

# One of the Essentials

of the happy homes of to-day is a vast fund of information as to the best methods of promoting health and happiness and right living and knowledge of the world's best products.

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One of the products of that class, of known component parts, an Ethical remedy, approved by physicians and commended by the Well-Informed of the World as a valuable and wholesome family laxative is the well-known Syrup of Figs and Elixir of Senna. To get its beneficial effects always buy the genuine, manufactured by the California Fig Syrup Co., only, and for sale by all leading druggists.

## FACTS ABOUT NAILS.

**Simple Things that Play an Important Part in Everyday Life.**

The first nails, undoubtedly, were those of the locust tree. I have seen them eight inches long and as hard as iron. The use of fish bones was common before Noah's time, and in all probability the first of the commodores built his raft-boat with them. They were as soft and strong as our metal string bolts. Wooden pins were employed also, being driven through holes burned by hot irons before there were crude sugars to bore them.

We smart Americans were cutting iron nails by machinery 100 years ago at the rate of 100 a minute to the machine. The great wire nail industry started in 1835, and is now of colossal importance. Before cut nails were introduced all nails were hand forged.

We should have a hard time trying to get along without nails. They are so common that, like many other articles in common use, our makers of encyclopedias regard them as unworthy of mention. In the latest specialized work (seven large volumes) on carpentry and building, there is nothing about nails.

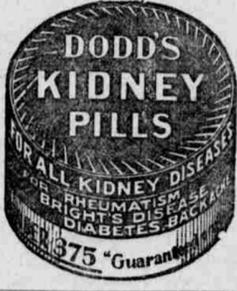
Is anything of more importance than a proper selection of the little bits of metal that are supposed to bind securely together all the lumber used in the construction and decoration of a house?

Fifty years ago there were upward of 3,000 nails with different names, all of which were perfectly understood by the persons manufacturing or using them. These included horseshoe nails, brads and tacks, all kinds of spikes, clasp nails, deck nails, counter-sunk nails, pall, clout, scupper, mop, chisel point, etc.

To-day we have common fence, sheeting, casting, box, flooring, finishing, fine finishing, light barrel, lining, roofing, shingle, slating, clinch, boat, cooper, tobacco, zinc, copper, tinned, and galvanized nails, and numerous brands of brads, tacks, and spikes.

**He Would, Indeed.**  
"What's this word, pa?" asked Willie, pointing it out in his book.  
"Phenomenon," replied pa.  
"Well, what is that?"  
"That, my son, is what you would be if you never disturbed your father with questions."—Philadelphia Press.

**Foreign and Domestic.**  
His Wife (reading)—I see they had a bread riot in Spain recently.  
Her Husband—Yes; and we'll have one at home soon if there isn't an improvement in your biscuits.



## SICK HEADACHE

**CARTER'S LITTLE LIVER PILLS.**  
Positively cured by these Little Pills. They also relieve Distress from Dyspepsia, Indigestion and Too Hearty Eating. A perfect remedy for Biliousness, Nervous Prostration, Bad Taste in the Mouth, Coated Tongue, Pain in the Side, TORPID LIVER. They regulate the Bowels. Purely Vegetable.

**CARTER'S LITTLE LIVER PILLS.**  
Genuine Must Bear Face-Similar Signature. REFUSE SUBSTITUTES.

## Paxtine TOILET ANTISEPTIC

Keeps the breath, teeth, mouth and body antiseptically clean and free from unhealthy germ-life and disagreeable odors, which water, soap and tooth preparations alone cannot do. A germicidal, disinfecting and deodorizing toilet requisite of exceptional excellence and economy. Invaluable for inflamed eyes, throat and nasal and uterine catarrh. At drug and toilet stores, 50 cents, or by mail postpaid. Large Trial Sample.



WITH "HEALTH AND BEAUTY" BOOK SENT FREE THE PAXTON TOILET CO., Boston, Mass.

# Sermons of the Week

**Hope of the Future.**  
Faith in God controls our destiny. It is the hope of the future.—Rev. F. W. Hinmitt, Presbyterian, Danville, Ky.

**End of Temptation.**  
No man is sure of himself until he is safely nailed down in his coffin.—Rev. N. D. Hillis, Congregationalist, Brooklyn.

**Love of God.**  
It is necessary for a Christian to have the love of God and his fellow man if he hopes to grow in favor.—Rev. Carter H. Jones, Baptist, Louisville.

**Tia Soldiers.**  
Many of the professed followers of Christ are of the tin soldier variety, or like drummers dressed in uniforms.—Rev. Robert L. Fletcher, Methodist, Pittsburg.

**Purpose of the World.**  
The purpose of this world is that men may know, love and labor, and thus come into the likeness of the Creator, God.—Rev. L. A. Manley, Baptist, Providence.

**Cowards.**  
If God dropped the cowards from the army of Jesus Christ, the percentage, I am afraid, would be larger than that which was dropped out of Gideon's army.—Rev. Merritt L. Gregg, Baptist, Auburn, N. Y.

**Giving to the Lord.**  
He who gives nothing to the Lord has no account with the Lord for which he can reasonably expect a blessing. The Lord cannot well bless nothing.—Rev. L. M. Zimmerman, Lutheran, Baltimore.

**Dependency.**  
No man liveth to himself. We are like trees in a forest struck by some tempest, broken, bent, twisted, interlocked, bearing down or borne up by one another.—Rev. R. Mackenzie, Presbyterian, New York City.

**Pining for Heaven.**  
Pining for heaven and to get away from this world is nonsense. Every Christian should stay here as long as he can well after a while.—Bishop J. H. Vincent, Methodist, Indianapolis.

**Effect of Prayer.**  
If the delegation to the General Conference would spend more time in meditation and prayer there would be no possibility for unfavorable criticism and every church in the city would be holding revivals within five days.—Bishop Earl Cranston, Methodist, Washington.

**The Keynote.**  
The paradoxes of life, as reflected by the contrast of the poor and the rich, and the good and the vicious, are clearly beyond the understanding of the keenest intellect, unless the cross of Jesus Christ is the keynote.—Rev. M. L. Blaney, Methodist, Providence.

**Good Legislation.**  
The existing laws which forbid the opening of saloons on Sundays, the closing of back rooms, the exclusion of minors, is good legislation, in accordance with the traditions of the commonwealth, and ought to be maintained.—Bishop Edwin S. Lines, Episcopalian, Newark.

**Christian Science.**  
Christian Science does not announce a new, strange or irrational God, but rather unfolds and declares a correct comprehension and right understanding of the one God, His nature, qualities and law. One infinite God is all it recognizes and proclaims.—Rev. Clarence L. Eaton, Christian Scientist, Los Angeles, Cal.

**A Mother's Influence.**  
Coming humanity will be what mothers make it. The family circle may be a small one, but it is second to none in point of influence and far-reaching in effect. Mothers have the greatest leverage upon life and the greatest responsibility. They work on plant material.—Rev. John L. Scudder, Congregationalist, Jersey City.

**An Unworthy Motive.**  
A decidedly unworthy motive which ought never to obtain is church association for the purpose of advancing one's business or professional interests. This is working the church as a "graft" park and is a sort of holy "craft." One who does this exhibits a degraded sense, or lack of sense, of the fitness of things.—Rev. Harry E. Gilchrist, Unitarian, New Orleans.

**A Woman's Love.**  
Nowhere is the yearning of the soul after God more wonderfully expressed than in the great poem called Solomon's Song. This classic makes use of the strongest, deepest, purest thing in the world—a woman's love—to show that it is with such intensity we should seek our Lord and Master. It is thus we should give Him the best we have, and all we have; and finally, by being united to Him we shall find peace and eternal joy.—Rev. F. E. Hopkins, Congregationalist, Chicago.

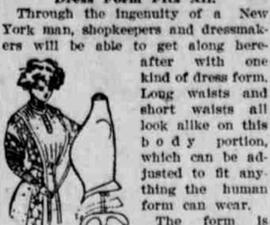
**Christ's Coming.**  
When Christ came into men and founded His church there was a new factor for the world to deal with. He was presented to the minds and hearts of men as a question they had to answer—a problem they had to solve. They had either to accept what Christ brought or refuse it; they had either to embrace Christ or reject Him—but they could not be indifferent to Him; they could not ignore his claims.—Rev. James A. Lundy, Roman Catholic, Elizabeth, N. J.

**His Theory.**  
"I'm thinking of running for Congress," said the village lawyer. "Will you vote for me?"  
"No, sir," answered Farmer Corn-tossed. "I'm in favor of lettin' the present congressmen stay where they are. There's no good of continually takin' men and gettin' 'em out of the habit of hard work an' then bringin' 'em back home agin."—Washington Star.

When a girl says, "He can go where he pleases," it is her way of saying that he can go to the devil.

# FOR AND ABOUT WOMEN

**Dress Form Fits All.**  
Through the ingenuity of a New York man, shopkeepers and dressmakers will be able to get along hereafter with one kind of dress form. Long waists and short waists all look alike on this body portion, which can be adjusted to fit anything the human form can wear.



The form is made similar to those now in use, except that the model can be moved up and down on the upright rod that runs through the center and affixed at any height over the hip line that may be desired. In the old-style form a short-waisted model did not fit on a long-waisted model, and vice versa, and both for window display and dressmaking a number of forms were required for a different type of figure. Either for fitting or display this invention is expected to be of value, both in the saving of money and time, for not only will one take the place of several of the old designs, but it will not be necessary to scour about for the suitable form for each occasion.

**Health and Beauty Hints.**  
A prominent doctor says tempts is the most healthful of all recreations. For a run-around on the finger thicken the yolk of an egg with salt and apply.

Grape fruit will break up malarial disorders if taken in time, as it is said to have the qualities of quinine in smaller degree.

During the summer be careful. Because you are very warm do not immediately try to freeze to death; because you are thirsty do not consume gallons of lead water.

The juice of a raw onion is the antidote to the sting of a bee or wasp. When stung, remove the sting if it be left behind and then lay a slice of raw onion on the place. The smarting will cease at once.

A case of hiccoughs is always unpleasant and often quite distressing. An efficacious remedy is to hold the hands straight above the head, drawing air deep into the lungs meanwhile and retaining the breath as long as possible.

If your face is too red be careful of your diet. Take no hot drinks, but plenty of cooling ones. Don't wash the face in cold water, nor when you feel flushed. Luke-warm water is better. Hot foot baths are also said to be very good in cases of this kind.

For an ordinary sore throat, with loss of voice or huskiness, dip a folded handkerchief in cold water. Encircle the neck with the wet handkerchief and cover it with several folds of old flannel. One night's application is usually sufficient to relieve slight cases.

The pale, anemic woman will find the salt bath, prepared as follows, somewhat helpful on dragging summer days: Dissolve forty grams of gelatin in a quart of boiling water, add 100 grams of subcarbonate of soda and fifty grams of sulphate of potassium. Mix thoroughly and pour into a hot bath.



Neckties are still narrow; some are of silk gauze and are knotted very low on the bodice.

"Rust" is the very latest creation in the color line, and it is—as the name implies—a sort of reddish brown. At present it is said to be rather a popular shade for dress materials, because it allows of almost any color hat—violet, green, pink or blue will harmonize with it equally well.

Very smart are to be Hugerle waists in colors rather than in white, deep rich orange, a brownish ecru in Nattier blue, or a grayish hue, worn with linen skirts to match and long coats of unfined coarse cotton net in the same hue; this last loaded with soutache, tiny buttons, cords and tassels.

Huge hats are still in vogue and there are some new ones of pearl which are stuck through the hair at the side, just above the ear, and this gives the effect of a rather barbarous adornment. Some of these large hats are very handsome, for they are made of cut jade, ivory or finest jet.

Ruching is as popular as ever, and is worn at the top of the collar. Some of it is two inches in width and made of four thicknesses of material. This is somewhat exaggerated, but it really does make an attractive finish to the top of the new stocks. Some of the ruching is hand-embroidered; other sorts are plain white, finished with a little ruffling of Valenciennes lace edging.

Neckwear is interesting to talk about, for there is always a new style or finishing touch which is quite worthy of consideration. There are narrow ties of velvet ribbon or striped taffeta, made into a smart bow in front, with ends several inches long, finished with a gold tassel or with a fringe of colored beads. Another new fad is a band of tiny beads knitted into a design and decorated with fringe; this barbaric necklace passes once around the neck and ties in front with a loose knot over a jabot.

The radical change in footwear is very noticeable and because dresses are extremely long the shoes are less conspicuous than ever, but are extremely

## TWO NEW DESIGNS.



The figure on the left wears a coat suit of gray satin, the Directoire coat trimmed with black satin. Waistcoat is of yellowish satin.

The figure on the right wears a one-piece frock, fastened down front with braided buttons. The linen hosiery is of hyacinth blue.

graceful. For afternoon wear the low shoes have short vamps, low buckles, high heels and uppers to match the color scheme of the dress. The evening shoe shows ribbons around the ankle. Many women who have adopted the long Grecian modes are wearing satin slippers absolutely without heels. The style is startling, to say the least, yet for picturesque effect the idea is clever enough.

**Bridal Superstitions.**  
Married in January's hour and rime, good things will come if you wait your time.

Married in February's sleety weather, life you'll tread in tune together.

Married when March winds whine and roar, your home will be on a foreign shore.

Married 'neath April's changeable skies, a checkered path before you lies.

Married when bees o'er May blossoms flit, strangers around your board will sit.

Married in month of roses—June—life will be a long honeymoon.

Married in July, with flowers ablaze, bitter-sweet memories in after days.

Married in August's heat and drowse, lover and friend in your chosen spouse.

Married in golden September's glow, smooth and serene your life will go.

Married when leaves in October thin, toil and hardship for you begin.

Married in vells of November mist, fortune your wedding ring has kissed.

Married in days of December cheer, love's star shines brighter from year to year.

**A Woman's Duty.**  
The woman of taste keeps abreast of the fashions in a way, that is, she drops worn-out styles and adopts whatever new ones she can adapt to her use. If she can afford it she patronizes first-class dressmakers and gets her money's worth by wearing her clothes two or three seasons without losing her prestige as a well-dressed woman. There is an advantage in this method, as you can see, and I have been told by women who use it that there is economy as well.

It is no economy to save at the expense of good looks. It is a woman's duty to look her best, a duty she owes to her family. If she can secure it by a small expenditure, so much the better, but to save by accepting shabbiness is not creditable save in dire stress of circumstances. Poverty is an excuse for shabbiness and nothing else is accepted by the world, save in the rare cases of shabby millionaires.

**If You are Thin.**  
Don't over exercise.  
Sleep all you can.  
Don't worry, hurry or get in a flurry.  
Don't lose your temper or let tattles irritate you.

Eat freely of flesh-making foods, but not enough to ruin your digestion, which means greater angularity.  
Drink at your meals and take plenty of water, as well as cocoa, chocolate and milk.

Avoid pickles, acids, salt meats or fish.  
Rest frequently, keep in the open air and sleep in well-ventilated room.  
Learn to dress to conceal your defects. You may think it is hard to do, but it isn't a circumstance to the trouble your stout sister has to mask her flesh.

**Women Inventors.**  
Jane Y. Stutch, of Philadelphia, invented a nutcase spoon. Mary Brush, of Davenport, Iowa, invented a boneless corset. Mrs. Egbert Parnell, an Australian, invented perforated underwear. Mrs. Kendall, the actress, invented a very handsome and popular lamp shade. The carpet sweeper was

invented by Agdalena Goodman, of Duval County, Fla. Mary Kies, in 1800, took out in Washington the first patent for straw weaving. Mary E. Beasley, of Philadelphia, patented, in 1884, a barrel-making machine. All barrels before that time were made by hand. Emily Durran, an English woman, invented the double-pointed nail, which will join two pieces of wood without leaving visible any part of itself.

**Hat Trimmed with Feathers.**  
A lovely dress hat is shown in the drawing, the model being a good one in various combinations and colors. Peacock, a shade between blue and green, was used in the original, the straw being a fine Milan. The feathers were in the form of a thin founce of the ostrich plume, mounted on a wire and taken around the crown. White gardenias were applied in the center of this founce, and the feathers were clustered high at the left side.



**Avoid Dandruff.**  
Dandruff is infectious. Many men get the germ from the brushes and combs used in barber shops, and women from those used in hair-dressing establishments. There is great danger of this kind. In some places there is no doubt that the brushes and combs are thoroughly cleansed and soaked in antiseptic solutions each time they are used, but these places are very rare. Even at home the dandruff germ may be passed from one member of the family to the other by the interchangeable use of combs and brushes without first cleansing them thoroughly.—Harper's Bazar.

**Calling Names.**  
Call a girl a chick and she smiles.  
Call a woman a hen and she howls.  
Call a young woman a witch and she is indignant.  
Call a girl a kitten and she rather likes it.  
Call a woman a cat and she howls.  
Women are queer.  
If you call a man a gay dog, it will flatter him.  
Call him a pup, a hound or a cur, and he will try to niter the map of your face.  
He doesn't mind being called a bull or a bear, yet he will object to being mentioned as a calf or a cub.  
Men are queer, too.

**A Labor-Saving Scheme.**  
"John," said the slowly married business man.  
"Yes, sir," responded the office boy.  
"Call up my wife every fifteen minutes and mumble lovey-dovey, tootsy-tootsy about seven or eight times."—Rehoboth Sunday Herald.

**To Stop Hiccoughs.**  
For troublesome hiccoughs try a teaspoon of granulated sugar and three drops of vinegar or lemon juice.

**Explained.**  
Mrs. Wantano—"My dear, why is it they always allude to a sailing vessel as being feminine?"  
Mr. Wantano—"Well, in the first place, because she's so completely carried away with sales, and secondly, because she can't be kept under control unless she's properly manned."—Tledo Blade.

**DOCTOR SAID "USE CUTICURA"**  
In Bad Case of Eczema on Child—Disease Had Reached a Fearful Stage—His Order Resulted in Complete Cure.

"When I was small I was troubled with eczema for about three months. It was all over my face and covered nearly all of my head. It reached such a state that it was just a large scab all over, and the pain and itching were terrible. I doctored with an able physician for some time and was then advised by him to use the Cuticura Remedies, which I did, and I was entirely cured. I have not been bothered with it since. I used Cuticura Soap and Cuticura Ointment but do not know exactly how much was used to complete the cure. I can safely say that Cuticura did a lot for me. Miss Anabel Wilson, North Branch, Mich., Oct. 20, 1907."

**Inherited.**  
Mrs. Biggs—"There goes Mrs. Upson. Hasn't she a beautiful carriage?"  
Mrs. Biggs—"Yes. Takes it after her grandfather, I suppose."  
Mrs. Biggs—"Was his carriage graceful?"  
Mrs. Biggs—"Absolutely perfect. They tell me. He used to carry a hod."

**Ask Your Dealer for Allen's Foot-Paste**  
A powder to shake into your shoes. It cures the feet. Cures Corns, Bunions, Swellings, Sore, Hot, Callous, Aching, Sweating feet and Ingrowing Nails. Allen's Foot-Paste makes new or tight shoes easy. Sold by all Druggists and Shoe Stores, 25c. Sample mailed FREE. Address Allen S. Olmsted, Le Roy, N. Y.

**Climatic Prodigality.**  
"I am older than I look," said the matron at whose house the sewing circle had met. "More than forty winters have passed over my head."  
"Then you haven't lived long in this climate, if that's all," observed the elderly spinster. "I've sometimes seen as many as forty winters here in one spring."

**DIFFERENT.**  
"He is perfectly at home on the platform."  
"You mean perfectly away from home."  
"How so?"  
"When he's at home he listens; when he's on the platform he talks."—Houston Post.

**The Page Between.**  
A New Orleans woman, well known for her work for charity, recently accepted an invitation to speak at an anti-tuberculosis meeting. On the platform she found herself seated between a bishop and a rabbi, and the tone of the meeting seemed to be rendered extremely solemn by the combination.

In order to lighten the solemnity, she said, turning to the rabbi: "Do you know, I feel as if I were a leaf between the Old and the New Testaments."  
The rabbi turned a sad-eyed gaze upon her.  
"Yes, madam," he said, "and, if you will recall, that page is usually a blank one."

**HEALTH BRINGS HAPPINESS.**  
Invalid Once, a Happy Woman Now.  
Mrs. C. R. Shelton, Pleasant street, Covington, Tenn., says: "Once I seemed to be a helpless invalid, but now I enjoy the best of health. Kidney disease brought me down terribly. Rheumatic aches and pains made every move painful. The secretions were disordered and my head ached to distraction. I was in a bad condition, but medicines failed to help. I lost ground daily until I began with Doan's Kidney Pills. They helped me at once and soon made me strong and well."

Sold by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.

**Modernized Version.**  
Pythias had returned, just in time to save the life of Damon.  
"Gee!" exclaimed Dionysius. "Boys, when that story is worked into a play it will make a great hit."  
"Most noble tyrant," said Pythias, venturing to correct him, "it's merely a sacrilegious hit."

Many of the scorers, however, having only a superficial knowledge of the game marked it down as a double play.—Chicago Tribune.



**Proof is inexhaustible that Lydia E. Pinkham's Vegetable Compound carries women safely through the Change of Life.**

Read the letter Mrs. E. Hanson, 304 E. Long St., Columbus, Ohio, writes to Mrs. Pinkham:

"I was passing through the Change of Life, and suffered from nervousness, headaches, and other annoying symptoms. My doctor told me that Lydia E. Pinkham's Vegetable Compound was good for me, and since taking it I feel so much better, and I can again do my own work. I never forget to tell my friends what Lydia E. Pinkham's Vegetable Compound did for me during this trying period."

**FACTS FOR SICK WOMEN.**  
For thirty years Lydia E. Pinkham's Vegetable Compound, made from roots and herbs, has been the standard remedy for female ills, and has positively cured thousands of women who have been troubled with displacements, inflammation, ulceration, fibroid tumors, irregularities, periodic pains, backache, that bearing-down feeling, flatulency, indigestion, dizziness or nervous prostration. Why don't you try it?

Mrs. Pinkham invites all sick women to write her for advice. She has guided thousands to health. Address, Lynn, Mass.

## Libby's Food Products

### Libby's Cooked Corned Beef

There's a big difference between just corned beef—the kind sold in bulk—and Libby's Cooked Corned Beef. The difference is in the taste, quality of meat and natural flavor.

Every fiber of the meat of Libby's Cooked Corned Beef is evenly and mildly cured, cooked scientifically and carefully packed in Libby's Great White Kitchen.

It forms an appetizing dish, rich in food value and makes a summer meal that satisfies.

For Quick Serving—Libby's Cooked Corned Beef, cut into thin slices. Arrange on a platter and garnish with Libby's Chow Chow. A tempting dish for luncheon, dinner, supper.



Widows under New Law obtained PENSIONS by JOHN W. MORRIS, Washington, D. C.

According to Her Observance, L.L.—Doesn't it cost a good deal to do so much roller skating at the rink as you do?  
Jen—Naw! More cheap skates there than any place I know of.



**CASCARETS Candy Cathartic** are always put up in blue metal box, our trade-marked, long-tailed O on the cover—tablet octagonal, stamped C.C.C. Never sold in bulk. All druggists, 10c, 25c, 50c. Sample and booklet free. Address: STERLING REMEDY CO., Chicago or New York.

# Cascarets

CANDY CATHARTIC  
THEY WORK WHILE YOU SLEEP