

CATARRH IN HEAD.

Per-ri-na—Pe-ru-na



MR. WM. A. PRESSER.

MR. WILLIAM A. PRESSER, 1722 Third Ave., Moline, Ill., writes: "I have been suffering from catarrh in the head for the past two months and tried innumerable so-called remedies without avail. No one knows how I have suffered, not only from the disease itself, but from mortification when in company of friends or strangers. I have used two bottles of your medicine for a short time only, and it effected a complete medical cure, and what is better yet, the disease has not returned. I can most emphatically recommend Peruna to all sufferers from this disease."

Read This Experience.

Mr. A. Thompson, Box 65, R. R. 1, Martel, Ohio, writes: "When I began your treatment my eyes were inflamed, nose was stopped up half of the time, and was sore and scabby. I could not rest at night on account of continual hawking and spitting. I had tried several remedies and was about to give up, but thought I would try Peruna. After I had taken about one-third of a bottle I noticed a difference. I am now completely cured, after suffering with catarrh for eighteen years. I think if those who are afflicted with catarrh would try Peruna they would never regret it. Peruna is manufactured by the Peruna Drug Mfg. Co., Columbus, Ohio. Ask your Druggist for a Free Peruna Almanac for 1909."

Bombarded by Wild Ducks.
A Cleveland vessel captain reported yesterday that while coming down in Waikaha bay, off Iroquois light, a few nights ago, a flock of wild ducks flew over the ship, several of them striking the pilot house, and one nearly knocking the skipper off the bridge, when it hit him on the head.

"This sounds like a fish story, and I scarcely expect any person to believe it," said the master in question. "It is nevertheless a fact, and just serves to illustrate how thick the weather was at that time. The incident happened about midnight, when we couldn't see the light on the boiler house from the bridge. It was a regular bombardment of wild ducks, and after the slaughter we picked up three nice fat birds beside the pilot house. They were stunned by the force of their collision with the pilot house."—Cleveland Leader.

Consistency in Reform.
"Why wasn't Mrs. De Smythe-Peyster at the meeting to take steps to suppress the gambling evil in big cities?" "She couldn't come. This is the day her bridge whist club meets, and she's always such a winner."—Baltimore American.

Nautical Notes.
Mrs. Yacht (superfluously)—My husband has a beautiful yacht. I don't suppose your husband can afford such a luxury yet?
Mrs. Nacht—No, the best he can do is to hold the mortgage on the one your husband has.—The Bohemian.

The Best Laxative—Garfield Tea! Composed of Herbs, it exerts a beneficial effect upon the entire system, regulating liver, kidneys, stomach and bowels.

Neutralized the Effect.
"Bixby went out to the ball grounds to get the benefit of the cold-air treatment."
"Good place for it."
"Yes, but it didn't do him any good."
"Why not?"
"He got so hot over the umpire's decisions."—Cleveland Plain Dealer.

FILES CURED IN 6 TO 14 DAYS.
FAZO OINTMENT is guaranteed to cure any case of Itching, Blisters, Bleeding or Pruritic Piles in 6 to 14 days or money refunded. 50c.

Hopful.
Barber—Your hair seems to be coming out.
Elderly Customer—Good! I've been under the impression all the time that it was going back.

Habitual Constipation

May be permanently overcome by proper personal efforts with the assistance of the one truly beneficial laxative remedy, Syrup of Figs, a Elixir of Senna which enables one to form regular habits daily so that assistance to nature may be gradually dispensed with when no longer needed, as the best of remedies when required are to assist nature, and not to supplant the natural functions, which must depend ultimately upon proper nourishment, proper efforts, and right living generally. To get its beneficial effects always buy the genuine, MANUFACTURED BY THE CALIFORNIA FIG SYRUP CO. SOLD BY ALL LEADING DRUGGISTS MEDICINE—REGULAR PRICE, 50¢ PER BOTTLE.

FURS WANTED
We will net you 22 to 26 cents straight through for your Muskrats according to No. of skin. \$1.00 each for prime Skunk, broad stripes included. All kinds of Furs wanted. Write for price list. FURBER'S HIDE & FUR HOUSE, Drawer 28, Osawa, Iowa.

BABIES HATE LIGHT.

Even the Top of the Pink Little Head is Sensitive to It.

One thing which we must learn to appreciate and respect in the baby is his attitude toward light. This is widely different from ours, writes Dr. Woods Hutchinson in the Housekeeper. Light is one of the most stimulating and attractive things in the world to us, and the brighter the better. But to a poor blinking tot of a baby it is as dazzling and irritating as it is grateful to us.

His chief objection to the new world in which he finds himself, if he could put it in words, would be: "It's so beastly light." He is born a cave-man in more senses than one. While the rooms which he occupies should get plenty of sunshine, this should never be allowed to shine directly into his eyes or fall upon his face. He has neither pigment in his tender skin nor hair on the top of his pink little head to protect him against the light rays. It is little short of cruelty to animals to lay an unfortunate baby on his back in a troughlike perambulator, or baby buggy, so deep and well padded that he cannot even squirm; to load him down with clothing and wraps or even actually strap him down so that he can lift neither hand nor foot, and then to wheel him about for hours with his little face turned up to the full glare of the light, and even the direct rays of the sun.

Here is where the foundation of many a case of headache, of irritable nerves, of fretfulness—with its accompanying indigestion and sleeplessness—is laid. Look at the faces of these poor little human coccoids and you will see, three times out of five, that while they are bravely trying to make the best of it and to accept it good humoredly their tiny countenances are wrinkled into one universal frown of perplexity and protest.

By all means get the baby into the open air, day and night, but see to it that his eyes are protected from the direct glare either by hood or sunshade or by turning his back to it.

SHORT METER SERMONS.

The Stamp of Civilization.

The mark of civilization is the individual man, his rights and his responsibilities.—Rev. Cortland Myers, Baptist, Brooklyn.

Building Characters.

Authority has ruined as many characters as neglect; there is no development of any value without responsibility.—Rev. Frank Crane, Unitarian, Worcester.

Honest Doubters.

Thomas was an honest doubter; therefore the Master was anxious to help him. Honest doubters are treated in like manner to-day.—Rev. Orville A. Petty, Congregationalist, Aurora, Ill.

A Means to the End.

The church is not the last word in Christianity. The church is a means to the end. It is to do its work so well that after awhile it will be unnecessary. In the holy city John saw there was no temple.—Rev. James I. Vance, Reformed, Newark.

Benedict Power.

No matter how insignificant you may be, you can exert some beneficent power over the tide and flow of human passions, and diffuse a calm and blessed light on those that fall within your environment.—Cardinal James Gibbons, Roman Catholic, Baltimore.

War on Man's Inhumanity.

We must fight the inhumanity of man to man, fight it in the faith that some day it will cease to be, and to invoke in our battle the dear and sublime humanity of Jesus Christ, and through Him the loving humanity of God.—Rev. George A. Gordon, Congregationalist, Boston.

Divorce.

Divorce tears up the roots and pulls away the foundations of the family and family life. Differ as we may about the ground on which divorce may be allowed, there is a consensus of opinion in all churches that divorce is a menace to society and threatens ruin to the home.—Bishop William C. Doane, Protestant Episcopal, Albany.

The New Testament.

It is an easy thing to take into one's hand the New Testament, and turn its pages; but do you estimate the New Testament aright? It is colossally sublime. It has no parallel in human language. It is the power of God among men. It is the critic of our thoughts. And it is all this because it enshrines the Christ. It exists to perpetuate the Master.—Rev. David Gregg, Presbyterian, Allegheny.

Origin of "Pall Mall."

"Pall Mall" (pronounced pell mell) comes from pallie malle, an ancient game supposed to have been played on the present site of Pall Mall by Norman monks, by whom it was introduced into England.

The observant Pepps in his famous dairy makes mention of it thus: "April 2, 1661. Into St. James' park, where I saw the Duke of York playing at Pelenele, the first time that ever I saw the sport."

Lucinda's Point of View.

"When I engaged you, Lucinda," said the mistress to her colored cook, "you said you had no male friends. Now almost every time I come into the kitchen I find a man there."
"Lor' sakes," laughed Lucinda, "he ain't no male fren' o' mine."
"Then who is he?" demanded the lady.
"He am just ma husband," was the reply.—Youth's Companion.

How Britain Trains Her Sons.

Home life in England lacks the intimacy and the charming sentimentality of German family life. The sons of England have to leave home early in life to go out into the wide world and fight for themselves. They become independent, responsible men much earlier than our sons do.—Berliner Tageblatt.

Many a man has lost money on a sure thing because he was afraid to take chances.

Ways of Women

Life of the Shop Girl.

The small-town girl, driven from her town by the financial collapse of her family or else by the birth of a spirit of independence in her own mind, with no home except her handbag and no support except her courage, advances to the center of the stage in a large city to make good. She has a man's problem. She gets a woman's wage. Six dollars a week. How will she live? The ready suspicion crosses your mind, the yellow suspicion of yellow sociology. Don't adopt it too lightly. Watch that girl's struggles. See her settling down to pass her six-dollars-a-week nerve period in a girls' clubhouse, says Everybody's.

She sleeps in a room with three other girls. She pays \$2.75 a week for her bed, her breakfast and her dinner. She gets two sandwiches and an apple for 5 cents when she leaves the club in the morning, and she consumes them at noon in a store lunchroom along with a cup of coffee. She doesn't send many of her clothes to a public laundry. She washes them in the tub rental of a tub rental of 5 cents an hour. When her absolutely unavoidable expenditures for room, board, car fare and laundry have been met, she has \$1.05 left. For new clothes, she hunts bargains in materials and does her own manufacture, after working hours on the club sewing machine. For books, magazines and newspapers she uses the club reading room and the circulation department of the free public library. For amusements she joins a singing society and attends the free concerts and lectures with which the winter season of every large city is plentifully sprinkled.

These really self-supporting girls, ing business. It is now a college clubhouse, and the ladies at the head of the organization are very proud of its success.

Stunning Creation.



There seems to be no end to the gorgeous millinery creations put forth this season, and each week's models surpass those previously displayed. The writer was fortunate enough to be allowed a peep at the trousseau of a well-known society girl about to be married, and there was the smartest and most gorgeous chapeau seen this season. The cut gives a splendid idea of the shape, and it was built with black satin top faced with white tulle, and the side decoration consisted of three magnificent white plumes fastened directly in front, where their attachment was covered with a choux of black felt net.—Exchange.

The Mother's Part.

Boys have to fight battles to-day as their fathers before them. All modern teaching that children should not fight, that boys should be friendly to each other, is very well in theory, but the "bully" is still in existence to-day and

TWO STYLISH GOWNS.



Olympic Cloth.
There is a new cloth called Olympic cord, which bears a resemblance to the dead-gone Bedford cord, but, like all other materials, it is softer than the old-time fabrics. Our illustration was made from a gown constructed from the Olympic cord variety, very light in weight and black in color. It is a princess model, with long, clinging skirt and bodice, in surplice fashion, one long and falling almost to bottom of skirt and finished with long, deep, black silk fringe.



A Pretty Directorate Model.
A delightful matinee gown, or gown for restaurant luncheon, is suggested in the cut on the right. It is built from mauve cloth—the soft, supple kind, with satin finish. You will note the director's lines and the chic little bolero, with exceedingly large revers, which meet the long, clinging skirt, joined by a slash of brown velvet. The tunic front is trimmed with fancy buttons and soutache to simulate buttonholes.

of the organization.

Mrs. William H. Taft is said to be personally opposed to suffrage, but she is not at all likely to come out upon any platform, at least for the next four years.

Some Surmises.

It is what we will to will, not what we will. That makes us what we are. —Woman's Life.

There is no death but that which we do to bring to the bereaved. Upon ourselves while yet we seem to live. —Anelia Rives (Princess Troubetsky).

When pain grows sharp and sickness rages. The greatest love of life appears. —Mrs. Thrale.

Spore is against thee—it can part. Time is against thee—it can chill; Words—they but render half the heart; Deeds—they are poor to our rich will. —Jean Ingelow.

Many a man wishes life were like ice cream used to taste when he was ten.

Divorce Habit Increasing.

From statistics it has been proved that divorces are increasing about three and a half times as fast as the population, and in the United States the increase is greater than in other parts of the world. Nearly a million divorces have been granted in twenty years.

Pie Plant Juice for Rust.

You can remove rust stains from a white dress completely by soaking the dress in pieplant juice, secured by boiling the pieplant in a quantity of water. It makes the dress pink at first, but this comes out at the first washing, and the stains will be effectually removed.

ribbon of the same color as that used on the hat.

Smart handkerchiefs for women are in a solid color with a white border.

Buckles of fine, highly polished wood are one of the latest conceits of Paris.

Embossed velvet belts in all the desirable colors come with cut-steel buckles.

Hatpins, enormous and brilliant, are seen in some of the most elaborate coiffures.

Fine silk-and-wool cashmere is forging steadily ahead as a favorite in dress goods.

The Bernhard cuff, shaped something like a nut, is a pretty touch on the tight sleeve.

Silver and gold buckles with tiny beads trim some of the prettiest tulle dancing frocks.

A huge automobile muff has in it a specially constructed pocket for carrying a pet dog.

Bracelets are being worn again, quantities of them. They need not match in size, material or design.

A magnificent scarf seen lately was of the most delicate silk, into which was woven all the colors of the nazarium, from palest yellow to deepest orange red.

Soft net of pale orange, adorned with large silk spots of the same shade, is the rage of the moment in Paris and is used not only to drape hats, but for evening dresses.

Opposed to Suffrage.

Mrs. Ellhu Root is an anti-suffragist and has the courage of her convictions to the extent that she has allowed herself to be elected a vice president

WESTERN CANADA'S 1908 CROP

Will Give to the Farmers of West a Splendid Return.

The following interesting bit of information appeared in a Montreal paper: "Last December, in reviewing the year 1907, we had to record a wheat harvest considerably smaller in volume than in the previous year. Against ninety millions in 1906 the wheat crop of the West in 1907 only totaled some seventy-one million bushels and much of this inferior quality. But the price averaged high and the total result to the farmers was not unprofitable. This year we have to record by far the largest wheat crop in the country's history. Estimates vary as to the exact figure, but it is certainly not less than one hundred million bushels and in all probability it reaches one hundred and ten million bushels. The quality, moreover, is good, and the price obtained very high, so that in all respects the Western harvest of 1908 has been a memorable one. The result upon the commerce and finance of the country is already apparent. The railways are again reporting increases in traffic, the general trade of the community has become active after twelve months' quiet, and the banks are loosening their purse-strings to meet the demand for money. The prospects for 1909 are excellent. The credit of the country never stood so high. The immigrants of 1907 and 1908 have now been absorbed into the industrial and agricultural community and wise regulations are in force to prevent too great an influx next year. Large tracts of new country will be opened up by the Grand Trunk Pacific both in East and West. If the seasons are favorable the Western wheat crop should reach one hundred and twenty million bushels. The prospects for next year seem very fair."

An interesting letter is received from Cardston, Alberta (Western Canada), written to an agent of the Canadian Government, any of whom will be pleased to advise correspondents of the low rates that may be allowed intending settlers.

Cardston, December 21st, 1908. Dear Sir—Now that my threshing is done and the question, "What will the harvest be?" has become a certainty, I wish to report to you the results thereof, believing it will be of interest to you. You know I am only a novice in the agricultural line, and do not wish you to think I am boasting because of my success, for some of my neighbors have done a much better than I have, and I expect to do much better next year myself. My winter wheat went fifty-three bushels per acre—and graded No. 1. My spring wheat went forty-eight and three-fourths bushels per acre and graded No. 1. My oats went ninety-seven bushels per acre and are fine as any oats I ever saw. My stock is all nice and fat, and are out in the field picking their own three square meals a day. The weather is nice and warm, no snow—and very little frost. This in short is an ideal country for farmers and stockmen. The stock requires no shelter or winter feeding, and cattle fatten on this grass and make the finest kind of beef, better than corn fed cattle in Illinois. Southwestern Alberta will soon be known as the farmers' paradise; and I am only sorry I did not come here five years ago. Should a famine ever strike North America I will be among the last to starve—and you can count on that. I thank you for the personal assistance you rendered me while coming in here, and I assure you I shall not soon forget your kind offices.

(Signed) O. D. WEEKS.

Have Your
The new ten-dollar gold piece has arrived. And we got one in our clutches by a squeeze.

Have you noticed that the breeches on the turkey on the coin are considerably buggy at the knees? —Houston Post.

STATE OF OHIO, CITY OF TOLEDO, ss
LUCAS COUNTY.
Frank J. Cheney makes oath that he is senior partner of the firm of F. J. Cheney & Co., doing business in the City of Toledo, County and State aforesaid, and that said firm will pay the sum of ONE HUNDRED DOLLARS for each and every case of Catarrh that cannot be cured by the use of Hall's Catarrh Cure. FRANK J. CHENEY.

Sworn to before me and subscribed in my presence, this 6th day of December, A. D. 1890.

(SEAL) A. W. GLEASON, NOTARY PUBLIC.
Hall's Catarrh Cure is taken internally and acts directly on the blood and mucous surfaces of the system. Send for testimonials free.

F. J. CHENEY & CO., Toledo, O.
Sold by all Druggists, 75c.
Take Hall's Family Pills for constipation.

Iceberg Gardens.
"We passed many icebergs coming home from Europe," said a Philadelphian, "and on one of them a garden bloomed."

"It was a beautiful sight. The great berg shone like an enormous emerald in the sun, and in one level recess, fenced in by pale green peaks, a yellow garden glowed."

"The captain said that iceberg gardens are not uncommon. Moss, it seems, is brought on to the bergs by animals' feet. The moss grows, it decays, it forms a soil for the pollen of buttercups and dandelions that are blown through the air during the brief arctic summer."

"Soon the incredible spectacle presents itself of a great cold berg adrift in the salt sea with yellow flowers springing from the hard, cold ice."

SEED BARLEY 60 cts. a bu.
Largest growers of seed barley, oats, wheat, speltz, corn, potatoes, grapes, clover and other seeds in the world. Big catalog free or send 10c in stamps and receive samples of barley seedling 175 bu. per acre. Billed \$2.00 and we will send you a sample of our seedling \$10.00 to get a start with. Or, send 10c and we will send you a sample of our seedling never seen before.
SALZER SEED CO., Box Cn La Crosse, Wis.

Big Bargain, an appeal to reason.
Agents wanted. Big pay. A needle case containing 2 full papers and 15 large, all assorted, 115 needles, high grade, only 3 cents by mail. Send 50 cents to the Editor, Latest Sheet Music 16 cts. by mail. Z. O. DEAN, South Omaha, Neb.

Salts and Castor Oil—bad stuff—never cure, only makes bowels move because it irritates and sweats them, like poking finger in your eye. The best **Bowel Medicine is Cascarets.** Every Salt and Castor Oil user should get a box of CASCARETS and try them just once. You'll see.

Cascarets—10c box—week's treatment. All druggists. Biggest seller in the world—million boxes a month.

If afflicted with **Sore Eyes, use THOMPSON'S EYE WATER.**
S. C. N. U. No. 4-1909.

For DISTEMPER Pink Eye, Eczema, Shipping Fever and Catarrhal Fever
Sore cure and preventive, no matter how horses at any age are infected or exposed. Liquid, even on the tongue, acts on the blood and glands, expels the poisonous germs from the body. Cure Distemper in Cattle, Sheep and Poultry. Largest selling live stock remedy. Cures La Grippe among human beings and is the Kinney remedy. 80c and 95c and we get it for you. Free Booklet, "Distemper, Cattle and Sheep." Special agents wanted.
Sphagnum Medical Co., Chemists and Bacteriologists, Goshen, Ind., U.S.A.

PISO'S CURE
BAD COLDS
are the forerunners of dangerous diseases of the throat and lungs. If you have a cough, you can stop it with PISO'S CURE. If you suffer from hoarseness, sore throat, bronchitis or pain in the lungs, PISO'S CURE will soon soothe the inflamed throat and lungs to normal, healthy condition. An ideal remedy for children. Free from opiates and dangerous ingredients. For half a century the sovereign remedy in thousands of homes. Even chronic forms of lung disease.
RESPOND TO PISO'S CURE

TURE