

CRISIS OF GIRLHOOD

A TIME OF PAIN AND PERIL

Miss Emma Cole Says that Lydia E. Pinkham's Vegetable Compound has Saved Her Life and Made Her Well.

How many lives of beautiful young girls have been sacrificed just as they were ripening into womanhood! How many irregularities or displacements have been developed at this important period, resulting in years of suffering!



Miss Emma Cole

A mother should come to her child's aid at this critical time and remember that Lydia E. Pinkham's Vegetable Compound will prepare the system for the coming change and start this trying period in a young girl's life without pain or irregularities.

When fourteen years of age I suffered almost constant pain, and for two or three years I had soreness and pain in my side, headaches, and was dainty and nervous, and doctors all failed to help me.

Lydia E. Pinkham's Vegetable Compound was recommended, and after taking it my health began to improve rapidly, and I think it saved my life. I sincerely hope my experience will be a help to other girls who are passing from girlhood to womanhood, for I know your compound will do as much for them.

When newly dug it tastes like a chestnut, and the digestion of the proverbial ostrich can alone assimilate it raw; but when soaked in water for a few days until partly decomposed, dried on the roofs of the huts and stamped, it forms a delightfully white soft meal, far whiter and purer than the best flour.

His Own Manufacture. Sir William Bailey "played this off," as he expressed it, at a dinner at which the late Cardinal Vaughan sat next to him.

Local Color. Mrs. Goodsole—What odd contrasts one finds in society!

A DOCTOR'S TRIALS. He Sometimes Gets Sick Like Other People. Even doing good to people is hard work if you have too much of it to do.

"I suffered from indigestion and constipation, loss of weight and appetite, bloating and pain after meals, loss of memory and lack of nerve force for continued mental application.

"The little pamphlet, 'The Road to Wellville,' found in pills, is invariably saved and handed to some needy patient along with the indicated remedy."

Book News and Reviews

Tom Masson's forthcoming book "The Von Blimmers," deals with married life. He leaves the romances of the very youthful to others, but finds romance enough, as well as a vast fund of humor, in the married relation.

"Typographical errors," said William Dean Howells, the famous novelist, "are always amusing. When I was a boy in my father's printing office, in Martin's Ferry, I once made a good typographical error. My father had written 'The showers' last week, though copious, were not sufficient for the millmen. I set it up 'milkmen.'"

Harvey J. O'Higgins' "Don't Dream," it is said, will prove altogether different from anything he has before published. It is the romance of a Canadian lad, "a lover, a poet, a gentle solitary" who seeks his fortune in New York.

Hamlin Garland, who has been spending some time abroad since his illness of last spring, returned to his home at West Salem, Wis., the last week in September.

A new volume of choice selections from Mark Twain's writings will be published shortly by the Harpers under the title of "The \$30,000 Bequest."

ALASKAN FISHERIES. Salmon, Halibut and Cod are Shipped All Over the World. The salmon fisheries of Alaska are quietly grown to be the largest single fishery in the United States.

When we consider the enormous extent of these banks as compared with those of the New England coast and the very few fish now taken on them as compared with large numbers taken on the Atlantic it can readily be seen to what an extent this fishery can be expanded.

During the past few years the fresh fish industry has made inroads even on the canned supply and mild cured salmon are now being shipped all the way to Germany for smoking.

There is no building material so durable as well made bricks. In the British museum are bricks taken from the buildings in Nineveh and Babylon which show no signs of decay or disintegration.

The good book says something about "All men have lars." The only trouble is the statement is too narrow. It should have included women and children.

Saxony, Austria, France, and Denmark show the largest percentages of suicide annually. In Saxony thirty-one in every one hundred thousand people living are suicides. In Austria the rate is a little over twenty-one. In Denmark it is almost twenty-six, and in France twenty-three.

Prescription Didn't Fit. Upgarson—Don't mope, old fellow. Look on the bright side of things. Atom—Which is the bright side of a full headache?

The Original Porous Plaster. It's Alcock's, first introduced to the people sixty years ago, and to-day undoubtedly has the largest sale of any external remedy—millions being sold annually throughout the whole civilized world.

Table Mustard. Common, ordinary, every-day table mustard obtained its name in a remarkable curious way. It is said that Philip, Duke of Burgundy, granted to Dijon some armorial bearings on which was the motto, "Moutte ma tardo."

Skunks, minks and disruptive tapeds are the chief enemies of the poultry raiser, and experience is likely to convince him that a well loaded shotgun is the best weapon to use in all three cases.

Mate up your fowls early, for occasionally one of the hens will want to sit during the latter part of winter, and it is a nice thing to have some eggs ready in order to hatch some chickens early in the spring.

The census report shows that there are in the United States this year 3,404,061 mules, valued at \$334,680,520. This is an increase during the past three years in the number of mules of 75,973, with an increase in valuation of \$36,827,193.

ABSOLUTE SECURITY. Genuine Carter's Little Liver Pills. Must Bear Signature of Scott's Emulsion.

Canadian Government FREE FARMS. Over 200,000 American farmers who have settled in Canada during the past few years testify to the fact that Canada is, beyond question, the greatest farming land in the world.

When you buy WET WEATHER CLOTHING you want complete protection and long service. These and many other good points are combined in TOWER'S FISH BRAND OILED CLOTHING.

A Positive CURE FOR CATARRH. Ely's Cream Balm. It quickly obviates, heals and protects the diseased membrane. It cures Catarrh and drives away a Cold in the Head quickly.

Good Cheap House Paint. A writer in Practical Farmer says: I will give my experience of how to make a cheap white house paint.



Some men are both hoglish and mulish; they squeal and kick at everything. As the hog pastures begin to fall, the farmer is fortunate who has a patch of sowed corn to cut up and feed to the hogs.

The prices for light and medium hogs are about the same as for heavy hogs. One hundred and seventy-five pounders bring as much per hundred as 300-pounders do.

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It is a most difficult thing to interest a man in the alfalfa business by showing him illustrations of plans and in writing articles about its production. The best way is to show him the plants growing. He should see the whole process—seeing is believing.

Dressed fowls and fresh eggs are constantly in demand, at fair prices, and farmers who are naturally good salesmen will find it advantageous to run retail routes, weekly. People in the cities are willing to pay good prices for something they know is fresh.

A new disease among goats has been discovered and described by the United States Bureau of Animal Industry. It is contagious and is called "takoosis." Thus far it has been found only in the northern and eastern states, where the climate is quite humid.

Do not let the high price of pork induce you to sacrifice the tried and trusted brood sow. She will come handy when next year's crop of pigs is wanted. On the other hand, this is a good year to realize on those sows that fool away their time and your money in raising a pair of ordinary twins.

Look at the peaches that ripen in the bright sunshine and see the perfect coloring and freedom from rot; then look at those hanging in dense shade and notice that they ripen later, are more subject to rot, and are partially covered with little black fungus spots.

South of latitude 28, turnips may be left in the patch to make early "greens" for the first spring weather. Where pine grows, a common usage is to cover the turnips before freezing with a thick cover of pine branches.

A farmer had married a neighborhood school teacher, who was a town girl. She undertook to cook some rice after marriage, and filled the pot with rice. When it began to swell she had to place it in two pots.

Never in the history of improved agriculture did there exist such a necessity for clover seed as at this very time. More farms are needed to feed the world by the introduction of really poor seed than in almost any other way.

Good Cheap House Paint. A writer in Practical Farmer says: I will give my experience of how to make a cheap white house paint. Take two quarts of skim milk, eight ounces freshly skated lime, six ounces luscious oil, two ounces white Burgundy pitch and three pounds of Spanish white. Slake the lime in water, expose it to the air and mix in about one-quarter of the milk; the oil, in which the pitch has been previously dissolved, to be added a little at a time, then the rest of the

NOVEMBER AILMENTS W. L. DOUGLAS'S \$3.50 & \$3.00 Shoes

November is the month of falling temperatures. Over all the temperate regions the hot weather has passed and the first rigors of winter have appeared.

The Human System Must Adjust Itself to Changing Temperatures. November is the month of falling temperatures. Over all the temperate regions the hot weather has passed and the first rigors of winter have appeared.

Peruna is a World Renowned Remedy For Climatic Diseases. Many of these remedies have been used by doctors and by the people in Europe and America for a hundred years.

Lane's Family Medicine. The tonic-laxative. It puts pure blood in the veins, and no woman can be homely when the rich, red blood of health courses in her veins.

Sloan's Liniment. For Cough, Cold, Croup, Sore Throat, Stiff Neck, Rheumatism and Neuralgia. At all Dealers Price 25c, 50c & \$1.00.

Have You a Cold Room? In most houses there is a room without proper heating facilities—to say nothing of chilly hallways.

PERFECTION Oil Heater. (Equipped with Smokeless Device). It will heat a room in no time and will keep it warm and cozy. Operated as easily as a lamp and perfectly safe.

Rayo Lamp. The Rayo Lamp is the safest and best all-round household lamp. Made of brass throughout and nickel-plated.

Sale Ten Million Boxes a Year. THE FAMILY'S FAVORITE MEDICINE. Caracat Candy Cathartic. BEST FOR THE BOWELS.