

Our Women and Children

Conducted by Lucille Skaggs Edwards.

THE RESULT OF LATE HOURS

Among the many valuable articles written by Prof. M. V. O'Shea of the University of Wisconsin in Mothers' Magazine, the following on the "Result of Late Hours," should be read by every mother.

"All normal young people crave excitement. They cannot endure sameness or dullness. They dread inactivity. A certain amount of excitement is necessary for most children. It is suggestive to note how, whenever anything is "going on" in the neighborhood, the children will all be there. They have a special sense for excitement, and can locate it whenever in the vicinity.

Unfortunately they are likely to go to extremes in indulgence in excitement unless kept in check by their elders. Nature did not equip the ordinary child with good judgment and self-control. If left to themselves the young will go so far in exciting activities that they become seriously fatigued. They seem often to be hypnotized by stimulating experiences, and cannot withdraw until they are exhausted.

Young children are attracted by the circus, the band, the street parade, the dog fight, and so on. But those in the teens prefer the allurements of the ballroom to everything else. It seems to attract young people more and more strongly every year. Once under the influence of the dance, they never know when to stop. In many places teachers and parents are in constant conflict with boys and girls in regard to dancing. There is the same struggle between faculty and students in college and university. Young people lose all sense of proportion under the seductive influence of the ballroom.

There is a fascination, too, for both sexes, in promenading the streets at night. Usually there is color and stir and novelty on the street. There is also adventure. The life of the street at night is adapted to excite the young, and is often so planned, because when they are excited they will indulge their impulses, and those who provide the means of indulgence will be enriched thereby. The boy especially is constantly stimulated by what he sees and hears on the street at night, which arouses his elemental passions, which overcomes his judgment and good sense. Most evil habits are formed in connection with street experiences at night. When young people are excited by this kind of life, they crave further excitement, and will indulge in anything that will keep them up to a high pitch of feeling.

It is unwholesome for youth to become unduly excited, especially under conditions found on the typical street, and in many ballrooms. A person in a highly stimulated condition is not likely to let down easily, and will seek artificial stimulations to keep up his nervous tension. This law of human nature is seen in adult life as well as in youth. People who go the pace are likely to use strong stimulants.

The chief problem of parents and teachers in having youth keep reasonable hours arises in relation to the dance. Young people get into the habit of going late and staying until early morning hours. This practice, if persisted in, will undermine body

and mind. No boy or girl in the teens should be up later than ten o'clock, except on rare occasions. If young people dance later than this, they are likely to become overstimulated, and lose their self-restraint. Excesses flourish after ten o'clock rather than before. The later the hour, the greater the danger. The youth who is habitually up later than ten o'clock stands a good chance of going astray, because he will be tempted constantly to indulge primitive passions. But he who is usually at home and in bed by ten o'clock stands a good chance of holding his impulses in check. The habit of keeping early hours is the best safeguard against temptation. College boys who are dissipated get started in the late night hours. Dissipation rarely begins in early evening.

In every community parents should get together and agree that all parties for young people stop at ten o'clock, and the boys and girls go directly home."

EVENTS AND PERSONS

Dr. L. E. Britt has purchased a five-passenger Maxwell.

Mr. George Davis, a wealthy oilman of Muskogee, with his wife, two children and sister, Mrs. D. Olston, arrived in the city Tuesday from St. Paul. While in the city Mr. Davis was the guest of his brother, Mr. Chas. Davis. He left Wednesday evening for Kansas City, Mo., where he will attend the Business League.

Mrs. T. P. Mahamitt and Mrs. James C. Donley left Thursday on a short visit to Excelsior Springs and Kansas City.

Will N. Johnson returned Monday from Kansas City, Mo.

Mrs. W. N. Moore of 2120 No. 30th street left last Thursday evening for Kansas City to visit friends and relatives.

Mr. Clifford Green, who is now fountain manager at the Owl drug store since the resignation of Mr. Davenport, is filling the position satisfactorily.

Fifteen Colored men are now employed in the Northwestern freight house.

Mrs. Volney Carter is slowly improving.

Mr. and Mrs. C. B. Kitchen wish to thank the sisters of Ivy Leaf Court through the columns of your paper (The Monitor) for their many kindnesses during the illness of little Miss Marion Wright.

The remains of Mrs. Flora Todd of 3230 Emmet street, were shipped from Norfolk, Neb., August 10th, for interment in Forest Lawn cemetery August 11th. The Rev. W. T. Osborne officiated, and Banks and Wilks had charge of the funeral.

Dr. L. E. Britt, Dr. August Edwards, Dr. J. H. Hutton, Dr. Singleton and Dr. W. N. Peebles will motor to Kansas City to attend the National Association of Colored Physicians, Dentists and Surgeons.

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