

The Human Form Pivots.

The human skeleton, exclusive of the teeth, consists of 236 bones.
Hair is very strong. A single hair will bear weight of 1150 grains.
The normal weight of the liver is between three and four pounds.
The only involuntary muscle composed of red, or striped fibers, is the heart.
Men have been known to lose by perspiration 5000 or 6000 grains in an hour.

MOTHERS

And those about to become mothers, should know that Dr. Pierce's Favorite Prescription robs childbirth of its terrors, terrors and dangers to both mother and child, by aiding Nature in preparing the system for parturition. Thereby "labor" and also the period of confinement are greatly shortened. It also promotes an abundant secretion of nourishment for the child. During pregnancy, it prevents "morning sickness" and those distressing nervous symptoms from which so many suffer.

Texas, Cattle Co., Texas.
Dr. R. V. PIERCE, Buffalo, N. Y.
Dear Sir—I took your "Favorite Prescription" previous to confinement and never did so well in my life. It is only two weeks since my confinement and I am able to do my work. I feel stronger than I ever did in six weeks before.

Yours truly,
Mrs. W. C. BAKER.

A MOTHER'S EXPERIENCE.

South Bend, Pacific Co., Wash.
Dr. R. V. PIERCE, Buffalo, N. Y.
Dear Sir—I began taking your "Favorite Prescription" the first month of pregnancy, and have continued taking it since confinement. I did not experience the nausea or any of the ailments due to pregnancy after I began taking your "Favorite Prescription." I was only in labor a short time, and the physician said I got along unusually well.
We think it saved me a great deal of suffering. I was troubled a great deal with leucorrhoea also, and it has done a world of good for me.
Yours truly,
Mrs. W. C. BAKER.



KNOWLEDGE

Brings comfort and improvement and tends to personal enjoyment when rightly used. The many, who live better than others and enjoy life more, with less expenditure, by more promptly adapting the world's best products to the needs of their own bodies, will attest the value of health, the pure liquid laxative principles embraced in the remedy, Syrup of Figs.

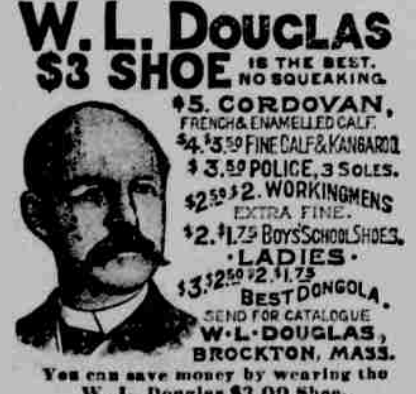
Its excellence is due to its presenting in the form most acceptable and pleasant to the taste, the refreshing and truly beneficial properties of a perfect laxative; effectually cleansing the system, dispelling colds, headaches and fevers and permanently curing constipation. It has given satisfaction to millions and met with the approval of the medical profession, because it acts on the Kidneys, Liver and Bowels without weakening them and it is perfectly free from every objectionable substance.

Syrup of Figs is for sale by all druggists in 50c and \$1 bottles, but it is manufactured by the California Fig Syrup Co. only, whose name is printed on every package, also the name, Syrup of Figs, and being well informed, you will not accept any substitute if offered.

W. L. DOUGLAS

THE KING OF SHOES.

\$3.50 FINE CALF & KANGAROO.
\$4.50 FINE CALF & KANGAROO.
\$3.50 POLICE, 3 SOLES.
\$2.50 12 WORKING MEN'S EXTRA FINE.
\$2.50 BOYS SCHOOL SHOES.
LADIES.
\$3.50 2 1/2 BEST GONGOLA.
SEND FOR CATALOGUE.
W. L. DOUGLAS, BROCKTON, MASS.



You can save money by wearing the W. L. Douglas \$3.00 Shoe.

Because we are the largest manufacturers of this grade of shoes in the world, and guarantee their value by stamping the name and price on the bottom, which protect you against high priced and the middleman's profits. Our shoes equal custom work in style, easy fitting and wearing qualities. We have them sold everywhere at lower prices for the value given than any other make. Take no substitute. If your dealer can't supply you, we can.

The St. Joseph and Grand Island R. R.

—IS THE—
SHORTEST AND QUICKEST LINE

TO ALL PORTS—
NORTH AND EAST SOUTH

And in connection with the Union Pacific System —IS THE FAVORITE ROUTE—
To California, Oregon and all Western Ports.

MONTHLY THROUGH TICKETS Tampa, Fla. Full of facts about this charming State. Leave Home. Farm all year. One year and the Florida picture. 25c. One year and the Florida picture. 25c.

FLORIDA

Best County. Warm. Sun. Sea. Use in time. Send by express.

FATTENING SHOATS.

MAKE CHEAP PORK BY FEEDING VEGETABLES.

Mix it with Heavy Millfeed and Allow it to Sour Slightly Before Use. Proper Care of Grain Stacks—General Farm Notes.

Points on Making Pork.

The early fall is the very best time to fatten the pigs. The flies are not so annoying and the weather is just cool enough to give the pigs a good appetite. Small potatoes, pumpkins, small cabbage, etc., boiled and mixed with heavy millfeed and allowed to sour slightly, makes an excellent and cheap feed. Two large wheelbarrow loads of these vegetables, thrown into a four gallon open kettle and just covered with water and covered with a wooden cover, in order to keep in the steam, will boil soft in two hours. When boiled, add one bushel of heavy millfeed, costing 5c. This will make a thick mush, which the pigs are very fond of. A handful of salt should be added to it, and well stirred in. This will feed twenty shoats two days, in connection with soft corn. The way to feed is as follows: Do the feeding at regular periods, 8 a. m., 11, and 2 o'clock in the evening. Each shoat should get five ears of soft corn. After this is eaten up, the slop is to be given a bucket to five, poured into a long slotted trough.

These shoats should have the run of an acre of woods pasture, with a small stream of water running through it. This is of great advantage, as pigs require a large quantity of water both to drink and to wallow in. One quart of coal, if possible the Cumberland coal, is allowed to five shoats per week; give this in two feeds every third day. The animals should have a long, low wooden roof, ten feet wide and thirty-six feet long to go under at night or in stormy weather. This roof should be six feet high in front, and a foot from the ground in the rear. The roofing boards should lap one another, being put on horizontally. They should face the southwest, if possible, and have in the rear a trench two feet wide and a little over one foot in depth, dug and packed so as to draw off the surface water. The roof requires sixteen one inch boards sixteen feet long by one foot in width. All the other timbers may be taken out of the woods. Two men can put up a roof in a little over one day's time. This must be kept dry, especially at night they must have exercise, plenty of sunlight, and also shade in the middle of the day. This is especially needed in hot weather. The one great point to follow in successful pig feeding, is to feed on time—give good, wholesome feed, enough of it, but no more, and give a variety of feed.

The editor of the Baltimore American says he once fed some damaged wheat, and found the best way to feed it was to scatter it thinly over the sod in the feed yard; the pigs will eat grass and wheat together. The wheat will not be digested. If fed in little piles, it is eaten so greedily that much of its value is lost. It does not pay to boil the wheat, but to chop it, to boil the vegetable, as they require but little cooking, and the heavy millfeed being added, mixes a thick mush which combines with the vegetable matter and soon sours. It is then in condition to feed. Bran will not answer. It is too light, and it will not mix. Beats so fed will be in prime order for butchering by the middle of November. The meat will not be so fat, but just fat enough, and of a delicate flavor—juicy and sweet. Try this plan of making healthy family pork.

Proper Care of Stacks.

It is fully as necessary to properly shelter and care for harvested crops, as it is to plant and cultivate them carefully. Grain and rape stored in the barn must be well cured and kept from spoiling with the heat of fermentation. The latter will eat stacks but little unless they have been so built as to take in the rain. After every storm the stacks should be examined. If found wet they should be dried by throwing off the upper half, spreading it in the sunshine and air until no more moisture can be felt, when the stack should be properly rebuilt, keeping the center full and the tops on the sides sloping downward. Stacks injured by heavy winds should be raked down and retopped. All stacks soon settle and after a few weeks need to have a considerable amount of new material thrown on the fattened top, and arranged in the best way to shed rain. The hangers which weigh down the top often need adjustment, and sometimes ditches should be dug around the stack to drain off surface water.

Variations in Size of Wheat for Sowing.

As the subject of how much wheat to sow per acre is one of no small importance, permit me to call attention to the wide difference in the quantity of actual seed there may be in bushels of different wheat, resulting from the size of grains, even when of the same variety. It has been noted at the Iowa experiment station that one bushel of a variety grown in California contained only 480,870 grains, while a bushel of Turkey Red from Iowa had 1,184,993 grains or about 2 1/2 times as many. Other bushels of the same variety, one from Iowa and one grown in Kansas, had upwards of 900,000 grains each. The average of all the samples tested at the station was 770,200 grains per bushel. The point I wish to make is that while two men may be agreed that a bushel of wheat is about the proper quantity to sow on an acre or some other given area and proceed on that basis, one may be seeding twice, or more

than twice, as heavily as the other.—F. R. C. Barn.

Australian Progress.

Under the direction of the Australian Agricultural Department promising experiments are being made with the sterilizing system, which produces butter that will keep perfectly in any climate. Nearly all of the export butter is now produced at central factories and the farmers are paid for their milk, not by measure, but by its quality, or by its results in pounds of butter. Considerable headway is being made in the manufacture of export cheese under a bonus.

The Australian Government is also encouraging the export of as many as possible of the productions of the soil, the principal of which are pork, poultry, eggs, concentrated milk, rabbits, green peas, etc. Shipments by refrigerators have already been made with promising results, and it has been found that green fruits can be put on the market in good condition by using aerated chambers.

Musty Hay.

Musty hay is not fitted to be fed to a milk cow, and yet through our hasty methods of harvesting grass a great deal of hay is musty as it comes from the mow. It is packed solidly into big barns before all of the excess moisture has been evaporated in the field. The escape of a cloud of impalpable musty dust is the result, when a load of such hay is shaken in winter time. Corn or meal and skim milk are good feed together for growing calves. The one produces flesh and the other bone.

Jarm Notes.

In Holland the cows are always tethered.

The cabbage crop is one that nearly always pays.

Soft corn comes a little earlier if the tops are broken off after the ears form.

An Australian farmer attributes the loss of 100 tons to feeding them upon sunflower seed.

Watercress is an excellent food for chickens. It can only be grown in clear water with a sandy bottom.

Make the butter first-class and put it on the market in such a manner as to make it show for all it is worth.

It is claimed that a decoction of smartweed or walnut leaves applied once a day to cattle will keep off flies.

In making good butter attention to the proper ripening of the cream is much more important than skill in manipulation.

A HEN may be made to lay right on from the time she begins to lay in the spring till she molts in the fall if she is fed judiciously.

The apple trade of Great Britain has assumed great proportions, amounting to 7,000,000 bushels within the past twelve years.

The present price of beef in Paris is 9 cents per pound, mutton being 28 cents, veal 30 cents and the best horse meat 16 cents per pound.

The total value of farm animals in the United States in 1895 was estimated at \$1,277,111,822. In 1894 their value is put at \$2,170,819,784.

The best milk delivered secured with the first calf, the better results it is possible to secure. Make the best start possible and keep in a good condition.

Pottery raisers in the vicinity of summer resorts will be apt to find more money in disposing of their fowls during the hot weather than later in the season.

The cotton crop of the country for the past five periods of ten years each has passed from 1,499,000 bales in 1885 to 3,577,100 bales for 1895, the crop doubling from 1880 to 1890.

Rye is excellent for late pastures or for early spring. Quite a crop of it may be grown on the corn land. It may be sown on the land occupied by corn before the crop is removed.

Some places on animals caused by flies may be annointed with a mixture of one part of crude petroleum, one tablespoonful of wood tar, and one tea-spoonful of carbolic acid, well mixed.

Scared Her into Speech.

A prepossessing, middle-aged woman walked into the office of a well-known firm of railroad lawyers on Williams street the other day, and drifted over to where the junior partner sat. She had court-plaster and other trifling articles to sell for 10 cents, and showed at the same time a card, on which was written, "I am deaf and dumb."

The lawyer was interested, says the New York World, for the woman had a sad face and seemed eminently respectable. So he wrote on a pad, "Any children?" and she, in the same manner, answered, "Yes." To the question "How many?" the reply was "six," emphasized by a mournful shake of the head. She acknowledged in writing that her husband was dead. When her husband was asked for she was rather slow in putting it on paper, and when it came to references she wrote, with a good deal of deliberation, "John Davis."

"Where does he live?" was the next question, to which the woman wrote no reply, but indicated with her hand a point on the horizon that might have meant Jersey or heaven.

"Great Scott! You don't mean to say you know Davis?" shouted the lawyer, jumping to his feet.

"Yes, I do," answered the woman, taken off her guard by the vehemence of the speaker.

He looked at one another for a moment, and then the lawyer called an office boy and told him to show her the street by way of the stairs, eight long flights.

A MAN that forgets a good deal that has happened has a better memory than he who remembers a great deal that never happened.

Three-Act in Life.

Martin Van Buren began life as an office boy for a lawyer, rising slowly to the position of clerk, copyist and finally becoming a pleader in the courts of justice of the peace.

Bernadotte, one of Napoleon's marshals, who afterwards became king of Sweden, was educated in the office of a country notary, and spent his time in copying legal papers.

Southey, the poet, spent most of his boyhood in his father's linen shop. He wrote verses in the intervals of business and kept his papers hidden among the goods on the shelves.

West, the painter, showed his talent at a very early age. He made sketches in charcoal before he was ten, and some of his early work displays great ease in the use of the crayon.

John Howard showed in boyhood the philanthropic traits that afterwards made his name famous. He was continually on the lookout for some case of distress that he might relieve.

If You Want to be Loved.—

- Don't over or under dress.
- Don't believe all the evil you hear.
- Don't jeer at anybody's religious belief.
- Don't be rude to your inferior in social position.
- Don't repeat gossip even if it does interest a crowd.
- Don't underestimate anything because you don't possess it.
- Don't go untidy on the plea that everybody knows you.

NICOTINIZED NERVES.

The Tobacco Habit Quickly Broken and Nerve Force Restored—A Boon to Humanity.

A number of our great and most inveterate tobacco smokers and chewers have quit the use of the filthy weed.

The talmianic article that does the work is no-to-bac. The reform was started by Aaron Gorber, who was a confirmed slave for many years to the use of tobacco. He tried the use of no-to-bac, and to his great surprise and delight it cured him.

Hon. W. C. Ashoom, who had been smoking for sixty years, tried no-to-bac and it cured him. Col. Samuel S. Outener, who would eat up tobacco like a cow eats hay, tried this wonderful remedy, and even Samuel, after all his years of slavery, lost the desire. J. C. Cobler, Leasing Evans, Frank Dell, George B. May, C. O. Skilling, Hanson Robinson, Frank Hershberger, John Shann, and others have since tried no-to-bac, and in every case they report not only a cure of the tobacco habit but a wonderful improvement in their general physical and mental condition, all of which goes to show that the use of tobacco had been injurious to them in more ways than one. No-to-bac is popular with the druggists, as they all sell under absolute guarantee to cure or refund the money.—From the Press, Everett, Pa.

Never drum with the fingers upon the table or with the feet upon the floor.

No gentleman will ever place his arms upon the table either before, during or after a meal.

Never hurry the dinner. Let everything come along promptly on time and move steadily thereafter.

Meats are to be cut with a single gliding movement of the knife, not by converting it into a saw.

Mr. Winslow's SOOTHING SYRUP for children, settles, softens the gums, reduces inflammation, allays pain, cures wind colic. 25c bottle.

St. Jacobs Oil is made to cure RHEUMATISM.

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The best baking powder made is, as shown by analysis, the Royal.

Com'r of Health, New-York City.

Virtuous Indignation.

Mrs. Peters, who is older than she used to be, but perhaps not so old as she looks, was once standing in a public waiting room with one of her neighbors and her neighbor's little daughter, when a well meaning old gentleman made Mrs. Peters angry. He spoke pleasantly to the little girl, and then, turning to Mrs. Peters, said: "Is this your little grandchild?" "Grandchild!" exclaimed Mrs. Peters—"grandchild! Does that girl look like a grandchild?"

Progressive Women.

Queen Victoria greatly dislikes a visitor who is shy and colors or looks awkward when addressed. At the finish of the interview the queen generally bows slightly or offers her hand, and then turns a little to one side to save the very trying necessity of an entirely backward exit from her presence.

The empress of Austria has her hair shampooed once a month. It is still beautiful, luxuriant and perfectly black, and when let down touches the ground as she stands, and she is tall. It is said the hair wash required forty eggs, and the other ingredients are obtained from no less than twenty mysterious bottles.

One of the best-known figures in Paris is Mme. Yoeur, who, upon the death of her husband, a reporter for the French press, took up his work and has conducted it with marked enterprise. In her rounds she is accompanied by a great white poodle called "The Doctor," who permits no one to trifle with his mistress.

One of the authorities on decoration in England is Mrs. Comyns Carr. She is the wife of a successful theatrical manager, and to her ideas on stage-decoration and costume he owes much of his success. Mrs. Carr has designed dresses for several of Mr. Irving's plays and is almost always Miss Terry's chief counsellor on wardrobe matters.

Pilo's Cure for Consumption is an especially good medicine for Croup.—M. R. Avent, Jonesboro, Texas, May 25th, 1891.

The friends of the devil are always the first to get mad when the real gospel of Christ is preached in church. Fruit is not to be bitten. It should be peeled and cut with a fruit knife.

St. Jacobs Oil is made to cure **RHEUMATISM**

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Contributors for 1895.

Mr. Gladstone has written a striking paper of reminiscences of his lifelong friend and physician, Sir Andrew Clark.

Two Daughters of Queen Victoria, { The Princess Helton, of Schleswig-Holstein, {
The Princess Louise (Marchioness of Lorne), {
W. Clark Russell,
James Matthew Barrie,
Rudyard Kipling,
Mark Twain,
William Dean Howells.

Serial Stories.

The Lottery Ticket, J. T. Trowbridge.
The Young Boss, Edward W. Thomason.
A Girl of the Revolution, Dorothy Nelson.
By Harold Frederic, C. A. Stephens, W. J. Long,
C. M. Thompson, Warren L. Wattis, and others.

Health and Home Articles.

Self-Cure of Wakefulness, Dr. W. A. Hammond.
The Cellar, Dr. W. C. Braislin.
Dresses for Children, Louise Manville-Fenn.
Put the Children on Record, Pres. Stanley Hall.
Help for Consumptives, Dr. Harold Ernst.

Favorite Features for 1895.

Short Stories; Adventure Stories; Travellers' Tales; Anecdotes of Noted People; Life in Foreign Schools; Papers on Art and Artists; Articles on Science, Natural History and Hygiene; Papers by American Admirals; Opportunities for Boys; Football, Fishing and Camping; Editorials; Poems; Selections; Children's Page; Fine Illustrations; Most Wholesome Reading for all the Family.

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Cleanses the Nasal Passages. Alleviates Pain and Inflammation. Restores the Sense of Taste and Smell. Heals the Sores.

Apply Balm into each nostril. ELY BROS., 56 Warren St., N. Y.

FREE! Madame FACE BLEACH

Appreciating the fact that thousands of our countrymen and women are suffering from the effects of the U. S. B. we have prepared a Face Bleach, which is a most valuable and safe remedy, and in order that all may give it a fair trial, we will send a Sample Bottle, safely packed, to anyone who sends a small, self-addressed envelope, with ten cents, to Madame FACE BLEACH, 100 Broadway, New York, N. Y.

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