

### Dubois Compares Vote of South and North

Dr. W. E. B. Dubois, in a lengthy article on "Why the South is in the Saddle," makes an interesting comparison of the Southern and Northern vote. It is shown that in 1912 New York, with 45 electors, cast 1,587,983 votes, while Georgia, South Carolina, Alabama and Mississippi together with 45 electors, cast 354,987 votes.

In Alabama the combined vote of the nine Democratic Congressmen was but 75,528, while the combined vote of eight Congressmen from Kansas was 483,683. Heflin from Alabama, whose only claim to fame has been the introduction of anti-Negro measures, was "elected" to Congress by 8,100 votes. In Mississippi Sisson, another arch enemy of the Negro, received 4,899 votes. The lowest vote received by any Congressman from Kansas was 46,185.

"It would seem," says Dr. Dubois, "that each Mississippi voter (and only white men vote in Mississippi) casts thirteen votes where a Kansas voter casts one. We ask in all candor how long is Republican government going to endure such circumstances? How long is this, the most burning question of American democracy, going to be 'let alone' by patriotic Americans?"

### RUFFED GROUSE

(Bonasa umbellus)



Length, seventeen inches. The broad black band near tip of tail distinguishes this from other grouse.

Range: Resident in the northern two-thirds of the United States and in the forested parts of Canada.

Habits and economic status: The ruffed grouse, the famed drummer and finest game bird of the northern woods, is usually wild and wary and under reasonable protection well withstands the attacks of hunters. Moreover, when reduced in numbers, it responds to protection in a gratifying manner and has proved to be well adapted to propagation under artificial conditions. Wild fruits, mast, and browse make up the bulk of the vegetable food of this species. It is very fond of hazelnuts, beechnuts, chestnuts, and acorns, and it eats practically all kinds of wild berries and other fruits. Nearly 60 kinds of fruits have been identified from the stomach contents examined. Various weed seeds also are consumed. Slightly more than 10 per cent of the food consists of insects, about half beetles. The most important pests devoured are the potato beetle, clover-root weevil, the pale-striped flea beetle, grapevine leaf-beetle, May beetles, grasshoppers, cotton worms, army worms, cutworms, the red-humped apple worm, and sawfly larvae. While the economic record of the ruffed grouse is fairly commendable, it does not call for more stringent protection than is necessary to maintain the species in reasonable numbers.

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### COWARDICE OF THE WHITES

(From the Christian Register)

One element in the race problem, between whatever race it arises, is the cowardice of the superior. There is nothing more essentially cowardly than severity and harshness where it cannot be returned. The man who is bold and insulting where he has nothing to fear, and speaks softly where there is danger, gives but a poor account of his courage. The man who thinks that a human equally endangers his superiority and lowers his self-respect betrays the fact that he is not sure of his superiority and cannot trust his self-respect to stand alone. A rank which can be injured by fairness and by an uncondescending kindness shows that it is already defective. What would happen to the race problem in India, in California, in our Southern borders, if necessary distinctions and distributions were purged of all antipathy, and if so-called Christian blood were to gain a transfusion of the blood of Christ?



### UNUSUAL RECIPES.

**BARBADOS MUFFINS.**—Take a quart of flour and make a stiff batter with milk, add a cupful of yeast (risen), four eggs well beaten, a little salt and a spoonful of melted butter. Beat the batter up well and set it to rise at dinner time, if wanted for supper. Bake in greased muffin rings on a hot griddle. Turn them quickly when brown on one side. Fill your rings half full, and they will rise to the top.

**English Apple Tart.**—Fill a deep baking dish with four good sized apples sliced thinly and sprinkle over them three tablespoonfuls of sugar. Remove all membrane from one-half pound of suet, chop it fine and add gradually, while chopping, two cupfuls of pastry flour, one-half teaspoonful of salt and just enough ice water (one-quarter to one-half cupful) to moisten. Knead a moment and roll it out in a sheet. Put it over the top of the apples, making a hole in the center. Brush with beaten egg and bake in a moderate oven one hour. Serve either plain or with cream and sugar.

**Marrow Balls.**—One and one-half cupfuls of fine stale crumbs, four tablespoonfuls finely cut marrow, one egg, salt to taste (if liked one tablespoonful chopped parsley). Work to a smooth paste with the fingers, form in balls the size of a marble. Drop into the boiling soup and simmer about twenty minutes.

**Spanish Omelet.**—Take six eggs, a medium sized tomato or a half cupful of canned tomatoes, a small onion minced fine, a dash of black pepper, three tablespoonfuls of milk, four or five mushrooms, a quarter of a pound of bacon chopped fine, a saltspoonful of salt and a green pepper also minced. Cut the bacon into small pieces and fry until brown. Add the tomatoes, mushrooms, onions and green pepper and stir and cook fifteen minutes. Beat the eggs vigorously and season them with salt and pepper. Put a half tablespoonful of butter in the omelet pan and let it melt, tipping the pan so that the sides will be well greased. Pour in the eggs stirred with the milk and shake over a quick fire until set. Now pour the mixture quickly from the other frying pan over the omelet, fold over once and turn into the center of a heated platter. Sprinkle with a little minced parsley and serve at once.

*Anna Thompson.*

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