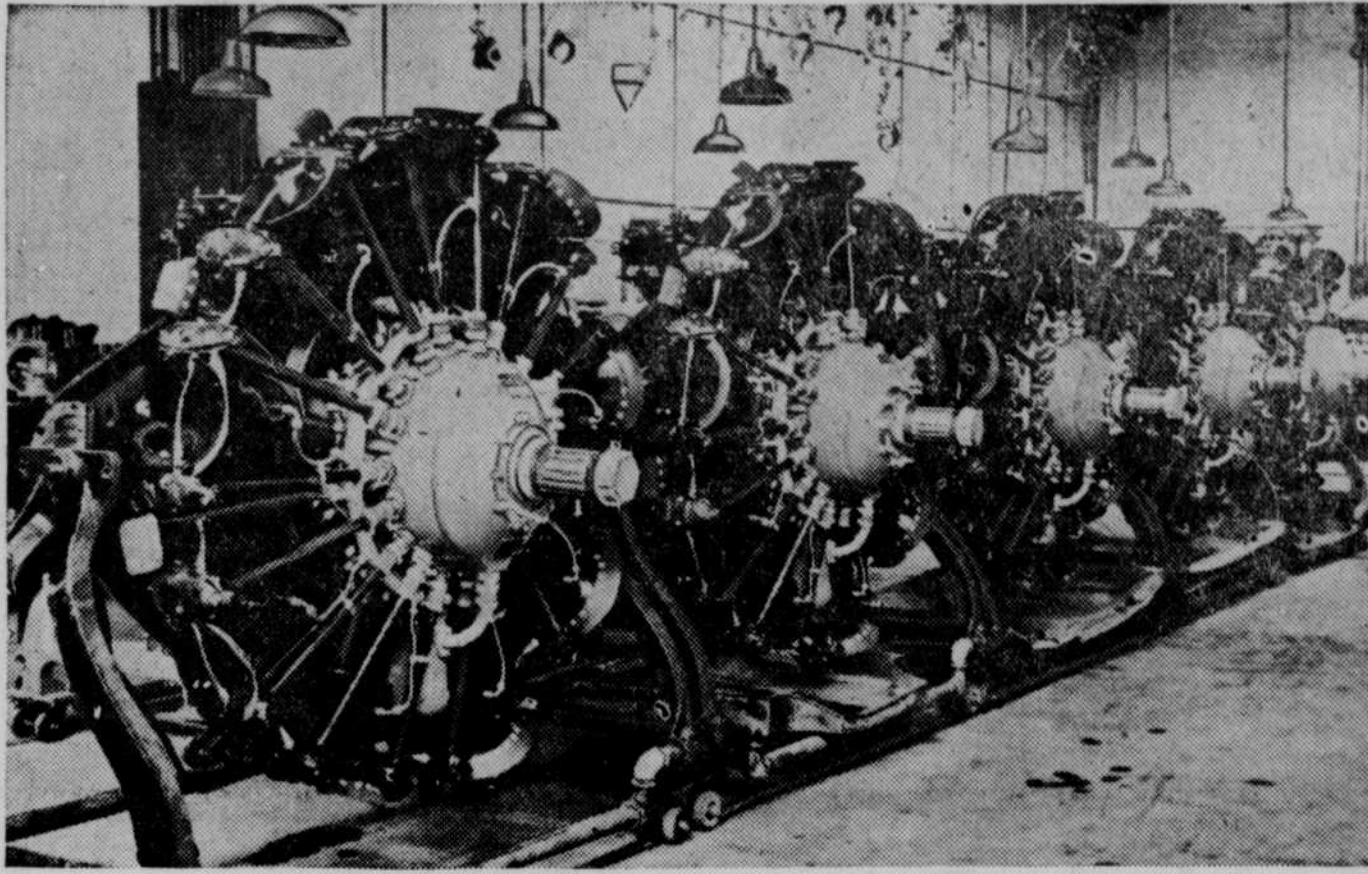
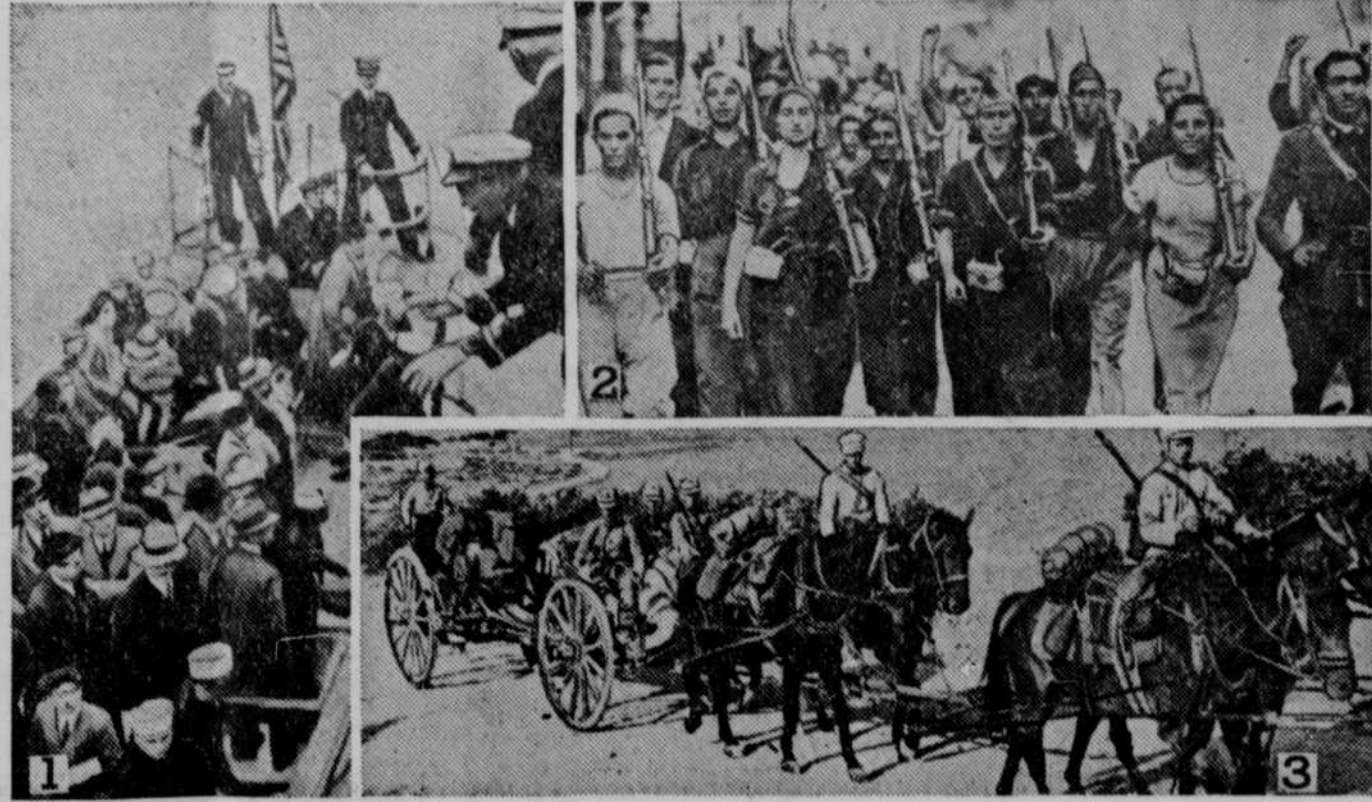


## Powerful Motors for Army's Airplanes



Here are some of the 150 powerful Cyclone type airplane motors the army air corps has bought from the Wright Aeronautical corporation at a cost of \$1,327,190, for its airplanes. Described as the most powerful of their kind, the motors are rated at 1,000 horsepower at the plane's take-off. The result of ten years of experiments, these models are designed to give a quick take-off with full load and high speed at high altitudes.

## Scenes and Persons in the Current News



1—American refugees from Bilbao, Spain, being taken aboard the U. S. S. Oklahoma for transportation to France. 2—Women of the loyalist forces of Spain marching out to battle with the rebels north of Madrid. 3—Battery of Turkish artillery entering the former demilitarized zone on the Dardanelles which Turkey is re-arming.

## HOW ARE YOU TODAY

DR. JAMES W. BARTON  
Talks About

### Teen Age Slimming

ALTHOUGH "curves" are back to some extent with a great many thoughtful women who put their health ahead of trying to attain a boyish figure, it is only too true that many young girls are still deliberately "keeping their weight down."

Now overweight spoils the figure all right, and interferes with health but in the growing or teen age girl weight should not be considered because any reduction of the natural increase in weight that comes at this time doesn't simply mean a loss of weight, it means an actual loss of health and strength.



Dr. Barton Statistics show that the fight against tuberculosis is being waged successfully except in one age range—the girl between fifteen and twenty. At this age instead of a decrease in the number of cases of tuberculosis there is an increase and the outstanding cause of this is the attempt to keep down the weight.

When it is realized that this is the age at which girls are emerging or have just emerged from girlhood to womanhood, when the gland changes are transforming the body and mind to meet the demands of motherhood, the seriousness of loss of weight and strength at this time can be readily understood.

### Effects from Dieting.

Drs. R. W. B. Ellis and K. H. Tallerman in the Lancet state, "It is not uncommon at the present time to see in girls in their late teens quite serious results from 'slimming,' usually self imposed. The cases are curiously alike. They eat incredibly little, protesting total inability to eat more; they take long walks and deny that they ever felt better in their lives. Although they refuse to acknowledge that they are tired, they appear to be completely exhausted, with considerable emotionalism, slow pulse, and cold hands and feet."

I believe most physicians meet a number of these cases and find the blood thin, the blood pressure low and the resistance at a very low point.

### Health Rules for Teens

A little more food, particularly meat and eggs, and a little more sleep at this particular age will lay the foundation for strength and vitality for the years to come, and make play and work a pleasure instead of a trial.

Slimming is certainly not meant for the teen age girl.

### Eye Trouble Result of Reducing

Notwithstanding the apparently safe use of dinitrophenol in reducing weight recorded by the San Francisco research physicians, reports are coming in from various cities of the formation of cataracts in patients, the only cause of which is believed to be the use of dinitrophenol.

Some weeks ago the Journal of the American Medical Association reported cases from Boston, Baltimore, Chicago, and Grand Rapids, Mich.

Drs. David G., and Frances C. Cogan, Boston, report a case of a 38 year old Scotsman admitted to the Massachusetts Eye and Ear infirmary with cataract of both eyes, with vision reduced to the counting of fingers at a distance of two feet. Both cataracts were removed by operation. The second case was a woman of twenty-five, admitted to the Johns Hopkins hospital, Baltimore, with cataract in one eye after the use of dinitrophenol for one month.

### Cases of Cataracts

Dr. N. K. Lazar, Chicago, reports the cases of two women, one forty-four years old and the other forty-two, both afflicted with cataracts due to the use of dinitrophenol in reducing weight. Now although this is an age when cataract might occur anyway, the short time in which they grew left no doubt as to the cause.

Dr. Paul W. Kniskern, Grand Rapids, reports a case of a woman aged thirty-seven who took dinitrophenol for nearly a year and developed cataracts in both eyes.

Drs. T. D. Allen and V. M. Benson, Chicago, report a case of a woman aged thirty-eight who complained of a clouding of the eyes which had come on quite suddenly about three weeks before. She had taken dinitrophenol for a number of months, but the cataracts did not occur until nine months after she had stopped using the drug.

I am recording the above cases because there may be a number who have used dinitrophenol and when blurring or other disturbance of vision occurs a long time afterwards, never think of the dinitrophenol as being the cause.

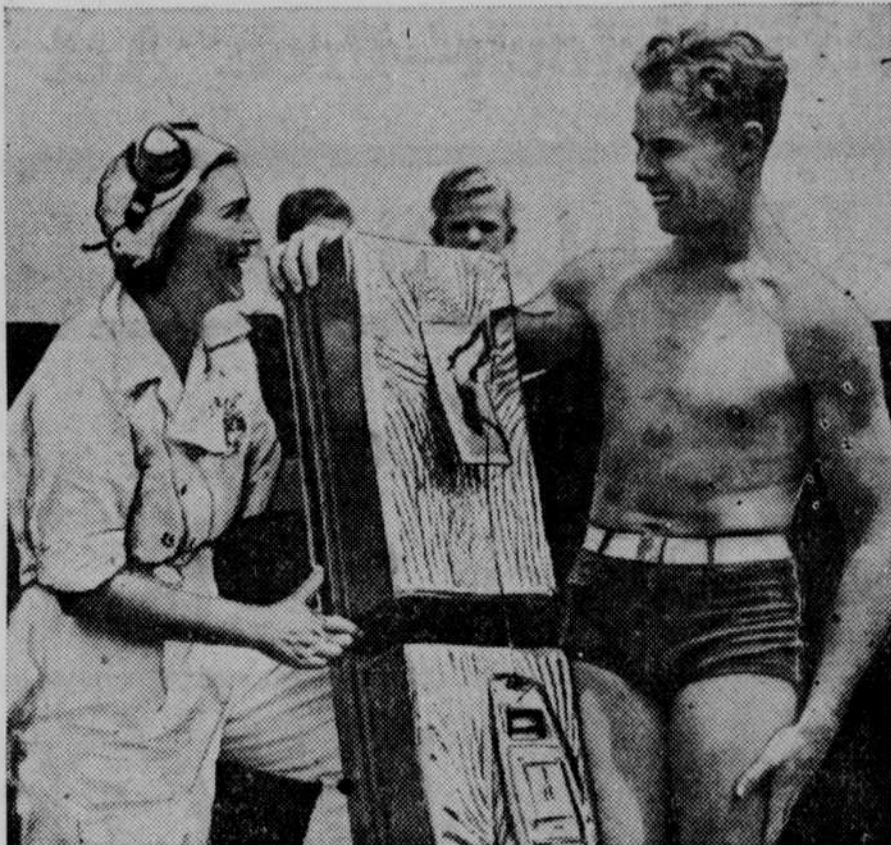
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### RICH MAHARAJAH



The Maharajah of Mysore, one of the richest rulers in the world, shown in his suite in the Dorchester hotel in London. This is said to be the first time the Maharajah has sat alone for a posed photograph. The Maharajah divides his time between his principality in India and the British Isles.

### Aquaplane Winner Gets His Trophy



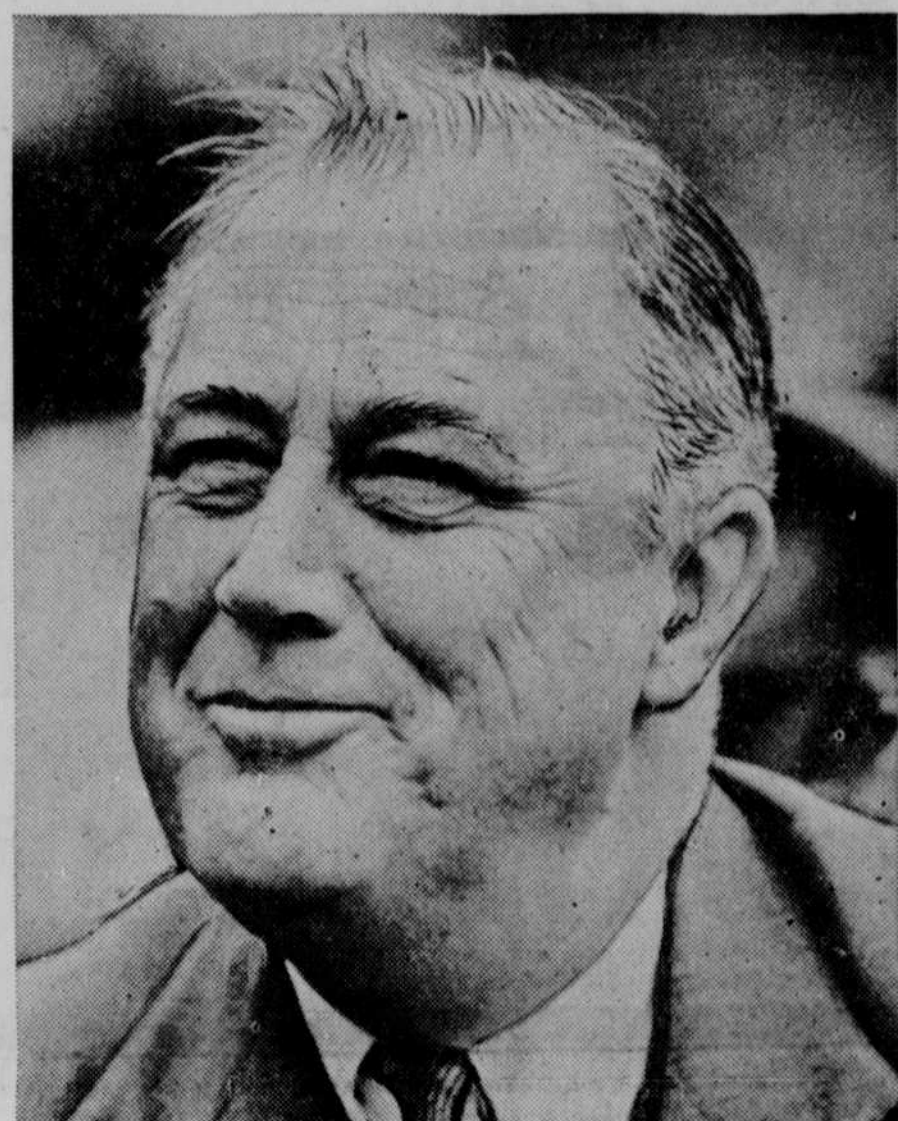
Bob Duntley, winner of the spectacular cross-channel aquaplane race from Santa Catalina island to Hermosa-Manhattan beach, on the shores of the Southern California mainland, receives his trophy from the hands of Loretta Turnbull, famous feminine speedboat pilot, who was at the controls of another contender in the same event.

### JAVELIN THROWER



Tilly Fleischer of Germany who won the javelin throw in the Olympic games at Berlin with a record throw of 148 feet 2 25-32 inches. The previous Olympic mark was 143 feet 4 1/2 inches set by Miss Mildred Didrikson, famous American girl star of the 1932 games.

### After His Vacation Cruise



President Roosevelt appeared to be well rested and in excellent condition for the strenuous work in connection with his campaign.

### Sistie and Buzzie at Dallas Fair



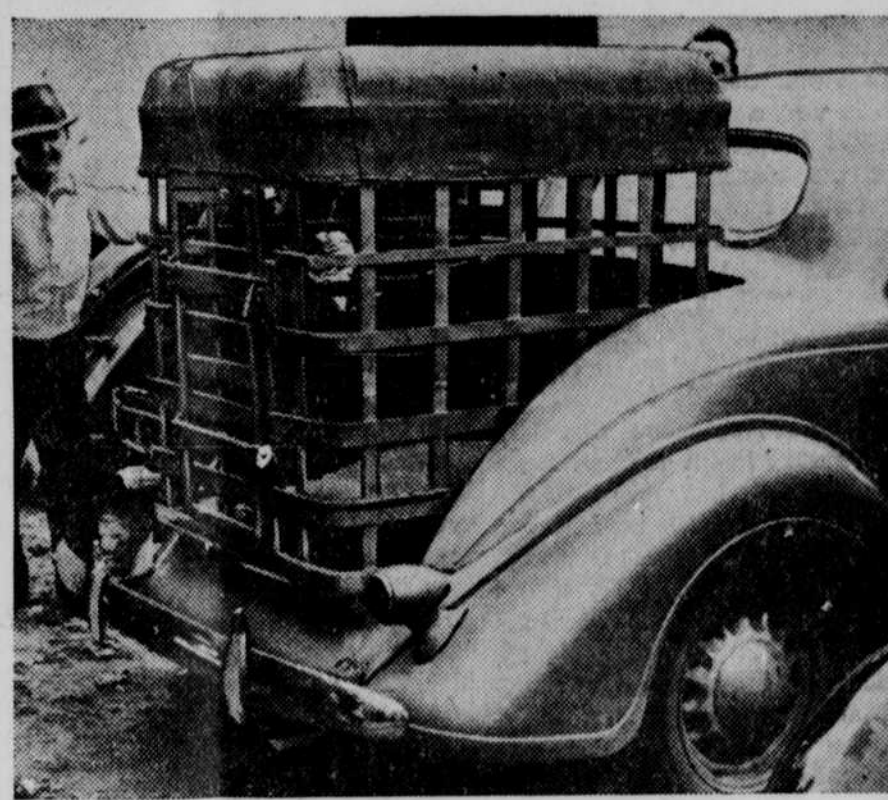
Sistie and Buzzie Dall, grandchildren of President Roosevelt, visited the Texas Centennial exposition at Dallas in the company of their father, Curtis Dall. They mingled with the thousands of other children along the exposition's long midway, munching popcorn and ice cream. They are pictured above, riding on the merry-go-round, while their father, on the left, seems to enjoy the ride himself. In the meantime the children's famous grandfather is busy preparing for a trip through the drought area, and for the fall campaign.

### NEW REAR ADMIRAL



Rear Admiral George T. Pettengill who has taken command of the Washington Navy yard. He relieved Rear Admiral Joseph J. Defrees who has been placed in command of the navy's submarine force. Rear Admiral Pettengill has been in service 38 years.

### Rumble Seat Jail in Oklahoma



This is the rumble seat jail invented by Alex Watson, transfer agent for the Oklahoma state penitentiary. Prisoners being transported are made to sit on a cushion on the floor.

### BACKS SPAIN'S WAR



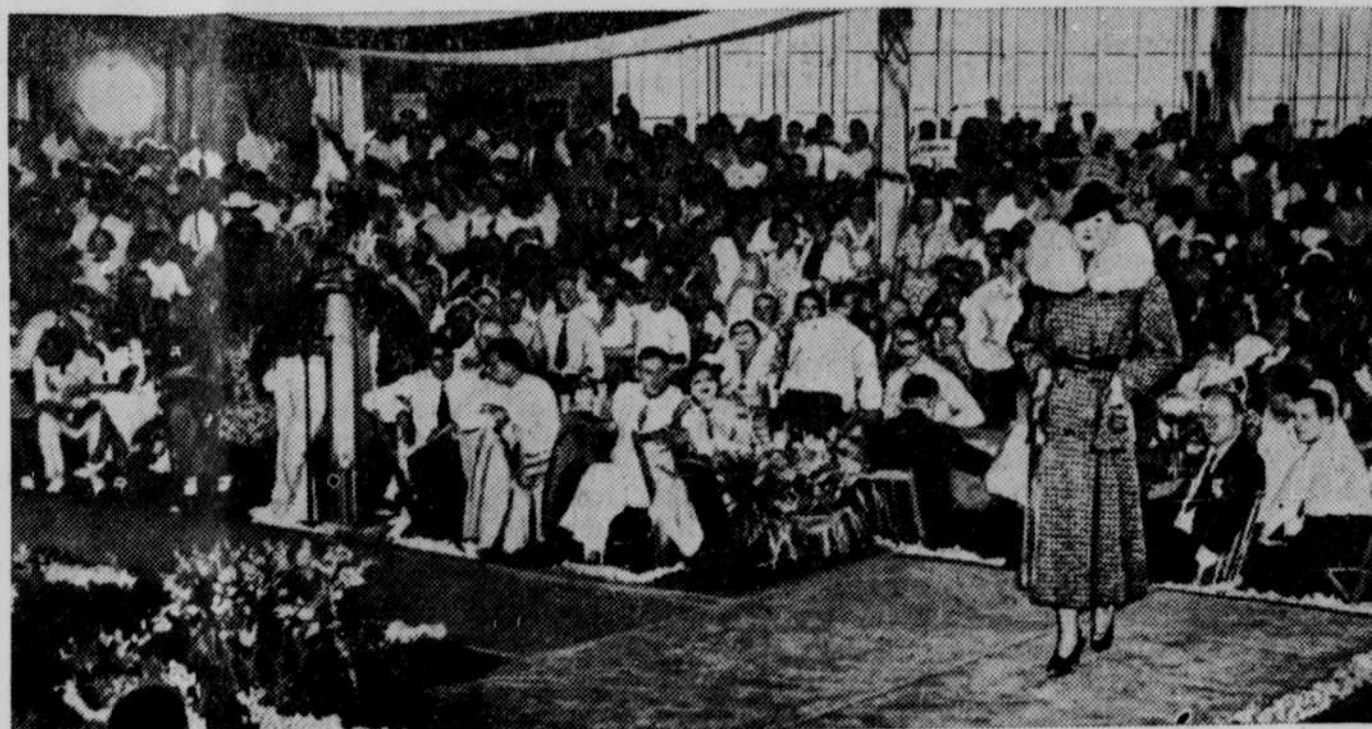
Dr. Juan March, Spain's richest man, who is accused by leftists of financing the present Fascist revolt. The Spanish multi-millionaire recently was reported to have contributed heavily to the rebel's war chest.

### Young Communists Fight Behind a Barricade



Young Spanish Communists crouched behind a barricade of stones in one of the streets of Barcelona during actual fighting. Note all the shops in background with shutters down.

### Co-Operative Garment Factory Dedicated



A fashion show featured the festivities which marked dedication of the \$95,000 co-operative garment factory which is the center of the Hightstown, N. J., Federal resettlement administration project. The transplanted garment workers who populate this New Deal Utopia will earn their daily bread turning out garments such as the model is parading.