

# THE MONITOR

A Weekly Newspaper devoted to the civic, social and religious interests of the Colored People of Nebraska and the West, with the desire to contribute something to the general good and uplifting of the community and of the race.

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THE REV. JOHN ALBERT WILLIAMS, Editor and Publisher.  
Lucille Skaggs Edwards and William Garnett Haynes, Associate Editors.  
George Wells Parker, Contributing Editor and Business Manager.

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## ADMINISTRATIONS PASS

The Monitor has no desire to embarrass in any way the present administration. It is because we realize that we are living in most perilous times when everything should be done to unify the nation and to remove, as much as possible, any just cause for complaint upon the part of our people, that we have not hesitated to call attention to acts and statements from those in authority which, if persisted in, cannot help but chill the ardent patriotism of one of the most patriotic groups among American citizenry. We would save the administration from embarrassing itself by advising it of the true sentiments of the large group, forming fully one-tenth of our population, with which we are identified. We believe this to be our patriotic duty. It would be the height of folly and wholly dishonest and disloyal to withhold the truth that there is very much with which we are not pleased.

We are not pleased with the present policy of limiting our young men, who are anxious to serve and defend our country and our flag—for it is OUR COUNTRY and OUR FLAG, let him deny it who may—to certain branches of service. We believe that in the hour of the nation's peril, as well as in times of peace, our young men and women should be permitted and encouraged to serve in any line of service for which their aptitude and ability may qualify them to be trained.

As Americans imbued with American ideals and animated with American aspirations, we ought not to be and cannot be, and will not be, satisfied with any treatment, sentiment or policy which would regard us like "the Witch's Daughter," as "a thing apart" from our national life, perils and activities, or thwart these lawful ambitions.

We believe that America's successful leadership in a world democracy is absolutely dependent upon her frank recognition of the necessity of these principles to us and to all her citizens. This country must eventually—and why not now?—recognize the short-sightedness of, and refuse to tolerate any policy that runs counter to these ideals. And so we will all do our duty and hope for the triumph of true democracy.

Administrations, wise or unwise, liberal or illiberal, far-sighted or short-sighted, as men account them, pass; but the powers that be are ordained of God. God still reigns. The government still lives. Our Country—God bless her! abides. Our Flag—God protect it!—still floats. To these our allegiance, our fealty are due and given ungrudgingly, and doing our duty manfully the future will bring rich reward to America's loyal sons.

## STRANGE, BUT TRUE

The South is always proclaiming from the housetop that it is "the Negro's best friend." Doubtless it believes it. But it has a mighty queer way of manifesting this friendship.

The rumor went forth that Negro troops would be sent South for training with other United States troops, and lo, on the instant Washington was bombarded with protests from Southern statesmen and near-statesmen against this great indignity.

With eyes swollen from weeping—or from some other cause, or causes—and with voices choking with—"hie"—emotion, Southern statesmen pleaded pathetically and, it is said, prevailingly, that Uncle Sam's black soldiers be not permitted to come where "the Negro's best friend" has his habitat.

Moreover, it was hinted that if this plaintive plea prevailed not in preventing the proposed perigration to plantations where possums play, palmetoes plume and persimmons pucker, there would be something doing.

We can only remark that this is a strange way of manifesting either friendship or patriotism. "Tis strange; 'tis passing strange, but true."

## A PLEA FOR CHARITY

A benefit for the purpose of purchasing an artificial limb for Louis Carr will be given Tuesday evening, August 28th, 1917, at St. John's A. M. E. Church, 18th and Webster St. An excellent musical and literary program will be rendered by some of Omaha's best talent. Mr. Carr had his right leg amputated some time

ago, and has been in the county hospital for some time.

It is expected that he will be self-supporting if the limb is secured.

The benefit is under the auspices of the O. S. W. Club.

## IS THERE NOT A CAUSE?

When conservative men like Major Moton, principal of Tuskegee; Prof. Kelly Miller of Howard University, and Dr. Boyd of Nashville, Tenn., join with radicals like Prof. Dubois, editor of *The Crisis*; William Monroe Trotter, editor of *The Boston Guardian*, and Harry Smith, editor of the *Cleveland Gazette*, in voicing the same disapproval, there is some genuine reason for this disapprobation.

## BE SELF-WATCHFUL

The nerves of the nation are at high tension. The nation means you and me and every other fellow; for "the nation" is made up of individuals. At such a time as this every one should be watchful of himself lest by inconsiderate word or act he cause strife or violence. These are the times demanding self-watchfulness, self-restraint, forbearance and charity. If clouds lower look for the silver lining. It is there. Look up and do your duty.

## Obvious Observations

If Uncle Sam will really reduce the cost of coal it will be a ten shot for government control.

The north has five cantonments and the south fifteen. Six are in Texas, the home of the assistant president. When it comes to getting in on the soft things the south isn't a bit slow. In everything else it makes a snail look like Barney Oldfield.

The senator from Oklahoma proposes to send an army of 5,000,000 Chinese to the front instead of able bodied Americans. How in the dickens did it happen that he didn't make it 5,000,000 Colored men?

What has become of the Vice President? Washington papers say that Wilson shuts and locks the door every time he sees him coming.

The man that said *The Monitor* doesn't need that \$1.50 for subscription is wrong. We need just five hundred of twelve-bit pieces.

Thanking you for these few serious fulminations, we will now have an interview with the bathtub.

## SKITS OF SOLOMON

### Debts.

A debt is more easily contracted than measles and harder to get rid of than a four-inch bunion. Anybody can contract a debt, but the per cent who pay them run the cipher mark a close second.

A debt is like a mountain forty miles off: it looks easy to climb until you start climbing. A wise man makes friends with a debt only through convenience. Nations also contract debts. At present the scrapping nations are piling up debts as fast as a steam engine piles up ashes. There is only one exception to this and that is Japan. She helps others make debts and refuses to make any herself. The easier a man or nation assumes a debt, the harder it is to collect it. A reader of human nature can always tell a former friend. He slides up with a happy mitt and slithering smile and asks you for a ten spot just as though he were asking for a match or a street address, and if you are dumus enough to slip him the green, it's bye bye ten simoleons. You will never see him again if he sees you first. There are some folks who still owe for each extremity of life; the first extremity owing the doctor who helped the stork with the bundle, and the other extremity, the undertaker who didn't have anyone to help him with the bundle. Debts make some men happy and others miserable. The happy man is always talking about his credit and pushing it to the limit without ever liquidating it; the miserable man is worried until he can smile and say "hello!" to his creditor without said creditor having to hum and haw in an effort to ask for a dollar advance politely. This essay is punk, but punk always has some good burning points.

Hair growing and hair preservation, scalp treatment, manicuring and massage. Smith, Chiles & Wheeler, 2414 North 24th. Webster 3024.—Adv.

## Our Women and Children

Conducted by  
Lucille Skaggs Edwards

### CHEERFULNESS

There are times when cheerfulness ceases to be a virtue, times when it is necessary to show to some persons a black face and a stern reproof. But the cheerful person will less often have to display those forbidding aspects than he who is moody or who is heavily aware of the weight of the world and his responsibilities in it. People surly or "cranky" perhaps are less likely to commit errors or faults deserving censure and more likely to develop the pleasant and also the solid traits of character.

Persons in authority frequently feel it necessary to disguise their naturally cheerful dispositions. They have the idea that if a man is to be a strict disciplinarian he cannot exhibit a smiling countenance or freely indulge his natural turn for humor. Yet the strict disciplinarian who shows in his relaxed moments a kindly heart and a genial spirit will accomplish better results than one who relies upon his sharp voice, brusque manner and cold eye to command respect. And some persons, without being strict disciplinarians at all, are able by communicating their spirit of cheerful interest and activity to get a large measure of efficiency out of their workers.

If cheerfulness is a valuable trait in an employer, it is even more important in an employee. The man who can conquer depression and worry and discontent, who can control the forces of envy and jealousy within him, and who can go about his work day in and day out with cheerful good humor is in a fair way of arriving at a stage where depression, worry, discontent, envy and jealousy may reasonably be expected to have less claim upon him. At whatever end of the industrial scale your lot may be cast, you will be wise if you cultivate the spirit of cheerfulness in your relations with your fellow men.—Youths Companion.

### THE PILGRIM

So prone  
Was he to find  
Some good in all  
Mankind,

So quick  
To stop and heed  
The cry of those  
In need;

And so  
Disposed to say  
Nothing to mar  
One's day,

That heaven,  
With love abrim,  
Did not seem strange  
To him.

—The Christian Herald.

### MINIMUM COST OF FOOD FOR ONE FAMILY

Having received several inquiries as to the lowest cost of food for a family, for one week, the Department of Health of the city of New York has published a list of articles of food sufficient for a family of five for that period. It is assumed that the family consists of two adults and three children. The list of foods given has been tested for about two years and found to be successful. Of course, varying prices will change this weekly cost somewhat. Following is the list:

1 pound butter	.....	\$0.42
1 bag sugar (3 1/2 pounds)	.....	.24
1 pound rice	.....	.08
1 pound dried peas	.....	.09
1 pound beans	.....	.09
1 pound farina	.....	.06
1 pound oatmeal	.....	.05
1 box cocoa (1/2 pound)	.....	.10
1 pound prunes	.....	.15
1 pound onions	.....	.04
6 pounds potatoes	.....	.22
1 head of cabbage (medium size)	.....	.05
1 pound cheese	.....	.22
2 dozen eggs	.....	.60
2 pounds meat daily at 20 cents	.....	2.80
2 loaves of bread daily at 8 cents	.....	1.12
2 quarts of milk daily at 7 cents	.....	.98
Total	.....	\$7.31

### FACT AND COMMENT

The man of intelligence who lacks moral force remains always a follower; he never becomes a leader, for he is seldom master of his own conduct.

An Idler's Chance in Life is like a Peach—  
Too Green, or Overripe, or Out of Reach.

Yellow was originally adopted by the woman suffragists as their color because of the suffrage victory in Kansas in 1887. That victory was regarded as of immense importance, and yellow, in the eyes of the leaders of

the movement, was inseparably associated with the Sunflower State.

Many men can rightly assert that their opinions do not change; but they are not wise in boasting of the fact. It shows too often that they have learned nothing since the day on which they reached their opinions. So obvious an evidence of ignorance or foolishness no man should advertise.

### THE ONLY WAY TO WIN

It takes a little courage  
And a little self-control  
And some grim determination  
If you want to reach a goal.  
It takes a deal of striving,  
And a firm and stern-set chin,  
No matter what the battle,  
If you're really out to win.

There's no easy path to glory,  
There's no rosy road to fame.  
Life, however we may view it,  
Is no simple parlor game;  
But its prizes call for fighting,  
For endurance and for grit,  
For a rugged disposition  
And a "don't-know-when-to-quit."

You must take a blow or give one,  
You must risk and you must lose,  
And expect that in the struggle  
You will suffer from a bruise.  
But you mustn't wince or falter  
If a fight you once begin;  
Be a man and face the battle—  
That's the only way to win.  
—Author Unknown.

### PLEASED WITH PAPER

Omaha, Neb., July 9.  
Rev. John Albert Williams, Editor  
*The Monitor*:

Please find enclosed check as payment of my subscription to *The Monitor* from July 1, 1917, to July 1, 1918, inclusive. We are very much pleased with your paper and therefore we desire its continuation.

Very truly yours,  
C. W. WASHINGTON,  
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Names of lucky ones will be published in order received.

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