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Madame Isebell's -Beauty Lesson

Lesson I-Part II. If you live in the country, where you

can get clean rain water, by all means bottle it and save it for face washing. If this is not practical soften the ordinary water with a pinch of borax if you have a reason to think it is at all hard. As a woman gets older the skin needs more and more care, for nature is less active in renewing it and throwing off impurities. There is also apt to be a lack of natural oil, and this is why women, as years go on, need to use creams of some sort and to refrain from the use of soap. Skin that is allowed to become dry wrinkles easily; it is far easier to prevent wrinkles than it is to cure them and the first step in preventing them is not to allow the skin to be-

of toilet creams; the only question is, what kind? This depends on the skin and the purpose for which the cream is to be used. As a substitute for soap, a cleansing cream is necessary. This may be a soft ointment or a liquid, but it should be absolutely free from harmful ingredients, such as mineral oils and preservatives, and should be soft enough to be rubbed freely over the skin without causing any friction. A cleansing cream will keep the face clean, soft and well lubricated and its use will do much to prevent wrinkles, sunburn, freckles and roughness, but it contains no healing properties, neither does it fatten nor feed the skin.

A very young face, as a rule, does not need massage, but as a woman approaches 30, and, unfortunately, sometimes younger, the fatty tissue beneath the skin begins to fall away and, in consequence, hollows the lines and fine wrinkles about the eyes begin to appear. it is then that we resort to massage, which means the proper manipulation of the face so as to strengthen the muscles and feed the skin. In a future lesson I shall give you complete directions for facial and neck massage; for the moment I have only space to touch on the subject. The skin can only be fed in two ways-by means of the blood and by absorption from outside-and to do this we must use with the massage movements a proper massage cream.

There are only a few fats that the skir can absorb, and a skin food therefore must contain such fats to te any use in removing the wrinkles. A proper massage cream or skin food, a wrinkle paste, as it is sometimes called, is much thicker than a cleansing cream; It is apt to be more expensive, but it need not be so freeely used, and a small jar of it will last a long time.

Blackheads, acne (what is commonly termed pimples), serious roughness or soreness of the akin, call for a special ream containing some healing agent. A healthy skin needs such a cream but rarely, perhaps never, but it is wise to understand the different face creams and their uses. First, there is the cream for cleansing and lubricating purposes, which every woman, young or old, needs; second, the massage or wrinkle cream, to be rubbed into the skin when wrinkles and lines are appearing, and, third, a healing cream for eruptions, blackheads and so on.

mme Setell

Advice to Lovelorn

By BEATRICE FAIRFAX.

Let Your Books Come First. Dear Miss Fairfax: I am 24 years old and was dearly in love with a girl of 23 years, but, by taking up a course of civil service, she came to my house yery often, and I told her not to come so many times, as I like to learn what I have to, and she got angry, but I have a warm spot in my heart for her.

Kindiy let me have your best advice what to do, so that I can keep company with her again.

Don't let her anger sidetrack your

Don't let her anger sidetrack your ambition. It will be to your lasting re-If she is a girl worth while she will

learn to realize that you are right and will become a help to you instead of a

Falling Hair Means Dandruff is Active

"Whiz--and Walk a Mile"

No. 2-The Other Kind

By Nell Brinkley



tain in one express train minute and trudged the long mile back up the steep country and mountainside. I told you how the sloe-eved Oriental in the clubhouse eyed their scarlet-and-white figures-first speeding by like falling stars and then piking back up again like crawling tortoise. How he eyed them scornfully and dubbed the whole affair-the long, ardent tramp up-mountain so they might flash over the same trail like a flame, the crackling, arrow-like instant of ectasy, and the patient, snail-pace struggle back—the "whiz-and walk a mile!"

That's one kind-the good kind. Where, in spite of the Chinee's mocking, the Flight is worth the Pike. In this there is nothing of blame, of sorrow nor of suffering; just youth and laughter and wind-

whipped, rosy flesh-companionship of man and maid under the wide

ing of hands over the same rope-laughter and hardening muscles But-here is another kind of "whiz-and walk a mile!"

He also-this reckless boy with his fat pockets-is taking a wild flight like a comet cut adrift, in a whirl of money-dust, his eyes blinded by fake beauty, the glare of the Great White Way about him, the sting of champagne in his blood instead of the bite of snow. His father drew the bar from under his toboggan when he filled his hands and evening clothes with money that he never earned. And he's "whizzing!"

But he will "walk." After this whirl, this breathless, gasping instant of ecstatic speed. Very slowly-up-hill, with a bitter heart-ho will walk his long, long mile that he covered like striking lightning a bit ago. But not on the silvery ribbon of ice where he laughed. Out in the snow on the side trail, and the snow will be deep, and his shoes burst, and the climb heart-breaking. And there will be not one of the

with cracked ice, and ate of his plum pie with him, whizzed and joyed with him-who will "walk a mile" with him!

"Whiz-and walk a mile!" What a thing the baffling-eyed Celestial said! To him the first kind was as foolish as this kind is to you and I. But there's all the difference in the world, though the title he muttered covers them both.

"Foolish," whispered the scornful Chinee. "Whiz"-with a flash of his slim brown hand in a lightning pass-"and walk a mile!" and he shrugged his silken shoulders to his ears and made his two first fingers walk laboriously through the air.

Down in the Big Town-any town-you can see on a Big Nightany night-a young chap laughing loud and high-"whizzing." And, flattened against a brick wall in the dusk or sunk in a heap on a park bench, you can see him "walking a mile." NELL BRINKLEY.

ATHRILLING STORY OF A MODERN CRISTO

You Can Begin This Great Story To-day by Reading This First

fine education and good breeding, but an orphan and miserably poor. The story opens with the death of his

The story opens with the death of his mother.

Rich relatives have descried the family in their hour of need, and when his mother's death comes Philip is in despair. He looks over his mother's letters and finds that he is related to Sir Philip Morland. A few days later a terrific thunderstorm brews over London. At the height of the storm a flash of lightning scares a team attached to a coach standing in front of a West End mansion. Philip, who has become a newsboy, rescues a girl from the carriage just before it turns over. A man with the girl trips over Philip in his excitement. He cuffs the boy and calls a policeman. The girl pleads for Philip and he is allowed to go after learning that the man was Lord Vanstone. Philip then determines to commit suicide.

Just as he is about to hang himself a

Save your Hair! Get a 25 cent bottle of Danderine right now—Aiso stops (tching scalp.

Thin, brittle coloriess and scraggy hair is mute evidence of a neglected scalp; of dandruff. The scale of the colories and scraggy hair is mute evidence of a neglected scalp; of dandruff. It robs the hair of its uster, its strength and its very life; eventually producing a feverishness and itching scalp, which if not remedied causes the hair of the sare that is arrest. At the police stations and its least the scale of the gives his name as Philip Moriand causes the hair of to the site of the scale of the gives have nevertually producing a feverishness and die—tho: the hair falls out fast. A little Dande the tonight—now—anytime—will surely save your hair.

Get a 3 cent bottle of Knowiton's Danderine from any drug store or toilet counter, and after the first application your hair will take on that life, lustre and luxuriance which is so beautiful. It will become wary and fuffy and have seen have and scale of the magistrate, who sends him leaded to see you," interpreted the boy. "It am leaving her to window and meteor and by the window and meteor and the yard, the door you hair to kill himself. He then goes to the same way as you did."

The book at the meteor. Philip work and meteor and takes them to a diamond merchant names Isaacstein, who causes his arrest. At the police state the discount tells the lodge that the diamonds are worth 19,600 pounds (£30,000).

The police court he succeeds in contact, and the police court, and the police court he acceeds in contact, and the police court he magistrate, who sends him in so short a time."

"No no. Not a half minute—a few secvincias and is remained for a week. Lady Moriand and is pussed."

The police court he magistrate, who sends him in so short a time."

"You now the late to the discount of \$3,000 pounds (£30,000).

"But where can he be? He hasn't l

Now Read On

(Copyright, 1904, by Edward J. Clode.)

For an instant their eyes met in mutual astonishment. Then the policeman came a pane of glass. He grinned affabiy and

'Here! I want to speak to you. Intuitively grasping the essential fact hat his best policy was one of ready acquisecence. Philip sprang toward the step. The constable approached. "I hope I didn't startle you," he began,

'but I just looked in on the off chance"- and lamp again. ome of my belongings, a very nasty-look. Your hand. If you see anything, yell out

you, for I could see his chin over the string of the curtain. He had a big face,

with eyes that stuck out boldly-" "By the Lord, it's Jocky right enough! cried the constable. "Now, where can he have gone to? He's an ugly customer to tackle single handed," he added beneath They closed in bone-breaking endeavor, his breath

"Won't you wait a bit until I get some help?" said Philip, anxiously.

The man appeared to debate the point. The nearest comrade was an acting serso close that his helmet rested against geant, newly promoted. If he were summoned, the kudos of a smart capture would be his by right of seniority. "No," announced the constable, stub-

bornly. "If he is here, I will handle him myself. Again his lamp swept the small area door and unlocked it. He stood on the of the mews and revealed no living object. He quickly unfastened his belt.

Philip obeyed. . These preparations for a deadly-struggle appealed to his very "Just now," he questioned. "Do you rather at planting the Union Jack on a

glacis bristling with bostile cannon. The policeman, feeling for the loose strap of his truncheon, commenced a stant action is worth a century of diplo- not mentioned at all with reference to "But where can he be? He hasn't left careful survey of the mews. He had not macy-he picked up the truncheon and this affair. he mews or I must have seen him. I gone five yards when there was a loud brought is down on "Jocky's" hard skull crossed the road and no one came out crash of broken glass. The building at with such emphasis that the convict colthe other end of the yard possessed a lepsed limply on top of his conquered ad- the boy's grand manner. His accent was couple of windows facing into another versary. inclosure at the back. Obviously, the Then the boy was horrified. The two sion. And how many boys of his age

of the house whence the sound came. It resisted somewhat, but yielded to his shoulder. He disappeared inside. Philip. after closing his own door, also ran to the new center of interest, shielding the candle with one hand lest it should blow

Quick as he was he missed the first phase of a Homer's combat. The viohim into contact with a poor woman. At the old home he gathers up the diamonds, and has just succeeded in placing the last of them in a portmanteau, when he discovers that he is being watched by a man outside. He succeeds in getting rid of the fellow, only to discover another pair of eyes peering at him. This lime it is a policeman.

This face only, I suppose?"

The constable stepped back into the bar in his attempt to escape, turned like a madman on the policeman. There was no sort of parley between them. Cursing the luck that had revealed his hiding place, the man, an ex-convict, with the frame of a giant, sprang at his pursuer for the policeman. lent "Jocky," foiled by an unnoticed iron

suddenly from an inner room. The policeman had a second's warning. It was something, but not enough to give him an advantage. He got his club out, but simultaneously his assailant was on him with the ferocity of a catamount. and before they were locked together for ten fearful seconds the officer of the law hitterly regretted the professional pride which sent him single-handed into fallen man growled unintelligibly and this unequal strife.

For he was physically outclassed, and he knew it, and there is no more unnerving knowledge can come to a man in such a supreme moment. Nevertheless, he was a brave man, and he fought with all the resolution that is born of the consciousness of justice and moral right. But Providence is on the side of big battalions, and "Jocky" was tailer, took off his greatcoat, and readjusted belt heavier, very much more active. Moreover liberty was as potent incentive as this request. His mind was relieved now, "Now I'm ready for him," he grinned law any way, and law was being steadily and with the backward swing of the "Put my coat inside, boy, and stand at throitied when the pale gleam of Philip's mental pendulum came the reflection that the door yourself with the candle in candle lit up the confines of the ruleous the least said of his connection with the hovel about which the two men stamped case the better. and lurched and wreatled.

At the precise moment of the boy's en- tap and ran with it to the scene of the trance the policeman's knees yielded and capture. The constable was gently shakman half followed him, his quick glance soul, for your healthy minded boy of 15 he fell, with his remorseless antagonist ing his prize and addressing him by noting the open portmanteau and its ar- has generally ceased to be a highway- uppermost. Philip, gazing at them wide- name; man or a pirale in imagination, and aims eyed, aimost fell, too, for his left foot rolled on the constable's staff.

Being fashloned of the stuff which

had observed the constable's movements. dead. It is one thing to help the law, at a critical moment? Realizing that discovery was imminent, but quite another to kill a man. He did he was effecting a strategic movement not want to be a murderer as well as a rather difficult," was the answer. millionaire, not knowing then the qualt- was you who told me where he was, and The policeman instantly abandoned his ties which so to form these varieties the man himself knows that without What sort of man was he? You saw cautious tactics. He ran toward the door of the genus home are strangely slike. somebody's help I could not have ar-

ing stentoriously. At last, after a pause that apparently endured unnumbered

He inflated his lungs vigorously. Then he managed to gasp:

would-be slayer, and sat up.

"Thank you! You've saved my life!" He pressed his ribs with both hands and gingerly felt his throat. He stood up. His ismp was still alight, but a quantity of oil had run over his tunic and trousers. "By love, boy, you are a brick," he said, and his voice was under control

again. Philip answered not a word; his eyes were glued on the prostrate form of Jocky. The policeman understood his fear and laughed.

"Don't you worry about him. He'll do a stretch all right. I would have given him a harder one that if I got a swing at him."

His words were quickly justified. The moved. With a rapidity born of much practice the officer handcuffed him There must have been some sense of familiarity in the touch of the steel bracelets, for the recipient of this delicate attention stirred uneasily.

"You knocked him silly," grinned the policeman, "but he will get his wits back in a minute or two. Can you bring him a drink of water? It won't do me any harm either."

Philip hurried away to comply with

He filled a small tin at the scullery

"Jocky! Jocky Mason! Pull yourself together. This way for the Old Bailey!" "If you please," said Philip, "I would founds empires-on the principle that in- be very greatly obliged were my name

The policeman, whose senses were northat of the men of the University Misa broken nose. He made me jump, I can broken-nosed "Jocky," unseen himself, lay so still that he imagined both were would have struck so straight and truly

"Well, don't you see, that will be

He gazed at them as in a trance, but rested him. There is no need to mince relief came when he heard them breath- matters. I have you to thank for not

being laid here stiff." Philip said no more. To press his reminutes, the constable weakly rolled him- quest implied a powerful motive. . The self free from the bulky form of his stars in their courses must have conspired that day to supply him with ex-

Mason eagerly guiped the water held to his lips. Then he tried to raise his right hand to his head. Ah! He understood. A flood of oaths began to meander thickly from his mouth.

"That's better," said the constable, encouragingly. "Now, up you get. It's no use, Jockey, I won't let you kick me. You must either go quietly or I will drag you to the street over the stones, and that will hurt."

To Be Continued Tomorrow.

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lendency to soreness or strain.

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