

GRASPING RIGHT MOMENT

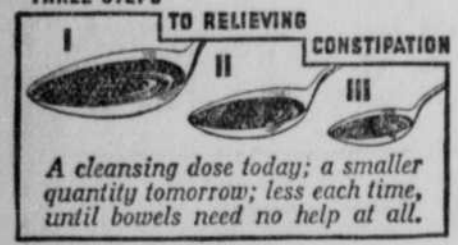
We can all of us make our lives sublime by selling on occasions and making them great.—Orison Sweet Marden.

THE DOCTORS ARE RIGHT

Women should take only liquid laxatives

Many believe any laxative they might take only makes constipation worse. And that isn't true.

Do what doctors do to relieve this condition. Doctors use liquid laxatives.



A cleansing dose today; a smaller quantity tomorrow; less each time, until bowels need no help at all.

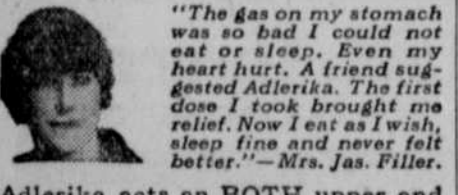
Laxatives, and keep reducing the dose until the bowels need no help at all.

Reduced dosage is the secret of aiding Nature in restoring regularity. You must use a little less laxative each time, and that's why your laxative should be in liquid form.

The liquid laxative generally used is Dr. Caldwell's Syrup Pepsin. It contains senna and cascara—both natural laxatives that form no habit even with children.

Mercifully Love your fellowman; but judge him.

GAS, GAS ALL THE TIME, CAN'T EAT OR SLEEP



Adlerika acts on BOTH upper and lower bowels while ordinary laxatives act on the lower bowel only.

Dr. H. L. Shub, New York, reports: "In addition to intestinal cleansing, Adlerika greatly reduces bacteria and colon bacilli."

Give your stomach and bowels a REAL cleansing with Adlerika and see how good you feel.

Watch Your Kidneys!

Be Sure They Properly Cleanse the Blood

YOUR kidneys are constantly filtering waste matter from the blood stream. But kidneys sometimes lag in their work—do not act as nature intended—fail to remove impurities that poison the system when retained.

Don't delay? Use Doan's Pills. Doan's are especially for poorly functioning kidneys. They are recommended by grateful users the country over. Get them from any druggist.

DOANS PILLS

ENROLL For Complete or Brush-Up Course in Neb's Oldest Beauty School

WNU-U 6-36

Dandruff Formed in Big Flakes

Scalp Itched Badly—Quick Relief with Cuticura

Miss K. was in constant misery for over a year with dandruff. Then she tried Cuticura Soap and Ointment. . . . Read her own words:

"I was annoyed with big flakes of dandruff and an itchy scalp. It itched day and night for over a year. The dandruff scaled off and could be seen on my clothing."

"I tried Cuticura Soap and Ointment after seeing an advertisement. I am now entirely free from the condition and my hair looks fine."



FLOYD GIBBONS Adventurers' Club

Hello, Everybody!

"A Girl and a Ghost"

By FLOYD GIBBONS Famous Headline Hunter.

AND I'm certainly glad you didn't drop dead, Mary Greene the night a ghost walked right into your bedroom.

When Mary moved out to a farm she was in just the sort of a mood that ghosts like. Her school work had made her nervous and sickly, and her parents decided that she needed a rest and fresh air.

Now Mary always has had a horror of ghost stories and it was ghost stories that this farmer doted on. Mary says his bedtime stories always told of weird happenings at midnight—of shrouded figures with clanking chains—of ghostly faces peering into windows—weird cries, footsteps and unexplained thumpings on walls.

One night, Mary says, after a particularly hair-raising series of horror stories, she climbed the wooden stairs to her bedroom with more or less fear and trembling. She was nervous and lay sleeplessly in bed, watching the moonbeams throw ghostly patterns on the floor.

The Night Was a Deathly Quiet One. The night was one of those intensely quiet ones, peculiar to the country. Not a breath of air stirred and the leaves on the trees in the yard might have been painted for all the noise they made.

The grandfather clock downstairs began to strike—its slow, sonorous notes sounded to the girl in bed like the mournful pealing of a churchbell—tolling the service for the dead!

The Witching Hour Brings Horror to Mary. She shivered and drew the bedclothes over her head. And as she did—the clock struck TWELVE. Mary says the last notes of midnight



In the Moonlight She Saw a Figure in White. had hardly died before she heard other sounds that brought her heart into her mouth in abject terror.

Steady footsteps were coming up the stairs. Chains clanked dimly and in the silence of that awful night she heard plainly the thump, thump, thump of a heavy object being dragged through the silent house.

And the awful sounds were soon upstairs! She heard them coming toward her room. She sat up stiffly in bed and wet her lips—dry from horror—resolved to cry out. Finally words came but the weak, squeaky voice sounded strange and unlike her own.

The Intruder Was "Silent as a Ghost." Silence. The noises stopped but as the terror-stricken girl listened, she was sure she could hear something breathing just outside her door.

The door moved! Mary, now beside herself, tried to scream. She opened wide her mouth but no sound came from her parched throat.

Her door slowly opened—in the bright moonlight, she saw a figure shrouded in white—and as she sat there, too tense even to faint, the thing approached her bed!

Visitor From the Grave Is Too Much for Mary. She took a deep breath—as persons in great danger often do—and—horrible as it is to relate—into her nostrils came the overpowering odor of the grave. The sickening stench of death.

But she knows she must have screamed because a scream brought the farmer into her room on the run with a shotgun that hadn't been off the wall since Armistice day.

Mary Says Ghosts Still Get Her Goat. And not only that—Billy had pulled one of his old tricks—robbing the clothes line—and there, on his soiled back, trailed one of Ma's nice, clean bed-sheets!

But that isn't what got Mary's goat. What burned her up was that the farmer seemed more concerned about who left the back door open than he was about her nearly dying of fright.

And that goes for me, too, Mary. I'd rather smell a ghost any day. ©-WNU Service.

Green, White and Red Colors of Mexico's Flag

The colors of the Mexican flag, green, white and red, are symbolical of the aspirations of Mexico at the time it began its life as an independent nation.

of the country. In 1325, having halted on the shore of the principal lake, they beheld, perched upon a cactus plant, a royal eagle of extraordinary size and beauty, with a serpent in its talons and its broad wings opened to the sun.

During colonial times the nopal and the eagle appeared at various times as decorative motives in the coat of arms of the City of Mexico.

Nothing is gayer than gold and silver tissue evening gloves seen these days. They are long and very, very elegant.

Gay Garden Prints Herald Spring

By CHERIE NICHOLAS



GARDEN prints, as cool and colorful as an English countryside, will be worn by smart women for cruise and resort wear and early spring. Leading designers are turning out youthful costumes made of these refreshing prints in soft crepes with a supple draping quality that endears them to all.

Of course, if you are going or have gone south you will like the idea of a jacket ensemble styled after the manner of the models here pictured.

something interesting—that the daisy patternings are being featured in many of the new silks.

In a number of cases the new garden prints employ multicolor effects, with one tone dominating, the other bright, "springy" refreshing hues introduced to achieve contrast and variety.

Striking color combinations are featured by all leading dressmakers. In addition to black, which is always enhanced by vivid touches, there are many new color schemes, often daring but always effective.

Another fashionable combination seen in many houses is great enhancing pale blue. Mainbocher shows several unusual color schemes, such as gray with red-brown and lapis, dark green with burgundy, violet with gold, gray with red, brown and lapis blue; green with coral and shell pink with gold.

Prints are also influenced by the demand for color. Hand-screened and hand-blocked prints permit new and interesting color combinations.

Flared Back The smart swagger coat usually has a trick flared back that permits a free and easy stride in brisk autumn weather.

Glad Hands Nothing is gayer than gold and silver tissue evening gloves seen these days. They are long and very, very elegant.

IDEAL SPORT HAT

By CHERIE NICHOLAS



Here is one of the newer sports hats. Mary Carlisle, known in film stardom, wears this new spring hat with her smart checked tailored suit.

For Resort and Spring Colors Will Be Brilliant The vogue for strong colors which was launched last fall influences the colors used for spring and resort wear.

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PEACE BIRTHRIGHT OF CHILD; BANISH FEAR FROM MIND

By CHERIE NICHOLAS

Fear, one of man's greatest enemies and the root of much evil overwhelming the adult, acquires all too hardy a growth in childhood.

Readers of the current issue of the Parents' Magazine are reminded by Psychologist Rhoda Bameister that if fear had no survival value, it would not have persisted to the degree it has; that a little fear is an excellent thing to keep humans out of danger.

Fears come and go. Mrs. Bameister admits it is easier to know what to do for a timid child than to understand where the fears come from in the first place, but says it is important to find out. Her analysis identifies several varieties of fears.

Baby cries at the sight of a floating duck in his tub. Why? Because once he lost his balance in the bath while watching ducky.

Here's a fear that comes from contagion. Small Susie's afraid to go to bed in the dark. The chances are this is a direct suggestion fear—induced, perhaps, by mother who cautions Susie against doing so and so lest "the boogey man" catch her.

In order to help the child get rid of unreasoning fears, the psychologist suggests replacing the old association with a new and pleasant one and urges calm reassurance when a child is frightened.

We learn from the lady who knows that among the more immediate and less abstract reasons for a child's anxiety attitudes and nervous tension the most harmful is "the thrill-mongering" children's radio program in which voices are keyed up and sound effects used to give the impression of intense, usually terrifying emotion.

"This fear impression the youngsters get only too well. The entirely unsuitable emotional strain organizes their nerves. They have bad dreams, restless sleep, are persistently timid rather than panic stricken

Smiles A Careless One He—You're good at conundrums, try this one.

She—Sure, go ahead. He—Take away my first letter, take away my second letter, take away all my letters, and I am still the same. What am I?

So What's He to Do? "Are you in the habit of speaking to girls you don't know?" "Yes. The girls I do know won't speak to me."—Answers Magazine.

Can't Eat 'Em and Have 'Em "Go on, Johnny, eat up your crusts. There may come a day when you'll be glad of them."

Skipped His Tub Old Lady to Old Tar—Excuse me—do those tattoo marks wash off?

Dew Tell Teacher—Who knows where dew comes from? Boy—The earth turns so fast it perspires.

Poor Burglar Chief—While I was out with some of the boys the other night a burglar broke into our house.

YOU CAN ALWAYS DEPEND ON WRIGLEY'S QUALITY

WRIGLEY'S SPEARMINT THE PERFECT GUM

AIDS DIGESTION

at any one specific situation. Parents who care for their children's wholesome emotional development will not permit exploitation of their sensibilities.

Moscow Influential Moscow wields more influence in the soviet union than any other capital fields in its respective nation.

Land 9-Ton Shark The largest shark ever caught in the North sea was landed recently by German fishermen, who spent nine hours in capturing the 14-foot 9-ton monster.

Find Out

From Your Doctor if the "Pain" Remedy You Take Is Safe.

Don't Entrust Your Own or Your Family's Well-Being to Unknown Preparations

BEFORE you take any preparation you don't know all about, for the relief of headaches; or the pains of rheumatism, neuritis or neuralgia, ask your doctor what he thinks about it—in comparison with Genuine Bayer Aspirin.

We say this because, before the discovery of Bayer Aspirin, most so-called "pain" remedies were advised against by physicians as being bad for the stomach; or, often, for the heart.

Countless thousands of people who have taken Bayer Aspirin year in and out without ill effect, have proved that the medical findings about its safety were correct.

Remember this: Genuine Bayer Aspirin is rated among the fastest methods yet discovered for the relief of headaches and all common pains . . . and safe for the average person to take regularly.

You can get real Bayer Aspirin at any drug store—simply by never asking for it by the name "aspirin" alone, but always saying BAYER ASPIRIN when you buy.

Bayer Aspirin

Blind to the Present Why do most people speak of happiness in retrospect?

GOOD LIGHT Every Night

WITH A Coleman LANTERN

Just the light you need for every outdoor use. . . . on the farm, for hunting, fishing, outdoor sports.

THE COLEMAN LAMP AND STOVE CO. Dept. WU109, Wichita, Kans.; Los Angeles, Calif.; Chicago, Ill.; Philadelphia, Pa.

THE POOR RICH

"I'd never have married you except for your money."

That's Something "Do you have much variety at your boarding house?" "Well, we have three different names for the meals."—Tit-Bits Magazine.