replenished.

soon as possible.

lons were produced,

Meat Supply.

With Food Administration in Con-

servation Measures.

In England some 2,400,000 acres of

grass lands have by compulsory meas-

ures been forced into grain production,

thus reducing pasturage and hay lands.

\$17.76 per hundred pounds; October,

\$16.08, and for January, \$14.40. The

ducing only one gallon of milk where

before the war two and one-half gal-

crease their numbers. The stock breed-

ers of this country show a disposition

to co-operate with the government in

For many years it has been a prac-

tice among many of the dairy people

of this country to kill male calves at

birth and in many instances the fe-

males if not needed to replenish their

maturing them into veal. The high

prices of meat caused the virtual dis-

continuance of this killing. Another

calves killed for yeal this year were

Somebody has very aptly said that

lard have been as essential to success

This makes the American burden all

the more heavy and makes doubly es-

sential an increased pork production

It is estimated that one-half have now

owned by householders. Nor is there

the future.

any policy of this kind suggested for

States food administration has been

obliged repeatedly to issue official de-

nials of rumors that the government

intends commandeering preserves and

canned goods put up in American

These rumors were originated partly by pro-German propagandists and partly by conscienceless grafters, who

sought to profit through buying from

and preserving practiced on greater

scale than ever before in the nation's history, officials in Washington believe

And they are assuring all patriotic

housewives that foods so saved are

NUTRITIOUS CORN BREAD.

One New York hotel has arranged thoroughly patriotic corn bread

recipe. It combines cornmeal with

rye flour, both of which are being con-

sumed in greater quantities this year

in order to release wheat flour for the

allied nations. This recipe fills a

large pan-16 by 22 inches-and con-

tains the following ingredients: One

quart milk, four ounces butter substi-

tute, ten ounces light syrup or honey,

three eggs, pinch salt, two pounds

cornmeal, one pound rye flour and two

The butter and syrup are thorough-

ly, pour in the milk, then add the rye

flour mixed with the cornmeal and

ounces baking powder.

The year 1918 will see home canning

misinformed housewives.

theirs, and theirs alone.

In spite of this fact, the United

SEIZURE OF HOUSEWIVES'

in war as powder, which is true.

Lincoln News

eral days with her before going to new pastor getting in touch with the Omaha to visit friends.

Mr. G. C. Walker was called to ferent auxilaries of the church. Greenville, Miss., several days ago on

two months, is able to be out again. cial invitation to be present.

visiting his parents. He stopped for few days in Omaha enroute to her a day or so to see his brother, Lieu- home tenant Will Johnson, at Camp Dodge. Kindly pay your subscription to Mr. Patronize Monitor advertisers.

By the way, are you a subscriber one else to subscribe. for The Monitor or do you borrow your neighbor's copy?

years a resident of Lincoln, died at the became ill about a week and a half number were present. ago and was taken to Topeka, where he died Sunday.

A large number of people were con- list.

Mrs. Lucy Falling entertained the Mr. J. M. Yeargant of 2454 Michi-Mrs. Charles Haynes will call upon all spend the summer. members for their 10-cent pro rata Mrs. Edna Williams, after her refor the federation, which will convene cent illness, is able to be out again.

ond Sunday in June.

Saturday evening.

Sunday morning and evening Rev. church. Mr. King delivered two very good ser- Monitor each week not later than mons. The afternoon sermon was by Tuesday, so that we may receive it at Rev. Mr. Burchardt.

one of their specials Sunday evening. Gene Nichols, Mrs. Major Moore or It was a lovely four-course dinner. Mrs. Eva Crews. The participants were: Mr. and Mrs. Roy Ford, Mr. and Mrs. Henry Crews, SOLDIERS GRADUATE Mrs. Lottie Greene, Mrs. Effie Beard, Mr. Olon Hemphill, Mr. Guy Jackson

and Mr. Albert Burress. Little Miss Picola Saunders entertained a few of her little friends at a birthday party Saturday afternoon, it

being her 10th birthday.

boost for Lincoln.—Stelle Crews.

arrived in the city Saturday night and ers-in-arms who were in the school. morning at 11 o'clock, to a large au- failed one was dropped because of making muffins. filled with wholesome advice, and from pneumonia during the term of bread making, forming an excellent members and friends realize we have study, therefore but two of the ninecalled to this field a most excellent teen actually failed. shepherd, who will be a credit to our community. Mrs. M. Turner, Mrs. W. Alexander and Mr. John B. Burks united with the church.

A special rally for finance will be held at the Baptist church next Sunday, the 19th, for the benefit of the parsonage fund.

Mrs. Robert Johnson of 907 S street | A splendid harmonious business has as guest Mrs. Lena Gilbert of neeting was held Monday night at the Kansas City, Mo., who will spend sev- Baptist church, for the purpose of the official boards and officers of the dif-

The B. Y. P. U. will resume its account of the illness of his father. meetings next Sunday at 7 o'clock Mr. Adam Loving, who has been under the presidency of Mr. Guy suffering with pneumonia for about Wiley. The young people have a spe-

We hope he may continue to improve. Mrs. Fred Henderson will leave Mr. Fred Johnson of Chicago is Thursday for Danville, Ill., and stop a

Gene Nichols at once. Then get some

Mrs. Mary McCurley attended the annual sermon of the Household of Mr. Tibbie Stearns, for several Ruth, held in Omaha last Sunday.

Mrs. Lucy Fallings entertained the home of relatives in Topeka, Kan. He Gideon Band last Thursday. A large

Mrs. Perry Williams has been confined at home on account of pneu-Miss Mary Evans closed a very suc- monia. Mrs. Sylvia Thomas and Mr. cessful revival the first week in May. Henry Turner were also on the sick

verted and united with the churches. Miss Annie Turner, after a two She left for Los Angeles to hold a re- weeks' visit in White Cloud, returned been provided: Cornmeal, corn flour, home Thursday.

Davis Women's club last Tuesday. gan avenue, Kansas City, Mo., passed Over \$50 is reported to have been through the city in his Packard tourtaken in on cards, each holding \$2. ing car, enroute to the great lakes to

in Beatrice the week of June 24 to 28. Baptising will be held at the Baptist The Men's day rally at the A. M. E. church next Sunday morning at 11:30 church was postponed until the sec- o'clock. There are six candidates for baptism, the results of Evangelist Presiding Elder King held the quar- Mary Evans' wonderful meetings, terly meeting at the A. M. E. church which were held at the A. M. E.

Kindly report your news for The our office Wednesday. Report all news The Dunbar cafe managers put on to either of the following persons: Mr.

AS OFFICERS

Boys at Camp Meade Make Good Record and Carry Off Many Honors.

Camp Meade, Md.—The student sol-The Davis Women's club will meet diers seeking commissions in the offi-May 21 with Mrs. Louis Holmes, 910 cers' training school at Camp Meade have received their diplomas and now, Miss Valerie Crews is on the sick await the call to service as officers, list with a slight attack of rubella. which will come as the need of the I will be glad to report any news service demands. The Colored soldiers you may wish to give The Monitor. who attended the school made a most bread. Don't be backward about it. Help enviable record, having produced a higher number of eligibles in propor-Rev. R. R. Powers of El Reno, Okla., | tion to numbers than the white brothpreached his introductory sermon at There were nineteen Colored students the Baptist church as pastor Sunday and sixteen passed. Of the three who ridge or in oatmeal cookies or in dience. The sermon was spiritual and physical disability, he having suffered

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HELP IN 50-50 WHEAT PROGRAM World War Wastes Europe's

Thousands of Retail Grocers Support Food Administration Rules.

SIGN PLEDGE VOLUNTARILY.

New Wheat Saving Program Demanded - Allied Food Shortage Increases-America Must Feed Fighters.

Explaining the United States Food Administration's new 50-50 wheat regulations is a war time task the American grocer has gladly shouldered. Many stores are already displaying their Food Administration wheat saving pledge cards, that they have signed, agreeing to carry out the new wheat program.

Each flour customer is now required to buy one pound of cereal substitute for every pound of wheat flour. The substitute may be of one kind or assorted. This 50-50 sale is made by weight and not by value of the commodities. There is, of course, no regulation demanding the consumer to buy wheat flour at all.

A wide variety of substitutes has edible cornstarch, hominy, corn grits, barley flour, potato flour, sweet potato flour, soya bean flour, Feterita flour and meals, rice, rice flour, oatmeal, rolled oats and buckwheat flour.

Graham and whole wheat flour constitute an exception to the national regulation. Either of these commodities may be sold at the ratio of three pounds to five pounds of wheat flourthat is, five pounds of graham or wheat flour counts the same as three pounds of the usual wheat flour.

Mixed flours form another excep-Where any flour contains 50 per cent, or less of wheat it may be sold without any substitutes. Where the flour is mixed at the rate of 60 per cent, wheat and 40 per cent, of other ingredients an additional 20 per cent, of substitutes must be purchased by the consumer.

Where necessity is shown specially prepared infant's and invalid's food containing flour may be sold.

That the approved substitutes may be assorted is a fact many grocers and housewives overlooked for a time. For instance, if a customer wishes to buy a 24 pound sack of flour the necessary substitutes might be assorted as follows: Cornmeal, 8 pounds; corn grits, 4 pounds; rice, 4 pounds; buckwheat, 2 pounds; cornstarch, 1 pound; hominy, 2 pounds; rolled oats, pounds

None of the substitutes should be considered as a waste purchase, There are many household uses for each. The eight pounds of cornmeal can be made into cornbread, corn muffins or used in the baking of wheat Cornstarch is useful in making cus-

tard, thickening gravy or may be used in cake baking. Corn grits fried like mush forms a delicious dish, or it may

substitute for one-quarter of the wheat flour, but is especially choice in the form of buckwheat cakes for breakfast.

With 11 wheatless meals needed each week in America to provide enough wheat for the allies, the Food Administration believes the substitutes will all be used to advantage.

USE LESS WHEAT.

The allied nations have made further increased demands on us for breadstuffs - demands that Americans are obligated to meet.

In the meantime America's ment supply has been greatly increased for some months to come by the unprecedented shipping to market of hogs that averaged 232 pounds each instead of 203 pounds-the nor-

The United States Food Administration, endeavoring to adjust the international food balance, promptly removed certain restrictions in this country on the use of meat and at the same time asked for a smaller consumption of breadstuff's.

We are asked to observe only one meatless day each week-Tuesday. We will have larger meat stocks for awhile. But our bread ration must be held to a minimum.

In altering its food conservation program the Food Administration emphasizes that the food situation is of necessity, subject to radical changes, caused by crop conditions at home and abroad and by the precarious transportation problem, both in overseas shipping and in America's overburdened

transportation system The Food Administration will keep the American people fully and frankly advised of each change in the developing situation that they may know definitely the part their food sacrifices play in the world war.

BIG HERDS GONE | South Side Notes

Mrs. Frank Harris of 2730 R street left Sunday afternoon for Alexander, La., to visit her brother, whom she has not seen since he was a small boy. American Stock Raisers Co-operate He has been called to the colors. She will be away perhaps three or four

The Sir Knights and Daughters of the Tabernacle will hold a joint pub-It is probable that Europe for many lic installation at the A. O. U. W. years after the war will look to a temple, Twenty-fifth and M streets, great extent to America for its meat Saturday evening, May 25.

Mother Vivian died Monday, May Europe's herds are dwindling under 13, at Mercy hospital, Council Bluffs. war's demands faster than they can be Her little granddaughter, Clarisy Smith, is in the same hospital, where she underwent an operation for appen-When the German armies retired from occupied portions of France and dicitis Tuesday. Mrs. Vivian's daugh-Belgium approximately 1,800,000 head ter came from Missouri Tuesday, also of cattle were appropriated. This ad- a son from Kansas City. The funeral dition virtually safeguarded Germany was held Wednesday at Council Bluffs. from cattle shortage other nations now

Mrs. George Rose is quite sick at her home, 6712 South Thirty-third

The third quarterly meeting for Allen chapel, A. M. E. church, will be A declining scale of maximum meat held Sunday, May 19, at the church, prices for live cattle was ordained in Twenty-fifth and R streets. The pre-England, as follows: For September, siding elder, Rev. Mr. King, will be present all day. Services at 11, 3 and \$17.28; November and December, 8 o'clock. Allen Endeavor at 6:30 p. m. Communion at 3 p. m. Every evident intent of this measure was to one welcome. drive the beef animals into market as

Keystone lodge, No. 12, Twenty-According to official French figures, fifth and M streets, will give an entertainment Saturday night, June 1. the cattle of France have decreased to a total of 12,341,900 as compared with Plenty of refreshments, dancing and 14,807,000 in 1913. Today, due to lack good music. Committee: William of forage principally, France is pro-Townsend, chairman; W. Williams, A. Patterson, Harry Winston, A. Smith. Come one, come all! Don't miss this grandest entertainment ever given on Meantime the United States food adthe South Side. A. O. U. W. hall. Administration has taken steps to conmission, 25 cents.-Adv. serve our flocks and herds and to in-

Mr. and Mrs. Sam Osborne of Twenty-third and Madison streets, celebrated their sixth anniversary Tuesday evening, May 14, with a few of their old friends at their home.

The home of Mr. John Holmes, 2412 N street, has been quarantined for two weeks on account of his little son Ronald having smallpox. herds rather than go to the expense of

Mrs. Sara Gray, 4222 South Twenty-fourth street, is quite sick again with a very severe attack of asthma. The juveniles of the Household of

encouraging fact is 75 per cent. of Ruth turned out in large numbers to attend the annual sermon last Sunday the wars of the world have been won at St. John's church. A nice collection was taken for the junior departwith grease, meaning that bacon and ment, amounting to \$16.35.

Mrs. McCann, E. G. Bryant, Mrs. E. The hogs of Europe have been very Clark, Frank Pierson and John Wigby greatly sacrificed to present day needs. have gone to Richmond, Mo., on a business trip.

Mr. and Mrs. Starnes and family have arrived in our city from Fort in this nation. In Italy grain is now Dodge to make their home with Mrs. forbidden to be fed to hogs. In Denmark under a recent order one-fourth Breedlove at Twenty-fifth and Q of the hogs were ordered to be killed. Miss Frankie Jackson of 49211/2

South Twenty-fifth street gave a Liberty party at her home last week, in honor of about thirty of her special friends. The rooms were very beautifully decorated with United States FOOD STOCKS IMPOSSIBLE flags. Above the table was hanging a beautiful garden and over the center-The government has never consid- piece a large American eagle. In the ered any plan of saizing foodstuffs jazz room they were dancing. In the

room called "Lover's Lane" they made eve. Those who enjoy whist were in the whist parlor. Miss Ada Stewart and Mr. Andrew Logan were the lucky ones who are the first supposed to get married, having occupied the special rocker in Lover's Lane. A five-course luncheon was served and there was punch with the "kick." All voted Miss Frankie Jackson as a very charming little hostess.



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ly mixed. Then add the eggs gradual-THE PEOPLE'S DRUG STORE

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