

**PE-RU-NA TONIC FOR
COUGHS, COLDS, CATARRH.**



JOSEPH HALL CHASE.
Peruna Drug Co., Columbus, Ohio.
Gentlemen: I have used Peruna and find that it cannot be equaled as a tonic, as well as a cure for coughs, colds and catarrh.

You are authorized to use my photo with testimonial in any publication.
Joseph H. Chase,
804 Tenth St., Washington, D. C.

Cold and La Grippe.
Mr. C. Happy, Hardin, Ray Co., Mo., writes: "I can safely recommend Peruna as a remedy that will cure all catarrhal troubles."

"It was of great benefit to me, as it cured me of catarrh of the throat, and I took a very bad cold and had a gripe last February. It settled in my throat and lungs. I took three bottles of Peruna and it cured me."
"I highly recommend it to all who are sick, and I am glad to add my endorsement to that of others."

Pe-ru-na for Colds.

Mr. L. Clifford Figg, Jr., 2929 East Marshall St., Richmond, Va., writes that when he gets a cold he takes Peruna, and it soon drives it out of his system. For several years he was not entirely well, but Peruna completely cured him. People who object to liquid medicines can now secure Peruna tablets.

For a free illustrated booklet entitled "The Truth About Peruna," address The Peruna Co., Columbus, Ohio. Mailed postpaid.

**W.L. DOUGLAS
\$3.00 SHOES \$3.50**

The Reason I Make and Sell More Men's \$3.00 & \$3.50 Shoes Than Any Other Manufacturer is because I give the wearer the benefit of the most complete protection of treated, oiled and oiled shoes in the country.

Billion \$ Grass

The greatest grass of the century. Same grows everywhere and yields from 12 to 16 tons of hay, and late of pasture besides per acre.

Murder!

One gets it by highway men—Tens of thousands by Bad Bowels—No difference. Constipation and dead liver make the whole system sick—Everybody knows it—CASCARETS regulate—cure Bowel and Liver troubles by simply doing nature's work until you get well—Millions use CASCARETS, Life Saver!

SEED OATS 60 cts. a bu.

For Salzer's catalog page 120. Largest growers of seed oats, wheat, barley, rye, corn, potatoes, grasses and clovers and farm seeds in the world. Big catalog free and send 10c in stamps and receive sample of Billion Dollar Grass, yielding 10 tons of hay per acre, oats, speltz, barley, etc., easily worth \$10.00 per man's money to get started with and catalog free. Or send 10c and we will send you a sample farm seed never seen before before.

PISO'S

Beware of the Cough that hangs on persistently breaking your night's rest and exhausting you with the violence of the paroxysms. A few doses of PISO'S Cure will relieve you of any cough, no matter how far advanced or serious. It soothes and heals the irritated surfaces, clears the congested passages, and the cough disappears.

Women's Doings.

Cure for Care.
Don't you trouble trouble
Till trouble troubles you,
Don't you look for trouble;
Let trouble look for you.

Don't you borrow sorrow;
You'll surely have your share.
He who dreams of sorrow
Will find that sorrow's there.

Don't you hurry worry;
By worrying lest it come,
To hurry is to worry;
'Twill miss you if you're mum.

If care you've got to carry,
Wait till it's at the door;
For he who runs to meet it
Takes up the load before.

If minding will not mend it,
Then better not to mind;
The best thing is to end it—
Just leave it all behind.

Who feareth hath forsaken
The Heavenly Father's side;
What He hath undertaken
He surely will provide.

Then don't you trouble trouble
Till trouble troubles you;
You'll find double trouble,
And trouble others, too.

What Influences Men.
Mrs. Carrie Chapman Catt, president of the Equal Suffrage Union, does not in any way suit the description usually fitted by chivalrous men to woman suffragists. Far from being a plain-visaged, badly-gowned, rather pugilistic person, Mrs. Catt is altogether charming, a delightfully womanly woman and quite interested as to the style and beauty of her dresses and hats. Nothing in the world so incenses Mrs. Catt as for a person or a newspaper to mix her personality with her propaganda.

"One of the most brilliant writers on woman suffrage," she remarked not long ago, "Ellis Meredith, of Denver, has this to say about a certain phase of enfranchisement, and I wish all men who discuss the subject would treat it as a tract. 'It is,' says this caustic chronicler, 'a singular fact that men seem unable to consider the abstract question of voting quite apart from its personal bearings. For instance, a well-known Denver writer laments that since the disastrous year of 1893 he has seen upon the streets of Denver the sad faces of unloved women. Both before and since that time the sad faces of unloved and unlovable men have not been absent from our thoroughfares, but who ever thought of such a thing as disenfranchising a man in order that he might be rendered attractive? Suffragists would never have received even honorable mention in a beauty show. Yet this sort of thing is accepted religiously, and men are influenced, not by arguments, but by the personality of the one who represents them when it is a matter of woman's enfranchisement.' Yet I question if a judge ever thinks whether the pleader before him is good to look on or the opposite, or whether his collar is clean, and his face showing the effects of morning soap. It is his brief which counts. That is all women ask, that their brief be given respectful and diligent meditation."

Trifles to Know.
That persons who do not wish to lose their books, mark their name not on the title page only, but on a certain fixed page in a book as well.

That what is known as steel wool is an excellent cleanser for sinks, kitchen utensils, wood floors and for rubbing down paint.

That shiny clothing will look much better if the shiny spot is rubbed lightly with fine sand paper and then pressed on the wrong side.

That in starting a hem on the machine, the needle will be less apt to clog if a piece of paper is placed under the needle and sewed through for about two inches before going on to the hem. The paper is later pulled away.

That kerosene is an excellent polish for rubbing up furniture. It may be applied with a soft, woolen rag, rubbed in well and later dried off with a clean piece of flannel.

Embroidered Linen Collar.



The straight line collar is considered more stylish than the turnover one. It has been worn by those who dress in the extreme of fashion for two winters, but it is gaining in popularity now. The sketch shows the kind that can be embroidered at home. It is made of the linen, with wide wings, and finished with a full bow and ends

EXTRAORDINARY INCREASE IN LAND VALUES.

Southern Alberta is a Mighty Good Country.
No stronger or better evidence can be given of the merits of a country than that which comes from the testimony of the settler who has determination to succeed. This is why we reproduce the following letter, which speaks for itself. These people were induced to go to Western Canada through the solicitation of a Canadian Government agent, who secured for them low railway rates.

Mr. C. J. Broughton, Canadian Government Agent, 135 Adams street, Chicago.

We had audacity enough to tackle the proposition of buying four sections of land in Southern Alberta, thirty miles east of Clairholm, and heading up on the Little Bow, and our two boys each got a homestead adjoining. We fenced three sections and the two homesteads and built a house, barn, corrals and granary and have since enlarged some of these buildings. We have broken 200 acres of land, which has been sowed to oats and wheat. During the severe winter of two years ago the winter wheat killed out somewhat and our crop yielded only ten bushels to the acre, but the spring wheat went 24 bushels to the acre. In this country we must be prepared for storms and cold, at times, 20 to 30 below zero, yet on the whole the winters are mild; and while there are exceptional crops, it is fair to say that the average farmer can depend on having a yield in average years of from 20 to 25 bushels to the acre for spring wheat; and winter wheat in our immediate neighborhood yields from 25 to 30 bushels to the acre on the average.

Women Help Colleges.
A new scholarship has been established at Bowdoin College, the Annie E. Purlington scholarship, for which Mrs. A. Webster King gave \$5,000 in memory of her sister, the object being to assist some deserving student through college. A fund of \$3,000 has been established by Mrs. James Drummond and Mrs. Charles F. Dole and daughter in memory of the husband and father, Mr. James Drummond.

Care of the Teeth.
A primary requisite in keeping the teeth clean is a suitable brush, adapted to the form and position of the teeth.

NEW IDEAS IN CLOTHES.



The garment on the left-hand figure shows the fashionable combination of materials. The coat is of satin, so soft and pliable that it clings to the form like broadcloth or satin. The broad revers are of a chiffon broadcloth, in a matching shade to that used for the skirt, which is pavement-jet. The buttons, which are of old silver and perfectly flat, have a rim of jet. The hat is of gray felt, faced with seal and trimmed with a band of the same fur and uncurled ostrich feathers.

The gown on the figure at the right shows the vogue for satin used as a trimming. The material employed for the costume is a pigeon-gray Princess broadcloth. The skirt is tight and narrow and the coat fits so as to emphasize the short waistline. In the back it comes to within two inches of the floor and is draped gracefully up in the front. The broad revers and deep cuffs are of black satin, being without canvas as a stiffening, which allowed them to fall in soft folds. The hat is of black satin, trimmed with soft gray silk and black quills.

For babies the very best brush that can be made is a piece of soft linen wrapped around mother's finger and dipped into a glass of water. When the gums are inflamed it is soothing and comforting. For children a small, soft brush should be used up to about the tenth year, then the stiffer brush substituted. Many complaints incident to childhood could be readily averted by mothers teaching them the importance of the daily care of the teeth and mouth.

The Cynic.
A bachelor, who is known among his friends and their children as being always in the happiest spirits, stung gaily and whistling the newest songs, recently took unto himself a wife. Hearing the news the Sybaritic daughter of a house to which he goes frequently, asked her mother doubtfully:

"Won't Mr. Smith sing or whistle any more, mother?"

"Why, of course," said the parent, wondering, "Why?"

"Because married people don't seem to sing much," quoth the cynic, sadly.

An Old Remedy.
A remedy that has stood the test of years in a family noted for their hair is made from sage and green tea. This has been known to stop falling hair and bring back the natural luster when all other means have failed. Put sage and green tea in the proportion of an ounce each in a preserving kettle and cover them with a quart and a pint of

ornament for Hair.

The hair ornaments of this season are unlike those that girls have worn before. This metal fillet, with gauze wings, is probably the most popular accessory to the coiffure. The wings are of gold gauze, ornamented with crystals. They are mounted in front of a thin gold fillet which fits neatly over the top of the head.

An Inconvenience.
A woman will criticize another for being too fond of dress, yet she will wear herself to a frazzle to set a better table than her neighbors.

The first steam engine used in America was brought from England in 1768.

Ask Her This Question

"Do you know of any woman who ever received any benefit from taking Lydia E. Pinkham's Vegetable Compound?"

If any woman who is suffering with any ailment peculiar to her sex will ask her neighbors this question, she will be surprised at the result. There is hardly a community in this country where women cannot be found who have been restored to health by this famous old remedy, made exclusively from a simple formula of roots and herbs.

During the past 30 years we have published thousands of letters from these grateful women who have been cured by Lydia E. Pinkham's Vegetable Compound, and never in all that time have we published a testimonial without the writer's special permission. Never have we knowingly published a testimonial that was not truthful and genuine. Here is one just received a few days ago. If anyone doubts that this is a true and honest statement of a woman's experience with Lydia E. Pinkham's Vegetable Compound write and ask her.

Houston, Texas.—"When I first began taking Lydia E. Pinkham's Vegetable Compound I was a total wreck. I had been sick for three years with female troubles, chronic dyspepsia, and a liver trouble. I had tried several doctor's medicines, but nothing did me any good."

"For three years I lived on medicines and thought I would never get well, when I read an advertisement of Lydia E. Pinkham's Vegetable Compound, and was advised to try it."

"My husband got me one bottle of the Compound, and it did me so much good I continued its use. I am now a well woman and enjoy the best of health."

"I advise all women suffering from such troubles to give Lydia E. Pinkham's Vegetable Compound a trial. They won't regret it, for it will surely cure you."—Mrs. Bessie L. Hicks, 810 Cleveland St., Houston.

Any woman who is sick and suffering is foolish surely not to give such a medicine as this a trial. Why should it not do her as much good as it did Mrs. Hicks.

COLT DISTEMPER

Can be handled very easily. The sick are cured, and all others in some cases, to render them more healthy. It is a liquid distemper, made by using COLT'S LIQUID DISTEMPER. It is a liquid distemper, made by using COLT'S LIQUID DISTEMPER. It is a liquid distemper, made by using COLT'S LIQUID DISTEMPER.

Mayer's

"SPECIAL MERIT" SEAMLESS SCHOOL SHOES

SCHOOL SHOES without seams—think of it—seamless school shoes! They are strong and sturdy, have seamless uppers, tough soles and durable leather toes. By far the most durable and lasting shoes obtainable.

"Special Merit" Seamless School Shoes "wear like iron." They were just twice as long as ordinary shoes with seams.

Made in all styles and sizes, for every day and Sunday wear—for boys and girls.

Your dealer will supply you, or write to us. Look for the Mayer Trade Mark on the sole.

For sale by shoe dealers everywhere.

Shoes for Every Member of the Family, Men, Boys, Women, Misses and Children.

CAUTION! Some imitations of W. L. Douglas shoes have been made and are stamped on bottom. Test color Evident Used Exclusively. Catalog mailed free.

W. L. DOUGLAS, 167 Park St., Boston, Mass.

SICK HEADACHE

CARTER'S LITTLE LIVER PILLS.

Positively cured by these Little Pills. They also relieve the most distressing cases of Biliousness, Indigestion and Too Heavy Eating. A perfect remedy for Dizziness, Nausea, Headache, Stomach Troubles, Bad Taste in the Mouth, Brisk Stomach, Torpid Liver, and Biliousness. Purely Vegetable.

WESTERN CANADA

More Big Crops In 1908

Another 60,000 Settlers from the United States

NEW DISTRICTS OPENED FOR SETTLEMENT

320 Acres of Land to EACH SETTLER—160 Free Homestead and 160 at \$3.00 Per Acre.

A vast, rich country and a contented, prosperous people. Extract from correspondence of a Northern Editor, whose visit to Western Canada in August, 1908, was an inspiration. "My wife and I have paid the entire cost of our farms and had a balance of from \$100 to \$250 per acre as a result of it."

Spring Wheat, Winter Wheat, Oats, Barley, Flax and Peas are the principal crops, while the wild grasses bring to perfection the best Cattle that have ever been raised on the Chicago market.

Excellent Climate, Schools and Churches in all districts, railways touch most of the settled districts, and prices for produce are always good. Lands may also be purchased from Railway and Land Companies. For pamphlets, maps and information regarding low railroad rates apply to W. D. Scott, Superintendent of Immigration, Ottawa, Canada, or E. T. Holmes, 15 Jackson St. St. Paul, Minn., and J. M. McLachlan, Box 11, Watertown, S. Dakota. Authorized Government Agents.

Please say where you saw this advertisement.

S. C. N. U. No. 6—1908.

DODD'S KIDNEY PILLS

FOR ALL KIDNEY DISEASES

BRITISH PATENT

DIABETES, GRAVEL, RHEUMATISM, BRIGHT'S DISEASE, NEURALGIA, MIGRAINE, HEADACHE, BACKACHE, ETC.

75¢ Guaranteed

PUTNAM FADELESS DYES

Color more made brighter and faster colors than any other dye. One 10c package colors all fabrics. They dye in cold water better than any other dye. You can dye any garment without ripping apart. Write for free booklet—See in Dry, Bleach and Mix Colors.