THE OLD FOLKS AT HOME

Are Never Without Pe-ru-na in the Home for Catarrhal Diseases.



Under date of January 10, 1897 Dr.

"My wife has been a sufferer from a mplication of diseases for the past wenty-five years. Her case has builted be skill of some of the most noted physicians. One of her worst troubles was bronic constipation of several years landing. She was also passing through hat most critical period in the life of a seman—change of life.

"In June, 1885, I wrote to you about ber case. You advised a course of Peruna and Manalin, which we at once comed, and have to say it completely

"About the same time I wrote you about my own case of catarrh, which ad been of twenty-five years' standing at times I was almost past going. I commenced to use Peruna according to our instructions and continued its use or about a year, and it has completely wred me. Your remedies do all that ou claim for them, and even more."--

In a letter dated January 1, 1900, Mr. Athinson says, after five years' experi-nce with Peruna:

Mrs. Alla Schwandt, Sanborn, Minn.

"I have been troubled with rheuma tism and catarrh for twenty-five years. Could not sleep day or night. After having used Peruna I can sleep and nothing bothers me now. If I ever am affected with any kind of sickness Peruna will be the medicine I shall My son was cured of catarrh of the larynx by Peruna." --- Mrs. Alla

Why Old People are Especially Liable to Systemic Catarrh.

When old age comes on, catarrhai dis-enses come also. Systemic catarrh is almost universal in old people.

This explains why Peruna has become so indispensable to old people. Peruna is their safeguard. Peruna is the only remedy yet devised that entirely meets these cases. Nothing but an offective systemic remedy can cure them.

A reward of \$10,000 has been deposited in the Market Exchange Bank, Co-lumbus, Ohio, as a guarantee that the above testimonials are genuine; that we Atkinson anya, after five years' experimee with Peruna:

"I will ever continue to speak a good
word for Peruna. I am still cured of
materia."---John O. Atkinson, Indebedence, Mo., Box 272.

ASK YOUR DRUGGIST FOR A FREE PE-RU-NA ALMANAC FOR 1905

ANOTHER BRUTE.

Wife-"Liver so many women are becoming artists."

Husband-'Yes It is a business b which they can talk while they de modern improvement-city vater

Bishop W. W. Cluff, of the Mormon by. Church, at Salt Lake, has arrived to

Mr. and Mrs. John Ginder, of wed have thirteen children. All are light and lively and in good health. and none of them was ever troubled with a serious iliness.

FLOCKING INTO CANADA.

Amsigration from Dakota and Adjointag States-Major Edwards, United States Consul-General at Montreal, Describes the Movement as Due to Scarcity of Land.

Montreal, Nov. 15 -- Major Allison Edwards, United States consul general, who returned to-day from a visit to his bome at Fargo, North Dakota, said in an interview: "The proper way to de scribe the manner in which the people of North Dakota are coming over into Western Canada is to say they are circles; the words are spoken with ought of there being a boundary line at all. It is simply a question," added men's ' agreements." The man who he major, "of there not being any more land in North Dakota and the purrounding States, and the people are locking to Canada to get good farms Maturally the number that will come over will increase all the time, and I his faith may be the ones to pick may say the people you are getting are his pockets when his back is turned. the Seat people in the West. They are But no matter how the members of well supplied with money and are well he clique may attempt to get the sequainted with the conditions under heat of one another, they are united which ther will have to work." The agents of the Canadian government are prepared to give the fullest information garding bomestead and other laws

THE WORMS TURNS.

-"Yes'm." Emancipated - Woman (sternly)-"Your bat bill is perfectly outragebus! The idea of paying three dolhars for that bit of shoddy stiffened over a block! If you were not a mere butterfly of fashion and the this direction. He's been eyeing me ; do sort of lose track of them some very personification of extravagance, you would let your hair grow long and go without a hat, as the football guess he's wondering how you hap-Diayers do."

A SHORT TERM EMPRESS.

I'ke an empress, and bosses me bround all she likes now; but wait antil we are married and then see now she'll fawn and crime." Winks-"To you?"

Binks-"No, to the servant girl."

4 efficied with Thompson's Eye Water

MODERN IMPROVEMENT. Friend-You hat move a new house

in. I hear. Sweibler-Yah; und dot house has for vashing, und a peer saloon glose

Mexico, charged with the mission of portion of blind peope than in any road in front of the house. "There purchasing large tracts of land upon other European country. Two out goes Mrs. Granger," said one of the which Murmon colonies will be es- of every thousand persons are sight-



FREE HOMESTEAD LANDS OF WESTERN CANADA FOR 1904

The 150 \$30 Parmers from the United States, who during the terror years have gone to Canada, participate in this Plus United States will your become an importer of What Get a free homested or purchase a farm in Western Canad-and become one of those who will help produce it

THE FALLACY OF "GENTLE-MEN'S AGREEMENTS"

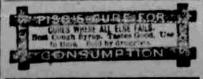
"Gentlemen's agreements" are so frequently broken that the express too has become a laugo to figanolal soming over in droves. Among the sneer. In this very article, in the instance of the weakness of gentlegoes into a "gentleman's agreement" must watch his associated with the eye of a bawk. The very in the campaign against the general public. It is said that the germs of tuberculosis in the same affected regions of the body sometimes engage in conflicts, but that does not prevent their eating and destroying the looked," was the guarded answer Emsocipated Woman (1904)-"My tissues of their victim. Soit is with the boss gamblers of Wall Sreet .-Unemancipated Husband (thuidly) Henry Shedd Beardsley in The Era Magazine for December.

WHO HE WAS.

Mr. Lightweight (airily, to condector)-"I wonder what that shab by old codger finds so attractive in for ten minutes."

(thoughtfully)-"] Conductor pen to be traveling on a pass. He's the president of the road."

Bink-'Oh, yes, she carries herself BECCS' CHERRY COUCH SYRUP



SANGER IN VIOLENT EXERCISE

imely Caution to Participants is Fierce Athletic Games.

Now that students all over the court ry are in the midst of hard training or athletic games, some of the ut test violence, the opinion of medica aperts upon the effect of violen xercise on growing persons is soptally timely. The opinion of the deers upon this point was emphasize t the recent meeting of the Americas Aedical Association at Atlantic City Doctors are pretty generally agree had violent exercise seriously aff to he health of growing persons. It notorious fact that great athletes at rule are not long-lived. As they ar ive at full age with especially visor us constitutions they might be exected to live to be much older thanhe average healthy person. But such o not the case. They samilice langer ty by the effort required in their con ests and in the training preparatory It is a medical maxim that men are

or old as their arteries. If one's triciles show degeneration, however orteries retain their original elasticity and health, the man is still young, no counted. He has an expectancy, or nany years of life. Physicians gener elly agree that the great cause of ar erial degeneration is hard physica abor. This is especially true of labor omong growing children. If the boy etween 15 and 20 is obliged to even eretty sure to initiate arterial degen cation. When that boy is 40 or 4! is arteries begin to thicken, become igid and tertuous. They fail to per orm their function in the circulation of the blood and cause an undue tax on the heart, with the result of hearlisease or sentility. The initiatory im given in youth by violent exercise treat feats of strength or wearing physical labor forces the blood inte he arteries until it distends them Sometimes it means a lesion and sud ten breekdown through aneurism o teart trouble. If this effect does no follow it starts the deterioration of the arteries, which finally ends in degen eration. Thousands of young boys who are obliged to engage in severe physical labor for a living must pay the penalty by premature old age they shall shorten their lives for 1 tuicide. little brief prowess on the field. It to so by hard training and violen physical exercise.—Baltimore News.

tzza of the beach hotel at the tim arely have the disease. when all those who bathed daily in the comen on the plazza, as a stout, plea-Int-faced person passed by without glance toward the hotel.

"My! I should think she'd have lamus. engthwise stripes since she's taken or to much flesh, shouldn't you? Bu the's real good-natured. I think those 'at folks are apt to be, and I don' tnow as they really mind the heat any more, either. She doesn't. Shthenmalism going."

"That's an awful trying thing, rheu y apathetically.

"Well, she's expected it all her life raid Mrs. Granger's friend. "Ethel hat's her youngest daughter, has had winges already; but she's engaged to t Californian, so she may escape, go ng to a warm climate, that way. ruess Tom, that's the son, won't ever tave it, for he never keeps still long mough to get an ounce of flesh bim. Tall. though! He's just running boople there did not seem to be any Shipbuilding case, is an interesting to mehes; springs up like a weed. Only ays, pleadingly and with a fine pessifteen, and he can't wear his father's trougers or coats. Mr. Granger is son of short, like all his family; but he ias a brother built just as Tom's go mg to be. He's the one whose wife "geotlemen" in whom he is putting has all her white skirts made hand ncked! Now did you ever? In these lays, when machines do such lovely work!"

> "No, I never did," said the listene. 'I didn't know you knew them vell-why, you're real intimate, aren ou? The sun was in her eyes so she couldn't have told who was sitting sere if she'd looked."

> "Well, I don't know as she'd have recognized me right off, if she had 'We're not intimate, because I haven' eally met her, nor she me; but I know per through and through, and I pre name she would say the same. The soman that washes and irons for her m Monday and Tuesday comes to me in Wednesday and Thursday-and mess there isn't any better way to ge cal well acquainted with another fam ty than that-though in the summer ames."-Youth's Companion.

Cruelty to Animals.

"Here," said Mrs. Bickers, who has been reading the paper, "is an ac sount of a man who chopped his wife up and fed her to the chickens Wasn't that perfectly dreadful?" "I should say it was," replied Bick

"I hope the Society for the Pre rention of Cruelty to Animals got or is traff immediately."-Smart Set. When a woman thinks she has been

n one piece long enough, she climbs

stepladder, and breaks her arm, How much the teacher knows! And he ought to: she has the book.

DONT READ THE THEY PAPERS.

PAPERS. Mrs. P. Brunsel, wife of P. Brunsel, St. Peter-"You can't come in." stock dealer, residence 3111 Grand Millinosire-"Wha-at? You just avenue, Everett, Wash, says: "For fifend for the daily papers, and read he reports of the funeral sermon nat Rev. Softie preached over me."

SHE WAS RIGHT. Mr. Sharp-"If there were no

vomen, the men would have nothing a laugh at."

Mrs. Sharp-"If there were no somen, the men wouldn't want anyning to laugh at. They would not cel like laughing.

Reads Like a Miracle.

Moravia N. Y. Dec. 12.—Special.)

Bordering on the miraculous is the case of Mrs. Benj. Wilson of this place. Suffering from Sugar Diabetes, she lieve the aching pains and all other an new income of the control of th Moravia, N. Y., Dec. 12.—Special.) the bar ly tipped the scales at 130 lbs. bodd's Kidney Pills cured her. Speak-

ng of her cure her husband says; "My wife suffered everything from ingar Diabetes. Sue was sick four rears and doctored with two doctors. bill received no benefit. She had so unch pain all over her that she could ot rest day or nigh.

dust she could not live. "Then an advertisement led me to try Dodd's Eidney Pills and they help go out." natter how many years he may have of them cured her. Bodd's Kidney id her right from the first. Five boxes Pills were a God-sent remedy to us and we recommend them to all suffering

from Kidney Disease." Dodd's Kidney Pills cure all Kidney Olsenses, including Bright's Discuse. and all kidney aches, including Rheum ttism.

is physical powers to the utmost he it McWORKS' KINDLY THEORY. Mrs. McWork-"Old Bullion is nakin' gobs o' money. Phys hud he se wantin' to rejuce your wages"

Mr McWork-"Sure I dunno. Mawe he do be thryin' to get rich reough to be a great phelanthropits"

Luv iz a cucious mixtur; it iz pulse in this case has probably heer made up ov jealousys and doubts, pouting lies and weeping eyes, squables and rekonciliations, sharp cuoning and abjecks blindness, purity and sin, fond hopes and tantalizing lears, and a thousand other ingredients besides. For more full partikuars watch the two lovers, Ruben and Cornelia.

Emperer of A in the beginning of blanc frevery battle college athletes it is optional whether !ld st son closed his career with ashamed ov.

The Chicago board of health medical men are right they will surely asserts that a large percentage of himself, and how little he luvs his sufferers from Bright's disease are neighbor. mose who indulge in what is called niga living. People who live on habits, a carpenter in Budapest keeps Two women were sitting on the pi blain food and lead temperate lives her locked in the house on weekdays

There is nothing che p r than bad when the stores are closed. In Russia there is a larger proica were straggling along the sand;
portion of blind peope than in any road in front of the house. "There
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In a larger proica were straggling along the sand;
proica were straggling the sand;
pr criticks hav diskovered, they owe it George-"Cau't afford a costume." to their airs and assignees tew adopt t at onst, and bekum ritch and

ARE ANY TWO PEOPLE ALIKE Can any two human beings look exactly alike Most people will say 10, yet upon this apparant impossioffity Katherine Ceell Thurston has mys she'd rather have hot weather suilt ber remarkable book, "The redit if, thus handleapped, she is the world and so little on ourselfs. thle to envolve a tale into so clever a athen is," said the other woman way as to give verisimilitude to her neidents and characters. That she has a complished this in no small for she comes of a rheumatic family. tegree is evidenced by the wonderful ascination of the tale. One reader, nde d, being an invalid from heart rouble and having started the story erially, writes the publishers and mplores them to reveal the denouenent, lest be pass away before the angled skein is unraveled and the preplexing moral problem solved. He mism: "It would be just my luck o die and not know the end." Was ver before such a letter written to publisher? This letter, however and it was a long one), is undoubtdly the "real thing " for Harper & tros. rouch for it, and that's nough for you and me and the ganral public. It is only to be hoped hat they were kind to the corresondent and satisfied his curiosity. ven at the risk of a sudden shock o his admittedly weak heart. - Wes-December.

> ***************** Nothing is so selective to cold as a nerve and this is the cause of Neuralgia



St. Jacobs Oil

soothes and cures the wors

with terrible pain in my back. I did not know what it was to enjoy a night's rest arose in the morning feeling tired and unrefreshed. My suffering sometimes was simply inde-scribable. When I of Donn's Kidney Pills I felt like a

continued until I had taken five boxes

Foster-Milburn Co., Buffelo, N. Y. For sale by all druggists. Price 54 cents per box.

NO SIGN NEEDED.

the Door' signs?" Jimson-"Don't need 'em."

"Your door hasn't any spring." "People always shut it when they

"Toat's queer."

it with a siam." I never hav jined church yet; I

never hav thought I was bright enuff for an example. There iz just az mutch real wit

wit, and no more. THE YOUNG DOCTOR AHEAD. Joker-"I suffer from cold feet at lo you?"

right, " Dr. Glynn-"Is your general realth good?

"Perfectly," Good appetite? First rate. Sleep under blankets?

Yes. Take plenty of outdoor exercise? Lots.

Very strange. The cold feet are my wife's. Ah! Get a divorce. Two dollars, to be.

Thare iz nothing the human harte ie has fought to has been defeated accepts more greedily than flattery, There is no help for them. But will als wile was assassinated, and his and nothing it ought to be more

> No man haz ever yet bekum so wize as to know how mutch he tuys To curb his wife's extravagant

but kindly lets her out on Sundays,

"Got a threadbare coat?" "Of course." "And an old pair of baggy trousers?

"Certainly,"

"Well, put them on, and go as a millionatre."

One grate reason will philesophy and philanthropy so often fails is than cold, anyway; the cold sets he Masqueraders." All the more to her bekause so mutch or it is spent on

by local applications, as they cannot reach the diseased portion of the car. There is only on way to cure deafness, and that is by constitutional remedia. Deafness is caused by an inflamed societies of the mucous fields of the Eustacian Tube. When this tutes inflames you have a tumbing sound or imperied nearing and when it is emirely closed, business in the result, and unless the inflammation can be

the inucous surfaces.

We will give One Bundred Do are for any case of Dealness (caused by extarrh) that can not be cured by Rall's Catarrh Cure. Send for through, free. F. J. CHENKY & CO., Tolede, O

sold by Druggists, 75c. Hall's Family Pills are the best.

YE MOTHEL-IN-LAW AS SHE IS. Grocer-"You seem to be living m stly on canned goods lately." Mr. Newwed (sadly) -"Yes; my wife's mother is away.

CASTORIA For Infants and Children. The Kind You Have Always Bought Bears the Signature of Chat Helther.

"A bar of Iron may be ground to a needle; with resolution everything may be accomplished."

Mrs. Winslows SOOTHING SYRUP for children teething, softens the gums, reduces infla mation, allays pain cures colin Price Sic bottle

When a politician gits rich be is Tute apt to wear hix politikal principles az a kind ov elekshun hollyday

Bargains in Harlan Co. Lands.

eal Estate is always a safe inves ment.

It neither turns nor blows Can you afford to rent when you can own a quarter section for \$2500. For further information write

Hope iz perenma; were to be rebukes disappointments and viss ssitudes ov all kinds, and iz ever red y to lend a helping hand.

TO CURE A COLD IN ONE DAY

As Exceptional Woman. "Talk about close-fisted men," 'he clerk at the bargain counter, "why that woman just going out at the doc could give cards and spades to any

man I ever saw and win in a walk." "Oh, it's a woman's unture to haggle over prices, you know," rejoined the floor walker.

"But she didn't haggie," said the clerk. "She selected an article and paid for it without a word, but due ing the 19 minutes I kept her writing for her change she never looked at an finished the first box other thing in the store. 'Fraid she' see something she wanted, I suppose,

Walker-Do you know if Councilman Blank still has his office og the erond floor of the Cloudland build

Kgox No; he is now located on the discreenth floor of the same building Walker So? What reason had be r making the move?

Knex-He probably discovered that e had no show of being elected to a Peddier-"Want any 'Please Shut higher office, so he concluded to rent

He Could See It.

Wife-According to the program, his play has a moral, but I fall to

Husband (who paid \$5 for seats) -"I'm a tax assessor. They shut Oh. It's plain enough. A fool and his soney are soon parted.

Hadn't Forgotten It. "For years I have suffered in since," remarked Peckem at the dinner able the other evening, "but you in the world az there iz truth in the should remember the old saying that

ven the worm will tuen." "Huhf" sneered Mrs. Peckem, "I ope you don't call yourself a worm,

"Possibly not," replied the theoretiat head of the combine, "yet on the tay of our marriage I have a distinct recollection of hearing some one refer o you as the early bird.

Why He Was Skeptical. Parson Brown-Why do you doub! the genuineness of Green's conver-

tion? Deacon Smith-Recause he never says anything about what a shameless wretch and miserable sinner he used



Batchgurl, "that golf Isn't good exerdse. It makes the young men so strong in the arms that-that you can scarcely breathe."

Keep Away the Flice. Gunner-People are always kicking about hig hats in the theater, but never in church.

Guyer-Well, they help to screen the leepers in church.

They Wore in Luck. Mistress - What did the ladies say then you told them I was not at mme? Maid-Sure, wan av thim said it's

tither bein' better t' be born lucky

In the Dim Future. She-No. Mr. Smitten, I cannot acout you. I shall continue to wait un-

il I meet the ideal man. He-Well, here's hoping you will ive till the millennium rolls around. Limited Knowledge.

"Oh," sneered the self-important wyer, who was cross-examining, "you hink you know it all, don't you?" "Not quite," replied the witness. For instance, I don't know how you nanage to secure an occasional eli-

Both Sides of It. She-I think a girl is very foolish to narry a poor man. He-Yes; but not half so foolish as he poor man who marries that kind

Proof Positive. "Did my client, to your knowledge, ver incite another to perjury?" asked he attorney for the defense. "Yes," answered the witness "I

of a girl.

ince heard him ask a woman her Possible Explanation. Maude-He says he loves me dear-

y, yet he has known me only two Clara-Oh, well. I suppose that seounts for it, dear.

Ought to Be a Go. "Say, old man, I'm writing a novel hat is going to sell like wildlire." "How's that?"

"When it's done I'm going to make

he last chapter the first."-Detroit Free Press. Two of a Kind, Kerwin-What would you think of

t man who divplged a secret entrusted m him? Parker-Well, I should think he was er an equal footing with the fool who ntrusted it to him.

She-Do you think that a woman un truly love but once? He-Well if that's the only chance he has -yes!-Detroit Free Press