



Mrs. Hughson, of Chicago, whose letter follows, is another woman in high position who owes her health to the use of Lydia E. Pinkham's Vegetable Compound.

"DEAR MRS. PINKHAM:—I suffered for several years with general weakness and bearing-down pains, caused by womb trouble. My appetite was fitful, and I would be awake for hours, and could not sleep, until I seemed more weary in the morning than when I retired. After reading one of your advertisements I decided to try the merits of Lydia E. Pinkham's Vegetable Compound, and I am so glad I did. No one can describe the good it did me. I took three bottles faithfully, and besides building up my general health, it drove all disease and poison out of my body, and made me feel as spry and active as a young girl. Mrs. Pinkham's medicines are certainly all they are claimed to be."—Mrs. M. E. HUGHSON, 347 East Ohio St., Chicago, Ill.

Mrs. Pinkham Tells How Ordinary Tasks Produce Displacements. Apparently trifling incidents in woman's daily life frequently produce displacements of the womb. A slip on the stairs, lifting during menstruation, standing at a counter, running a sewing machine, or attending to the most ordinary tasks may result in displacement, and a train of serious evils is started.

"If the slightest trouble appears which you do not understand write to Mrs. Pinkham, at Lynn, Mass., for her advice, and a few timely words from her will show you the right thing to do. This advice costs you nothing, but it may mean life or happiness or both."

Mrs. Leelah Stowell, 177 Wellington St., Kingston, Ont., writes: "DEAR MRS. PINKHAM:—You are indeed a goddess to women, and if they knew what you could do for them, there would be no need of their dragging out miserable lives in agony. I suffered for years with bearing-down pains, womb trouble, nervousness, and excruciating headache, but a few bottles of Lydia E. Pinkham's Vegetable Compound made life look new and promising to me. I am light and happy, and I do not know what sickness is, and I now enjoy the best of health."

Compound can always be relied upon to restore health to women who thus suffer. It is a sovereign cure for the worst forms of female complaints,—that bearing-down feeling, weak back, falling and displacement of the womb, inflammation of the ovaries, and all troubles of the uterus or womb. It dissolves and expels tumors from the uterus in the early stage of development, and checks any tendency to cancerous humors. It subdues excitability, nervous prostration, and tones up the entire female system. Its record of cures is the greatest in the world, and should be relied upon with confidence.

5000 FORFEIT if we cannot forthwith produce the original letters and signatures of above testimonials, which will prove their absolute genuineness. Lydia E. Pinkham Medicine Co., Lynn, Mass.

Looking for a Home? Then why not keep in view the fact that the farming lands of Western Canada are sufficient to support a population of 50,000,000 or over? The immigration to Western Canada during the past six years has been phenomenal. FREE Homestead Lands are accessible, and other lands may be purchased from Railway and Land Companies. Western Canada's grain lands produce marvelous crops while the grazing lands contain all the nutritive qualities for fattening cattle and other stock. Markets, schools, railways and all other conditions make Western Canada a desirable spot for the homeseeker. Write to the Superintendent Immigration, Ottawa, for a descriptive Atlas, and other information; or to the authorized Canadian Government Agent, W. T. Bennett, 201 New York Life Bldg., Omaha, Neb.

MILAN IS SILK CENTER Until the last years of the last century Lyons was Europe's chief silk market. Milan gradually ousted it from the position, and in 1902 its receipts were 37 1/2 per cent larger than those of Lyons. A medical journal declares that people who drink cows' milk are more inclined to consumption than those who use the milk of the reindeer, the buffalo, the ass, or the goat. Earliest Green Onions. The John A. Salzer Seed Co., La Crosse, Wis., always have something new, something valuable. This year they offer among their new money making vegetables, an Earliest Green Eating Onion. It is a winner. Mr. Farmer and Gardener! JUST SEND THIS NOTICE AND 16c and they will send you their big plant and seed catalogue, together with enough seed to grow 10,000 plants! 1,000 fine, solid Cabbages, 2,000 delicious Carrots, 2,000 blanching, nutty Celery, 2,000 rich, buttery Lettuce, 1,000 splendid Onions, 1,000 rare, luscious Radishes, 1,000 gloriously brilliant Flowers. In all over 10,000 plants—this great offer is made to get you to test their warranted vegetable seeds and ALL FOR BUT 16c POSTAGE, providing you will return this notice, and if you will send 20c in postage, they will add to the above a package of the famous Berliner Cauliflower. (C. N. U.)

Sale Ten Million Boxes a Year. THE FAMILY'S FAVORITE MEDICINE. **Cascarets** CANDY CATHARTIC. WORK WHILE YOU SLEEP. BEST FOR THE BOWELS.



Potato Soup. Peel half a dozen potatoes and slice two onions; put them to cook in three pints of cold water. When boiled perfectly tender rub through a sieve, set back on the fire and season with a cup of milk, a teaspoonful of butter, a pinch of grated nutmeg and pepper and salt to taste. Serve with croutons. This soup can be made much richer by blending a half cup of cream and the yolks of two eggs, to be added just before serving. As it curdles quickly, care should be taken in adding the eggs.

Corn Meal Gems. One cup indian meal, two cups flour, two tablespoonfuls baking powder, one tablespoonful butter, one tablespoonful lard, half teaspoonful salt, one and a quarter cups milk, two eggs. Sift together the meal, flour, baking powder and salt, warm the milk just enough to melt the lard and butter, beat the eggs light without separating, mix into a firm batter and fill well-greased pans two-thirds full. Bake in hot oven twenty minutes. Can be eaten warm or cold.

Baked Indian Tapioca. Mix together one-third of a cupful of White House tapioca and one-fourth cupful of Indian meal, and sprinkle the mixture into a quart of boiling milk. Stir and cook until the tapioca becomes transparent. Add a cupful of molasses, two tablespoonfuls of butter and half a teaspoonful of salt, and turn into a buttered baking dish. Pour over the top one and one-half cupfuls of cold milk, place in the oven without stirring and bake one hour.

Icicles. Mix and sift together two cupfuls of sifted flour, four level teaspoonfuls of baking powder, half a tablespoonful of sugar and half a teaspoonful of salt; rub into the flour with the tips of the fingers four level tablespoonfuls of butter; then all two beaten eggs and one third cup of cream; toss on a floured board; roll three-fourths of an inch in thickness; cut in squares; brush with white of egg; sprinkle with sugar and bake in a hot oven fifteen minutes.

Fruit Pudding. Chop together one cup seeded raisins and one cup beef suet. Mix one cup molasses, one cup sweet milk, two even teaspoons saleratus, three cups flour, salt and nutmeg. Add raisins and suet and stir thoroughly. Steam three hours or more. For a sauce, take one cup sugar, two tablespoons flour and one tablespoon butter. Stir together till creamy. Add one bowl of hot water, stir till smooth and add nutmeg to taste.

Lunch Rolls. Seven cups flour, one pint milk, boiled; when cool add half cup butter, one-quarter cup sugar, one egg, half a compressed yeast cake. For tea, set them to rise at 8 o'clock a. m.; at 3 p. m. roll them out about an inch thick; cut out with a large biscuit cutter; put a small piece of butter on one side, fold them in halves, put them in your pan a little apart and let them raise until time to bake for tea.

Oatmeal Cookies. Into four cups of flour sift a teaspoonful of baking soda and stir in three cups of oatmeal. Now stir in two cupfuls of powdered sugar worked into a paste with a cupful of melted butter and add a teaspoonful of salt. Moisten with enough cold water to make a stiff dough. Roll as thin as a sheet of paper, cut into cookies and bake.

Fruit Cookies. Cream together one cup butter and one and one-half cups sugar. Add one cup well-washed English currants, two well-beaten eggs, three tablespoonfuls sour milk, one teaspoon saleratus. Flour to roll out rather soft. When rolled out sprinkle sugar lightly on top, roll a little and cut out and bake.

To Have Enough Gravy. When baking meat place the dripping tin on another slightly smaller tin half filled with warm water. This will prevent the gravy and dripping from boiling away or burning.

Short Suggestions. Enamel cloth is suggested as a good floor covering for closets, being easily fitted and also easily taken up and relaid. To clean plaster of paris ornaments, cover them with a thick coating of starch. Then it may be brushed off and the dirt with it. It is claimed that with white flour and bran sifted together lace collars can be easily cleaned. Rub the mixture into the soiled parts and beat out with a stick.

To remove stains on knives, take half of a raw potato, dip the cut end in brick dust, and with it scour the stained knife blades. When the stains have disappeared, polish in the usual manner. Wash spots on clothing caused by machine oil with cold rainwater and soap. This method may safely be tried when other means would not be advisable, owing to colors running, etc. Cracks in a cooking stove can be satisfactorily filled by a paste made of six parts common wood ashes to one part of table salt, mixed with cold water. Properly mixed, it will prove lasting and will take blacking.

28 Army Generals Send Letters of Endorsement To The Inventor of the Great Catarrh Remedy, Pe-ru-na

Brigadier-General King of Confederate Army. Writes: "I unhesitatingly state that I am convinced Peru-na is a medicine that will effect all the cures that is claimed for it."—J. Floyd King, Washington, D. C.

General Smalls, Beaufort, S. C. Writes: "I have used Peru-na for catarrhal trouble and find it beneficial and to all that it promises, and freely give it my unqualified recommendation."—Robert Smalls.

General Abbott, of Washington, D. C. Writes: "I am fully convinced that your remedy Peru-na is an excellent tonic. Many of my friends have used it with the most beneficial results for coughs, colds and catarrhal troubles."—Ira C. Abbott, 906 M St., N. W., Washington, D. C.

Captain Yarnell, of Washington, D. C. Writes: "Your medicine, Peru-na, I believe to be the best medicine for catarrh on the market. I have taken only a small amount, and can see very beneficial results."—V. G. Yarnell, 2022 Lincoln street, N. E., Washington, D. C.

General McBride of U. S. A. Writes: "I have no hesitation in recommending Peru-na to all persons who are afflicted with catarrhal troubles."—J. D. McBride, 450 Pennsylvania Ave., N. W., Washington, D. C.

General Longstreet of the Confederate Army. Writes: "I can testify to the merits of Peru-na, both as a tonic and a catarrh remedy. Peru-na enjoys the greatest reputation as a catarrh remedy of any medicine yet devised."—James Longstreet, Gainesville, Ga.

General Noske of O. V. U. Writes: "I commend Peru-na to those who are troubled with colds producing catarrh as a most efficacious cure and as a good general tonic."—Chas. F. Noske, 213 B. St., N. W., Washington, D. C.

General Erwin's Recommend. "Many of my friends have used Peru-na as a dyspeptic remedy with the most beneficial results."—John B. Erwin, Washington, D. C.

Brig.-General Schell Benefited. "Peru-na is indeed a wonderful tonic, and for coughs and colds I know of nothing better."—F. M. Schell, Washington, D. C.

General Duffield of the Union Army. Writes: "I have used Peru-na in my family and have found it a valuable medicine, and take pleasure in recommending it to all who suffer from catarrh of the stomach or who require a tonic of efficiency."—The Cairo, Washington, D. C.

A full set of scales rules representing the principle forms to use in lumbering throughout the country has been presented to the forest department of the university of Michigan, by the Lufkin Rule Company, of Saginaw.

I have examined these rich men, and I find that the happiest time of their life is when they are making their money; after they get rich and set down to enjoy it, trouble begins.

There is no better evidence of general depravity than to see those who batter the most succumbed the best.

I find Piso's Cure for Consumption the best medicine for croupy children.—Mrs. F. Callahan, 114 Hall street, Parkersburg, W. Va., April 18, 1901.

Thirteen counties in Kansas are without debt.

Troisante and Billion Dollar Grass. The two greatest fodder plants on earth, one good for 14 tons hay and the other 80 tons green fodder per acre. Grows everywhere, so does Victoria Rape, yielding 60,000 lbs. sheep and swine food per acre.

JUST SEND 10c IN STAMPS TO THE John A. Salzer Seed Co., La Crosse, Wis., and receive in return their big catalogue and lots of farm seed samples. (C. N. U.)

There is one trait of the human karaktar, that the devil himself must be proud of, and that is, the more we have injured a man the more we hate him.

Germany, Japan, Mexico, Great Britain, Canada, Honduras and Egypt have placed in the Forestry' fish and game palace at the world's fair.

Most people are anxious to get the fast news. I want my news about four days old, then I can think I stand some chance to bear the truth.

1000 Reward, \$100. The readers of this paper will be pleased to learn that there is at least one dread disease that science has been able to cure in all its stages, and that is Catarrh. Hall's Catarrh Cure is the only positive cure known to the medical fraternity. Catarrh being a constitutional disease, requires a constitutional treatment. Hall's Catarrh Cure is taken internally, acting directly on the blood and mucous surfaces of the system, thereby destroying the foundation of the disease, and giving the patient strength by building up the constitution and assisting nature in doing its work. The proprietors have so much faith in its curative powers that they offer One Hundred Dollars for any case that it fails to cure. Sent for list of testimonials.

Mixers are strange critters—they seem to enjoy only those things they haven't got.

General Butler of South Carolina. Writes: "I can recommend Peru-na for dyspepsia and stomach trouble. I have been using your medicine for a short period and I feel very much relieved. It is indeed a wonderful medicine besides a good tonic."—M. C. Butler.

Brigadier-General Kirby. Writes: "I can recommend Peru-na to all those who are afflicted with catarrh."—General D. T. Kirby, Washington, D. C.

Gen. Powell, Hecker Post No. 443. Writes: "After using one bottle of Peru-na I became convinced of its curative qualities, and continued its use to date. All symptoms of catarrh have disappeared, yet I continue its moderate use as a preventive, and an old man's tonic."—W. H. Powell, Belleville, Ill.



Gen. Sebring of the Confederate Army. Writes: "I can cheerfully recommend your valuable remedy Peru-na as a very excellent tonic, and also good for coughs, colds, catarrh and general debility."—W. H. Sebring, 133 W. 4th St., Jacksonville, Fla.

General Lumax of Washington, D. C. Writes: "I can cheerfully recommend your remedy as a permanent and effective cure for catarrh, colds and to any one who needs an invigorating tonic to build up their system."—L. L. Lumax, 1045 10th St., Washington, D. C.

Gen. Payne of Washington, D. C. Writes: "I join with my comrades in recommending Peru-na to my friends as an invigorating tonic to build up the system."—Gen. Eugene B. Payne, 407 4th St., N. W., Washington, D. C.

General Talley of Pa., Vol. U. S. A. Writes: "Your Peru-na has been used by me and my friends as a relief for catarrhal troubles with the most beneficial results. I am so convinced of the efficiency of Peru-na that I do not hesitate to give it my recommendation."—Wm. Cooper Talley, 713 D St., N. E., Washington, D. C.

General Bigelow Cured. Gen. J. G. Bigelow, 151 C St., N. W., Washington, D. C., writes: "Peru-na has made me well and it has given me more than ordinary strength and spirit for work."

Gen. O'Beirne of Washington, D. C. Writes: "As many of my friends and acquaintances have successfully used your Peru-na as a catarrh cure, I feel that it is an effective remedy, and I recommend it as such to those suffering from that disease as a most hopeful source of relief."—James R. O'Beirne, 250 Broadway, Washington, D. C.

General Chase, Ass't Adj. Gen'l. G. A. R. Writes: "The excellence of Peru-na as a cure or relief for catarrhal disturbances is well established. Many of my friends have been benefited by its use."—R. P. Chase, 29 Harrison St., Anacostia, D. C.

General S. S. Yoder of Ohio. Writes: "I have found Peru-na to be a wonderful remedy. I only used it for a short time and am thoroughly satisfied as to its merits."—S. S. Yoder, Washington, D. C.

General O'Connor of U. V. Legions. Writes: "If you are suffering from catarrh or physical debility, immediately commence the use of Peru-na. It has been of the greatest benefit and service to many of my friends."—Hennis O'Connor, 728 32nd St., N. W., Washington, D. C.

Gen. Wright of the Confederate Army. Writes: "I take pleasure in recommending Peru-na. It is a remarkable medicine and should be used by persons who are in need of a good tonic and by sufferers from catarrh."—Marcus Wright, 1724 Corcoran St., Washington, D. C.

Gen. Hawley of Washington, D. C. Writes: "I have used Peru-na and find it very beneficial for kidney trouble and especially good for coughs, colds and catarrhal troubles."—A. F. Hawley.

Gen. Urell of Spanish War Veterans. Writes: "Many of my friends have used Peru-na with beneficial results as an effective remedy for catarrh."—M. Ernest Urell, 813 12th St., N. W., Washington, D. C.

Other Army Generals who praise Peru-na are: **Brigadier-General Cook of Washington, D. C.** **General Sypher of Washington, D. C.** **General Middleton, Hancock Regiment, U. V. U., Washington, D. C.**

If you do not derive prompt and satisfactory results from the use of Peru-na, write at once to Dr. Hartman, giving a full statement of your case and he will be pleased to give you his valuable advice gratis. Address Dr. Hartman, President of The Hartman Sanitarium, Columbus, O.

When a steady tippler is prostrated with pneumonia, his chances of recovery are about three to ten. His heart has been so weakened by artificial stimulation that his vitality is easily depressed.

The president of the Republic of Andorra, in the Pyrenees, gets the smallest salary paid by any civilized government. It is only \$15 a year, and he thinks of asking for a ten per cent. increase, which would make it \$16.50.

When impudence deserts a man it leaves him nothing on earth to fall back upon.

Mrs. Winslow's SOOTHING SYRUP for children teething, softens the gums, reduces inflammation, allays pain cures colic. Price 25c bottle.

A snake's belly and a lying tongue are the 2 sillipplest things we know of.

Any person who can write in spare time at home for us, experience unnecessary; send stamp for particulars. American Art, 105 8th, Brooklyn, N. Y.

The most pleasant prospect from the top of a hill mountain is to look back and see the ragged way we have cum.

MEXICAN Mustung Liniment cures Cuts, Burns, Bruises.

Seven hundred and sixty-five cases of the German exhibits have been received at the world's fair for installation in seven different exhibit buildings.

IF DYSPPEPTIC USE ARTHUR'S DYSPPEPTIC TABLETS as they immediately relieve the stomach from poisonous matter by digesting the food. Sold for 50c a box. Guaranteed. Sold only by Arthur Dyspepsia Tablet Co., Concord, Mich. Large sample 10c.

Buy in the Black Hills Hidden Treasure. Gold Mining & Milling Company South Dakota is offering its Treasury Stock, a limited amount, for sale. Investors looking for a safe place to put their money, would do well to investigate this. I can furnish the genuine S. T. Cochran stock.

R. O'SULLIVAN, High Class Mining Stocks, 11 Broadway, New York

GOLDEN CROSS FOR DOMESTIC There were 144 German domestic servants last year who were awarded the servant's golden cross for having lived forty years with one family. Only one was found in Berlin.

STICKS TO OLD CUSTOM New Hampshire is one of the few states that will follow the ancient custom of having each spring a day of fasting and prayer by proclamation of the governor.

The Oat Wonder. The Editor must tell his readers of this marvel. It originated with the largest farm seed growers in the world, the John A. Salzer Seed Co., La Crosse, Wis. It has stiff straw, stands up like a stone wall, is white, heavy, and has long ears, filled to the tip with fat, plump kernels. It is a great stouter, 80 stacks from one kernel.

IF YOU WILL SEND THIS NOTICE AND 10c IN STAMPS to above address, you will get a sample of this Oat Wonder, which yielded in 1903, in 40 States from 250 to 310 bu. per acre, together with other farm seed logue and farm seed samples. (C. N. U.)

And Lands Made Fruitful. Those parched, dry, arid plains of Montana, Colorado, Arizona, Idaho and other dry lands respond quickly and give a big yield when planted to Salzer's Speltz, Hanna Barley, Macaroni Wheat, 60 Day Earliest Oats, Billion Dollar Grass and Bromus Inermis. Above seem to flourish and laugh at droughts and arid soil.

JUST SEND 10c IN STAMPS and this notice to John A. Salzer Seed Co., La Crosse, Wis., for their big catalogue and farm seed samples. (C. N. U.)

Without trials and temstahons man would be nothing more than a fungus.

You can do your dyeing in half an hour with **POTNAM FADELESS DYES.** The best way to manage children is to spank them privately and praise them publicly.

FITS Permanently cured. No fit or nervousness after first day's use of Dr. King's Great Nerve Restorer. Sent for FREE 62 1/2 cent bottle and treatise. Use R. M. KLING, Ltd., 201 Arch St., Philadelphia, Pa.

"Things that must happen are a grate deal easier to get along with than things that may happen.

BEGGS' BLOOD PURIFIER CURES catarrh of the stomach.

PISO'S CURE FOR BURSIS WHERE ALL ELSE FAILS. Use in time. 50c by druggists.

Right Along A good thing lives and takes on new life, and so **St. Jacobs Oil** keeps right along curing **Pains and Aches.** Price 25c and 50c.