TIRED BACKS.

The kidneys have a great work to do in keeping the blood pure. When they get out of order it causes backache, headaches, dizziness languor and distress-

ing urinary troubles. Keep the kidneys well and all these sufferings will be saved you. Mrs. S.A. Moore, proprietor of a restaurant at Waterville, Mo., says: "Be-

fore using Doan's Kidney Pills I suffered everything from kidney troubles for a year and a half. I had pain in the back and head, and almost continuous in the loins and felt weary all the time. A few doses of Doan's Kidney Pills brought great relief, and I kept on taking them until in a short time I was cured. I think Doan's Kidney Pills are wonderful."

For sale by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.

THE PARABLE HE LIKED.

Darky Would Have Had Trouble Picking It from Sacred Book.

An old darky, anxious to be a minister, went to be ordained. He was questioned thus: "Can you write?"
"No, sah!" "Read?" "No, sah!" How do you know about the Bible?" "Ma niece reads it to me!" "Know about the Ten commandments?" "No, sah!" "The Twenty-third Psalm?" "Nebber heard of him, sah!" "Know the Beatitudes?" "No, sah!" "Well, what part of the Bible do you like best?" 'Par'bles, sah!" "Can you give us one?" "Deed, yes, sah!" "Let us have it, then." "Once w'en the queen of Sheba was gwine down to Jerusalem she fell among thieves. First they passed her by on de oddah side den dey come ovah an' dey say unto 'Fro down Jezebel!' but she wouldn't fro her down; and again dey say unto her, 'Fro down Jezebel!' but she wouldn't fro her down; and again dey say unto her for de fird and last time, for I ain't gwine to ax yo no mo', 'Fro down Jezebel!' and dey fro'd her down for 70 times and 7, till de remains were 'leven baskets; and I say unto yo', whose wife was she at de resurrection?"-Bystander.

The Advantage of Reading.

"Beg pardon, sir," said the weary hobo as he stood at the farmhouse door, "but might I sleep in your barn to-night? I haven't had a roof over my head for ten days."

"I congratulate you," said the kindly farmer. "That is a splendid thing. I have just read in one of my ten-cent magazines that it is not too much to say that to the delicate, highly-strung, easily-knocked-up individual the advantages of sleeping in the open air are enormous. Pallid cheeks take on a ruddy hue, colds are unknown. nerves are forgotten, and irritability becomes a phase of the past. A small plot and a little perseverence are the only necessaries and the result is assured. You are very welcome to the use of my potato patch, and my sky is at your disposal."-

Productivity of the Hen.

"How many eggs is a hen wound up to lay during the term of her natural life, do you suppose?" said the man who has investigated. "No idea, Well, sir, a good, healthy hennot speaking of any particular star hen does not fulfill her destiny until she has turned out 600 eggs-50 dozen. That's what nature has fitted up a hen to do in the way of eggs, and she gives her eight years to do it in." -Washington Post.

She Understood.

What makes you think that Timmins is ideally married?"

Because one day when he invited me to dinner and we were late she merely asked whether the home team

Serviceable Couch. To a 36-inch-wide bed spring legs are fastened with bolts. Pieces of 2x4s 12 inches long will do for the

I used the lower parts of an old bedstead, says a correspondent. On this spring place a mattress the same size. Cover mattress with a table oilcloth which is large enough to tack firmly on sides of bed springs. This keeps out the dust. On the back side of the couch drive in a row of nine carriage knobs.

For the cover use four and onesixth yards of ingrain carpet. Sew it together, making it one and one-half width of the carpet wide. The plecing will not show under the pillows. Finish front edge and ends of cover with rug fringe. Face the back edge and in this facing work button holes to button the cover on the carriage knobs. This keeps cover in place. For pillows use stair carpet to match cover. To clean take off cover and

shake it and wipe dust from oilcloth. Our couch like this has been used in an office ten years and still looks like new.

Ray Collins, the crack University of Vermont pitcher, is reported to have received an offer of \$3,000 for four months' work, from July to October, by a scout of the New York club. This would permit him to complete his college course, but on the advice of friends he turned down the proposi-

Hannifin continues to play beautiful ball for the Giants. At first base he is making one-handed catches that will cause a lot of veterans to look to their laurels. He can hit the ball, too.

SHADE FOR THE CANDLE.

Pretty and Novel Affair by No Means Hard to Make.

So many persons find the light from candle or lamp trying on the eyes that they always insist on shades of some sort.

A pretty and novel affair for candle may be made of strong wire bent into a rectangular shape, six inches wide at the bottom, with the inner side 12 inches tall and the outer seven and one half. This will give a decided slope to each top.

Make two of these frames and cover them neatly with silk muslin of a very thin liberty silk.

This cover may then be painted or it can be studded in conventional design in sequins. Tie the backs together with bows of narrow ribbon for hinges, and around the top and two shorter sides sew a box-plating of narrow lace.

The candle is, of course, placed between the two leaves when they are opened wide. Extreme care must be taken to observe this precaution, as a fire might easily result from such inflammable materials in close proxim-

KEEPING SHOES IN ORDER.

Ways by Which Best Results Can Be

White buckskin should be cleaned with the best pipe clay, which must

be dampened before using. Patent leather shoes should first be wiped dry with a soft cloth before placing them on the shoe tree, then wined with a soft cloth dipped in

warm soapy water. A little vaseline should be applied from time to time, especially after a wetting. The shine may be restored by rubbing with a piece of soft silk

or black velvet. Leather nowadays is rendered independent of the ill effect of dampness. Shoes can, therefore, generally be washed with tepid water when soiled, a piece of soft linen being dampened and applied all over the shoe.

Spanish Pigs' Feet. Take eight clean, fresh "trotters;" cut each into four pieces; then boil until nearly done. Take the pigs' feet out and lay to one side. Boil in the liquid one pint of tomatoes and one pound of parboiled tripe, cut fine; one small garlic, mashed fine; six potatoes sliced diamond shape, half cupful of rice, half a cupful of Indian curry. When almost done put the pigs' feet back, taking care that they are well covered with the liquid, and let it all boil until the pigs' feet are done. Be sure not to let the pigs' feet fall apart or have the sauce too thin. This is a favorite Spanish recipe.

Beef Tenderloin and Bananas.

Cut beef tenderloin into pieces, two and one-half inches thick, broil and season. Have gravy ready made as follows: One tablespoonful of butter, two tablespoonfuls of flour, one cup of milk, one-half teaspoonful of salt, onequarter teaspoonful of pepper, one heaping tablespoonful of horseradish; boil and strain. Fry in two tablespoons of olive oil two large firm bananas cut lengthwise; be careful not to break. Pour one-quarter of a cup of sherry in and baste over bananas. Place two halves over each piece of meat on platter and pour gravy around.

Lamb and Green Peas Salad. ecine of lamb and green peas salad that looks and sounds very attractive and not difficult.

"Materials-One pint green peas (cooked), half a cup of boiling water, one pint cooking lamb cut in cubes, three tablespoons of sugar, half a cup of celery cut in cubes, five tablespoons of vinegar, one bunch (two dozen sprigs) mint, a quarter of a teaspoon of red pepper, half teaspoon of salt, one-half cup strong stock two tablespoons of granulated gelaine, mayonnaise, lettuce leaves.

Proper Way to Fold Coat. A useful thing for wives to know when they are packing up for the summer holiday is how to fold a man's coat. There is a knack in it, that it will aid domestic happiness for her to master. Lay the coat out perfectly flat, right side up. Spread the sleeves out smoothly, then fold them back to the elbow until the bottoms of the cuffs are even with the collar. Fold the revers back, and double the coat over, folding it on the center seam. Smooth out all

in the trunk.

wrinkles and lay it on a level surface

Preserved Rhubarb. Peel and cut some fresh rhubarb in small pieces and weigh them; allow for every pound of rhubarb threefourths of a pound of sugar; place the rhubarb in a kettle over the fire, adding no water; cook till reduced to half; place the sugar in another kettle over the fire, adding enough water to moisten sugar, and boil to a ball; then add the rhubarb; stir and cook five minutes and remove and fill in

French Pudding.

Whites of six eggs, three-fourths cup prunes cooked and chopped fine, ten worth English walnuts, eup sugar; put sugar through sieve three or four times; cup nuts and prunes beat egg, stir together in bowl; put in pan and bake in slow oven for 40 min-

Paraffin as a Cleaner.

Shabby black bedsteads will not only be cleaned, but greatly improved in appearance, if rubbed over with a cloth dipped in paraffin.

M'KINLEY MONUMENT

To Be Dedicated in Buffalo Sept. 5. Former Residents Invited.

The beautiful white marble shaft erected by the state of New York in Niagara Square, Buffalo, N. Y., to the memory of President McKinley, is to be formally dedicated Thursday, Sept. 5, and the event will be the central feature of Buffalo's Old Home Week, Sept. 1 to 7. Former residents of Buffalo and the public at large are cordially invited to attend the dedication.



The McKinley monument was planned and executed under the direction of a commission of prominent men, at a cost of \$150,000. Gov. Charles E. Hughes, with his military staff, will take part in the ceremonies and President Roosevelt and former President Grover Cleveland have been invited to attend and speak. Military parades will be a feature of the occasion.

NO GAIN AND SOME LOSS.

Neighbor's Comment in Which There Seems a Strain of Sarcasm.

"Yes," the leader of the amateur brass band was saying, "it's curious to see what an effect learning to play a horn has on some persons. I used to be a pretty good bass singer, but I can't sing worth a cent

"Does learning to play a horn spoil the voice?" asked his next-door neigh

"It did mine."

"How do you account for it?" "I don't know how to account for Strains the vocal chords, perhaps. All I know is that I blew my voice out through the mouthpiece of my cornet."

"Did you have a good voice?"

"Everybody said so." "Then it's a great pity you ever learned to play a horn," rejoined his neighbor, shaking his head sadly. "I er-think I should have enjoyed hearing you sing."-Youth's Com-

FEARFUL BURNING SORES.

Boy in Misery 12 Years-Eczema in Rough Scales, Itching and Inflamed-Cured by Cuticura.

"Cuticura has put a stop to twelve years of misery I passed with my son. As an infant I noticed on his body a red spot and treated same with different remedies for about five years, but when the spot began to get larger I put him under the care of doctors. Under their treatment the disease spread to four different parts of his ody. During the day it would get rough and form like scales. At night it would be cracked, inflamed and badly swollen, with terrible burning and itching. One doctor told me that my son's eczema was incurable, and gave When I had used the first box of Cuticura Ointment there was a great improvement, and by the time I had used the second set of Cuticura Remedies my child was cured. He is now twelve years old, and his skin is as fine and smooth as silk. Michael Steinman, 7 Sumner Avenue, Brooklyn, N. Y., April

For Better or Worse.

A census-taker made his rounds in an isolated village. He gave one of his official papers to a woman that she might fill in the required answers. One of the questions, instead of reading "Married or single," had it "Condition as to marriage." The woman filled in the answer thus:

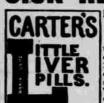
"Awful hard up before. after."

With a smooth iron and Defiance Starch, you can launder your shirtwaist just as well at home as the steam laundry can; it will have the proper stiffness and finish, there will be less wear and tear of the goods, and it will be a positive pleasure to use a Starch that does not stick to the

Assumes All Blame. "Well, there's one thing about Nuritch; he's always ready to confess

his faults." "Nonsense! why he's forever bragging about being self-made."

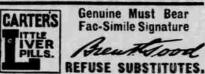
"Of course. That's just it."



They also relieve Dis-

They also relieve Dis-tress from Dyspepsia, In-digestion and Too Hearty Eating. A perfect rem-edy for Dizziness, Nau-sea, Drowsiness, Bad Taste in the Mouth. Coat-ed Tongue, Pain in the Side, TORPID LIVER.

They regulate the Bowels. Purely Vegetable SMALL PILL. SMALL DOSE. SMALL PRICE.



Queer Idea of Enjoyment. Dr. Juliet Severance writes in the

Vegetarian Magazine: "I am often reminded of a clinic case brought before the class when I was in medical college in 1858. The man had gout and rheumatism, both the small and large joints being immovable, and his suffering was severe. Dr. R. T. Trall, professor of theory and practice, was explaining to us the importance of a very strict and abstemious diet. The poor fellow tried vainly to turn his head, and grunted out: 'I can't go that; I want to enjoy life while I do live."

The extraordinary popularity of fine white goods this summer makes the choice of Starch a matter of great importance. Defiance Starch, being free from all injurious chemicals, is the only one which is safe to use on fine fabrics. Its great strength as a stiffener makes half the usual quantity of Starch necessary, with the result of perfect finish, equal to that when the goods

Peace Dove Evidently Needed. During the session of the house of representatives a dove, purple in color, flew gracefully into the hall and hovered high over the heads of the legislators. Naturally the question arose as to whether it was the dove of peace. Some of the members earnestly hoped that it was.—Hart-

Important to Mothers. Examine carefully every bottle of CASTORIA, a safe and sure remedy for infants and children,

Bears the Chart Hillithirs In Use For Over 30 Years, The Kind You Have Always Bought.

Making a Good Start. Doctor - Madam, your husband must have absolute rest. Madam-Well, doctor, he won't

listen to me-Doctor-A very good beginning, madam—a very good beginning.—

It Cures While You Walk. Allen's Foot-Ease is a certain cure for hot, sweating, callous, and swollen, aching feet. Sold by all Druggists. Price 25c. Don't accept any substitute. Trial package FREE. Address Allen S. Olmsted, Le Roy, N. Y.

Much Money for Travel. New York city's surface, elevated and subway railroad system received a daily average of one and one-quarter cent from each inhabitant of the

Does Your Head Ache? If so, get a box of Krause's Headache Capsules of your Druggist. 25c. Norman Lichty Mfg. Co., Des Moines, Ia.

Approaching Nature. Some men think they can't "get next to nature," properly without taking along two quarts of whisky and a box of cigars.-Judge.

Guns, Traps, Decoys, Etc. Lowest prices. Write for Free catalog No. 1. N. W. Hide & Fur Co., Minneapolis.

Some men are so smart in a business way that people do not care to do business with them a second time.

When they enter a theater women should check their hats and men their



ALL WOMEN

from the same physical disturbances, and the nature of their duties, in many cases, quickly drift them into the horrors of all kinds of female complaints, organic troubles, ulceration, falling and displacements, or perhaps irregularity or suppression causing backache, nervousness, irritability, and sleeplessness.

Women everywhere should remember that the medicine that holds the record for the largest number of

the record for the largest number of actual cures of female ills is

MRS. A. M. HAGERMANN Lydia E. Pinkham's Vegetable Compound

made from simple native roots and herbs. For more than thirty years

made from simple native roots and herbs. For more than thirty years it has been helping women to be strong, regulating the functions perfectly and overcoming pain. It has also proved itself invaluable in preparing for child birth and the Change of Life.

Mrs. A. M. Hagermann, of Bay Shore, L. I., writes:—Dear Mrs. Pinkham:—"I suffered from a displacement, excessive and painful functions so that I had to lie down or sit still most of the time. Lydia E. Pinkham's Vegetable Compound has made me a well woman so that I am able to attend to my duties. I wish every suffering woman would try Lydia E. Pinkham's Vegetable Compound and see what relief it will give them."

Mrs. Pinkham's Standing Invitation to Women

Women suffering from any form of female illness are invited to write Mrs. Pinkham, at Lynn, Mass, for advice She is the Mrs. Pinkham who has been advising sick women free of charge for more than twenty years, and before that she assisted her mother-in-law Lydia E. Pinkham in advising. Therefore she is especially well qualified to guide sick women back to health.

W. L. DOUGLAS \$3.00 & \$3.50 SHOES THE WORLD

\$3.00 & \$3.50 SHOES THE WORLD SHOES FOR EVERY MEMBER OF—
SHOES FOR EVERY MEMBER OF—
THE FAMILY, AT ALL PRICES.

\$25,000 To any one who can prove W.L.

Reward more Man's \$3 & \$3.50 shoes
than any other manufacturer.

THE REASON W. L. Douglas shoes are worn by more people
in all walks of life than any other make, is because of their
excellent style, easy-fitting, and superior wearing qualities.
The selection of the leathers and other materials for each part
of the shoe, and every detail of the making is looked after by
the most completeorganization of superintendents, foremen and
skilled shoemakers, who receive the highest wages paid in the
shoe industry, and whose workmanship cannot be excelled.

If I could take you into my large factories at Brockton, Mass.,
and show you how carefully W. L. Douglas shoes are made, you
would then understand why they hold their shape, fit better,
wear longer and are of greater value than any other make.

W. L. Douglas stamp his name and price on the bottom to protect you against high prices
and inferior shoes. Take No Substitute. Sold by the best shoe dealers everywhere.

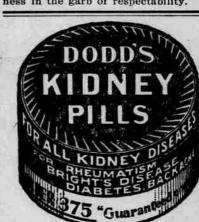
Fast Color Eyoles used exclusively. Catalog mailed free. W. L. DOUGLAS, Brockton, Mass.

If a man occasionally tells a woman how pretty she looks she will forgive most of the other lies he tells her.

Our idea of a loafer is a man who rests before he gets tired.

Mrs. Winslow's Soothing Syrup. Edren teething, softens the gums, reduces in ation, allays pain, cures wind colic. 25cs bottle

It's easy to dress a profitable busi ness in the garb of respectability.



Why Not You?

Only a few more ten acre plots of superb fruit lands on the western slope of Colorado. A special all cash sale at \$40 per acre for \$75 patented land with perpetual water stock. Titles perfect. No charge for use of water. Others are getting \$250 per acre adjoining, with trees planted. Why not you? The garden spot. Income \$200 to \$500 per acre. Famous for quantity and quality. Free pamphist Write instantly.

NATURITA CANAL & RESERVOIR CO. DENVER, COLO.



LIVE STOCK AND ELECTROTYPES In great variety for sale at the lowest prices by A. N. EELLOGG SEWSPAPER CO., 15 W. Adams St., Chicago

DEFIANCE STARCH—16 offices to -other starches only 12 ounces-same price and DEFIANCE IS SUPERIOR QUALITY.

If afficted with | Thompson's Eye Water

W. N. U., LINCOLN, NO. 32, 1907.

