

W. A. Mitchell, dealer in general merchandise, Martin, Ga., writes: "My wife lost in weight from 130 to 66 pounds. We saw she could not live long. She was a skeleton, so we consulted an old physician. He told her to try RU-NALIN."

France produces more than twice as many potatoes as the United States. The average price a bushel is 25 1/2 cents.

Grandfather's Cure for Constipation

Great medicine—the Sawbuck. Two hours a day saving wood will keep anyone's bowels regular. No need of pills, Cathartics, Castor Oil, nor "Physic," if you'll only work the Sawbuck regularly.

Exercise in Nature's Cure for Constipation and a Ten-Mile walk will do, if you haven't got a wood-pile. But, if you will take your Exercise in an Easy Chair, there's only one way to do that, because—there's only one kind of Artificial Exercise for the Bowels and its name is "CASCARETS."

Cascarets are the only means to exercise the Bowel Muscles without work.

They don't Purge, Grip, nor "upset your Stomach," because they don't act like "Physic."

They don't flush out your Bowels and Intestines with a costly waste of Digestive Juice, as Salts, Castor Oil, Calomel, Jalap, or Apertent Waters always do.

No—Cascarets strengthen and stimulate the Bowel Muscles, that line the Food passages and that tighten up when food touches them, thus driving the food to its finish.

A Cascaret acts on your Bowel Muscles as if you had just sawed a cord of wood, or walked ten miles.

Cascarets move the Food Naturally, digesting it without waste of tomorrow's Gastric Juice.

The thin, flat, Ten-Cent Box is made to fit your Vest pocket, or "My Lady's" Purse. Druggists—10 Cents a Box.

Carry it constantly with you and take a Cascaret whenever you suspect you need one.

Be very careful to get the genuine made only by the Sterling Remedy Company, and never sold in bulk. Every tablet stamped "CCC."

MOTHER GRAY'S SWEET POWDERS FOR CHILDREN. A Certain Cure for Feverishness, Constipation, Headache, Stomach Troubles, Coughing, Croup, Whooping Cough, Worms. They break up Cold Cures in Child. Price 25c. Sample mailed FREE. Address: Mrs. W. L. Gray, 100 N. W. 1st St., St. Louis, Mo.

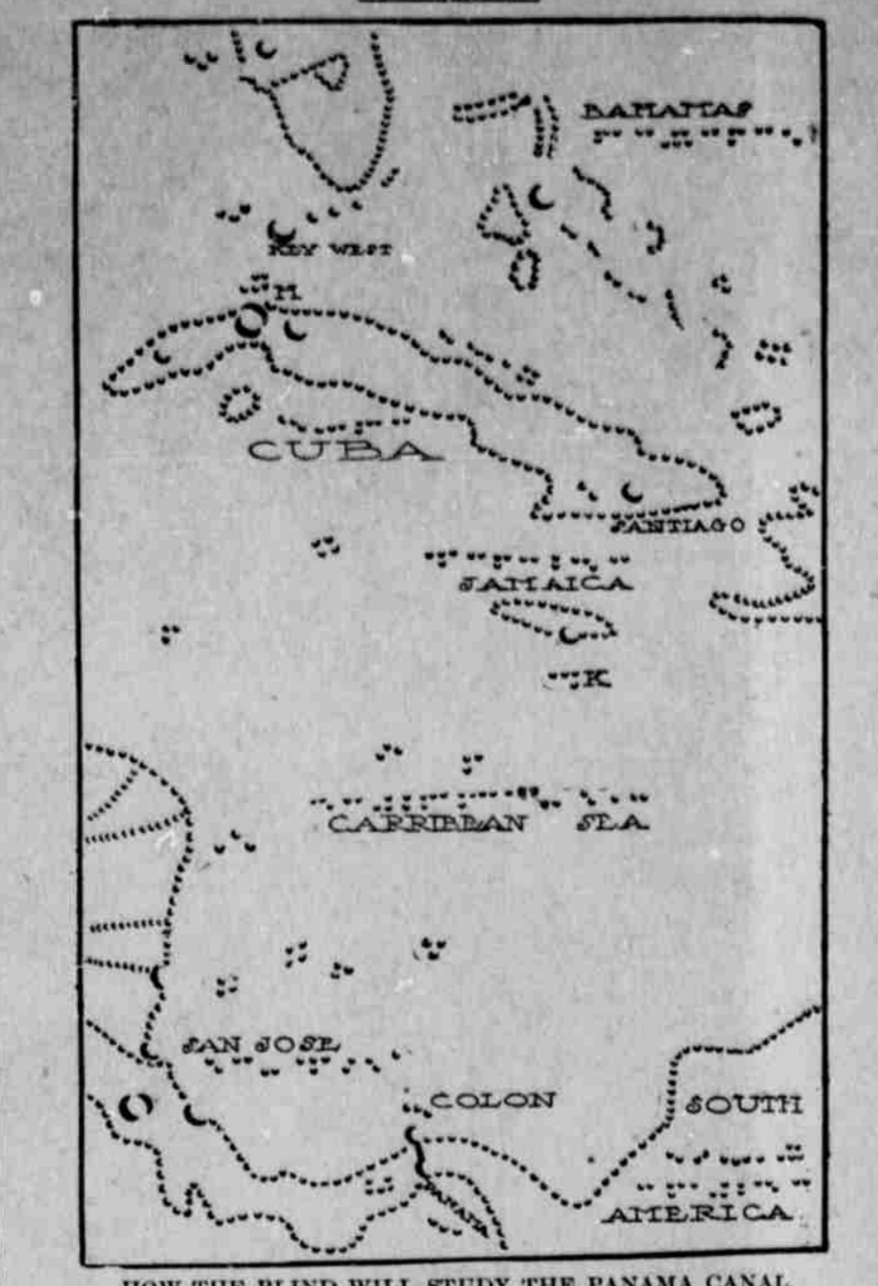
It afflicts with Thompson's Eye Water sore eyes, use.

FARMS FOR RENT AND SALE ON J. MULMALL, SIOUX CITY, IOWA

IF YOU WANT WHAT YOU WANT WHEN YOU WANT IT ALWAYS KEEP A BOTTLE OF ST. JACOBS OIL. IN THE HOUSE AND YOU WILL HAVE A QUICK, SAFE AND SURE REMEDY FOR PAIN WHERE YOU CAN GET AT IT WHEN NEEDED. PRICE 25c AND 50c

W. L. DOUGLAS \$3.00 AND \$3.50 SHOES. W. L. DOUGLAS \$4.00 GILT EDGE SHOES CANNOT BE EQUALLED AT ANY PRICE. SHOES FOR EVERYBODY AT ALL PRICES: Men's Shoes, \$5 to \$1.50. Boys' Shoes, \$3 to \$1.25. Women's Shoes, \$4 to \$1.50. Misses' & Children's shoes, \$2.25 to \$1.00. W. L. Douglas shoes are recognized by expert judges of footwear to be the best in style, fit and wear produced in this country. Each part of the shoe and every detail of the making is looked after and watched over by skilled shoemakers, without regard to time or cost. If I could take you into my large factories at Brockton, Mass., and show you how carefully W. L. Douglas shoes are made, you would then understand why they hold their shape, fit better, wear longer, and are of greater value than any other makes.

THE BLIND NOW HAVE A MAGAZINE THROUGH HIGH WOMAN'S BENEVOLENCE.



HOW THE BLIND WILL STUDY THE PANAMA CANAL.

The first magazine for the blind ever made is about ready to be sent out to the sightless thousands of America through the benevolent provision of Mrs. William Ziegler, who has donated the funds for the enterprise. It is estimated that the cost to the widow of the millionaire baking powder man will be between \$50,000 and \$70,000 a year. Pages of the new magazine are about 12x13 inches in size. The number of pages will vary from month to month, the first number containing about fifty sheets. Compared with other magazines it is bulky, and each one will weigh about one pound. The articles will be of all sorts, stories, news, achievements of the blind, poetry, a sheet of popular music, and some instructive articles. The moral tone will be high, although it will not be religious in any way.

The first number goes to about 6,000 blind readers among the general public. This figure does not include 4,500 students now in schools for the blind. A sufficient number of copies will be sent to the schools for these, and the magazine will go to the students at their homes during vacation, through Mrs. Ziegler's kindness. This first number is the largest edition of anything ever printed for the blind. Great care has been used in the character of matter. For instance, many beautiful songs and poems would be out of place for blind readers. Allusions to moonbeams, starlight, rainbows and clouds are not printed, as they serve to emphasize to the readers the sense of their affliction.

Above is one of the "illustrations" in the new magazine. A map is shown in raised dots. Underneath the map are the following words: "Map showing southern Florida, the Bahamas, Cuba, Jamaica, Panama and adjacent land and sea." Some of the points on the map are marked with only the dots representing the first letter of the name, but in the margin the name is spelled out. The first number of the magazine contains, besides minor contributions and maps, the following:

President Roosevelt's letter to Mrs. Ziegler, Helen Keller's letter to Mrs. Ziegler; first installment of "Mrs. Wiggs of the Cabbage Patch," which will run as a serial; a physical exercise for the blind; the Esperanto Hymn of Peace; comments on current news.

WOMEN ASSAIL COMMONS.

Then followed the aged Mrs. Despard, sister of Gen. French, whose great grief has been that the police refused to arrest her on the occasion of the last outbreak.

The time for words is passing away," she said, "and the time for action has come." These and similar speeches fired the enthusiasm of the women, and finally they decided to march to the House of Commons to demand votes. Many, however, balked, and only about 200 joined the procession, which marched with arms linked, singing "John Brown's Body." The police, on the whole, were remarkably forbearing and good humored. Many of them seemed to enjoy the row.

Buried Treasure. Piratic hoards of Spanish doubloons are not the only buried wealth one may



EJECTING FIGHTING SUFFRAGISTS FROM HOUSE OF COMMONS.

many casualties, including some cuts, abrasions, contusions, and a great loss of millinery, hat pins, hair pins, and similar light impediments. The victorious police suffered some slight bodily injuries and the temporary loss of a few helmets.

It was to denounce the omission from the king's speech at the opening session of Parliament of any reference to the enfranchisement of women and to celebrate the first anniversary of the opening of the vote demanding campaign that several hundred women gathered at Caxton hall and listened to fiery speeches by their leaders.

"How can we sit in our seats," exclaimed one of these, "while the government ignores women? If all the women in this hall went to prison tonight we should have the franchise to-morrow. Do as you are bid. Fight for all you are worth, and before next week we shall have won the battle."

Too Much.

There come times when the desire and need for a vacation are quite overbalanced by other things. When Mrs. Hanson had nursed the children of Berryville through an attack of scarlet fever, she resisted all suggestions from grateful parents that she go off for a month's rest at their expense.

DOES YOUR BACK ACHE?

Cure the Kidneys and the Pain Will Never Return. Only one sure way to cure an aching back. Cure the cause, the kidneys. Thousands tell of cures made by Doan's Kidney Pills. John C. Coleman, a prominent merchant of Swainsboro, Ga., says: "For several years my kidneys were affected, and my back ached day and night. I was languid, nervous and lame in the morning. Doan's Kidney Pills helped me right away, and the great relief that followed has been permanent."

Sold by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.

Amenities of the Menagerie. "You ugly thing!" exclaimed the giraffe.

"I may not be a prize beauty," retorted the camel, "but I don't look like a cross between a stepladder and a kangaroo."

Worth Knowing About. If you need a first-class laxative, there is nothing better nor safer than that old family remedy, Brandreth's Pills.

Brandreth's Pills are the same fine laxative tonic pill your grandparents used. They have been in use for over a century and are sold in every drug and medicine store, either plain or sugar-coated.

Much of the country through which the Siberian railway passes had never been traversed by white men before the surveyors came.

Only One "BRONCO QUININE" That is LAXATIVE BRONCO QUININE. Similarly named remedies sometimes deceive. The first and original Gold Tablet is a WHITE PACKAGE with black and red lettering, and bears the signature of E. W. GROVE, 23c.

There are nearly five hundred Christian churches in Japan and over one thousand missionaries.

Beware of Ointments for Catarrh that Contain Mercury. Mercury will surely destroy the sense of smell and completely derange the whole system when entering it through the mucous surfaces. Such articles should never be used except on prescriptions from reputable physicians, as the damage they will do is irremediable to the good you can possibly derive from them.

There are nearly five hundred Christian churches in Japan and over one thousand missionaries.

Air famine is the common cause of pneumonia.

To recover quickly from bilious attacks, sick headache, indigestion or colds, take the Garfield Tea, the mild laxative. Guaranteed under the Pure Food and Drug Law.

same old Feeling. Gladys—I feel sure he has never loved before. Penelope—Oh, I felt the same way, dear, when he used to make love to me!—New York Press.

Seventeen persons in a hundred in the State of New York live to be over seventy years of age.

Fame. "There's three ways," observed the philosopher on the cracker barrel, "for a man to hand his name down to posterity. He's got to be a great warrior, or a great statesman, or a great rascal; and, by jinks, once in a while there's a man that's all three."

The treasure hunting craze has invaded Vienna, and thousands of Viennese are now digging all over the place.

Mrs. Wigglesworth's Remedy for Children. It is a safe, reliable, and effective remedy for all ailments of children, such as colic, worms, and other troubles. It is a household necessity.

CASTORIA For Infants and Children. The Kind You Have Always Bought Bears the Signature of J. C. HITCHCOCK In Use For Over Thirty Years CASTORIA. 900 DROPS. ALCOHOL 3 PER CENT. Vegetable Preparation for Assimilating the Food and Regulating the Stomach and Bowels of INFANTS & CHILDREN. Promotes Digestion, Cheerfulness and Rest. Contains neither Opium, Morphine nor Mineral. NOT NARCOTIC. Recipe of Dr. J. C. HITCHCOCK. Perfect Remedy for Constipation, Sour Stomach, Diarrhoea, Worms, Convulsions, Feverishness and LOSS OF SLEEP. Fac-Simile Signature of J. C. HITCHCOCK NEW YORK. 476 months old 35 Doses—35 CENTS. Guaranteed under the Food and Drug Law. Exact Copy of Wrapper.

\$300 to \$500 an Acre Yearly Net Profit! from land costing but \$25 per acre. That is what they are doing in the Texas Gulf Coast Country. It's easy there, because this land yields double crops—every month is a producing month—a money-making month. Think of it! \$500 per acre in cabbage—\$600 per acre in onions—\$400 per acre in mid-winter tomatoes. These and many actual every-day accomplishments in fruit culture also, can be proved to you. I can give you the names and addresses of people who are doing these things while you are reading this advertisement and the snow and cold weather are keeping you idle. Warm, Dry Climate, the healthiest in the country. Irrigated land—the kind you can buy now at \$25 per acre—is the richest in productiveness. The railroad facilities will place your products in the markets ahead of every other section of the country. Health and prosperity await you. Let me send you an 80-page illustrated book about the Texas Gulf Coast Country, and tell you about the very low excursion rates for inspection trips. Write me TO-DAY. Sixteen carloads of people went down on our excursion of January 15th. ACT NOW. JOHN SEBASTIAN, Pass'r Traffic Mgr. Room 64, La Salle St., or Room 56, Fifth St., CHICAGO, ILL. ST. LOUIS, MO. ROCK ISLAND-FRISCO LINES.

The General Condemnation of So-Called Patent or Secret Medicines of an injurious character, which indulge in extravagant and unfounded pretensions to cure all manner of ills, and the National Legislation Enacted to Restrict Their Sale have established more clearly than could have been accomplished in any other way The Value and Importance of Ethical Remedies. Remedies which physicians sanction for family use, as they act most beneficially and are gentle yet prompt in effect, and called ethical, because they are of Known Excellence and Quality and of Known Component Parts. To gain the full confidence of the Well-Informed of the world and the approval of the most eminent physicians, it is essential that the component parts be known to and approved by them, and, therefore, the California Fig Syrup Company has published for many years past in its advertisements and upon every package a full statement thereof. The perfect purity and uniformity of product which they demand in a laxative remedy of an ethical character are assured by the California Fig Syrup Company's original method of manufacture, known to the Company only. There are other ethical remedies approved by physicians, but the product of the California Fig Syrup Company possesses the advantage over all other family laxatives that it cleanses, sweetens and relieves the internal organs on which it acts, without disturbing the natural functions or any debilitating after effects and without having to increase the quantity from time to time. This valuable remedy has been long and favorably known under the name of Syrup of Figs, and has attained to world-wide acceptance as the most excellent of family laxatives, and as its pure laxative principles, obtained from Senna, are well known to physicians and the Well-Informed of the world to be the best of natural laxatives, we have adopted the more elaborate name of Syrup of Figs and Elixir of Senna, as more fully descriptive of the remedy, but doubtless it will always be called for by the shorter name of Syrup of Figs; and to get its beneficial effects, always note, when purchasing, the full name of the Company—California Fig Syrup Co.—plainly printed on the front of every package, whether you simply call for Syrup of Figs, or by the full name, Syrup of Figs and Elixir of Senna, as Syrup of Figs and Elixir of Senna is the one laxative remedy manufactured by the California Fig Syrup Company, and the same heretofore known by the name, Syrup of Fig, which has given satisfaction to millions. The genuine is for sale by all leading druggists throughout the United States in original packages of one size only, the regular price of which is fifty cents per bottle. Every bottle is sold under the general guarantee of the Company, filed with the Secretary of Agriculture, at Washington, D. C., the remedy is not adulterated or misbranded within the meaning of the Food and Drug Act, June 30th, 1906. CALIFORNIA FIG SYRUP CO. San Francisco, Cal. Louisville, Ky. U. S. A. London, England. New York, N. Y. PUTNAM FADELESS DYE. Color more bright and faster colors than any other dye. One 10c package colors all things. They dye the cold water better than any other dye. No iron, bleach and alkali. Color more bright and faster colors than any other dye. One 10c package colors all things. They dye the cold water better than any other dye. No iron, bleach and alkali.