The Bee's Home Magazine Page

How to Acquire a Beautiful Figure Through Dancing



The East Side

By WILLIAM F. KIRK.

It does not bask beneath the summer sun, For things that writhe and suffer do not bask, Its sickening streets, with babies overrun. Wind like the strings, of some great, hideous mask; White-cheeked and groping children seek for fun,

But seem to know how hopeless is their task. Sunbeams and raindrops cannot heal the scars That rot by day and underneath the stars.

Death has his bivouac here. His grizzly form Broods o'er the city's pestilential tents, Where microbes million-armied seethe and swarm Through evil lanes and fetid tenements.

has minions fill the equalid forts they storm With festering ills no mortal skill prevents. And ever comes the wailing and the crying Of babies born and other babies dying.

When the Working Girl Chooses to Marry

working girl debates within herself

whether she shall exchange a perfectly

good job for the doubtful happiness of

matrimony. She visits around among the

young married women who were her as-

sociates in store or office, and she knows

that this one is shabby; that that one's

hands are sodden with the water of the

wash tub, and scarred with burns from

the gas range; that another has to wheedle every cent she has out of her

tightwad husband, and still another has

grown nervous and peevish, and is a fret-

ful mother of fretful babies. And it

doesn't seem to little Miss Bookkeeper

or little Miss Cashler that there is any

particular allurement in the fate of these

ladies to make anyone else yearn to fol-

Also there is the other side of the

a husband, and home, and children of

her own, and the only way she can

secure them is by marrying, and mak-

ing the sacrifices that marriage de-

mands. That is the price she has to

pay, and it is for her to decide whether

Of course, in time, this problem will

settle itself. In the process of evo-

lution there will be developed a new man

to be the fitting mate of the n' woman,

and he will look on all these domestic

questions with wiser eyes than the man

He will see that at is just as unfair

to ask a woman to give up the work

she has prepared herself to do, and

The rich man who can supply the

financial equivalent of his wife's earn-

riage ring and her job, but certainly

Every normal woman wants

low in their footsteps.

the is willing to give it.

of the present day.

By DOROTHY DIX

There is no doubt that life grows more and more complex, especially for women, and the more doors of opportunity that stand alar for them the more difficult it is to choose the

which they will find happi-

Take the marriage problem, for instance. Heretofore that has simply been Hobson's choice with a girl, and the only trouble she had was in deciding which one of her sultors she would take.

Now, bowever, it question of the rival attractions of two men as it is

of the man and his job, and when you see a pretty maiden plucking at the petals of a dalsy she is not saying with the poetical heroine, "he loves me, he loves me not," but she is asking the fates whether she shall give up a good situation for a problematical husband.

Laugh not at her. Hers is a very real dilemma that a man is spared. Marriage does not cut him off from the work he loves, the profession he has fitted himself for, the succes he is beginning to attain, to become financially dependent on him, the money he is earning. He just adds a wife and the comforts of a home to all should change his profession because the other good things he has. A wife is he married her, and become dependent

But a husband is minus everything ex- Why should the man, for instance, who capt affection to the business and profest marries an actress insist upon her leavsional woman. When she marries it's a ing the stage? Or why should the man case of all for love, and the balance of who marries a business woman expect the things she cares for lost. She has to her to become a housekeeper of the first give up her business or profession, or order, and be the poorest cook that ever else carry it on in the half-hearted style made a pan of adamantine bisquits? that means fatture. She has to sacrifice her independence, her ambition, her joy in the work that she has prepared her-neif for, and that was the breath of her requiring her to decide between a mar-

More than that, she has to give up the the poor man has none. As long as line of work that she prefers, and do the his wife must work to help him it is sort of work that she probably doesn't no more than right that she should be like, for which she has no natural apti. permitted to do the work that is caslest aide, and in which she is totally unskilled. and most agreeable to her.

Of course it's the custom to ignore these But men don't look at the subject plain and simple facts, and to rhapso- this way. The average man's vanity lise over the joy of having your own lit- requires the sacrifice of his wife's pubtle home. But the expert and highly paid lie career. He wants her to work for stenographer or teacher, who exchanges him as hard as she can, but he wants a nice desk in office or school room, and it done behind closed doors where no- figure. a fat pay envelope for the drudgery of a body can see it, so that he will have snor of trying to get along on less than talk about "supporting her." half of the money she has been accuscasts a few regretful glances at her past her job and her husband: One of lines?

Your Stomach Bad?

JUST TRY ONE DOSE of Mayr's Wonderful Stomach Remedy and Be Convinced That You Can Be Restored To Health



You are not asked to take Magra Wean deather of having death asked to take Magra Wean deather of having money for supper deather of having money for supper deather of having and mortish before you receive any benefits on the substitution of the s

By Lady Constance Stewart Richardson, the Famous English Beauty and Classical Dancer

By LADY CONSTANCE STEWART

RICHARDSON. Copyright, 1913, Internat'l News Bervice. "That history repeats itself we all know; and, to my way of thinking, one of history's most beautiful repetitions is the revival of classical barefoot dancing, The ancient Greeks knew the value of beauty in the upbringing of children. The boys and girls of that far-distant period sported and played and sang and danced in the magic beauty of Leabian hills and Theban streams and valleys. Nature, aided and abetted by music and rhythm. gave the ancient Greeks strong, straightlimbed, beautiful bodies, which their great sculptor rendered forever immortal in gleaming marble. The Latins took their heritage from Greece, and they, too, have left for us beautiful figures in



dancing, however, does most to bring

This Picture Shows Lady Constance in an Artistic Pose Revealing Her Flexibility and Gracefulness, Mostly Acquired Through the Right Kind of Dancing.

titchen, and the soul harrowing experi- an opportunity to pose around and tented to have ugly bodies distorted and years of a life. warped by tight garments, by ill-use and Therefore, the working girl who mar-

> give it up to get married. It is a effort will do the work of restoring question she must answer for herself, beauty. However, I firmly advocate bepocketbook is more comfort, more grow in ways of beauty,

possibilities for beauty of the human | dancer means years of arduous work. It | "And we of today-how can we be con- profession, and demands as toll the best

tomed to live on, may be pardoned if she ries does not have to choose between itself, molded us into such beautiful tion tend toward observation and love beauty will become a part of him; he Figure 2 comes from the Orient. It is for the beautiful in line and in color; will express it because he loves it and a favorite arm movement of the Oriental Nor is it to be wondered at that the up by herself a profitable business trained into awkward and ugly shape, it takes years of patience and of work appeal to a sense of rhythm and finally "Then the one criticism of classic express the very poetry of motion to that

> possible methods of training face, mind a natural part of its life, and the muscles but rather graceful expressions of moods "From these three sources-the classic Hold on to the one in which you've and figure into ways of beauty and de-yot the most confidence. Will fairly refuse to endure the strain set to music that can never tire the eye. the Oriental and the French ballet-I de-yot the most confidence. "For real classical dancing the poses velop my ideal of classical dancing."

Here is One of Lady Constance's Favorite Photographs, in means the exacting requirements of a Which Her Beauty of Face is Aptly Shown. The Little Drawings of Dancers Are Fully Described in Her in This Article. "To teach the child classical dancing with the flowers of grace and intellectual | ment brings lightness and buoyancy of by fads of form and figure, when nature, means merely this-make all its educa- appreciation of all that is best in life, step and gives the whole torso flexibility,

encourage it to copy artistic poses and feels it, and because evil and ugitness and by twisting the arms in the shoulder-to so love music that all music shall have been banished from his nature. "Then the one criticism of classical bow and wrist, the whole arm will bein a few years, asks me if she should to restore its natural beauty. But patient express the very poetry of motion to that dancing that has ever borne any weight come pliant, light and flexible. Figure will be banished, for if it is performed 3 is a modified ballet figure shown pois-"Classical dancing must, express feeling. with lightness and spontaneous joy, if it ing the body on the ball of each foot Some men are worth more than all ginning with children in their formative emotion, mood—and the child who is is an expression of loveliness welling up alternately, while the other leg is lifted the money in the world, but your own years, and teaching them to grow and to trained to be a classical dancer must from a soul steeped in beauty, classical from the hip and bent from the knee. feel beauty in order to give expression duncing will not be a series of tedious This arches the feet and gives an elastic stay, and a better prop than the great "Dancing affords one of the simplest to it. Levely, simple poses will become repetitions that can be enjoyed only once, spring to the step,

It isn't Jack Smith's fault. It's the

You used to lend her your gloves to

The Corn Law

By REV. THOMAS B. GREGORY

Sixty-four years ago the plain people of Great Britain scored one of the greatest sconomic triumphs of the ages-the pas-"All dancing has great value, Classical must be good, the arms and body grace- sage through Pasiament of the act

> "Corn Law." The campaign "famous victory" was one of the wonderful in the history of the platform, Such meetings were never seen before and have never been seen sincemeetings of 50,000, 75,000, 100,000 people,

ful and trained, the legs and feet under

worked up to the highest pitch of interest, an interest that came home to men's business and bosoms in a most direct, practical and pathetic fashion. Such subscriptions!-as much as 650,000 being raised at a single meeting. The great fund of 1848, aggregating 230,000 (\$1,500,000), was raised like lightning.

Many of the chairmen and speakers were what they called "common laborers," but they possessed uncomon ideas and uncommon ability in expressing those ideas, and they shook old England up as she had never been before. The Corn Law league, organized in

March, 1839, entered into the work with the purity of intent and flery arder of the old Crusaders, and never was a great and noble propaganda blessed with more perfect victory. The "interests" fought the league tooth and nail, with fair means and foul, and the league fought back.

At last the great day came-June 28, 1849-when the lords read the bill for the third time and passed it-passed it because of the irresistible pressure that was brought to bear upon them by the plain people. By the provisions of the bill all grain was admitted into the country practically free, and the poor man's bread was no longer in Jaopardy.

The mighty spirit of the league was, of course, Richard Cobden, the "international man," without whose genius, fire and perserverance the Corn Law bill would never have won out. For seven years, from the foundation of the league to the accomplishment of its purpose, worked incessantly, now guiding the ouncils, now addressing the meetings, and everywhere storming men's bearts by his profound earnestness, and winning their reason by his cool, unanswerable

As men's ideals get to be more elevated Cobden will become more and more of a "saint" in the great Pantheon of Hu-

Advice to Lovelorn

By BEATRICE PAIRFAX

His to Suggest.

Dear Miss Fairfax: If a young man calls to see a girl and the evening be very pleasant, is it the young man's place or the girl's to suggest taking a walk? If she made the suggestion it would

be inhospitable, for the reason that he is a guest in her home. Let such a suggestion come from him.

Dear Miss Fairfax: Last summer I became acquainted with a young man whom I liked very much. Shortly after I came home he went to college. He wrote to me and asked me to answer, which I did. It is nearly two months now and I have not heard from him. Should I write to him asking the reason of this?

He knows your address; if he cared to continue the acquaintance he would have answered your letter.

Give Him Up. Give Him Up.

Dear Miss Fairfax: I am going with a young man 39 years of age. I am 23, and have been going with him ever since I met him, two years ago. During this period of time he has ciaimed he loved me with all his "heart and soul." This friend is fond of drink, otherwise he is nearly perfect. Some time ago he told me he thought if we were married we would never be happy, and he didn't think he was good enough for me. I agreed that we stop going togather, but he didn't stop. He has continued to call me up and continues to call.

DISTRESSED.

His fondness for drink makes him most

His fondness for drink makes him most indesirable, though otherwise he may be He admits his unfitness for you. Agree

with him, and give him up. Dear Miss Fairfax: I am 15 and in love with a girl of 21. She also loves me. Last night I told a friend about it. He laughed and said: "That girl is mar-

ned."
Now, how shall I find out the truth?
CONSTANT READER

Ask her. If you find you can't take her word, then cease your attentions. No happiness was ever built on doubt or

WHY RESINOL SOAP **KEEPS COMPLEXIONS** CLEAR AND HEALTHY

calize that it is not enough to remove the dirt-that your skin needs a soothing, healing influence to keep your complexion fresh and free from blemish? Ordinary toilet moaps do not assert and destroy its delicate texture. Even No one life has joy enough in it to the best of such soaps can only clean, preparations for the wedding are as go around-horrow a little from the old they cannot heal and protect the skin. same soothing, healing, antiseptic baleams as Resinol Ointment, the value of circumstances and look through. It will do you good to get a new view of things—don't try to tear the fence down Soap does for the skin what cosmetics "Feel above you," does she? Well, are supposed to do-it insures not only then,s he's learned very little with all a clean skin, but a healthy skin, and a Resinol, Baltimore, Md.

Feeling Above One's Neighbors

By WINIFRED BLACK.

She was poor once herself-and now. her husband having made money. feels above her old neighbors. He was a stone mason and

to do her own work - and never dreamed of having

majority of husbands.

per, wouldn't it be odd if she really was | I heard one of them talking the other they. They nudged each other and gig- mother was the worst housekeeper in above them just a trifle?

Not because she has money now when lage-down in the Ozark mountains. she had none once, but because she is she is tired of hearing about the week's niche in the world-and then she went packed her modish suit case and put on them see that that very fact shows that

day. It was in a little old-fashioned vil- gled every time she spoke and called town." her "stuck up" behind her back. . "Hhe" had gone away from the village sensible enough to know what to do and made a name for herself as a singer to learn didn't mean one thing to them. In the rut, and he got out of it-and

with money when she gets it. Maybe -she had married a man with money and They just said she was "putting on" nothing that he could do or think or she likes books, music, pictures-perhaps she had made for herself a good solid and let it go at that-and the woman say or dream or accomplish will make washing and the week's fruit canning. back to the village to visit. She thought her pretty new hat-and went away a he really does amount to a little some Maybe she likes to learn something new she might find some young girl there little sad-not because she felt "above" thing even if his nother's bread always who needed the same chance she'd had her old neighbors, but because she was did sour and her cake fall on the very Her flushand may not be the only one and was worth helping to get it. She shove them and couldn't help feeling it day of the Ladies' Aid picate. in the family with brains enough to get asked a lot of questions, took pains to overy time she went to see them again. Come, come, old neighbor-don't keep

Everything she had worked so hard fault of his old neighbors. They stayed

They lived shut off in their little back your eyes shut so tight-open them and water eddy-charishing the old mistakes. you'll see something interesting. the old deluzions, the old follies. John Smith may go to town and make go to town with and her brother always housework. Ought she to keep on soing and never used a double negative once his way in the great world of men- had to borrow a bat from your brother make it honestly, fearlessly, fairly-fight when he wanted to play ball-and now she

to please you and her neighbors, who Did they admire their old friend for his fight like a man and the son of a has three hats to your one and has a her good sense and cleverness in adopt- man. What is he when he goes "back laundress and a cook-well what of it?" What a nulsance the "knew her when ing the new ways of the new world home?" Just "Queer Jack Smith, whose Be proud of her, rejoice with her in her this influence. Many of them contain

she lives in when she is at home? Not father drank too much, and whose good luck and the good sense to know free alkali, which tends to dry the skin

The only difference is that the burden the married weman pulls grows heavier

denial will expect his wife to do all the wrong side of it. That selfishness is the predominating self-denying that is attendant on matri-

hill on a sled compared with the long it all. pull up the hill when the ride is ended.

That the man who drinks, be it ever her good fortune-unless, as I said be- fair, clear complexion. Resinol Scap

so little, wastes his time, his money fore, she really is above you-and in and Resinol Cintment are said by all and his prospects and some day will be that case-you know you can hardly drugguests. Trial free; Dept 4-R,

how to use it.

respectfully of a girl who has shown she much more rapidly than the sled.

element in every man's love, and unless mony.

That the ecstatic excitement of the as prodigal with his wife's happiness. blame her, can your

brief, compared with the duli monotony neighbor-get her to tell you how she Resinol Scap, besides being an absoof what comes after, as the ride down lives, what she does, how she likes jutely pure tollet soap, contains the Put your eye to the crack in the fence

That the man who is incapable of self- just because you happen to be on the cal profession. That is why Restnot

