Good Things for the Table---Offerings of the Market---Household Hints

Fresh Vegetables Daily Growing More Plentiful

weather pow," says the vegetable men, a box." 'we would have all kinds of vegetables "Iceberg" head lettuce from California right from our own gardens."

question are just as pientiful, but they lettuce from the south. ome from the southland and the Pa- Californja rhubarb is still holding the

Asparagus is here now from Nevada warm weather to bring out the local and also from California and the tips crop. are specially large and succulent. Oregon. This is "snowball" cauliflower, grown watercress is also plentiful. the heads surprisingly large and solid.

They all make the long trip from Flor- Texas and radishes and parsnips from ds to the Omaha markets.

Strawberries you have observed grow- and supply. ing very plentiful and they're cheap. Fruit is becoming scarcer every day too. But not as cheap as they're going as the old season wanes and the new to be. 'The market will break in these approaches. Grapefruit, oranges and The crop down in Louisiana and Misthe prices are advancing. There are starippi is immense and they are going still some good ones on the market. to flood the markets. They'll be selling Pears are all gone.

With three or four days of warm even cheaper than the present 15 cents

is here, so named because of its big and As it is, however, the vegetables in solid size. There is also plenty of head

Lettuce and encumbers from local hot-Cauliflower is on the market from houses are of good quality now. Home Green peas and wax and string beans Tomatoes are getting a better color from Florida continue to be a favorite. their cheeks as the season advances. New beets, carrots and turnips from

the warm southland are in good demand four days," said the vegetable men. tangerines are going down in supply and

Meatless Menu

Orange Roll.

Corn Chowder.

Stuffed Sweet Peppers.

Scalloped Potatoes.

Beet Saind.

Chocolate Pudding.

Beet Saind,
Chocolate Pudding,
III.
Potato Puree,
Italian Macaroni,
ach.
Bolied Onions.

Celery, Brown Betty.

satisfying as well as dainty.

crisped in oven.

well browned.

Once a week serve a meatless menu.

VEGETABLE CONSOMME.

have one. Melt a heaping tablespoon-

SCALLOPED TOMATOES.

Cook these at the same time you bake

the potatoes. Canned or fresh tomatoes

may be used. Put a layer of bread

ing dish, then a layer of tomatoes, ther

a sprinkling of chopped onion, salt, pepper and bits of butter. Repeat until dish

is full; finished with a thick layer of

ORANGE ROLL.

Make a rich dough as for biscuits, only use more shortening. Roll out thin

sprinkle with sugar, then cover with

seeded orange quarters, sprinkle again

with sugar, roll up, twist the ends so

they will not open, and bake brown. Eat

with liquid sauce flavored with orange

as Team Runs Away

Joseph Sodmka, a teamster, living

Thirteenth and Y streets, South Side, was seriously and perhaps fatally in-

jured when his team ran away at Sixteenth and Berry streets shortly after

noon and threw Sodmka violently to

the ground. Sodmka suffered a broken

right leg and internal injuries, which,

TWO DIVORCE DECREES ARE

GRANTED IN DISTRICT COURT

Divorce decrees granted in district

ourt are: Lydia E. Oliver from Elmer J.

Customers

t is feared, will prove fatal.

Opal from Frank Martin.

Alamito

Please

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Early Delivery

Service has begun.

Keep the price of

Always leave the

When necessary

drivers will call.

back if you will

Douglas 409

Alamito

The "Milk-White" Dairy

Best granulated sugar is advancing every day, buy now before it goes higher. Mayune best coffee, a lbs. for \$1.00; our special coffee, 3 lb. for \$1.00; 30c s lb. Santos kind coffee, 4 lbs. for \$1.00. We also carry a fancy line of new crop teas. 50c, 60c, 79c, 80c per lb. Cocaa, 30c per lb. Baking Powder, 25c and 50c. Spices. Extracts. Toilet Sosps, Etc. Sugar sold with \$1 order of other goods.

telephone

17 Pounds for

bottles and tickets

helping the drivers.

milk down by

Teamster Injured

Fish and Lenten Dishes

FISH FLAKE SALAD. Three tablespoonfuls citye oil; two tablespoonfuls vinegar, one teaspoonful grated onion; one-half teaspoonful pap-riks; two cupfuls canned fish flakes; lettuce; pickled beet.

Mix olive oil, vinegar, onion and paprika and pour over canned fish flakes. Mix together and let stand an hour or more in a cool place. Turn upon a bed of crisp, well cleaned lettuce leaves just before serving. Garnish with figures cut from slices of pickled beet.

BOILED HALIBUT.

Wash the fish and tie in a piece of cheesecloth. Put into a kettle and cover f salt and a teaspoonful of vinegar or mon fuice. When it begins to boil, skim arefully and then let it simmer till done. our pounds of fish will require about alf an hour to boil. The fish is cooked nen the flesh leaves the bone. Drain, emove the cloth and serve with hollandgiso sauce.

HOLLANDAISE SAUCE.

Ons-half cupful butter, two egg yolks; he tablespoonful lemon luice; one-fourth espoonful salt; dash of cayenne; one-alf cupful boiling water. Cream the butter and add the yolks, ie at a time. Beat well and add lemon nice and seasoning. Add bolling water and stir rapidly until it begins to thicken. cook the sauce in a double boiler until hickened.

FISH FLAKES ON TOAST.

Two tablespoonfuls butter; two table-spoonfuls flour; one-fourth teaspoonful pepper; one cupful milk; two cupfuls canned fish flakes; buttered toast; yolk of one nard boiled egs. Melt butter and cook flour and pepper in it; add milk and stir until boiling. Add anned fish flakes and let stand to be-

yery hot. Turn on slices of but crumbs in the bottom of a buttered baktoast, Grate the egg yolk over the

FISH FLAKE SQUFFLE. Two tablespoonfuls butter, two tablespoonfuls flour, one-fourth teaspoonful pepper; one and one-half cupfuls milk, one teaspoonful scraped onion; one table-poonful finely chopped paraley, two cup-fuls canned fish flakes; three eggs.

Melt butter and cook flour and pepper in it. Add milk, stir and cook until boiling. Add onion, parsley and canned fish flakes, picked into bits with a silver fork. Bent eng yolks and mix thoroughly with ish. Then fold in the egg whites, beaten dry. Turn into a buttered baking dish and bake in a very moderate oven until firm in the center, Serve at once, Cream or tomato sauce may be served with the

BAKED HADDOCK WITH OYSTER STUFFING.

One 4-pound haddock, salt, one tea-poonful lemon juice, one pint systems, ne cupful buttered cracker crambs, one

Remove skin, head and tail from fish. Bone and saparate into two fillets. Sprinkle with sait and brush over with emon juice. Lay one fillet on a greased lish sheet in a dripping pan. Cover thickly with oysters, which have been cleaned and rolled in buttered seasoned cracker crumbs. Cover with the other fillet, sprinkle with slightly beaten egg, cover with buttered cracker crumbs and bake in a moderate oven about fifty minutes. Serve with hollandaise sauce.

FISH FLAKES, MEXICAN STYLE. One and one-half cupfuls canned toma-tices, one-half green pepper cut in shreds, one slice of onion, one-half teaspoonful sait, one tablespoonful butter, two cup-fuls fish flakes, boiled rice.

Let tomatoes, pepper, onlon and sait

simmer fifteen minutes. Pross through sieve and add butter and fish flakes. Heat thoroughly. Serve with boiled rice. -Josephine Bessems in Mothers Maga-

Mrs. R. S. Lee says that this is a

Southern Way of Baking Fish

southern way to bake fish that will be found very nice for Lenten menus: Clean the fish well. Then make the letter "S" on the sides. Rub with salt outside and inside, and then with pepper. Cook in a stewpan with butter and chopped onion. Then place the fish in the pan. Remove to the oven and bake about twenty minutes, placing lumps of butter over the fish, basting frequently. When the fish is done, lift it out carefully. Add a cup of oyster water to the gravy if you have it, or simply water, if not; the juice of one lemon, two tablespoonfuls of chopped mushrooms, one of minced paraler, some alispine, cloves, garlic, cayenne pepper and sait. Mix all over the stove and if the gravy is inclined to stick, add butter. Pour over the fish and garnish with whole mushrooms and alices of iemon. Serve with dried toast cut in three-cornered pieces.

Spring Fashion Tips

Hats soar higher than ever. in girls' suits the short coats lend. eils are wern with hats of all shapes Flats have both high and low crowns. Platted sleeves are the latest wrinkle. Capes are coming more and more into

it taken but a minute of time to save it taken but a minute of time to save MOYUNE TEA CO.,

By Frederick Lewis, Author of :: Pictures by "What Happened to Mary" :: Essanay

The Strange Mary Page

SYNOPSIS.

Mary Page, actress, is accused of the murder of David Pollock and is defended by her lover Philip Langdon, Pollock was intoxicated. At Mary's trial she admits she had the revolver. Her maid testifies that Mary threatened Pollock with it previously, and Mary's leading man implicates Langdon. How Mary disappeared from the scene of the crime is a mystery. Brandon tells of a strang hand print he saw on Mary's shoulder. Further evidence shows that horror of drink produces temporary insaulty in Mary. The defense is "repressed psychosis." Witnesses describe Mary's fight from her intoxicated father and her father's suicide, Nurse Walton describes the kidnaping of Mary by Pollock and Amy Barton tells of Mary's struggles to become an actress and Pollock's pursuit of her. There is evidence that Daniels, Mary's manager, threatened Pollock, Mary faints on the stand and again goes insane when a polloceman offers her whisky. Daniels testifies that Pollock threatened to kill Mary and Langdon and actually attempted to kill the latter. local market pending the arrival of

(Continued from Yesterday.) CHAPTER XI.

"It was. But she looked some different Vegetable Consomme,
Stuffed Cabbage.
Swedish Potatoes. Scalloped Tomatoes.
Lettuce Salad.
Orange Roll. then. She was all dolled up in an even- her-she was sure of that. Someone else ing gown, and hadn't even a cloak. I wondered what was up and tried to make her talk, but she seemed to be looney. 1 thought it was the d. t.'s at first, but when I found out she was plain batty. I got scared and called the guard. But he only cussed me out, so I got hold of her hands and tried to make her stop crying in that queer fashion. After a bit she began to talk. It was incoherent at first, about Dave, the big house, and she wasn't Sadie or Maggle. Then she seemed to come to herself and asked who was and where she was." "D'd she remain sane and conscious

back of space forbids more than three after that?" suggestions for such a meal, but your "Not at first. She'd ramble, then she cook book will enable you to plan many talked sanely. Finally she quieted down, Such dinners are good for the and when I said that I was sure to get with cold water. Add one tablespoonful health, good for the pocketbook and lend off first thing in the morning, she asked variety. Remember, though, that those me if I would take a note to her lawyer. who are used to meat will imagine an And I said I would." aching void if the last course be not

"Did you ask her her name? She smiled a little, half whimsically, half bitterly. "It ain't etiquette Cut a medium sized carrot, a small to ask names under the circumstances, turnip and an onion in small dice, put but I said as it was the first time, the through the vegetable chopper if you best thing to do was to say nothing till she had a lawyer to do the talking for ful of butter, drippings or two spoon- her."

"Whom was the note she gave you adfuls of olive oil in the skillet and in this saute the vegetables until of a light dressed to? brown, then add four cupfuls of water, The question seemed to surprise her. cover skillet and let simmer for an 'Why, you know-" she stammered, then hour, adding boiling water as the first laughed. "Gee, I forgot, I'm teilin' the cooks away, for there should be a quart court. The note was addressed to Mr. when done. At the end of the hour add Philip Langdon and I took it straight to two tablespoonfuls of chopped cold him. Then him and me beat it back to boiled asparagus tips, two of cooked the police station and he had a conference with the magistrate. Then he shook peas, two of celery and cook until the

celery is tender, salt and pepper to taste my hand and thanked me like a gentleand serve with buttered bread squares man-and-that's all." "One moment, Miss Keenan. You say Ella Henry, also a Cherokee. They were that Miss Page would become sane, and married in Pryor, Okl., in 1893

then would lapse into delirium again Did she mention any particular incident or ask you any strange questions?

Yes Once she said. He acts form for a man who has just put on a success ful play.' Then suddenly she sat up and grabbed me and cried, 'Was it blood orvas it just a red necktie-I saw,it-' An said. You saw it where" And she said sane as she could be. 'It was the other man outside-I couldn't see his face-just the red- Then she began to ery and went off again into delirium, or what ever you call it. Next time she opened her eyes she asked if I knew whether Dave Pollock was dead or if she had dreamed it, and I said so far as I knew Dave was about the livest thing I'd ever bumped up against in this old town. Ther she sighed like a kid and went to sleep but when she woke up she seemed t know he was dead."

"Did she make any other mention the man with the red tie? 'No. When I saked her, she said i

was a biur, but it would come back to would have seen It, too.

That is all-" began Langdon, and broke off in astonishment. There was a commotion in the back of the room and a man stood up, raising one hand as it about to speak. His face was ashy, his law dropped. Then as suddenly as he had arisen he dropped back out of sight into his chair. It was Daniels

(To Be Continued Tuesday.)

Mrs. Manchester May Not Make Woodmen Circle a Plaintiff

Mrs. Emma B. Manchester, supren guardian of the Woodmen circle, may not make the organization party plaintiff in her suit for restraining order against the executive council, District Judge Leslie declared yesterday afternoon ruling on the demurrer of Miss Dora Alexander, one of thirteen defendants. Mrs. Manchester sued to restrain the executive council from holding in force a resolution curtailing her of power and authority which she has exercised as supreme guardian for the last seventeer

The hearing on the application for restraining order will come up May 1. **FULL-BLOOD INDIAN**

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PURE LEAF LARD, 10 lbs.	980
Fresh Dressed Chickens 12½c Steer Pot Roast 11½c 10½c Pig Pork Roast 12½c 13½c Pig Pork Butts 13¾c 1½c Young Veal Roast 11½c 14½c Young Veal Chops 14½c 14½c	Mutton Chops 14½ Sirloin Steak 16½ Spare Ribs 10½ Skinned Hams 17½ Small Hams 10½ Extra Lean Breakfast Bacon 18½ Sugar Cured Bacon 16½
From 8 to 9 p. m.—Lamb Chops	IALS

PUBLIC MARKET 1610 Harney St. Phone Douglas 2793

Pig Pork Loins, fresh, not fr FRESH DRESSED CHICKE	NS12½¢
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One 5c Bar Crystal White Soap and one 5c pkg. Naptha Washing Pow-

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Porterhouse or Round Steak, per lb. . Prime Rib Roast, rolled, no bones or waste, per ib. Hind quarters of Lamb, 12½c—Fore quarters of Lamb, per lb. .. 8½c We Roast Our Own Coffee Daily—Mail Orders Filled at Above Prices.

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Ask for "Omaha Maid" Macaroni at All Grocers. Omaha Macaroni Co.

Fifty Per Cent are Rejected-Fifty per cent of all applicants for Navy enlistment are rejected as physically unfit. Strong, healthy muscles, sound teeth and good brain are built out of the foods you eat. The most perfect "ration" ever devised is Shredded Wheat Biscuit, the food that furnishes all the material the human body needs in a digestible form. Don't be rejected! Keep yourself fit for the day's work by eating Shredded Wheat for breakfast with hot or cold milk or cream. Eat it for luncheon with sliced bananas, baked apples and other fruits. Give nature a chance. Made at Niagara Falls, N. Y.

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PATENT FLOUR — THRIFTY HABIT: Fine for pastry, biscuits or bread. 48-lb. sack	\$1.00 bottle 35c 25c bottle 20c
GRAHAM or WHOLE WHEAT: 6-lb. sack	Cove Oysters, full pack, can, 11e and
Echo Flour, fancy patent, makes baking whole family will bras about— 48-lb. sack	Pompeian Olive Oil— ½-pint can
Pink Salmon, can, 9¢ 25c	AT HALF PRICE - Fremont high quality Concord Grape
Best Red Salmon, 1-lb. can for 17c	Pint bottle

Best Red Salmon, 17c	Pint bottle
Chum Salmon, 1-lb. can. Se MacLaren's Peanut But- 11c ter, per lb. 11c Tip Baking Powder, 1-lb. 10c can, 3 for 28c, each. 5c Light House Cleanser, 4c Good Corn and Peas, 10c can, 7c Cider Vinegar, full strength, per gallon. 19c Large bottle Vinegar or Ammonia for Snider's Soups, 16-oz. cans, 9c 3 for 25c, each. 9c	Pineapple, sliced, heavy syrup, large can
GARDEN SEEDS, regular 5c	Pure Fruit Preserves— \$2-oz., assorted flavors, 21 7-oz., assorted flavors8

a for 25¢, each9c	Pumpkin, solid pack, 3 for 8
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Red Onion Sets, 1b	POTATOES—Fancy Table Stock White, peck

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Tip Catsup, large bottle. Small bottle	
Bulk Kraut (some stores discontinuing), 1b	21c
Macaroni and Spaghetti, 3 for	19c
Skinner's Macaroni or Spi ghetti, 3 for 22¢, pkg	. 8c
Cracked or shelled Cor lb. bag for	n. 100-

DRANGES better:	— Qu	ality	never
126 size 150 size 176 size Smaller at each of	dozen dozen sizes at	lower	29¢

Log Cabin Maple Syrup, quart, 39¢; pint Dromedary Dates, pkg	41		pint	1. 204	mart.
		nke	Dates	nedary	Drome
POULTRY FOOD -		_			

CHICK FOOD — 100-lb for	1.75 1.75
Shorts, white, 100-lb. bag,	81.30
Crisco, at 90c. 45c.	236
Princeton Butterine, the quality, white or natural color, 1-lb. carton	
Empire medium grade	4 PV

1-lb. carton 17c Magnolia, 2-lb. roll 24¢ Short Rib Boil, lb.... 8¢. 10¢ Pot Roasts you'll enjoy-

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der will be given free in our store with every 25c purchase of 6 Or if you will purchase 5 pkgs. Naptha Powder, for25c

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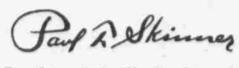
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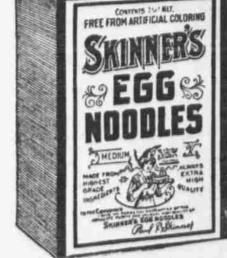
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Gov. Morehead Has Proclaimed the Week of Apr. 3

Nebraska Pure Food Week



There is nothing more important than the food consumed by the people of this great state and the Pure Food Commission of Nebraska is to be commended for the stand they have taken on pure foods and the promotion of the different high grade pure food products manufactured in Nebraska. SKINNER'S products are endorsed by Dr. Harvey W. Wiley, Westfield Laboratories, Marion H. Neil and Mrs. Harriet S. MacMurphy as to their high quality and food value. SKINNER'S products comply with all Pure Food Laws both State and National. Buy SKINNER'S products NEBRASKA PURE FOOD WEEK because they are absolutely the highest quality.

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