

The Bee's Home Magazine Page

Should Wives Always Confide in Their Husbands?

By A YOUNG WIFE.

"If I marry, my husband won't be bothered about domestic worries, nor will he hear about household affairs that have gone wrong."

Sometimes a girl makes a remark like that. Well, she isn't going to be very happy in married life, that is all I can say, for I am quite certain that if things go wrong in the home, it is a wife's duty to tell her husband.

I know that some women have the idea firmly fixed in their heads that men hate to hear about domestic worries. Stuff and nonsense. To hear about domestic worries annoys no real man; he rather appreciates being taken into full confidence and, if he is a shrewd individual at all, he may even be able to suggest a remedy if things are not going so smoothly as wife would like.

It is perfectly true that some couples before marriage agree that the men shall attend strictly to his own side and the wife to hers, and that they shall in no way interfere with each other—in a word, each agrees to act independently in his and her own particular field. Believe me, that is a very bad arrangement, and it is not at all conducive toward peace and happiness existing in the home. I think that where real affection exists there will be complete candor and frankness, and not one item will be withheld on either side.

Obviously, a husband has every right to know what is taking place in the household; it is a wife's duty, to keep him posted upon all matters, except, of course, in the case of a man who very plainly indicates that he will not tolerate being primed up on the latest happenings in the home during his absence at business.

Very few husbands are like that; most husbands are delighted if wives take them into the fullest confidence and relate all their grievances, worries and vexations. And what is more calculated to lighten burdens than confiding all about them to one you love and who loves you in return?

Surely it must lighten a wife's burden to hear the sympathetic words of a husband; and may it not wonderfully aid her if she sees that he is willing to lend assistance in the solving of domestic problems which have worried her dreadfully? Moreover, what is a wife to do when in domestic troubles if she does not go to her husband and tell him all about it? Must she brood over the matter alone and perhaps end by making herself perfectly wretched and miserable, or go to an outsider and be laughed at all over the neighborhood?

A husband and wife agree to share troubles as well as joys, so it is but right that, if any matter connected with the home is tormenting a woman—and it is a common occurrence—she should go to the one who has promised to share all with her—her husband.

When big things annoy a woman she always goes straight to her husband, but it is not the big things which worry the life out of one most; it is the little, nagging things which seem almost too trivial to mention, and those are the very things a woman should go to her husband about.

I certainly can counsel all young women who may be thinking of getting married to resolve that, granted they get husbands, these husbands will be told all—mark the word "all." Nothing should be kept back concerning domestic affairs which have gone wrong. And, of course, this bit of advice extends to everything. Nothing should be hidden from a husband if peace and happiness are desired. Moreover, two heads are better than one, and any day a husband may be able to show his wife that she was a little silly to be bothered about such and such a thing and may point the way out of her difficulty in a moment.

Yes, it is right that a husband should be told all about domestic trouble. What would a wife say if a husband hid business troubles from her, and disaster happened as a result maybe? She would declare that he ought to have confided in her.

Well, there is no saying how any domestic trouble might turn out in the end, so it is best to be on the safe side. Let the husband be told and he will not have any reason for grumbling and fretting later on about being kept in the dark when he might have solved the problem, for, really, men are not the stupid creatures women believe them to be. It is astonishing the grasp some men have of domestic affairs.

Luncheon and Calling Frocks

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When Cheruit wishes a long coat, she makes a very long model, extending almost to the bottom of the full little skirt which it covers. From the new beige colored whipline she has developed an unusually good-looking garment, the front and back panel laid in unstitched inch-wide plaits. The belt, marking the low waistline, is of sable—the fur belts being a fancy with this couturiere—and harmonizes with the close-fitting collar and cuffs.

This blue and magenta colored checked velvet frock has the characteristic Cheruit features in the straight, long waist and skirt hung in a sloping line from the front to the back. The deep flat yoke, slightly curved over the bust, is another new note. Though not new, the quaint little lace collar and lace cuffs, also the bow of dark blue grosgrain ribbon in the back are typical of Cheruit's creations.

Youth's Place in Evolution

By Living Youth Too Soon Into Manhood We May Be Going Against the Current That Has Given Man His Superiority in the Animal Kingdom

By GARRETT P. SERVISS.

The babies have had their turn this last summer in New York, and a very good turn it has been. It is to be hoped that thousands of them will now live who might have died but for the special attention that has been concentrated upon their needs.

The next turn ought to belong to the old people. They have had a good many things to discourage them lately. There is, for instance, the doctrine which has been ascribed to Dr. Osler though inaccurately, that it would appear since he protests it isn't his that a man is not of much use after 40 or 50 years of age, becoming an obstruction that ought to be got out of the way, somehow.

Whoever may be responsible for this opinion, it certainly has its advocates. We are loudly and brusquely told that this is the "age of young men." Old men are too slow for Twentieth Century ideas, and too conservative. They ought to step aside and make room for youthful blood and brawn. Just where they are to step to is a neglected detail that doesn't concern the impatient champions of the right of the cadets. Some savage tribes hold the same doctrine are more practical and thorough, as well as more prompt. They frankly put the old people to death. Modern civilization has more than winked at putting children to death, in many different, and often hypocritical, ways, but so far it has hesitated to lay violent hands on the aged. In that respect the latter still have an advantage.

Yet it cannot be denied that at the present time men and women who are nearing the natural term of life and still have to earn their living, feel their anxieties increasing, because of the growing pressure from the eager, youthful throng that is striving to take their places. And one of the causes of this increase of pressure upon those who are advancing in life is the tendency of our educational system to shorten the period of youth by cutting down the preparatory stage

and hastening on the assumption of the labors and responsibilities of manhood.

Now, it is a very interesting question whether, in these things, we are not going counter to the current of evolution that has carried man so far above the condition of his brute ancestors of ancient geological time.

In abbreviating the youthful period we are striking at the most distinctive feature of human, as contrasted with lower animal, development. In the vertebrate kingdom the higher the order of life the longer the period of childhood and youth. Charles Darwin thanked John Fiske for having explained clearly a most important element of human evolution which he (Darwin) had not sufficiently emphasized, viz: the effect of the prolonged adolescence that characterizes the development of the human being.

Procreancy is not a mark of racial superiority, but rather the contrary. The smart little monkey is brighter than the human infant, probably exceeds it, for the time being, in practical intelligence, but it is old and wise too quick. It never gets above the level that its ancestors struck ages ago.

In a few days, or at the most weeks, after emerging from its shell the young bird has learned all that its parents know. If we go lower down in the animal scale we find creatures that have no childhood or youth at all. In such cases there can be no progress. Animals that spring into existence virtually in the adult state have no room for development. The more the youthful stage is prolonged the greater the possibilities of advancement.

Should we gain anything by making human life intense and shorter? That is perhaps a fair subject for argument. If we crowd out the old from active life, and continually lower the limit of age, can we invent a practicable method of giving a satisfactory existence to those whom society has commanded to stand aside? Can anybody see, at present, a social and industrial system under which everybody can accumulate enough at 40, or at the most 50 years, to be independent for the rest of his or her days?

We all get old, and we all want to get old, since nobody wishes to die young. That being the case, we are all interested in seeing that age gets its rights as well as youth.



Madame Ise'bell

Says "Exercise Every Day to Correct Effects of Fashion and Walk—Keep the Body Straight While Sleeping"



There are so many habits that tend to make the body lose its elasticity that there is little wonder that towards middle age or before we find the shoulders drooping and the waist line growing bigger and higher. The figure seems to become settled, and to need to be stretched out to give it anything approaching the light-slim lines of youth.

The new fashion of standing and walking will be ruinous to figures if it is not corrected daily by some form of physical exercise. My attention has been called to a series of physical exercises the great advantage of which, the originator claims, is that they can be done while lying in bed.

Physical exercises should not be made too easy. They are for the purpose of exercising at first a certain amount of effort and even discomfort. Later on they become a physical pleasure, and when this step is reached the subject should know that she has gone a great step towards securing the muscular strength of the body.

Certain stretching exercises are well done in bed, before going to sleep and on awakening. The following for example: Hold the arms above the head, if possible grasping the top of the bed post; stretch the right leg as far as possible, then the left, relaxing the right, and continue, first right and then left, moving the hip muscles as you work.

While it is true that the muscles should be relaxed for restful sleep, it is unnecessary that the shoulders should be completely dropped and the knees drawn chinward, as is the common custom. This attitude during sleep encourages the stooping and drooping in at the waist line that threatens so many figures. It is simply a matter of habit. It is quite easy to accustom yourself to sleeping with the shoulders held back and limbs extended and this position will have a most corrective effect on the figure.

Madame Ise'bell

Cupid's Great Problem

By MADGE ARTHUR.

Engagements—should they be long or short?—is a mooted question whose answer depends upon many conditions.

What constitutes the wisdom of waiting in the case of a pair of lovers who have formed a boy and girl attachment and become engaged before their united ages reach 40 would be sheer folly and a waste of precious time in the case of a man and woman who have each reached two-score years or more, and who have fully considered the question and made up their minds that they will be happy as man and wife.

Such a couple are far more likely to be certain concerning their choice than a couple of younger lovers who, with the impetuosity of youth, have rushed into an engagement and are anxious to let nothing interfere with their marrying in hot haste.

Such a couple, too, often live to find, to their everlasting regret, that there is more than a grain of truth in the old saying about repenting at leisure.

In a case like this, an engagement of a couple of years, or even more, will be a most valuable safeguard. In the first place the pair are young enough to afford to wait; in the second, a long engagement may prove a most valuable preparation for marriage, inasmuch as the test of time may only help to show them that they are ideally suited to one another. A long engagement may also help to enable young people to cultivate tastes in common, which in their turn promote that companionship of pursuits that is such an essential factor in establishing happiness after marriage.

On the other hand, many an engagement of long standing has practically demonstrated that two natures attracted to one another at first sight are in no way suited to one another.

Unable to bear the fret and worry of a long engagement, it is hardly likely that they will get on any better in double harness. Unfortunate and uncomfortable as a broken engagement undoubtedly is, nobody will deny that it is better to have an opportunity to discover the disagreeable truth that the couples are unsuited to each other before marriage rather than afterward.

Although there are always exceptions to every case, it will be generally admitted that as a rule long engagements are a mistake, not only so far as the young couple themselves are concerned, but as regards the families of both parties, who are at the best of times nerve-wearing, tedious affairs.

Love's young dream that drags itself year after year, with no prospect of marriage for a long time to come, is apt to sink to prosaic levels and lose much of the charm and romance that should surround the days of courtship; while marriage itself, when it does come, under

such circumstances loses a great deal of its ideal bliss by reason of a too familiar and prolonged intercourse resulting from a lengthy engagement.

Far, far better marry in the ardor of first love than let your romance grow stale and spoiled in the early days of matrimony by reason of a dragged out engagement for prosaic romance is a bad thing to start wedded life on.

Some one once said that "to be ideal an engagement should be just long enough to enable the couple to study and understand each other's characters, but not so long that they grow away from each other in taste and feelings."

This is all very well in cases where prospects are good, and where the couple know something about one another before hand. In many cases when a couple of comparative strangers meet and become engaged the test of a long engagement is not only wise, but almost imperative, as the risks of matrimony are increased tenfold, for not only temperament, but environment plays no small part in contributing to matrimonial bliss.

Also, trying and nerve-wearing as it may be for Edwin and Angeline not to be allowed to start housekeeping on nothing more substantial than bread and cheese and kisses, but to be kept waiting by the mundane considerations of providing themselves with enough to live upon, a long engagement is infinitely better than a too hard struggle for existence in the early days of matrimony.

For, whatever the novelists and sentimentalists may say to the contrary in this everyday world of ours, which is ruled by money, it is very hard work for love not to yield to the temptation of slipping out of the window when poverty comes in at the door.

Advice to Lovelorn

By BEATRICE FAIRFAX

Very Wrong.

Dear Miss Fairfax: I am a young girl of 20 and have been receiving much attention from a gentleman of nearly 60. He is quite wealthy and has asked me several times to become his wife. I do not love him, but he has offered me a good home, together with all the luxuries of life. Please advise me and tell me whether I am wrong in marrying a man who is so much older than myself and whom I do not love.

Doubtful.

You will make a grave blunder if you marry this man. A good home and luxuries are not substitutes for love. And some day you are sure to meet a man for whom you can care. Would it not be horrible if this happened when you were the wife of a man almost old enough to be your grandfather? You will wreck two and possibly three lives if you persist in making this cold-blooded and calculating match for marriage it will not be.

Go, by All Means.

Dear Miss Fairfax: Is it proper for a young man to spend the winter at the home of a young lady upon the invitation of her mother? The young man lives at some distance from the girl's home and is able to visit her only at long intervals.

Puzzled.

It is perfectly proper to avail yourself of an invitation that comes from a girl's mother. She is showing her daughter's friend a kindly courtesy.

Don't Let Pride Keep You Silent.

Dear Miss Fairfax: About two months ago I met a young man whom I grew to care very much, and his affection likewise seemed centered on me. Somehow, through a complicated matter, he got a bad impression of me and ceased to call on me. It pains me bitterly to know that his opinion of me is some way high. I should not like to approach him in regard to the matter, and still I am very

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anxious to make up with him. Will you please advise me how I am to convince him of the truth and at the same time keep my dignity? PERPLEXED.

Write him a note telling him that you value his friendship and your own pride too much to allow him to remain under a false impression of you. Explain the matter that has given him cause to think as he did. And rest content in the knowledge that you owed it to your dignity to set yourself right in the eyes of any friend who has come to think badly of you.

CONSTANT READER.

Don't Hesitate.

Dear Miss Fairfax: Please let me know if it would be proper for me to attend a wedding with my brother-in-law alone, as my sister cannot attend? My parents and sister urge me to go without her (my sister), as circumstances won't let her go.

Certainly you may go, since both your parents and your sister approve.

Cold Gone! Head Clear and Nose Open—It's Fine

Take "Pape's Cold Compound" every two hours until you have taken three doses, then all gripe misery goes and your cold will be broken. It promptly opens your clogged-up nostrils and the air passages of the head; stops nasty discharge or nose running; relieves the headache, dullness, feverishness, sore throat, sneezing, soreness and stiffness. Don't stay stuffed-up! Quit blowing and sniffing. Ease your throbbing head—nothing else in the world gives such prompt relief as "Pape's Cold Compound," which costs only 25 cents at any drug store. It acts without assistance, tastes nice, and causes no inconvenience. Accept no substitutes. Advertisement.

Turn Hair Dark With Sage Tea

Grandma kept her locks dark, glossy and thick with a simple mixture of Sage Tea and Sulphur.

The old-time mixture of Sage Tea and Sulphur for darkening gray, streaked and faded hair is grandma's treatment, and folks are again using it to keep their hair a good, even color, which is quite possible, as we are living in an age when youthful appearance is of the greatest advantage.

Nowadays, though, we don't have the troublesome task of gathering the sage and the mussy mixing at home. All drug stores sell the ready-to-use product called "Wych's Sage and Sulphur Compound" for about 50 cents a bottle. It is very popular because nobody can discover it has been applied. Simply moisten your comb or a soft brush with it and draw this through your hair, taking one small strand at a time; by morning the gray hair disappears, but what delights the ladies with Wych's Sage and Sulphur is that, besides beautifully darkening the hair after a few applications, it also produces that soft, healthy appearance of abundance which is so attractive; besides, prevents dandruff, itching scalp and falling hair.—Advertisement.

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