# The Bee's Home Magazine Page

## If You're an Idler Don't Worry the Busy

By ADA PATTERSON.

you are idle, pray spare the busy. mazazine recently published a theme, "Why women break down." expressed the

viction: "It is inconsiderateof their nds that break men down. She right in eight es out of ten of vous breakdown ong women.

the good sense organize well life, would not ak down despite handicap of a cately poised ous organism she allowed

ollow her original program. But sh not so permitted. There is a conacy among the idlers who know he prevent the smooth flowing of the rent of her days. ie begins the day well, for she has

her full quota of sleep. She has to the open window or the flat roof ser dwelling and has swept her lungs of stale air and filled them with by deep breathing. She has had cold shower plunge to strengthen her res. She has, discarding all the fads no breakfast or a light breakfast, on a substantial first meal, to fortify self for the day's draught upon her She has planned her day's du As becomes one who has planned her day and who has found her

cular work in the world, she opens

deals with a smile hat happens? The first letter on top the pile that awafts her is an im inence. It asks for information which writer could have secured for herby a little effort. Lazily she has laid burden of the investigation upon ders already carrying their capacity veight. She has asked this busy an to do something which she, an has plenty of time but no inclinato do. Sometimes the busy woman daters the snub the impertinence ves by ignoring the letter. Rudebegets rudeness. More often, be woman is of a nature easily im upon, she accepts this added weight he sum of the day's work.

the heap of letters she finds other westers. Long letters that could told their story in a short one, for Letters that wandered miles the subject. And letters that ald never have been written, selfish ers venting the writer's need of exsion and making the innecent busy nan read. Often she only giances ough long personal tales and distribes

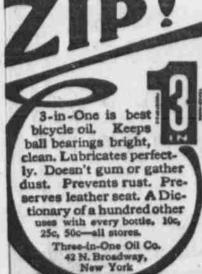
wonder that the woman sighe and places some of these epistolary iminences in a letter rack and leaves there indefinitely, as they deserve. i-n-g! The telephone. Chief sinner ing time wasters and nerve destroyers in persons of wandering wits and coronding tongues hold the receiver at other end of the wire. She listens. answers politely though in monosyles. If the person who is robbing her her moments had not the skin of a hyderm he would feel the frown that destroying the smoothness of her But he talks on and others ramgly succeed him.

hen come callers. Some of them from osity. Others to kill time. Beauty oyers, these callers, for after she disposed of them her lips tighten in raight line. There is a deep vertical ow between her brows. And the voir of her precious vitality has been emptied.

me by messenger, by telegram, by e mail and by importunate telegrams, tations to dine or to go to the theater are from idle people who don't care reat deal for the busy woman, but want her to amuse them. The worlddemand of the idle folk from childto senility, upon the busy ones, to tish them amusement. The busy folk close to the beating heart of the ld. Things happen in their neighbord. The idle folk want to hear the of these happenings from one who near. Hence the invitations. The woman, if she has clear vision, ws this and she declines to be the rtainer in return for food. She rees to give much for little or nothing. generally declines the invitations, but disc must answer them. Another purloint of her time. Another leak in the for

rvoir of her vitality. ten the friend who calls and stays long, although the clock faces her, the inding her that she is stealing a cious fraction of the time of the busy nan, who is now the painfully tired man, has consecrated to rest. And friend who is so insistent upon "a after the play" that to refuse to apany her or him would be an afnt. Social highwayman these, stealing rs instead of dollars.

pray you, waste your own time if you they women or men.



SUFFRAGISTS PROVE AS ARDENT BASE BALL FANS AS THEY ARE DEVOTEES OF EQUAL RIGHTS CAUSE—A few of the prominent society suffragists who witnessed the interesting combat between the Giants and the Cubs at the Polo grounds, New York. From left to right-Mrs. James Lees Laidlaw, Mrs. John Jacob Astor, Mrs. Norman deR. Whitehouse, and Mrs. John T. Brush, widow of the late owner of New York National League club. The cause shared in a percentage of the receipts, and despite the threatening weather 9,000 women who are interested in the fight for suffrage were treated to a most exciting diamond battle, the Cubs winning out by the score of 1 to 0. The suffragists offered \$5 to every player scoring a run, but only Frank Schulte, the veteran of the Chicago team, made a dent in the suffragist bankroll to the extent of \$5.



Read It Here-See It at the Movies.

INTRODUCING EARLE WILLIAMS as Tommy Barolay ANITA STEWART

Written by Gouverneur Morris (One of the Most Notable Pig-ures in American Literature) Dramatized Into a Photo-Play by CHARLES W. GODDARD. Author of "The Perils of Pauline" "The Exploits of Hisine"

(Copyright, 1915, by Star Company.)

SYNOPSIS OF PREVIOUS CHAPTER. After the tragic death of John Amesbury, his prostrated wife, one of America's greatest beauties, dies. At her death Prof. Stilliter, an agent of the interesta, kidnaps the beautiful 3-year-old baby girl and brings her up in a paradise where she sees no man, but thinks she is taught by angels, who instruct her for her mission to reform the world. At the age of 18 she is suddenly thrust into the world, where agents of the interests are ready to find her. By an accident the hero sees her first and hides with her in the Adirondacks.

Mr. Barclay did not expect too much of Tommy, and soon saw what little he did expect he was not likely to get. But he was very fond of him and tried to make the best of him. Tommy spent all his leisure time playing pole or tennis or washing off on hunting trips, and some fourteen or fifteen years after this story opens he became very much interested in Miss Mary Blackstone.

He hadn't forgotten the little Amesbury girl. He never would forget her,

SECOND INSTALLMENT.

She was in the schoolroom. The map which the teacher had drawn in red chalk doesn't? had grown so big that you could no with coal-black rims. Before the thing comic opera. really looked like anybody that he had But Mary Blackstone did not live in ever seen Tommy knew that in the very heaven, did not wear a halo, did not next crumb of time it was going to look string a holden harp or sit around and trost him around the corner with a 5-cent exactly like Prof. Stilliter.

off or perish. He struck at them with near Southampton, L. I. It had gardens all his might, and his hand passed full of gigantic boxwood, and it had so

frightened small boy ever succeeded in had a hundred rooms in it; other people

screaming. of Tommy, but in some ways Tommy most craming and intimate terms with proved an awful disappointment to him. Adopted into and brought up to be an aristocrat of wealth, he had no interest a wock-end, which he spent many and many in money except to spend it. I don't mean that he was especially wasteful or es- the Blackstone family as Tommy's room. pecially extravagant, but only that he took no interest in how the money had tennis and swam in the surf as well as a in athletic clothes or when as she exing than in any of his patronis financial pressed it, she was dressed to look like affairs. He went to boarding school and a real lady. Every phase of her appearance charmed him. Unfortunately, these hockey team and the base ball team. He same phases and everything else about affairs. to work. He was much more interested knew whether she was more attractive

took prizes in everything that he engaged in, except studies. It was the same with him at college. He spent half of his time winning trophies for his college and the other half making friends for himself. When he graduated Mr. Barclay tried to teach him banking, railroading and a few other trifles all at once. Mr. Barciay had not patience with the idea that it is best to begin at the bottom and work up. He believed in beginning at the top. Tommy did his very best to make good. He attended long-drawn out directors' meetings and he racked his brains to understand what they were all about. He travelled all over the country to inspect this property and that, and once he almost got into touch with finance; at least he found amusement in one aspect of it. In short, he was sworn in as a special deputy in a time of coal trouble and helped to put down a strike.

Mr. Barclay did not expect too much fourteen or fifteen years after this story

but what is the use of a little girl who stance. lives in heaven to a young man who

Tommy often dreamed about her still. less and less like a map, and more and educated by the most scientific and

look as if butter wouldn't melt in her place. He knew that he must knock its glasses mouth. She lived in a lew white house through them, as if they had been made many fluted columns to hold up its veranda roofs that Tommy, with his Then he waked up, and, with as loud a distaste for figures, was never able to cream as any healthy-minded and badly count them. Some people said the house Mr. Barclay couldn't help being fond ald not affect Tommy. He was on the said that there were 200. These, however, her father, and there was one southwest room in which he spent many and many

Mary Blackstone rode horses, played been gathered or how it could be made strong and coraseous buy. Tommy never

her charmed a good many other men. If she liked Tommy better than anyopens he became very much interested body else she was in no nurry to say so. She didn't want to cut herself off from all the other young men, whom she liked bury girl. He never would forget her, almost as well, Cariton Fitch, for in-

Cariton Fitch was Mr. Barclay's a star." nephew, and in some ways was a great favorite of his uncle's. He took so much longer see the other maps at all, and it As he grew older she grew older, and interest in his uncle's banks, ruilroads, was blood red and smoking. It looked the heaven in which she lived and was mines, etc., that you might have thought the spheres, and the days are radiant. that he expected to own them some day more like a face. It had borns and philosophical of all the saints and angels, He was not only a nominal director of a pointed ears, but these melted off, and became more and more acphisticated and great many corporations, but a very real it began to develop two enormous eyes less and less like the palace scene in a director in the affairs of half a dozen of the more important. He never neglected work for play. Some people admired him tremendsusly; others said they wouldn't

Outwardly, he and Tommy were ways friendly and polite to each other. even after they had become open rivals for Mary Blackstone's approval, but nnwardly, each had a certain contempt for the other, and, in addition to this, Carlton Fitch, was jealous of Tommy, for he had expected to inherit almost the whole Mr. Barclay's money, and since Tommy's adoption it looked as if he was going to inherit very little of it indeed. He would be rich, anyway, but he was very greedy for power.

(To Be Coninued Tomorrow.)

Willing to Compromise. He came home late and she launched a string of accusations that took fifteen minutes to pess a given point

MR. ELBERT HUBBARD, prior to his departure for Europe on the Lusitania, prepared a series of articles for The Bee to be used in his absence. These articles will appear from day to day, added interest no doubt attaching to them owing to Mr. Hubbard's tragic death.

# The Fine Art of Loving

By ELBERT HUBBARD.

The world has always been run on short allowance of love. Passion has been plentiful, but love carce-"the love that suffereth long and is kind."

However. own America has more love in it today than it ever had before. To love and be loved means the

highest form of happiness that mortals know. Not to love or be loved means mis-

vell loved live long and well. These are the people who accomplish results in the world of art, music, literature, acting oratory, business.

"Love" and "life" are synonymous terms. To love means allying yourself to the

forces of the universe-moving with the eternal tides-"hitching your wagon to To love one is to love all. For loving

one we are in harmony with all. Then do our footfalls tinkle with the music of To be loving and lovable one has to have certain qualities-physical, mental and moral. And our moral and metal qualities,

psychologists now tell us, turn largely on our physical condition. Those rare moments when we are in tune with the Infinite are only possible

when the body does its perfect work. "The sick man is a rascal," said old Dr. Johnson. And the world now knows it is true. To be well is not only a privilege but a duty. The days of the flagellants are gone. The chief cause of illness among Amer-

icans is overeating. In India it may be famine, but here, as a people, we cat to repletion, and our energies are taxed getting rid of the waste. Most of our maladies are caused by

malnutrition. Relief is sought in medication and the "dope habit" is upon us. Sluggishness

follows stimulation, as does night the day. There shuffles in a desire for a pick-me-up, and the man becomes a "flend." All of his energies are being consumed

in running his boiler: there is no power left for the pulleys. Bad breath, watery eyes, pain in the side, dancing spots on the vision, flatulence, dissiness, headache, all means food poisoning.

What is called "heart disease" is usually a form of indigestion. Many people est four meals a day-breakfast, luncheon, dinner and supper after the theater. Such folks are bound to suffer, and much of the time are, con-

equently, unloving and unlovable. When you are aware you have a stomach you are given to introspection, and introspection means misery. And misery

in contagious. Also, I might add, that happiness is not only contagious but infectious. Joy runs over and inundates every thing. It bubbles, effervesces, overflows its banks and makes the waste places green. We keep joy by giving it away. A thought is not our own until we im part it to another. And in order to have sweet and joyous thoughts you must have a body that can mirror your

loyous mood. If we were sailors, living twelve hours or more a day in the open air, we could stuff our holds with a mixed cargo and yet thrive. But living much indoors, with vexed mental problems to solve, we need the fertile mind and the insight that sees things in their true light.

To this end we must get rid of farmhand habit of overeating. We want less food-and better food. We would be gallant, generous gentlenen, and intelligent, gracious ladies, all.

The sick, the grouchy have got to go. We would possess our souls in patience, We would know the fine art of listening. We would sit in the stience with our friend without embarrassment and pack each pause with feeling. For only then are we lovable. To be lovable we must have certain

mental and moral qualities. By mental qualities is meant the traits of character that make you able to put yourself in place of the other person. This means deference for the rights of

others, consideration, sympathy, slowness to blame and quickness to command. Mental qualities are those that we use in making decisions. Mentality means memory, knowledge, insight, ability to face problems and solve them rightly, to throw the searchlight of imagination into

People who are harried, worried, in doubt, are dangerous in a business way, unsafe and unreliable. They blame all their ills on others and

the future and thus possess the prophetic

have a faculty of making a whole household miserable. And, of course, they are unlovable.

Such people have a coated tongue, cracked lips, blotchy complexions, dull syes, yellow teeth.

Cut down your food quantity, increase your breathing and note how your love capacity keeps pace, and patience possesses your soul

### White Lies

By IRENE WESTON.

Perhaps the proverb that the "end justifies the means" is the only thing that can be said in favor of "white lies." Personally I do not consider that anything can really justify a lie, white or otherwise. Certainly there may arise occasions when it is extremely difficult to avoid speaking the truth, and perhaps This state of affairs should never arise. and it would not if everyone had a nice sense of honor. The dangerous habit of spying is found in all ranks of life from the highest to the lowest, and it is this habit which has led to the necessity of using a "white Re-

Once, years ago, I took a girl of 16 to task for telling an untruth to an older woman who had been questioning her about some relation.

"You know your answer should have been quite the opposite." owned, but how could I tell her the truth?" She only asked out of pure nastiness and curiosity. I fike the A-, they are friends and I have no intention of taking part in a family quarrel. Why should I tell anyone about them?"

It is this point 1 want to illustrate. No person whether in authority or not has a right to ask anyone else questions from which she cannot expect anything less than "white lies" in reply to her

At first the "white lies" may be spoken with a sense of shame, a fear that the subterfuge may be found out. We hardly like to meet the person again for a few days. But one untruth, even the mildest of "white lies" will need another to justify it, and the first "white lie" demands another to support it, and while the first was uttered with fear and misgiving, the others that follow become easier to utter, until at last there is no difficulty at

all in using a "white lie."

Among my old friends there are women who in theory would never descend to a lie, but who have become so addicted to the telling of "white lies" that they use them at all times and seasons. Once I had been invited to take tea with a friend. She lived at some distance from my home, a long two miles lay between our houses. I reached her house at 4:30 to find it empty and my friend apparently out, Knowing her fancy for long country walks I made my way into the garden and walted for half an hour, and then returned home feeling rather cross at having had my walk for nothing. The next day she came and reproached me for having disappointed her. She had been resting and had not heard my knock. Why hadn't I opened the door and walked in? I might have believed her, but unfortunately I had tried the door and found it looked. I had met a mutual friend, who had informed me that she and my absent friend had been out on the river all day, and that the latter had only remembered her invitation only an hour after the time she should have been at home to receive me. Now I am wondering why she had were old friends and there was no neces-sity for her to have hidden the fact that should not have felt half the annoyance I did when I heard her utter a deliberate

### In-Shoots

It is a wise politician who can make his constituents forget the campaign prom-

The trouble with most of the advice is that it has generally been offered at the wrong time.

A man can insist that wealth is a burden and yet break his back holding on

One charitable act will occasionily cause a man to pat himself on the back for many months,

Many a smart kid who has ruled his mother has found it a different proposition to govern a wife.

# LOSING HOPE **WOMAN VERY ILL**

Finally Restored To Health By Lydia E. Pinkham's Vegetable Compound.



Vegetable Compound. My back acheduntil I thought it would break, I had pains all over me, nervous feelings and periodic troubles. I was very weak and run down and was losing hope of ever being well and

strong. After tak-ing Lydia E. Pink-ham's Vegetable Compound I improved rapidly and today am a well wom cannot tell you how happy I feel and I cannot say too much for your Compound. Would not be without it in the house if it cost three times the amount."-Mrs. CHAS. CHAPMAN, R. F. D. No. 7. Belle-

wue, Ohio. Woman's Precious Gift.

The one which she should most zealously guard, is her health, but it is the one most often neglected, until some aliment peculiar to her sex has fastened itself upon her. When so affected such women may rely upon Lydia E. Pinkham's Vegetable Compound, a remedy that has been wonderfully successful in restoring health to suffering

If you have the slightest doubt that Lydia E. Pinkham's Vegetable Compound will help you, write to Lydia E. Pinkham Medicine Co. (confidential) Lynn, Mass., for advice. Your letter will be opened, read and answered by a woman, and held in strict confidence.