What is Pe-ru-na?

Is it a Catarrh Remedy, or a Tonic, or is it Both?

Some people call Peruna a great tonic. Others refer to Peruna as a great catarrh remedy.

Which of these people are right? Is it more proper to call Peruna a catarrh remedy than to call it a tonic?

Our reply is, that Peruna is both a tonic and a catarrh remedy. Indeed, there can be no effectual catarrh remedy that is not also a tonic.

In order to thoroughly relieve any case of catarrh, a remedy must not only have a specific action on the mucous membranes affected by the catarrh, but it must have a general tonic action on the nervous system.

Catarrh, even in persons who are otherwise strong, is a weakened condition of some mucous membrane. There must be something to strengthen the circulation, to give tone to the arteries, and to raise the vital forces.

Perhaps no vegetable remedy in the world has attracted so much attention from medical writers as HYDRASTIS CANADENSIS. The wonderful efficacy of this herb has been recognized many years, and is growing in its hold upon the medical profession. When joined with CUBEBS and COPAIBA a trio of medical agents is formed in Peruna which constitutes a specific remedy for catarrh that in the present state of medical progress cannot be improved upon. This action, reinforced by such renowned tonics as COLLINSONIA CANADENSIS, CORYDALIS FORMOSA and CEDRON SEED, ought to make this compound an ideal remedy for catarrh in all its stages and locations in the body.

From a theoretical standpoint, therefore, Peruna is beyond criticism. The use of Peruna, confirms this opinion. Numberless testimonials from every quarter of the earth furnish ample evidence that this judgment is not over enthusiastic. When practical experience confirms a well-grounded theory the result is a truth that cannot be shaken.

Manufactured by PERUNA DRUG MANUFACTURING COMPANY, Columbus, Ohio

EPILEPSY FITS

If you suffer from Fits, Falling Sickness or Spasms, or have Children that do so, my New Discovery and Treatment will give them immediate relief, and all you are asked to do is to send for a Free Bottle of Dr. May's

TRIAL

EPILEPTICIDE CURE

Complies with Food and Drugs Act of Congress June 30th 1906. Complete directions, also testimonials of CURES, etc., FREE by mail, Express Prepaid. Give AGE and full address

FREE

W. B. MAY, M. D., 546 Pearl Street, New York.

Not a Financial Success.

Mrs. Munro was reading items of interest from the weekly paper, and making frequent exclamations of surprise or pleasure or dismay.

"Why, Edward, listen to this!" she cried. "Here's a man who makes a business of taking new tables and chairs and treating them in some way so they look as if they were a hundred years old.

"Does he indeed?" said Mr. Munro. "Well," I'd trust our Tommy to make a new table look as if it were a good deal more than a hundred years old, but I hadn't thought of it as a paying business."

Importance of Thoroughness.

Thoroughness in workmanship, care in the execution of every task undertaken, as if it were the acceptance of a trust which it would be a breach of faith not to discharge well, is a form of duty so momentous that if it were to die out from the feeling and practice of a people all reforms of institutions would be helpless to create national prosperity and national happiness.—George Eliot.

Habitual Constipation

May be permanently overcome by proper personal efforts with the assistance of the one truly beneficial laxative remedy, Syrup of Figs and Elixir of Senna, which enables one to form regular habits daily so that assistance to nature may be gradually dispensed with when no longer needed as the best of remedies, when required, are to assist nature and not to supplant the natural functions, which must depend ultimately upon proper nourishment, proper efforts, and right living generally.

To get its beneficial effects, always buy the genuine

Syrup of Figs and Elixir of Senna

manufactured by the

CALIFORNIA FIG SYRUP CO. ONLY

SOLD BY ALL LEADING DRUGGISTS

one size only, regular price 50¢ per Bottle

ROUGH ON RATS

TRADE MARK

DON'T DIE IN THE HOUSE

UNBEATABLE EXTERMINATOR

THE OLD RELIABLE THAT NEVER FAILS

Being all poison, one 15c box will spread or make 50 to 100 little cakes that will kill 500 or more rats and mice, and thousands of Roaches, Ants and Bed Bugs.

15c, 25c & 75c boxes at all druggists and country stores.

FREE Send for our comic postal cards and lithograph which have convulsed the world with laughter.

E. S. WELLS, Chemist, Jersey City, N. J.

160 Acre FARMS in Western Canada FREE

Illustration Showing Mixed Farming Scene in

WESTERN CANADA

Some of the choicest lands for grain growing, stock raising and mixed farming in the new districts of Saskatchewan and Alberta have recently been Opened for Settlement under the

Revised Homestead Regulations

Entry may now be made by proxy (on certain conditions), by the father, mother, son, daughter, brother or sister of an intending homesteader. Thousands of homesteads of 160 acres each are thus now easily obtainable in these great grain-growing, stock-raising and mixed farming sections.

There you will find healthful climate, good neighbors, churches for family worship, schools for your children, good laws, splendid crops, and railroads convenient to market.

Entry fee in each case is $10.00. For pamphlet, "Last Best West," particulars as to rates, routes, best time to go and where to locate, apply to W. D. Scott, Superintendent of Immigration, Ottawa, Canada, or E. T. Holmes, 315 Jackson St., St. Paul, Minn, and J. M. MacLachlan, Box 216, Watertown, So. Dakota Authorized Government Agents.

Please say where you saw this advertisement.

Gas poisoning from gas engines has become so common that German authorities urge that cylinders of oxygen be kept near, and that engineers be taught to apply inhalations to resuscitate victims.

Experiment has shown that an electric arc can be employed under water for fusing metal. The intense heat turns the water surrounding the arc into steam, thus forming an insulating cushion of vapor. It has been suggested that with proper apparatus the electric arc could be employed by divers for quickly cutting through large chain cables or iron plates under water.

The "axle-light" system is in use on the trains of the Atchison, Topeka and Santa Fe railroad on an extensive scale. Each car has its own storage batteries supplied with electricity generated by the axles of the wheels, and the locomotive headlights derive their illumination from the same source. It is estimated that each full train, exclusive of the locomotive, develops nearly 500 candle-power light.

Within the past few years the eucalyptus has been introduced in Florida, and its kindly growth there is believed to indicate that it might be extensively cultivated in the southern parts of that State. The eucalyptus is of very rapid growth, but it cannot withstand frosts. It was planted in California from Australia many years ago, and now flourishes so abundantly on the Pacific coast that its wood is extensively employed for fuel, posts and lumber.

The production of oxygen and hydrogen on an industrial scale by the decomposition of water with electrolytic apparatus in Germany has led to the suggestion that hydrogen thus produced may find a wide field of employment as a lighting agent. It is now used for inflating military balloons. For lighting purposes it is compressed in steel cylinders. With a proper burner it is said to be a cheaper illuminant than acetylene, the relative cost for equal illuminating power being 25 for hydrogen to 50 for acetylene.

Everybody who has used a microscope has no doubt regretted the difficulty of seeing small insects, and other living objects not of mere microscopic dimensions, magnified while alive and moving freely in the field of view. A recently invented English instrument, called the vitascope, is said to supply a desideratum in this respect. It is shaped like a telescope, a foot long when closed, and an inch and a half in diameter. The lenses are so combined that an object 20 inches away may be magnified 12 diameters. At a distance of 5 inches the magnification is 60 diameters.

BOAT HAS EXPRESS SPEED.

Western Designers Expect Their New Craft to Beat All Records.

A craft with the speed of an express train has long been the dream of several motor-boat enthusiasts along the upper Mississippi River and several designers have been working together with the result that they have produced a boat with which they expect to shatter all the present records, says the New York World.

Frank Titus of Fountain City, Wis., formerly owned the fastest boat on the river in the famous Bat, the small craft which attained a speed of nearly twenty miles an hour with a nine-horse power engine and for three seasons held the speed record on the upper river. The Bat has been sold to a physician at Cassville, Wis., and her engines will be used in another craft.

Until the advent of the Chief of Record, formerly owned by A. Gardner of Winona, the Bat outclassed all boats on the river, large and small, and could leave the fastest steamboats in the stern waves.

Gardner's boat, 25 feet long, with a nine-horse-power engine and 4-foot beam, was, until the middle of the season, the fastest boat in that territory. At Wabasha on July 4, in the motor-boat races, the Chief of Record outran the Bat and other boats entered and finished nearly a half-mile in the lead in a six-mile course. The Chief of Record attained a speed of twenty miles an hour and for the horse-power installed was considered the fastest boat between St. Louis and St. Paul.

Late in July the Skip, owned by Eugene P. Gleason, of LaCrosse, was launched at Red Wing and clearly outclassed other water racers. The Skip is 32 feet long, with a 4-foot beam and is equipped with a twelve-horse-power motor in three cylinders. The Skip has attained as high as twenty-two and a half miles an hour, but through failure to provide a sufficient cooling apparatus for the engine is unable to maintain this pace indefinitely.

The Skip now holds the speed record on that part of the river with the exception of a boat of the same design, which is 35 feet long and is equipped with a sixteen-horse-power three cylinder motor. The new boat, however, has not entered into competition with the speed records, although she is said to run nearly a mile an hour faster than the Skip.

A remarkable feature of motor boating on the Mississippi is the speed attained by boats with little horse power. While the crafts on the Atlantic coast and the lakes require from fifty to seventy-five horse power before a speed of twenty miles an hour can be attained, none of the fastest boats on the river has more than sixteen horse power and few of them have over ten. Many of the engines used in the river craft are of light design, and while the horse power is small they attain a speed of from 800 to 1,000 revolutions per minute.

Motor boating on the Mississippi has taken a remarkable advance in popularity in the last season. Motor-boat clubs have been organized at all of the smaller towns along the river, as well as at the cities, and there is now a movement on between the clubs looking toward the organization of a Mississippi River motor-boat association, to include all of the smaller organizations.

Where a couple of years ago there were a dozen launches in LaCrosse waters there are now more than 150, ranging from the sixteen-foot hunting scow to the magnificent fifty-foot cruisers of the more wealthy boatmen.

WHERE DOCTORS FARE ILL.

Fees in England, Germany and Austria Often Ridiculously Small.

Those who "pay the doctor's bills" in England, like those in America, generally have their own ideas about the periodical outcry raised in certain sections of the medical profession as to the increasing difficulty physicians have to "make both ends meet," but if the figures recently printed in the British Medical Journal regarding the struggle of the average physician in this country to earn anything like a decent livelihood reflect actual conditions, more leniency should certainly be shown—at least in England—toward apparently liberal charges for ministering to our physical woes, says the London correspondent of the New York Times.

It is pointed out that while there may be a few specialists in London who earn incomes ranging between $75,000 and $100,000 a year, the average income of the medical man in England works out at something like $1,100 or $1,250; and, reasoning from this average, the letter of a correspondent, who bitterly bewails his fate at an income of $1,100 a year, out of which he must defray the expenses of his surgery and practice before he can claim anything for his home, is taken as a sample of the experience of the ordinary practitioner in the industrial centers of England.

The correspondent in question had secured for himself a fair connection, in point of numbers, after a residence of ten years in his district. Of his earnings 31.6 per cent was paid to him at his surgery; 87 per cent was paid in weekly installments to a collector; two-thirds of the accounts were paid at a rate of 6 cents a week and one-third at less than 6 cents a week; 12 per cent had to be regarded as bad debts, and the balance, 20 per cent, had to be got, if it was got at all, through the County Court.

The reason of this inadequate return for all the skill, patience and labor of the medical practitioner in England is not ascribed alone to the overcrowding of the profession. By many the practitioners themselves are blamed for consenting to accept fees which are not only unworthy of the work done but too low when regarded in the light of the means of those who have the work done. This state of affairs is attributed to rivalry and want of unity among practitioners in general. As a consequence the suggestion is made that doctors in each district should agree on a minimum fee below which no one would be allowed to go, barring, of course, charity work.

That the conditions in the medical profession in England are no worse than those in Germany is shown by a communication from a correspondent of the New York Times, in which he states that the physicians of the various German cities have been compelled to advertise that in the future increased fees will be charged and all consultations by telephone will be charged for at the same rates as govern when patients visit doctors' offices. Warning is also given that night and Sunday calls will be charged double.

The reasons given for the increased fees are the enormous increase in living expenses, heavier taxes and the general inadequate charges made heretofore.

Dr. G. Pick, writing of conditions in Austria, shows that about the same unsatisfactory state of affairs exists for the medical profession there as obtains in England.

Esperanto vs. Volapuk.

The primary cause of its success undoubtedly may be found in the ease with which it can be acquired, says George Harvey of Esperanto, in the North American Review. We are convinced by personal experience of the justice of the claim that application of one hour a day, by a fairly well-educated person, for a period of three months, is sufficient to insure reasonable proficiency. Indeed, with the aid of a simple key, intelligible communication may be had immediately with a member of any other nationality possessing like means of translation. That the strength of Esperanto lies in its really amazing simplicity is indicated by the following comparison:

In English—"The international language should be comprehensible to the whole educated world; but no man on earth, except the Volapukist would comprehend even the word 'Volapuk.'"

In Volapuk—"Puk bevunetik pakapalom fa vol lolik pekulivol; abu men nonik tala sesumu volapekels, kapalom puki lekanix. 'Volapuk.'"

In Esperanto—"La lingvo internacia estas komprenita de la tuta mondo edukita; sed nenia homo sur la tero eksklusive la volapukistoj komprenas la artan lingvon 'Volapuk.'"

Woes of the Amateur.

Wifey—I wonder why the grass doesn't come up?

Hubby—I'm sure I can't tell. You don't suppose you planted the seeds upside down, do you?

Ballet Shoes.

Ballet shoes fit like a stocking. They are of leather, with a thin leather sole about an inch wide and with the uppers sewed so that they come under the foot. The ballet dancer wants no rubber heels, instep arch supports nor any other of the foot supporting or reforming devices which are commonly used by ordinary mortals. The toe dancer desires a hard box toe on her ballet shoes, but the ordinary dancer seeks only shoes that will give perfect freedom of movement of the joints and muscles of the feet. It is a rule of good dancers, a shoe man of experience says, to wear shoes that will allow for space between the toes. It is a point of good fit that all persons should heed, he says. High heels are put on to stage shoes for effect, not to promote good dancing. Many stage shoes are made with short fore parts and high heels to make the feet look smaller and the person taller.—Boston Globe.

For the Housewife.

Some active women who pride themselves in housekeeping seem to forget that the object of keeping house is that human beings may be accommodated in it. Their sole idea seems to be this, that the house may be kept in a certain form and order; and to the performance of the form and order they sacrifice the comfort the house was established to secure.

Zoological Post Cards—Second Series.

If you are a collector or dealer of postal cards, you will be interested in an attractive set of eight cards just published, showing the most valuable wild animals in the Ringling Bros.' Menagerie, a set will be mailed you for 16c. Special prices in lots to dealers. There is a great opportunity to make money in selling these cards to collectors or the general public. Address The Evening Wisconsin Co., Post Card Dep't., Milwaukee, Wis.

Time Works Wonders.

"Hello, Dixon!" said Thompson. "How's things?"

"Simply swimmingly, thanks, old chap! Couldn't be better. I was never doing so well in my life! I've got a hundred pounds in my pocket at this very moment."

"Good, good! I'm glad to hear it! Delighted!"

"Yes; a hundred pounds—a hundred pounds! You understand?"

"Yes. I congratulate you!"

"But you believe me, don't you? A solid hundred pounds in golden sovereigns in my pocket—a hundred pounds!"

"So you said. Why do you keep repeating it?"

"Well, as a matter of fact, I'm testing that story about a fellow repeating a yarn until he comes to believe it himself. I expect to thoroughly convince myself about Thursday. You might lend me a sovereign till then, will you?"—Pearson's Weekly.

Beyond Him.

The Admirable Crichton who had just delivered an impromptu speech in verse knocked out a professional pugilist, deciphered a cryptogram that nobody else could solve, and disarmed in a twinkling two experts who had attacked him with their rapiers, all within the space of an hour or so, heaved a sigh of regret.

"I can do these things easily enough," he said, "but to save my life I can't pitch a curved ball!"

From which we see that the distinguished men of the olden time were only relatively great.

CHANGE IN FOOD

Works Wonders in Health.

It is worth knowing that a change in food can cure dyspepsia. "I deem it my duty to let you know how Grape-Nuts food has cured me of indigestion.

"I had been troubled with it for years, until last year my doctor recommended Grape-Nuts food to be used every morning. I followed instructions and now I am entirely well.

"The whole family like Grape-Nuts, we use four packages a week. You are welcome to use this testimonial as you see fit."

The reason this lady was helped by the use of Grape-Nuts food, is that it is predigested by natural processes and therefore does not tax the stomach as the food she had been using; it also contains the elements required for building up the nervous system. If that part of the human body is in perfect working order, there can be no dyspepsia, for nervous energy represents the steam that drives the engine.

When the nervous system is run down, the machinery of the body works badly. Grape-Nuts food can be used by small children as well as adults. It is perfectly cooked and ready for instant use.

Read "The Road to Wellville," in pkgs. "There's a Reason."

Ever read the above letter? A new one appears from time to time. They are genuine, true, and full of human interest.

No Instruction Necessary.

Nature, left to herself, often points the way with an uncompromising directness which is more effectual than any aid of art. The Mariner's Advocate expresses this fact in the following:

"My husband is particularly liable to seasickness, captain," remarked a lady passenger. "Could you tell him what to do in case of an attack?"

"'Tain't necessary, mum," replied the captain. "He'll do it."

The collection of anthropoid apes in the Regent's Park Gardens is the finest ever brought together.

AT A CRITICAL TIME.

Women Are Likely to Suffer with Dangerous Kidney Disorders.

Mrs. John Kirk, R. F. D. No. 2, Detroit, Mich., says: "Five years ago at a critical time of life I was on the verge of a collapse with kidney troubles, backache, dizziness, puffy dropsy swellings and urinary irregularities. I lost flesh and felt languid, nervous or unstrung all the time. As my doctor did not help me I began using Doan's Kidney Pills. In a few weeks all these symptoms left me. I now weigh 163 pounds and feel in excellent health."

Sold by all dealers, 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.

All papers left on the trains of the Belgian State railways are appropriated by the government and are utilized in the manufacture of pulp for tickets.

Beware of Ointments for Catarrh that Contain Mercury,

as mercury will surely destroy the sense of smell and completely derange the whole system when entering it through the mucous surfaces. Such articles should never be used except on prescriptions from reputable physicians, as the damage they will do is ten-fold to the good you can possibly derive from them. Hall's Catarrh Cure, manufactured by F. J. Cheney & Co., Toledo, O., contains no mercury, and is taken internally, acting directly upon the blood and mucous surfaces of the system. In buying Hall's Catarrh Cure be sure you get the genuine. It is taken internally and made in Toledo, Ohio, by F. J. Cheney & Co. Testimonials free.

Sold by Druggists. Price, 75c. per bottle. Take Hall's Family Pills for constipation.

Foremost among the minerals, etc., which Russians regard as the source of Siberia's future wealth are gold, iron, coking coal, manganese, copper, platinum, emeralds, topazes, asbestos, glauber's salt, rock salt and, in all probability, naphtha.

For Any Disease or Injury to the eye, use PETTIT'S EYE SALVE, absolutely harmless, acts quickly. All druggists or Howard Bros., Buffalo, N. Y.

An Effective Stage Speech.

Signor Grasso, the actor, who is looked upon as one of the glories of Italy, made an effective response to the enthusiasm of an Argentine audience after a performance. Advancing to the front of the stage, he drew from his pocket a letter.

"This letter," he said, "is from my mother in Catania. She is 80 years of age." Then as his eyes moistened he added, "I cannot thank you as I would, but I feel that I should like to embrace every one of you as I embrace the page on which my mother has signed her name." The enthusiasm of the audience was transformed to delirium.—Paris Cor. London Mail.

DODD'S KIDNEY PILLS

FOR ALL KIDNEY DISEASES

RHEUMATISM BRIGHT'S DISEASE BACKACHE DIABETES

75 "Guaran

SICK HEADACHE

CARTER'S LITTLE LIVER PILLS.

Positively cured by these Little Pills.

They also relieve Distress from Dyspepsia, Indigestion and Too Hearty Eating. A perfect remedy for Dizziness, Nausea, Drowsiness, Bad Taste in the Mouth, Coated Tongue, Pain in the Side, TORPID LIVER. They regulate the Bowels. Purely Vegetable.

SMALL PILL. SMALL DOSE. SMALL PRICE.

CARTER'S LITTLE LIVER PILLS.

Genuine Must Bear Fac-Simile Signature

Brent Good

REFUSE SUBSTITUTES.

COMPLAINTS ABOUT PAINT.

The time to complain about paint is before the painter applies it. The man who puts up the money should not shirk the responsibility of choosing the paint. True, the painter ought to know paint better than the banker, the professional man or the merchant. The trouble is, the house owner too often deliberately bars the competent and honest painter from the job by accepting a bid which he ought to know would make an honest job impossible.

Secure your bids on the basis of National Lead Company's pure White Lead and pure Linseed Oil and see that you get these materials.

No one need be fooled by adulterated white lead. A blowpipe testing outfit will be mailed to any one interested in paint.

Address, National Lead Company, Woodbridge Building, New York City.

Lord Kelvin's Romance.

There was an element of romance in the late Lord Kelvin's second marriage. It was at the Canary Islands that the great scientist met his bride-to-be, and her interest in scientific pursuits drew them together. The scientist went to great length to unfold a new system of signaling, and as he said good-by to the lady on the bridge of his yacht on leaving he looked at her and smilingly said: "Do you think you understand the system now?"

"Oh, yes," replied his lady friend, "I am sure I understand."

"Then," said the scientist, "watch the vessel as it disappears from view and I will flash you a message."

The message was, "Will you be my wife?" The lady's reply the world knows.

Garfield Digestive Tablets

From your druggist, or the GARFIELD TEA CO., Brooklyn, N.Y.; 25c per bot.; samples upon request.

Advice.

Miss Peachley—Auntie, I find it hard to entertain Mr. Keechley. He seems to have so little general information.

Matchmaking Aunt—Then specialize, my dear; specialize. If Browning is too deep for him, try him on baseball.

FITS St. Vitus' Dance and all Nervous Diseases Permanently Cured by Dr. Kline's Great Nerve Restorer. Send for Free $2 trial bottle and treatise. DR. R. H. KLINE, Ld., 931 Arch Street, Philadelphia, Pa

A Knockdown Argument.

A suburban school just opening for the season was composed of both city and country children. The teacher selected eight boys to debate the subject, "Which Is Preferable—Country or City Life?"

After they had read many arguments with much enthusiasm Country Hugh laid down his paper and said: "Mr. President, they don't know what they're talkin' about. The city boy knows nothin' about 'going to town,' and that beats anything I know."—Ladies' Home Journal.

Mrs. Winslow's Soothing Syrup for Children teething, softens the gums, reduces inflammation, allays pain, cures wind colic. 25c a bottle.

Willfully Careless.

Mr. Highmore—I don't care to be seen with that Lumpkins. There's a stain on his escutcheon.

Mr. Pneuritch—That's so. He's devilish slovenly. He could step into any cleaner's, you know, and—er—have it scoured off.—Chicago Tribune.

BABY'S ECZEMA GREW WORSE

Hospitals and Doctors Could Not Relieve Him—But Cuticura Remedies a Speedy, Permanent Cure.

"Eczema appeared when our baby was three months old. We applied to several doctors and hospitals, each of which gave us something different every time, but nothing brought relief. At last, one of our friends recommended to us Cuticura Soap and Cuticura Ointment. A few days afterwards improvement could be noted. Since then we have used nothing but Cuticura Soap and Cuticura Ointment, and now the baby is six months old and is quite cured. All that we used was one cake of Cuticura Soap and two boxes Cuticura Ointment, costing in all $1.25. C. F. Kara, 343 East 65th Street, New York, March 30, 1906."

This woman says that sick women should not fail to try Lydia E. Pinkham's Vegetable Compound as she did.

Mrs. A. Gregory, of 2355 Lawrence St., Denver, Col., writes to Mrs. Pinkham:

"I was practically an invalid for six years, on account of female troubles. I underwent an operation by the doctor's advice, but in a few months I was worse than before. A friend advised Lydia E. Pinkham's Vegetable Compound and it restored me to perfect health, such as I have not enjoyed in many years. Any woman suffering as I did with backache, bearing-down pains, and periodic pains, should not fail to use Lydia E. Pinkham's Vegetable Compound."

FACTS FOR SICK WOMEN.

For thirty years Lydia E. Pinkham's Vegetable Compound, made from roots and herbs, has been the standard remedy for female ills, and has positively cured thousands of women who have been troubled with displacements, inflammation, ulceration, fibroid tumors, irregularities, periodic pains, backache, that bearing-down feeling, flatulency, indigestion, dizziness or nervous prostration. Why don't you try it?

Mrs. Pinkham invites all sick women to write her for advice. She has guided thousands to health. Address, Lynn, Mass.

Mother Gray, Nurse in Children's Home, New York City.

MOTHER GRAY'S SWEET POWDERS FOR CHILDREN,

A Certain Cure for Feverishness, Constipation, Headache, Stomach Troubles, Teething Disorders, and Destroy Worms. They Break up Colds in 24 hours. At all Druggists, 25 cts. Sample mailed FREE. Address A. S. OLMSTED, Le Roy, N. Y.

Paxtine

TOILET ANTISEPTIC

Keeps the breath, teeth, mouth and body antiseptically clean and free from unhealthy germ-life and disagreeable odors, which water, soap and tooth preparations alone cannot do. A germicidal, disinfecting and deodorizing toilet requisite of exceptional excellence and economy. Invaluable for inflamed eyes, throat and nasal and uterine catarrh. At drug and toilet stores, 50 cents, or by mail postpaid.

Large Trial Sample

WITH "HEALTH AND BEAUTY" BOOK SENT FREE

THE PAXTON TOILET CO., Boston, Mass.

WIDOWS' PENSIONS under NEW LAW obtained by JOHN W. MORRIS, Washington, D. C.

S. C. N. U. - - No. 20—1908.

W. L. DOUGLAS SHOES

$3.00 SHOES AT ALL PRICES, FOR EVERY MEMBER OF THE FAMILY, $3.50

MEN, BOYS, WOMEN, MISSES AND CHILDREN.

W. L. Douglas makes and sells more men's $2.50, $3.00 and $3.50 shoes than any other manufacturer in the world, because they hold their shape, fit better, wear longer, and are of greater value than any other shoes in the world to-day.

Fast Color Eyelets Used Exclusively.

W. L. Douglas $4 and $5 Gilt Edge Shoes Cannot Be Equalled At Any Price

CAUTION. W. L. Douglas name and price is stamped on bottom. Take No Substitute. Sold by the best shoe dealers everywhere. Shoes mailed from factory to any part of the world. Illustrated Catalog free to any address. W. L. DOUGLAS, Brockton, Mass.

A CASE OF BAD BOWELS

Are you happy? Not if your liver and bowels don't work. Happiness depends on the bowels. Every time you eat, you put into your body not only good material for repairs and fuel, but a mass of useless stuff that has to be removed promptly or it will clog your machinery, poison your blood, throw your liver out of gear, and make you act mean to those you love. Your stomach is sour, your skin yellow, your breath offensive, and you hate yourself and all mankind. Winter or summer it's all the same, when you are unclean inside, you are unhappy and so is everybody near you. The cure is pleasant, quick, easy, cheap, never fails. Cascarets, the world's greatest bowel cleaner and liver tonic. Cascarets are guaranteed to cure constipation, lazy liver, bad blood, bad breath, sour stomach, biliousness, and all summer and winter bowel troubles. Don't be unhappy—buy a box today. All druggists, 10c, 25c, 50c. Write for health booklet and free sample. Address Sterling Remedy Company, Chicago or New York.

CURED BY Cascarets CANDY CATHARTIC