

Perfect Womanhood

The greatest menace to woman's permanent happiness in life is the suffering that comes from some derangement of the feminine organs. Many thousands of women have realized this too late to save their health, barely in time to save their lives.

To be a successful wife, to retain the love and admiration of her husband, should be a woman's constant study.

If a woman finds that her energies are flagging, that she gets easily tired, dark shadows appear under her eyes, she has backache, headache, bearing-down sensations, nervousness, irregularities or the "blues," she should start at once to build up her system by a tonic with specific powers, such as



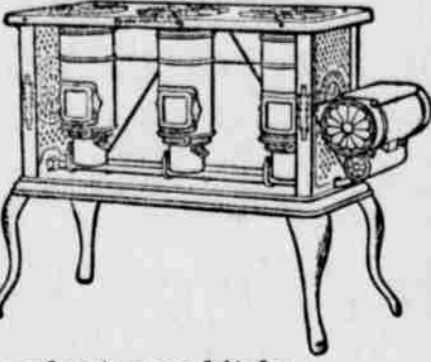
Lydia E. Pinkham's Vegetable Compound

The great woman's remedy for woman's ills, made only of roots and herbs. It cures Female Complaints, such as Dragging Sensations, Weak Back, Falling and Displacements, Inflammation and Ulceration, and all Organic Diseases, and is invaluable in the Change of Life. It dissolves and Expels Tumors at an early stage. Subdues Faintness, Nervous Prostration, Exhaustion, and strengthens and tones the Stomach. Cures Headache, General Debility, Indigestion, and invigorates the whole female system. It is an excellent remedy for derangements of the Kidneys in either sex.

Use A NEW PERFECTION

Wick Blue Flame Oil Cook-Stove

- Because it's clean.
 - Because it's economical.
 - Because it saves time.
 - Because it gives best cooking results.
 - Because its flame can be regulated instantly.
 - Because it will not overheat your kitchen.
 - Because it is better than the coal or wood stove.
 - Because it is the *perfect* oil stove.
- For other reasons see stove at your dealer's, or write our nearest agency.
- Made in three sizes and fully warranted.



The **Rayo Lamp** cannot be equaled for its bright and steady light, simple construction and absolute safety. Equipped with latest improved burner. Made of brass throughout and beautifully nickelled. An ornament to any room, whether library, dining-room, parlor or bedroom. Every lamp warranted. Write to our nearest agency if not at your dealer's.

STANDARD OIL COMPANY (INCORPORATED)

HELEN MILLER GOULD

AMERICA'S MOST BELOVED WOMAN. AN PHILANTHROPIST.

Beautiful Character of One Who Is the Ideal of Brave Men All Over Our Country—Dollars Are Not All She Gives.

In the late afternoon of a winter's day back in the '80's, writes Mabel Potter Daggett, in the Broadway Magazine, a little girl stood at the window of one of the great mansions on Fifth avenue. There was a far-away expression in her dark eyes, and she did not even hear when the heavy door of the hall opened and shut to admit a man who came in, stamping the snow from his feet.

"What may my precious one be thinking of so solemnly?" he demanded. She turned with a glad cry and he caught her in his arms.

"Oh, of a verse that we learned at school to-day," she answered gravely. "It was so beautiful."

"All right, come tell it to me, then," said the man as he drew a great armchair to the fireplace and gathered her into his lap. With a sigh of contentment, she nestled her brown hair while his hand stroked her brown hair with a touch as gentle as a woman's. It was the hand, too, that could rock Wall street to its foundations. In a low, sweet voice, with all the depth of expression of complete understanding, the little girl recited this verse:

"I live for those who love me. Whose hearts are kind and true; For the heaven that smiles above me And awaits my spirit, too. For the cause that lacks assistance. For the wrong that needs resistance. For the future in the distance, And the good that I can do."

There was a silence for a moment after the child's voice stopped. Then, "Wouldn't it be beautiful, father, to be just like that?" she said.

"Yes, dear," he answered as he bent his head to kiss her brow; and they



HELEN MILLER GOULD.

sat on there in the thickening shadows with the warm red flames playing about them, the little daughter in Jay Gould's arms in the center of the high light from the fireplace, her face transfigured with the ecstasy of that ideal of self-sacrifice that had inspired all heroism since the world began.

That was long ago, and all the picture in the firelight has faded from the great canvas of life. But from the nebulous setting of the years has emerged a woman who is all that the little girl dreamed would be beautiful, "just like that."

The Helen Gould of To-day. If you turn the pages of Who's Who to-day you will find entered Helen Miller Gould, philanthropist, the daughter of Jay and Helen Day Miller Gould, born in New York, June 20, 1868, distinguished for her services to her country. Two older brothers, George and Edwin Gould, and two younger brothers, Howard and Frank, are all recorded as capitalists with an enumeration of railroads, telegraph lines, steamship lines, banks and corporations in which they are officers and directors. The younger sister, Anna, now "Mrs. Gould," as the Countess of Castellane, has had her name enrolled among the list of international marriages.

Helen Gould's share in her father's fortune of \$100,000,000 was \$15,000,000. Invested, it has now multiplied to something like \$30,000,000. She employs seven secretaries to help her in the office suite that she has set apart in her mansion at the corner of Fifth avenue and Forty-seventh street. Here she works at her desk eight hours a day, while cards of request represent her at dinners, teas and luncheons that women all about her enjoy day after day.

Like other young women of wealth and position, Helen Gould "came out" at a magnificent social function in 1891 was voted as charming and promising a young queen of society as New York had known in years. She smiled and exchanged merry small talk with the hundreds who passed before her, as in a sheer, clinging white gown she stood in the great ball room, but all the time her misty eyes looked down the ways of life that beckoned her. On one side laughter, snatches of song and dancing feet. On the other side tears, sorrow and wounds to be healed. When the people were gone and lights were dim she stood at the window, a little, womanly figure, watching the snow flakes falling on Fifth avenue, and she was saying softly and very earnestly: "I live for those who love me."

Helen Gould has what has been termed the Puritan sense of right and wrong. She will not travel on Sunday and she never allows wine to be served on her table. A member of the Collegiate Reformed church, her faith is simple and reverent and as firm as granite. As a memorial for her beloved father and mother she built for New York university its beautiful library with the colonnade approach known as the Hall of Fame. This and later gifts to the New York university now aggregate \$2,000,000. Besides, to Wellesley college she has given several thousand dollars, to Berea college \$10,000, to Rutgers \$25,000, to Mt. Holyoke

\$50,000 and to Vassar \$48,000. Because of what Chancellor MacCracken has termed her eminent services to the cause of education, New York university has bestowed on its princely patroness the title of master of letters. It is altogether an honorary degree. Helen Gould is not a college woman, though she is sometimes inaccurately classed as such by reason of her attendance at the Woman's Law Class of lectures covering simple legal points and designed to fit a woman to administer her own property.

During her father's lifetime she invariably accompanied him on his business trips over the Gould railroad lines. When the Y. M. C. A. movement among railroad men came to her notice she endowed the work with \$100,000 and employed a secretary to organize it. Now, as a beautiful monument to her interest, the Gould roads have at 30 points club houses for their men.

For sailors and soldiers. At the outbreak of the Spanish-American war she sent the government her check for \$100,000. Sick and suffering soldier boys at Montauk needed supplies. She sent them \$25,000. Then she spent \$25,000 in providing for soldiers who had to be nursed back to health after their discharge from the service. After the war she sent the army posts libraries and for the sailors she erected a \$450,000 club house in Brooklyn, near the navy yard.

Admiral Dewey says that if the men could have their way there would be a statue of Helen Gould as figurehead on every ship that flies the Stars and Stripes.

Miss Gould is not beautiful in any sense of the word, as it applies to regular features, her gowns are very plain and her manner almost shy, but when at a special service for sailors she softly implores, "Don't you want to be a Christian?" the roughest Jack Tar among them swears by all that is good that he does. World-wide is the love for her. She is the idol and the ideal of sailors, soldiers, firemen and railroad men. A duke, a count, and a bishop's talented son would have wooed her, would she have listened, but her calm heart-beat is stirred by the woes and troubles and perplexities of those humbler ones in life's walk "who love her."

BIG FEET CAUSE TROUBLE.

Bibulous Youth and Grouchy Citizen Collide in Street Car. He entered a north-bound 14th street car near the turn at New York avenue. Apparently he was suffering from a mild brainstorm induced by an excessive indulgence in that liquid which cheers and exhilarates. As he closed the door behind him he gazed over the other passengers of the car with a brotherly smile.

Then he started unsteadily for a vacant seat. Directly in the middle of the car sat a grouchy citizen, his face wearing an expression of acute pain and his attitude being that of a man who is at war with all his fellow beings.

Stretched out in the middle of the aisle was a pair of large, expansive-looking feet, incased in No. 11 shoes, the same being the property of the grouchy citizen.

As the bibulous one attempted to pass the grouchy citizen he slipped and, while endeavoring to recover his equilibrium, trod heavily upon the large, expansive-looking feet. The face of the grouchy citizen assumed an expression of even greater pain.

"You bright, clever, handsome young man," he said (pleasantly, of course), "are you mentally unable to proceed without causing unnecessary and useless trouble to those in your immediate vicinity?"

"Wassermesser?" inquired the inebriated one, with a worried expression.

"Oh, nothing at all," replied the grouchy citizen, and he proceeded to tell the young man what he thought of him. He went into a technical discussion of his antecedents and made prophecies as to his future, the most cheerful of which was death by hanging. He dwelt with evident enjoyment upon his various facial peculiarities and physical defects. Suddenly the gentleman with the "package" interrupted him.

"Shay, o' man," he said, "if I had a pair of feet that struck out way yours do I wouldn't tract 'tushia to 'em by talkin'. Why, d'you know every person in the car's lookin' at your feet? 'A's awful pair o' feet. Why, 'f I had them feet d'ye know wha' I'd do?"

The grouchy citizen arose and after glaring at his persecutor for a few minutes walked out of the car and rode the rest of the way on the back platform. And nobody knows what he did with the grouchy citizen's feet.—Washington Times.

Treated by Indians in New York. Bishop Hare, of the diocese of South Dakota, was sent West many years ago as a missionary bishop of the Episcopal Church. He founded the mission at the Rosebud Indian agency, and it was his custom to give to each Indian that he confirmed a silver cross of a peculiar pattern.

A few years ago a lady from New York was visiting in South Dakota, and the bishop gave her one of these crosses. Some years after that there was a general convention of the Episcopal Church held in New York City, and several Indians were sent as delegates, all wearing Bishop Hare's crosses.

Arriving in New York, they were dazed, and at a loss to know how to find the building where the convention was to be held. But stoically they started out upon the street. Soon after they met a lady, whom they immediately began to follow. Whenever she turned, wherever she went, they went, too. The lady became much annoyed and finally thoroughly frightened to find that wherever she went a line of red men was trailing behind her.

But investigation explained it. She wore their cross, and they, seeing it had believed her one of their number, who would surely go to the meeting they wished to attend; so they had taken her for their guide.

A mother always expects her son to do better a life than his father did.

Two Apices. Baille Craig, the magisterial authority of a small town in Scotland, had six stout sons, with whom he loved to parade the market-place, says Dr. Kerr in his "Memories." They furnished him the basis of a mathematical joke.

"A fine family you have," strangers would often say. "Is this the whole of it?"

"No, indeed," the baille would reply. "I have two sisters at home for each and every one of them."

"What!" the visitor would exclaim, rapidly counting the sons. "Twelve daughters?"

"No, indeed! Just two!"

DOES YOUR BACK ACHE?

Prof't by the Experience of One Who Has Found Relief. James H. Keeler, retired farmer, of Fenner St., Canastota, N. Y., says: "About fifteen years ago I suffered with my back and kidneys. I doctored and used many remedies without getting relief. Beginning with Dr. Williams' Pink Pills I found relief from the first box, and two boxes restored me to good sound condition. My wife and many of my friends have used Dr. Williams' Kidney Pills with good results and I can earnestly recommend them. Sold by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y."

Newspapers hereabouts hardly mention the mere centurians, but when a patriarch or a matron gets to 120, then comment begins.—Mexican Herald.

How's This?

We offer One Hundred Dollars Reward for any case of Catarrh that cannot be cured by Hall's Catarrh Cure. F. J. CHENEY & CO., Toledo, O. We, the undersigned, have known F. J. Cheney for the last 15 years, and believe him perfectly honorable in all business transactions and financially able to carry out any obligations made by him. W. LINDGREN, KINMAN & MARTIN, Wholesale Druggists, Toledo, O. Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system. Testimonials sent free. Price 75c per bottle. Sold by all Druggists.

Take Hall's Family Pills for constipation.

The lighthouse at Corunna, Spain, is believed to be the oldest one now in use. It was erected during the reign of Trajan, and rebuilt in 1634.

FITS

St. Vitus Dance and all Nervous Diseases Permanently cured by Dr. King's Great Peppermint Cure. Free trial bottle and treatise. DR. M. H. KLINE, Ltd., 931 Arch Street, Philadelphia, Pa.

The sea freezes at 29 degrees Fahrenheit; fresh water lakes at 32 degrees Fahrenheit.

In a Pinch, Use Allen's Foot-Ease.

A powder to shake into your shoes. It cures Corns, Bunions, Swollen Feet, Hot Calluses, Aching, Sweating Feet and Ingrowing Nails. Allen's Foot-Ease makes new or tight shoes easy. Sold by all Druggists and Shoe Stores. Sample mailed FREE. Address Allen S. Olmsted, Le Roy, N. Y.

Those Finicky Ways.

"Uncle Zeb," cautioned his city nephew, pointing to the finger bowl, "you are not expected to drink out of that, you know."

"Gosh!" said Uncle Zeb. "You'll be telling me next that it's to wash my hands in!"

How to Exercise the Bowels

Your Intestines are lined inside with millions of little suckers, that draw the Nutrition out of food as it passes them. But, if the food passes too slowly, it decays before it gets through. Then the little suckers draw **Poison** from it instead of Nutrition.

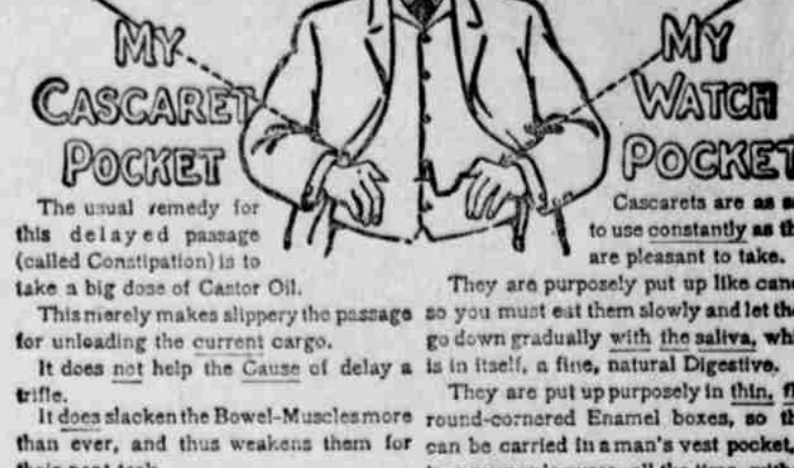
This **Poison** makes a Gas that injures your system more than the food should have nourished it.

You see, the food is **Nourishment** or **Poison**, just according to how long it stays in transit.

They do not waste any precious fluid of the Bowels, as Cathartics do. They do not relax the Intestines by greasing them inside like Castor Oil or Glycerine.

They simply stimulate the Bowel Muscles to do their work naturally, comfortably, and nutritiously.

And, the Exercise these Bowel Muscles are thus forced to take, makes them stronger for the future, just as Exercise makes your arm stronger.



The usual remedy for this delayed passage (called Constipation) is to take a big dose of Castor Oil. This merely makes slippery the passage for unloading the current cargo. It does not help the Cause of delay a trifle. It does slacken the Bowel-Muscles more than ever, and thus weakens them for their next task.

Another remedy is to take a strong Cathartic, like Salts, Calomel, Jalap, Phosphate of Sodium, Aperient Water, or any of these mixed.

What does the Cathartic do? It mere flushes-out the Bowels with a waste of Digestive Juice, set flowing into the Intestines through the tiny suckers.

But, the Digestive Juice we waste in doing this today is needed for tomorrow's natural Digestion. We cannot afford to lose it.

That's why Cascarets are the only safe medicine for the bowels.

Cascarets are as safe to use constantly as they are pleasant to take. They are purposely put up like candy, so you must eat them slowly and let them go down gradually with the saliva, which is in itself, a fine, natural Digestive. They are put up purposely in this, flat, round-cornered Enamel boxes, so they can be carried in a man's vest pocket, or in a woman's purse, all the time, without bulk or trouble.

Prices 10c a box at all druggists. Be very careful to get the genuine, made only by the Sterling Remedy Company and never sold in bulk. Every tablet stamped "C.C.C." 712

FREE TO OUR FRIENDS!

We want to send to our friends a beautiful French-designed GOLD-PLATED BOWTIE, hard-enamelled in colors. It is a beauty for the dressing table. Ten cents in stamps is asked as a measure of good faith and to cover cost of Cascarets with which this daily triquet is issued. Send 10c today, mentioning this paper. Address Sterling Remedy Company, Chicago or New York.

Confidential Friend—Didn't the idea ever occur to you that you ought to use a part of your wealth in endowing a school for journalism?

Wealthy Politician (with exceeding bitterness)—No! The idea has occurred to me a thousand times that I'd like to endow a school for the suppression of journalism!—Chicago Tribune.

Garfield Tea, Nature's remedy, brings relief from many ailments; it overcomes constipation, regulates the liver and kidneys, purifies the blood and clears the complexion. It is made of Herbs, and is absolutely Pure.

A London electrician has established the "wireless" in his house and summons his servant to his presence by means of it.

Mrs. Winslow's Soothing Syrup for Children teething; softens the gums, reduces inflammation, allays pain, cures wind colic, etc. a bottle.

More than That.

"You'd consider Bower a well preserved man of 50, wouldn't you?"

"Preserved? He's pickled!"

WHEN WRITING TO ADVERTISERS please say you saw the advertisement in this paper.

S. C. N. U. - No. 20-1904.

Canadian Government FREE FARMS

Over 200,000 American farmers who have settled in Canada during the past few years testify to the fact that Canada is beyond question, the greatest farming land in the world.

Over Ninety Million Bushels of wheat from the harvest of 1906, means money to the farmers of Western Canada. The world has to be fed. Cattle raising, Dairy Mixed farming are also profitable callings. Good wood, water in abundance, churches and schools everywhere. Markets easy of access. Taxes low.

For advice and information address Superintendent of Immigration, Ottawa, Canada. W. D. Scott, Superintendent of Immigration, Ottawa, Canada, or E. T. Holmes, 35 Jackson St., St. Paul, Minn., and J. M. MacLachlan, 110, Waterston, St. Dakota. Authorized Government Agents. Please say where you saw this advertisement.

WHEN WRITING TO ADVERTISERS please say you saw the advertisement in this paper.

S. C. N. U. - No. 20-1904.

SICK HEADACHE

Positively cured by these Little Pills. They also relieve Distress from Dyspepsia, Indigestion and Too Heartly Eating. A perfect Remedy for Biliousness, Nausea, Dizziness, Bad Taste in the Mouth, Costed Tongue, Pain in the Side, TORPID LIVER. They regulate the Bowels. Purely Vegetable.

SMALL PILL. SMALL DOSE. SMALL PRICE.

Genuine Must Bear Fac-Simile Signature

REFUSE SUBSTITUTES.

The Limerick Variety.

Some years ago Mons. Paul Villars, London correspondent of the Journal des Debats, went to Limerick on the occasion of a great Nationalist meeting.

On arriving at the hotel he asked for a room in the front of the house. A servant took him to a small dark room looking on to an inner courtyard. Monsieur Villars to the window and satisfied himself that there was a mistake.

"This is not the front of the house," said he.

"Oh, yes, sir," the servant said. "It's the back of the front."

Sixteen cents a day is now good pay for unskilled labor in Japan. Ten years ago it was 6 cents.

A Skin of Beauty is a Joy Forever.

Dr. T. Folik Couraud's Oriental Cream or Medical Beautifier.



"Couraud's Cream" is the best beauty of all the skin preparations in the world. It is made of the finest and most valuable ingredients of the United States, Canada and Europe.

FEED. T. HOPKINS, Prop., 37 Great Jones Street, New York

FREE

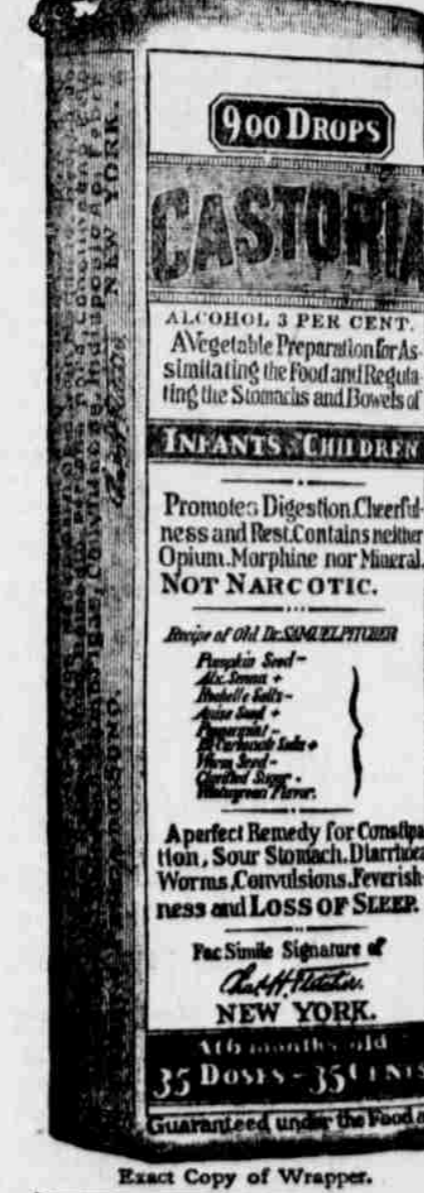
To convince any woman that PAXTINE will improve her health and do all we claim for it. We will send her absolutely free a large bottle of PAXTINE with book of instructions and genuine testimonials. Send your name and address on a postal card.

PAXTINE cleanses and heals all skin eruptions, such as nasal catarrh, privet, eczema and inflammation caused by feminine ill-kept eyes, sore throat, and mouth, by direct treatment. It is our active power over these troubles is extraordinary and gives immediate relief. Thousands of women are using and recommending it every day. 50 cents at druggists or by mail. Remember, however, IT COSTS YOU NOTHING TO TRY IT.

THE R. PAXTON CO., Boston, Mass.

Don't Poison Baby.

FORTY YEARS AGO almost every mother thought her child must have PAREGORIC or laudanum to make it sleep. These drugs will produce sleep, and A FEW DROPS TOO MANY will produce the SLEEP FROM WHICH THERE IS NO WAKING. Many are the children who have been killed or whose health has been ruined for life by paregoric, laudanum and morphine, each of which is a narcotic product of opium. Druggists are prohibited from selling either of the narcotics named to children at all, or to anybody without labelling them "poison." The definition of "narcotic" is: "A medicine which relieves pain and produces sleep, but which in poisonous doses produces stupor, coma, convulsions and death." The taste and smell of medicines containing opium are disguised, and sold under the names of "Drops," "Cordials," "Soothing Syrups," etc. You should not permit any medicine to be given to your children without you or your physician know of what it is composed. CASTORIA DOES NOT CONTAIN NARCOTICS, if it bears the signature of Chas. H. Fletcher.



Letters from Prominent Physicians addressed to Chas. H. Fletcher.

Dr. J. W. Dinsdale, of Chicago, Ill., says: "I use your Castoria and advise its use in all families where there are children."

Dr. Alexander E. Mintie, of Cleveland, Ohio, says: "I have frequently prescribed your Castoria and have found it a reliable and pleasant remedy for children."

Dr. J. E. Alexander, of Omaha, Neb., says: "A medicine so valuable and beneficial for children as your Castoria is, deserves the highest praise. I find it in use everywhere."

Dr. J. A. McClellan, of Buffalo, N. Y., says: "I have frequently prescribed your Castoria for children and always got good results. In fact I use Castoria for my own children."

Dr. J. W. Allen, of St. Louis, Mo., says: "I heartily endorse your Castoria. I have frequently prescribed it in my medical practice, and have always found it to do all that is claimed for it."

Dr. C. H. Glidden, of St. Paul, Minn., says: "My experience as a practitioner with your Castoria has been highly satisfactory, and I consider it an excellent remedy for the young."

Dr. H. D. Benner, of Philadelphia, Pa., says: "I have used your Castoria as a purgative in the cases of children for years past with the most happy effect, and fully endorse it as a safe remedy."

Dr. J. A. Boardman, of Kansas City, Mo., says: "Your Castoria is a splendid remedy for children, known of the world over. I use it in my practice and have no hesitancy in recommending it for the complaints of infants and children."

Dr. J. J. Mackey, of Brooklyn, N. Y., says: "I consider your Castoria an excellent preparation for children, being composed of reliable medicines and pleasant to the taste. A good remedy for all disturbances of the digestive organs."

GENUINE CASTORIA ALWAYS Bears the Signature of

Chas. H. Fletcher

The Kind You Have Always Bought

In Use For Over 30 Years.

PUTNAM FADELESS DYES

Color more goods brighter and faster colors than any other dye. One 10c package colors all fibers. They dye in cold water better than any other dye. You can dye any garment without trouble. Write for free booklet—No. 10 Dye, Wash and Mite Colors. PUTNAM DYE CO., Valparaiso, Indiana.