



Mrs. Weisslitz, president of the German Womans' Club of Buffalo, N. Y., after doctoring for two years, was finally cured of her kidney trouble by the use of Lydia E. Pinkham's Vegetable Compound.

All the diseases known with which the female organism is afflicted, disease is the most fatal. In fact, unless prompt and correct treatment is given, the weary patient seldom survives.

Read What Mrs. Weisslitz Says.
 "DEAR MRS. PINKHAM:—For two years my life was simply a burden. I suffered so with female troubles, and pains across my back and the doctor told me that I had kidney troubles and prescribed for me three months I took his medicines, but grew steadily weaker. My husband then advised me to try Lydia E. Pinkham's Vegetable Compound, and brought home a bottle. It is the greatest blessing ever brought to our home. Within three months I was a changed woman. My pain had disappeared, my complexion became clear, my eyes bright, and my entire system in good shape."—Mrs. PAULA WEISSLITZ, 176 Seneca St., Buffalo, N. Y.

Proof that Kidney Trouble can be Cured by Lydia E. Pinkham's Vegetable Compound.
 "DEAR MRS. PINKHAM:—I feel very thankful to you for the good your medicine has done me. I had doctoring for years and was steadily growing worse. I had trouble with my kidneys and the doctors told me I had Bright's disease, also had kidney stones, and could not walk a block at a time. My back and legs ached all the time, and I was so nervous I could not sleep. I had hiccups and fainting spells, was tired all the time, and such a pain in my head that I could hardly stand. I had tried every medicine I could get, but did not help me any. I took, in all, twelve bottles of Lydia E. Pinkham's Vegetable Compound, five boxes of Liver Pills, and used three packages of Sanative Wash, and feel like a new woman, can eat and sleep well, do all my own work, and can walk two miles without feeling over tired. The doctors tell me that my kidneys are all right now. I am so happy to be well, and I feel that I owe it all to your medicine."—Mrs. OPAL STRONG, Dalton, Mass.

Mrs. Pinkham invites all sick women to write her for advice. She has guided thousands to health. Address Lynn, Mass.

\$5000 FORFEIT if we cannot forthwith produce the original letters and signatures of above testimonials, which will prove their absolute genuineness.
 Lydia E. Pinkham Medicine Co., Lynn, Mass.

The most capacious wine-cellar in the world is owned by the Roumanian Government. A railway tunnel 1,600 feet long between Galatz and Sarboshi could not be used for railway purposes, because of inferior construction. It was leased to a wine dealer who has turned it into a store-house for wines.

Whenever the husband makes money, and the wife saves it, there happens and there is pleased to take up their abode.
Capsicum Vaseline
 Put Up in Collapsible Tubes.
 A substitute for and Superior to Mustard or any preservative, and will not blister the most delicate skin. The pain relieving and curative qualities of this ointment are wonderful. It will soothe the toothache at once, and relieve headache and neuralgia.
 It is the best of all eye preparations. Many people who have tried it, as all eye-operations, or other diseases, or by using this ointment, so to protect the eyes, we will give you a trial bottle free of charge. Write for it to the nearest drug store or to the manufacturer.
WHESEBROUGH MANUFACTURING CO.
 17 State Street, New York City.

That a lot of fuss a couple of the best men can make about the city is a waste of time when peroxide and egg whites are so cheap.
Thompson's Eye Water
 50¢ per bottle. YORK NEBR.

Sale Ten Million Boxes a Year.
Wheats
 CANDY CATHARTIC
 WORK WHILE YOU SLEEP
BEST FOR THE BOWELS



HOUSEHOLD TALKS

Lemon Sponge.
 Put one-half pound of gelatine in cold water (the water to covers) to soak for three or four hours, then pour over it a full pint of boiling water in which the rind of one lemon has boiled for about five minutes; add the juice of three or four lemons, one-half pound of sugar, or more if not sweet enough; leave it until it is nearly cold and begins to adhere to the sides of the basin, then add the whites of two eggs well beaten, and whisk all together until it is like a stiff white sponge, have some moulds ready in cold water, shake out, and put in your sponge. Vanilla may be used instead of the lemons. This is a pretty dish for children's parties.

Ribbon Cake.
 Three large or four small eggs, the weight of three in castor sugar, twice the weight of two in flour, one teaspoonful of baking powder, chocolate powder, cochineal. Method: Grease three square tins of equal size, beat the eggs and sugar until thick, then stir in flour very lightly; add baking powder and a little milk if necessary. Divide mixture into three, leaving one white, making another pink, another brown with chocolate powder. Bake about three-quarters of an hour, then place jam or jelly between each, and cut into fancy shapes. Very digestible because no fat required.

Dried Beef with Cream.
 Remove the skin and superfluous fat from half a pound of smoked dried beef; pick it in pieces, cover with boiling water, let stand ten minutes, drain and add two tablespoonfuls butter; toss lightly until slightly browned; then dredge over with one and a half tablespoonfuls flour; pour on gradually one cup of milk or thin cream, stirring constantly; season with pepper and more salt, if necessary; serve on delicately buttered toast. The yolk of one uncooked egg may be added just before removing from the range. Do not allow mixture to cook after egg is added.

Fig Pudding.
 Four ounces of finely chopped suet, twelve ounces of figs, chopped or minced, eight ounces of bread crumbs, one large tablespoonful of flour, one large tablespoonful of brown sugar, one large tablespoonful of ground almonds, mix all well together with yolks of two eggs, previously well beaten, and beat the whites of the eggs beaten to a stiff froth; put in a buttered basin and cover with paper and a pudding cloth, and steam four hours. When serving stick blanched almonds thickly over pudding.

Apple Custard Pie.
 For an apple custard pie stew enough apples to make three cupsful after they are pressed through a sieve. Add seven-eighths of a cupful of sugar, the yolks of six eggs beaten light and season with nutmeg. Stir in slowly a quart of milk. Fold in the stiffly beaten whites of the eggs, and bake in a crust without a cover. A meringue may be added to the top after the pie is done, if it is wanted.

Potato Roll.
 This is a very nice way to serve cold mashed potato. Put one cupful into a saucepan, add one-quarter of a cup of milk and seasoning of salt and pepper, a tablespoonful of chopped parsley and two well-beaten eggs. Mix thoroughly, and beat till light. Put one tablespoonful of butter in a frying pan, when hot put in the potatoes, spread evenly over the pan, and cook slowly until a golden brown. Roll like omelet, and serve hot.

Mashed Potatoes.
 Pare your potatoes very thin and let them lie in cold water one hour. Put them into boiling water slightly salted and boil steadily until you can pierce them with a fork. Then pour off the water, sprinkle them lightly with salt and add to one dozen medium-sized potatoes, a piece of butter the size of a hen's egg; mash them with a wire masher, add half a cupful of hot cream and beat them until very light and white.

An Excellent Iron Stand.
 Use a clean firebrick instead of the ordinary iron stand, and your iron will retain its heat much longer. The usual iron stand not only admits the air to the bottom of the iron, but it conducts the heat from it. The brick, being a nonconductor of heat, retains the heat in the iron much longer.

Botted Mutton.
 Put a leg of mutton, weighing about six pounds, on the fire in enough boiling water to cover it; boil for ten minutes, skimming it often; season with a tablespoonful of salt, and simmer the meat until tender, about twenty minutes to each pound. Serve with caper sauce.

Sugar Ginger Cakes.
 For this take two teacups of white sugar, one of butter, a half cup of milk, three eggs, a half teaspoonful of soda, ground ginger to taste and sufficient flour to roll out. Cut in small cakes.

Hop Tea.
 Pour a quart of boiling water upon two ounces of hops. Infuse the next day strain, and take a wineglassful before meals.

HIGHER EDUCATION DOOMED.
 Stranger—"Did Miss Finemind who lectured here on the higher education of women make many converts?"
 Sweet Girl—"Mercy, no. She can't be over twenty and yet she had two deep wrinkles between her eyes."

THE HOME IN DANGER.
 Statesman—"My dear madam, your arguments in support of woman's suffrage are all very well so far as they go, but you leave out of the problem the most important factor of all—the home, madam, the home—the unit of American government."
 Mrs. Strong—"In what way, pray?"
 "Would not giving the ballot to woman transform every house into a center of political contention and animosity?"
 Nonsense! Of course not. The husband would vote as his wife tells him or he about it just as he does now."

A RARE CATCH.
 Friend—"You said you didn't love him."
 Smart Girl—"I don't."
 "You respect him perhaps?"
 "Not particularly."
 "And yet you intend to marry him?"
 "I do." He told me that his mother always got her biscuits at the bakers."

I cannot praise Pils' Cure enough for the wonders it has worked in curing me.—R. H. Sidel, 2201 Olive street, St. Louis, Mo., April 15, 1901.

The average of suicides is less in Ireland than in any country in the world. The wolves of Russia devour about two hundred children and travelers every year.

Perfectly simple and simply perfect is dyeing with PUTNAM FADELESS DYES.

The fossil coral of the Fiji Islands is the best building stone in the world. When first cut it is almost as soft as cheese, but it solidifies in the sun until it is as hard as granite.

JUSTICE WITH MERCY.
 Magistrate—"You are charged with having sixteen wives. What have you to say for yourself sir?"
 Prisoner—"I really couldn't help myself, judge."

"It was this way. Five years ago I went to a summer resort, and for six weeks I was the only man there."
 "Discharged."
 Football is almost as popular in Burma as it is in the United States. The natives play the game on sand and kick and shoot goals with one foot. An authority on the subject declares that many cases of defective eyesight are caused by wearing tight collars, which interfere with the circulation of the blood to the head.

At the Church of the Sacred Heart, in Paris, a twenty-two-ton bell is tolled by electricity.

"Sometimes," said Uncle Eben, "a man thinks he's devoutly thankful when he's just feelin' a low down satisfaction in bein' luckier than his neighbors."

"Disgraceful! But they say she is fond of it."
 "That's the strange part. She is most like a mother to it."—Town Topics.

SISTERS OF CHARITY
 Use Pe-ru-na for Coughs, Colds, Grip and Catarrh--A Congressman's Letter.



In every country of the civilized world Sisters of Charity are known. Not only do they minister to the spiritual and intellectual needs of the charges committed to their care, but they also minister to their bodily needs.

With so many children to take care of and to protect from climate and disease, these wise and prudent Sisters have found Pe-ru-na a never failing safeguard.

Dr. Hartman receives many letters from Catholic Sisters from all over the United States. A recommendation recently received from a Catholic institution in Detroit, Mich., reads as follows:
Dr. S. B. Hartman, Columbus, Ohio:
 Dear Sir:—"The young girl who used the Pe-ru-na was suffering from laryngitis, and loss of voice. The result of the treatment was most satisfactory. She found great relief, and after further use of the medicine we hope to be able to say she is entirely cured."
 —Sisters of Charity.

The young girl was under the care of the Sisters of Charity and used Pe-ru-na for catarrh of the throat with good results as the above letter testifies.

Send to The Pe-ru-na Medicine Co., Columbus, Ohio, for a free book written by Dr. Hartman.

Ask Your Druggist for a free Pe-ru-na Almanac for 1904.

The half million acres cultivated in tea in India produces 190,000,000 pounds the investment being about \$100 an acre. One pound of Indian tea will produce seven and one-half gallons of tea of a given strength, while the tea of China will produce but five gallons.

There is nothing in life imparts such exquisite delight as the success of our children.

The misfortunes that we bring upon ourselves all have double teeth. There never was a wise man yet who was a wicked one.

He who works for the public has a thousand masters each of whom insists upon being served in a different way.

Anything that is honest a man had better do rather than be idle.

Modest men may not always be courageous, but courageous men are always modest.

The man who is really devout doesn't have to hunt for a church to worship in.

BEGGS' CHERRY COUGH SYRUP cures coughs and colds.

PISO'S CURE FOR CONSUMPTION

A PASSING CLOUD.
 First Visitor—(angrily)—"If you hadn't pushed me away, I'd got my bet on Lightfoot. I'll settle with you the first chance I get."
 Second Visitor (holy)—"I'll settle with you sir. Your pushing prevented me from betting on Lightfoot."
 First Visitor (two minutes later Lightfoot beaten)—"Say, have a cigar."
 Second Visitor (gentilly)—"Have one with me."

CASTORIA
 For Infants and Children.
 The Kind You Have Always Bought Bears the Signature of
 J. C. FLETCHER
 of
 In Use For Over Thirty Years
CASTORIA
 THE CENTAUR COMPANY, NEW YORK CITY.

900 DROPS
CASTORIA
 A Vegetable Preparation for Assimilating the Food and Regulating the Stomachs and Bowels of INFANTS & CHILDREN.
 Promotes Digestion, Cheerfulness and Rest. Contains neither Opium, Morphine nor Mineral. NOT NARCOTIC.
 Recipe of Old Dr. SAMUEL PITCHER
 Parsley Seed -
 Licorice -
 Sassafras -
 Mastic -
 Gum Arabic -
 Cloves -
 Nutmeg -
 Cayenne Pepper -
 A perfect Remedy for Constipation, Sour Stomach, Diarrhoea, Worms, Convulsions, Feverishness and LOSS OF SLEEP.
 Fac Simile Signature of
J. C. FLETCHER
 NEW YORK.
 15 DROPS - CHILDREN
 35 DROPS - ADULTS
 EXACT COPY OF WRAPPER.

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FARMS IN WESTERN CANADA
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 Star Attractions for 1904
 A Million Acres of magnificent Grazing and Grazing Lands to be had as 160-acre lots, or by purchase from Railway Companies, Land Corporations, etc.
 The Great Attractions
 Good Crops, delightful climate, splendid school system, superior social conditions, exceptional railway advantages, excellent and abundant water supply.
 Write to the nearest authorized Canadian Government Agent for Canadian Lands and other information, or address DIRECTOR GENERAL OF LANDS, OTTAWA, CANADA.
 W. V. Bennett, 811 New York Life Bldg., Omaha, Neb.

PAXTINE TOILET ANTISEPTIC
 FOR WOMEN
 A Boston physician's discovery which cleanses and heals all inflammation of the mucous membrane wherever located.
 In local treatment of female ill Paxtine is invaluable. Used as a douche it is a revelation in cleansing and healing power; it kills all disease germs which cause inflammation and discharge.
 Thousands of letters from women prove that it is the greatest cure for leucorrhoea ever discovered.
 Paxtine never fails to cure pelvic catarrh, nasal catarrh, sore throat, sore mouth and sore eyes, because these diseases are all caused by inflammation of the mucous membrane.
 For cleansing, whitening and preserving the teeth we challenge the world to produce its equal.
 Physicians and specialists everywhere prescribe and endorse Paxtine, and thousands of testimonial letters prove its value.
 At druggists, or sent postpaid 50 cts.
 A large trial package and book of instructions absolutely free.
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