

How Mothers may Help their Daughters into Womanhood



Every mother possesses information of vital value to her young daughter. That daughter is a precious legacy, and the responsibility for her future is largely in the hands of the mother. The mysterious change that develops the thoughtless girl into the thoughtful woman should find the mother on the watch day and night. As she cares for the physical well-being of her daughter, so will the woman be, and her children also.

When the young girl's thoughts become sluggish, when she experiences headaches, dizziness, faintness, and exhibits an abnormal disposition to sleep, pains in the back and lower limbs, eyes dim, desire for solitude, and a dislike for the society of other girls, when she is a mystery to herself and friends, then the mother should go to her aid promptly. At such a time the greatest aid to nature is Lydia E. Pinkham's Vegetable Compound. It prepares the young system for the coming change, and is the surest reliance in this hour of trial.

The following letters from Miss Good are practical proof of Mrs. Pinkham's efficient advice to young women.

Miss Good asks Mrs. Pinkham for Help.

June 12th, 1899.
 "DEAR MRS. PINKHAM:—I have been very much bothered for some time with my monthly periods being irregular. I will tell you all about it, and put myself in your care, for I have heard so much of you. Each month menstruation would become less and less, until it entirely stopped for six months, and now it has stopped again. I have become very nervous and of a very bad color. I am a young girl and have always had to work very hard. I would be very much pleased if you would tell me what to do."—Miss Pearl Good, Cor. 29th Avenue and Yealar Way, Seattle, Wash.



February 10th, 1900.
 "DEAR MRS. PINKHAM:—I cannot praise Lydia E. Pinkham's Vegetable Compound enough. It is just simply wonderful the change your medicine has made in me. I feel like another person. My work is now a pleasure to me, while before using your medicine it was a burden. To-day I am a healthy and happy girl. I think if more women would use your Vegetable Compound there would be less suffering in the world. I cannot express the relief I have experienced by using Lydia E. Pinkham's Vegetable Compound."—Miss Pearl Good, Cor. 29th Avenue and Yealar Way, Seattle, Wash.

\$5000 REWARD
 Owing to the fact that some skeptical people have from time to time questioned the genuineness of the testimonial letters we are constantly publishing, we have deposited with the National City Bank, of Lynn, Mass., \$5,000, which will be paid to any person who can show that the above testimonial is not genuine, or was published before obtaining the writer's special permission.—LYDIA E. PINKHAM MEDICINE CO.

BRYAN ON IMPERIALISM

There is no place in our system of government for the deposit of arbitrary and irresponsible power.

Three-quarters of a century ago, when our nation was small, the struggles of Greece aroused our people, and Webster and Clay gave eloquent expression to the universal desire for Grecian independence. In 1896 all parties manifested a lively interest in the success of the Cubans, but now when a war is in progress in South Africa, which must result in the extension of the monarchical idea, or in the triumph of a republic, the advocates of imperialism in this country dare not say a word in behalf of the Boers.

Imperialism would be profitable to the army contractors; it would be profitable to the ship owners, who would carry live soldiers to the Philippines and bring dead soldiers back; it would be profitable to those who would seize upon the franchises, and it would be profitable to the officials whose salaries would be fixed here and paid over there; but to the farmer, to the laboring man and to the vast majority of those engaged in other occupations it would bring expenditure without return and risk without reward.

The democratic platform describes the situation when it says that the Filipinos cannot be citizens without endangering our civilization. Who will dispute it? And what is the alternative? If the Filipino is not to be a citizen, shall we make him a subject. On that question the democratic platform speaks with equal emphasis. It declares that the Filipino cannot be a subject without endangering our form of government. A republic can have no subjects. A subject is possible only in a government resting upon force.

It is not necessary to own people in order to trade with them. We carry on trade today with every part of the world, and our commerce has expanded more rapidly than the commerce of any European empire. We do not own Japan or China, but we trade with their people. We have not absorbed the republics of Central and South America, but we trade with them. It has not been necessary to have any political connection with Canada or the nations of Europe in order to trade with them. Trade cannot be permanently profitable unless it is voluntary.

In commemoration of the fact that France was our ally in securing independence the citizens of that nation joined with the citizens of the United States in placing in New York harbor an heroic statue representing liberty enlightening the world. What course shall our nation pursue? Send the statue of liberty back to France and borrow from England a statue of William the Conqueror? Or shall our nation so act as to enable the American people to join with the Filipinos in placing in the harbor of Manila a statue of liberty enlightening the orient?

What is our title to the Philippine islands? Do we hold them by treaty or by conquest? Did we buy them or did we take them? Did we purchase the people? If not, how did we secure title to them? Were they thrown in with the land. Will the republicans say that inanimate earth has value, but that when that earth is molded by the divine hand and stamped with the likeness of the Creator it becomes a fixture and passes with the soil? If governments derive their just powers from the consent of the governed, it is impossible to secure title to people, either by force or by purchase.

The growth of the principle of self-government, planted on American soil, has been the overshadowing political fact of the nineteenth century. It has made this nation conspicuous among the nations and given it a place in history such as no other nation has ever enjoyed. Nothing has been able to check the onward march of this idea. I am not willing that this nation shall cast aside the omnipotent weapon of truth to seize again the weapons of physical warfare. I would not exchange the glory of this republic for the glory of all the empires that have risen and fallen since time began.

Our nation has a mission, but it is to liberate those who are in bondage—not to place shackles upon those who are struggling to be free.

We rejoice in the marvellous victory won by Dewey in Manila bay; we would give to him a sacred place in history and crown his memory with blessings. To us he is a hero; to the Filipinos he can be a savior. Let him be known to posterity, not as the slayer of an alien race, but as the redeemer of an oppressed people—not as a Lord Clive, but as a La Fayette. The gratitude of a people is better than a jeweled sword.

There are degrees of proficiency in the art of self-government, but it is a reflection upon the Creator to say that he denied to any people the capacity for self-government. Once admit that some people are capable of self-government and that others are not and that the capable people have a right to seize upon and govern the incapable, and you make force—brute force—the only foundation of government and invite the reign of a despot. I am not willing to believe that an all-wise and an all-loving God created the Filipinos and then left them thousands of years helpless until the islands attracted the attention of European nations.

Some argue that American rule in the Philippine islands will result in the better education of the Filipinos. Be not deceived. If we expect to maintain a colonial policy, we shall not find it to our advantage to educate the people. The educated Filipinos are now in revolt against us, and the most ignorant ones have made the least resistance to our domination. If we are to govern them without their consent and give them no voice in determining the taxes which they must pay, we dare not educate them, lest they learn to read the Declaration of Independence and constitution of the United States and mock us for our inconsistency.

Let this nation stand erect and, spurning the bribes of wealth and power, show that there is a reality in the principles which we profess; let it show that there is a difference between a republic and a monarchy, and the oppressed in every land will see in our flag the hope of their own deliverance and, whether they are bleaching upon the battlefield or groaning beneath a tyrant's lash, will raise their eyes toward heaven and breathe a fervent prayer for the safety of our republic.

Rights never conflict; duties never clash. Can it be our duty to usurp political rights which belong to others? Can it be our duty to kill those who, following the example of our forefathers, love liberty well enough to fight for it?

The army worm which occasionally destroys a field of wheat is not nearly so dangerous an enemy to the farmer as a large standing army, which invades every field of industry and exacts toll from every crop.

A colonial policy means that we shall send to the Philippine islands a few traders, a few taskmasters and a few office-holders and an army large enough to support the authority of a small fraction of the people while they rule the natives.

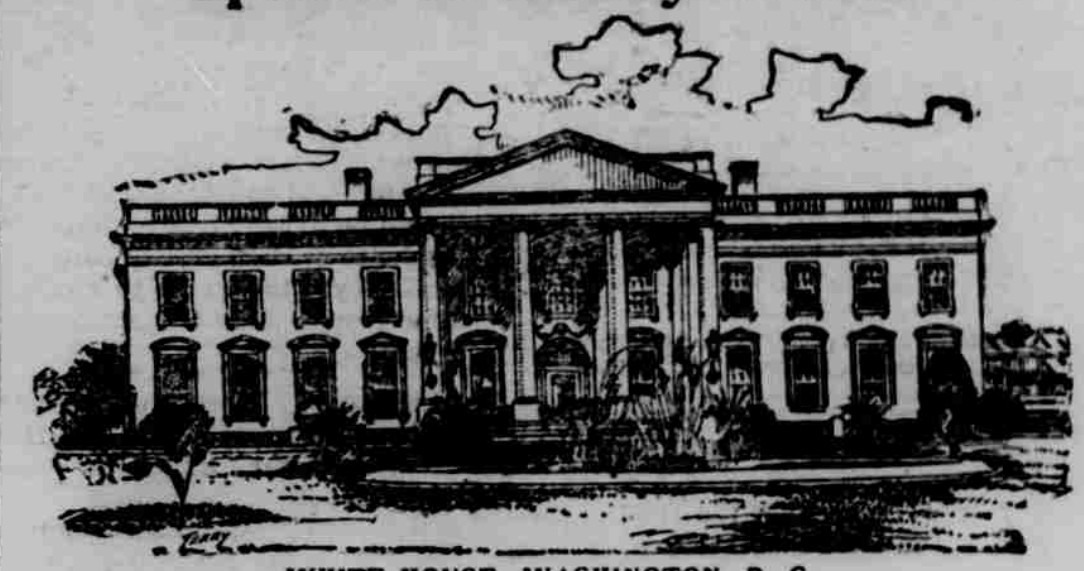
No, a thousand times better that we haul down the stars and stripes and substitute the flag of an independent republic than surrender the doctrines that give glory to "old glory." It was the flag of our fathers in the years that are gone; it is the flag of a reunited country today; let it be the flag of our nation in the years that are to come. Its stripes of red tell of the blood that was shed to purchase liberty; its stripes of white proclaim the pure and heaven-born purpose of a government which derives its just powers from the consent of the governed. The mission of that flag is to float—not over a conglomeration of commonwealths and colonies—but over "the land of the free and the home of the brave;" and to that mission it must remain forever true—forever true.

There is an easy, honest, honorable solution of the Philippine question. It is set forth in the democratic platform and it is submitted with confidence to the American people. This plan I unreservedly indorse. If elected, I will convene congress in extraordinary session as soon as inaugurated and recommend an immediate declaration of the nation's purpose, first, to establish a stable form of government in the Philippine islands, just as we are now establishing a stable form of government in Cuba; second, to give independence to the Cubans; third, to protect the Filipinos from outside interference while they work out their destiny, just as we have protected the republics of Central and South America, and are, by the Monroe doctrine, pledged to protect Cuba.

Brave Animal Dead.
 Clarence J. Berry's mastiff Julian, the most widely known dog in the far-away gold fields of Alaska, is dead. Exposure to the rigors of the northern climate put an end to the career of a dog which had traveled hundreds of miles over the pathless ice, and had hauled thousands of pounds of freight. Mr. Berry first put him to work on a sled in 1895, when the dog hauled provisions for the season over the Chilkoot pass.

Loathing Jackets.
 Pretty loathing jackets are made of soft silk, trimmed with lace. The latest idea is to line them with nun's veiling in a soft shade. There is a huge amount of comfort to be found in the Japanese loathing jacket. It is quilted as to the lining and on the wide revers and deep turned-back cuffs.

PRESIDENT TYLER'S DAUGHTER, A Venerable Lady of Noble Lineage Speaks a Timely Word.



WHITE HOUSE, WASHINGTON, D. C.

"One of the most aristocratic faces seen in Washington is that of Mrs. Sempie, daughter of President Tyler. She has passed her 80th year and yet retains an exceedingly youthful complexion. Personally she is charming, and impresses one as stepping out of the European courts," so says the National Magazine, under the heading "Social Sideglances at the Capital."

The following is a letter from this interesting lady, written from the Louise Home, Washington, D. C., to the Peruna Medicine Co., of Columbus, Ohio, concerning their great catarrh tonic, Peruna. Mrs. Sempie writes:

Gentlemen—"Your Peruna is a most valuable remedy. Many of my friends have used it with the most flattering results and I can commend it to all who need a strengthening tonic. It is indeed a remarkable medicine." Sincerely,
 Letitia Tyler Sempie.

Peruna is a specific to counteract the depressing effects of bad weather. A free book entitled "Summer Catarrh" sent by the Peruna Medicine Co., Columbus, Ohio.

If you have not tried Magnetic Starch try it now. You will then use no other.

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Mrs. Winslow's Soothing Syrup. For children teething, softens the gums, reduces inflammation, allays pain, cures wind colic. 25c a bottle.

The Princess of Monaco is said to be the first Hebrew to sit on a European throne.

\$24.00 PER WEEK
 To men with rigs to introduce our Poultry Compound among farmers. Address with stamp, Acme Mfg. Co., Kansas City, Mo.

Probably the only sovereign who has been up in a balloon is Queen Christina of Spain.

Magnetic Starch is the very best laundry starch in the world.

Professor Gotch says the electric fish of the Nile have a "battery" power equal to 200 volts.

FITS Permanently Cured. No fits or nervousness after first day's use of Dr. Kline's Great Nerve Restorer. Send for FREE \$3.00 trial bottle and treatise. Dr. R. H. Kline, Ltd., 231 Arch St., Philadelphia, Pa.

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All goods are alike to PUTNAM FADELESS DYES, as they color all fibers at one boiling.

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Might may not make right, but it seldom gets left.

Your clothes will not crack if you use Magnetic Starch.

The animal that first succumbs to extreme cold is the horse.

Try Magnetic Starch—it will last longer than any other.

Yes, Howard, in high words low language is generally used.

Piso's Cure is the best medicine ever used for all affections of the throat and lungs.—W. M. G. ENDELL, Vanuren, Ind., Feb. 10, 1900.

Only children play ball. Men make a business of it.

Dyspepsia is the bane of the human system. Protect yourself against its ravages by the use of Boeman's Peppin Gum.

Why should a clock be arrested for striking the hour?

Please Try Faultless Starch—once and you will never use any other. All grocers sell it—large package 10c.

A rural editor says the lay of the hen lays all over that of the poet.

Keep looking young and save your hair, its color and beauty with PARKER'S Hair Balsam. Hairdressing, the best cure for corns. 15c.

Mark Twain Coming Home.

Mark Twain, who will soon return to his home in Hartford, Conn., thus answers a friend who asked him if he did not enjoy traveling: "No, I don't. I do it for the sake of my family. If I had my way I'd settle down in one spot and never move. In fact, I can't understand how any writer can be persuaded to move of his own accord. Old Bunyan was in luck when they threw him into prison. If I had been in his place they'd never have got me out."

Be loving and you will never want for love.

People who have long faces are apt to have short understandings.

Salsbury's Talented Daughter.

Lady Gwendolen Cecil, the unmarried daughter who now presides over the household of Lord Salsbury, the British premier, is esteemed as one of the foremost of English mathematicians. A singularly gifted family are the Cecils. The marquis himself is a most accomplished electrician and chemist, and besides has worked for an income as subeditor. Lord Cecil, one of his sons, is counted among the best read political writers and workers in the islands.

Kaiser Honors a Chicago Man.

Dr. J. H. Breasted, professor of Egyptology in the University of Chicago, has been appointed by the emperor of Germany to superintend the publication of his new Egyptian dictionary. This lexicon will enable students of Egyptology to study the hieroglyphics in the museums throughout the world. This is an excellent compliment to an American scholar.

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Carter's Little Liver Pills.
 Must Bear Signature of
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 See Fac-Simile Wrapper Below.

Very small and so easy to take as sugar.
CARTER'S LITTLE LIVER PILLS.
 FOR HEADACHE, FOR DIZZINESS, FOR BILIOUSNESS, FOR TORPID LIVER, FOR CONSTIPATION, FOR SALLOW SKIN, FOR THE COMPLEXION.
 CURE SICK HEADACHE.

MONEY FOR SOLDIERS' HEIRS
 Heirs of Union Soldiers who made homesteads of less than 160 acres before June 22, 1874 (no matter if abandoned), if the additional homestead right was not sold or used, should address, with full particulars, HENRY N. COPP, Washington, D. C.
 Mention this paper to advertisers.

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 FOR THE ROUND TRIP.
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 Limit Oct. 31, 1900. Rate One Fare Plus \$2.00.

Tickets sold to Chicago or St. Louis will require execution by a Joint Agent and payment of 25 cents fee, but those to other points will be executed by the regular railroad agent without additional charge.

DATES:—Sept. 10 and 26.

Take this opportunity to visit the East and tell your friends of the good things
NEBRASKA

has to offer to the farmer, the merchant and the laborer. They will then become your neighbors and thus you will help build up our grand state.

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Magnetic Starch
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 No Boiling No Cooking

It Stiffens the Goods
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 Leave Omaha 5:05 p. m.; arrive St. Louis 7:00 a. m.

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