

# CONSTIPATION Can be Helped!

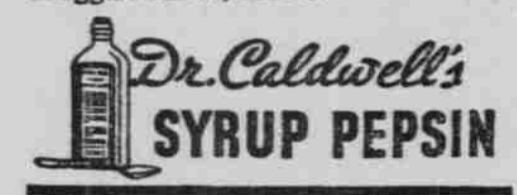
**(Use what Doctors do)**

Why do the bowels usually move regularly and thoroughly, long after a physician has given you treatment for constipation?

Because the doctor gives a liquid laxative that can always be taken in the right amount. You can gradually reduce the dose. Reduced dosage is the secret of real and safe relief from constipation.

Ask your doctor about this. Ask your druggist how popular liquid laxatives have become. The right liquid laxative gives the right kind of help, and the right amount of help. When the dose is repeated, instead of more each time, you take less. Until the bowels are moving regularly and thoroughly without any help at all.

The liquid laxative generally used is Dr. Caldwell's Syrup Pepsin. It contains senna and cascara, and these are natural laxatives that form no habit—even in children. Your druggist has it; ask for—



## BUYS 'UNDIES' FOR KING

London. — Queen Mary, whose "shopping spree" at the British industries fair resulted in replenishment of King George's supply of underclothing, was pleased to find American buyers at the fair. A woman buyer for an American string of chain stores was introduced to Britain's royal first lady. "I am very glad to see you over here at this fair," Queen Mary said.

Afterward the queen, with the duke of York, toured the textile division of the fair. A shirt display attracted her, and she immediately noticed one of black cloth. She turned to Lord Derby, it was reported, and said: "Something for Mosley, I see." (Sir Oswald Mosley heads the British fascist movement and his followers wear black shirts.)

The queen, who walked six miles Tuesday and bought among other things twenty-four handbags, spent two and one-half hours in steady shopping Wednesday. In addition to the several samples of "woolies" she ordered sent to Buckingham palace for King George's inspection—"I think the king will like them," she told the shopkeeper smilingly. Queen Mary purchased an India carpet of a new dull red with a blue koral design for the palace. She paid 100 guineas (about \$500) for it.

## PITTSBURGH SCHOOL PLAYED

Pittsburgh.—An investigating committee of the American Association of University Professors charges the University of Pittsburgh's administration is "inimical not only to the welfare of the university but to the public interest of western Pennsylvania."

The findings of the committee, pointing to "ruthless materialism" in the city of Pittsburgh, and "a symbolic relation" between wealth and the city's churches, was made public by Chancellor Bowman of the university.

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# Under-Water Gardening is a New Art

Arrangements of Plants in Glass Containers, Large or Small, Are Novel and Attractive.

A new development of the aquarium is becoming popular with many indoor gardeners. This is the water garden, and while it resembles an aquarium in that it is contained within walls of glass, it is primarily a miniature garden, with a carefully planned design, rather than a home for fish.

The water garden has one very obvious advantage; it never requires watering. The number of things which may be grown, it is true, is limited in comparison to the wide array of plants which may be grown in pots. But the object is not to grow a large collection of plants, rather it is to select a few fine plants, and with them create an attractive group or scene, just as the Japanese do in their flower arrangements.

Of course, if one has the "collector's instinct" there are a great many grown under and in water, with ordinary house conditions. But that requires more space, while a most attractive small "garden" may be grown in a glass container of small proportions.

There are water plants which produce a charming effect, either through foliage or through blossom. Many growers are specializing in water plants these days and the few needed for the average water garden can be had at a reasonable cost.

Experienced water gardeners use plants which produce a good effect beneath the water as well as above, hence they include submerged plants in addition to ordinary "aquatics" and floating ones; that is, plants which have little or no "foothold" in the soil. Care is taken not to fill the water garden so full that the result is only a tangled mass of vegetation. The planter follows the Japanese idea and selects growths which really delight, arranging them so as to make the most of their individual beauty.

## Plants for Under Water.

One of the best of the submerged plants is the well-known Cambomba with its thick, fuzzy foliage and its stems of red or green. This does best if planted in the sand, though even without this it will, after a while, anchor itself securely by its little roots. Another desirable under-water growth is Ludweigia, a form of Loose-strife, which bears broad leaves, green on the upper side and red beneath. The popular Myriophyllum (Parrot's-feather), with its thick green foliage, has no contrasting hues to accentuate the brilliant emerald of its leaves, but it has great luxuriance. Another attractive under-water plant is the Sortwort, also known by the descriptive names of Coontail and Mare's-tail (Ceratophyllum). It is of a feathery, graceful growth.

Of the floating plants, those with flowers first arouse interest. The Water Snowflake (Nymphaoides indicum), covered with tiny white blossoms, is one of the loveliest. It is shipped as a floating leaf and anchors itself in shallow water. The Water Fern (Ceratopteris thalictroides)—though not among the flowering plants—gives a pretty, lettuce-like growth when young, dividing into deeply lobed leaves when mature. The Azolla, another floating growth, has no blossom worthy of attention, but itself turns red when exposed to the sun. The Water Lettuce, which, by the way, enjoy shade, bears dainty rosettes of blue-green leaves.

Among the water plants that grow in a way similar to other plants with which we are familiar—that is to say, plants which grow up from the earth—there are also flowering varieties. The Waterpoppy (Hydrocleis nymphaoides), with its golden

# KNABE'S 13 ANNUAL Bred Hampshire Sow Sale

February 28th, 1935 at NEHAWKA, Neb.

Plenty of Good Buys in Lot!  
**HARRY M. KNABE**

yellow blossoms, a profuse bloomer, adds much to the beauty of the pool. The Floating Heart (Nymphaoides peltatum) is another very free-flowering plant covered with yellow flowers. Both do best in not over six inches of water. The southern "spatterdock" (a name given to several plants) is often applied to our wild yellow pond—or "cow"—lily, which, in its early stages, is often grown indoors. Peltrandra virginica, the Water-arnum sometimes sold under this name, also does better in shallow water. It has a calla-like blossom.

There are also various types of Sagittaria, of which a small form is excellent for the home flower garden. This plant is interesting in that the leaves below the surface of the water differ entirely from those above it, the former being strap and the latter arrow shaped. The blossoms are pink and yellow.

## A "Bog-and-Pool" Garden.

An interesting variation of the indoor water garden, and one which is quite possible in the case of a large container—such as is made to fit a window sill—is the bog-and-water garden. A container may be obtained or made like the original one—but it does not have to be water tight. This second container may be inverted over the other, thus forming a land-and-water terrarium, if we may confuse our terms. A miniature tank may be built up in a corner of the lower case, supported with stones like the bank of a creek; and on this tiny shore may be set out the fragrant pinky-white blossoms of the Bogbean, delicate sprays of Forget-me-not, and other plants that love moist soil.

The papyrus-like miniature growth of the dwarf Umbrella-palm may accent this grouping, while the Japanese Taro, with its blotched leaves, the white spikes of Water-plantain, or the yellow of the Limnorchis with its soft velvety foliage, are other plants which add interest to the marsh garden. Height will govern the selection here; nothing can be used which will project too high to be contained under the cover of the outer glass case. With practically no trouble one may have during the winter, if desired, a tiny combination of Summer woods and pool upon which to turn one's eyes when the snow comes drifting down from the gray sky and flakes fall thick enough to obliterate the life-size pool in the garden.

As to the mechanics of the indoor "pool," while any large aquarium will do, one may easily be built at small expense at home. Glass cases made to stand upon the window sill, filling the whole lower portion of the sash, are high in favor from the decorative point of view. They enable the plants to obtain a maximum of light during dark days.

Glass used for such a water garden is one-eighth of an inch thick, if the container is not to be over fourteen inches in height; otherwise the increased weight of the water will require glass five-sixteenths of an inch in thickness. Five pieces, of the proper dimensions, are required, two for ends, two for sides and one for the bottom. Eight metal cork-lined clamps, made for the purpose, hold the sheets of glass in position. The following directions for making such a case are given by a leading authority in this field:

Cut one-quarter of an inch from each corner of each pane of glass. Lay the bottom piece on a box so that all the corners will project free. Unscrew the metal clamp so that there is a quarter of an inch space between it and the inner, cork-lined piece, but leaving them still attached to each other. Place one clamp with the long side of its inner and outer pieces fitting respectively above the corner of the pane; leaving the other side projecting upward.

Now take an end pane and fit it into the loose clamp at either end of the horizontal pane, holding it perpendicularly. Keeping it in place side piece vertically along the bottom pane, abutting the end pane, which is placed flush with the end of the bottom pane at the end. Fit this glass into the lower corner clamps

# Midwest States Active in Treating Seed Grain

Campaign Is Bringing Excellent Results in All Sections of the Midwest.

Seed treating campaigns in the middle west are bringing results, particularly in localities where farmers already realize the value of seed treatment, according to reports to the U. S. Department of Agriculture. The department, through the Federal Seed Conservation committee, and in co-operation with the state extension services is using emergency funds to assist in the work.

Extension specialists in seven states—Kansas, Nebraska, the Dakotas, Minnesota, Montana and Iowa—are working with county agents, county committees and elevator men. Many elevators are treating seed at cost. They find it insures a better quality in the grain they buy from the farmer. The farmer is happier because he gets the full market price for his grain, with no discount for smuts or other diseases. The grain men in Minneapolis are among those who are giving excellent co-operation.

Extension men, state colleges of agriculture and county agents have information on the different types of treatment and plans for building both large and small scale treating machines. Farmers have their choice of three chemicals for treating seed—copper carbonate for wheat, formaldehyde for spring wheat, oats and barley or new improved Cersan for both spring and winter wheat, oats and barley. Improved Ceresan, which is a new dust disinfectant, has several advantages over the other treatments. These different seed treatments are described in a new leaflet, U. S. Department of Agriculture Miscellaneous Publication 219 entitled, "Treat Seed Grain."

Dr. R. J. Haskell, extension plant pathologist of the department, points out that the danger of spreading smuts and other plant diseases which travel on the grain has never been greater. Whether the seed is from federal or commercial supplies, treatment is recommended either at the point of delivery to the farmer or on the farm. Seed treatment has been a standard practice in many communities for years, but is recommended this year for all oats, spring wheat, barley and grain sorghum seed. Supplies are short. If seed is treated, the rate of seeding may be somewhat lighter.

at the bottom. Then, holding the upright pieces in place by their abutting upper corners, tighten the clamps at their base, which will then hold in place the two uprights and the horizontal pane.

Now fit the fifth clamp over the top abutting corner of the upright panes, with the short side pointing downward, and tighten this, leaving the horizontal face of the clamp free. Fit in the other side in the same way, and then fit in the opposite end which is overlapped by the bottom upright side pieces and fitted into loose clamps at both ends. Tighten these clamps and fit others to the remaining top corners. The whole is then complete. A coat of transparent waterproof cement, applied carefully to all the seams, is advisable.

In filling the pool, the bottom is first covered with rich loam, an inch or two in depth, according to the depth of the case. Such plants as require their roots in soil are then put in place, and the surface of the loam is then covered with sand, to keep the water clean. The case is filled with water very carefully and soil and sand.

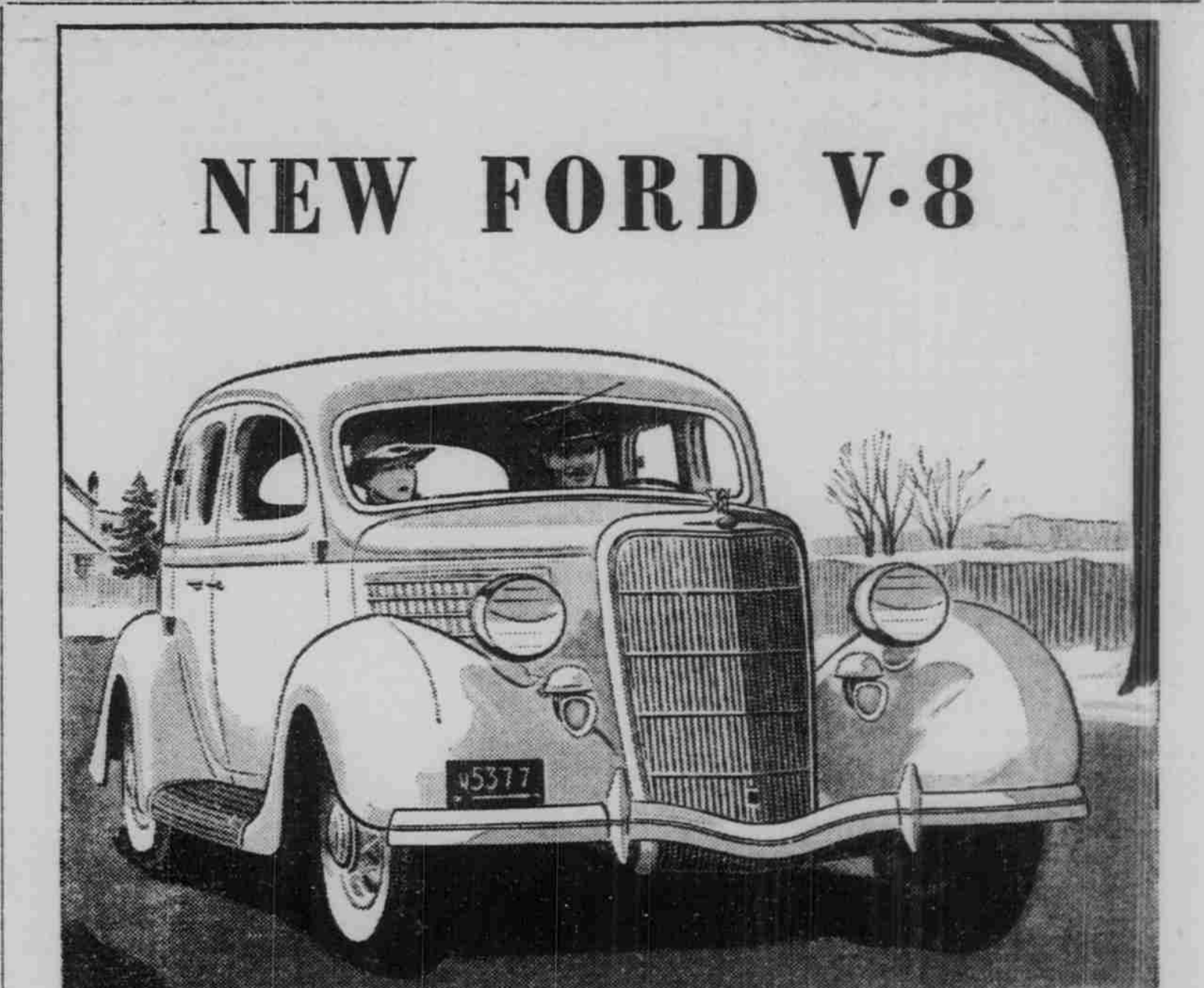
## NAVY ASKS MORE AVIATORS

Washington.—A bigger flying personnel for the navy and a more mobile, compact fighting air force for the army was the objective of moves by the two military units of government.

A naval spokesman asked congress for more navy aviators to keep pace of the navy expansion program while the war department posted formal orders for establishment of the general headquarters air force.

Rear Admiral Earnest J. King, chief of the bureau of aeronautics, advised the house naval committee of plans for nearly 500 more airplanes by 1937, voiced concern over a "serious shortage" of aviators and endorsed a bill, by Representative Delaney (d. N. Y.) that would provide for aviation cadets in the naval reserve. He said President Roosevelt wanted the bill.

General Douglas MacArthur, chief of staff, sent to all army unit commanders orders putting into official existence on March 1 the recently planned GHQ air force.



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# Wabash News

W. T. Richards was called to near South Bend on last Tuesday, where he was looking after some business matters.

John Woods was a visitor in Nebraska City on last Monday, where he was called to look after some business matters for a short time.

Fred Seidles of Lincoln was a visitor in Wabash on last Tuesday afternoon looking after some business matters and meeting with his friends here.

Henry Crozier, of Weeping Water, was a visitor in Wabash last Tuesday afternoon and was looking after some business matters and meeting with his friends.

P. H. Clarke was butchering and caring for his meat on last Tuesday, rendering a portion into lard and also making a quantity of sausage, which he tried down for the summer.

Frank Marshall, who has been sick with the flu and has been kept to his home as a result, is reported as being much better and was able to bring the scholars to school on last Tuesday.

Mr. and Mrs. David Patterson, residing northeast of Weeping Water, were in Wabash last Tuesday afternoon, doing some shopping and also visiting with friends here. They formerly made their home near here and have many friends and relatives in this vicinity.

Both Henry H. Gerbeling and Ralph Dorr have been kept to their homes with an aggravated attack of flu, and while they were very bad with it, they are reported at this time as getting along very nicely.

Mr. and Mrs. W. L. Copple, of west of Alvo were here last Monday to see their father, H. P. Hinds, and while here they met Mrs. Ray Norris, another daughter of Mr. Hinds who was also his guest for a short time, all enjoying a splendid visit together.

## Vivid Memories of Blizzard

While the Journal man was in Wabash this week and conversed with John Woods, the contractor and owner of the Wabash garage, the matter of early days was brought up and Mr. Woods, being in a reminiscent mood, told of his experience in the great blizzard of 1888 that has gone down

## in history as Nebraska's worst storm.

The blizzard took place during the afternoon and night of January 12th of that year, with a raging wind driving the rapidly falling snow into huge drifts, causing great damage and taking a heavy toll of human life as well as countless stock over the state. John was 13 years of age and lived with his parents on the farm about where Wabash now stands. In company with other youths of the neighborhood he was at school, the school which they attended being located a mile east and three quarters of a mile north of the present townsite. The teacher was C. C. Hadsell, of Weeping Water, a former partner in the printing business of Harry Race, also of Weeping Water.

As the storm broke, the teacher allowed some of the older and larger students to go to their homes, most of them residing in the direction the wind was blowing. They all reached home safely, telling that the teacher and six of the pupils were to remain at the school building until the storm subsided.

They had plenty of fuel with which to keep warm, but nothing to eat. There was a pall of drinking water in the building, however, with which to appease their thirst.

During the night the students, who were John Woods, Ed Wilson, Mae and Emma Gordon, Albert Obernulte and Lance Van Every put in their time drawing pictures. They would get a good roaring fire, then open the stove door and allow the light to shine on the blackboard, while with chalk they drew grotesque figures on the blackboard, accentuating the same by dipping the chalk into a bottle of red ink which they found.

About 11 o'clock the following day, the parents of two of the children, M. V. Woods and Charles Van Every, arrived at the schoolhouse with a team and sled, bringing a bucket of sandwiches and a pot of coffee, and John says if ever anyone enjoyed a feast, those six children did, for they were not only hungry, but sleepy as well.

## New Kidneys

If you could trade your neglected, tired and aching kidneys for new ones, you would undoubtedly get rid of Night Blinding, Nervousness, Headaches, Rheumatism, Burning, Itching and other distressing kidney ailments. And try the guaranteed Doctor's special prescription called CISTEX (Blue-ink). Want fit you up in 3 days or money back. At all druggists.

## TWO SENATORS BEAR MARKS

Washington.—Senator Dilbo (d. Mississippi) appeared in the senate with a "shiner" in his right eye and Senator Long (d. Louisiana) displayed a bandaged finger on his left hand, but they explained to curious inquirers there was no connection between the two. Bilbo said he was in an automobile accident, while Long explained his finger was bandaged because of a "touch of athlete's foot."

The diminutive Mississippi senator said his car was struck by a taxicab and knocked onto the sidewalk. When it was all over, he said, he found his hat and spectacles on the back seat, but he was unhurt except for a gash on the face and a perfect "black eye."

Plattsmouth stores offer shopping advantages the equal of any to be found. Why not give your home town merchant first opportunity of serving you?

# Dispersion Sale!

CLOSING OUT OF THE **Hermanson Dairy** at Louisville, Nebr.

Location on State Highway between Louisville and the Platte river, on—  
**Saturday, March 2**  
Beginning at 1:00 P. M.

**23—Head of Choice—23 MILK COWS**

Most of them reds and roans; a few Jersey and Holstein cows in the lot.

## ALSO SELLING

1931 Chevrolet truck, ½ ton, good condition; DeLaval cream separator; hay chopper with motor; bottle washer with motor; Kelvinator refrigerator; pump jack with electric motor; heating stove; cook stove; wheelbarrows; tools; posts and other articles.

Terms: Cash! No property to be removed until settled for with Clerk.

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R. F. Patterson - - Clerk

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