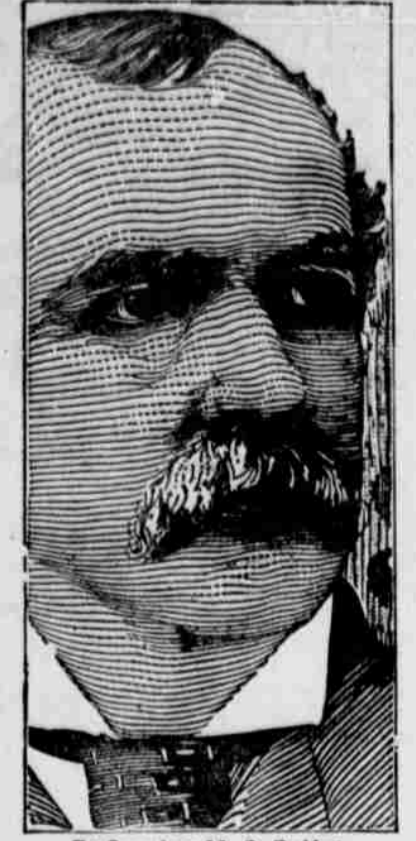


UNITED STATES SENATOR FROM SOUTH CAROLINA PRAISES PER-UNA.



Ex-Senator M. C. Butler.

Dyspepsia Is Often Caused by Catarrh of the Stomach—Peruna Relieves Catarrh of the Stomach and Is Therefore a Remedy for Dyspepsia.

Hon. M. C. Butler, U. S. Senator from South Carolina for two terms, in a letter from Washington, D. C., writes to the Peruna Medicine Co., as follows:

"I can recommend Peruna for dyspepsia and stomach trouble. I have been using your medicine for a short period and I feel very much relieved. It is indeed a wonderful medicine, besides a good tonic."

CATARRH of the stomach is the correct name for most cases of dyspepsia. Only an internal cathartic remedy, such as Peruna, is available. Peruna Tablets can now be procured. Ask your Druggist for a Free Peruna Almanac for 1909.

Not Mentioned by Herodotus. Xerxes was meditating upon his good luck in having been made king by his royal father in preference to the eldest son.

TO CURE A COLD IN ONE DAY. Take LAXATIVE BROMO QUININE TABLETS. Druggists refund money if it fails to cure. E. W. GROVE'S signature is on each box, 25c.

The great Phoenician alphabet, the parent of every form of European writing and of the scripts of Persia, Arabia and India as well, owes but little to Egypt. It is true that in the construction of their alphabet the Phoenicians made use of certain hieratic characters found in their trade dealings with Egypt, but this fact in no way detracts from the glory of the invention which belongs to the "Yankees of antiquity."—New York American.

The quart lamp is the latest electric lighting apparatus. It is a mercury-vapor lamp with a quartz tube in a glass globe, and resembles an arc lamp in general appearance. It is to be used as a single lamp at 220 volts, and has a rating of 3,000 candles, consuming 0.25 watt per candle power. Its life is given at 1,000 hours, and an advantage claimed for it is that it is unnecessary to replace any electrodes.

When Children Were Made to Smoke. It may seem strange that there was a period in English history when juvenile smoking was enforced officially, but it is nevertheless true. The diarist Hearne, in writing of the Plague of London, says: "Even children were obliged to smoke. And I remember that I heard formerly Tom Rogers, who was a school boy at Eton that year when the plague raged all the boys of that school were obliged to smoke in the school every morning, and that he was never whipped so much in his life as he was one morning for not smoking."

Good Digestion Follows Right Food. Indigestion and the attendant discomforts of mind and body are certain to follow continued use of improper food. Those who are still young and robust are likely to overlook the fact that, as drooping water will wear a stone away at last, so will the use of heavy, greasy, rich food, finally cause loss of appetite and indigestion.

Fortunately many are thoughtful enough to study themselves and note the principle of Cause and Effect in their daily food. A N. Y. young woman writes her experience thus: "Some time ago I had a lot of trouble from indigestion, caused by too rich food. I got so I was unable to digest scarcely anything, and medicines seemed useless. A friend advised me to try Grape-Nuts food, praising it highly, and as a last resort, I tried it. I am thankful to say that my Grape-Nuts not only relieved me of my trouble, but built me up and strengthened my digestive organs so that I can now eat anything I desire. But I stick to Grape-Nuts."

Sermons of the Week

Restraint. Men should restrain themselves from unbilled appetites and passions. Rev. C. K. Carpenter, Methodist-Episcopalian, Aurora, Ill.

Sacredness of Marriage. It is not so much marriage, but the sacredness of marriage, which must be recognized.—Cardinal James Gibbons, Roman Catholic, Baltimore.

National Religion. A religion makes a nation. The answer to China is Confucius; to India is Buddha; to civilized Europe is Christ.—Rev. W. F. Crafts, Baptist, Washington.

God's Help. We can always find those who will help us where we are strong, but He helps us where we are weak.—Rev. George Thomas Dowling, Episcopalian, Brooklyn.

Holding Office. A mean, little politician may have to prostitute all his virtues to hold office; but a great man with convictions and patriotism need not do so.—Rev. M. E. Harlan, Disciple, Brooklyn.

Making Heroes. Knowledge of right will make a hero of the frailest. The one who realizes that he is right with God can bathe his hands in the martyr's flame.—Rev. Dr. White, Baptist, Macon, Ga.

Happy Homes. There is not enough religion in many homes. More Bible reading and more praying would help keep happy many an otherwise unhappy home.—Rev. L. M. Zimmerman, Lutheran, Baltimore.

The Spiritual World. The spiritual world is co-extensive with creation. It fills all space and interpenetrates the physical world. We do not go to it; we do not bring it to us. We are already in it.—Rev. W. E. Bentley, Episcopalian, New York City.

The Rainbow. What a striking symbol of God's love and forgiveness is the rainbow. In the "bow in the cloud" we see mercy and hope, written large and beautiful, on the very symbol of wrath and judgment.—Rev. James Avery Norris, Presbyterian, Glen Cove, N. Y.

Faith and Power. A man's power is measured by his faith. His creed is his point of leverage. It makes all the difference in the world as to what a man believes. To those who follow Christ, His word is the court of last appeal.—Rev. S. G. Neil, Baptist, Philadelphia.

Mission of Catholicism. The Catholic church is to-day the only well organized power for religious, political and economic peace. The gift of peace was given her from above, coming down from the Father of Light.—Rev. Dr. Macdon, Roman Catholic, New York City.

God and Man. The true relation between us and God is the relationship of character. We are His children; that is the deepest fact of history. As we grow in goodness we come to understand, little by little, the divine goodness.—Rev. J. P. Forbes, Unitarian, Brooklyn.

Then and Now. A few years ago competition was the spirit of the churches; to-day the spirit is federation. Monuments of the old method are seen in multiplied churches in communities that ought to support but one or few.—Rev. D. O. Mearns, Presbyterian, Albany.

What Life Is. Meat and bread, toil and worry, getting and spending—is that all there is to life? No! Life is more than meat, and the body than raiment. To truly live is to truly realize, in thought and feeling, the "truths of the Spirit"—Love—Beauty—Hope—Faith.—Rev. Thomas B. Gregory, Universalist, New York City.

True Worship. God may be worshipped as an abstract, an omnipotent something, and such worship may be only a dreary and dreary mysticism. The true worship of God is that of the human mind, which lovingly and reverently writes hold of or broods upon the divine nature.—Rev. Dr. Barrows, Presbyterian, Oberlin, Ohio.

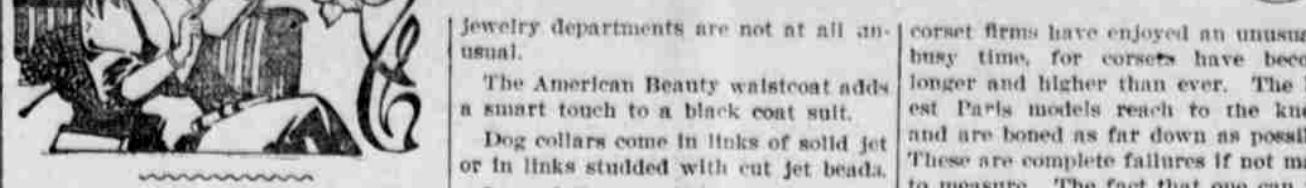
God's Justice. God's justice gives to all alike the privileges of the gospel, for God is no respecter of persons. God's love to man and His goodness to the race prompt Him to offer to man the privilege of sonship to God in Christ. Man has power to accept or to reject this gospel.—Rev. A. C. Suther, Disciple, Los Angeles.

Selfishness. We cannot be selfish with our life's power and live. No life, however rich, is rich enough to keep the power of life. We must spend it. We have minds, power of thinking and reasoning. It is our duty to search for the precious truth and to give it to the service of righteous, human progress.—Rev. E. R. Griffin, Unitarian, Braintree, Mass.

Give Up There. When I give up there. Don't want no help to tune, But the old melody for the soul, see. If possessin' in de moon! I'd show 'em how to cook 'em, An' dey sholy mus' be possessin' For dat hungry man ter "trow." I'd show 'em how to cook 'em, Ef he'd let me in de gate, An' he'd never no' feel lonesome Wid a possessin' on de plate!—Atlanta Constitution.

The Rolling Paston. Servant (to woman at the door)—The mistress was took very ill last night, and can't see any one. Them's my orders. Woman—Yes? Will you please say that Miss S—, the dressmaker, is at the door? Servant (after a brief absence)—You are to walk upstairs, mum.—Answers.

Women and the Home



Jewelry departments are not at all unusual. The American Beauty waistcoat adds a smart touch to a black coat suit. Dog collars come in links of solid jet or in links studded with cut jet beads. Long, full wraps for evening and afternoon are made of old-fashioned brocade. One fad is the employment of black chiffon with colored cloth and silk gowns. Sets of bon, muff and a fur toque to match, are to be the latest thing for winter. It is not improbable, on account of the high collars of the new coats, that less will be seen of boas. Tan shoes are more fashionable than ever before, and oze and suede are more popular than the calfskin. Black net is placed over vests of bordered black chiffon and other material with such touches of color. Beauty After Thirty. Everything in creation reaches its perfection at maturity, and a woman is at her best when she becomes a woman. Knowledge, experience, pulse, are all gifts of the years—between 25 and 40 a woman thinks more deeply, feels more deeply, and is more lovely than at any other time. The era of the glancing girl is gone; her passing is reflected in romance, which no longer covers in position and the food will cook slowly but thoroughly without further attention. A fowl, for example, put into the vessel after having been boiled for ten minutes will, after ten hours in the cooker, be most delicately cooked. Model Husband Test. Chicago contains at least twelve women who believe they have model husbands, and they do not use the term model as meaning a small imitation of the real thing. They had an exhibition the other day at which the husbands proved their right to the title. The final and supreme test was given when the men were called upon to fasten a twenty-four-button embroidered shirt-waist; the waist was decorously put on a wooden dummy, so that the men might be in no way embarrassed. Two of the husbands fastened the waist in two minutes and seven seconds without pulling off a single button or tearing any of the embroidery. They will have to enter into a subsequent contest to discover who is the modeliest model husband of the lot. Sorry He Came. To one who is in the role of host there can be no more bitter rebuke than to have any guest, or even chance caller, go out from the portals with the feeling that he is sorry he came—that he is depressed rather than uplifted, saddened rather than gladdened, and in a mood of discord rather than harmony. For all personal association should leave behind it a lingering charm, as of something sweet and gracious. When a meeting does not do this some one is to blame.—Home Chat. Things Have Changed. No longer do a ring, a thimble, and a piece of money answer for a fortune-telling cake for girls. No, indeed! The day is long past when marriage, spinsterhood and rich inheritances were the only careers open to this sex. A twentieth century cake must have a tiny glass bottle standing for either a doctor or a trained nurse, a little china doll meaning a teacher, and as many other symbols as the ingenuity of the hostess may devise. Tight clothes and indigestion cause red noses. A hot bath taken at night affords refreshing sleep. High-heeled boots are known to cause spinal complaints. A little salt under the tongue will stop nose bleeding. A raw egg swallowed will detach a fishbone in the throat. Sleep with the window well open and you will awake brisk. The yolk of an egg broken up in rose-water is a trusty shampoo. If people laughed more they would all be happier and healthier. Salt on fingers when cleaning fowls, meat or fish will prevent slipping. Don't eat your meals quickly; this causes indigestion and a red nose. Headache will often yield to a foot bath without other treatment. Try it. Equal quantities of lemon juice, licterine and glycerin make an excellent tooth wash. A little vinegar added to butter and

STYLES SHOW TENDENCY TOWARD TIGHT FITTING AND TRAILING SKIRTS.



concerns itself with simpering maidens of 16. On the stage, which indicates the fashion in femininity as in frippery, the leading man and woman of yesterday have become the juvenile and the ingenue of to-day. No dramatist expects his audience to take seriously the love affairs of very young people. That woman attains her greatest beauty after she is 30 is a fact recognized by all artists. We have no half-grown Venuses or Victorias or Dianas. The young girl is a promise, a bud, a shadow pool. The best friend, comrade, wife is the woman who has blossomed. An Excellent Hair Shampoo. First, boil a pint of water. Add to this a third of a cake of pure white soap, shaved fine. Boil this until the soap is melted. Pour this mixture into a jar before it thickens and let it cool. To shampoo the hair put a couple of tablespoonfuls of this paste into warm water, and when it is dissolved apply to the hair and rub it into the scalp several times. Then rinse the hair well in clear, warm water. Ups and Downs. "Matrimony has its ups and downs," remarked the scanty haired benefactor. "What's the answer?" queried the confirmed bachelor. "It keeps the wife busy trying to keep up appearances, and the husband busy trying to keep down expenses," replied the other, with a large-open-face sigh. Rush Bottom Chairs. It is quite the fashion now to have mahogany or dark oak chairs with worn rush bottoms. These are durable and effective, and are widely used for dining room, sitting room and men's dens.

Whiskey for Lame Back. The increased use of whiskey for lame back rheumatism is causing considerable discussion among the medical fraternity. It is an almost infallible cure when mixed with certain other ingredients and taken properly. The following formula is effective: "To one half pint of good whiskey add one ounce of Toris Compound and one ounce Syrup Sarsaparilla Compound. Take in tablespoonful doses before each meal and before retiring." Toris compound is a product of the laboratories of the Globe Pharmaceutical Co., Chicago, but it as well as the other ingredients can be had from any good druggist. Almost Reconciled to It. The Moors were preparing to leave the Alhambra. "We might as well go, anyhow," they said. "The Americans will be here pretty soon looking for souvenirs." Hastily gathering up their trinkets, they departed, only regretting that they couldn't take the glorious landscape along, too. How's This? We offer One Hundred Dollars Reward for any case of Catarrh that cannot be cured by Hall's Catarrh Cure. E. J. CHENEY & CO., Toledo, O. We, the undersigned, have known F. J. Cheney for the last 15 years, and believe him perfectly honorable in all business transactions, and financially able to carry out any obligations made by him. WALKER, KINNEY & MARTIN, Wholesale Druggists, Toledo, O. Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system. Testimonials sent free. Price, 75c per bottle. Sold by all Druggists. Take Hall's Family Pills for constipation. New York Jews. The Jewish community of New York is now the largest in history or tradition. It represents 10 per cent of the entire Jewish population of the world. The cow tree of Venezuela is a natural dairy. Its sap is very similar to milk and is used as such by the natives. Only One "BROMO QUININE." That is LAXATIVE BROMO QUININE. Look for the signature of E. W. GROVE. Used the World over to Cure a Cold in One Day. 25c.

HEALTH BEAUTY. Tight clothes and indigestion cause red noses. A hot bath taken at night affords refreshing sleep. High-heeled boots are known to cause spinal complaints. A little salt under the tongue will stop nose bleeding. A raw egg swallowed will detach a fishbone in the throat. Sleep with the window well open and you will awake brisk. The yolk of an egg broken up in rose-water is a trusty shampoo. If people laughed more they would all be happier and healthier. Salt on fingers when cleaning fowls, meat or fish will prevent slipping. Don't eat your meals quickly; this causes indigestion and a red nose. Headache will often yield to a foot bath without other treatment. Try it. Equal quantities of lemon juice, licterine and glycerin make an excellent tooth wash. A little vinegar added to butter and

WE BUY FURS HIDES. HALF THE WORLD'S COFFEE SUPPLY COMES FROM BRAZIL. HELP INSIST ON HAVING WOMEN Dr. Martell's Preparation. The Standard Remedy. (All Druggists) For French Bragg Co., 69 W. 2nd St., N. Y. CITY. PRISO'S Keep It on Hand! Coughs and colds may seize any member of the family any time. Many a bad cold has been averted and much sickness and suffering has been saved by the prompt use of Priso's Cough Cure. There is nothing like it in the world. It is a safe, reliable, and sure remedy for all cases of Cough, Croup, Whooping Cough, and all other respiratory ailments. It is a family medicine, and is safe for children. At all drug stores, 25c.

TORTURED SIX MONTHS. "Terrible Itching Eczema—Baby's Suffering Was Terrible—Soon Entirely Cured by Castoreum." "Eczema appeared on my son's face. We went to a doctor, who treated him for three months. Then he was so bad that his face and head were nothing but one sore and his ears looked as if they were going to fall off, so we tried another doctor for four months, the baby never getting any better. His hand and legs had big sores on them and the poor little fellow suffered so terribly that he could not sleep. After he had suffered six months we tried a set of the Cuticura Remedies and the first treatment let him sleep and rest well; in one week the sores were gone and in two months he had a clear face. Now he is two years and has never had eczema again. Mrs. Louis Beck, R. F. D. 3, San Antonio, Tex., April 15, 1907." Part of the agonizing wedding ceremony is the burning of the discarded toys of the bride. FILES CURED IN 6 TO 14 DAYS. PAZO OINTMENT is guaranteed to cure any case of Itching, Blistering, or Poisoning. Piles in 6 to 14 days or money refunded. 50c. Horrors of Politics. "Then you knew something of it all ready?" said the chairman of the notification committee, much chagrined. "Yes," answered the nominee. "I saw an intimation of it in the newspapers. In fact, gentlemen," he added, with a broad smile on his sunny face, "I had a printer's inkling of it."—Chicago Tribune. Circular Ambition. Slocum—Curious fact that Boxley, the baseball pitcher, has taken up, isn't it? He's building an airship. Gofast—No; it's perfectly natural. He thinks he can make one that will describe a shorter curve than anybody else's machine.

Habitual Constipation. May be permanently overcome by proper personal efforts with the assistance of the one truly beneficial laxative remedy, Syrup of Figs and Elixir of Senna, which enables one to form regular habits daily so that assistance to nature may be gradually dispensed with until no longer needed as the best of remedies, when required, are to assist nature and not to supplant the natural functions, which must depend ultimately upon proper nourishment, proper efforts and right living generally. To get its beneficial effects, always buy the genuine Syrup of Figs and Elixir of Senna manufactured by the CALIFORNIA FIG SYRUP CO. ONLY SOLD BY ALL LEADING DRUGGISTS. One size only, regular price 50¢ per Bottle. PROVED BY TIME. No Fear of Any Further Trouble. David Price, Corydon, Ia., says: "I was in the last stage of kidney trouble—lame, weak, run down to a mere skeleton. My back was so bad I could hardly walk and the kidney secretion much disordered. A week after I began using Doan's Kidney Pills I could walk without a cane, and as I continued my health gradually returned. I was so grateful I made a public statement of my case, and now seven years have passed. I am still perfectly well." Sold by all dealers. 50c a bottle. Foster-Milburn Co., Buffalo, N. Y. WE SELL GUNS AND TRAPS CHEAP & buy Furs & Hides. Write for catalog 100 N. W. Hyde & Fur Co., Minneapolis, Minn. Never Met One Before. The butcher, tired of having nothing to do, had gone out to the stables to commune with the coachman, and was nosing around in his usual dignified way. "My word!" he exclaimed, looking with some curiosity at an implement he had just picked up. "That's the biggest safety razor I ever saw. How do you put the blades in it, jawee?" "Safety razor!" howled the coachman. "You blomin' idiot, that's a currycomb!" Resented It. Caller (trying to be complimentary)—I notice one interesting peculiarity about your little boy. He is ambidextrous. Mrs. Struckgyle (with a frosty gleam in her eye)—Not at all, Mrs. Higginson. His legs are just as straight as any-

SICK HEADACHE. Positively cured by these Little Pills. They also relieve Dis-eases from Dyspepsia, Indigestion and Too Heart-y Eating. A perfect Remedy for Dizziness, Nausea, Drowsiness, Bad Taste in the Mouth, Coated Tongue, Pain in the Side, TORPID LIVER, regulate the Bowels. Purely Vegetable. SMALL PILL. SMALL DOSE. SMALL PRICE. GENUINE MUST BEAR FAC-SIMILE SIGNATURE. REFUSE SUBSTITUTES. 320 ACRES of Wheat Land in Western Canada WILL MAKE YOU RICH. 50 bushels per acre have been grown. General average greater than in any other part of the continent. Under New Regulations it is possible to secure a Homestead of 160 acres free, and additional 160 acres at \$3.00 per acre. The development of the country has made marvelous strides. It is a revolution. A record of conquest by settlement, that is remarkable. Extract from one of the reports of a National Editor, who visited Canada in August last: "The grain crop of 1908 will at a minimum average \$2.00 per acre. Grain-raising, stock raising and dairying are the principal industries. Climate is excellent. Social conditions the best. Railway Advantages unequalled. Schools, churches and markets close at hand. Lands may also be purchased from Railway and Land Companies. FOR "LAST BEST WEST" pamphlets, maps and information as to how to secure best Railway Rates, apply to W. D. Scott, Superintendent of Immigration, Ottawa, Canada, or E. J. Holmes, St. James St., St. Paul, Minn. and Mr. M. M. Mackenzie, Head Office, Watertown, So. Dakota. Authorized Government Agents. Please say where you saw this advertisement. S. C. N. U. No. 50-1008.

DODD'S KIDNEY PILLS. ALL KIDNEY DISEASES. RHEUMATISM. BRUISES. DIABETES. 375 "Guaranteed." WE BUY FURS HIDES. HALF THE WORLD'S COFFEE SUPPLY COMES FROM BRAZIL. HELP INSIST ON HAVING WOMEN Dr. Martell's Preparation. The Standard Remedy. (All Druggists) For French Bragg Co., 69 W. 2nd St., N. Y. CITY. PRISO'S Keep It on Hand! Coughs and colds may seize any member of the family any time. Many a bad cold has been averted and much sickness and suffering has been saved by the prompt use of Priso's Cough Cure. There is nothing like it in the world. It is a safe, reliable, and sure remedy for all cases of Cough, Croup, Whooping Cough, and all other respiratory ailments. It is a family medicine, and is safe for children. At all drug stores, 25c.

PIMPLES. I tried all kinds of blood remedies which failed to do me any good but I have found the right thing at last. My face was full of pimples, and I was unable to go to school. A few weeks ago I bought a box of Cascarets and used them for a few days and my face cleared up. I have not had a pimple since. I feel fine and my skin is clear. I have a chance to recommend Cascarets. Fred C. Wilson, 18 Elm St., Newark, N. J. Best For The Bowels. Cascarets. CANY CATMATIC. NEW YORK WHEN YOU SLEEP. Pleasant, Reliable, Useful. Taste Good. Do Good. Never Sickens. No Action on Stomach, No Dizziness, No Griping. Guaranteed to cure or your money back. Sterling Remedy Co., Chicago or N. Y. 25c ANNUAL SALE, TEN MILLION BOXES.