A SURGICAL OPERATION



If there is any one thing that a woman dreads more than another it is a surgical operation.

We can state without fear of a contradiction that there are hundreds, yes, thousands, of operations performed upon women in our hospitals which are entirely unnecessitals. sary and many have been avoided by

LYDIA E PINKHAM'S VEGETABLE COMPOUND

For proof of this statement read the following letters.

Mrs. Barbara Base, of Kingman, Kansas, writes to Mrs. Pinkham:

"For eight years I suffered from the most severe form of female troubles and was told that an operation was my only hope of recovery. I wrote Mrs. Pinkham for advice, and took Lydia E. Pinkham's Vegetable Compound, and it has saved my life and made me a well woman."

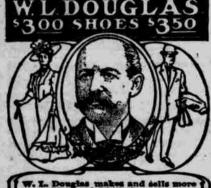
my life and made me a well woman."

Mrs. Arthur R. House, of Church
Road, Moorestown. N. J., writes:

"I feel it is my duty to let people
know what Lydia E. Pinkham's Vegetable Compound has done for me. I
suffered from femule troubles, and last
March my physician decided that an
operation was necessary. My husband
objected, and urged me to try Lydia
E. Pinkham's Vegetable Compound,
and to-day I am well and strong."

FACTS FOR SICK WOMEN.
For thirty years Lydia E. Pinkham's Vegetable Compound, made
from roots and herbs, has been the
standard remedy for female ills,
and has positively cured thousands of women who have been troubled with displacements, inflammation, ulceration, fibroid tumors, irregularities, periodic pains, and backache.

Mrs. Pinkham invites all sick women to write her for advice. She has guided thousands to health. Address, Lynn, Mass.



"The Last Best West"



Canada now gives to every actual set-tler 160 acres of wheat-growing land free and an additional 160 acres

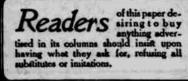
at \$3.00 an acre. The 300,000 contented American settlers making their homes in Western Canada is the best evidence of Western Canada is the best evidence of the superiority of that country. They are becoming rich, growing from 25 to 50 bushels wheat to the acre; 60 to 110 bushels oats and 45 to 60 bushels barley, besides having splendid herds of cattle raised on the prairie grass. Dairying is an important industry.

The crop of 1908 still keeps Western Canada in the lead. The world will soon look to it as its food-producer.

"The thing which most impressed us was the nagnitude of the country that is available for gricultural surposes."—National Editorial

Low railway rates, good schools and churches narkets convenient, prices the highest, climate erfect.

Superintendent of Immigration Ottawa, Canada or to the authorized Canadian Gov't Agent: W. V. BENNETT.
Omaha, Nebcaska.



"3 Stroke Self Feed Hay Press'



HORSES SET NEW WORLD'S RECORD

TWENTY-FOUR MARKS SHAT-TERED BY TROTTERS AND PACERS DURING 1908.

MINOR HEIR AND UHLAN STAR

Former's Mile in 1:591/2 Establishes lion-Wonderful and Sensational Runs by The Eel, Leading Lady, the quantity from time to time. Hamburg Belle and Other Horses.

Coming right after such a recordbreaking campaign as was experienced in 1907, another year of sensa tional performances has just closed, or practically so, and statisticians are knee deep in work figuring up the great season performances and new world's records that were established since last July by the time annihilating trotters and pacers.

No less than 24 new world's records were shattered during the last season, while some splendid season performances were given that almost equaled world's records. The feats performed by fleet trotters and pacers were so many and of such a sensational nature that it is difficult to select which is the greatest. The record taken by The Leading Lady in a trial against time at Lexington of 2:07, which establishes a new record for three-year-old trotting fillies, is of course a remarkable performance, but it can not compare with some of the other splendid exhibitions of speed and courage displayed by the other equines whose names will be inscribed in the hall of fame of the horse world.

Perhaps the performance of the two pacing wonders, Minor Heir and The Eel, were as great as any of the shining stunts pulled off by any campaigner, although it must be considered that the performances of The Harvester (2:08%), Hamburg Belle (2:04%), Uhlan (2:07%), Czarevena (2:1214), and Highball (2:03%), are all record-breaking ones, and any of them would stand out very prominently if it were the only exceptional

performance of the year. So much attention is now paid to breeding that faster horses are bound to grace the turf, and next year it is expected that another collection of speed merchants will appear that, although they may not eclipse the marks established this season, they will probably lower a number of the present

The Leading Lady's record of 2:07 lowers the record for three-year-old fillies, that has stood for 15 years. It was made by Fantasy in 1893 and was 2:08%. The performance of Uhlan, when he trotted a mile in 2:07% at Columbus, broke the world's record of 2:08, held jointly by John Nolan, made in 1893, and Boralma made in

Fleming Boy's record of 2:071/2 surpassed Kinney Lou's record of 2:07% for the fastest heat ever trotted by a green stallion, while Highball shattered the record of 2:041/2 for the fastest heat ever trotted by a gelding, which was held by Tiverton and Wentworth, by reeling off a mile at Peoria in 2:03%. The mile in 2:07%, trotted by the ill-fated mare, Alceste, in the M. and M. race at Detroit, in the fifth leat, established a new record for trotters for a similar heat.

By trotting a third heat in 2:04%. Hamburg Belle lowered the former record of 2:05 held by Sweet Marie, while at Tere Haute Jack Leyburn established a new record for the three fastest heats for trotters of either sex by reeling off three heats in 2:074, 2:06 and 2:04%. This lowered Alix's mark made in 1894, also that made by W. J. Lewis in 1906. Jack Leyburn also lowered The Monk's record of 2:05% and 2:06% made in 1902 for the two fastest heats ever trotted by a gelding. He trotted two heats at Detroit in 2:051/2 and 2:041/4.

Minor Heir established a new record for a green pacing stallion by pacing a mile in 1:5914, while he also equaled Star Pointer's race record of 2:00 1/2 made in 1897. The Dean stallion also lowered Bolivar's record of 2:00% for a first heat. Citation equaled the world's record for the fastest heat by a pacing mare in a race, held by Ecstatic at 2:01%. Jerry B equaled the world's record for a sixth heat by a pacer, held by Planet at 2:064, while he also holds the record for the fastest seventh heat ever paced. At Lexington Jerry B paced a mile in the seventh heat in 2:07%, beating the record held by Baron Grattan made in 1904 and King Direct made in 1904 of

Gilbert to Manage Cardinals.

Billy Gilbert, who played part of the past season at second base for the Cardinals, will succeed John J. Mc-Closkey as manager of the St. Louis team next season. Gilbert is in New York to spend the winter and has with him a signed contract which binds him to boss the Mound City aggregation in 1909. The deal will not be officially announced for some time, but it is a certainty that it has gone through.

It is announced that all negotiations looking toward a renewal of athletic relations between Brown and Dartmouth, ancient rivals, have been their flavor. dropped. The trouble arose over a baseball game last year, and all efforts of alumni of the two institutions have been unable to bring the authorities to an agreeable understanding, permitting the annual football game between the schools for this fall, to nail down the hall carpet.

Truth and Quality

appeal to the Well-Informed in every walk of life and are essential to permanent success) and creditable standing. Accoringly, it is not claimed that Syrup of Figs and Elixir of Senna is the only remedy of known value, but one of many reasons why it is the best of personal and family laxatives is the fact that it cleanses, sweetens and relieves the internal organs New Record for Green Pacing Stal- on which it acts without any debilitating after effects and without having to increase

It acts pleasantly and naturally and truly as a laxative, and its component parts are known to and approved by physicians, as it is free from all objectionable substances. To get its beneficial effects always purchase the genuinemanufactured by the California Fig Syrup Co., only, and for sale by all leading drug-

NOT EXACTLY.



Flossie Footlight-Part of the Japanese wedding ceremony consists in the burning of the discarded toys of

Winnie Wings-Horrors! You don't

As He Understood It.

Despite the imaginative nature of the child, it has a decided tendency to see things in a literal sense. This is noticeable in the acquiring of language. For instance, little Herbert was pleading to go out of doors to

play.
"When I see fit, you shall go," said

This settled the matter, and the little fellow went off to his blocks. In about half an hour he returned, and sald:

"Mamma, have you seen him?" "Seen whom?" replied the lady, utterly in the dark as to his meaning.
"Why, seen Fit."

Her Experience.

Letty was a little colored girl whose chief occupation was the bringing of water from a distant spring. This was very much to her discomfort, for the summons to fill the empty water bucket called her often from her play.

One day her young mistress was giving her a lesson in Bible history, the subject being Noah and the flood. "Letty," she said, "what did Noah do when he found that the water was all gone?"

Letty, who had been giving scant attention to the story, replied with a

"I spec' he sent after mo"

Her Qualifications.

A prominent educator tells of a unique recommendation made by the poard of examination with reference to certain questions put to a primary school in an Indiana town.

"I desire to recommend Mary Wilson also for a reward of merit." stated one of the board in a note appended to the report. "Being very young. Mary naturally missed the point of all the questions in the examination papers, but her answers were in every instance so ladylike and refined that I think she should be awarded a medal."-Harper's Monthly.

Sweetbreads.

Let them soak in lukewarm water for two hours; then put them in a stewing pan and simmer gently for ten minutes. When nearly cooked add a can of green peas, which greatly improves the flavor, and make thickened gravy by adding one tablespoonful of flour, one tablespoonful of butter, 1% pints of milk.

Creamed Celery.

Scrape and cut the celery into inch pieces; stalks which are not sufficiently blanched for use raw or in salads will do. Drop them into boiling water and simmer until tender, about 20 minutes. Drain and to one pint of celery add one cupful of white sauce. Simmer 20 minutes.

Stale Lreau _umplings. Soak bread in cold water, then squeeze it out dry, let stand for one hour, add one egg, piece of butter size walnut, half teaspoonful of salt. Mold into balls about size of an egg, drop into boiling water, keep covered and boil 20 minutes. These make deli-

cious dumplings to be served with veal

or chicken. Appetizing Touches. If a turkey or chicken is rubbed

inside and out with a lemon, it will make the meat white, juicy and ten

Fruit and vegetables put up in tin cans should be opened at least half an hour before using, as the air coming in contact with them improves

Persausion. After he has hammered his thumb nail a few times it is easy for a .nan to feel that he really has not the time

SOME REMARKS FROM MINNE-SOTA EDITORS.

What They Think of Western Canada.

A party of editors from a number of cities and towns of Minnesota recently made a tour of Western Canada, and baving returned to their homes they are now telling in their respective newspapers of what they saw on their Canadian trip. The West St. Paul Times recalls the excursion of the Minnesota editors from Winnipeg to the Pacific Coast ten years ago. Referring to what has happened in the interval the writer says: "Thousands of miles of new railway lines have been built, and the development of the country has made marvelous strides. Millions of acres, then lying in their wild and untouched state, have since been transferred into grain fields. Towns have sprung up as if by the wand of a magician, and their

development is now in full progress. It is a revelation, a record of conquest by settlement that is remarkable." The Hutchinson Leader characterizes Western Canada as "a great country undeveloped. The summer outing," it says, "was an eye-opener to every member of the party, even those who were on the excursion through Western Canada ten years ago, over considerable of the territory covered this year, being amazed at the progress and advancement made in that short space of time. The time will come when Western Canada will be the bread-basket of the world. It was a delightful outing through a

ities and resources." Since the visit of these editors the Government has revised its land regulations and it is now possible to secure 160 acres of wheat land at \$3.00 an acre in addition to the 160 acres that may be homesteaded.

great country of wonderful possibil-

The crops of 1908 have been splendid, and reports from the various dis mean cremating her cast-off lovers, do tricts show good yields, which at present prices will give excellent profits to the farmers

From Milestone, Saskatchewan, there are reported yields of thirty bushels of spring wheat to the acre, while the average is about 20 bushels, To quality of grain to be shipped from this point will be about 600,000 bushels. Information regarding free lands and transportation will be freely given by the Canadian Government Agents.

THE NEWEST MODE.



Susje-What does the new baby at our house look like? Is it nice? Sammy-Must be the latest thing in babies. Maw's as tickled over it as if it just come from the milliner's.

Important to Mothers. Examine carefully every bottle cf. CASTORIA a safe and sure remedy for infants and children, and see that it

Bears the Signature of Cart Ilstehre.
In Use For Over 30 Years. The Kind You Have Always Bought.

The deepest thoughts are always tranquillizing, the greatest minds are always full of calm, and richest lives have always at heart an unshaken repose.-Hamilton Wright Mable.

Mrs. Winslow's Soothing Syrup. illdren teething, softens the gums, redu ation, allays pain, cures wind coife. 25ca

When men are friends there is no need of justice.-Aristotle.

Use Allen's Foot-Ease Gurestired, aching, swesting feet. Zec. Trial package free. A.S. Ulmsted, Le Boy, N.Y.

There are no vacations in the school for scandal.



famous remedy. Since first pre-scribed by Dr. D. Jayne 78 years ago it has brought relief and efected cures in millions of cases and used in all parts of the world.

DR. D. JAYNE'S EXPECTORANT

If you have a Cough or Cold ou annot afford to experimentyou know Jayne's Expectorant to be a reliable remedy. It is also a splendid medicine for Bron-chitis, Pleurisy, Croup, Whoop-ing-Cough and Asthma. Get it at your druggist's—in three size bottles, \$1.00, 50c. and 25c. Dr.D. Jayne's Sanative Pills is at cough'y reliable laxative, purgative, cathartic and

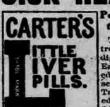
Quince Marmalade.

Take one-half apples and one-half SICK HEADACHE quinces. Cut up fruit without pelling or core it, but remove stems and flower ends. Cook until tender in enough water to cover it. Strain pulp through a fine sieve. Allow one pound of sugar to a pint and a half of pulp. Cook the marmalade until it is stiff enough to form, stirring frequently, as it burns easily after the sugar is

Had Many Changes of Hair.

Women's hairdressing was expen sive in the sixteenth century. Queen Elizabeth at one time was possessed of no fewer than 80 sets of false hair.

By loving whatever is lovable in those around us, love will flow back from them to us; and life will become a pleasure instead of pain.-Dean



Positively cured by these Little Pills. They also relieve Distress from Dyapepsia, Indigestion and Too Hearty Eating. A perfect ready for Dizalness, Nausea, Droysiness, Bad Taste in the Mouth, Coated Tongue, Pain in the Side, TORPID LIVER.

SMALL PILL, SMALL DOSE, SMALL PRICE. Genuine Must Bear

Fac-Simile Signature Breut Good REFUSE SUBSTITUTES.

DEFIANCE STARCH easiest to work with and

W. N. U., LINCOLN, NO. 47, 1908.

000000000

Here's where the wear comes Children's shoes need strong soles.

Buster Brown Shoes have soles that wear. Mothers say they never saw children's soles

BUSTER BROWN Blue Ribbon SHOES For youngsters, \$1.50 to \$2.50

White House Shoes for grown-ups.

Ask your dealer for them. THE BROWN SHOE CO., Makers, St. Louis, U. S. A.

For Croup **Tonsilitis** Asthma



A quick and powerful remedy is needed to break up an attack of croup Sloan's Liniment has cured many cases of croup. It acts instantly — when applied both inside and outside of the throat it breaks up the phlegm, reduces the inflammation, and relieves the difficulty of breathing.

Sloan's Liniment

gives quick relief in all cases of asthma, bronchitis, sore throat, tonsilitis, Price, 25c., 50c., and \$1.00. s in the chest

Dr. Earl S. Sloan, Boston, Mass.

A Treated Duster.

A big piece of cheese cloth wrung out of turpentine and dried is almost a magic duster. It accumulates all dust, does not scatter it and at the same time brightens everything it touches.

Dishwashing Hint.

Invert all hard cooking dishes over steam or hot water for a few minutes and every particle will wash off easily, especially dishes that have been used for syrup, bread or pastry dough.

"Expert" Carving. At a dinner where half a duck was served each guest the host was complimented upon his skilful carving. Later it was divulged that before cooking them the birds were cut in two, stuffed, sewed together and baked. Mr. Host merely cut the threads at the table.

To Keep Flues Clear of Soot. Stove pipes, boiler tubes and flues may be kept free of soot by occasionally throwing a scrap of zinc into the fire.

Kitchen mittens can be bought in several thicknesses and sizes for various branches of housework. There are thick ones with straps across the wrist to wear when polishing the range, then there are others to put on when scrubbing floors or sinks and, still thinner ones with chamois clothe insides to use for polishing silverware. These mittens are a great protection. to the hands and finger nails, and they really simplify the work more than those women who have not availed themselves of this convenience realize.

Housework Mittens.

Boil Rice in Bag.

This is a delicious substitute for the old way of boiling rice: Put one cupful of rice into a pudding bag that will hold about one quart, tie the bag so as to leave room for the rice to swell and put this into a kettle containing a liberal quantity of boiling water. Add a teaspoonful of salt, and boil briskly for half an hour; then turn from the bag and serve with cream and sugar. Rice cooked in this way is far superior to ordinary boiled

Why Not? Among the oddest personals ever inseried in the society column was one lames, I have been ringing an hour that appeared in a paper published in and you've only just come." Office Boy that appeared in a paper published in an eastern town. It reads as follows: "Mrs. Coulter, being confined to her I hadn't come now you might have bed by illness, will not be at home kept on ringing for another hour." next Thursday, as usual."-Harper's

Seek to Revive Old Industry.
A thousand mulberry trees have been planted at Seville, Spain, in an attempt to revive the silk industry, for which the city was once famous.

Might Be Worse.

The Boss 'angrily)-'Look here, -"Well, don't get fussy about it. If.

Would Be Easier for the Camel.

"I wish," said the bachelor who was trying to thread a needle, "that there was a camel here. I'd tie this thread to his tail and drive him through."-Kanpas City Times.

The Smug Fellow.

"I don't see why Goodley should be unpopular with you all. He never speaks ill of anyone." "No, but he's one of these very smug fellows who can say: 'Oh, yes! Jones seemed very happy when I saw him last,' and say it in such a way as to give the impression that Jones was horribly drunk."

Tr. Majority Is Never Right? The majority is never right. Never say. This is one of those society les which a free, thinking man must truth which they use.

rebel against. Who are they that make up the majority of a country's inhabitants? Are they the wise or the ignorant? I believe that we must agree that the ignorant are overwhelmingly in the majority everywhere on the wide earth. But it is never right that the ignorant should rule over the intelligent.-Henrik Ibsen.

Habit Hard to Overcome. Many people find it impossible to get over the habit of adulterating the

The Villains of Fiction.

What would happen to writers of fiction if the world suddenly became good and there were no rogues left, no bad men, no bad women? It is to be feared that the craft of novelship would then be in sad straits, because, as it happens, the wicked make much more interesting reading than the good.-Book Monthly.

Aerial Railway on Farm. grower in California has rigged up have traveled on river steamboats

an aerial railway in his strawberry fields on which trays of fruit are carried to the little packing house, says Popular Mechanics, which also, contains a picture of the device. It consists simply of a row of posts, a 14-inch wire, two barn door hangers and a frame for carrying a dozen trays.

How to Find Out.

Ar ingenious Japanese small fruit clate the comforts of home until they