

Our Women and Children

Conducted by Lucille Skaggs Edwards.

A PRAYER OF GEORGE WASHINGTON FOR THE UNITED STATES

We are sure that very few readers of The Monitor have ever seen the following beautiful prayer for our country, which was composed and frequently used by George Washington: "Almighty God, we make our earnest prayer that Thou wilt keep the United States of America in Thy holy protection; that Thou wilt incline the hearts of the citizens to cultivate a spirit of subordination and obedience to government; to entertain a brotherly affection and love for one another and for their fellow citizens of the United States at large. And finally that Thou wilt most graciously be pleased to dispose us all to do justice, to love mercy, and to demean ourselves with that charity, humility, and pacific temper of mind which were the characteristic of the divine Author of our blessed religion, and without an humble imitation of whose example in these things we can never hope to be a happy nation. Grant our supplication, we beseech Thee, through Jesus Christ, our Lord. Amen."

THE BIRD IN THE ROOM

A robin skimmed into the room,
And blithe he looked and jolly,
A foe to every sort of gloom,
And, most, to melancholy.
He cocked his head, he made no sound,
But gave me start for stare back,
When, having fluttered round and round,
He perched upon a chair-back.
I rose; ah, then, it seemed he knew
Too late his reckless error:
Away in eager haste he flew,
And at his tail flew terror.
Now here, now there, from wall to floor,
For mere escape appealing,
He fled and struck against the door
Or bumped about the ceiling.
I went and flung each window wide,
I drew each half-raised blind up;
To coax him out in vain I tried;
He could not make his mind up.
He flew, he fell, he took a rest,
And off again he scuffled,
With parted beak and panting breast
And every feather ruffled.
At length I lured him to the sill,
All dazed and undivining;
Beyond was peace o'er vale and hill,
And all the air was shining.
I stretched my hand and touched him:
then
He made no more resistance,
But left the cramped abode of men
And flew into the distance.
Is life like that? We make it so;
We leave the sunny spaces,
And beat about, or high or low,
In dark and narrow places;
Till, worn with failure, vexed with it,
Our strength at last we rally,
And the bruised spirit flutters out
To find the happy valley.
R. C. Lehmann.

FASHION NOTES

Miss Sturgeon.
Black, black and white, black and silver and gray, are among the season's most fashionable notes in frocks and gowns.
Beautiful metallic brocades are all the rage in the east.
Fuller and longer skirts are rapidly

forging to the front. They will conceal much beautiful hosiery and that's a pity.

Bead embroidery is the chief feature of the stunning new handbags appearing just now. They are of every possible shape and design.

The number of Xmas suggestions grow larger each year. Never has there been such a wealth of articles to choose from, but on the other hand never has it been so hard to choose.

There are some stunning effects in the latest lingerie which few women can afford to overlook and fewer still who can resist.

Have clerks assist you in planning table decorations. It means almost as much as the meal to have the table trimmed beautifully. It certainly aids digestion.

Fur is so high and so scarce that the furriers are simply folding their hands and hoping that they don't go broke. Shoe men are in about the same boat.



FISH DAY MENU.

FRIDAY—BREAKFAST.
Cooked Cereal With Figs.
Creamed Pinnan Haddie.
Waffles. Honey.
Coffee.
LUNCHEON.
Cold Sliced Lamb. Tomato Pickle.
Potato Scones. Cheese Tarts.
Tea.
DINNER.
Clear Beef Broth With Macaroni.
Pan Fish. Tartare Sauce.
Potato Puff. Summer Squash.
Sliced Tomatoes.
Vanilla Ice Cream With Caramel Sauce.

A Run on Cookies.

DATE COOKIES.—Beat four eggs well, add two cupfuls of sugar and beat again; then add two teaspoonfuls of baking powder sifted in two cupfuls of flour, one teaspoonful of vanilla, one teaspoonful of cinnamon, one pound of dates stoned and cut, one-half cupful of pecan meats, coarsely cut up. Drop on a greased pan.

Walnut Cookies.—Pour a quarter of a cupful of boiling water over half a cupful of shortening. Add half a cupful of brown sugar, a teaspoonful of soda mixed with half a cupful of molasses, three cupfuls of flour sifted with a teaspoonful of salt, half a teaspoonful of ginger and a little nutmeg and cloves, about a quarter of a teaspoonful, mixed. Mix, chill, roll half an inch thick and cut in strips one by two inches. Sprinkle with chopped walnut meats and bake ten minutes.

Raisin Cookies.—Two cupfuls of brown sugar, one cupful of lard and butter, two well beaten eggs, one level teaspoonful of soda, one of baking powder sifted in three cupfuls of flour, one teaspoonful of nutmeg and two cupfuls of seeded raisins. Mix in the order given. Drop from a spoon into a slightly greased pan and bake in a quick oven.

Cocoanut Cookies.—Beat two eggs until light, slowly add a cupful of sugar, a cupful of cream, half a cupful of shredded cocoanut and three cupfuls of flour sifted with three teaspoonfuls of baking powder and a teaspoonful of salt. Chill, roll half an inch thick and cut in rounds.

Sour Cream Cookies.—One-half cupful of butter, two cupfuls of sugar, one and one-half cupfuls of sour cream, one rounding teaspoonful of soda, two eggs, one teaspoonful of vanilla, flour to roll soft.

Anna Thompson.

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