

# Our Women and Children

Conducted by  
Lucille Skaggs Edwards

## THE GREAT PANACEA

Should someone tell you of an agent that would cure most every ill; that would prolong youth and life; that would make the weak grow strong; and then this person would supply you with an unlimited amount of this remedy, would you not prize it as valueless and feel greatly indebted to the giver?

There is just such an agent. It is free, it is world-wide and each year science finds new wonders that it will do. It paints the fruits and flowers in wonderful colors and can do as much to the pale cheek. It cleanses, it purifies, it offers beauty, it gives energy. It is a bactericide and where it does not enter with its boon companion—fresh air—the doctor and the undertaker go. According to medical authorities, no disease germ is able to live under strong and prolonged exposure to this wonderful germicide and that its entrance into our homes means the exit of malaria, pneumonia, tuberculosis and other diseases. All animals seek it as they do food and water, they love it, and thrive upon it. Equally important is it to the health, the mental and physical development of mankind.

This great panacea is sunshine—God's gift of light and life to the whole world. Sunshine is plentiful; its business is prosperous and profitable; no one may hold a monopoly therefore invest heavily. Be lavish in your use of it, revel in it for the supply is inexhaustible.

L. S. E.

## FATHER AND SON

By Edgar A. Guest

Be more than his dad,  
Be a chum to the lad,  
Be a part of his life  
Every hour of the day;  
Find time to talk with him,  
Share in his studies  
And share in his play,  
Take him to places,  
To ball games and races,  
Teach him the things  
You want him to know;  
Don't live apart from him,  
Be his best comrade,  
He's needing you so!

Never neglect him,  
Though young, still respect him,  
Hear his opinions  
With patience and pride;  
Show him his error,  
But be not a terror,  
Grim-visaged and fearful  
When he's at your side.  
Know what his thoughts are,  
Know what his sports are,  
Know all his playmates,  
It's easy to learn to  
Be such a father  
That when troubles gather  
You'll be the first one  
For counsel he'll turn to.

You can inspire him  
With courage, and fire him  
Hot with ambition  
For deeds that are good;  
He'll not betray you  
Nor illy repay you,  
If you have taught him  
The things that you should.  
Father and son,

Must in all things be one.  
Partners in trouble  
And comrades in joy,  
More than a dad  
Was the best pal you had;  
Be such a chum  
As you knew, to your boy.  
—Detroit Free Press.

## THE REASON WHY

Some one has asked why we are not opposing the presentation of the photoplay which has been placed under the ban in so many other communities, and which we so vigorously fought before.

Our reason is this: Inasmuch as our public officials will not enforce the law against it, there is no use waging a losing fight and giving free advertising to the prejudice producing propaganda which is doing its fell work in creating segregation sentiment throughout the country. When we believed there was a fair chance of winning we waged an honorable and dignified fight, backed by some of the best citizens in the community. We secured the passing of an ordinance under which the officials can act, if they desire to do so. They know how we feel about it. It is up to them. They have neither the desire nor the courage to enforce the ordinance. Until we have officials who will enforce the ordinance, it would be the sheerest folly to renew the fight.

## LODGE DIRECTORY

Omaha Lodge No. 146, A. F. and A. M., Omaha, Neb. Meetings first and third Fridays of every month. Lodge room 1018 Douglas street. Will N. Johnson, W. M.; Wynn McCulloch, Secretary.

Keystone Lodge No. 4, K. of P., Omaha, Neb. Meetings first and third Thursday of each month. M. H. Hazard, C. C.; J. H. Glover, K. of R. S.

Weeping Willow Lodge No. 9596, G. U. O. of O. F., meets second and fourth Thursdays of each month at U. B. F. Hall, 24th and Charles. M. H. Hazard, N. G.; T. H. Gaskins, P. S.

CHARLES C. SHEPHERD  
Attorney at Law  
447-47 Brandeis Bldg.

NOTICE OF APPLICATION FOR CHANGE OF NAME.  
Sylvia Snyder Stough to Sylvia Snyder Sarto.  
Marjorie Snyder Stough to Marjorie Snyder Sarto.

Notice is hereby given that Sylvia Snyder Stough and Marjorie Snyder Stough by her next friend, Sylvia Snyder Stough, both of Omaha, Douglas County, Nebraska, have filed their petition in the District Court of Douglas County, Nebraska, praying for a change of their names to Sylvia Snyder Sarto and Marjorie Snyder Sarto, respectively, said matter being entered on appearance docket 149, page 254. After the expiration of 30 days from the date hereof and on the 26th day of March, 1917, or as soon thereafter as petitioners may be heard, application will be made to the Court for an order and decree in accordance with the prayer of the petition.

SYLVIA SNYDER STOUGH.  
MARJORIE SNYDER STOUGH.  
By C. C. Shepherd,  
86-92 Their Attorney.

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Flew Out Into the Sunlight.

# Daddy's Bedtime Story

HOW A SWALLOW LEFT THUMBELISA.

[Adapted from Hans Christian Andersen.]

IT rained, so the children could not run to meet daddy. They watched for him at the window. So he told them a nice bedtime story: "Once a tiny little girl whose name was Thumbelisa nursed a sick swallow in the winter time when the ground was all white with snow.

"One night she took it a drink of water, and the swallow told her how, when it had tried to go south with all its friends, it had torn its wing on a blackthorn bush. Unable to fly as fast as its mates, it had at last fallen to the ground. But after that it remembered nothing and could not in the least tell how it ever got into an old mole's passageway.

"There in the passageway it stayed all winter, and Thumbelisa was kind to it and fetched it grain to eat and water to drink. She never told either the old field mouse, with whom she lived, or the old mole, who wanted her to marry him, because neither of them understood or loved birds.

"As soon as spring came and the sun's warmth shone on the ground Thumbelisa poked a hole in the old mole's passageway and let the sunshine stream in upon her swallow.

"'Won't you sit upon my back and fly away with me into the green woods, dear?' one day the swallow asked her.

"But Thumbelisa knew it would grieve the old field mouse if she left her like that. So she said, 'No, I can't, dear swallow.'

"Then goodby, you sweet child,' said her bird, 'and thank you so much for being kind to me.'

"Then the swallow flew out into the bright sunshine. Thumbelisa looked after her bird, and her eyes filled with tears, for she was very fond of her pet. "Tweet, tweet!" sang the swallow and vanished in the green woods.

"Thumbelisa was very sad. The old field mouse did not allow her to go out in the sunshine to play for fear some one would steal her. The corn which was sown in the big field near the old field mouse's home had grown to be so high that it was like a thick forest for a little bit of a girl only an inch high.

"You must be working at your wedding clothes this summer, my dear,' one day the old field mouse said to her. 'Our neighbor, the mole, who wears a black velvet coat, has asked me to let him marry you. You shall have plenty of woolens and linens and everything you want to clothe yourself with when you become the mole's wife.'

"So Thumbelisa had to turn the distaff, and the old field mouse hired four spiders to spin and weave both day and night," daddy finished, with two big hugs for Jack and Evelyn.

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