

A WOMAN'S NERVES.

STORY OF A WOMAN TO WHOM NOISE WAS TORTURE.

Prostrated by the Least Excitement
—Physicians Huffed by Her Case.
(From the Gate City, Keokuk, Iowa.)

Mrs. Helen Steyers, whose home is at 3515 Vernon avenue, Chicago, and whose visit to Keokuk, Ia., will long be remembered, was at one time afflicted with a nervous malady which at times drove her nearly to distraction. "Those terrible headaches are a thing of the past," she said the other day to a Gate City representative, "and there is quite a story in connection with it, too."

"My nervous system sustained a great shock some fifteen years ago, brought on, I believe, through too much worrying over family matters and then allowing my love for my books to get the better of my discretion where my health was concerned. Why, whenever my affairs at home did not go along just as I expected, I would invariably become prostrated from the excitement and I would consider myself fortunate indeed if the effects of the attack would not remain for a week. I was obliged to give up my pleasant home on the lake shore drive, because I could not stand the noise in that locality. I could find no place in the city which I deemed suitable to one whose nervous system was always on the point of explosion. To add to my misfortunes, my complexion underwent a change and I looked so yellow and sallow that I was ashamed to venture from the house at all."

"Madam," said my doctor to me soon after an unusually severe attack of the malady, "unless you leave the city and seek some place of quiet, you will never recover." So I concluded I would visit my uncle, who lives in Dallas County, Iowa, and whose farm would surely be a good place for one in my pitiable condition. I picked up the Gate City one day and happened to come across an interesting recital of the recovery of some woman in New York State who was afflicted as I had been. This woman had been cured by Dr. Williams' Pink Pills for Pale People. I thought that if Pink Pills cured that woman they might do the same for me. I began to take the pills according to directions, and I began to feel better from the start. After I had taken several boxes of them I was ready to go back to Chicago. My nervousness was gone and my complexion was as fresh as that of any sixteen-year-old girl in Iowa, and Pink Pills is what put the color in my cheeks. No wonder I am in such high spirits and feel like a prize fighter. And no wonder I like to come to Keokuk, for if it had not been for Pink Pills bought from a Keokuk firm I would not have been alive now," laughingly concluded the lady.

Dr. Williams' Pink Pills contain all the elements necessary to give new life and richness to the blood and restore shattered nerves. They are for sale by all druggists, or may be had by mail from Dr. Williams' Medicine Company, Schenectady, N. Y., for 50 cents per box, or six boxes for \$2.50.

Curious Facts

The fly eater of Cuba can nest in a working thimble.
In Corinth, about the time of Christ, twenty figs brought two cents.
Postage stamps are gummed by a starch past made from potatoes.
Birds fly by developing about three times as much horse power per pound of weight as man.
At the Bombay Zoological gardens the skin of a sea serpent sixty-four feet in length is on exhibition.

ON THE ROAD

To recover the young woman who is taking Doctor Pierce's Favorite Prescription in maidenhood, widowhood, widowhood and motherhood the "Prescription" is a supporting tonic and nerve that's peculiarly adapted to her needs, regulating, strengthening and curing the derangements of the sex. Why is it that so many women owe their beauty to Dr. Pierce's Favorite Prescription? Because beauty of form and face radiates from the common center—health. The best bodily condition results from good food, fresh air and exercise coupled with the judicious use of the "Prescription."

If there be headache, pain in the back, bearing-down sensations, or general debility or if there be nervous disturbance, nervous prostration, and sleeplessness, the "Prescription" reaches the origin of the trouble and corrects it. It dispels aches and pains, corrects displacements and cures catarrhal inflammation of the lining membranes, falling of the womb, ulceration, irregularities and kindred maladies.

"FALLING OF WOMB."

MRS. FRANK CAMFIELD, of East Dickinson, Franklin Co., N. Y., writes: "I deem it my duty to express my deep, heart-felt gratitude to you for having been the means, under Providence, of restoring me to health. I have been by spells unable to walk. My troubles were of the womb—inflammatory and bearing-down sensations and the doctors all said, they could not cure me."
Mrs. Camfield, twelve bottles of Dr. Pierce's wonderful Favorite Prescription has cured me."

WALTER BAKER & CO.
The Largest Manufacturers of
PURE, HIGH GRADE COCOAS AND CHOCOLATES
On this Continent, have received
HIGHEST AWARDS
from the great
Industrial and Food EXPOSITIONS
in Europe and America.

Qualifies the Dutch Process, to Allow
in any of these preparations
to be used in any quantity
without melting, and melt in less than one
minute.

SOLD BY GROCERS EVERYWHERE.
WALTER BAKER & CO. DORCHESTER, MASS.

WOMEN AND HOME

Along with those staple chestnuts about the tyranny of the mother-in-law and woman's liability to financier comes the inevitable winter witticism on the gigantic theater hat. Now, just here we wish to remark that the woman who wears a big hat to the theater and keeps it on is as greatly in the minority as the man who leaves the woman in his lurch to go out between acts.

Manners at places of amusement have so vastly improved that it is only the tradition of the humorist that makes the statements about the chapeau and the entire attire libelous at all permissible. Certainly, in Philadelphia theaters, but a very feeble protest is necessary against either of these unisures, for women have learned that handsome is as handsome does in the matter of the wearing of suitable headwear, and that a tiny croon or piece or a total absence of millinery makes them far more lovely to behold than if they were decked out in the smartest Gainsborough that could be bought for money.

Men, likewise, have gained in courtesy, and if they do go out between the acts they are to be seen pacing in the lobby or corridor enjoying a whiff of fresh air or a brief smoke, and they do not return chewing cloves and painfully redolent of spirits. The lady and the gentleman, using the term in its correct sense, will not willfully offend against good taste or good breeding. To hide the view of a dozen or two because a wide-brimmed towering structure of millinery is besoning to the wearer is not indicative of innate refinement, and the same censure may be applied to the man who crowds out over the laps of people who have paid to enjoy a play in peace, but who are obliged to be put to inconvenience by a thoughtless individual who not only disturbs them at the end of the act, but after the curtain is raised as well, by his noisy exit or entrance, accompanied by the balmy breezes from Bacchanalian beverages.

The penny-a-liner who is able to dispose of his jokes on the theater hat or the between-the-acts masculine nuisance will probably go on forever writing fiction about that which scarcely exists, but the truth is that manners in the theater have improved vastly since these time-honored jokes first made their appearance in print, and if the humorists were not so busy writing about them they might occasionally visit the theater and discover that the basis of their peculiar vocation had vanished into thin air.

Sensible and Dainty.

From England comes a new combination suit which is certainly unique and attractive. If such a garment can be thus qualified. The bodice is composed



A DRESSY COMBINATION SUIT.

A Word to Husbands.

Love and appreciation are to a woman what dew and sunshine are to a flower. They freshen and brighten her whole life. They make her strong-hearted and keen-sighted in everything affecting the welfare of her home. They make her to cherish her husband when the cares of life press heavily upon him, and to be a very providence to her children. To know that her husband loves her, and is proud of her and believes in her; that even her faults are looked upon with tenderness; that her face, to one at least, is the fairest in all the world; that the heart which to her is the greatest and noblest, holds her sacred in its innermost recesses above all other women, gives her a strength and courage, and energy and sweetness and vivacity which all the wealth of the world could not bestow. Let a woman's life be pervaded with such an influence, and her heart and mind will never grow old, but will blossom and sweeten and brighten in perpetual youth.

Facts for the Fair Sex.

Mrs. Gladstone "helps" her husband with his speeches by leaving him alone and keeping the children quiet.
Miss Helen Gould, daughter of the late Jay Gould, is devoted to bowling, and has a bowling alley at her home in Tarrytown, N. Y., which cost \$10,000.
Mrs. Cleveland is an expert sailor and

manages her catboat as well as though she were a man. Mrs. John Jacob Astor is also an experienced yachtswoman, having won in a catboat race at Newport this summer.
At the big Paris shops like the Bon Marche and the Louvre, gloves are sold at a loss simply to attract people to the store. Once inside these would-be glove buyers are sure to become buyers of almost anything else.

The latest thing in ladies' garters is laced up on the inside of the ankle with a single cord carried over and over through six pairs of eyeslets and then zig-zagging over small studs until caught at the top with a Simpson clasp, after the fashion of a Foster glove fastening. Some of these garters show imitation button flaps, put on simply for show.

All Run to Extremes.

Undoubtedly this is the year of extremes. Fashion rushes from one end of the garment of dress to the other, paying little attention to the intervals.



BROWN CLOTH AND WHITE MOIRE.

Her height and breadth inclination is shown in the gowns illustrated, the evening dress exhibiting sleeves as high as the wearer's ears, while the street frock has arm cloths of melancholy droop variety, like those once worn with ringlets and tear-curtain veils, in the days when drops and three volume novels prevailed.

The dinner toilet sketched is composed of black satin, at last the skirt is, while crease velvet is used for the V-shaped bodice. The velvet is delightfully arranged in points around a jet network corselet, laid over black satin, and from which long pendants of jet fall on to the skirt. Two immense butterfly wings of velvet make each sleeve, producing a remarkably chic effect.

The stylish street suit has tobacco-brown cloth for a background on which white moire and black velvet are used with pleasing result. The former makes the French fold, trimming the skirt, the BUTTERFLY SLEEVE collar, belt and border to the white moire revers, and also the bows arranged below these. A narrow sailor vest of white adds more brightness to the costume, and is framed by a second and smaller set of revers and a soft collar of brown cloth.

Poor Minister's Wife.

There lives in a certain small town a minister with a large family, that his salary does not begin to cover literally. So the congregation have donated cast-off clothing for the children, and even the poor minister's wife goes to church in the last year's bonnet and cloak of a deacon's wife. The poor lady has grown used to this, and does the best she can with the conglomeration of dresses, cloaks and hats which are sent her, though the result is sometimes tragic. However, she has always felt that she did nobly by the children, and if the dresses and cloaks and trousers were misfits none were ever unkind enough to say anything about it. Last summer, however, she dressed the nine hopefuls with great care and marched them to church. She was a little late, and just as she opened the door and started up the aisle her husband thundered from the pulpit: "Even Solomon in all his glory was not arrayed like one of these." He did not see the joke, but the congregation tittered and the minister was ready to cry.—Philadelphia Times

Naming the Baby.

They talked of Medora, Aurora, and Flora, Of Mabel and Marcia, and Mildred and May; Debated the question of Helen, Honora, Clarissa, Camilla, and Phyllis and Fay. They thought of Marcella, Estella, and Bella, Considered Cecilia, Jeannette, and Pauline; Alicia, Adela, Annette, Arabella, And Ethel and Eunice, Hortense and Irene. One liked Theodora, another Leonora; Some argued for Edith, and some for Elaine, For Madeline, Adeline, Lilly, and Lora; And then, after all, they decided on Jane.—Womanland.

The trouble with doing one's duty is that it doesn't leave time to do any thing else.

Speaking from her Experience,

After years of practical use and a trial of many brands of baking powder (some of which she recommended before becoming acquainted with the great qualities of the Royal), Marion Harland finds the Royal Baking Powder to be greatly superior to all similar preparations, and states that she uses it exclusively, and deems it an act of justice and a pleasure to recommend it unqualifiedly to American Housewives.

The testimony of this gifted authority upon Household Economy coincides with that of millions of housekeepers, many of whom speak from knowledge obtained from a continuous use of Royal Baking Powder for a third of a century.

ROYAL BAKING POWDER CO., 106 WALL ST., NEW-YORK.

Called Here and There.

Only one book on aluminum has been published in the United States and that is now out of print.
One hundred years ago coal oil was unknown. It was first made use of as an ointment for rheumatism.
About sixty thousand acres have been reclaimed in Ireland during the past year from bog and marsh lands.
New Orleans has a vestibule train to San Francisco that covers the distance in less than seventy-eight hours.

In 1795.

A mail carrier was sent out from Boston, Philadelphia or New York to a country town only when there was enough mail to pay him for the trip.
When a Virginian started on a journey to New York, he made his will and bade farewell to his friends, as though he expected never to see them again.
Quarrels between the boxes and the pit in the theaters were common, and the people in the former sometimes spat down on the heads of the crowd below.

Cycling Proverbs.

Politeness is like a pneumatic tire, as it eases many a jolt in the journey of life.
The world, like a bicycle, would soon come to a stop, if it were not for the cranks.
Our lives are like roads. Some are smooth and even from beginning to end and some are all ups and downs.
A pleasant disposition, like the oil in a bicycle bearing, reduces friction and prevents a world of wear and tear.



KNOWLEDGE

Brings comfort and improvement and tends to personal enjoyment when rightly used. The many, who live better than others and enjoy life more, with less expenditure, by more promptly adapting the world's best products to the needs of physical being, will attest the value to health of the pure liquid laxative principles embraced in the remedy, Syrup of Figs.

Its excellence is due to its presenting in the form most acceptable and pleasant to the taste, the refreshing and truly beneficial properties of a perfect laxative; effectually cleansing the system, dispelling colds, headaches and fevers and permanently curing constipation. It has given satisfaction to millions and met with the approval of the medical profession, because it acts on the Kidneys, Liver and Bowels without weakening them and it is perfectly free from every objectionable substance.
Syrup of Figs is for sale by all druggists in 50c and \$1 bottles, but it is manufactured by the California Fig Syrup Co. only, whose name is printed on every package, also the name, Syrup of Figs, and being well informed, you will not accept any substitute if offered.

Ely's Cream Balm
QUICKLY CURES
COLD IN HEAD
Price 50 Cents.

W. L. DOUGLAS
\$3 SHOE IS THE BEST.
FIT FOR A KING.
\$5. CORDOVAN, FRENCH ENAMELED CALF.
\$4.50 FINE CALF & KANGAROO.
\$3.50 POLICE, 3 SOLES.
\$2.50 WORKINGMEN'S, EXTRA FINE.
\$2.175 BOYS SCHOOL SHOES.
LADIES' \$3.25 \$2.125
BEST DONGOLA.
SEND FOR CATALOGUE
W. L. DOUGLAS, BOSTON, MASS.

Over One Million People wear the
W. L. Douglas \$3 & \$4 Shoes
All our shoes are equally satisfactory. They give the best value for the money. They equal custom shoes in style and fit. Their wearing qualities are unsurpassed. The prices are uniform, stamped on sole. From \$1 to \$3 saved over other makes. If your dealer cannot supply you, we can.

No Style Excels.
In silks or in satins
In linen or wool
In trills that are ruffled,
In folds that are full;
At all social functions
Where fashion does lurk,
There is naught that excels
Our Pearl Laundry work.

New Pearl Steam Laundry,
York, Neb.
Agency Work a Specialty.

The St. Joseph and Grand Island R. R.
—IS THE—
SHORTEST AND QUICKEST LINE
TO ALL PORTS
NORTH
WEST AND EAST
SOUTH

And in connection with the Union Pacific System
—IS THE FAVORITE ROUTE—
To California, Oregon and all Western Points.
For information regarding rates, etc., call on or address any agent or
M. F. ROBINSON, JR., Gen. Pass. Agt.
Gen'l Manager, St. Joseph, Mo.

"The one serviceable, safe, certain, remunerative, attainable quality in every study and pursuit is the quality of attention," said Charles Dickens.
Thomas A. Edison says: "Anything I have begun is always on my mind and I am not easy while away from home until it is finished."
Franklin said to a servant who was always late, but always ready with an excuse: "I have generally found that the man who is good at an excuse is good for nothing else."
"How," asked a man of Sir Walter Raleigh, do you accomplish so much and in so short a time? "When I have anything to do, I go and do it," was the reply.

When taken from the sea and laid on a stone the medusa will fall off in weight from fifty ounces to six or five grains. The most of its weight is water.
"There is no one whom fortune does not visit once in his life," says a cardinal, "but when she finds he is not ready to receive her she goes in at the door and out the window."
Kleptomaniac is a polite name for a thief.

Has your loan expired, or will it soon? Do you want to renew it at a lower rate, either farm or city? You can get it by addressing Box 337, York, Nebr.
Sooner or later pride is sure to step on dynamite.
LUNG COMPLAINTS, BRONCHITIS, ASTHMA, &c., are speedily relieved and if taken in time, permanently cured by Dr. D. Jayne's Expecto-rant. You will find it also a certain remedy for Coughs and Colds.

The closet of prayer ought to be carpeted with praise.
Piso's Cure is a wonderful Cough medicine.—Mrs. W. PUCKEY, Van Siesle and Blake Aves., Brooklyn, N. Y., Oct. 26, '91.
Don't argue with infidelity; show it the love of Christ.

Helping His Friends.
From Ney, DeWane County, Ohio, Charles A. Bergman writes to the Sterling Remedy Co., of Chicago, that he thinks No-to-bac is one of the greatest remedies on earth. One box of No-to-bac, purchased at the local drug store, cured him of the tobacco habit, and he is now recommending No-to-bac to his friends.

It took the death of Christ to make our lives worth living.
1,000 Bu. Potatoes Per Acre.
Wonderful yields in potatoes, cut, corn, farm and vegetable seeds. Cut this out and send 5c postage to the John A. Salzer Seed Co., La Crosse, Wis., for their great seed book and sample of Giant Spurry. CNU

The devil's principal work is to make wrong people think they are right.
STATE OF OHIO, CITY OF TOLEDO, ss. LUCAS COUNTY.
FRANK J. CHENEY makes oath that he is the senior partner of the firm of F. J. CHENEY & CO., doing business in the City of Toledo, County and State aforesaid, and that said firm will pay the sum of ONE HUNDRED DOLLARS for each and every case of CATARRH that cannot be cured by the use of HALL'S CATARRH CURE.

FRANK J. CHENEY, sworn to before me and subscribed in my presence, this 6th day of December, A. D. 1886.
A. W. GLEASON, Notary Public.

Hall's Catarrh Cure is taken internally and acts directly on the blood and mucous surfaces of the system. Send for testimonials free.
F. J. CHENEY & CO., Toledo, O.
Sold by Druggists, 75c.

The sin we spare is sure to become our master.
Mrs. Winslow's SOOTHING SYRUP for children, soothing, softens the gums, reduces inflammation, allays pain, cures wind colic. 25c bottle. A lie will often kill where a shotgun wouldn't.

"I Am Cured"
"Eczema appeared three years ago and since then I have tried all kinds of remedies for the cure of the disease and had given up all hope of ever being cured. At last I was told to try Hood's Sarsaparilla and Hood's Olive Ointment. I did so and I am happy to say that I am cured of that dreadful skin disease. I have taken sixteen bottles of Hood's Sarsaparilla and used five bottles of the Ointment. I would have written before but I wished to wait until I was completely cured. It has not and I can say I am perfectly cured. I gladly recommend Hood's Sarsaparilla. ARTHUR J. MENDAY, Woodland, Wash."

Hood's Sarsaparilla Cures
dent the disease would not return again. It has not and I can say I am perfectly cured. I gladly recommend Hood's Sarsaparilla. ARTHUR J. MENDAY, Woodland, Wash.
Hood's Pills do not purge, pain or gripe, but act promptly, easily and efficiently. 25c.
M. N. U. No. 321-6. York, Neb.
WHEN WRITING TO ADVERTISERS please say you saw the advertisement in this paper.



Mr. Arthur J. Menday, Woodland, Wash.

"I Am Cured"

"Eczema appeared three years ago and since then I have tried all kinds of remedies for the cure of the disease and had given up all hope of ever being cured. At last I was told to try Hood's Sarsaparilla and Hood's Olive Ointment. I did so and I am happy to say that I am cured of that dreadful skin disease. I have taken sixteen bottles of Hood's Sarsaparilla and used five bottles of the Ointment. I would have written before but I wished to wait until I was completely cured. It has not and I can say I am perfectly cured. I gladly recommend Hood's Sarsaparilla. ARTHUR J. MENDAY, Woodland, Wash."

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M. N. U. No. 321-6. York, Neb.
WHEN WRITING TO ADVERTISERS please say you saw the advertisement in this paper.

If you have Rheumatism
Or any other pain, you don't take chance with St. Jacobs Oil, for twenty years ago it began to kill pain, and it's been pain-killing ever since.