spots on the nails are sometimes caused by bruises or the nourishing juices being stopped in some way. Try putting on them at night a paste made from a drain of turpentine and myrrh, mixed, removing in the morning with olive oil.

Character in Snub Noses.

In the matter of noses there are "snubs" and "snubs." Some of them belong to the peculiarly vivacious folk. Their vivacity is not always of the most agreeable kind, as they are frequently inclined to sacrifice other persons' feelings to saying "a good thing." Turn-ups are generally indicative of a merry disposition.

Care of Water Bags.

After filling a rubber water bottle with hot water press the sides of same before you screw on the top. In so doing all the steam comes out and there will be no danger of the bottle ripping, no matter how hot the water.

THE CRACKING OF PAINT.

Property Owners Can Save Money by Learning the Cause.

Do you know what is wrong when paint peels, or cracks, or otherwise necessitates premature re-painting?

Well, sometimes it hasn't been properly applied—the surface being damp or there being too much turpentine or too much drier.

But, nine times out of ten, the trouble is caused by adulterated white lead.

To avoid all such trouble, every houseowner should know in a general way, when a surface is in proper condition to receive paint, what kind of primer and finishing coats different surfaces require, and how to avoid adulteration in materials.

A complete painting guide, including a book of color schemes, specifications for all kinds of painting work, and an instrument for detecting adulteration in painting materials, with directions for using it, can be had free by writing National Lead Company, 1902 Trinity Bldg., New York, and asking for Houseowner's Painting Outfit No. 49.

This company, the largest makers of pure white lead, invite tests, by means of the blowpipe (included in outfit), or in any other way, of the purity of the white lead sold under their famous "Dutch Boy Painter" trademark. That trademark on a keg of white lead is in itself an absolute guarantee of purity and quality.

Hamlet Grimes.

Thomas W. Lawson, at a dinner in Boston, talked about success.

"Success in finance," he said, "is due in great measure to prompt action. The doubting, hesitating, Hamlet type of man had best keep out of finance. He is sure to be swamped. The street has no use for him. Such a man always makes me think of my boyhood friend, Grimes. Grimes was a falterer, a doubter, a Hamlet of the worst type. One night I dropped in on him and found him bent in a brown study over a white vest.

"'Hello, Grimes,' said I. 'What's the matter?'

"'This vest,' said he. 'It's too dirty to wear, and not dirty enough to send to the wash. I don't know what to do about it.'"

$100 Reward, $100.

The readers of this paper will be pleased to learn that there is at least one dreaded disease that science has been able to cure in all its stages, and that is Catarrh. Hall's Catarrh Cure is the only positive cure now known to the medical fraternity. Catarrh being a constitutional disease, requires a constitutional treatment. Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system, thereby destroying the foundation of the disease, and giving the patient strength by building up the constitution and assisting nature in doing its work. The proprietors have so much faith in its curative powers that they offer One Hundred Dollars for any case that it fails to cure. Send for list of testimonials.

Address F. J. CHENEY & CO., Toledo, O.
Sold by all Druggists, 75c.
Take Hall's Family Pills for constipation.

His Only Fear.

Kind Lady—You should be careful how you tramp around in the sleet, my poor man. This paper states that there are five varieties of grip.

Sandy Pikes—Dat may be, lady, but der is only one kind dat I am skeered of.

Kind Lady—And what is that?

Sandy Pikes—De bulldog's grip, mum.

Don't Be Misled.

Many a life has been cut short by a cough that was not believed to be serious. Many a backache and sideache follows a coughing spell. Many a night is passed in restlessness caused by coughing. Many a cough "cure" that never cures is tried. Do not be misled. If you cough, take the old reliable Kemp's Balsam, the best cough cure. At druggists' and dealers', 25c.

In the Cave of Gloom.

Correspondent—Do you know, Senator, that the crack in the liberty bell has extended several inches lately?

Pessimistic Statesman—No, I hadn't heard that. But I know there's a hole in the constitution big enough to drive an elephant through.—Chicago Tribune.

In a Pinch, Use Allen's Foot-Ease. A powder to shake into your shoes. It rests the feet. Cures Corns, Bunions, Swollen, Sore, Hot, Callous, Aching, Sweating feet and Ingrowing Nails. Allen's Foot-Ease makes new or tight shoes easy. Sold by all Druggists and Shoe Stores, 25c. Sample mailed FREE. Address Allen S. Olmsted, Le Roy, N. Y.

Practical.

Walking leisurely around the Egyptian Sphinx, the traveler from America inspected it from all points of view.

"It's a shame," he exclaimed, "to leave the thing in that shape. If I had it out in Chicago I could clap a good cement nose of that face so quick it would make its head swim!"

Pettit's Eye Salve First Sold in 1807 over 100 years ago, sales increase yearly, wonderful remedy; cured millions weak eyes. All druggists or Howard Bros., Buffalo, N. Y.

Disappointment.

Happy Bride (on wedding tour)—You say we are coming to a tunnel, Harry? Is it a long one?

Bridegroom (momentarily depressed)—Yes; entirely too long. The conductor tells me they light up the cars before entering it.

Only One "BROMO QUININE" That is LAXATIVE BROMO QUININE. Look for the signature of E. W. GROVE. Used the World over to Cure a Cold in One Day. 25c.

Decided Improvement.

Scribbles—I understand young Rhymer is doing much better than formerly in the poetry line.

Dribbles—Why, he told me he hadn't written a line for six months.

Scribbles—Yes, he told me the same thing.

For Colds and Grip. Lane's Pleasant Tablets (laxative) cure colds in an hour and are the best treatment for grip. Do not wait a minute when you feel a cold coming on, but get a box of these tablets and save suffering and expense. They are sold by druggists and dealers at 25 cents a box. Orator F. Woodward, Le Roy, N. Y. Sample free.

Crushing Sarcasm.

Mr. Hewligus—Fourteen dollars, madam, is an outrageous price to pay for a hat!

Mrs. Hewligus—If I should buy the planet Saturn for a hat you'd think I oughtn't to pay more than 39 cents for it.

Try Murine Eye Remedy For Red, Weak, Weary, Watery Eyes. Compounded by Experienced Physicians. Conforms to the Pure Food and Drugs Law. Murine Doesn't Smart. Soothes Eye Pain. Try Murine for Your Eyes. You Will Like It.

Power of Plants.

Farmers are well acquainted with the fact that the roots of trees will disrupt and sometimes overturn a stone wall, but the lifting power of tender vegetables is equally surprising.

The one result which has perhaps attracted the greatest attention is the discovery that a weight of two and a half tons can be lifted by the common pumpkin in the course of its development.

Dr. Carpenter relates the story of a paving stone weighing eighty-three pounds that was raised from its bed (when joined by others on all four sides) by such a soft piece of fungi as the common mushroom. And still another and more remarkable story is added to the above.

A man had a cask of sweet wine any placed it in an empty cellar to mature. When examined several years later it had risen from the floor of the cellar to the ceiling, having been borne upward upon the tender shoots of a vine fungus with which the cellar was filled.—London Home Notes.

Taking No Liberties with History.

"I think, Lycurgus," said the young professor's wife, as she leaned fondly over the cradle of their first born, "we'll have to name him after you."

"Yes," responded the young professor, "about 200 years after me. His name, my dear, will be Solon."

Unequal Distribution.

The head waiter at the banquet was in a towering rage.

"They paid that word slinger $50 for half an hour's talk," he fumed; "and all I got was $0.35, mostly in nickels!"

Is It the Truth?

Bachelors, observes a writer, are fond of talking about the extravagance of women and giving that as the excuse for their not marrying while they know in their hearts that there are lots of women whom they might marry who are not extravagant, as regards clothes at least. But these women they look upon as dowdies, and don't want them for life partners, which goes to show that it is the extravagance of the bachelor that reacts and makes extravagant women.

COLDS

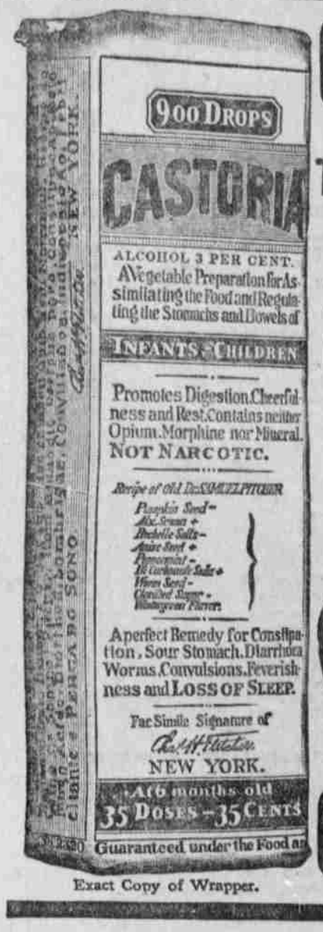
CURED IN ONE DAY

Munyon's Cold Remedy Relieves the head, throat and lungs almost immediately. Checks Fevers, stops Discharges of the nose, takes away all aches and pains caused by colds. It cures Grip and obstinate Coughs and prevents Pneumonia. Price 25c.

Have you stiff or swollen joints, no matter how chronic? Ask your druggist for Munyon's Rheumatism Remedy and see how quickly you will be cured.

If you have any kidney or bladder trouble get Munyon's Kidney Remedy.

Munyon's Vitalizer makes weak men strong and restores lost powers.



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For Infants and Children.

The Kind You Have Always Bought

Bears the Signature of Chas. H. Fletcher.

In Use For Over Thirty Years

CASTORIA

THE CENTAUR COMPANY, NEW YORK CITY.

SPOHN'S DISTEMPER CURE

For **PINK EYE** DISTEMPER, CATARRHAL FEVER, AND ALL NOSE AND THROAT DISEASES

Cures the sick and acts as a preventive for others. Liquid given on the tongue. Safe for brood mares and all others. Best kidney remedy. 50 cents a bottle, $5.00 the dozen. $1.00 and $10.00 the dozen. Sold by all druggists and turf goods houses, or sent, express paid, by the manufacturers.

SPOHN MEDICAL COMPANY, Chemists, Goshen, Ind.

For Sprains

Sloan's Liniment is the best remedy for sprains and bruises.

It quiets the pain at once, and can be applied to the tenderest part without hurting because it doesn't need to be rubbed—all you have to do is to lay it on lightly. It is a powerful preparation and penetrates instantly—relieves any inflammation and congestion, and reduces the swelling.

Sloan's Liniment

is an excellent antiseptic and germ killer—heals cuts, burns, wounds and contusions, and will draw the poison from sting of poisonous insects.

Price, 25c., 50c., and $1.00.

Dr. Earl S. Sloan, Boston, Mass., U.S.A.

Sloan's book on horses, cattle, sheep and poultry sent free.