

# Our Women and Children

Conducted by Lucille Skaggs Edwards.

## THE EVIL ALLIES

The three most powerful destroyers that materially assail the human family are Tobacco, Alcoholic Beverages, and Narcotic Drugs. The members of this fateful trio accomplish the ruination of more health, peace and happiness than any other known agents, and, unfortunately, the use of any one of them predisposes to the use of the others.

Tobacco is perhaps the most generally known addiction, and in the form of the Cigarette it has blighted more juvenile lives and turned into debased characters more promising intellects than any other recognized agent. The boy or young man who follows up the first puff from a Cigarette soon finds himself with a desire for subsequent smokes as keen as his desire for food.

Cigarette Smokers, almost without exception, practice inhalation, so that every ill effect is produced which Tobacco is capable of causing. Such indulgence stunts the mental, moral and physical growth in the young and induces the worst form of juvenile vice and indiscretions.

In due time the use of Cigarettes causes a feeling of depression which the Cigarette itself is unable to relieve. The necessity for relief is marked, and, in many cases, the addict commences at once to indulge in the milder forms of Alcoholic beverages.

The mildest stimulant to which he can turn is, possibly, Beer, containing from 4 to 6 per cent of Alcohol. This seems to satisfy him, but once the alcoholic taste is aroused, the chances are in favor of a later indulgence in Whiskey as well. The temptation may come through convivial friends or from the desire for a more stimulating draught to lash on the wearied nerves. In any event the drinking of Whiskey is the natural sequence to the drinking of Beer.

For a time he indulges in the popular fallacy that he is only a moderate drinker and will always remain as such.

To remain a moderate drinker is very truly a possibility, but evidence makes plain the assertion that the average drinker does not remain in this roseate state of alcoholism.

With a continuation of the habit, destructive physical and mental changes occur and the crisis is reached.—Anti Narcotic Magazine.

## "FATHER DOES IT"

Behold the one clear gauge of the boy's endeavor—what father does. Mothers' clubs may make motions divine in wisdom and in goodness; mothers' conventions may form all elements of virtue into laws; mothers' individuality in the home may talk, work, struggle to make their sons models by which to shape a new heaven and a new earth. But the boy's world is in the man who is his father, and the boy believes that, whatever may be right on Sundays or at prayer time, the things that are really good, that really count in life, are what father does. Moreover, it is what father does that defines the means with which the boy shall work, the sphere wherein his efforts shall be shaped. In a word, what father does is the beginning, as it is the end, of the boy's achievements. This is

not a menace, either, to the mother's higher aims or to the boy's best endeavor. It is simply one of the rather neglected facts of human experience.—Ex.

## AT CARRIZAL

("Captain Morey says his Negro troops faced death singing.")

By day the sky of Mexico  
Stares brazen, overhead;  
By night the light of alien stars  
Keeps watch above the dead.

How did they die in that far land,  
How did they face the grave—  
Those men whose fathers bore the  
brand  
That marked the southern slave?

Did they, like recreant cowards, weep,  
Or vainly seek to fly?  
Ah, no, upon that bloody field  
They showed how men should die!

Betrayed, outnumbered, still they  
fought  
To their heroic end,  
And smiled at death, and bravely sang  
As welcoming a friend.

The strange, wild music of their race  
With mellow, low refrain,  
From cabin home, from rich land  
swamps,  
In memory swells again.

But never such a song rang out  
As when they faced the foe,  
And, singing, charged from trench to  
trench,  
And gave him blow for blow.

And in the annals of our land,  
Long as our flag shall wave,  
That song will show that men are  
men,  
Though children of the slave.  
—Charles T. Dazey in the New York  
Times.

## BROTHER OF OMAHA MAN IN THE MOVIES

Los Angeles, Cal., July 15, 1916.  
Lincoln Motion Picture Co. is the name of the latest Negro Film producing enterprise. The owners, operators and actors are Colored. Their first release is entitled "The Realization of a Negro's Ambition." It is a two-act drama in which the leading part is taken by Noble N. Johnson.

Mr. Johnson is also the author and plays the leading part in "The Indian's Lament," a three-reel play produced by the Universal Film Co. Arrangements are being made to have "The Realization of a Negro's Ambition" shown in Omaha.

Mr. Johnson is the brother of Geo. P. Johnson, of this city. A few months ago he passed through this city en route to Philadelphia, to join his company, and while here met several of the prominent people of the city.

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## DAVENPORT ASSUMES

MANAGEMENT AT ALAMO  
Mr. W. F. Davenport wishes to announce to the public that he has taken charge of the Alamo Hall, Twenty-fourth and Grant streets and there will be a dancing school every Monday night. The best of order will be maintained. Only soft drinks will be served. Pinkard's Saxophone orchestra will furnish the music. Prof. E. Walker will be floor manager. Dancing until 1 o'clock a. m. Admission 25 cents.—Adv.

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