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Not a Laxative Nujol is a lubricant—not a medicine or laxative—so cannot gripe. When you are constipated, not enough of Nature's lubricating liquid is produced in the bowel to keep the food waste soft and moving. Doctors prescribe Nujol because it acts like this natural lubricant and thus secures regular bowel movements by Nature's own method—lubrication. Try it today. Nujol A LUBRICANT—NOT A LAXATIVE

SQUEEZED TO DEATH

When the body begins to stiffen and movement becomes painful it is usually an indication that the kidneys are out of order. Keep these organs healthy by taking

LATHROP'S GOLD MEDAL HAARLEM OIL CAPSULES

The world's standard remedy for kidney, liver, bladder and uric acid troubles. Famous since 1896. Take regularly and keep in good health. In three sizes, all druggists. Guaranteed as represented. Look for the name Gold Medal on every box and accept no imitation

Cuticura Soap The Safety Razor Shaving Soap

Oyster 80 Years Old. An oyster eighty years old has been taken from Delaware bay, it is reported. Scientific investigators agree and assert that the age of an oyster is indicated by the ridges or waterlines on its shell, just as the age of a tree is indicated by the annual rings that form on its trunk. A ridge appears on an oyster every year, according to these savants, up to the fortieth year. After that the shell takes on one only every ten years. This venerable Delaware oyster had 44 ridges; hence it was eighty years old.

A FEELING OF SECURITY

You naturally feel secure when you know that the medicine you are about to take is absolutely pure and contains no harmful or habit producing drugs. Such a medicine is Dr. Kilmer's Swamp-Root, kidney, liver and bladder remedy. The same standard of purity, strength and excellence is maintained in every bottle of Swamp-Root. It is scientifically compounded from vegetable herbs. It is not a stimulant and is taken in teaspoonful doses. It is not recommended for everything. It is nature's great helper in relieving and overcoming kidney, liver and bladder troubles. A sworn statement of purity is with every bottle of Dr. Kilmer's Swamp-Root. If you need a medicine, you should have the best. On sale at all drug stores in bottles of two sizes, medium and large. However, if you wish first to try this great preparation send ten cents to Dr. Kilmer & Co., Binghamton, N. Y., for a sample bottle. When writing be sure and mention this paper.—Advertisement.

Forerunners. Already the yellow acornite lifts a smiling face to welcome me. The snowdrop, sweet forerunner of the blooms of spring, is even now abroad announcing its silent faith of a coming flowered company.—J. E. Ward.

The war has made table linen very valuable. The use of Red Cross Ball Blue will add to its wearing qualities. Use it and see. All grocers.—Advertisement.

There is probably a difference between cancelling a debt and never collecting it.

Marrriages are made in heaven, but most of the preliminaries are arranged in the porch swing.

Refreshes Weary Eyes When Your Eyes feel Dull and Heavy, use Murine. It Instantly Relieves Tired Feeling—Keeps Them Clear, Bright and Sparkling. Harmless. Sold and Recommended by All Druggists. MURINE FOR YOUR EYES

NEWS OF NEBRASKA IN CONDENSED FORM

Recent Happenings in Nebraska Given in Brief Items For Busy Readers.

Work on the paving of 34 blocks has begun at West Point. Excavation has begun on five new brick store buildings at Fairbury.

The Grand Commandery of Knights Templar will convene at Omaha April 12.

Contract has been let for the erection of a \$55,000 apartment house at Kearney.

Crushed between the side of a barn and a manure spreader, Walter Bendfeldt, six year old Gibbon lad, suffered serious injuries.

The State Golf association will hold its 1923 tournament on the Country Club course at Omaha July 9 to 24.

Farmers near Cozad are making a strong bid for one of the sugar beet factories to be established in that section of the state this year.

A. F. Streitz has been appointed by the commissioners as county judge of Lincoln to fill the vacancy caused by the death of Judge Woodhurst.

Jews of Omaha have collected nearly \$200,000 in their campaign to raise \$300,000 for the erection of a Jewish Community Center in that place.

The council at Schuyler has ordered surveys made and grades established for the streets in anticipation of carrying out an extensive program of paving.

Governor Bryan has announced appointment of W. H. Smith of Seward as tax commissioner to succeed W. H. Osborne. He was formerly state auditor.

Harry L. Keefe, of Walthill, was elected president of the U. S. Grain Growers association at a meeting of the board of directors at Chicago, last week.

Omaha housewives have refused to buy sugar at its present retail price of 9 1/2 cents a pound in the usual quantities. Sugar jumped from 7 1/2 cents in two months.

A pair of twins, weighing 17 pounds were born to Mr. and Mrs. Garrett Paben, of Pickrell. The twins—a boy and a girl—are lusty infants and are normal in every respect.

Fred Swanton was electrocuted while working on a transmission line of the Gas and Electric Light company at York. He had only gone to work a day or two before.

Mrs. Lena Mertes, wife of Thomas Mertes, of Table Rock, was engaged in trimming rose bushes in the yard. The ax slipped and cut off her second toe and nearly amputated the large one.

According to Sheriff W. C. Condit, prisoners in the Dodge county jail, which occupies the fifth floor of the court house, have been supplied regularly with "dope" from some unknown source.

I. D. Beynon has been appointed captain and Guy Henninger lieutenant of the national guard company mustered in at Kearney. The company will be a unit of the Thirty-fifth division.

The senate has recommended passage of a house bill appropriating \$50,000 from the state treasury for conservation of fish by sinking flowing wells to fill lakes to keep fish from freezing.

Walton high school, represented by Oscar Wisbey, took for the fourth successive time, the loving cup offered to the winner of the annual A. J. Sawyer declamatory contest, at the Temple theatre at Lincoln.

The students and staff of the Vocational school at Bellevue are sending out a creditable looking little eight page weekly, devoted to the interests of the school and the furtherance of the work being done there.

Stockholders of the Gage County Society of Agriculture and the Queen City Park association, meeting at Beatrice, voted to merge into one organization to be known as the Gage County Fair and Agricultural society.

Investigation of the \$7,000 printing bill which Capitol Architect Goodhue approved for payment is ordered in a resolution by Tinsdeter in the house of Representatives. The bill covered the printing of certain specifications for the new capitol.

Gen. John J. Pershing delivered the dedicatory address at the unveiling of a bronze tablet and planting of trees in "Memorial avenue." In Antelope park at Lincoln, in honor of the 33 Lancaster county men and women who gave their lives in the world war.

The fact that Tony Donarico, who crushed the ring finger of his right hand with a hammer while in the employ of an Omaha firm, switched doctors is no bar to compensation under the Nebraska employers' liability law, State Labor Commissioner Frank Kennedy held in a recent case.

Rev. M. T. Bell, pastor of the Presbyterian church at Blue Springs, for the past five years, suffered a stroke of paralysis, while asleep in his bed, and has since been unable to rise.

The four-year-old daughter of Gus Myer, a St. Edward farmer, suffered the loss of an eye when she fell against the corner of a bedstead while playing with some companions.

A Duroc Jersey sow at the stock farm of W. M. Putnam & Sons, near Tecumseh, recently gave birth to twenty-one fully developed pigs. This is the record farrow in that section of the state.

The State Federation of Women's clubs, second district will meet in Omaha, April 13 and 14.

Based on the census enumerations of 1910 and 1920, Omaha will have a population of 202,340 on July 1, 1923, officials of the census bureau estimate. The Broken B-w city council has accepted a deed from a citizens' committee for a tourist park and playground bought by the Public Service club.

Mrs. W. J. Garris of Beatrice has been taken to a local hospital suffering with sleeping sickness. This is the second case of the kind in Beatrice.

Mr. and Mrs. J. B. Dunlap of Surprise celebrated their golden wedding at their home in that place, March 27, in the presence of forty-eight of their relatives and friends.

Joe Skoll of Comstock put an oil stove into his hog house to keep it warm. The stove exploded during the night and burned the house along with 26 good brood sows.

Receipts of the state fish and game division from licenses and permits, for the twelve months ending April 1, totalled \$134,813.78, according to State Accountant C. A. Sommers.

A radio station powerful enough to send messages to Europe or to receive from there has been opened on the nineteenth floor of the Woodmen of the World building at Omaha.

Jefferson county women's clubs will start a week's drive April 16 to raise \$900 as the county's quota in the Nebraska Children's Home society campaign for new quarters in Omaha.

Checks totaling \$20,500, stolen by Omaha pickpockets from William Gray and Joseph Adolphus of Lincoln, were returned to them in a plain envelope addressed to an Omaha newspaper.

The Steinhilber hydro-electric plant at Holmesville has been purchased by the Nebraska Gas & Electric Co. The Holmesville plant was one of the first to be built in the state, being constructed in 1910.

The Lincoln State bank, with a capital of \$100,000 and deposits of \$2,500,000 has announced its nationalization under the federal banking act, to be known as The Lincoln State National bank. Its capital is increased to 200,000.

The Nebraska Society for the Development of Musical Talent has been organized in Omaha. Many prominent business and professional men and women and musicians have joined. The society will establish a fund to help worthy pupils.

Establishing of five road patrols in Buffalo county is expected to do much toward bringing about a better condition of road upkeep. The road patrolmen are to be used on federal and state aid projects and they will keep an accurate record of their activities.

Contests to pick the "best" high school pupils in the state are to be inaugurated this year and planned to be an annual affair, a committee of high school principals and school superintendents decided at a meeting in Lincoln. The first contests are to be held in Lincoln, May 11 and 12.

Mayor F. C. Zehrung received preference over two other candidates for that office in last week's primaries at Lincoln. He polled 2,403 votes and was closely followed by Charles A. Lord, who came through with 2,012. George Dayton was high man and William Schroeder was second high in the race for city commissioner.

March hog receipts at the South Omaha yards, totaling 419,881 head, breaks all previous monthly records, according to figures kept at the Live Stock exchange. The previous high record was set in March 1919, with receipts of 389,744 head. Last week's hog receipts, 112,000, best all weekly records for four years.

Roy Miller, Burlington brakeman, saved the life of Carl, 4 son of Mr. and Mrs. Charles Reinecke of Grand Island, by grabbing him from in front of a locomotive with but two feet to spare, carried the little one to the front yard of his home, and resumed his duties with the crew of his freight train just as if nothing unusual had occurred.

The Decorator chamber of commerce has received the \$1,000 reward offered by the Nebraska Bankers' association for the capture of the men who robbed the State Bank at that place last June. Because of the large number of citizens taking part in the capture it was agreed by the community to turn the fund over to the chamber to be used for civic purposes.

Farmers in Sheridan county are making a heavy delivery of potatoes. The roads are in good condition for hauling and farmers are taking advantage of them, though the price for potatoes is but little better than last fall.

Apples, peach and pear orchards of Otoe county are practically free from danger by frost for this season, according to the opinion of a prominent orchardist who has made an examination of several orchards in the vicinity and declares that none of the fruit buds were injured during the winter.

Great preparations are being made for the annual county track and field meet which is to be held in Broken Bow, May 2.

Governor Bryan has affixed his signature to a bill authorizing the use of \$100,000 from the state aid bridge fund for aiding in constructing a bridge over the Missouri river at Yankton, S. D.

Nebraska's oldest student, Mrs. R. G. McCutcheon, of Merrick county, who celebrated her sixty-ninth birthday February 26, attends classes at the University daily, walking four miles to and from school.

THE AMERICAN LEGION

(Copy for this Department supplied by the American Legion News Service.)

TO DECORATE 32,100 GRAVES

American Legion Plans for Endowment Fund to Annually Provide Proper Attention.

The graves of 32,100 American World war heroes on foreign soil will never be forgotten on Memorial day by the American Legion, under the plans for an endowment fund to be established by the national organization. This fund will be of sufficient amount to annually provide for the permanent decoration of the graves of the dead of the World war, as long as the Legion itself shall exist.

Shortly after the close of the war, collection of a million francs, approximately \$66,000, was made by the Paris post of the American Legion, but the income from this amount has not been found sufficient to do the necessary work annually, so that the endowment plan has been taken up by the national organization and the goal set at \$100,000.

As a result of the operation of this fund, American Legion representatives will visit the graves of the dead in six different countries on Memorial day and see to it that the grave of every soldier, sailor or marine is fittingly remembered. The government is maintaining these graves in a proper manner, taking excellent care of the cemeteries and plots, but the Legion considers that its duty is to pay direct personal tribute to those who gave their lives to their country. According to information given to the Legion, there are 31,400 graves in France and Belgium; 488 in England; 140 in Scotland; 40 in Ireland. One American sailor is buried in Spain.

The fund will be raised from direct contributions from Legion posts and members throughout the country. The national treasurer of the American Legion is authorized to receive either contributions of posts or private donations.

WILL STUDY MILITARY NEEDS

Lieut. Col. William P. Screws, Chairman of Military Affairs Committee, to Direct Work.

Lieut. Col. William P. Screws, of Montgomery, Ala., has been appointed chairman of the military affairs committee of the American Legion.

One of the most important of the committees which serve the veterans' organization, Colonel Screws is instructed by the national executive committee of the Legion that his committee is expected to study the military needs of the nation with a view to recommending to the annual convention of the Legion necessary changes in existing legislation or new legislation on subjects which have not been covered by reports of previous committees on these affairs.

The military affairs committee of the Legion was instrumental in framing the national defense act, which has become a law, and is considered one of the most important pieces of work accomplished toward increasing the efficiency of the nation.

At present Colonel Screws is senior instructor of the Alabama National Guard.

LEGION SEEKS MISSING MAN

Fred Arnold Beer, Buffalo Overseas Veteran, Disappeared Two and Half Years Ago.

Relatives of Fred Arnold Beer of Buffalo, N. Y., have asked the American Legion to help them locate him.

Beer has been missing from the Utica State hospital for two and a half years. He saw service with the Three Hundred and Forty-eighth ambulance company, and after his return was placed in the hospital as one of the mental patients.

His mother, who is a widow, is using every possible resource to locate her lost son, who is an only child.

Beer is thirty-four years old, a letter from his cousin who is aiding the search for the missing man states, weighs about 135 pounds and is five feet nine and one-half inches tall. He has light-brown hair and eyes, and occasionally goes under the impression that his name is Kelly or Squires.

Anyone who can give any information concerning this missing veteran is asked to communicate with his cousin, Theodore H. Becker, Jr., 543 Ellilcott square, Buffalo, N. Y.

LEGION MAN BUSY IN CHINA

Alfred H. Holt, Wisconsin Boy, Was First Commander of American Organization in China.

Alfred H. Holt, formerly of Oconto, Wis., was the first commander of the Canton (China) American Legion post, one of the recently organized branches of the soldiers' organization in foreign climes. Had it not been for the Legion man China today would be lacking a good "republican" or two, for it was his home that sheltered the mayor of Canton, son of Doctor Sun Yat Sen, during the fighting for the possession of the city in 1922.



Alfred H. Holt.

Holt is an instructor at the Canton Christian college, where he teaches French and English to the Chinese students. He is also instructor of military tactics to the cadet corps, and is active in boy scout work of the school.

While the fighting was in progress last June, the gunboats of Doctor Sun Yat Sen were shelling the city and were answered by the forts of the town. The fire grew so intense that Doctor Sun's wife, his son, then the mayor of the city, his wife, fled to the college grounds for safety. One shell, fortunately a "dud," lit squarely on top of a college dormitory, but did no harm.

Since Doctor Holt's election as commander of this faraway post, he has taken an active part in its work. He organized an American Legion baseball team, of which he himself is a member, as well as of the college baseball team, which met the University of California on the recent trip that team made to the Orient. It is said that when these two teams met, the armies of the republicans and irregulars suspended fighting long enough to watch the baseball game.

A student at Williams college in 1917, Holt became a member of the first training camp at Plattsburg in 1918, and at the close of this camp was ordered to Camp Lee, Va. for further training. He was commissioned as second lieutenant of infantry early in November, 1918, but failed to get overseas. After his release from service he returned to college, finished his course, and soon afterward accepted the post of instructor in China. He heads a small but extremely enthusiastic bunch of Legionnaires in Canton.

GREET GERMAN WAR BRIDES

National President of Legion Auxiliary Announces Organization Members Will Serve as Big Sisters.

Members of the American Legion Auxiliary will act as big sisters to German war brides and their babies, Dr. Kate Waller Barrett, national president of that organization, has announced.

Dr. Barrett went to Savannah to welcome the German women, in the name of the Auxiliary and, while there, made arrangements to obtain information in regard to the final destination of the Rhine women. Auxiliary units in those communities will assist the brides in acclimating themselves to a new country. Dr. Barrett believes that many of the unpleasant experiences which naturally fall to the lot of aliens can be eliminated by the kindly help of Auxiliary women.

The war brides measure up well with any other group of women, Dr. Barrett stated. They are young, healthy women, none of them of the "flapper" type. Most of them spoke English, since their husbands, they said, would not learn to speak German.

Dr. Barrett was interested in the attitude of the men toward returning to America. "All that I spoke to," she said, "were happy to get back home. There was a great deal of meriment in regard to the difference between the financial standing of the soldier at home and in Germany. At the present value of the mark, the soldiers were 'millionaires.' As many expressed themselves, 'We all feel like millionaires who have suddenly lost our fortunes.' The only ones who spoke of returning to Germany were those who left their wives and children behind and expected to return for them, she said.

Living It Over.

A western veteran was relating his war experience in an American Legion post to a friend when a third man drew his chair up just in time to hear the first say: "—and they were falling all around us. Thick? Oh, boy!" "Living it over, eh?" interrupted the newcomer. "How big were they?" "Some of 'em eight or ten feet in diameter." "Hold on there, they don't come that big. What war were you in? You musta been shell shocked." "Shell shock me eye. I guess I was there and I saw them. And some of them over two hundred feet high." "Say, what the—what are you talking about?" "Why, the trees we cut out in Oregon in the Spruce Division."—American Legion Weekly.

After Every Meal WRIGLEY'S The Great American Sweetmeat provides pleasant action for your teeth, also penetrating the crevices and cleansing them. Then, too, it aids digestion. Use WRIGLEY'S after every meal—see how much better you will feel. The Flavor Lasts

To know how good a cigarette really can be made you must try a LUCKY STRIKE "IT'S TOASTED"

Pat. Process LLOYD PRODUCTS Baby Carriages & Furniture Ask Your Local Dealer Write Now for 32-Page Illustrated Booklet The Lloyd Manufacturing Company (Haywood-Hatfield Co.) Dept. E Menominee, Michigan (16)

2 IN 1 BROWN Shoe Polish For Value

Baby chicks of all breeds—it might be wise to advertise an uncommon breed like Silver Lake Wyandottes. Pile right, best quality. Write Chicken Litter Hatcheries, Lincoln, Neb.

Bird Well Named. We are told that Piny named the ptarmigan Lagopus owing, it is thought, to the close resemblance of the bird's feet to the feet of the hare; the legs being thickly covered with short feathers right to the very claws. This thick, warm clothing of the legs, increased in winter, is in direct adaptation to the need of a bird, most of whose life is spent on mountain snowfield or cold plains.

An Important Point. Judge—"Five dollars or ten days in jail." Prisoner—"What kind of a jail have you got?"

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Stearns' Electric Paste It is recognized as the guaranteed exterminator for Flies, Lice, Ants, Cockroaches and Waterbugs. Don't waste time trying to kill these pests with powders, liquids or any experimental preparation. Ready for Use—Better than Traps 2-oz. box, 35¢ 15-oz. box, \$1.50 SOLD EVERYWHERE

LOOK OLD? Gray, thin, straggly hair makes people look very old. It isn't necessary—a bottle of Q-Ban Hair Color Restorer will bring back original color quickly—stop dandruff. At all good druggists. Or, direct from Hunt-Elis, Chicago, Memphis, Tenn.