

Advertising Manager Goes On Vacation

But Cannot Refrain From Hustling Up New Business for The Monitor Everywhere He Finds Himself.

DES MOINES IS PROGRESSIVE

Bert Patrick of Monitor's Staff Gives Some Interesting Facts About Iowa's Attractive Capital.

BERT PATRICK, plodding patient and persistent advertising solicitor of The Monitor, requested a two weeks' vacation to visit relatives and friends in Des Moines and Chicago. Whether or not he anticipated the Omaha street car strike is problematical. He said, "Parker can handle my end of it while I'm gone." So he went leaving Parker, who is a live wire anyway you take him on the job. So is the strike, which makes "ad" getting for even such a good medium as The Monitor a pretty tough proposition. So Patrick struck an opportune time for his vacation. But while he is supposed to be on his vacation, he is so imbued with The Monitor spirit that he cannot refrain from hustling up new business for this "in-a-classby-itself" publication. He has sent in a list of subscribers from Des Moines and the following interesting letter written from Chicago under date of December 9:

Dear Father Williams: I remained in Des Moines nearly all of last week looking about the city and visiting with friends. The people there are very hospitable and my visit there was made pleasant.

Des Moines is a very pretty city, the metropolis of Iowa, located on the east and west of the Des Moines river, forming East and West Des Moines. The capitol building is located on the highest spot on the east side having sloping green gradually melting to the beautiful surrounding pavements below, which all stretch onto the three or four very pretty bridges that lead you to the busy streets of the city. Here you find unusually fine business places, stores, etc. This metropolis boasts of 120,000 inhabitants, excluding the cantonments (Camp Dodge). Fort Des Moines is also very interesting. There is located the U. S. general hospital No. 26. To this fort are returned the brave lads, both black and white, from overseas who went to fight "to make the world safe for democracy."

The Des Moines slogan is "We do things," which well describes the spirit of the people here and justly the whole state, since the record shows

that Iowa was the first in the union to go over the top in the fourth liberty loan, also Iowa gave more men during the great world war than any other state in the union. Des Moines is proud to be the capitol of this great state.

I visited the Army Club here, where the soldiers are made welcome to the reading rooms, baths, large dancing hall, cafe, soft drinks, etc., everything for their pleasure and entertainment. Mr. and Mrs. Wright, who have charge of the Army club took special pains to entertain me during my visit to one of the club's weekly social affairs. I feel very grateful to them for my having spent such a pleasant time.

I was indeed proud to see my people doing well in various lines of business. Mr. and Mrs. C. A. Cousins have a very modern, up-to-date grocery store and enjoy a good trade, and the class of this store merits all that is good.

Mr. C. Bruce Santee, one of the leading photographers of the city, who was formerly of Kansas City, is doing greta work as usual and is getting the business in his line.

Dr. Lowery, Des Moines' leading dentist, has a good practice. He will report the city news for The Monitor. Des Moines are requested to give their news to him each week. Give your subscription to him for The Monitor and read the Des Moines news each week.

Others who are doing well are R. E. Handy, the new undertaker. Mrs. B. F. Crank, one of the leading hairdressers, located at 720 Center street. Mrs. Louise Cooper, proprietress of the Center cafe, is doing a nice business. She is also one of our advertisers.

W. M. Smith, the soft drink man is the popular place to quench your thirst.

It was my great pleasure to call at the Bystander office while here and talk with Mr. John L. Thompson, the editor. I was impressed with the good business being accomplished through their office.

I arrived in Chicago yesterday. I like it here so far.

Kindly remember me to your family and The Monitor staff. Fine Monitor last week. Yours for more business. Colored Y. M. C. A. B. PATRICK.

SEWING LESSONS

I will teach you how to sew in the shortest time and by methods with which you can do your own or others' sewing in the best possible manner. Call or write for catalogue and full information. Mrs. C. Bidley, 1922 North Twenty-fifth street.—Adv.

NATIONAL ASSOCIATION HOLDS GOOD MEETING

Interesting Programme Given Before Well Pleased Audience—Membership Passes One Hundred Mark—Will Meet at Forum Each Sunday Afternoon at Four O'Clock.

The National Association for the Advancement of Colored People held an interesting meeting last Sunday afternoon in the New St. John's church which is centrally located on Grant street. The meeting was called to order by the Rev. John Albert Williams, pastor of St. John's. America was sung by the audience with Mrs. McCoy at the piano. The president then turned the meeting over to Mrs. Jessie Hale Moss, chairman of the program committee, who had well planned this feature, and who in turn announced the numbers to be given.

Mrs. James G. Jewell gave an admirable paper on "The Objects, Aims and Achievements of the N. A. A. C. P." Her paper will be published in full in the next issue of The Monitor.

Miss Ray Middleton sang most acceptably a beautiful "Lullaby," composed by Professor Work of Tuskegee.

Amos P. Scruggs gave a thoughtful address on "Knowing Your Own Community," in which he stressed the importance of knowing the people, needs and problems of your own community and the necessity of so living in a community that one would compel respect. Others who spoke on the same topic were W. T. Ransom, the Rev. W. C. Williams and the Rev. John Albert Williams. Mr. Ransom stressed the idea of unity, which also was the keynote of Dr. Williams' address, who plead for co-operation in business and professional enterprises.

At the conclusion of the program, the president resumed the chair and twenty-one new members were enrolled.

Next Sunday afternoon at 4 o'clock another interesting program will be given. The public is cordially invited. These Sunday afternoon forums can be made an important factor in the life of the community.

MISS EUDORA WARE IS SELLING PIANOS

Miss Eudora Ware, the well known music teacher, is selling pianos for the A. Hospé company, working exclusively among Colored people. Her knowledge of music and pianos will be of great help to those who purchase through her. Any one needing a piano or player piano will do well by having Miss Ware help them select an instrument. Residence address, 3415 North Twenty-eighth street. Phone Webster 3573.—Adv.

ADVICE TO "FLU" CONVALESCENTS

SPAIN AND ENGLAND REPORT INCREASE IN TUBERCULOSIS AFTER INFLUENZA EPIDEMIC.

U. S. Public Health Service Warns Public Against Tuberculosis. One Million Cases Tuberculosis in United States—Each a Source of Danger.

Influenza Convalescents Should Have Lungs Examined—Colds Which Hang On Often Beginning of Tuberculosis. No Cause for Alarm if Tuberculosis is Recognized Early—Patent Medicines Not to Be Trusted.

- *****
- * Beware tuberculosis after influenza. No need to worry if you take precautions in time.
- * Don't diagnose your own condition. Have your doctor examine your lungs several times at monthly intervals. Build up your strength with right living, good food and plenty of fresh air.
- * Don't waste money on patent medicines advertised to cure tuberculosis.
- * Become a fresh-air crank and enjoy life.
- *****

Washington, D. C. (Special).—According to a report made to the United States Public Health Service, the epidemic of influenza in Spain has already caused an increase in the prevalence and deaths from pulmonary tuberculosis. A similar association between influenza and tuberculosis was recently made by Sir Arthur Newsholme, the chief medical officer of the English public health service, in his analysis of the tuberculosis death rate in England.

In order that the people of the United States may profit by the experience of other countries Surgeon General Rupert Blue of the United States Public Health Service has just issued a warning emphasizing the need of special precautions at the present time. "Experience seems to indicate," says the Surgeon General, "that persons whose resistance has been weakened by an attack of influenza are peculiarly susceptible to tuberculosis. With millions of its people recently affected with influenza this country now offers conditions favoring the spread of tuberculosis."

One Million Consumptives in the United States.

"Then you consider this a serious menace?" was asked. "In my opinion it is, though I hasten to add it is distinctly one against which the people can guard. So far as one can estimate there are at present about one million cases of tuberculosis in the United States. There is unfortunately no complete census available to show exactly the number of tuberculous persons in each state despite the fact that most of the states have made the disease reportable. In New York city, where reporting has been in force for many years, over 35,000 cases of tuberculosis are registered with the Department of Health. Those familiar with the situation believe that the addition of unrecognized and unreported cases would make the number nearer 50,000. The very careful health survey conducted during the past two years in Framingham, Mass., revealed 200 cases of tuberculosis in a population of approximately 15,000. If these proportions hold true for the United States as a whole they would indicate that about one in every hundred persons is tuberculous. Each of these constitutes a source of danger to be guarded against."

What to Do.
In his statement to the public Surgeon General Blue points out how those who have had influenza should protect themselves against tuberculosis. "All who have recovered from influenza," says the Surgeon General, "should have their lungs carefully examined by a competent physician. In fact, it is desirable to have several examinations made a month apart. Such examinations cannot be made through the clothing nor can they be carried out in two or three minutes. If the lungs are found to be free from tuberculosis every effort should be made to keep them so. This can be done by right living, good food and plenty of fresh air."

Danger Signs.
The Surgeon General warned especially against certain danger signs, such as "decline" and "colds which hang on."

These, he explained, were often the beginning of tuberculosis. "If you do not get well promptly, if your cold seems to hang on or your health and strength decline, remember that these are often the early signs of tuberculosis. Place yourself at once under the care of a competent physician. Tuberculosis is curable in the early stages. Patent Medicines Dangerous in Tuberculosis.

"Above all do not trust in the misleading statements of unscrupulous patent medicine fakers. There is no specific medicine for the cure of tuberculosis. The money spent on such medicines is thrown away; it should be spent instead for good food and decent living."

"Distinctive" Dry Goods

Thomas Kilpatrick & Co.

Boost! Boost!

Come Out and Help Boost for the Big Pre-Christmas Hop

Given Under the Auspices of THE PHI-DELTA AUXILIARY

Thursday, Dec. 19th, U. B. F. Hall, 24th and Parker Sts.

Music by Willis Orchestra. Admission 35 Cents

COMMITTEE

Mrs. M. Moore	Miss M. Gordon
Miss E. Jones	Miss C. Watson
Miss T. Jones	Miss E. Watson

Avoid the Perils of Malaria Poison

If you have germs of malaria in your system you are in peril. Heed all such warning as chills, sudden fevers, headaches, lassitude, etc. Such symptoms indicate that the germs are getting the upper hand and are destroying your blood's life principle. Take

Smith's Anti-Bilious Physic

It will eliminate the poisonous germs and speedily restore vitality. Now is a good time to take this remedy. Take it now and avoid the serious results which may come from delay.

PRICE 25 CENTS

FOR SALE BY DRUGGISTS EVERYWHERE

Anti-Bilious Medicine Co.

BOX 1009, HOUSTON, TEXAS

A Church Where All Are Welcome

Services
Sunday School, 10 a. m.
Preaching, 11 a. m., 8 p. m.
League, 6:30 p. m.
Florence P. Leavitt Club, Monday afternoon.
Prayer Meeting, Wednesday Evening.
W. H. M. S. Thursday Afternoon
Ladies' Aid, Friday Afternoon.

GRIFFIN G. LOGAN,
Res. 1628 N. 22nd. Web. 5003



GROVE METHODIST CHURCH
22nd and Seward Sts., Omaha, Neb.

MAGIC HAIR GROWER AND STRAIGHTENING OIL



MME. JOHNSON AND SOUTH

The most wonderful hair preparation on the market. When we say Magic we do not exaggerate, as you can see great results in the first few treatments. We guarantee Magic Hair Grower to stop the hair at once from falling out and breaking off; making harsh, stubborn hair soft and silky. Magic Hair Grower grows hair on bald places of the head. If you use these preparations once you will never be without them. Magic Hair Grower and Straightening Oil are manufactured by Mesdames South and Johnson. We also do scalp treating.

Magic Hair Grower, 50c. Straightening Oil, 35c.

All orders promptly filled; send 10c for postage. Money must accompany all orders.

Agents wanted—Write for particulars. We carry everything in the latest fashionable hair goods at the lowest prices. We make switches, puffs, transformation curls, coronet braids, and combs made to order, matching all shades a specialty. Send samples of hair with all orders.

2416 Blondo St., Omaha, Neb.
Telephone Webster 880



AVOID EPIDEMICS

INSURE YOUR WAGES AGAINST SICKNESS AND ACCIDENT WITH

THE CONTINENTAL CASUALTY COMPANY

A. PLUMMER, AGENT, 300 BEE BLDG.	E. A. LAWRENSON, MANAGER, 300 BEE BLDG.
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CLAIMS PAID IMMEDIATELY

The Monitor Office

304 Crouse Block
Sixteenth Street
OPPOSITE POSTOFFICE

We have moved our office Down Town
Right Into Heart of Business District