Glass of Water Before You Eat Any Breakfast

Wash poison from system each morning and feel fresh as a daisy.

Every day you clean the house you live in to get rid of the dust and dirt which collect through the previous day. Your body, the house your soul lives in, also becomes filled up each twenty-four hours with all manner of filth and poison. If only every man and woman could realize the wonders of drinking phospated hot water, what a gratifying change would take place.

Instead of the thousands of sickly, anaemic-looking men, women and girls with pasty or muddy complexions; instead of the multitudes of "nerve wrecks," "rundowns," "brain fags" and pessimists we should see a virile, optimistic throng of rosy-cheeked people everywhere.

Everyone, whether sick or well, should drink each morning before breakfast, a glass of real hot water with a teaspoonful of limestone phosphate in it to wash from the stomach, liver, kidneys and ten yards of bowels the previous day's indigestible waste, sour fermentations and poisons, thus cleansing, sweetening and freshening the entire alimentary canal before putting more food into the stomach.

Those subject to sick headache, biliousness, nasty breath, rheumatism, colds; and particularly those who have a pallid, sallow complexion and who are constipated very often, are urged to obtain a quarter pound of limestone phosphate at the drug store, which will cost but a trifle, but is sufficient to demonstrate the quick and remarkable change in both health and appearance awaiting those who practice internal sanitation. We must remember that inside cleanliness is more important than outside, because the skin does not absorb impurities to contaminate the blood, while the pores in the thirty feet of bowels do.—Advertisement.

Bed Comfort is the Result of Correct Mattress and Spring Building

$3.65
$5.75
$6.75
$7.50

These figures are Raymond Mattress Prices, carded in both our windows, and the actual full sized matress also shown. In leaving your order for a mattress, make your selection of your ticking from samples 14 feet long.

$9.75
$10.00
$13.75

These figures are RAYMOND BOX SPRING PRICES. Ask to see their construction, the fine upholstering used on them, and the quality of the coil springs used in building them. See one made in our windows next week.

Raymond Furniture Co.
1513-1515 Howard St.

A TRIUMPH IN PURITY

Storz BEER

PROMPT DELIVERY TO PRIVATE FAMILY TRADE

MAIL ORDERS SHIPPED IMMEDIATELY

CHAS. STORZ
CONSUMERS DISTRIBUTOR
1827-29 SHERMAN AVE.
OMAHA, NEB.
PHONE WEB. 1260

Eczema Is Conquered

Greasy salves and ointments should not be applied if good clear skin is wanted. From any druggist for 25c or $1.00 for extra large size, get a bottle of zemo. When applied as directed, it effectively removes eczema, quickly stops itching, and heals skin troubles, also sores, burns, wounds and chafing. It penetrates, clears and soothes. Zemo is dependable and inexpensive. Try it, as we believe nothing you have ever used is as effective and satisfying.

Zemo, Cleveland.

READ THE BEE WANT ADS

Nebraska

SERVICE DEMAND OF PHONE USERS

Chairman Clarke of Rail Board Tells What is Matter of Many Lines.

TOO AMBITIOUS FOR THEIR RATE

(From a Staff Correspondent.)

LINCOLN, Neb., March 29.—(Special Telegram.)—C. J. Carlow of Columbus was re-elected for the eighth time president of the Nebraska Independent Telephone association this afternoon at the annual meeting.

E. G. Taylor of Loup City was elected vice president and L. E. Hurtz of Lincoln secretary-treasurer.

Clarke on Rates.

Chairman Henry T. Clarke of the Nebraska Railway commission was the head liner at the meeting at the Lincoln hotel yesterday. Mr. Clark said that the average man did not kick on rates so much as he did on service. In his opinion the rate question was a secondary consideration and frequent letters coming to the railway commission testified that stockholders were willing to give up their stock to anyone who could give service on the rate charged.

Most of the trouble in the telephone business, according to Mr. Clarke's idea of thinking, arose from telephone companies trying to operate on so low a rate that they could not give the service which the public demanded. Mr. Clarke said further:

Cause of Trouble.

"I feel that I may safely say that the findings of your commission have been subjected to public criticism only in cases where the public did not know the facts, or felt that it could not rely on the truth and accuracy of the facts presented. The most difficult cases for the commission to decide, which come within the second class, are presented in those cases where the financial history is incomplete; where the records of the companies do not accurately reflect its operating history by separating and disclosing items properly chargeable to maintenance and depreciation from those and when it is necessary for the commission to rely to any considerable extent on figures unverified by the utility company's accounts, on physical valuations and estimates."

Today's program was especially interesting in that it covered some subjects which are decidedly live ones in Nebraska just at this time.

The discussion by L. E. Hurtz of the Lincoln company on the "Interference of High Voltage Electric Lines With Telephone Service," covered many points which are before the railway commission at the present time and brought on a wide discussion from the members of the association.

Other subjects handled at more or less length were "Maintenance Methods in Small Exchanges," by C. I. Stocking of Falls City; "Developing Our Business," by Eben Warner of Chadron, and the "Value of Courtesy to Our Patrons," by Alfred Bratt of Genoa.

Demurrage Charges Are Lifted Up Notch

(rFom a Staff Correspondent.)

LINCOLN, March 29.—(Special.)—The State Railway commission has granted the application of the railroads for a change in the charges for demurrage, in hopes that it will help the car shortage considerably and cause parties holding cars to get them unloaded sooner.

The new order allows the same free holding for the first forty-eight hours. After that time a charge of $1 per day will be allowed for the next seventy-two hours and following that a charge of $2 per day per car as long as held.

STARK SAYS DELEGATION VIOLATED CONSTITUTION

(From a Staff Correspondent.)

LINCOLN, March 29.—(Special.)—W. L. Stark, democratic candidate for congress in the Fourth district, take a "fornister" sand against his democratic brethren, who are now holding down congressional jobs in Nebraska and questions their right to oppose the president in the vote of "confidence" given President Wilson, in which all six congressmen from Nebraska took the opposite view.

"The Propriety of tabling the resolution (McLemore) cannot be questioned," writes Mr. Stark to E. A. Wairath, chairman of the committee appointed at the state committee meeting at Hastings, to notify him that he had been drafted to go up against the almost impossible task of defeating Congressman Charlie Sloan. "In the last analysis," says Mr. Stark, "it was an attempt by the house to representatives, legislative body, to usurp and invade the executive power as set forth in the federal constitution."

Mr. Stark mentions several other things he will have congress fix up when he reaches Washington.

TWO LATE COMERS GIVEN CHANCE TO GO ON BALLOT

(From a Staff Correspondent.)

LINCOLN, March 29.—(Special.)—Secretary of State Pool has granted the application of William Bates of Lodge Pole to have his name placed on the primary ballot for representative on the republican ticket from the Seventy-sixth district. A showing was made by Mr. Bates that he paid the filing fee in plenty of time, but through neglect the papers were not sent to the secretary of state.

A. M. Chambers of Walthill, who served in the last legislature, is another one who paid his fee in plenty of time and through the neglect of someone the filing papers were not farworded to the secretary of state. His name will go on the primary ballot.

Notes from Tabor.

TABOR, Ia., March 29.—(Special.)—The Tabor college Girls' Glee club returned Monday after a very successful tour through southwestern Iowa and eastern Nebraska.

The annual town election, held here Monday, resulted in the election of U. G. Mauk for mayor; C. L. Hall, treasurer, and R. J. Mawton, assessor. The councilmen elected are T. M. Alstrope, Joe Dalton, F. M. Laird, H. C. Gilbert and B. E. Marin.

Tabor college activities resumed yesterday after a week's vacation.

Soothes Your Cough and Cold.

Dr. Bell's Pine-Tar-Honey soothes the raw spots, eases cough, kills cold germs. 25c. All druggists.—Advertisement.

Nebraska

VOTE TILL 8 ELECTION DAY

Legislature Made This Change in Law, Together with a Few Others.

CROSS PUT ON THE OTHER SIDE

(From a Staff Correspondent.)

LINCOLN, March 29.—(Special.)—Many people appear to be unaware that the last legislature changed the election law as to the time of closing the polls at the regular election and Secretary Pool has had several inquiries regarding it.

Very little change was made except as to the time of closing the polls when the same rules which cover the primary election will govern the regular election. The polls will open at 8 o'clock in the morning and close at 8 in the evening. This will make election returns a little later in being announced.

Some change was also made in the pay which election officers shall receive, the new law reading as follows:

"The judges and clerks of election, also the board of canvassers for the county, at all general elections shall receive the following pay: For each hour of service rendered each person shall receive 25 cents. Each member of the election board shall make an affidavit before a qualified officer of the number of hours he has worked. The person making the returns of the elections to the county clerk shall receive $2 per day and 5 cents for each mile necessarily traveled. Provided, that in cities of the first class judges and clerks of election shall receive the sum of $5 per day not to exceed two days for each election held in said city.

Another change in the primary law covers when the polls shall close and provides that if the hour of closing has arrived and there are voters in booths or in line waiting to get in that these shall be permitted to voted before the polls close. No one arriving after 8 p. m. shall be allowed to vote.

Another change which is important is that it will tend to keep voters from getting their cross opposite the name of the wrong candidate, comes in the placing of the square for the cross to the left of the name instead of following it across on the right side of the ballot.

Another change in the law does not require the rotating of names in counties of less than 50,000 population.

Still another change provides that where any candidate has been deefated at the primary for any office he cannot become a candidate by petition or otherwise for the same office at the geleral election.

REVIVAL MEETINGS ARE BEING HELD IN LINCOLN

(From a Staff Correspondent.)

LINCOLN, March 29.—(Special.)—Lincoln is experiencing a series of revival meetings. Five of the downtown churches, St. Paul's Methodist, First Christian, First Presbyterian, First Baptist and the First Congregational, have joined in a Lenten service and have secured the services of Lincoln McConnell, the Georgia revivalist, while some of the smaller churches have united and have brought to Lincoln Rev. Mr. Delk of Oklahoma. He is holding forth in a store building on O street. The McConnell meetings are being held at St. Paul's church and the big edifice, which seats over 3,000 people, has been well filled each evening, while the other meetings ar well attendd.

Dr. McConnell electrifies the audience with his eloquence, then draws them to tears by his pathos, and then plunges them into laughter by his mimicry and funny stories. Mr. Delk is a former circus performer and the manner in which he cavorts about the platform has much of the circus aspect.

It has been announced that pilgrimages from Omaha are to be made by special train several nights during the meetings.

Nebraska

CORPORATIONS IN STATE TOTAL HIGH

Secretary Pool Finds the Actual Money Thus Invested Runs Into Millions.

CLOSE TO BILLION DOLLARS

(From a Staff Correspondent.)

LINCOLN, March 29.—(Special.)—A great deal has been said about the resources of Nebraska as an agricultural state and the income derived from the cow, hen, hog and alfalfa, but few people realize nearly $100,000,000 is invested in corporations, which pay a tax to the state of Nebraska.

Secretary of State Pool took occasion to look up the amount of actual money invested in this state in corporations, and was surprised to discover that actual money invested by corporations (not incorporated stock), outside of the railroads, is $221,536,606.49, while the railroads pay a corporation tax on actual money invested of $310,573,730.

This is for corporations filing with the secretary of state, which does not include those which have miled since January 1, 1915, so it is probable that the amount will run well up over the $1,000,000,000,000 mark when these are added. This brings into the coffers o fthe state an annual fun over $100,000 as corporation taxes alone and does not include the other taxes paid to the state through the usual channels.

Trade Week for Hastings.

HASTINGS, Neb., March 29.—(Special Telegram.)—The Chamber of Commerce has designated the first week of May as trade week for Hastings. An automobile will be given away during the week.

Richardson Bar Endorses Fallon.

FALLS CITY, Neb., March 29.—(Special.)—Members of the Richardson county bar at a meeting endorsed the candidacy of Eward Falloon for supreme judge with a laudatory resolution.

Nebraska

Protests Are Made Against Taking Off Rock Island Trains

FAIRBURY, Neb., March 29.—(Special Telegram.)—Hearing of a complaint against the Rock Island road was given here today by the Nebraska Railway commission. Representatives from commercial clubs in southern Nebraska and traveling men were in attendance to protest against taking off local passenger trains Nos. 361 and 362, known as the Jersey, between Lincoln and Belleville, Kan., and locals Nos. 353 and 354 on the Fairbury-Horton district.

General Passenger Agent Stewart of Omaha was on the stand. Mr. Stewart, who was well stocked with facts and figures, asserted the Rock Island was operating trains Nos. 361, 362, 353 and 354 at a loss and the patronage did not warrant keeping them on.

The commercial clubs protested vigorously, asserting that the towns along these lines would only have one local each way on the road. W. S. Whitten, secretary of the Lincoln Commercial club, held strong objections to removing the passenger trains.

The commission will take the case under advisement and announce a decision in a few days. A large number of Rock Island officials was in attendance. Judge E. P. Holmes of Lincoln, Rock Island attorney, was present.

Holdrege Will Have Auditorium.

HOLDREGE, Neb., March 29.—(Special.)—Thirty-one business men of this city have subscribed stock for the purpose of buying two lots on which an auditorium will be erected. An effort is to be made at once to sell additional stock to raise funds to erect the building.

Mill at Lexington Burned.

LEXINGTON, Neb., March 29.—(Special.)—The alfalfa meal mill was completely destroyed by fire about 1 o'clock yesterday morning. No one knows how the fire started, and but for the effort of the fire boys the fire might have spread to other parts of the city. The building was insured.

District Court at Alma.

ALMA, Neb., March 29.—(Special.)—District court convened Monday for a jury term, Judge Harry S. Dungan on the bench. There were forty-eight civil cases on the docket, but most of them were continued for the term and the jury discharged today. The case of Harlan county against the Burlington railroad, wherein the county asked for damages to county roads along the St. Francis branch out of Orleans, due to the floods of last summer, was dismissed without prejudice. The county asked for the dismissal and the railroad moved to take the case into federal court.

STOMACH ACTING UP? JUST TAKE A LITTLE PAPE'S DIAPEPSIN

Instant Relief from Indigestion, Gases, Sourness, Heartburn or Sick, Upset Stomach—Try It!

"Really does" put bad stomachs in order—"really does" overcome indigestion, dyspepsia, gas, heartburn and sourness in five minutes—that—just that—makes Pape's Diapepsin the largest selling stomach regulator in the world. If what you eats ferments into stubborn lumps, you belch gas and eructate sour, undigested foood and acid; head is dizzy and aches; breath foul; tongue coated; your insides filled with bile and indigestible waste, remember the moment "Pape's Diapepsin" comes in contact with the stomach all such distress vanishes.

It's truly astonishing—almost marvelous, and the joy is its harmless.

A large fifty-cent case of Pape's Diapepsin will give you a hundred dollars' worth of satisfaction or your druggist hands you your money back.

It's worth its weight in gold to men and women who can't get their stomachs regulated. It belongs in your home—should always be kept handy in case of a sick, sour, upset stomach during the day or at night. It's the quickest, surest and most harmless stomach regulator in the world.—Advertisement.

Iron Is Greatest of All Strength Builders, Says Doctor

A Secret of the Great Endurance and Power of Athletes

Ordinary Nuxated Iron Will Make Delicate, Nervous, Rundown People 200 Per Cent. Stronger in Two Weeks' Time in Many Cases.

NEW YORK, N. Y.—Most people foolishly seem to think they are going to get renewed health and strength from some stimulating medicine, secret nostrum or narcotic drug, said Dr. Sauer, a specialist of this city, when, as a matter of fact, real and true strength can only come from the food you eat. But people often fail to get the strength out of their food because they haven't enough iron in their blood to enable it to change food into living matter. From their weakened, nervous condition they know something is wrong, but they can't tell what, so they generally commence doctoring for stomach, liver or kidney trouble or symptoms of some other ailment caused by the lack of iron in the blood. This thing may go on for years, while the patient suffers untold agony. If you are not strong or well you owe it to yourself to make the following test: See how long you can work or how far you can walk without becoming tired. Next take two five grain tablets of ordinary nuxated iron three times per day after meals for two weeks. Then test your strength again and see for yourself how much you have gained. I have seen dozens of nervous, rundown people who were ailing all the while, double their strength and endurance and entirely get rid of all symptoms of dyspepsia, liver and other troubles in from ten to fourteen days' time simply by taking iron in the proper form. And this after they had in some cases been doctoring for months without obtaining any benefit. But don't take the old forms of reduced iron, iron acetate or picture or iron simply to save a few cents. You must take iron in a form that can be easily absorbed and assimilated like nuxated iron if you want it to do you any good, otherwise it may prove worse than useless. Many an athlete or prize fighter has won the day simply because he knew the secret of great strength and endurance and filled his blood with iron before he went into the affray, while many another has gone down to inglorious defeat simply for the lack of iron.

NOTE—Nuxated Iron recommended above by Dr. Sauer is not a patent medicine nor secret remedy, but one which is well known to druggists and whose iron constituents is widely prescribed by eminent physicians everywhere. Unlike the older inorganic iron products, it is easily assimilated, does not injure the teeth, make them black, nor upset the stomach; on the contrary, it is a most potent remedy, in nearly all forms of indigestion, as well as for nervous run-down conditions. The Manufacturers have such great confidence in Nuxated Iron that they offer to forfeit $100.00 to any charitable institution if they cannot take any man or woman under 60 who lacks iron and increase their strength 200 per cent or over in four weeks' time provided they have no serious organic trouble. They also offer to refund your money if it does not at least double your strength and endurance in ten days' time. It is dispensed in this city by Sherman-McConnell Drug Stores and all other druggists.—Advertisement.

There Are Many Uses For The Valuable Tonic-Stimulant Duffy's

COUGHS AND COLDS weaken the system and open the way for more serious ills if neglected. The prompt treatment of a cough or cold with Duffy's Pure Malt Whiskey as directed, usually brings relief and may often forestall grip and pneumonia.

BRAIN FAG is usually the result of overwork, causing mental and physical depression. The use of a mild tonic-stimulant such as Duffy's Pure Malt Whiskey stirs the vital organs to activity and helps the system to throw off the poisons accumulated in all parts of the body.

EMERGENCIES frequently arise (usually in the night when least expected) requiring immediate relief, and when a physician is not available. The use of Duffy's Pure Malt Whiskey in an emergency assures prompt relief as it is a stimulant made for medicinal use only. It is dependable—it is pure.

CONVALESCENCE or the period of recovery from illness is usually a trying experience. The system being in a run-down condition does not always respond with the desired effect. The use of Duffy's Pure Malt Whiskey as directed, assists in strengthening the system by its stimulating action and may be retained by the most sensitive stomach.

OLD AGE does not necessarily mean a state of feebleness. Nature's machine merely slows up in its work and the use of the mild tonic-stimulant Duffy's Pure Malt Whiskey, as directed, accelerates the vital functions to a healthy action, thereby assisting the stomach in its important duties.

TRAVELING is a pleasure to many, but the changes of climate, drinking water and food, sometimes affect the digestive organs and cause slight indispositions. Prompt relief is obtained by the mild stimulating action of Duffy's Pure Malt Whiskey, if taken as directed. The traveler's bag should contain Duffy's.

"Get Duffy's and Keep Well."

Sold in SEALED BOTTLES ONLY. Beware of imitations.

NOTE Get Duffy's from your local druggist, grocer or dealer. $1.00 per bottle. If he cannot supply you, write us. Send for useful household booklet free.

The Duffy Malt Whiskey Co., Rochester, N. Y.

Prominent Stores That Handle Victor Victrolas and Victor Records

Mickel's
Nebraska Cycle Co.
15th and Harney Sts., Omaha.
334 Broadway, Council Bluffs.

The
A. Hospe Co.
1513-15 Douglas St., Omaha.
407 West Broadway, Council Bluffs.

These stores show a full line of Victor Victrolas in all sizes and styles.

You'll find all the New Records and a full line of Accessories at these stores.

The
Brandeis Stores
16th Street
Victrola Dept. in Pompeian Room.

The
Orchard & Wilhelm
COMPANY.
414-16-18 South 16th St.
Victrola Dept. on the Fifth Floor.

All of the Above Stores Have Sound-Proof Demonstrating Rooms and Will Gladly Play the Records for You

Jetter's Old German Style Double Beer

Old Age

"In a Class By Itself"

Brewed and Bottled by

Jetter Brewing Co., Ltd.
OMAHA, NEB.

Family Trade Supplied by Wm. Jetter,
2502 N Street. Phone Douglas 4231.

Krug Luxus THE BEER YOU LIKE

is an aid to digestion and is especially appreciated in springtime. The hops employed in its manufacture are of the finest quality and act as a tonic.

Save Coupons and Get Premium

Phone Douglas 1889 and have a case sent home.

Luxus Mercantile Company,
Distributors.