Our Women and Children

Conducted by Lucille Skaggs Edwards.

ON UGLINESS.

"Extreme admiration put out the critics eye" is an adage old and true. The homeliest persons are attractive to those who love them. Physically speaking, there is no one ugly in this whole world. The ugliest woman, so-called, has some man who is just "crazy" about her. Even so we find beautiful women attracted to so-called ugly men. Ugliness then is not physical but psychical and is not applicable to individuals or races. It is more mental. It is more moral.

The descriptive use of ugliness can be applied only to character. Purity of life contributes more to our charm than all the adornment and finery that money can buy. The cultured mind, the clean life, the pure heart, entrances and charms when the face and form have lost beauty and youthfulness—"handsome is as handsome does."

L. S. E.

Mother's Hands.

Such beautiful, beautiful hands,
They're neither white nor small,
And you, I know, would scarcely think
That they were fair at all.
I've looked on hands whose form and
hue

A sculptor's dream might be, Yet are these aged wrinkled hands Most beautiful to me.

Such beautiful, beautiful hands!
Though heart were weary and sad
These patient hands kept toiling on
That the children might be glad.
I almost weep when looking back
To childhood's distant day!

I think how these hands rested not When mine were at their play.

But, oh' beyond this shadow land,
Where all is bright and fair;
I know full well those dear old hands
Will palms of victory bear;
Where crystal streams, through endless years,

Flow over golden sands,

And where the old are young again,

I'll clasp my mother's hands.

—Selected.

The Prudish Attitude of Parents.

There are certain stages in the life of every boy and girl when the confidence and advice of the father and mother may prove of inestimable value. If parents have not cultivated a relationship with their children which will enable them to discuss the problems which budding manhood and womanhood bring, they have fallen far short of doing their duty.

The evasions, lies and prudish attitude of parents have been responsible for mistakes which have resulted in agony of soul and body for innumerable growing boys and girls.

There is no period in life when children are more sensitive to influences for good and evil than in this formative stage. They will accept and seek information from other sources if they cannot get it from their parents; the chances are a hundred to one that what they get will be misinformation and the injurious lies of companions with a distorted moral code.

SHOP NOTES FROM

BURGESS-NASH

Miss Sturgeon.

The girlish loose pleated Peter Thompson serge dresses are just the thing for the little School Miss. They come in sizes for 6 to 16 years.

Yards and yards of soutache braid wends its way around the front and around the deep collars of the new blouses. Many smart designs are worked in this much-in-vogue braid.

"Holiday and Kodak days." Every winter outing, every home coming of the boys and girls hold fascinating subjects for the kodak.

Those ribbon novelty bags come in so handy. One can carry them to the theatre, to the afternoon tea, to the bridge club or to the kensington.

Veils are uppermost in the minds of the women who want to protect their complexions against the wintry winds. A new practical drape veil is made of hand run chantilly lace.

Clever little knit hoods, sweaters, sweater sets and mittens are among the new in "Togs for Tots."

Bunches of radishes, onions, brussel sprouts, carrots, crates of lemons, oranges, bunches of grapes, all candy of course, will make your Thanksgiving festivities a success.



AUTUMN SALADS.

RUIT salads form an admirable dish at any season. But the fruit called for in the following recipes are all seasonable to autumn and so may be used to add zest to the menus of the first frosty days:

Sweet Fruit Salad.—Three ripe yellow pears, a bunch of white grapes, a blood orange, two red bananas, a glass of maraschino cordial or the same quantity of rum and sugar to taste. Peel the pears and quarter them, taking out seeds; seed the grapes, peel and slice the bananas and cut the orange in slices through the skin, dividing the slices then or leaving them whole. Put all the fruit together and sugar it liberally, then put it away on the ice. When ready to serve put on the liquor used. If this salad is served in a glass bowl and the red orange slices are left whole the effect will be very ornamental.

Endive and Grapefruit Salad .- Several crisp endive heads, a ripe grapefruit, French dressing with paprika instead of the usual pepper. Wash and dry the endive, breaking the leaves apart first, then cut them down in thin strips. Peel the grapefruit and take out the meat in plugs, denuding it of pith and the skin about the core. Put the fruit and endive together, tossing the salad in the dressing and putting on as much paprika as is agreeable to taste. After it is well mixed, pile it on a mound of romaine or plain lettuce leaves, also tossed in a French dressing.

Mixed Vegetable Salad.-This may be made of any green vegetables, but in the smart restaurants the chefs put the following things together: French lettuce, endive, cucumbers, celery hearts, green pepper, asparagus tips, pimentos and sometimes string beans. A nest is made of the plain lettuce, the endive is cut in fine strips, and if the asparagus or string beans are of the canned sort they are first washed off with fresh water and then thoroughly drained. The cucumber is cut in paper fine slices. All of the ingredients are put together in a mixing bowl and tossed lightly in a French dressingolive oil, vinegar or lemon, salt and cayenne. Unless requested not to do so, the French chef also adds a taste of garlic or onion. When served this salad lies in the nest of lettuce leaves with a border of sliced cucumber or radishes cut to look like fuchias.

Anna Thompson

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AUTUMN Is Here

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