

# Woman's Work -:- Fashions -:- Health Hints -:- Household Topics

## "Freezing Weather" : Copyright, 1916, Intern'l. News Service. : By Nell Brinkley



"Clear and cold," grumbled Danny, the small, disgruntled god, peering at the thermometer with a cold eye. "Clear and cold, remarkably frosty, in fact, and growing more bitter at every beat of the heart in my breast. Icy-cold gather on my strawberry-hued nose; they overhang my cold cheeks and jab my baby skin at every numb bite. My eye grows fishy; my lashes gather a crackling rime;

my body turns slowly a delicate orchid hue; my ears tingle as with a thousand colored stars. The stars crackle with the bursting cold, and the lake of the sky freezes fast around them. B-I-I-I! Oo Gee! For my lovers have starred! They don't drink their hot coffee and eat the grateful roll, but I do mine, and while I feast I hope for milder weather.—NELL BRINKLEY.

## How to Make and Keep Friends: Royal Scent for Everyone's Uses

By EMILIE FAGUET.  
I now want to say something about the art of friendship, how to practice friendship and how to guard against the loss of it; for there is an art in friendship which one must learn. A person must cultivate his feelings and his ability to understand and learn.  
Nietzsche says: "One must learn to love, must learn to be good from early youth. If our education and fate do not give us opportunities to exercise these feelings, our soul dries up and even grows blind to all the tender inventions of loving people."  
The first art is to know how to choose one's friends. First of all they must resemble us somewhat, but, among all those who resemble us we must, as Nietzsche says, select only those who work. The idle man is a friend only of your idleness, and is jealous of your work; he can never be a true friend.  
One must be on guard not only against the false friend, but also against the superficial friends, the apparent friends, against those who are good only because of their ignorance. Many people show us a certain kind of sympathy, and speak of us in kind terms only because they do not know us, and to make ourselves known to them would mean not to gain their affection, but to lose their sympathy.  
"We often meet with a sympathy we do not understand," Nietzsche says, "but when we learn to understand it, it offends us because it shows we have not been taken seriously."  
You must seek the one who resembles you, who knows you, and who loves you a little, even if he knows, then if he comes to know you better it is possible that he may love you more.  
Although friendship is, in principle, a fight from solitude, you must be on your guard against him who seeks you only to escape solitude. Nietzsche expresses it in a paradoxical manner, which, however, is not without justice.  
"My friend is always the third person. I am always two, I always converse with myself, and my friend is the third person who always interrupts, not our solitude, but our conversation. He is the cork float which prevents the lead of our conversation with ourselves from losing itself in the depths, from rolling into the abyss. The third must always be hostile when he comes. Come at least as my enemy, says the tired hermit.  
But the third must not come simply because he desires to escape solitude. One goes to his neighbor because he seeks himself, which may be good, the other because he wants to forget himself. Learn to know one from the other.  
When the choice of a friend has been made, as far as such a choice is possible, you must be careful as to how you approach him. Bias is reported to have said: "Love as you expect to hate some day." This is rather harsh, and it aroused the anger of Cicero, but it is just and proper, at least during the beginning of a friendship. Flaubert never understood the sage of Port Royal, who said "monieur" to one another until the end of their lives. It was approved of them very heartily and cited his friendship with Berthelot, which was nearly wholly intellectual, and never grew familiar, as the model friendship. Defiance is a form, nay, even a part of respect, as even Cicero admits when he says: "They feel towards each other not only deference and friendship, but respect (veneration), and he who gives up the respect (veneration) deprives friendship of his chief ornament."  
Eliminate from Bias' sentence its satire and it means only this: One must act towards one's friend, at least for a long time, as if one expected to meet him some day as a least but firm adversary. You must respect in him the independence which may some time turn against you.  
Nietzsche is of the same opinion when he says: "You should have nothing to do with people who do not respect your individuality."  
When the friendship has grown as strong as it can possibly be between two persons, one must let it take its natural course, and follow its own inclinations. On this point the difference between friendship and love is so great

### In-Shoots

Few pugilists can stand the knockout blows given by the gentle sporting editors.  
Where the household is ruled by love and kindness it is difficult to tell who is boss.  
Some people would never be good if they were not persuaded that religion is a fire-escape.  
It is all right for a man to resign from a \$10,000 job. But if he is getting \$2 a day he had better stick.

### The Coming Baby! Hooray! Hooray!

Nothing else can so completely endear us to the present and the future as the expected arrival of a baby. But in the meantime the mother is of vast importance. There is a splendid external remedy known as "Mother's Friend" which exerts a wonderful influence upon the expanding muscles. They become more pliant, stretch without undue pain, make the period one of pleasant anticipation instead of apprehension. In a series of splendid letters from all over the country mothers tell of the great help "Mother's Friend" was to them. Even grandmothers tell the wonderful story to their own daughters about to enter the state of motherhood. Get a bottle of "Mother's Friend" today of your nearest druggist. Use this splendid help with your own hand guided by your own mind. For a free book of interest and importance to all mothers write to Bradfield Regulator Co., 469 Lamar Bldg., Atlanta, Ga. It relates the personal experiences of many happy mothers, it tells many things that all women should be familiar with; it is at once a guide and an inspiration. Write for this book.

## Readjusting the Home After the Baby Comes

It is the first baby that causes the greatest amount of anxiety. Every mother of a partly grown family will admit that she expended more time and worry and effort over baby number one than over any of the others, and she will confess to more household confusion, unsatisfactory meals and complicated family situations during her first baby's infancy than have marked her management either before or after.  
There were a good many things that might have been told me when I was expecting my first little one, but somehow nobody ever thought of telling them. Nobody suggested that the first thing I would have to do after the departure of my nurse would be to systematize my household activities from marketing down to bedmaking.  
My appeal to the young mother is, "Learn to save yourself." Her strength is needed, not only for baby's proper nourishment, but for the adjustment of the home to the new conditions, for giving some time and attention to the baby's father who perhaps has been pushed into the background. Consequently after advising the porch or balcony or some form of partial outing that does not involve tramping the streets, I would suggest that the mother begin early to train her baby to sleep by herself out-of-doors, both winter and summer, and to play contentedly when he is awake. She will find this the first big step toward her own emancipation.  
Baby's requirements come at regular intervals all day and apparently upset all system in the household. But just try sitting down with pencil and paper to write out a working schedule for the waking hours, and you will be astonished to find how easily you can arrange the daily tasks, provided you are reasonably willing to shift work to unaccustomed hours of the day. From time to time baby's schedule changes, and you must change with it. Feedings are further apart, and he takes one nap in the afternoon instead of two during the day. Possibly you have always done the sweeping and dirty work in the morning; of course one would much prefer it so, but if you can rest while baby sleeps and then get up refreshed, to put the living room in order after lunch, isn't that better than whirling through task after task till every muscle is

## Advice to Lovelorn By Beatrice Fairfax

Lack of Consideration.  
Dear Miss Fairfax: I have been going about with a girl in my home town for a couple of years. I love her more than anyone in the world and I know she loves me. Last summer another chap took a few walks with her and when he went home she corresponded with him. When I arrived home she showed me the letters she had received from this young man. I objected and she tore his letters and pictures up and wrote again, requesting him not to write again.  
Then she wrote me and told him what became of his pictures. Instead of getting angry my sweetheart told me that although she still loved me she had lost all confidence in me. I am heart broken. Can you tell me how to regain her confidence? "DICK."  
Of course you know that your action

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