

Especially for women who live on farms

Aunt Jemima Pancakes—thousands of farm families have them regularly these days. They're so easy to get and their old-time Southern flavor makes a hit with everyone.

Now, in response to requests, Aunt Jemima Pancake Flour comes in larger packages, nearly three times as large as the regular cartons. More convenient; more economical. No waste from spilling as with sacks. But the same flour—Aunt Jemima's famous Southern recipe ready mixed.

Ask your grocer for the big Aunt Jemima package.

"I'm in town, Honey!"

AUNT JEMIMA PANCAKE FLOUR

a new large size carton



SHINOLA

AMERICA'S HOME SHOE POLISH
Black - Tan - White - Ox-Blood - Brown

SHINOLA preserves leather as paint preserves buildings.

Quick and easy to use.
SHINOLA HOME SET
Makes Shining Easy
Genuine Bristle Dauber
cleans around the sole and
applies the polish thor-
oughly.



Shines in a hurry.
Lamb's Wool Polish
just fits the hand. Brings
the brilliant Shinola shine
with a few strokes.

SHIP FOUND ON BIG ICEBERG

Captain of Steamer Sights Large Mass of Ice Carrying Three-Masted Schooner.

For centuries mystery ships have sailed the seas, guided only by the winds of chance. One of them was found by a steamer captain rounding the Horn recently. While groping his way into the open, a gigantic mass of ice carrying a large three-masted schooner, with its boats still in the clefts, was sighted. Efforts were made to find the survivors, but no trace of them was discovered. Another sea tragedy was added to the already long list of those as yet unsolved when a Greenland whaler came upon a strange looking derelict, battered and weather-worn, apparently built in the last century and ice-bound for years. A boarding crew found in the cabin the body of a young woman, preserved by the arctic frosts. Near a long-dead fire was the remains of a young man, still holding a flint and steel.—Popular Mechanics Magazine.

When All Signed With Cross.

In olden times the signature of the cross, now made by persons who are unable to write, was not confined to the illiterate class. Among the Saxons the mark of the cross, as an attestation of good faith of the person signing, was required to be attached to the signature of those who could write, as well as to stand in the place of the signature of those who could not write.—Detroit News.

It Doesn't Last Long, Though.

Radio—Do you know what a make-up box is?
Fan—Yes, a box of chocolates.



POULTRY

Convert Old Buildings Into Houses for Fowls

(Prepared by the United States Department of Agriculture.)

Many farms have old-style closed-up poultry houses, with poor light and ventilation, or old sheds and other buildings of little use for other purposes, that can be remodeled or built over with little difficulty into satisfactory poultry houses for the flocks this winter. The size and the shape of the buildings makes little difference, says the United States Department of Agriculture, but the essential factors are dryness, good ventilation, freedom from drafts, plenty of sunshine, and room enough to allow the birds to move about with freedom and comfort.

If new houses are to be built or old buildings converted into poultry houses, locate them on high or sloping ground if possible, but always on dry and well-drained soil. The amount of floor space to be allowed each fowl varies somewhat with conditions, but on a farm or where the birds can be out of doors nearly every day the department has found that about 2 1/2 square feet of floor space per bird in flocks of 20 is enough. In a village or city or in a climate where there is a good deal of snow, making it necessary to confine the birds closely, 4 or 5 square feet per bird is needed. The interior of the house should be simple, convenient, and easy to clean.

The converted poultry house may or may not have a floor. If the house is on dry, sandy soil a dirt floor is usually quite satisfactory although often more damp than board or cement floors. Fresh gravel and sand must be added from time to time to keep them sanitary. If board floors are used, make them tight and smooth so as to make them dry and easy to clean. If possible, build board floors 8 or 10 inches from the ground to allow a circulation of air and to prevent rats from harboring under them. Cement floors, especially for large houses, are quite satisfactory, as they keep rats out and last much longer than board floors. They must be kept well covered with litter, however, department workers say, to make them warm and comfortable for the flock.

Comfortable Houses for Ducks Quite Important

In cold weather ducks should be kept in the house because their feet are so tender that when they come in contact with the cold ground they suffer greatly and hobble along as if their backs were broken. However, they should not be kept housed more than is really necessary.

If the roof is good the rest is easy. If the weather boarding is not sufficiently close to keep out draughts in cold weather, cover the outside with tarred paper or strip with iath. A board floor is better than an earth floor because the ducks will often stir up the ground in a very disagreeable manner when there is the least sign of moisture.

Provide suitable houses if you wish to be successful. The houses need not be very expensive, but they should be substantial so that they may be used for the same purpose several years in succession.

Ducks, both old and young, should have a dry, comfortable place to stay in at night. If forced to sit on the damp ground they are liable to be taken with cramps and colds in the head. The latter are almost certain to turn to croup.

There is usually some shed or building that can be converted into a duck house at small expense. Where only a small flock is kept this plan is advisable.

Corn Fodder as Litter Is Excellent for Hens

Litter is almost indispensable in every henhouse where eggs are desired, as well as healthy and contented fowls. Some farmers complain about using good wheat or oats straw for the hens to scratch in. In this event, cut-corn fodder makes an excellent and lasting litter for the poultry house—and even if one must pay to have the fodder cut, it is cheaper than other litters.

When cut up, ten bundles of corn fodder makes enough litter to cover 400 square feet of floor space. For the same space, when straw is used, at least two bales would be required, and this would cost several times as much as the corn fodder. Fodder is good not only because of its cheapness, but also because the hens like to eat the pieces of leaves, thus obtaining some bulky food, which is often lacking in poultry rations.

Pure Air Is Essential to Health of Laying Hen

It has been estimated that the hen consumes twice as much air as a horse does, pound for pound of weight, and three times as much as a cow, and yet we see hen houses with no means of getting any pure air into them except through cracks, which may give a direct draft over some bird. With other conditions favorable to the development of germs, there soon are colds, roup and bronchial disorders of many kinds.

NURSE FINDS A PERFECT REMEDY

"From my long experience as a nurse I do not hesitate to say that I consider Tanlac Nature's most perfect remedy," recently declared Mrs. I. A. Borden, 425 Pontius Ave., Seattle, Wash. Mrs. Borden is a graduate of the National Temperance Hospital, Chicago, and her wide experience in caring for the sick lends particular emphasis to her statement.

"I have used Tanlac exclusively for seven years in the treatment of my charity patients," continued Mrs. Borden, "and my experience has been that, for keeping the stomach, liver, kidneys and bowels functioning properly and for toning up the system in general, Tanlac has no equal. Recently I had a woman patient who could not even keep water on her stomach for fifteen minutes. Six bottles of Tanlac fixed her up so she could eat absolutely anything. Another patient, a man, seemed unable to digest any food at all. Three bottles of Tanlac put him in such fine shape he went back to work. These two cases are typical. My confidence in Tanlac is unlimited."

Tanlac is sold by all good druggists. Take no substitute. Over 40 million bottles sold.—Advertisement.

Love may laugh at locksmiths, but he who laughs last laughs best.

Classified.
"There are three classes of families nowadays. They're either one, two or three-car garage families."

The prices of cotton and linen have been doubled by the war. Lengthen their service by using Red Cross Ball Blue in the laundry. All grocers.—Advertisement.

Number Makes It Good.
He—Do you think late hours are good for me?
She—No, but I think they are all right for two.

Directions for Making Coffee.
Several hunters in the Canadian woods had so enjoyed the coffee made by their guide that when the trip was over they asked for the recipe.
"Ver' easy," he said. "Dare bin only one way make coffee. Take trip into woods, build fire vid pitch pine knots, put on quart water and two handful coffee in pot, an' sit on cover so she no can boil over. Ven cover get too hot for seat of pants, coffee she done."

Lucky Dogs.
A Detroit dad who is in the market—or was—for a dog, visited one of the numerous kennels near the city recently. Almost simultaneously, as he entered the yard, 35 dogs, ranging from the grown-ups to pups, let loose a wild barrage of barking, yapping and whining. He picked the least noisy of the dogs and left, but before he had asked: "What do you feed all these animals?" "Well," the owner of the kennels replied, "we feed them bread, meat, rice and milk. They get better food, I suppose, than some poor children, and more of it."

The People Themselves.
At an agricultural show in Dublin a pompous member of parliament, who arrived late, found himself on the outskirts of a huge crowd.
Being anxious to obtain a good view, and presuming that he was well known to the spectators, he tapped a man on the shoulder and ordered: "Make way there!"
"Garn! Who are ye pushin'?" was the unexpected reply.
"Do you know who I am, sir?" cried the indignant M. P. "I'm a representative of the people!"
"Yah!" growled the other; "but we're the bloomin' people themselves."

ASPIRIN

SAY "BAYER" when you buy. Insist! Proved safe by millions and prescribed by physicians for Colds Headache Neuritis Lumbago Pain Toothache Neuralgia Rheumatism. Accept only "Bayer" package which contains proper directions. Handy "Bayer" boxes of 12 tablets—Also bottles of 24 and 100—Druggists. Aspirin is the trade mark of Bayer Manufacture of Monoaceticester of Salicylicacid

Young man, if you can't marry a girl with dollars you are lucky to marry one with sense. A man usually gets what he deserves in the end, but he manages to get a lot of other things in the meantime. "Incidental expenses" may cover a multitude of sinful items. Prolonged visits are apt to deal hospitably a death blow.

Yeast Foam makes good bread

Bread making is easy to learn and is in itself an education in other cooking. Send for free booklet "The Art of Baking Bread"

Northwestern Yeast Co., 1730 North Ashland Ave., Chicago, Ill.

Absolutely Honest.
Robert W. Chalmers, whose vivid portraits of the modern girl have made him famous, said at a dinner party in his New York home: "The modern girl has many faults, but at least she is open and above-board. There's nothing of the deceitful puss about her."

"On a moonlight winter night in Florida a modern young man passionately kissed a beautiful modern girl under a palm tree.
"I'll be frank with you," the young man said after the embrace was over. "You're not the first girl I've ever kissed, by a long shot."
"She lit a huge and costly cigarette."
"And I'll be equally frank with you," she answered. "You've got a great deal to learn even at that."—New York Mail.

To Build New Electric Line.
It is reported that an electric rail way will soon be constructed from Duluth to the International bridge, and probably extended through to Ft. William, and that the falls on the Pigeon river will be developed to provide power for operating it. The project will require co-operation between the governments of Canada and the United States, the Pigeon river being an international stream.

Enough.
"I thought you said your wife would never smoke cigarettes."
"I did say so, and some one told her I said so"—Life.

Much Ammunition Destroyed.
During the last three years 500,000 tons of ammunition from Britain, America, Belgium, Germany and Russia have been broken up in France.

Downtown Food.
A good wife is gratified by hearing her grownup folks scold about the food they "have to eat" downtown.

Why take the risk?

MANY have found by their own experience that coffee's effect is harmful. Health authorities warn against risking the growth and development of children with the drug element in coffee.

Why take chances with your health, and thus risk comfort, happiness—success?

There's both safety and satisfaction in Postum as your mealtime drink. You'll thoroughly enjoy its delightful flavor and aroma. Postum contains nothing that can harm you. As many cups as you like at any meal—with no penalties to pay in wakeful nights and daytime dullness.

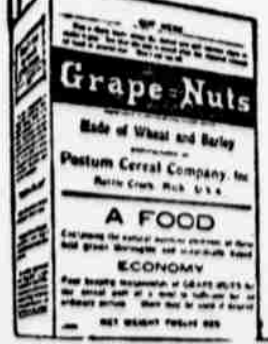
Your grocer sells Postum in two forms: Instant Postum (in tins) prepared instantly in the cup by the addition of boiling water. Postum Cereal (in packages) for those who prefer the flavor brought out by boiling fully 20 minutes. The cost of either form is about one-half cent a cup.



Postum FOR HEALTH
"There's a Reason"

A Simple Guide to Proper Food Selection

- Nourishment—** Grape-Nuts with cream or good milk contains every element necessary for perfect nutrition.
- Digestibility—** Grape-Nuts is partially pre-digested by 20 hours' baking. It is easily assimilated by child or adult.
- Flavor—** Grape-Nuts, made of wheat and barley, is sweet with natural sugar self-developed from the grain in the making. It has a delightful, nut-like flavor.
- Character—** Grape-Nuts is real food—the kind you can depend upon for strength and energy. Its crisp granules invite thorough mastication, thus helping to keep the teeth and gums healthy.
- Economy—** Grape-Nuts is so compact that a package contains many servings; and each serving provides unusual nourishment. A portion for the cereal part of a meal costs about one cent.



Grape-Nuts FOR HEALTH
"There's a Reason"
Made by Postum Cereal Company, Inc., Battle Creek, Michigan.