

# WINGS BY THORNTON W. BURGESS

## MISTRESS SPRING WAKES ALL THE SLEEPERS.

Wake up, wake up, you drowsy heads! Wake up, wake up, and leave your beds! The gladder time of all the year has come, for Mistress Spring is here!

CHEERFUL Robin was singing it up in the Old Orchard. Little Friend the Song Sparrow was singing it down along the edge of the Laughing Brook. Winsome Bluebird was whistling it from the top of the Big Hickory over by the Smiling Pool. Blacky the Crow was cawing it from a fence-post on the edge of Farmer Brown's cornfield. Danny Meadow Mouse was shouting it in a funny little squeaky voice down on the Green Meadows.



Blacky the Crow Was Cawing It From a Fence Post on the Edge of Farmer Brown's Cornfield.

Even Sammy Jay was screaming it through the Green Forest. And over in the dear Old Briar Patch Peter Rabbit was saying it over and over to himself as he thumped and thumped for pure joy.

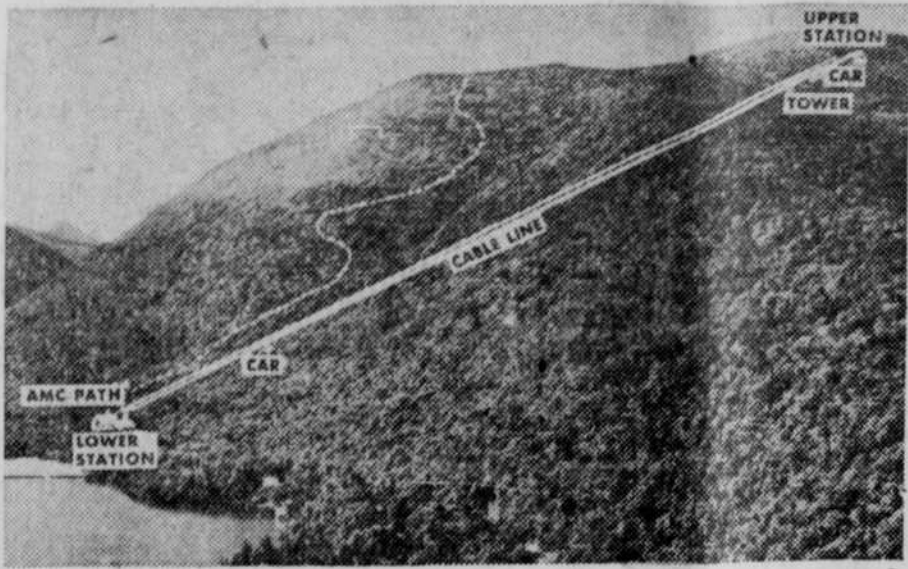
It was true. Sweet, beautiful Mistress Spring had arrived. Cheerful Robin and Little Friend had come with her, and so had Honker the Wild Goose. It was his voice coming down from high, high up in the blue sky that had told the glad news. He hasn't a sweet voice. Oh, my, no! The voice of Honker is anything but sweet. And yet it is good, wonderfully good to hear after the long, cold days of winter, for every one knows when they hear it that Mistress Spring has arrived. You see, long ago Mistress Spring went to Old Mother Nature and asked her for a trumpeter, some one whose voice was strong, to travel up from the far away South with her and tell all the world of her coming, and Honker the Goose was chosen because his

wings are strong and he flies high, and because his voice is strong, and the sound of it carries far. And from that day to this when the voice of Honker the Goose is heard, every one knows that Mistress Spring has arrived.

Now, Mistress Spring wastes no time, for she has a great deal to do, and the very first thing is to waken all the sleepers whom gentle Sister South Wind has not already awakened. Peter Rabbit never could understand how she does it because there are so many sleepers—little people who wear fur, little people who wear neither fur nor feathers, but whom we call bugs, and all the little and big plants. There are so many, many of them who sleep all winter long that it has always seemed to Peter as if Mistress Spring must miss some of them. But she never does.

So now that Mistress Spring really had arrived Peter was too happy to sit still. He just had to hurry around and greet his friends as fast as they waked. Bobby Coon and Uncle Billy Possum had crawled out of their hollow trees just after Winsome Bluebird arrived. Now Peter felt sure his old friend Johnny Chuck would be crawling out and he hurried up to the corner of the Old Orchard where Johnny's house is. Sure enough, there sat Johnny on his doorstep taking a sun-bath. He looked very thin, not at all as he had looked when Peter last saw him. He grinned at Peter and stretched to get the kinks out of his legs and the first thing he asked was if Peter knew where there was any tender young clover. But Peter didn't, because you know, the clover had only just begun to wake up, and hadn't had time to grow. But he knew where there was some last

## Tram for 'Old Man of the Mountain'



The first aerial tramway in North America will be completed next summer on Cannon mountain, N. H., (shown above) about a mile and a quarter from the famous "Old Man of the Mountain," known to millions of tourists. Tramway cars carrying 25 passengers and an operator will travel up the mountain to the summit in six minutes. Canada, Vermont and New York state may be viewed from the top.

year's clover that had kept green under the snow, and Johnny said that that would do, because he was so hungry that he could eat almost anything.

While they were talking a merry little voice shouted from the stone wall. There sat Striped Chipmunk, and he looked as pert and smart and saucy as ever. He wasn't thin like Johnny Chuck. You see he had filled his storehouse, which opens right out of his bedroom, with plenty of good things in the fall, and he had waked up in the winter often enough to eat what he needed and now had plenty left over.

"Are you glad Mistress Spring has come?" asked Peter.

Striped Chipmunk whisked round and round after his tail until they all laughed to see him. "So glad that I can't keep still!" he cried.

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## THIS HURTS THE MOST

By DOUGLAS MALLOCH

THEY hurt us most a way they never dream. Not with their words, however harsh they seem, But with their lives, the follies they pursue, That hurt the heart more than their words could do.

Some strange rebellion in the girl and boy Now makes our special fear their special joy.

They hurt us most a way they never guess. Not with their words, but with immodest dress, Immoral pleasures, for these deeds are done By someone's daughter or by someone's son.

But yesterday we stood beside their cot; It hurts to feel they have so soon forgot.

They hurt us most a way they never know. Not with their words, however hard the blow, But with the loss of many things we miss, The dreams of parents that have come to this.

Of all we taught them, nothing has prevailed— It hurts us most to know how we have failed.

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## MANNERS OF THE MOMENT

By JEAN

SOMETIMES, when you're walking along with a male escort, you just happen to see something terribly interesting in a window, and you just happen to stop for a second. And then in your excitement you grab the nearest arm and say, "Oh, look, Johnny. Isn't that the prettiest little coffee pot?"—only



When a Girl Absent Mindedly Grabs the Arm of the Wrong Man. To look up and discover that you are grasping the arm of a strange and startled man. Your boy friend, you can see by now, is plodding on ahead of you.

We're inclined to think it's partly the boy friend's fault. He really should be more conscious of you than to go marching on down the street that way.

But once you've gotten into the pickle, you might just as well make the best of it. You should let go of the strange arm. But you should smile unconcernedly and say, "You do think it's a nice coffee pot, don't you? I simply love it." And with that you can wave the stranger a cheery good-bye and catch up with your own Johnny. The stranger may think you're crazy, but what of it?

### Spontaneous Combustion

Coal mines, grain elevators and farmers' barns are commonest scenes of explosions and fires. Spontaneous combustion does the trick with gases formed by accumulated coal dust, the same with stored grain and improperly cured hay. The biggest bang in history was the eruption of the volcano of Krakatoa island in Sunda strait between Java and Sumatra. In August, 1883, it started a series of explosions which lasted 36 hours and could be heard 3,000 miles distant. Rocks were hurled 17 miles and gigantic waves devastated nearby coasts, causing 36,000 persons to perish.

## FIRST AID TO THE AILING HOUSE

By Roger B. Whitman

### CARING FOR RUSTIC WORK

NOT long ago I received a letter explaining the purchase of a playhouse built of rustic work; of bark covered saplings. Within a week after it was put up, insects were found flying around inside, and were soon so thick that the children refused to play in it. Little piles of sawdust were found all over it inside and out. I was asked how the insects could be destroyed. There could be but one answer; that wood, so thoroughly infested with boring insects, could not be reclaimed.

Many kinds of insects thrive in wood. There are borers, of many classes that develop from eggs to the adult beetle inside of wood, and that as larvae are very destructive. Other kinds of insects make borings just under the bark. Because of these insects, rustic work may not be practical, for there is no sure way to protect it against insect attack. One signal is the loosening of bark. When this is noticed, and borings are found underneath the bark, all the bark should

## THE LANGUAGE OF YOUR HAND

By Leicester K. Davis

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The Dominant Finger of Brilliance

QUITE the opposite of the individual whose creative ideas and urges must be keyed to an impossibly high ethereal plane are those men and women whose creative faculties are so practical that they are often mistakenly credited with having no creative impulses at all. Yet to these intensely creative folk the world owes some of its most outstanding advances of government, industry and commerce.

### Dominant Finger of Brilliance.

Length, strength, straightness, mark the third finger of this type. With fingers pressed closely together, its tip will always be found lying considerably above that of the second finger. The knuckles are large and somewhat knobby, although well formed and without any suggestion of slenderness in the spaces between them. In fact the entire finger has a decidedly stalwart square appearance.

The nail tip is inclined to be rather spatulated on the under side, with the nail square and firmly set. Under backward pressure, there is pronounced resilience coupled with a somewhat resistant feel. With the hand opened wide, the entire finger lies much closer to the second finger than to the fourth.

The possessor of such a third finger has an almost unlimited flow of brilliantly conceived worth-while ideas, which are carried through to very practical objectives by methods which take no heed of time or perseverance required.

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## The Two Classes of Overweight

By DR. JAMES W. BARTON

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YOU may read from time to time about the "different kinds of obesity-overweight," and if you are overweight you may wonder to which class you belong.

As a matter of fact there are only two classes of overweight, and while they have odd names their meaning is very simple.

The first class is the exogenous—"ex" meaning "out of," and "gen" meaning "beginning," that is, the cause of the overweight begins outside the body. Thus taking extra food and not taking enough exercise is the common or usual type of exogenous overweight. It usually comes on with the ease and contentment of middle life.

The second class is the endogenous ("en"-within, and "gen" meaning "beginning,"—beginning within the body), which results from some gland disturbance or deficiency within the body. The glands at fault are the thyroid in the neck, pituitary lying on the floor of the skull, and the generative glands. Each gland has its own type of overweight but sometimes the overweight may be due to a deficiency in two or more of these glands.

When the thyroid gland in the neck is not manufacturing enough juice there is an increase of weight in all parts of the body. It is six times as frequent in women as it is in men. "The onset may occur with mental dullness, impaired memory, and obscure pains in the legs. As a result of this thyroid gland deficiency there follows an increase in the bulk of the body, with a firm inelastic swelling of the skin which does not pit on pressure."

### Skin Becomes Rough.

The skin becomes dry and rough and wrinkles in the face smooth out leaving a childish or vacant expression. The mentality, speech and bodily movements become sluggish. Constipation is usually present and the rate at which the body processes work may be from 20 to 40 per cent below normal.

In deficiency of the pituitary gland lying on the floor of the skull there is sometimes a family tendency noted, and it occurs as often in males as in females. It usually begins in the very early teens just before puberty—the age at which girls and boys are entering into manhood and womanhood. Attention to this condition is first given because of the great amount of starch and sweet foods these youngsters can eat without having any disturbance in the stomach or intestine. They have a great craving for sweets and pastries. That these youngsters are going to be plump or chunky is evident even at this age. Fortunately the mental ability remains normal and there is no lack of alertness.

An X-ray of the skull may show changes in the gland itself or the structures about it. Late in the disease there may be eye trouble, blindness, headache or vomiting.

In this type of overweight there is a great increase of fat in the shoulders, breasts, abdomen and hips, while the forearms and lower legs are slender and hands and feet usually small.

In the generative or sex gland type of overweight, there is in the male wideness of the hips with also a great deposit of fat there. There is increased fat deposits under the skin of the chest, the abdomen and the hips.

### Depends on Glands.

In the female there is lack of breast development and irregularity of the monthly periods.

When more than one gland is at fault such as the thyroid and the pituitary, or the pituitary and the sex glands, the symptoms will of course depend upon the glands involved.

In the treatment of overweight, as more than nine of every ten overweighters get that way from over-eating, cutting down on the food intake is the chief method of treatment if these individuals are to escape the dangers due to overweight—heart, kidney, and blood-vessel ailments. However, in addition to cutting down on the food intake these "gland" types of overweight need to take the special gland extracts under the supervision of a physician.

"Thus restricting the food or energy intake to less than the requirements of the body, and increasing the energy requirements by exercise, the reserve energy deposits of the body (where fat has greatly accumulated) are used to supply the required energy that is lacking in the food; thus, demands are made upon the fat deposits of the body, and so the fat is consumed."

It would be well therefore if you think you are not the "common" variety of overweight (due to over-eating and underexercising) to consult your family physician who by examination, metabolism and X-ray tests will be able to place you in your right class.

## Sew-Your-Own Style News



HERE is something practical, something sweet, and something ornamental for your mid-summer wardrobe.

### Simple As Toast and Coffee.

At breakfast time you need the crisp shippshape style of the little model at the left. He'll proffer that eight o'clock kiss with alacrity and fervor when you greet your hubby in this pleasant surprise. Make it of a gay tub-well cotton for greatest usability.

### Lines That Live.

For luncheon in town, for cutting up touches on the Club veranda you can't find a more fetching frock than the one in the center. It combines sweet swing with nonchalance. Never has a designer given more flattering shoulder and waist lines than these. "And what about the skirt?" you ask. Obviously it has the most finished flare in town. Chiffon, acetate, or sports silk will do justice to both the flare and you, Milady.

### And If Autumn Comes.

It's a help to have a dress like the one at the right around for it gives that feeling of preparedness. Prepared in case a cool Fallish day or evening is slipped in without warning. Then, too, it won't be long before cool days will be the rule rather than the exception. So it would seem a logi-

cal as well as a fashionable step to set about making this elegant model right away. Be first in your crowd to show what's new under the fashion sun for Fall.

### The Patterns.

Pattern 1354 is designed for sizes 34 to 46. Size 36 requires 4 1/2 yards of 35 inch material.

Pattern 1307 is designed for sizes 12 to 20 (30 to 40 bust). Size 14 requires 3 3/4 yards of 39 inch material plus 7 1/2 yards of ribbon for trimming as pictured.

Pattern 1324 is designed for sizes 14 to 20 (32 to 42 bust). Size 16 requires 3 3/4 yards of 39 inch material plus 1/2 yard contrasting, and 1 3/4 yards of ribbon for the belt and bow at the neck.

Send your order to The Sewing Circle Pattern Dept., Room 1020, 211 W. Wacker Dr., Chicago, Ill. Price of patterns, 15 cents (in coins) each.

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### The Future

The future is a world limited by ourselves; in it we discover only what concerns us and, sometimes, by chance, what interests those whom we love the most.

"FOR EXTRA TENDER BAKED FOODS, I RECOMMEND JEWEL SPECIAL-BLEND SHORTENING!"



Mrs. Carl Warthan, Chandler, Texas

Jewel makes finer cakes and hot breads, too. And it's grand for pan and deep-fat frying. Millions prefer this Special-Blend to any other shortening, regardless of price!

Be a Friend | Hold It!  
The only way to have a friend is to be one.—Emerson. | The greatest remedy for anger is delay.—Seneca.

CHEW LONG BILL NAVY TOBACCO 5¢ PLUG

LIFE'S LIKE THAT By Fred Neher



"No gas man is going to track up my clean linoleum!!"

## For the Sophisticated



Quaint sophistication is the charm of this dinner dress of heavy black silk faille. White eyellet embroidery forms the ruffles at the neck and sleeves and the petticoat effect at the hemline of the slip.

## MOPSY



"I'LL OPEN AN ACCOUNT IF THIS BANK CAN IDENTIFY ITSELF AN GIVE REFERENCES"

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## Love, Honor and Obey



LAND-SAKES! FOUR O'CLOCK-- WILL THOSE PEOPLE EVER TURN OFF THAT RADIO!!

JOE JAY

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